

# N-acetylcysteine inhibits diethyl phthalate induced inflammation via JNK and STAT pathway in RAW264.7 macrophages

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## INTRODUCTION

Phthalates are widespread environmental plasticizers that induce oxidative stress and inflammation in various cell types. N-acetylcysteine (NAC), a known antioxidant, has shown protective effects in multiple diseases, but its effect on diethyl phthalate (DEP)-induced toxicity in macrophages remains unclear. This study investigated NAC's anti-inflammatory mechanisms against DEP-induced damage in RAW264.7 macrophages.

## METHODS

**Cell Model:** RAW264.7 macrophages pretreated with NAC (10 mM) for 2h, then exposed to DEP (100–300  $\mu$ M)

### Measurements:

Oxidative stress markers: NO, ROS, GSH/GSSG ratio

Inflammatory mediators: PGE2, IL-1 $\beta$  levels (ELISA)

Gene expression: IL-1 $\beta$ , IL-6, COX-2, iNOS (qRT-PCR)

Signaling pathways: MAPK (ERK, JNK, p38) and STAT1/3 (Western blot)

## RESULTS

DEP (100–300  $\mu$ M) significantly increased COX-2, iNOS protein levels and inflammatory cytokines (IL-1 $\beta$ , IL-6, TNF- $\alpha$ )

