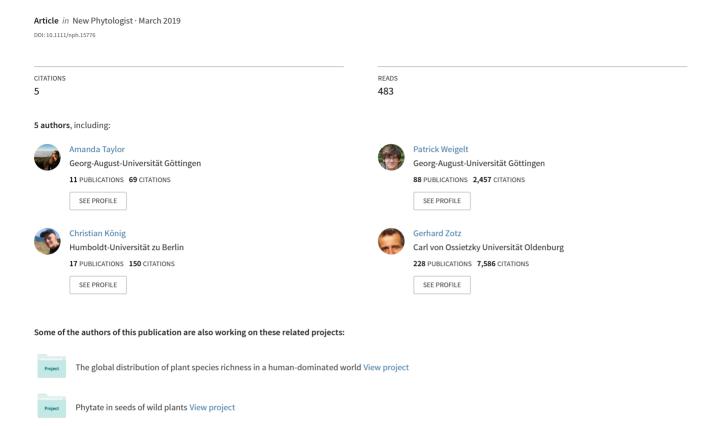
Island disharmony revisited using orchids as a model group







Research review

Island disharmony revisited using orchids as a model group

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New Phytologist (2019) doi: 10.1111/nph.15776

Key words: biotic interactions, disharmony, dispersal, environmental filtering, functional traits, orchids.

Summary

One central concept in island biology is that island assemblages form subsets of the mainland species pool, being disproportionately rich or poor in certain taxonomic groups. This unbalanced composition, termed 'disharmony', is generally explained using a taxon-centred approach, linking the over- or under-representation of taxa to their colonisation abilities. However, islands may also harbour 'functionally' disharmonic flora, being disproportionately rich or poor in species with certain traits, which may offer greater insights into the processes driving island colonisation. Here, we use orchids as a model to illustrate key processes involved in the formation of functionally disharmonic island floras, including filtering effects (for example biotic interactions), and speciation. Our synthesis is based on a comprehensive orchid dataset of 27 637 species and combines both a literature review and simple exploratory analyses to show that orchids are significantly under-represented on islands relative to mainland regions and that insular orchids display shifts in functional traits, from the shortening of nectar spurs to facilitate ornithophily to changes in colour associated with generalist insect pollinators. We highlight that taxa are simply coarse proxies and that we need to consider species traits and interactions to gain a full understanding of the processes constraining plant assembly on islands.

Introduction

Understanding the mechanisms shaping species assemblages remains one of the greatest challenges to the field of ecology. Islands, due to their discrete nature and evolutionary history have played a major role in unravelling these mechanisms, particularly with respect to the distribution of biodiversity, community assembly and evolution (Gillespie, 2004; Warren et al., 2015). One fundamental aspect of island biology theory is that only a subset of species is able to disperse to, colonise and diversify on islands, resulting in an over- or under-representation of certain taxonomic groups relative to their mainland source pools (Carlquist, 1966; Whittaker & Fernández-Palacios, 2007). This biased representation, termed 'disharmony', has generally been related to variation in dispersibility, that is, good-dispersing taxa are expected to be over-represented while poor-dispersing taxa tend to be underrepresented (Carlquist, 1966, 1974). Ferns, for example, are overrepresented on islands, which is at least partly contingent on their microscopic spores that are easily dispersed by wind (Kreft et al.,

2010). Conversly, poorer dispersers such as nonvolant mammals are generally under-represented on oceanic islands, in large part due to their poor long-distance dispersal capabilities (Carlquist, 1966).

Although the concept of disharmony has a strong theoretical foundation, the general mechanisms responsible for the assembly of disharmonic biotas are commonly inferred from a taxonomic perspective, such as the over- or under-representation of specific genera or families that is then linked to taxon-specific variation in dispersibility. However, there is growing evidence that some plant families commonly characterised as being highly dispersive are under-represented on islands. Asteraceae, for example, are underrepresented on the Azores (Heleno & Vargas, 2015), as are Poaceae on New Caledonia (Pillon et al., 2010), and Orchidaceae on Hawai'i and Juan Fernández (Micheneau et al., 2008a). Similarly, plant families that are traditionally viewed as being poor dispersers, such as Arecaceae (palms), have pronounced insular distributions, with island colonisation and subsequent speciation being an important driver of global palm diversity (Onstein et al., 2017). This highlights one major limitation in taking a purely taxonomic perspective – it is difficult to disentangle interacting processes such as dispersal, environmental filtering and speciation that may be constraining plant diversity on islands.

