

# Fundamentals of neuronal oscillations and synchrony

Robert Oostenveld

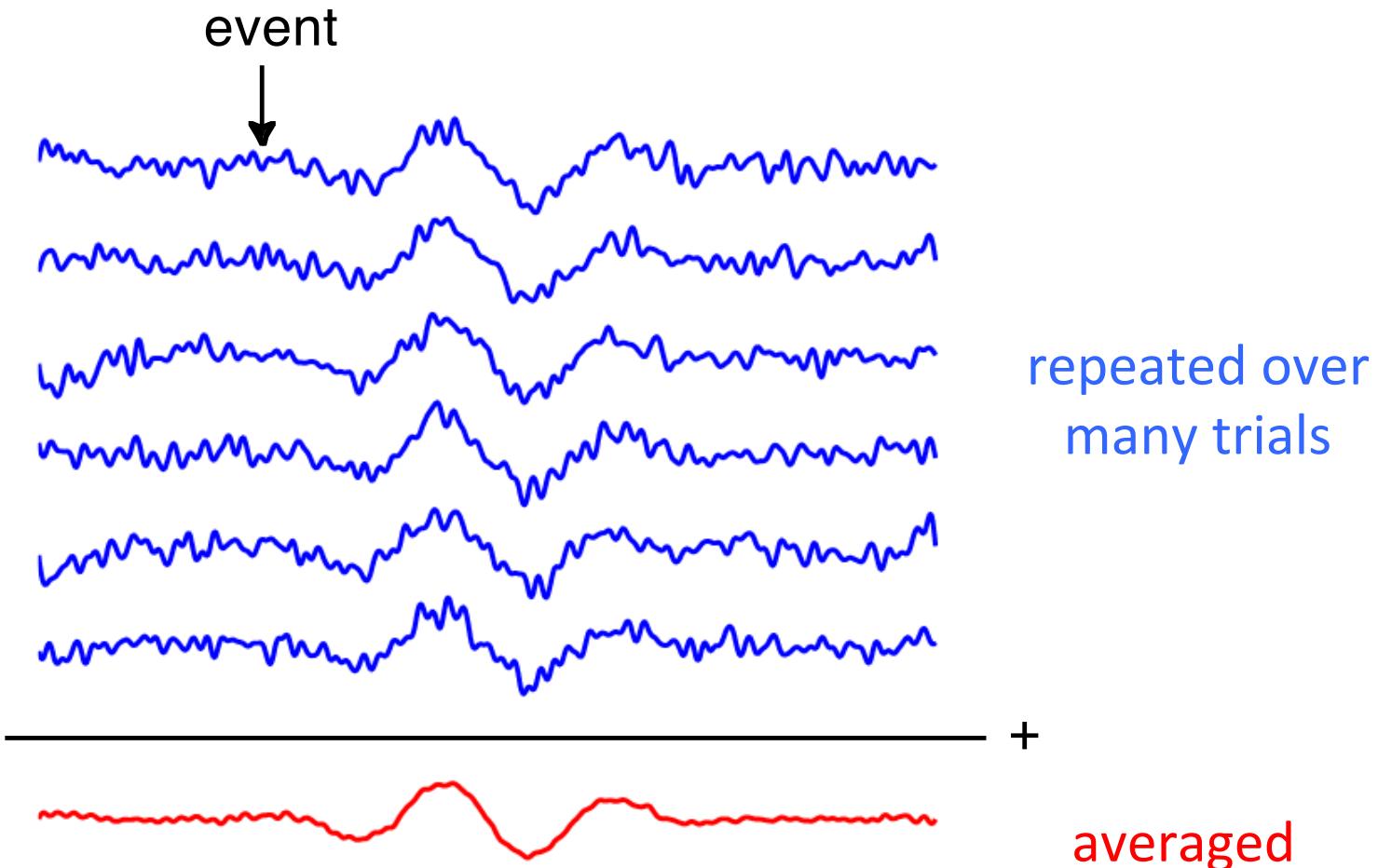
*Donders Institute, Radboud University, Nijmegen, NL*

*NatMEG, Karolinska Institute, Stockholm, SE*

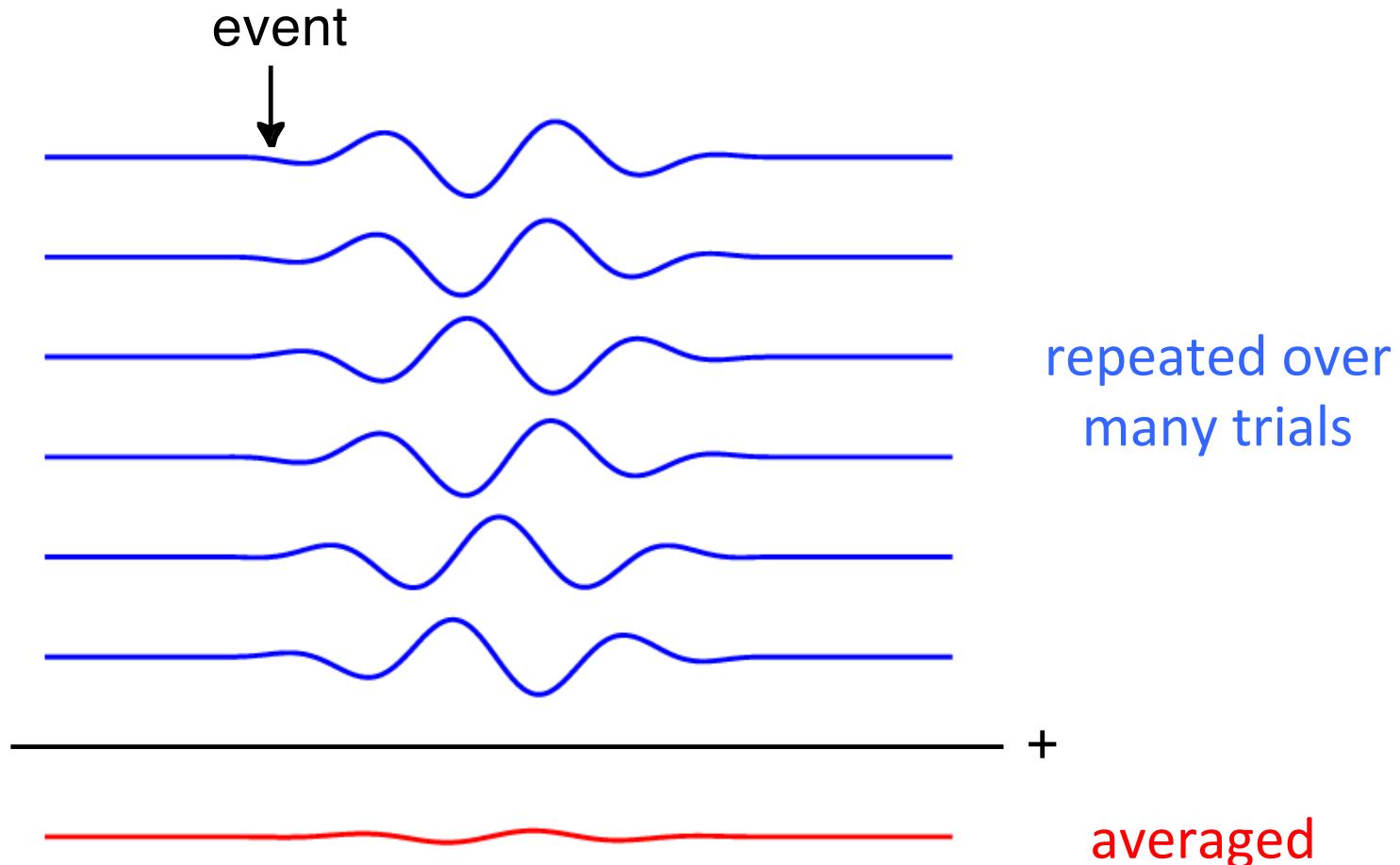
# Evoked activity



# Evoked activity



# Induced activity



# M/EEG signal characteristics considered during analysis

timecourse of activity

-> ERP

spectral characteristics

-> power spectrum

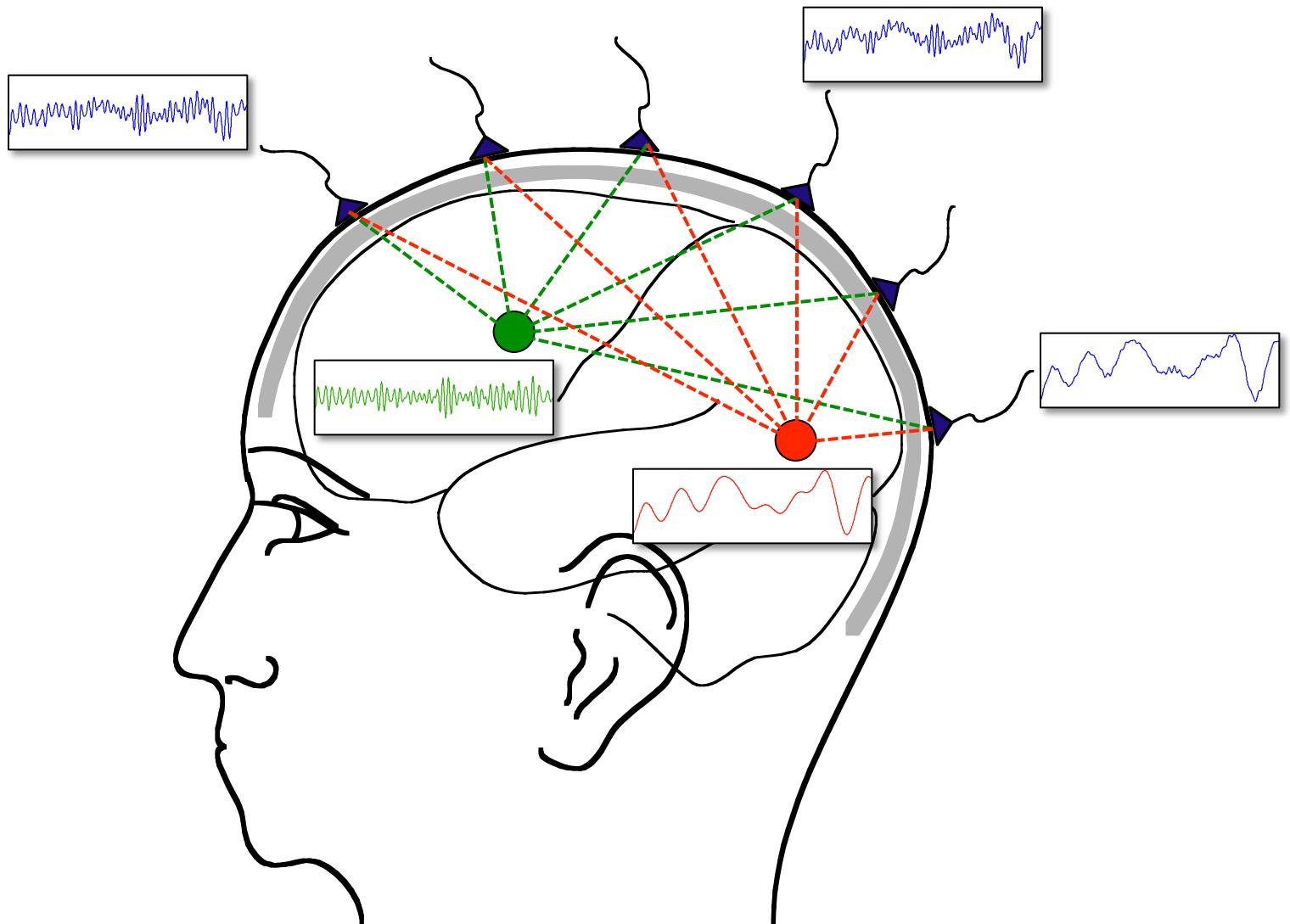
temporal changes in power

-> time-frequency response (TFR)

spatial distribution of activity over the head

-> source reconstruction

# Superposition of source activity



# Separating activity of different sources (and noise)

Use the temporal aspects of the data  
at the channel level

ERF latencies

ERF difference waves

Filtering the time-series

Spectral decomposition

Use the spatial aspects of the data

Volume conduction model of head

Estimate source model parameters

# Separating activity of different sources (and noise)

Use the temporal aspects of the data  
at the channel level

ERF latencies

ERF difference waves

Filtering the time-series

**Spectral decomposition**

Use the spatial aspects of the data

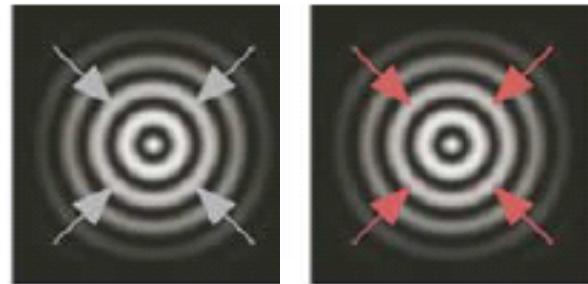
Volume conduction model of head

Estimate source model parameters

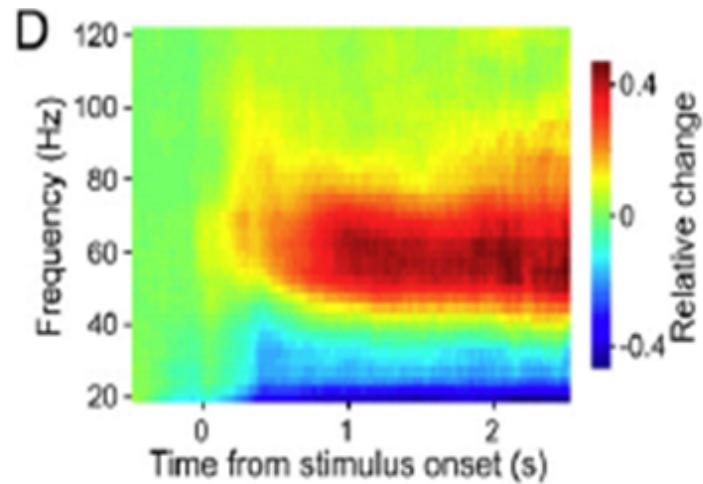
# Brain signals contain oscillatory activity at multiple frequencies



Cohen, 1972



Hoogenboom et al, 2006



# Outline

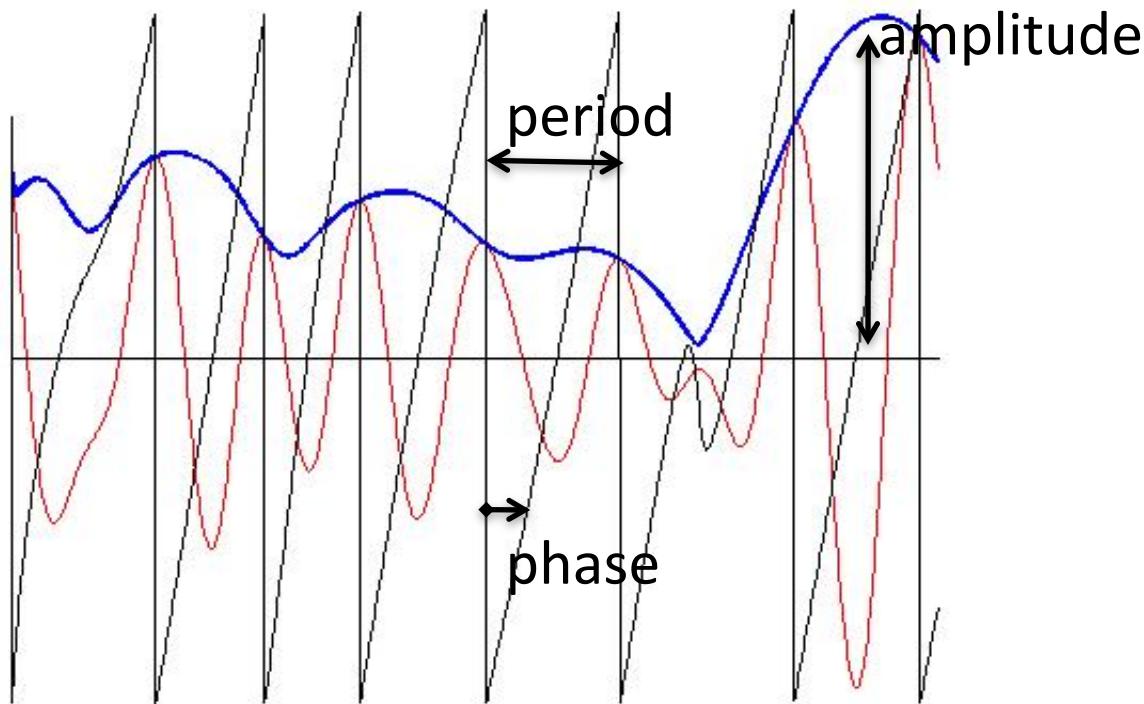
Spectral analysis: going from time to frequency domain