### NAC pretreatment effects:

↓ NO, ROS, PGE2, IL-1 $\beta$  levels

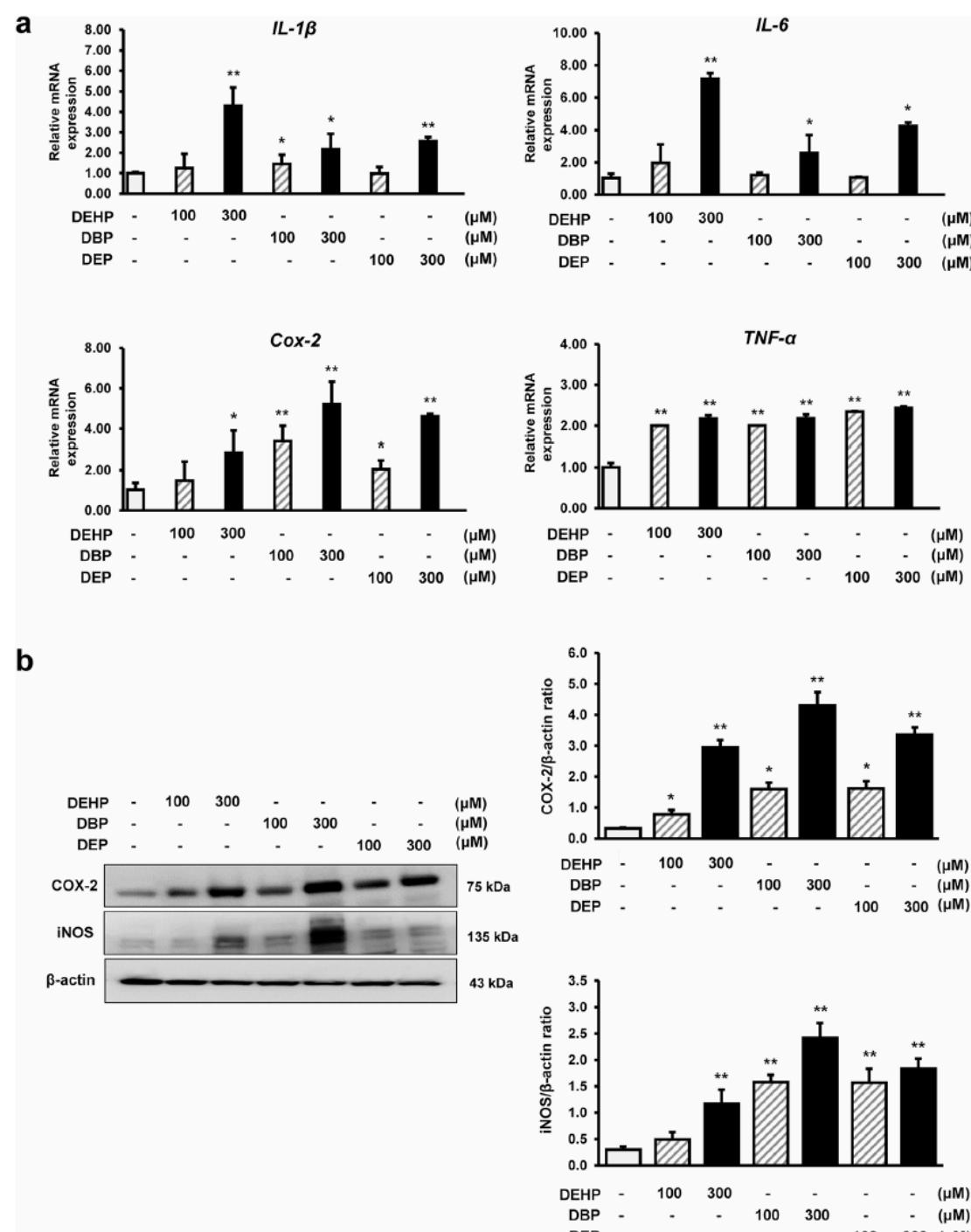
↑ GSH/GSSG ratio

↓ mRNA expression of IL-1 $\beta$ , IL-6, COX-2, iNOS

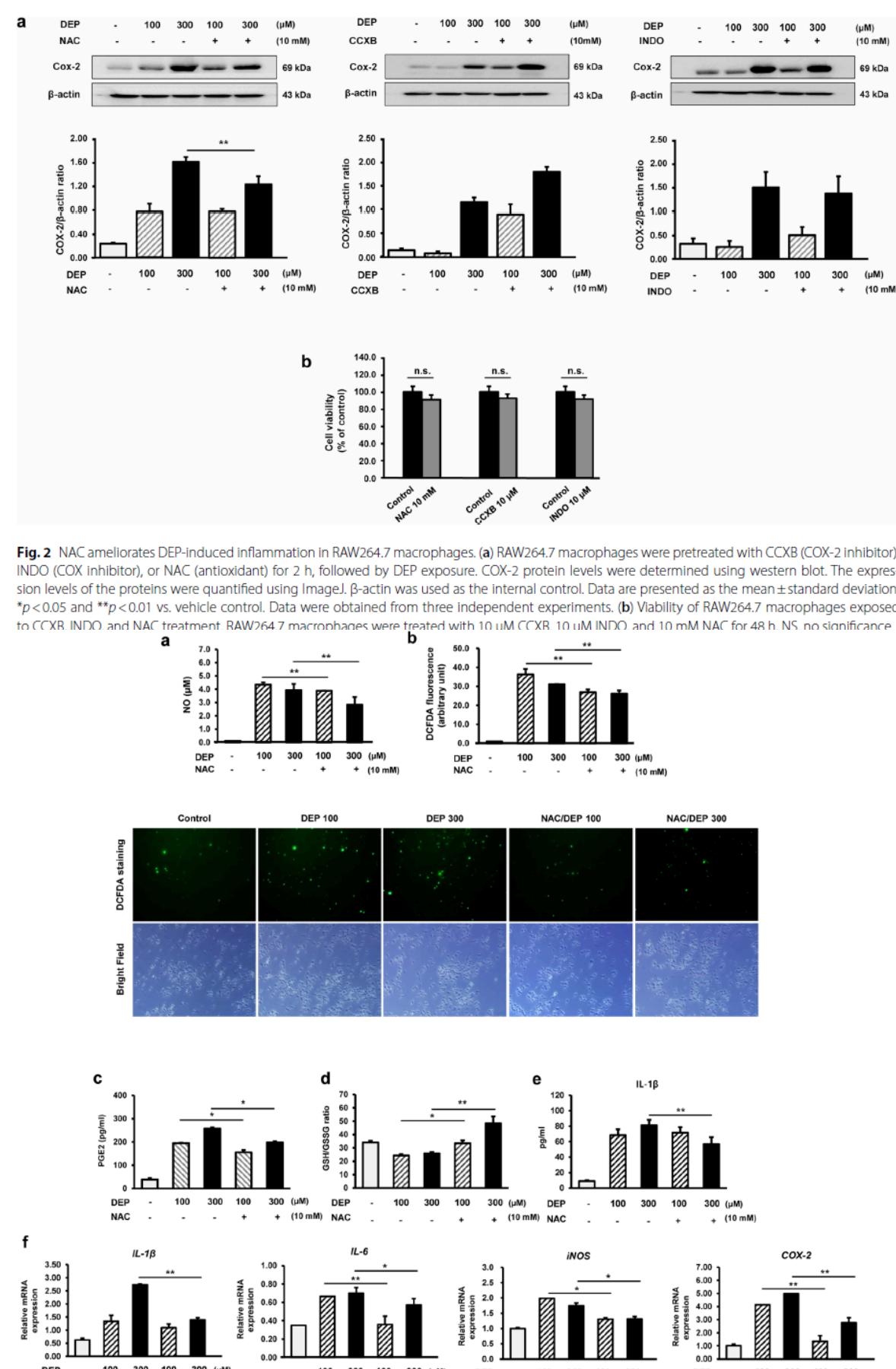
↓ Phosphorylation of JNK, STAT1, and STAT3