One way to overcome this limitation is to consider that islands are not only taxonomically disharmonic, but also functionally disharmonic, that is a subset of species with certain traits are disproportionally over- or under-represented. Because functional traits reflect ecological strategies that enable species to occupy a particular niche (Diaz et al., 1998), functionally disharmonic biota may exhibit a suite of traits that reflects dispersal filtering effects, evolutionary responses to environmental conditions or to biotic interactions. Evolutionary shifts towards larger leaf and seed sizes on islands, for example, may be driven by competition between congeneric species (Kavanagh & Burns, 2014). Similarly, the abundance of adaptive floral morphologies and pollination traits such as self-compatibility may be driven both by the scarcity of compatible mates or the absence of pollinators (Grossenbacher et al., 2017; Razanajatovo et al., 2018). Taxa that do not rely heavily on biotic interactions should be favoured in island colonisation because a population may be founded on a single individual (Crawford et al., 2011). Conversely, taxa that depend on specialist interactions should be less successful in island colonisation because populations require the colonisation of all symbionts to remain viable (Cameron et al., 2006). For pollinator-dependent plants, pollination limitation may reduce reproductive output, leading to reproductive isolation (Barrett, 1996). Moreover, because islands generally support fewer pollinators, and pollinator assemblages differ relative to mainland regions, biotic interactions may act as a colonisation filter (Barrett, 1996; Pattemore & Anderson, 2013).

Deviations in insular species composition from mainland regions are not solely a function of dispersal and biotic interaction filtering but also of a species' ability to successfully establish a founder population under local environmental conditions (Carlquist, 1966). Such environmental filtering could be particularly strong for taxa dispersing to islands that differ considerably in climate from their mainland origin, or taxa that are unable to adjust to altered environmental conditions (Gaston et al., 2003). For instance, islands with Mediterranean climate regimes may be disproportionately populated with taxa adapted to summer drought (for example Canary Islands, Whittaker & Fernández-Palacios, 2007), while islands with cooler climates may be disproportionately populated with taxa adapted to extended periods of frost (Körner et al., 2016). Speciation within clades is also linked to environmental variables (for example island area, Losos & Ricklefs, 2009; environmental heterogeneity, Weigelt et al., 2015), which may either promote or counteract the degree of functional disharmony. Herbaceous colonisers, for example, may diversify and fill the functional space typically occupied by trees on the mainland, a common trend in island plants dubbed 'derived insular woodiness' (Lens et al., 2013). Therefore, several key ecological processes contribute to the formation of functionally disharmonic biotas, including dispersal, environmental and biotic interaction filtering and speciation. This highlights the importance of species traits to better understand the forces driving species colonisation and trait evolution on islands (Fig. 1).