Issues with finite and discrete sampling

Spectral leakage and (multi-)tapering

Time-frequency analysis

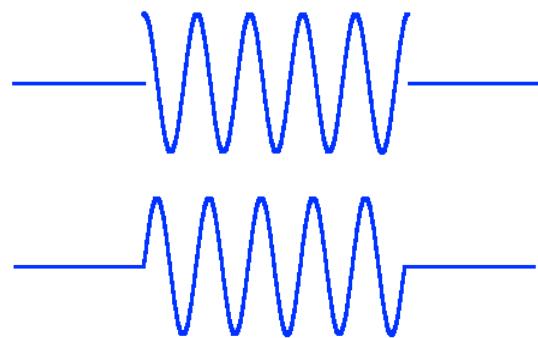
# A background note on oscillations



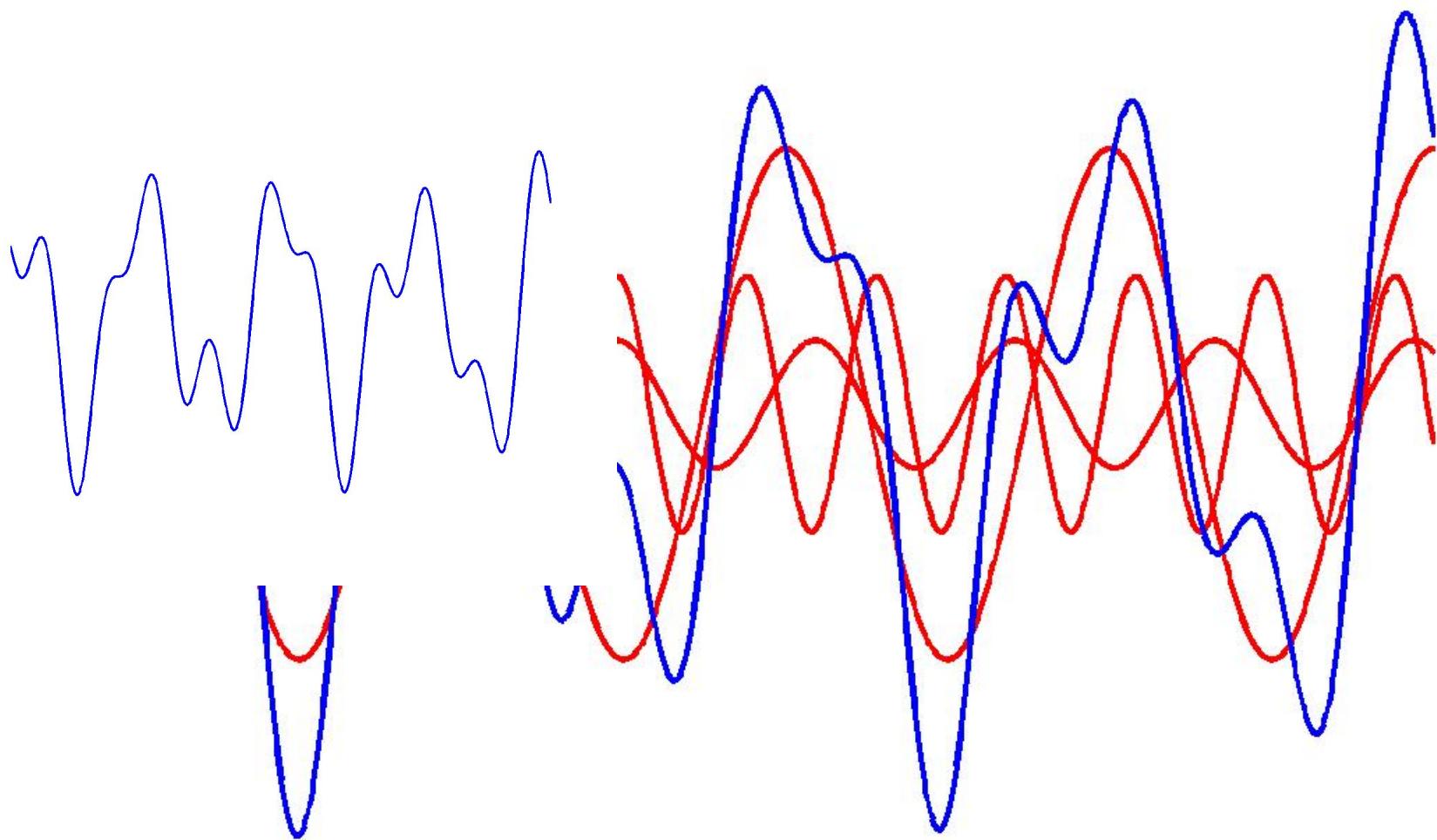
# Spectral analysis

Deconstructing a time domain signal into its constituent oscillatory components, a.k.a. Fourier analysis

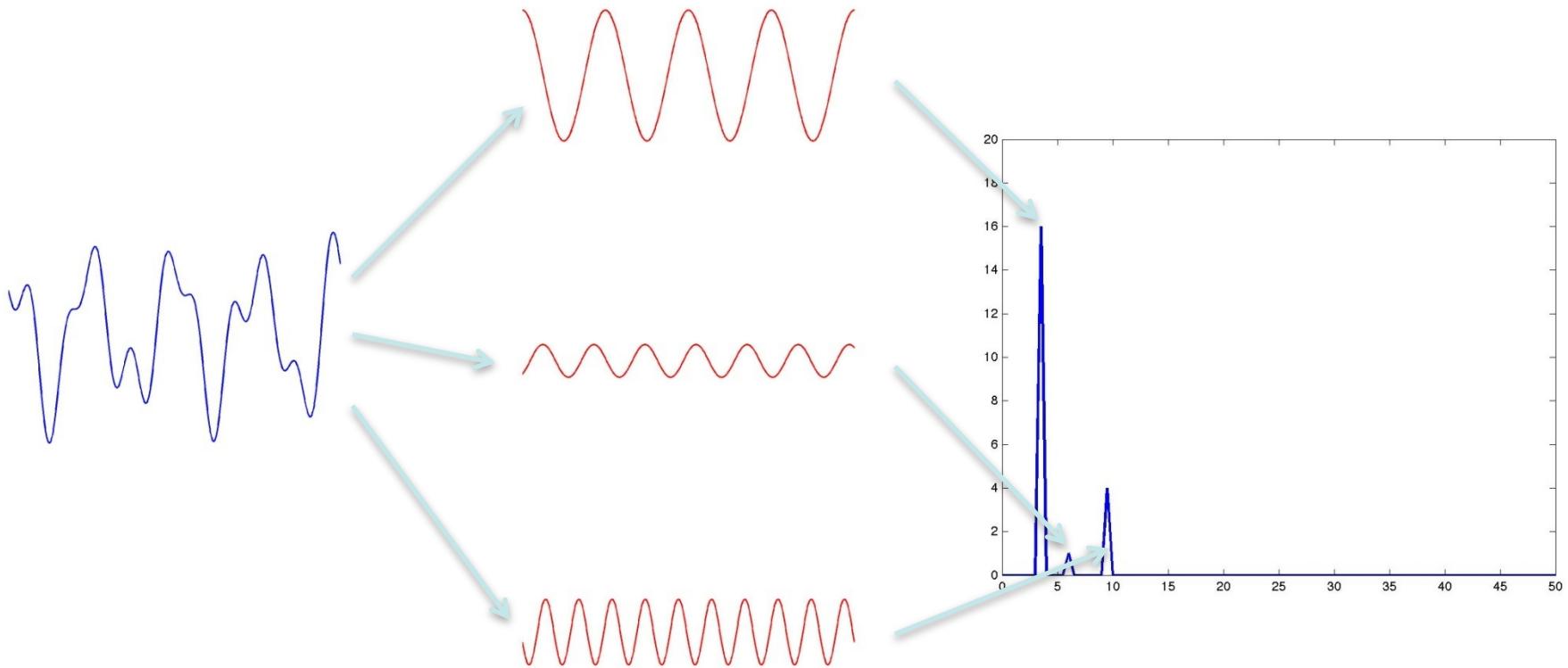
Using simple oscillatory functions: cosines and sines



# Spectral decomposition: the principle



# Spectral decomposition: the power spectrum



# Spectral analysis

Deconstructing a time domain signal into its constituent oscillatory components, a.k.a. Fourier analysis

Using simple oscillatory functions: cosines and sines

Express signal as function of frequency, rather than time

Concept: linear regression using oscillatory basis functions

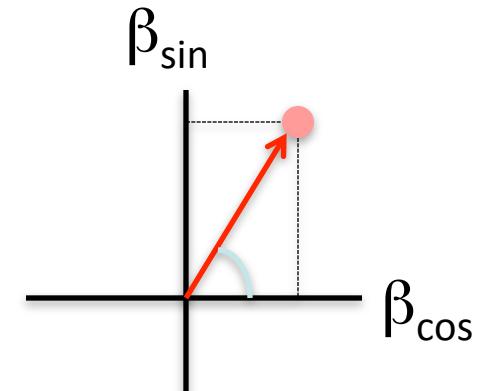
# Spectral analysis ~ GLM

$$Y = \beta \times X$$

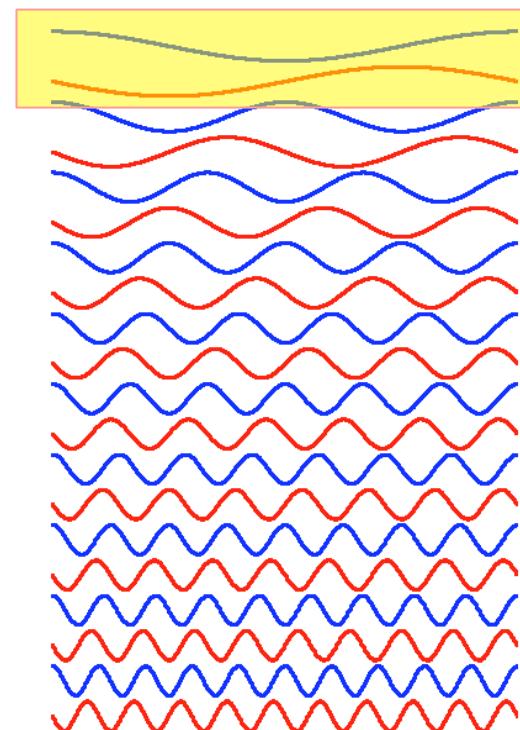
X set of basis functions

$\beta_i$  contribution of basis function  $i$  to the data.

$\beta$  for cosine and sine components for a given frequency map onto amplitude and phase estimate.



Restriction: basis functions should be ‘orthogonal’



Consequence 1: frequencies not arbitrary

-> integer amount of cycles should fit into N points.

Consequence 2: N-point signal

-> N basis functions

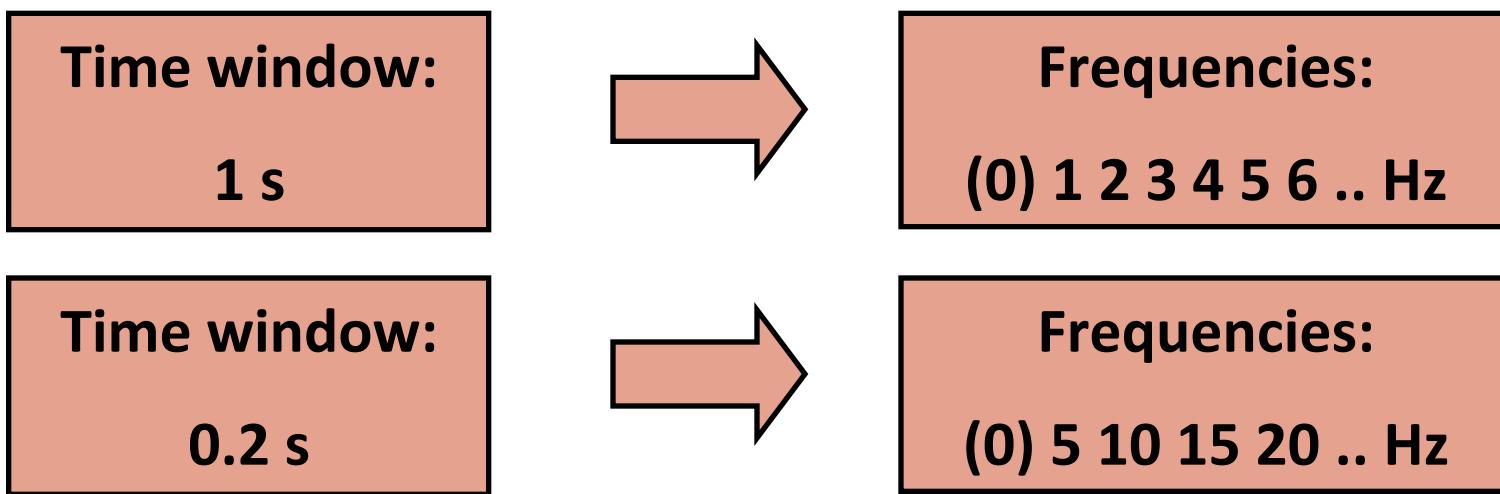
# Time-frequency relation

Consequence 1: frequencies not arbitrary

-> integer amount of cycles should fit into N samples of  $\Delta t$  each.