## CONCLUSION

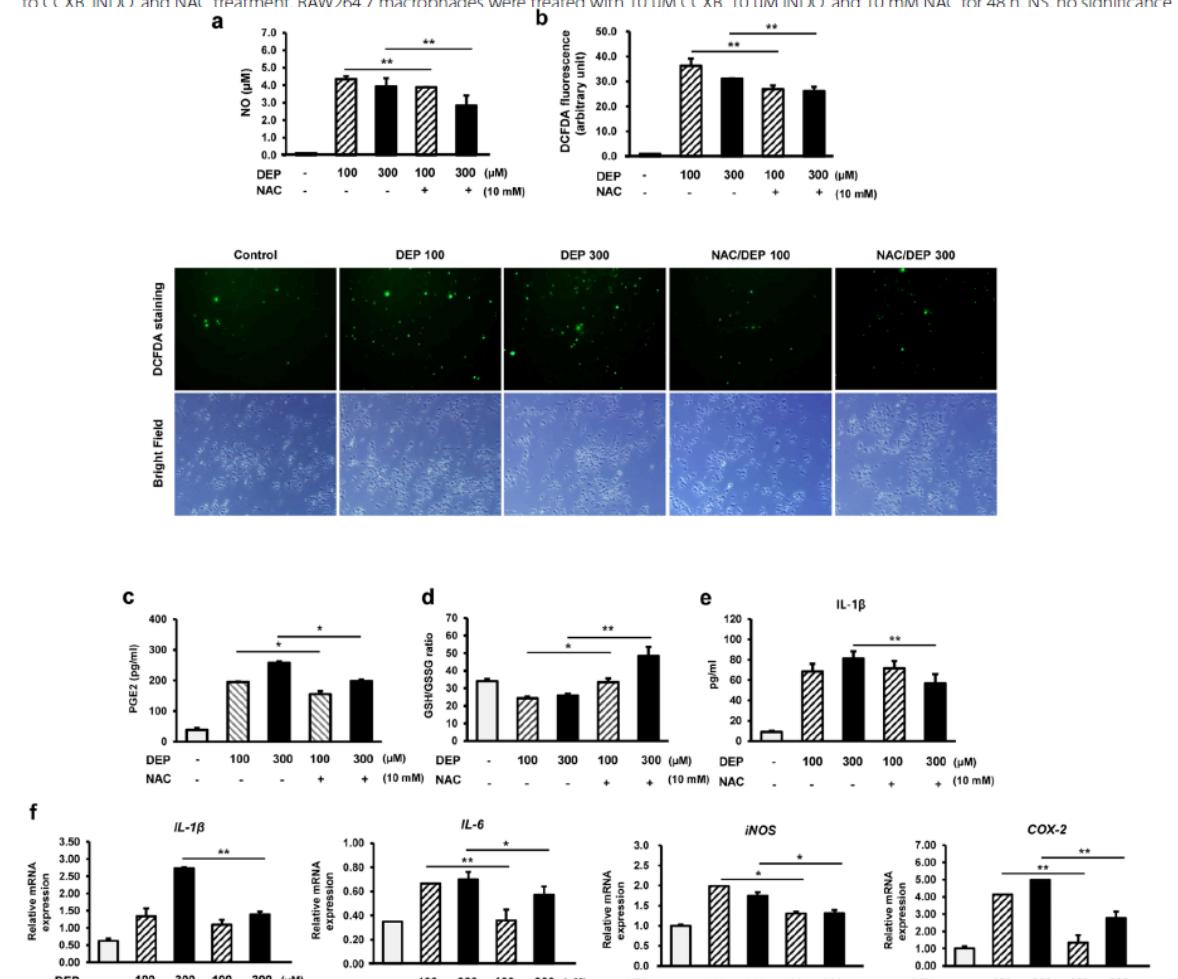
NAC effectively inhibits DEP-induced inflammation in RAW264.7 macrophages by suppressing oxidative stress and downregulating inflammatory mediators through the MAPK/JNK and STAT1/3 signaling pathways. This is the first study demonstrating NAC's protective effects against DEP toxicity in macrophages, suggesting its potential as a therapeutic agent for phthalate exposure-related inflammation.



