The importance of empathy

董益星

Hello everyone!

Empathy is a emotion born with us and is seen as a very important ability a human should possess. When you see someone sad with tears rolling down, you may fell sad too. When others account something bad, you may like to help them to overcome it. That ability to notice and understand another person’s felling and experience is what we called empathy.

With empathy, we can avoid being merciless and show our kindness to others because we know that those who need help would possibly include ourselves at some point. Whenever and wherever we are, empathy gives us the skill to better understand others from their perspectives, which not only allow us to figure out others’ feelings but also avoid us to be trapped in a wage where we can only see ourselves.

With empathy, we avoid misunderstandings and leapfrog prejudices, building a bridge that connect everyone together. The relationship with others is the foundation of truth and respect. In a deep level, empathy fosters the evolution of human beings and create the whole human civilization. As the movie the Wondering Earth II expresses, only when humans were willing to go to the aid of others can we survived till this day and made our civilization last. The empathy, is what makes a human to be humans.

That’s all. Thank you!

冯可欣

The topic of my speech is the importance of empathy. So what is empathy? Before I explain it, let me tell you a story.

The wife is cooking in the kitchen.

Her husband stood by her side and kept saying, "Be careful! There's too much fire. Turn the fish over quickly and there is too much oil!" The wife replied impatiently, "I know how to cook!"

The husband calmly replied, "I just wanted to let you know how I feel when I'm driving and you're talking next to me..."

After hearing this story, do you have any thoughts?

In short, empathy can be understood as putting yourself in somebody’s shoes. Empathy is important because we all need to feel heard and understand others. Secondly, people with strong empathy are more likely to promote good cooperation. What’ more, empathy can help us establish the right values, broaden our horizons, and spur us to a colorful future.

Empathy is not just a personal quality, but also a basis of building a more harmonious society. Let's work together to foster empathy and create a warmer world.

彭菁婕

Hello, everyone! It’s my great privilege to stand here to deliver a speech and the topic of the speech is the importance of empathy.

  Before talking about its importance, I’d like to ask a question. What is empathy? In the oxford English dictionary, its explanation is “Original psychology, the ability to understand and appreciate another person’s feelings, experience, etc.” When I saw the explanation, what first popped into my mind is a common idiom in Chinese “gan tong shen shou”. It can be translated as “strike a chord with someone”.

  As an individual, we are in need of empathy in challenging moments and we want to be understood. In society, we also need more empathy to make the world a better place. For example, during COVID-19 period, it’s empathy that fostered mutual assistance among countries. It’s empathy that empowered people to conquer the epidemic. However, unfortunately, we can’t learn empathy in school. And the importance of empathy has long been underestimated.

  Having known the significance, I appeal to everyone to cultivate the ability of empathy. The more empathy we spread, the more loving the world will become.

蓝雪芬

Good afternoon! ladies and gentlemen. Today, I’m going to talk about the importance of empathy.

So, what is empathy? It gives you the ability to experience other people’s feelings when you put yourself in other’s position. When people feel bad or when they are in a tough period, empathy helps you act in a proper way to deal with their situations. Empathy is different from sympathy, when you feel sympathetic about someone’s sufferings, you’re not in the same position. But empathy means you share another person’s emotions and feelings. You connect with others emotionally. Thus empathy makes your relationships more steady. When people get along with you ,they may feel more comfortable instead of feeling being offended.

Empathy also plays a key role in teamwork in schools or workplaces ,it contributes to better team effort, it helps us to know and understand the people work with you, and build trust. With empathy, you can have a better understanding of your group mates or workmates ,it can broaden your cognition ,benefit for your development when you hold different attitudes with others. This will also help your group get great results. Therefore empathy has an indirectly impact on the society as well.

In a word, empathy is a specific ability of human, and it’s also a beautiful feelings, it’s important in our life, we cannot live without it. That’s all for my speech, thanks for listening.

王新晴

The ability to understand another person’s feelings, experience means the word empathy. Today we talk about the importance of empathy, so what will happen if this world doesn’t have empathy?

let’s have a think: If you have a boyfriend or girlfriend for five six seven or more years. One day you find he or she give you a green hat. what will you feel? excited? happy? or sad? Of course sad and angry. So what will you feel if your unsympathetic friends congratulate to you or they laugh at you “lick dog”?

I think you won’t be friends anymore.

Obviously, the lack of empathy will make a cold society. We don’t understand each other, even hurt people we care deeply. what’s more, empathy help the underprivileged, help the people in need. It embodies social justice. In order to build a warm society, we must cultivate our empathy. That’s all, thank you for your listening!

严可文

Hello everyone. Today, I’d like to talk to you about something important----empathy. As the ancient Chinese philosopher Mengzi once said "人皆有不忍人之心", which means that each of us has a heart that cannot bear to witness the suffering of others. This simple idea holds a profound truth about the significance of empathy in our lives.

Empathy is the ability to understand and share the feelings of others. It enables us to put ourselves in others’ shoes.

Empathy is also the key to building good relationships. When we understand and share others' feelings, communication becomes easier and trust is established. This contributes to creating a harmonious social environment where everyone feels respected and cared for.

What’s more, empathy is an essential tool to solve problems.” Treat others as you would like to be treated”. When we can see things from others' perspectives, finding common solutions becomes more achievable, avoiding unnecessary arguments and conflicts. Empathy makes it easier to appreciate our differences, fostering peace and cooperation.

In summary, empathy is the footstone of understanding, the bridge that connects hearts and minds across diverse backgrounds and experiences. Empathy is a vital quality that everyone should possess. Let's work together to develop empathy, making the world a warmer and better place. Thank you.

冯禹皓

There is no doubt that human being is social animal, which means we all have the need to socialize with others. For this, we need to learn a lot of capabilities. Well, empathy may be the most essential ability in it. To put it simply, empathy is to put yourself in others’ shoes; it is an ability to understand others and feel for others.

Empathy plays an important role in both individual growth and stability of interpersonal relationships. Only when we feel others’ suffering, helplessness and dilemma, can we make better decision and do something meaningful to others and to the whole society. In turn, your empathy will bring you others’ trust and firmer relationships with others. On the contrary, according to the statistics, the lack of empathy is one of the reasons leading to vanity, unfairness and other bad things.

As the well-known philosopher Confucius said, “Do as you would be done by”. I’ve always believed that, the more empathy and understanding we have, the more harmonious the world will be.

That’s all. Thank you.