The frequency resolution is determined by the total length of the data segments ( $T$ )

Rayleigh frequency =  $1/T = \Delta f$  = frequency resolution



# Time-frequency relation

Consequence 2: N-point signal

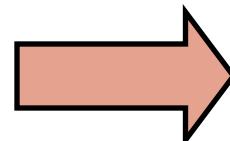
-> N basis functions

N basis functions -> N/2 frequencies

The highest frequency that can be resolved depends  
on the sampling frequency F

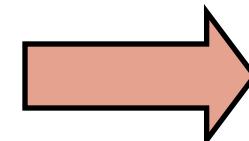
Nyquist frequency =  $F/2$

Sampling freq 1 kHz  
Time window 1 s



Frequencies:  
(0) 1 2 ... 499 500 Hz

Sampling freq 400 Hz  
Time window 0.25 s



Frequencies:  
(0) 4 8... 196 200 Hz

# Spectral analysis

Deconstructing a time domain signal into its constituent oscillatory components, a.k.a. Fourier analysis

Using simple oscillatory functions: cosines and sines

Express signal as function of frequency, rather than time

Concept: linear regression using oscillatory basis functions

Each oscillatory component has an amplitude and phase

Discrete and finite sampling constrains the frequency axis

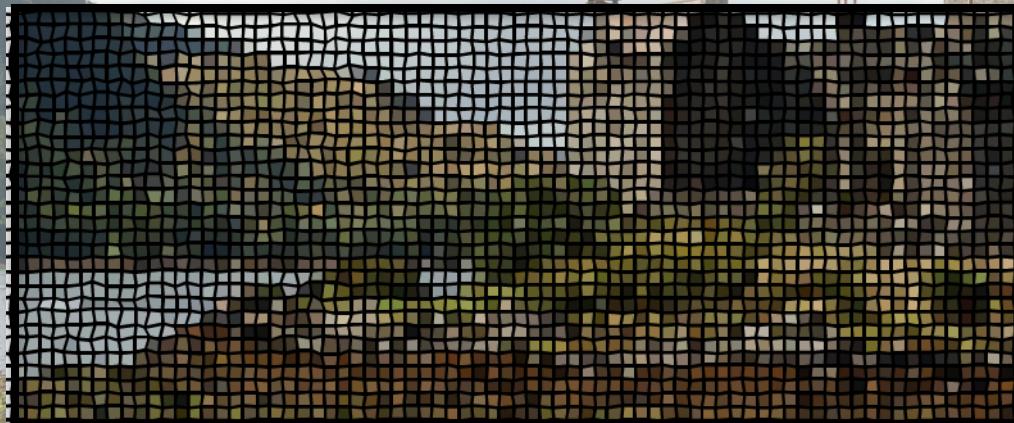
# Goal and challenges

- Estimate the true oscillations from the observed data
- Limited time available for Fourier transform
- You are looking at the activity through a time restricted window



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- Estimate the true oscillations from the observed data
- Limited time available for Fourier transform
- You are looking at the activity through a time restricted window

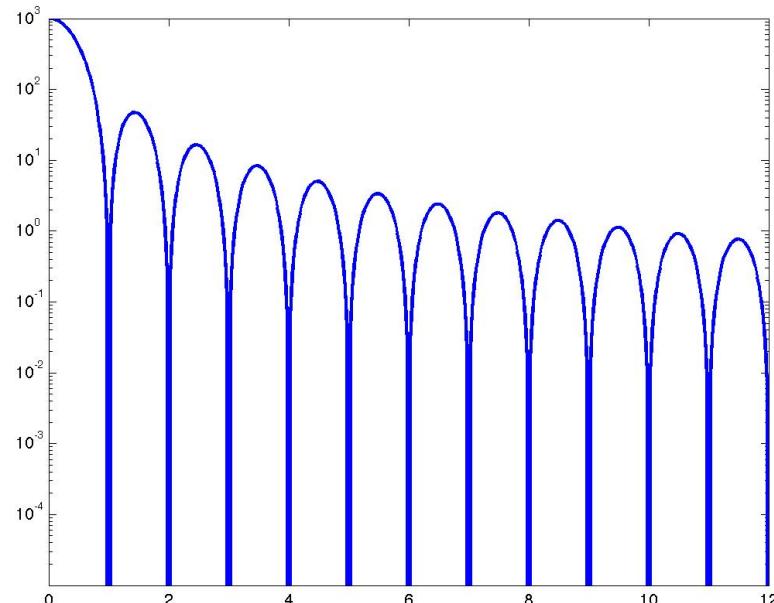
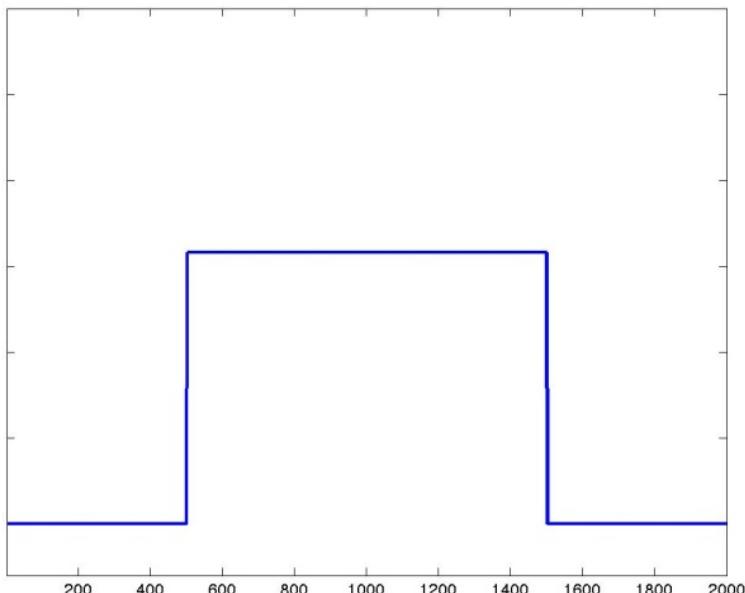


- This implicitly means that the data are ‘tapered’ with a boxcar
- Furthermore, data are discretely sampled

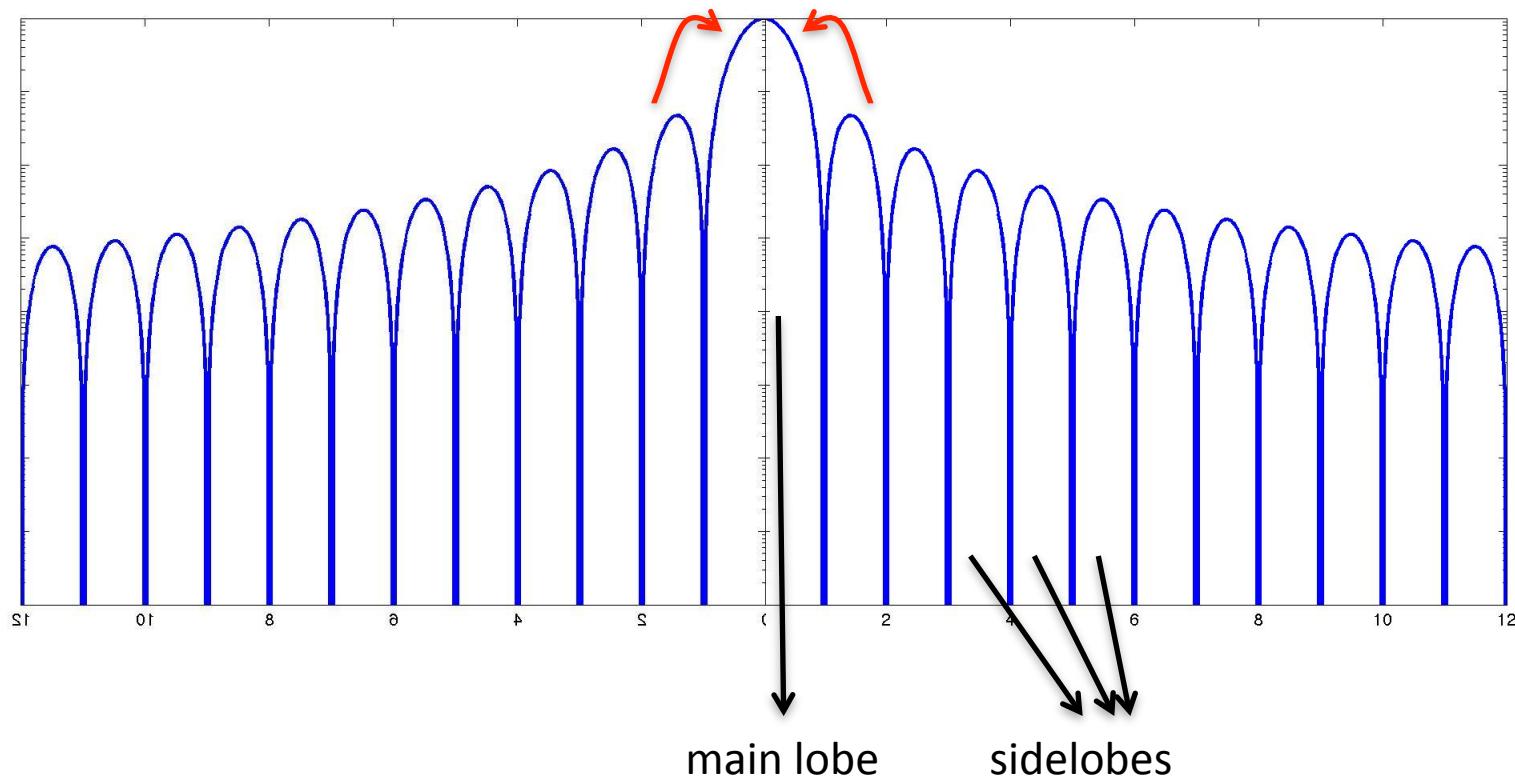


# Spectral leakage and tapering

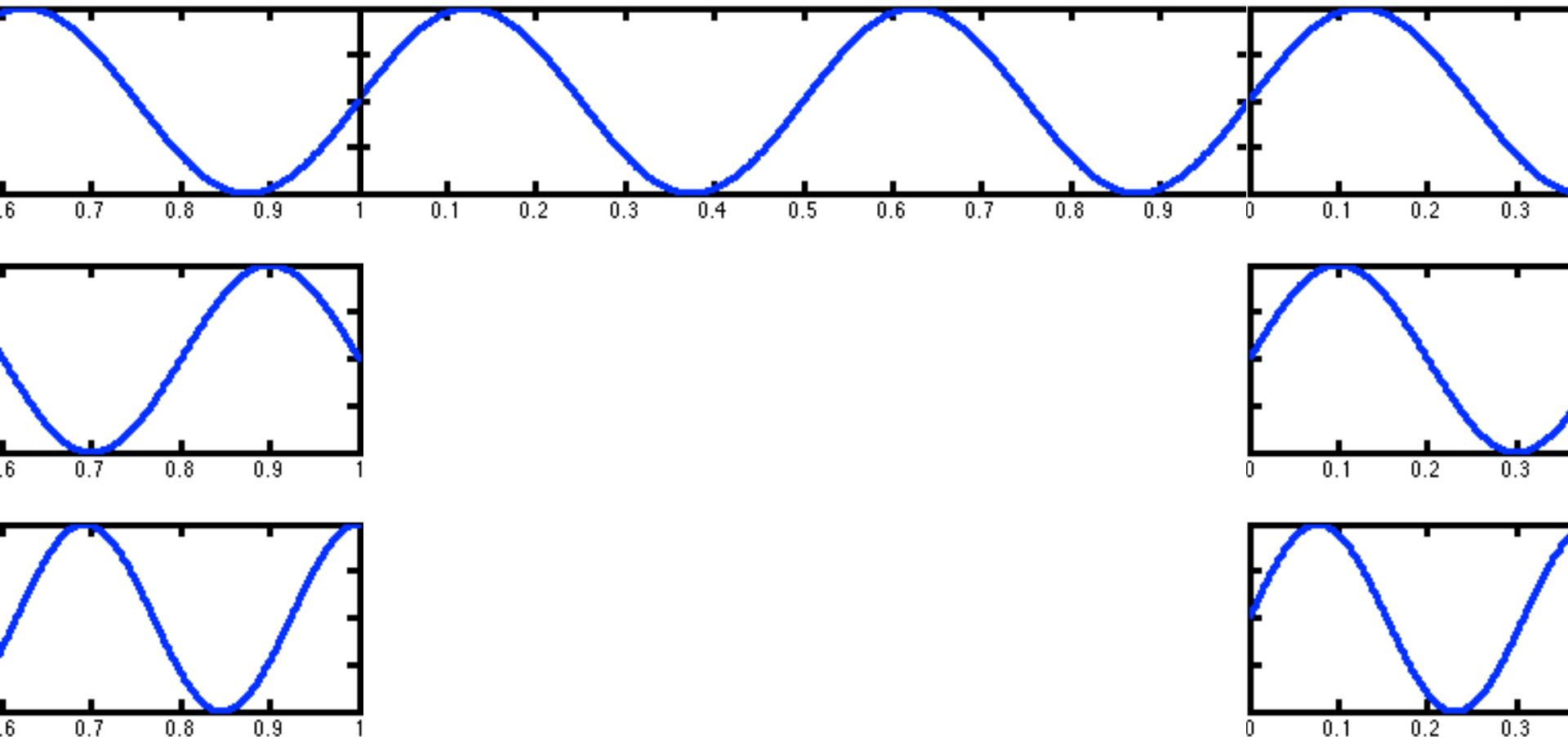
- True oscillations in data at frequencies **not sampled** with Fourier transform **spread their energy** to the sampled frequencies
- Not tapering is equal to applying a “boxcar” taper
- Each type of taper has a specific leakage profile