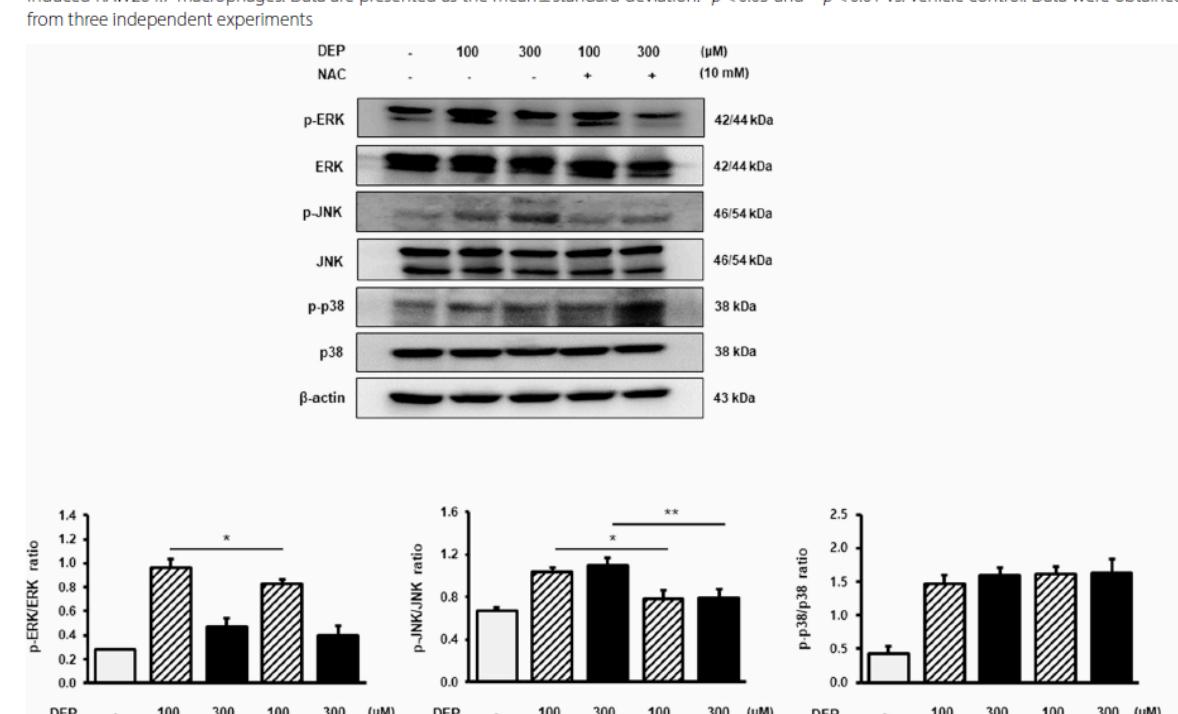
**Fig. 1** Inflammatory gene expression in RAW264.7 macrophages exposed to DEHP, DBP, and DEP. (a) mRNA expression of IL-1 $\beta$ , IL-6, TNF- $\alpha$ , and COX-2 in RAW264.7 macrophages exposed to 0, 100, or 300  $\mu$ M of phthalate for 24–48 h, using qRT-PCR. Data are presented as the mean  $\pm$  standard deviation. \* $p$ <0.05 and \*\* $p$ <0.01 vs. vehicle control. Data were obtained from three independent experiments. (b) Protein levels of COX-2 and iNOS in RAW264.7 macrophages following treatment with 0, 100, or 300  $\mu$ M of phthalates for 24–48 h, using western blot analysis. The expression levels of the proteins were quantified using ImageJ.  $\beta$ -actin was used as the internal control. Data are presented as the mean  $\pm$  standard deviation. \* $p$ <0.05 and \*\* $p$ <0.01 vs. vehicle control. Data were obtained from three independent experiments