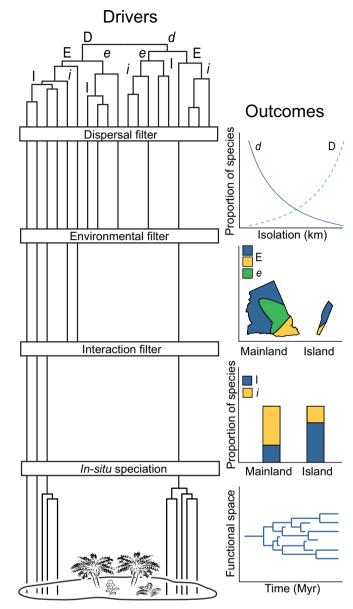


Fig. 1 Potential drivers (left) and outcomes (right) of island disharmony, modified after Weigelt et al. (2015). Uppercase letters indicate clades containing good dispersers (D) with adaptations to island environmental conditions (E), which are not reliant on biotic interactions (I). Lowercase letters indicate clades containing poor dispersers (d) with no adaptations to island conditions (e), and are heavily reliant on biotic interactions (i). Poordispersing taxa (d) should become increasingly rare on isolated islands while good dispersers (D) become disproportionately common. Conversely, species may disperse to an island, but are unable to colonise due to unfavourable environmental conditions. In this case, taxa 'preadapted' to a specific environment (E) may have a greater chance of colonisation if they encounter an environment similar to their mainland source. Similarly, taxa not dependent on biotic interactions (I) should be favoured in island colonisation over taxa with specialised interactions (i). Finally, taxa may colonise an island but fill the functional space that would otherwise be filled by other taxa on the mainland, therefore influencing the degree of disharmony through in-situ speciation. Ma, million yr ago.

Here, we revisit the classic concept of island disharmony with the goal of developing a more complete picture of the forces governing the unbalanced representation of plant taxa and traits on islands.

We use the megadiverse, cosmopolitan orchid family as a model group to illustrate key processes involved in the assembly of disharmonic island floras, including dispersal, environmental and biotic interaction filtering, and speciation. Our synthesis, on the one hand, outlines general patterns in the representation of orchids on islands using exploratory analyses, and, on the other hand, draws heavily from literature sources to show evidence of functional disharmony displayed by orchids on islands. We base our synthesis on a comprehensive orchid dataset obtained from our Global Inventory of Floras and Traits database, which includes distribution information on 27 637 orchid species spanning 1350 island and mainland regions (Weigelt *et al.*, 2019, see Supporting Information Methods S1 for further information, and Table S1 for the orchid dataset and corresponding bibliography).

In the absence of colonisation limitations brought about by biotic interactions, we expect orchids to be over-represented on islands relative to mainland regions and to follow a similar distribution pattern as ferns due to their similarity in propagule size and high dispersibility. We therefore compare orchids with ferns, which are known to be over-represented on islands, and do not require animal vectors for pollination or dispersal (Kreft et al., 2010). Orchid colonisation may be particularly hindered by biotic interactions given that most orchids grow epiphytically and therefore require the initial colonisation of suitable host trees, are highly pollinator specific (average of 1-3 pollinators per orchid species, Tremblay, 1992; Ackerman & Roubik, 2012), and form a symbiotic relationship with a narrow range of mycorrhizal fungi (Dearnaley, 2007). In this case, we would expect to find that orchids are significantly under-represented on islands relative to mainland floras. Drawing from examples in the literature, we show that functional disharmony is possible even for highly dispersive organisms such as orchids, highlighting a strong role for biotic interactions in determining large-scale biogeographic patterns. We also identify future avenues of empirical research that may bring us closer to fully understanding the mechanisms underlying the disharmony and the assembly of insular floras in general.

Long-distance dispersal and oddities in insular orchid distributions

Long-distance dispersal is a basic prerequisite for the successful colonisation, spatial distribution and gene flow of insular plant populations (Carlquist, 1974). Taxa with small propagules, such as ferns, are expected to be over-represented on islands (Kreft et al., 2010), despite the fact that once colonisation has occurred it is a selective advantage to have larger propagules and reduced dispersibility (Kavanagh & Burns, 2014). Orchids have among the smallest seeds in the plant kingdom and are, therefore, expected to be proficient long-distance dispersers (Jacquemyn et al., 2007; Mallet et al., 2014). Despite this presumption, orchids are estimated to have undergone few long-distance dispersal events (Givnish et al., 2016), suggesting that the mechanisms underpinning orchid distributions are more complex than previously thought. Indeed, centres of orchid diversity have been identified in island regions such as the south-west Pacific (Keppel et al., 2016), and orchids were among the first pioneer species to colonise the island of Krakatau following a volcanic eruption in 1883 (Docters van Leeuwen, 1936). However, is this representative of all islands?