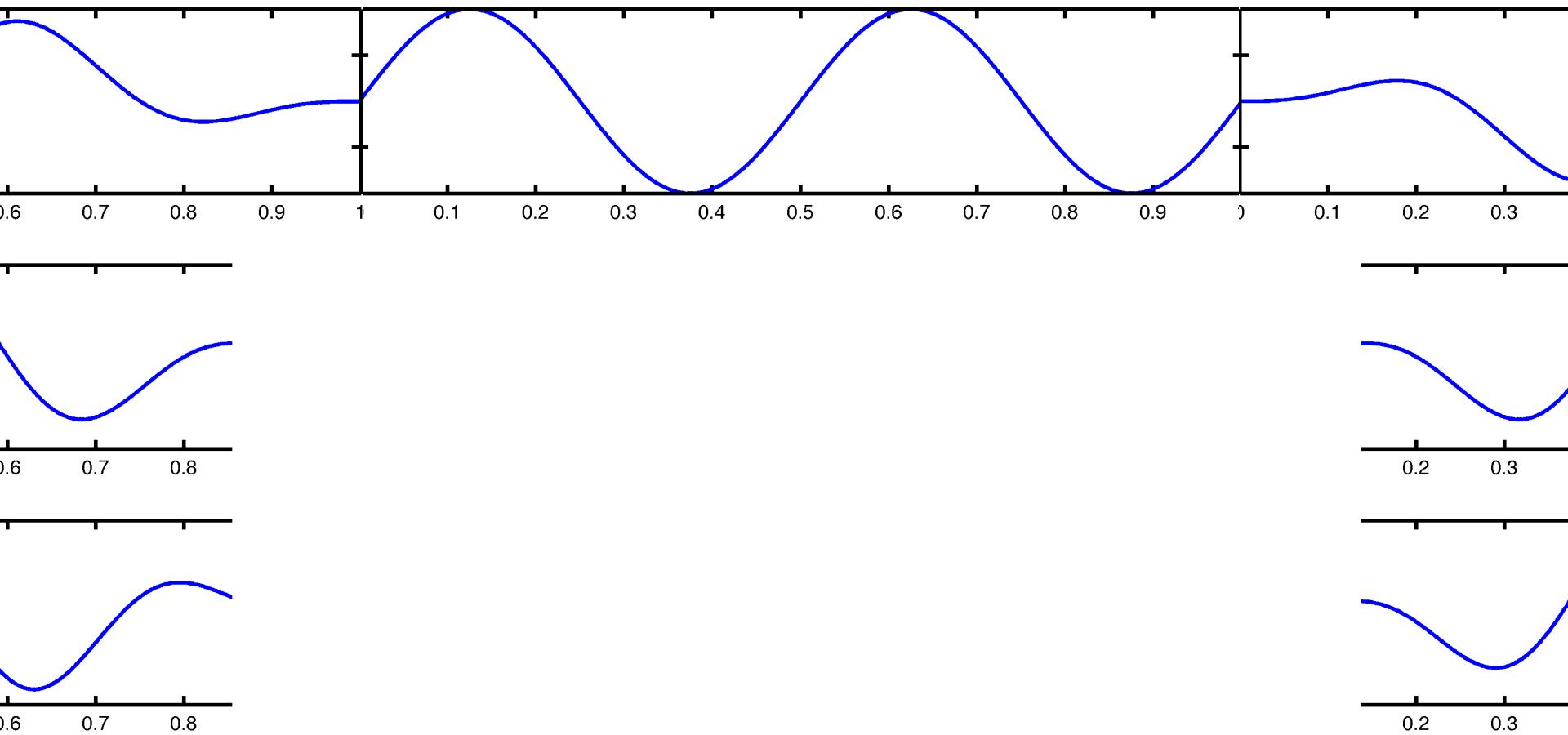
# Spectral leakage



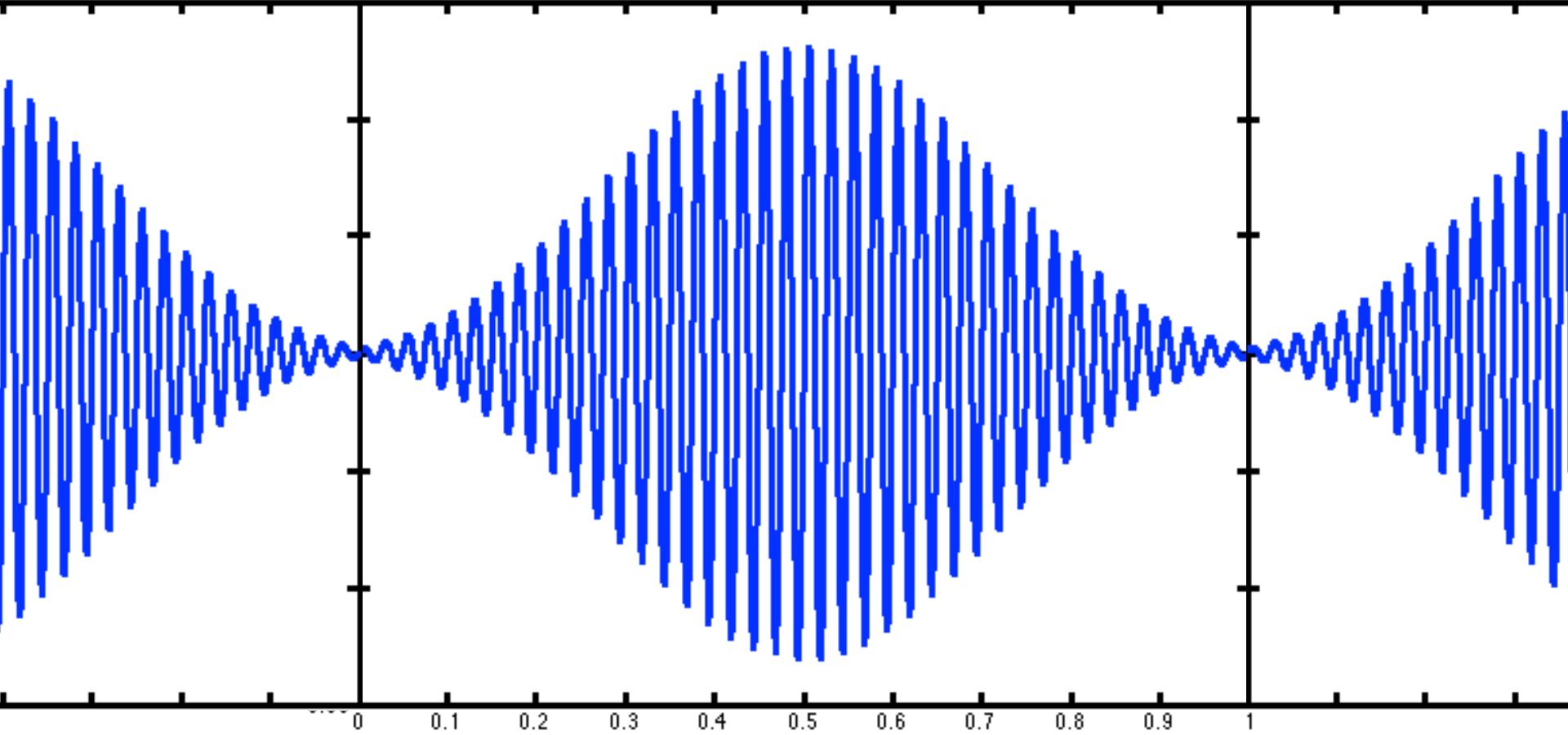
# Tapering in spectral analysis



# Tapering in spectral analysis

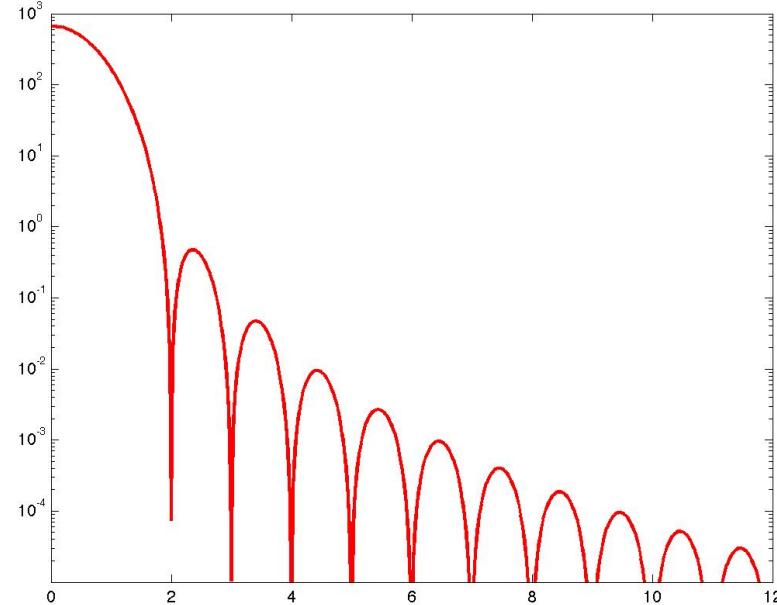
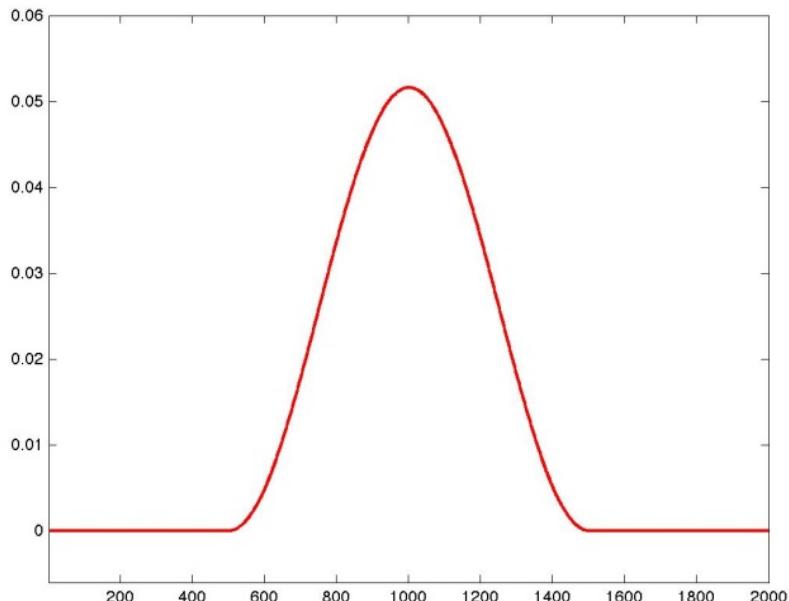


# Tapering in spectral analysis



# Spectral leakage and tapering

- True oscillations in data at frequencies not sampled with Fourier transform spread their energy to the sampled frequencies
- Not tapering is equal to applying a boxcar taper
- Each type of taper has a specific leakage profile



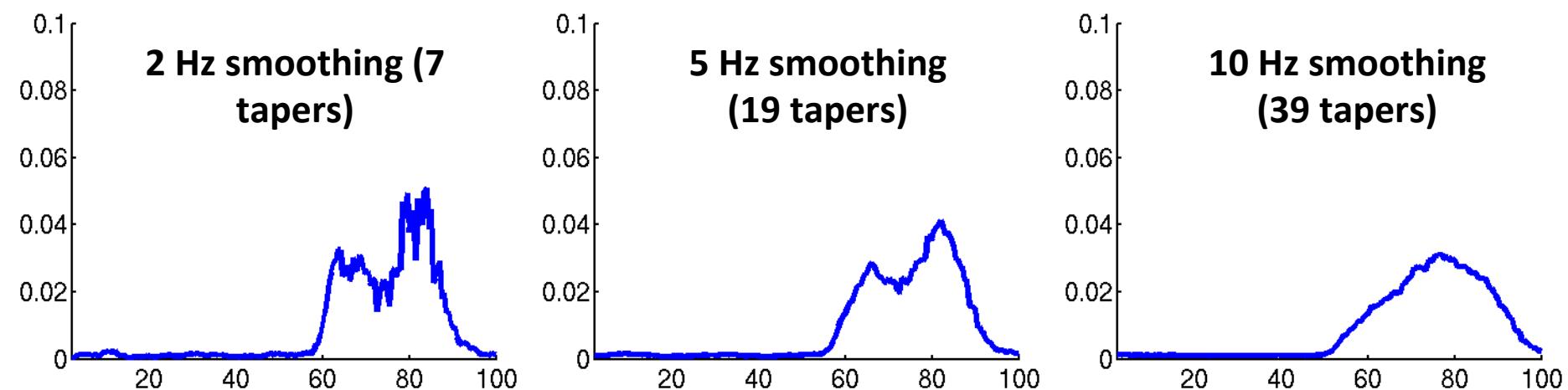
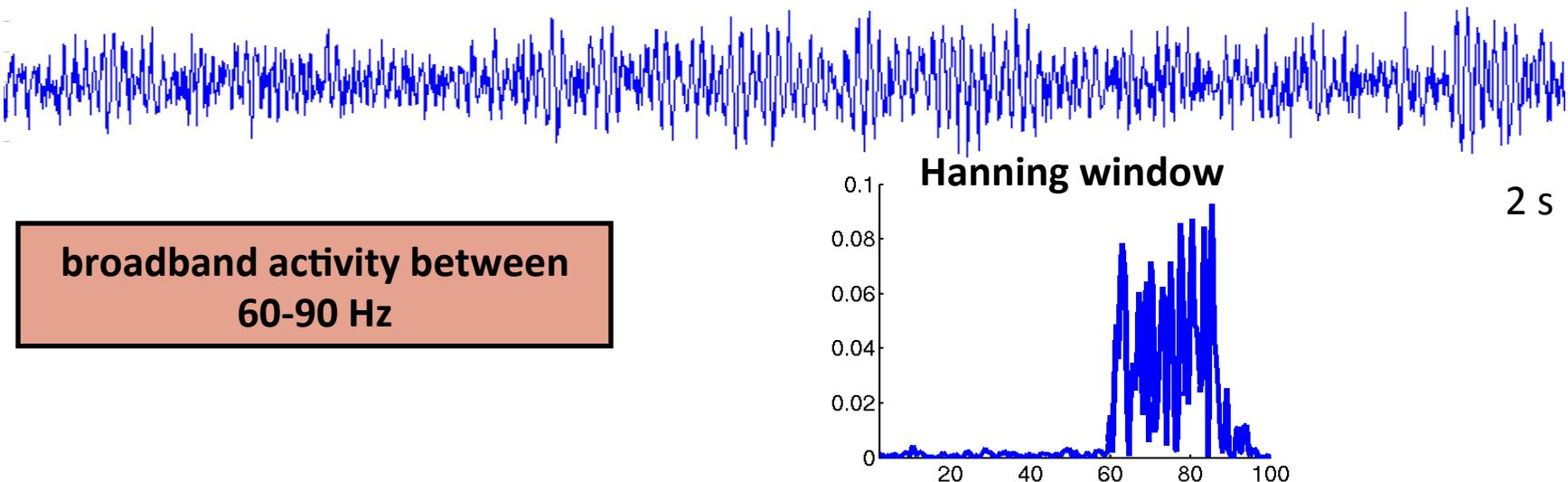
# Multitapers

Make use of more than one taper and combine their properties

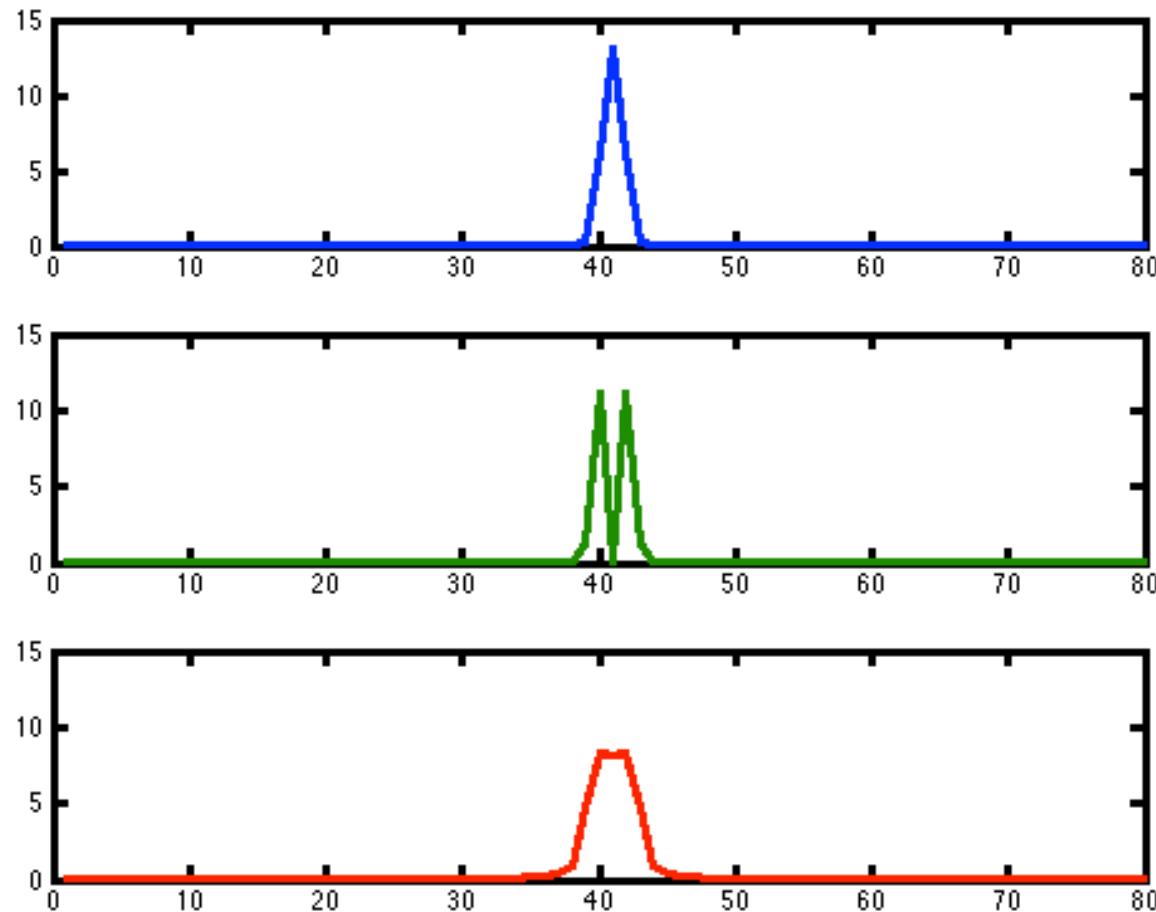
Used for smoothing in the frequency domain

Instead of “smoothing” one can also say “controlled leakage”

# Multitapered spectral analysis



# Multitapered spectral analysis



# Multitapers

Multitapers are useful for reliable estimation of high frequency components

Low frequency components are better estimated using a single (Hanning) taper

```
%estimate low frequencies

cfg = [];
cfg.method = 'mtmfft';
cfg.foilim = [1 30];
cfg.taper = 'hanning';

.

.

.

freq=ft_freqanalysis(cfg, data);
```

```
%estimate high frequencies

cfg = [];
cfg.method      = 'mtmfft';
cfg.foilim      = [30 120];
cfg.taper       = 'dpss';
cfg.tapsmofrq  = 8;

.

.

.

freq=ft_freqanalysis(cfg, data);
```