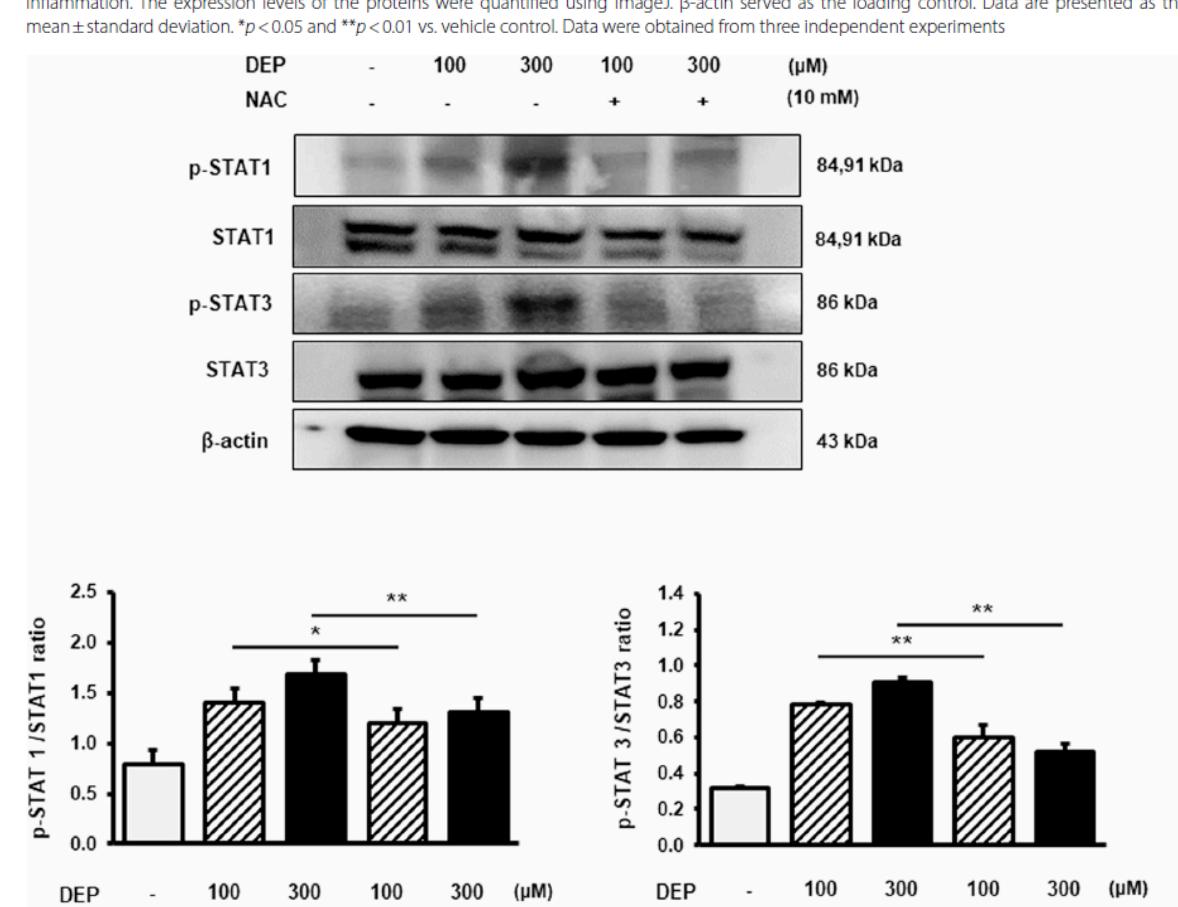
**Fig. 2** NAC ameliorates DEP-induced inflammation in RAW264.7 macrophages. (a) RAW264.7 macrophages were pretreated with CCXB (COX-2 inhibitor), INDO (COX inhibitor), or NAC (antioxidant) for 2 h, followed by DEP exposure. COX-2 protein levels were determined using western blot. The expression levels of the proteins were quantified using ImageJ.  $\beta$ -actin was used as the internal control. Data are presented as the mean  $\pm$  standard deviation. \* $p$ <0.05 and \*\* $p$ <0.01 vs. vehicle control. Data were obtained from three independent experiments. (b) Viability of RAW264.7 macrophages exposed to CCXB and INDO and NAC treatment. RAW264.7 macrophages were treated with 10  $\mu$ M CCXB, 10  $\mu$ M INDO, and 10 mM NAC for 48 h. n.s.: non-significance