The continental islands of New Guinea (c. 2788 species), Sumatra (c. 1170 species), and Borneo (c. 1600 species) have exceptionally high numbers of orchids, with New Guinea alone accounting for 10% of the world's known species (Fig. 2a). While this suggests that continental islands harbour diverse orchid floras, we found that 39% of the continental islands included in our synthesis have no native orchids, and an additional 24% have < 10 species (see Methods S1 for details on the dataset and methodologies). A similar pattern emerges for oceanic islands, where 44% harbour no native orchids with only a small number of islands displaying high orchid richness. These few species-rich oceanic islands, perhaps unsurprisingly, are situated near major orchid source regions. La Réunion, for example, has the highest orchid richness of any oceanic island (215 species) followed by São Tomé (108 species), both of which are situated just 675 km and 270 km off the coasts of Madagascar and tropical Africa, respectively. After correcting for island area (by including area as a factor in our analysis), we found that orchid species richness on oceanic islands reaches just 10% of that on continental islands (GLM: zvalue = -32.55, P = < 0.001; Fig. 3a), although their proportional representation of the vascular flora is near identical (Mann-Whitney *U*-test: P = 0.17; Fig. 3b). Additionally, while orchids represent 20% of the vascular flora of New Guinea, and over onetenth of the flora of 13 additional islands, orchids account for < 1% of the vascular flora of 49% of islands, which is an oddity given their long-distance dispersal potential.

If orchids are disharmonic on islands, they should constitute a disproportionate fraction of the total vascular flora. Specifically, the mean proportional representation of orchids on islands should deviate significantly from that of mainland sites. We therefore took the mean mainland proportional richness of 3.4% as a null expectation (calculated as the mean proportional richness of orchids at 565 mainland regions), rather than the global proportion of orchids in the vascular flora (9%). In this respect, orchids are disharmonic on islands because they represent significantly less than 3.4% of the vascular flora (1.20%, Mann-Whitney U-test, P = < 0.001; Fig. 4a). Additionally, their under-representation in the flora did not change with increasing island isolation, suggesting that dispersal is not an important factor structuring orchid assemblages on islands (Fig. 5). A complementary analysis for ferns, conversely, shows that ferns are significantly over-represented on islands (8.6%, Mann–Whitney U-test, P< 0.001; Fig. 4b), and significant increase in proportional representation with island isolation (GLM: z-value = 11.85, P < 0.001), suggesting that constraints unrelated to dispersal acting on colonisation are much greater for orchids than for ferns.

Functional disharmony

Plant-pollinator interactions

Pollinator-mediated selection on plant traits is considered a driving force behind the diversification of flowering plants, including orchids (Givnish *et al.*, 2015). The convergence in plant traits to

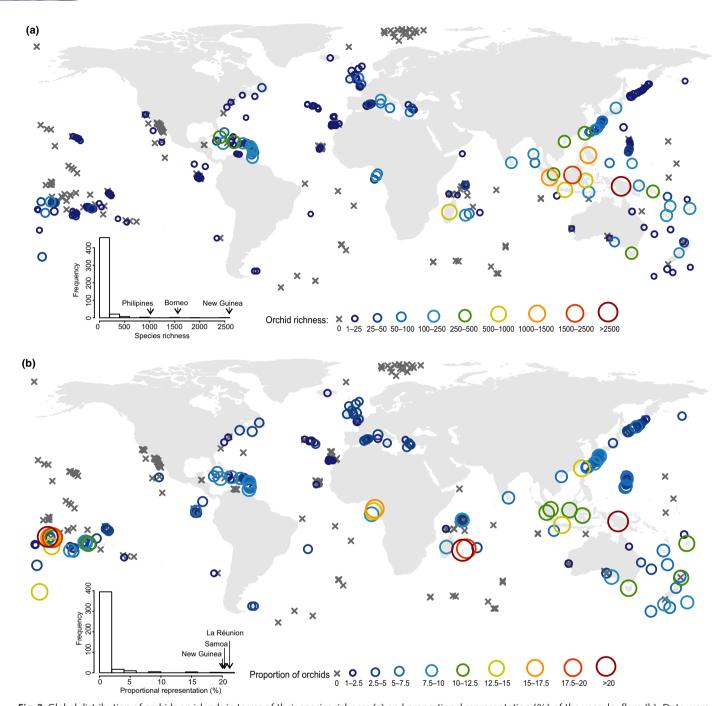


Fig. 2 Global distribution of orchids on islands in terms of their species richness (a) and proportional representation (%) of the vascular flora (b). Data were obtained from GIFT (gift.uni-goettingen.de) for 395 islands and island groups $> 1 \text{ km}^2$. A frequency distribution of richness values is also indicated bottom left.