# Interim summary

## Spectral analysis

Decompose signal into its constituent  
oscillatory components

Focused on ‘stationary’ power

## Tapers

Boxcar, Hanning, Gaussian

## Multitapers

Control spectral leakage/smoothing

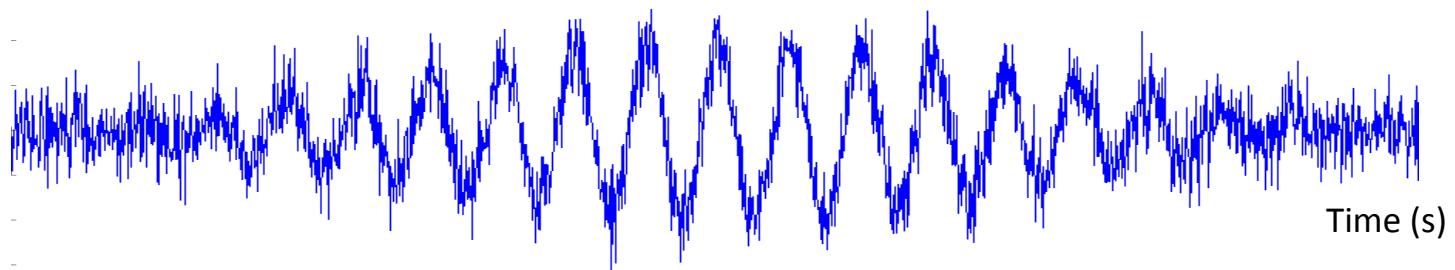
# Time-frequency analysis

Typically, brain signals are not ‘stationary’

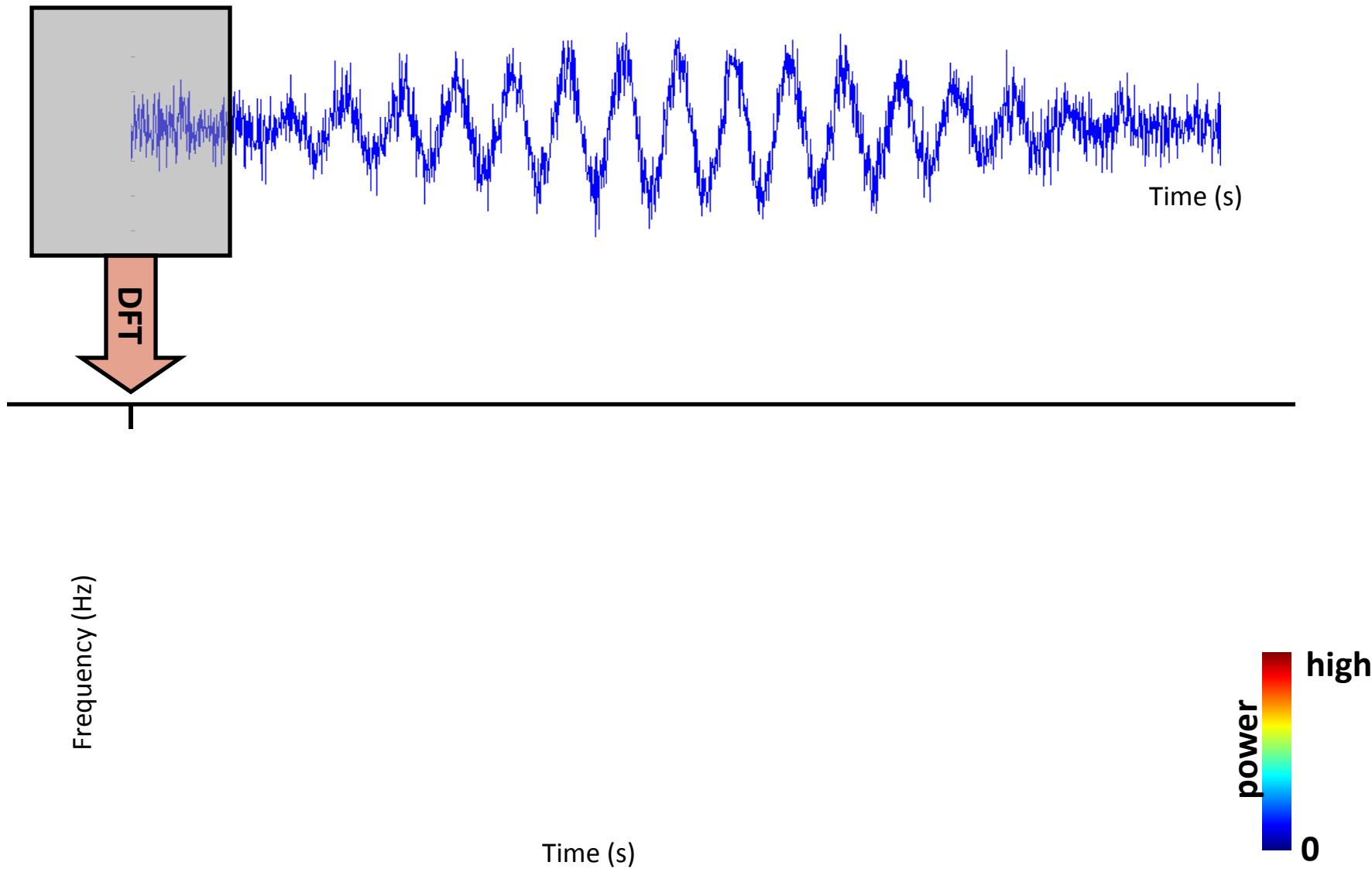
- Divide the measured signal in shorter time segments and apply Fourier analysis to each signal segment
- Everything we saw so far with respect to frequency resolution applies here as well

```
cfg = [];
cfg.method = 'mtmconvol';
.
.
.
freq = ft_freqanalysis(cfg, data);
```

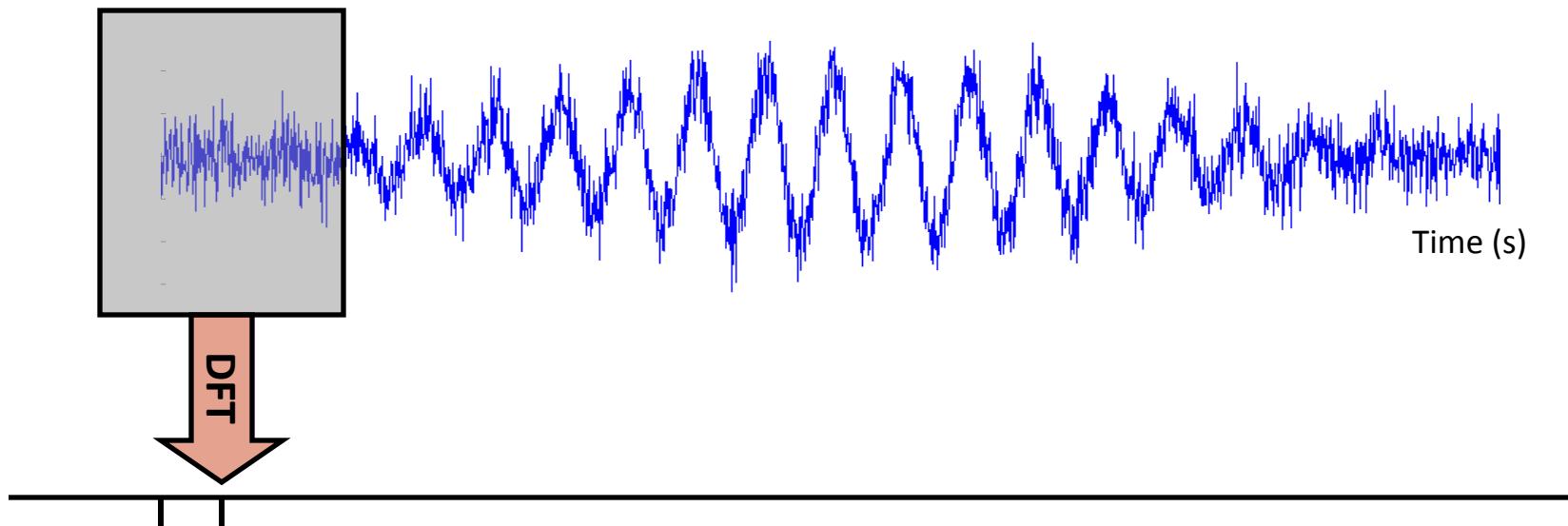
# Time frequency analysis



# Time frequency analysis

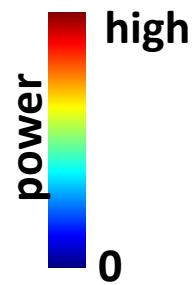


# Time frequency analysis

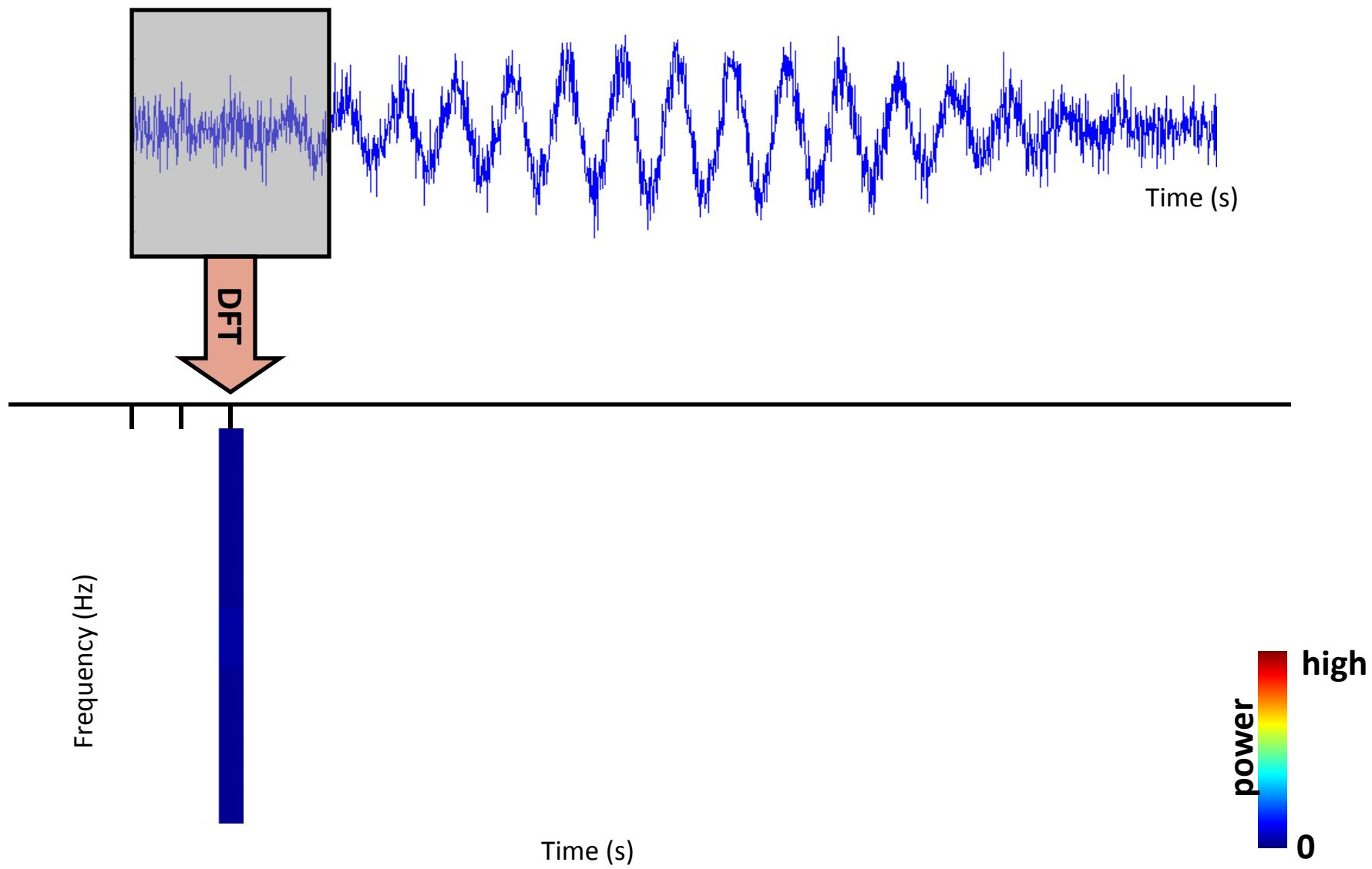


Frequency (Hz)

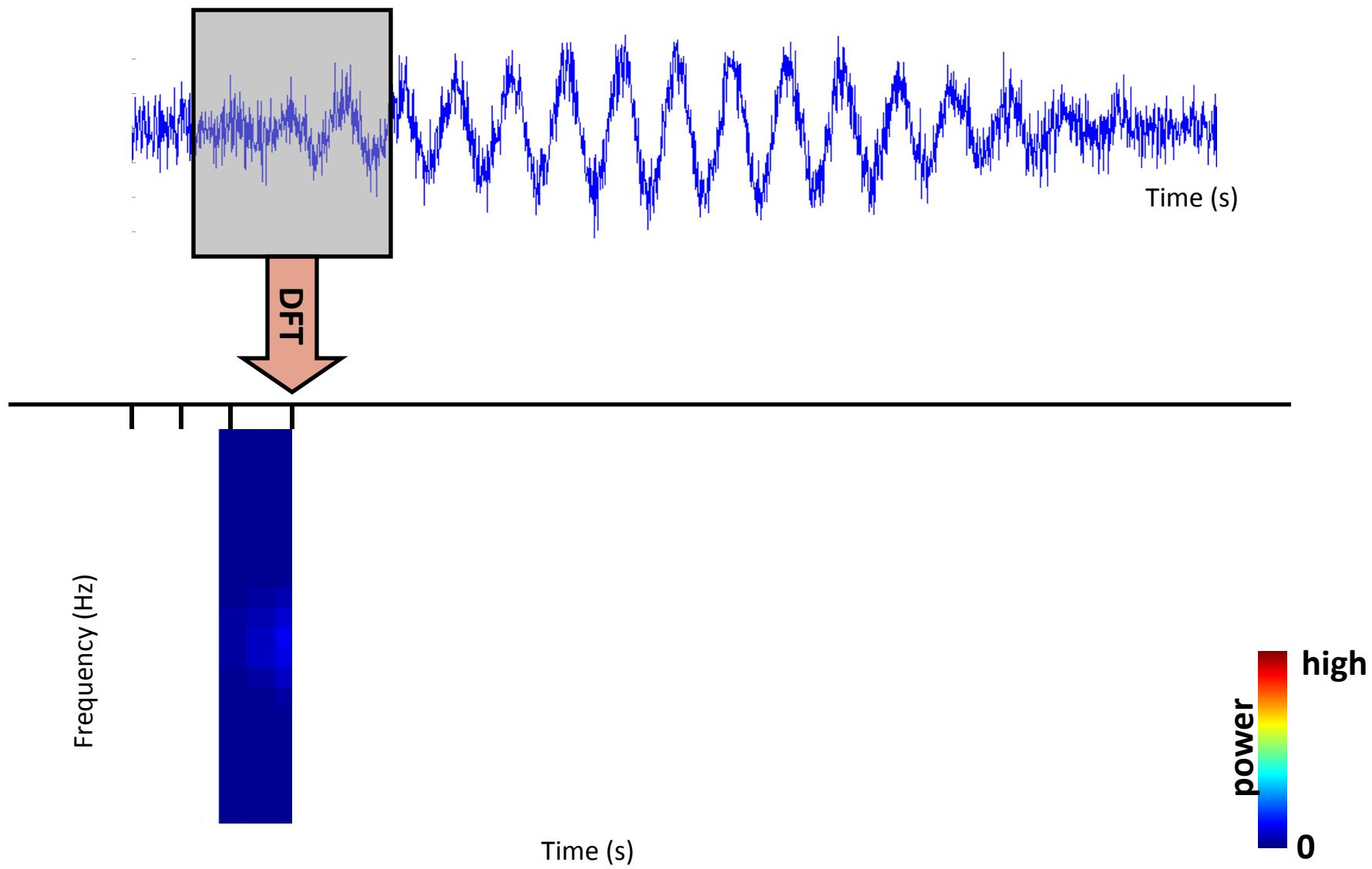
Time (s)



