Instead of using a for loop you can use a while loop. First define an iteration value and initiate it with 0 or whatever else you'd like (example: n = 0). Then, set up a while loop as with the same parameters you want like while the iteration variable you created is less than 10 for 10 iterations of the loop etc. (example: while(n<10). fill your loop with whatever you'd like, but at the end of the loop, add your step to your variable (example; n = n+1). Now your while loop acts as a for loop