**Fig. 3** NAC reduces oxidative stress and inflammation in RAW264.7 macrophages exposed to DEP. NAC pre-treatment alleviated (a) NO, (b) ROS, (c) PGE2 level, (d) GSH/GSSG ratio, (e) IL-1 $\beta$  level, and (f) inflammatory-related gene expression, including IL-1 $\beta$ , IL-6, TNF- $\alpha$ , and COX-2, compared with those of DEP-induced RAW264.7 macrophages. Data are presented as the mean  $\pm$  standard deviation. \* $p$ <0.05 and \*\* $p$ <0.01 vs. vehicle control. Data were obtained from three independent experiments



**Fig. 4** Effect of NAC on MAPK pathway proteins in DEP-induced RAW264.7 macrophages. Western blotting analysis was performed to determine the expression of phosphorylated ERK, JNK, and pp38 protein levels in RAW264.7 macrophages treated with NAC pretreatment following DEP-induced inflammation. The expression levels of the proteins were quantified using ImageJ.  $\beta$ -actin served as the loading control. Data are presented as the mean  $\pm$  standard deviation. \* $p$ <0.05 and \*\* $p$ <0.01 vs. vehicle control. Data were obtained from three independent experiments



**Fig. 5** Effect of NAC on expression of the STAT1/3 pathway in DEP-induced RAW264.7 macrophages. Western blotting analysis was performed to determine the expression of phosphorylated STAT1 and STAT3 protein levels in RAW264.7 macrophages treated with NAC following DEP-induced inflammation. The expression levels of the proteins were quantified using ImageJ.  $\beta$ -actin served as the loading control. Data are presented as the mean  $\pm$  standard deviation. \* $p$ <0.05 and \*\* $p$ <0.01 vs. vehicle control. Data were obtained from three independent experiments