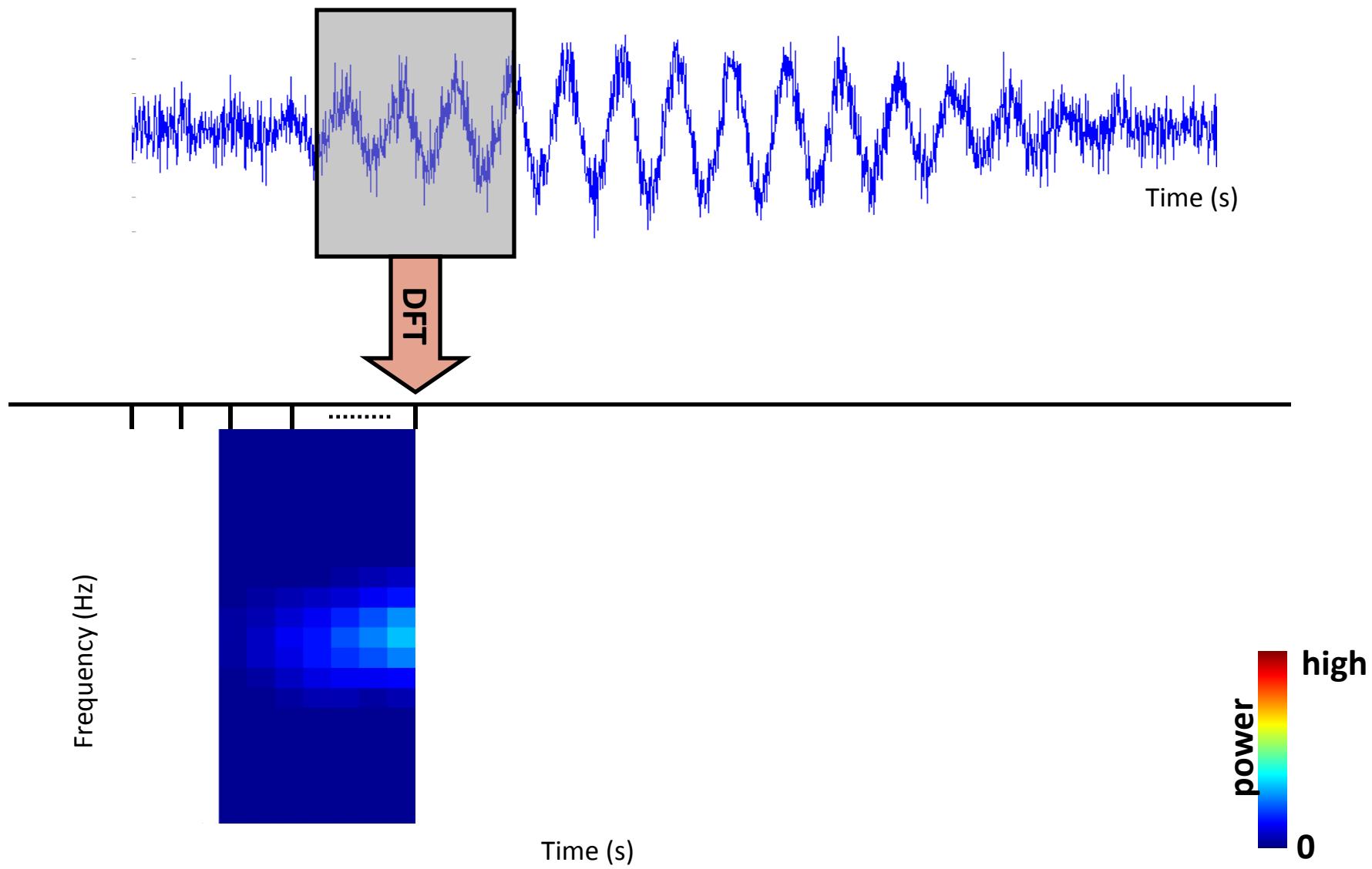
# Time frequency analysis



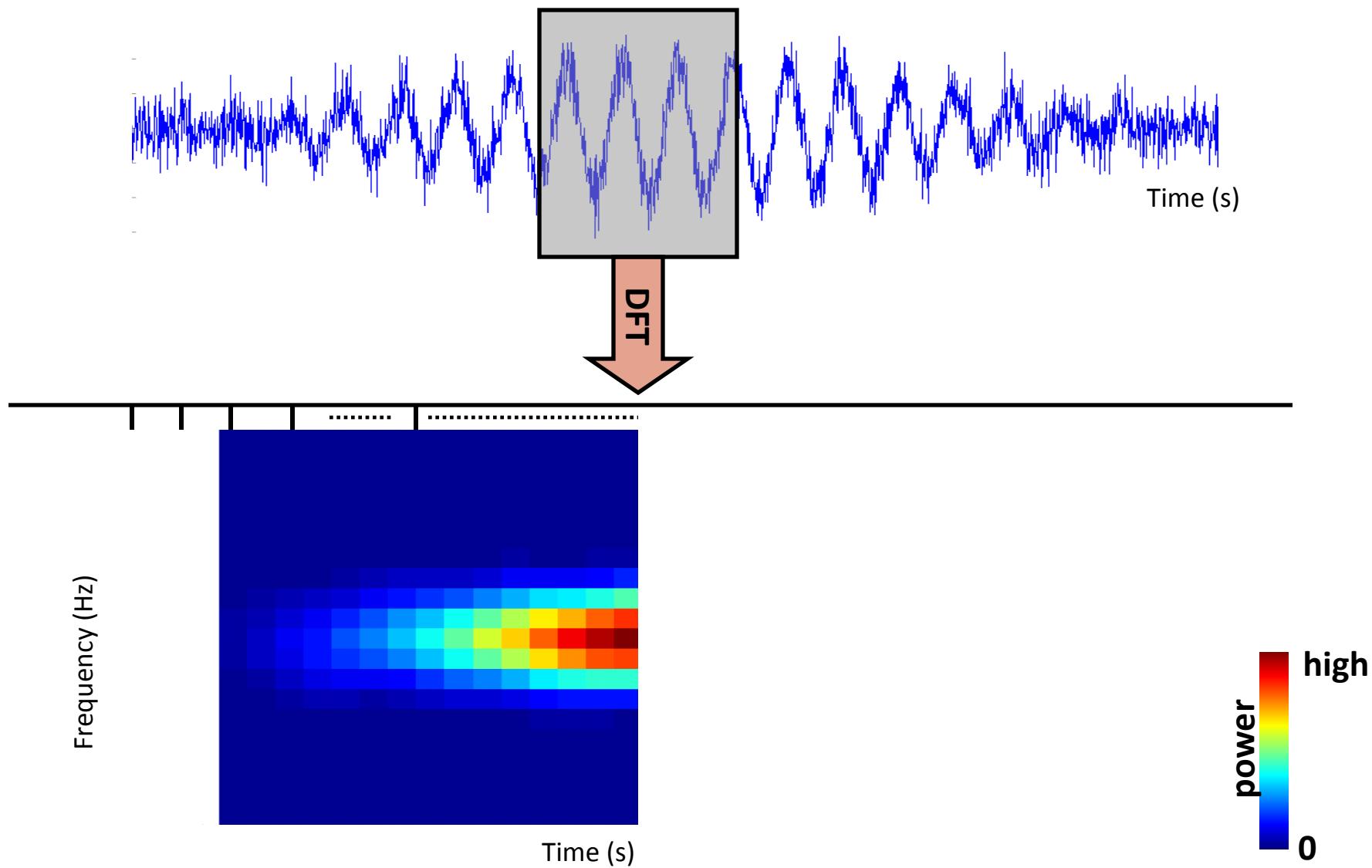
# Time frequency analysis



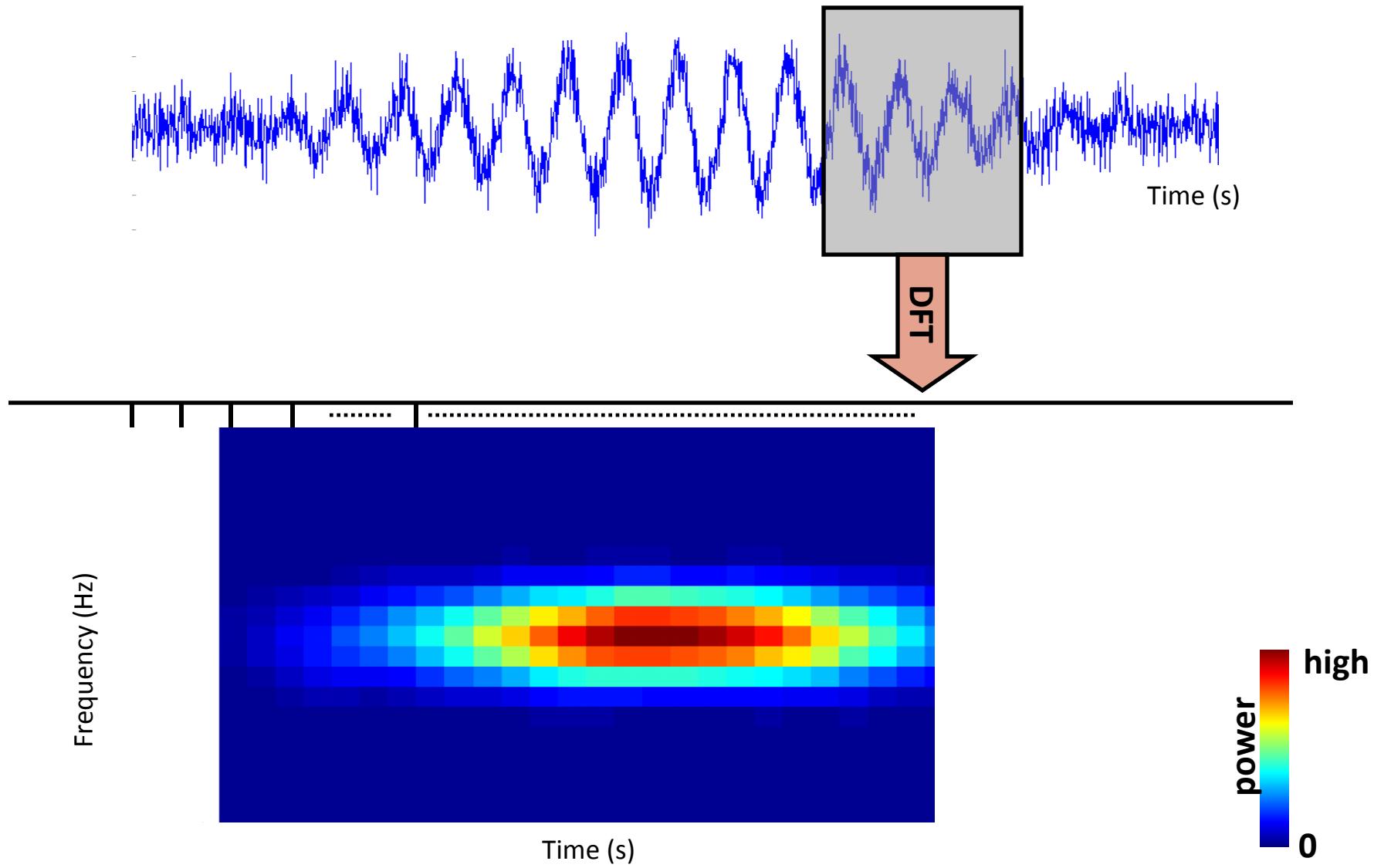
# Time frequency analysis



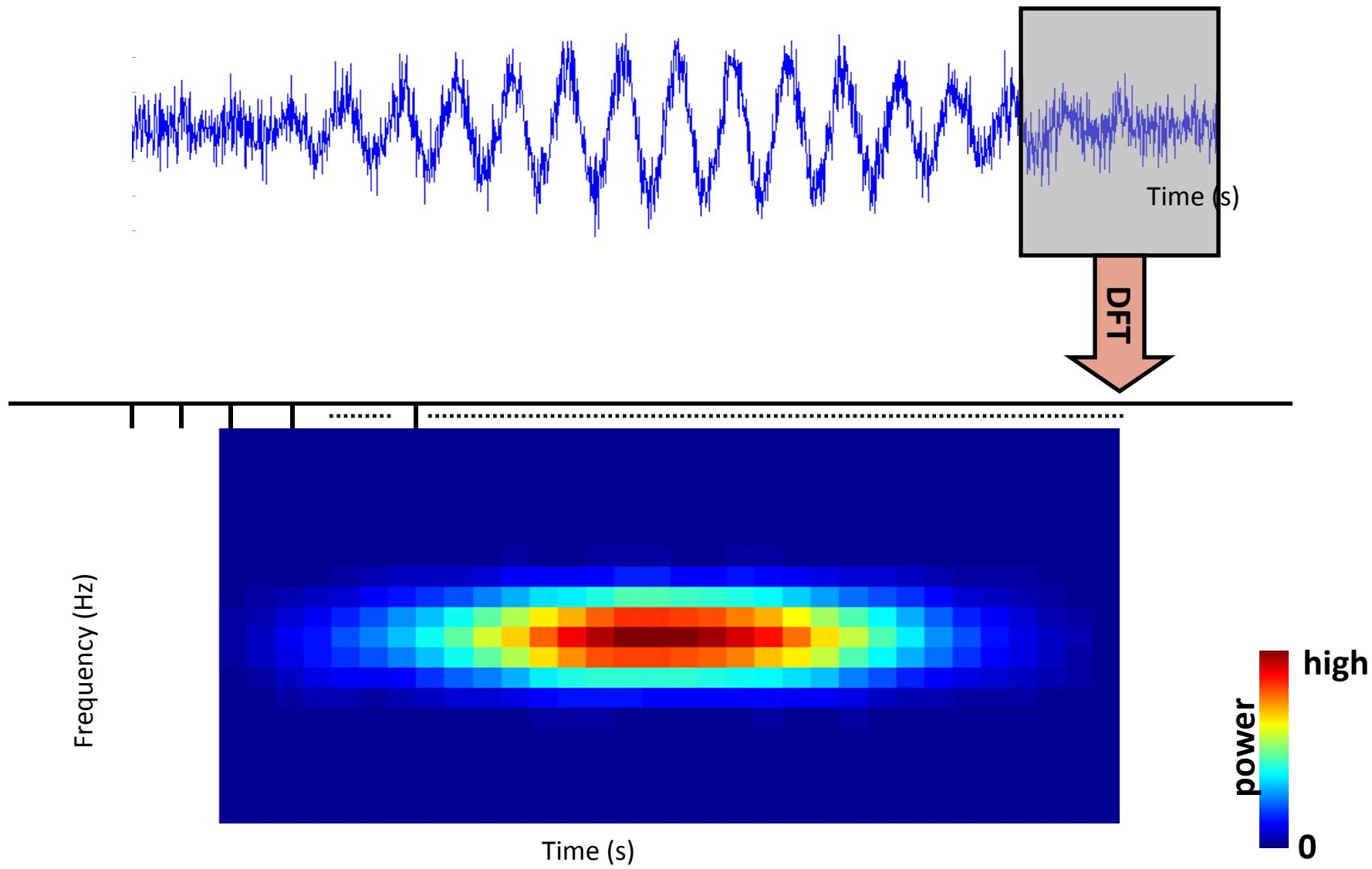
# Time frequency analysis



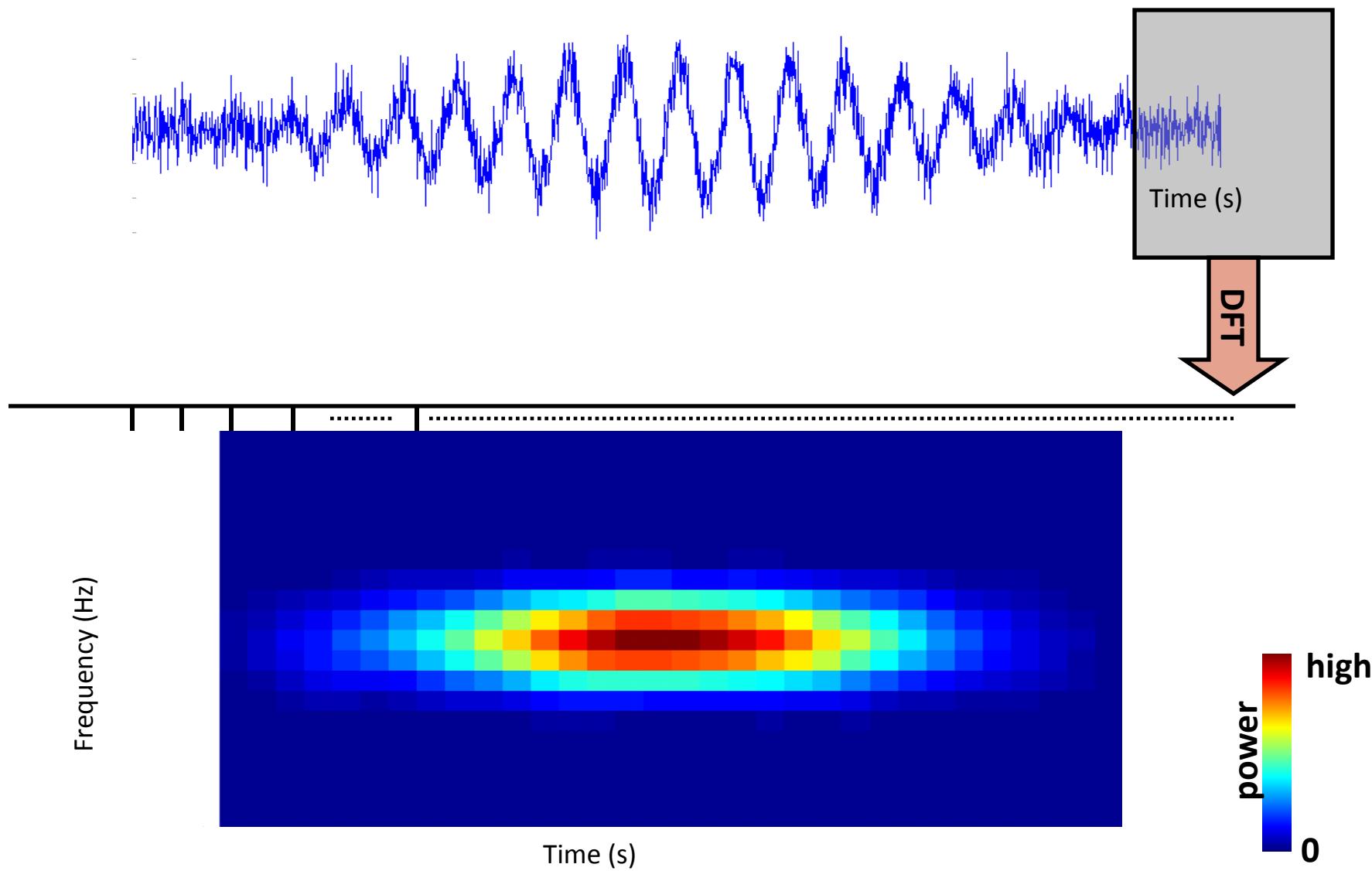
# Time frequency analysis



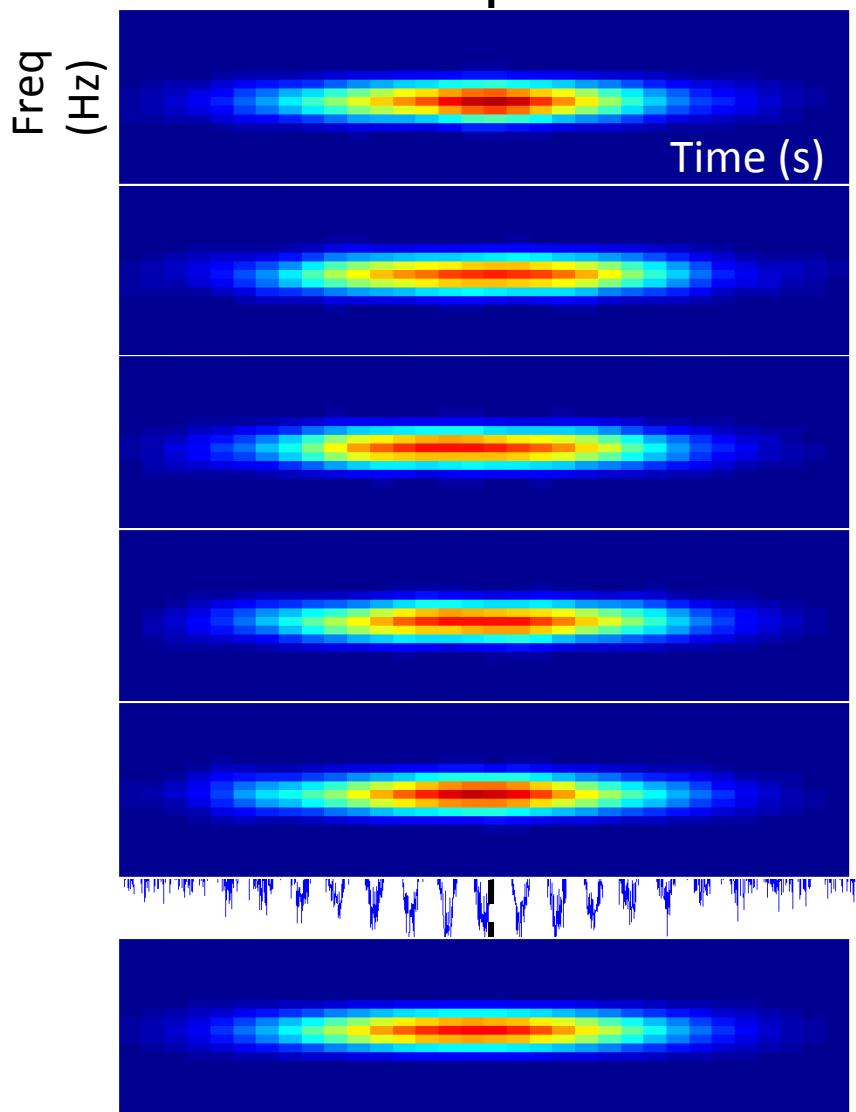
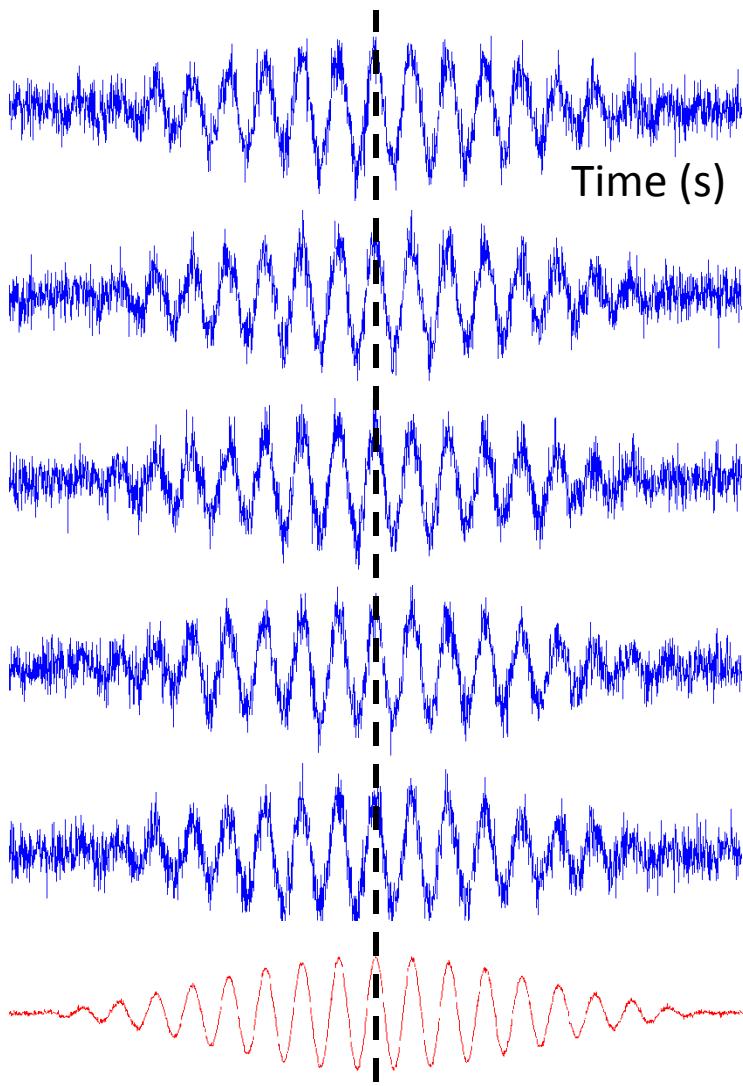
# Time frequency analysis



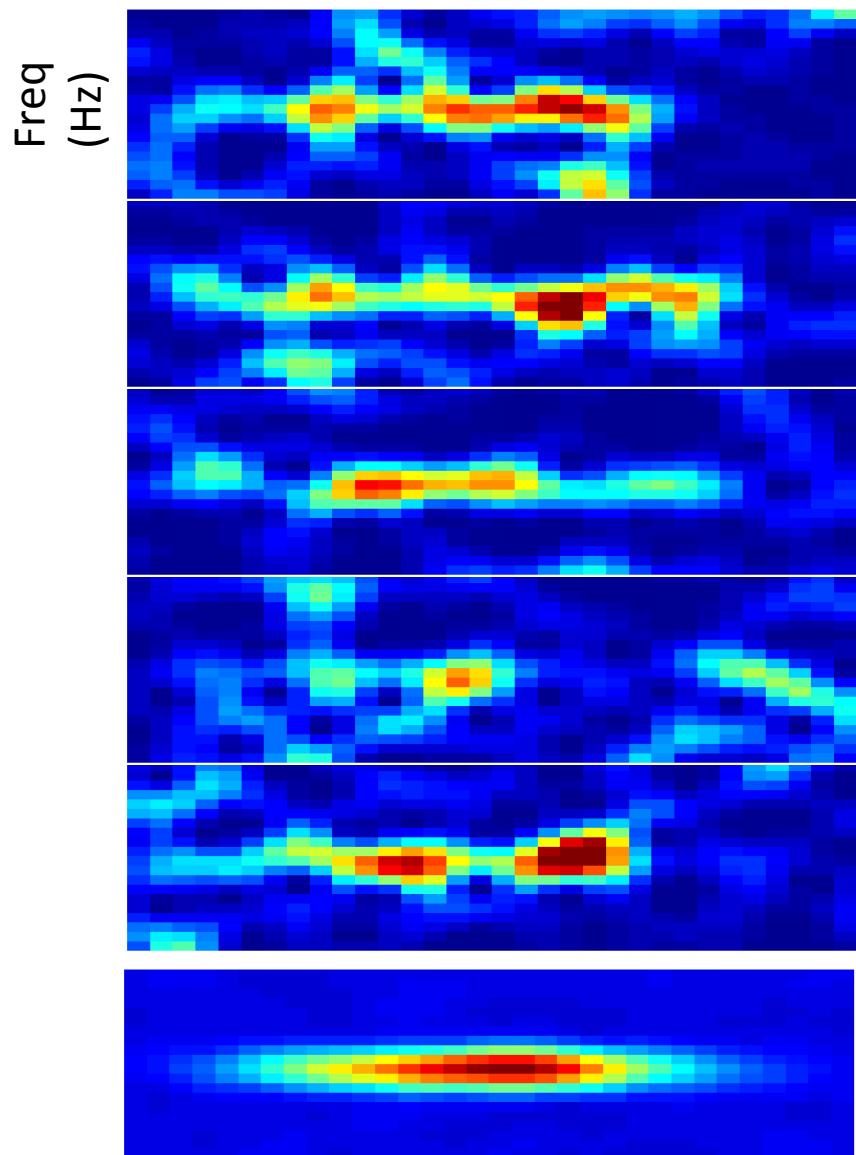
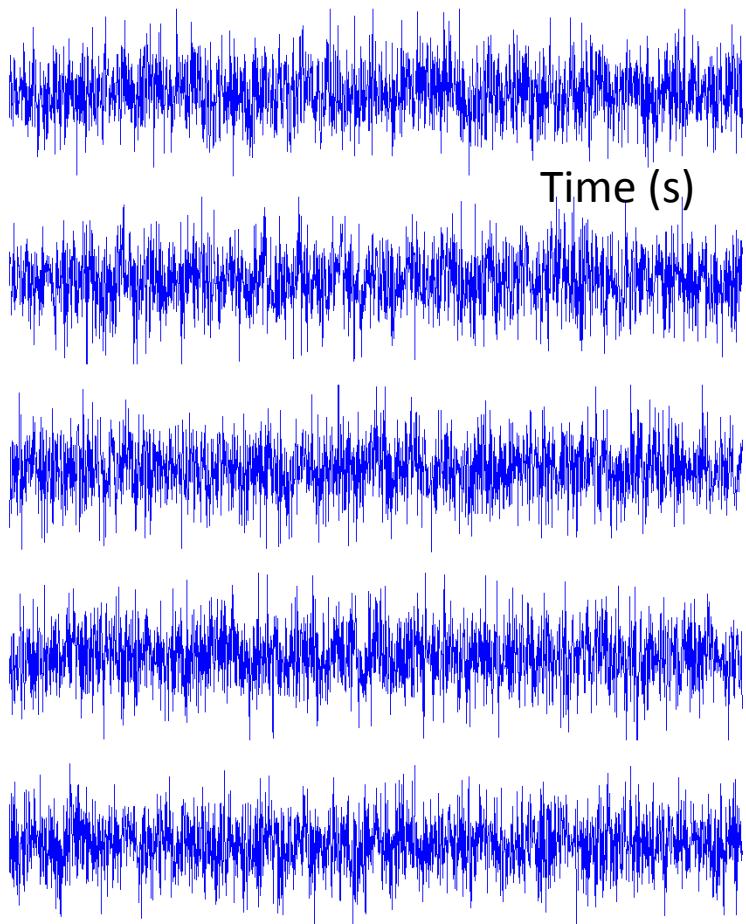
# Time frequency analysis



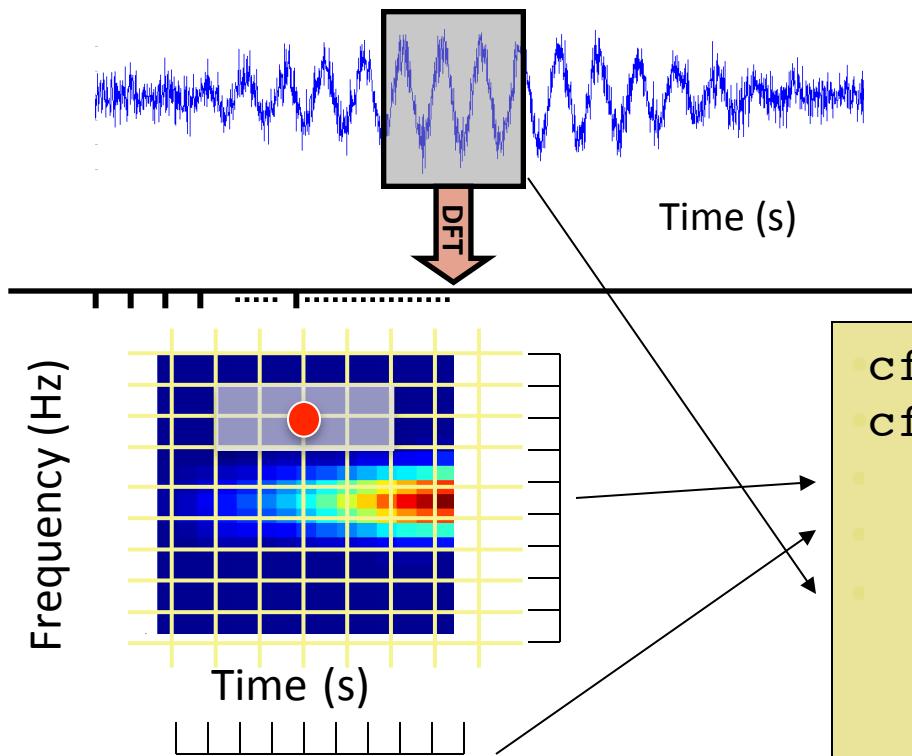
# Evoked versus induced activity



Noisy signal -> many trials needed



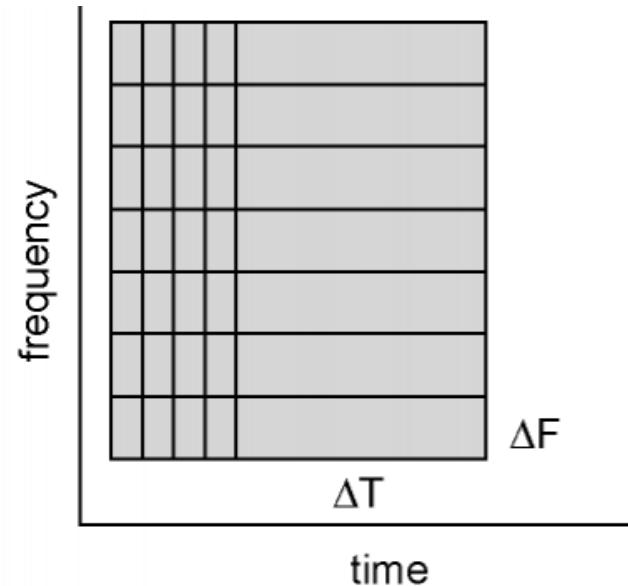
# The time-frequency plane



```
cfg = [];
cfg.method = 'mtmconvol';
.
.
.
freq = ft_freqanalysis(cfg,data);
```

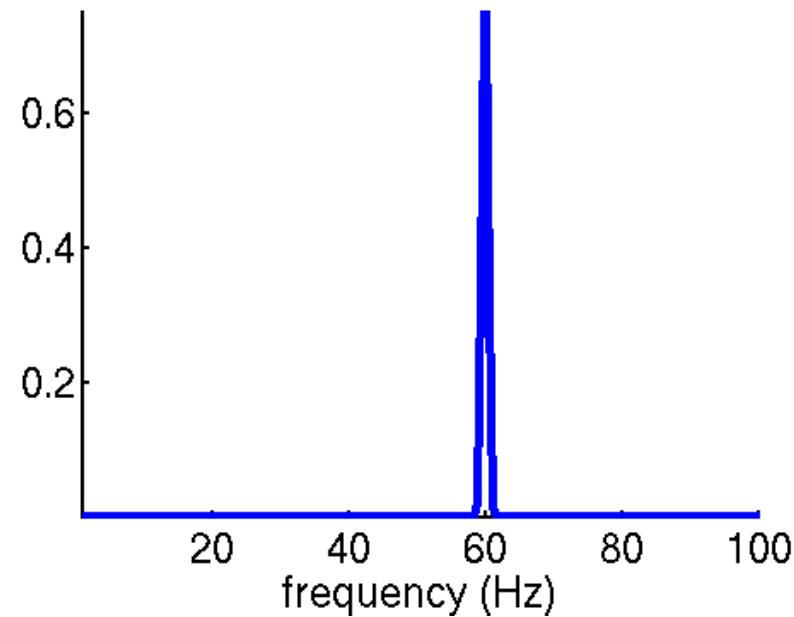
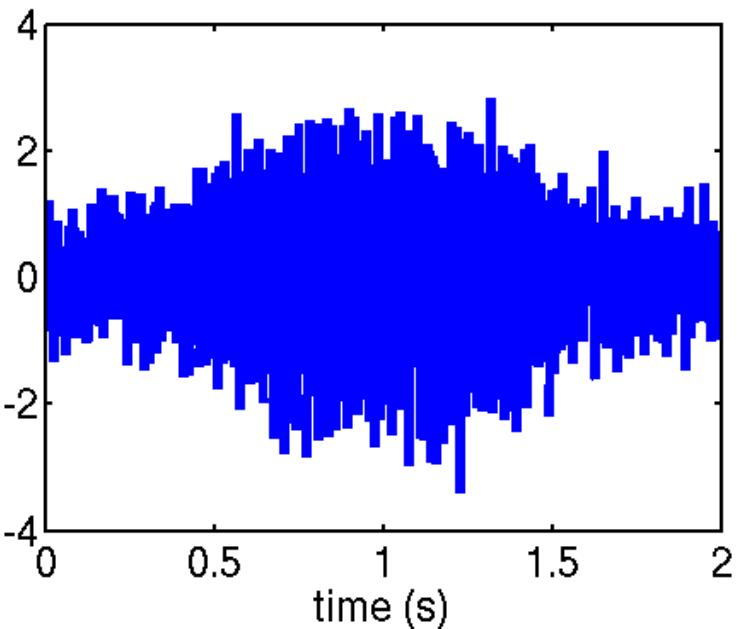
# The time-frequency plane

The division is ‘up to you’  
Depends on the phenomenon  
you want to investigate:  
- Which frequency band?  
- Which time scale?

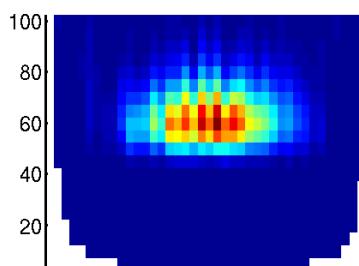
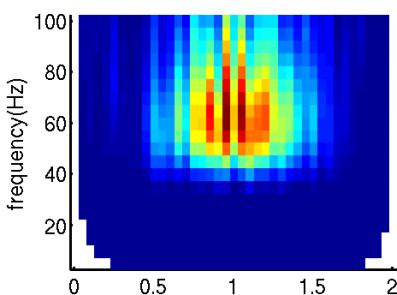


```
cfg = [];
cfg.method      = 'mtmconvol';
cfg.foi         = [2 4 ... 40];
cfg.toi         = [0:0.050:1.0];
cfg.t_ftimwin  = [0.5 0.5 ... 0.5];
cfg.tapsmofrq = [ 4      4      ...      4 ];
.
.
freq = ft_freqanalysis(cfg,data);
```

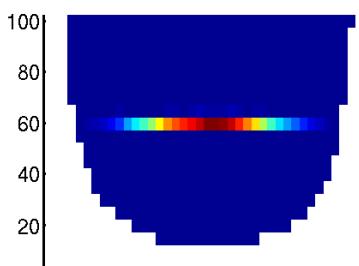
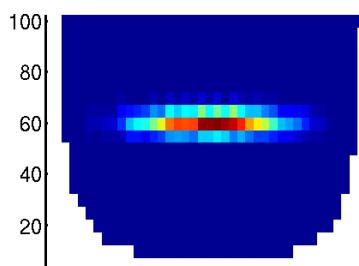
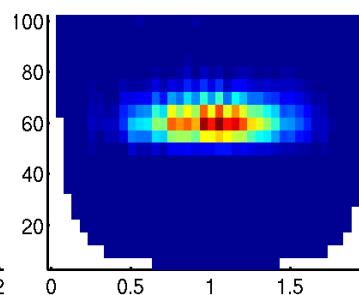
# Time versus frequency resolution



short timewindow



long timewindow



# Interim summary

Time frequency analysis

Fourier analysis on shorter sliding time window

Evoked & Induced activity

Time frequency resolution trade off

# Wavelet analysis

Popular method to calculate time-frequency representations

Is based on convolution of signal with a family of ‘wavelets’ which capture different frequency components in the signal

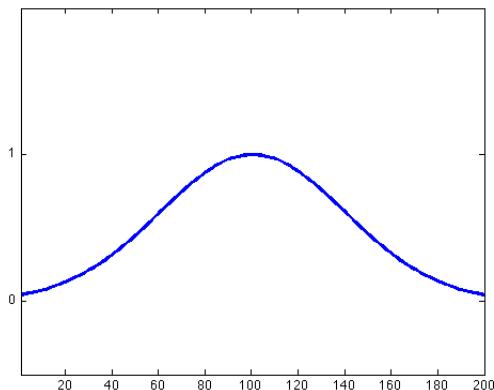
Convolution ~ local correlation

# Wavelet analysis

```
cfg = [ ];  
cfg.method = 'wavelet';  
.  
.  
.  
freq=ft_freqanalysis(cfg, data);
```

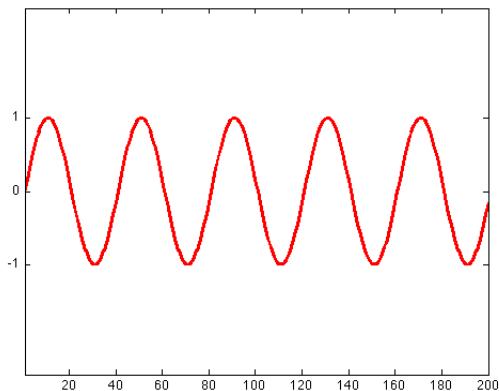
# Wavelets

Taper

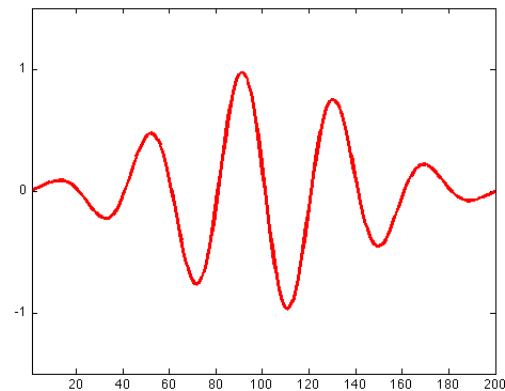


X

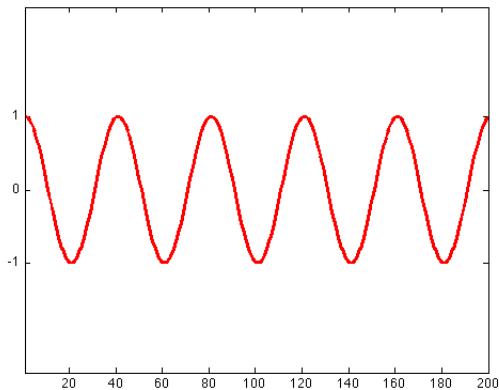
Sine wave



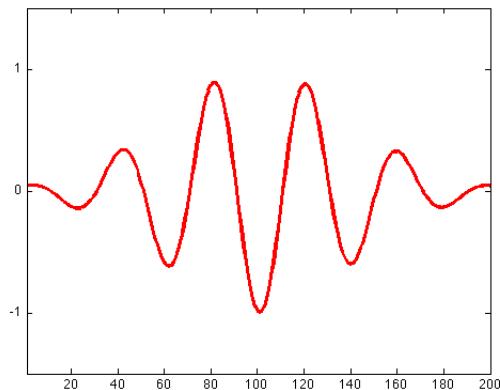
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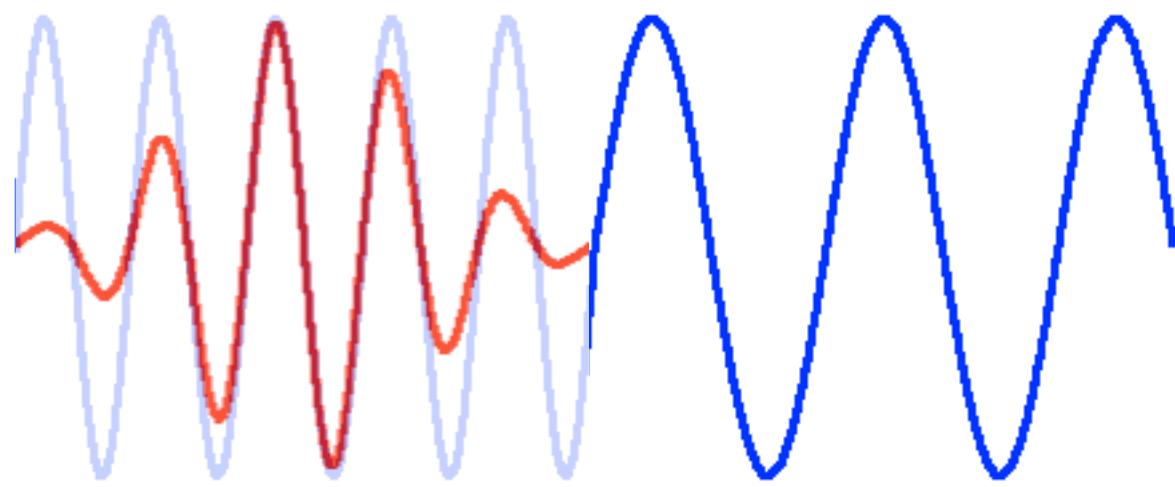


Cosine wave



=





4

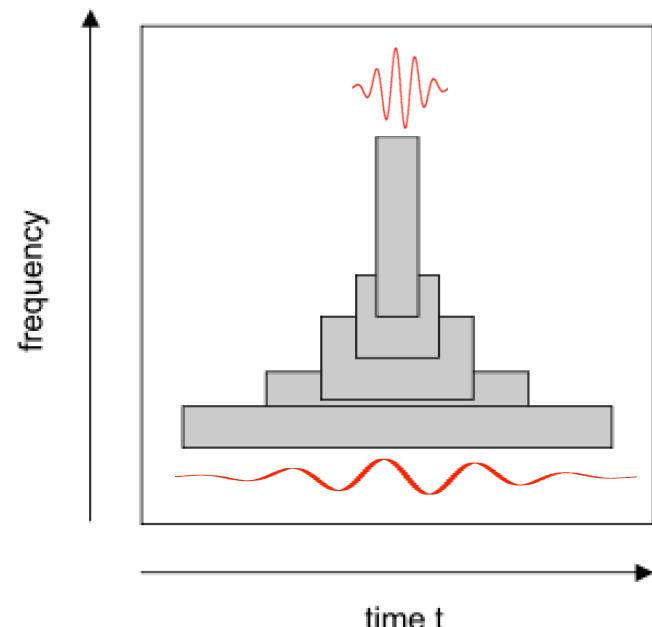
# Wavelet analysis

Wavelet width determines the time-frequency resolution

Width is a function of frequency (often 5 cycles)

‘Long’ wavelet at low frequencies leads to relatively narrow frequency resolution but poor temporal resolution

‘Short’ wavelet at high frequencies leads to broad frequency resolution but more accurate temporal resolution



# Wavelet analysis

Similar to Fourier analysis, but

Can be computationally slower

Tiles the time frequency plane in a particular way  
with fewer degrees of freedom

```
%time frequency analysis with
%multitapers

cfg = [];
cfg.method = 'mtmconvol';
cfg.toi = [0:0.05:1];
cfg.foi = [ 4   8   ...  80];
cfg.t_ftimwin = [ 0.5 0.5 ... 0.5];
cfg.tapsmofrq = [ 2   2   ...  10];
.
.
freq=ft_freqanalysis(cfg, data);
```

```
%time frequency analysis with
%wavelets

cfg = [];
cfg.method = 'wavelet';
cfg.toi = [0:0.05:1];
cfg.foi = [4 8 ... 80];
cfg.width = 5;
.
.
freq=ft_freqanalysis(cfg, data);
```

# Summary

Spectral analysis

Relation between time and frequency domains

Tapers

Time frequency analysis

Time vs frequency resolution

Wavelets

Tomorrow morning: hands-on

Time-frequency analysis

Different methods

Parameter tweaking

Power versus baseline

Visualization