attract specific pollinators is prevalent in *c.* one-third of orchids, for example to mimic rewarding signals (food deception; Cozzolino & Widmer, 2005) or mating signals (sexual deception; Dressler, 1981), while estimates of the number of pollinators per species suggest that most orchids are pollinated by a single species or a small guild of pollinators (Tremblay, 1992; Ackerman & Roubik, 2012). Additionally, low flower visitation rates and failed attempts to attach pollinia to pollinators are frequently observed, suggesting that orchids are often pollinator limited (Pellegrino *et al.*, 2005). Consequently, the local diversity and composition of pollinator

assemblages may act as a biotic interaction filter, which should be reflected in patterns of orchid occupancy on islands and their reproductive traits.

Pollinator composition may contribute to the disparity in orchid richness and proportional representation between some islands, such as La Réunion (215 orchid species, 23% of the flora) and Hawai'i (only three species, 0.5% of the flora). Despite similar estimates of native insects in both islands (5000 and 6500, respectively, Zimmerman, 1970; Rochat, 2009), pollinator assemblages differ. Notably, 79% of the endemic insects of Hawai'i are

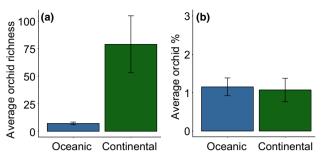


Fig. 3 Average orchid species richness (a; oceanic = 7.1 ± 1.2 , continental = 78.9 ± 25.8 ; GLM: P < 0.001) and proportional representation of the flora (b; oceanic = $1.28 \pm 0.2\%$, continental =

 $1.05 \pm 0.3\%$; Mann–Whitney *U*-test: P = 0.17). Error bars depict standard error. Note that although we accounted for area in the exploratory analyses, these figures illustrate only raw values.

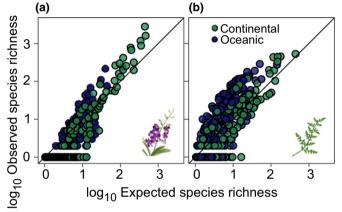


Fig. 4 Observed vs expected orchid (a) and fern (b) species richness on 395 islands split by geology. Points above the line indicate over-representation of species among islands, and points below the line indicate underrepresentation. Observed values are the true number of orchid and fern species on islands, and the expected values are the number of orchid and fern species we would expect on islands, using the average mainland proportion of orchids (3.4%) and ferns (4.0%) as a null expectation (see Supporting Information Methods S1). In this respect, orchids are significantly underrepresented on islands (representing an average of just 1.20% of the flora, Mann—Whitney U-test: P < 0.001), while ferns are over-represented (representing an average of 8.63% of the flora, Mann—Whitney U-test: P < 0.001).

restricted to just 85 genera, and typical orchid pollinators are scarce (for example six species of hawkmoths; Barrett, 1996). La Réunion, conversely, has over twice as many hawkmoths (15 species; Attie *et al.*, 2010), and a diverse insect fauna that accounts for 80% of the island's animal species (Rochat, 2009). The absence of longtongued bees and hawkmoths in New Zealand may impose similar interaction filters (Barrett, 1996), while the absence of orchid bees (tribe Euglossini) in Cuba may explain why neighbouring Jamaica has a similar number of orchids (Jamaica = 221 species vs Cuba = 316 species) despite being four times smaller in size (10 990 km² vs 42 430 km²).

Plants may overcome pollinator limitation on islands by selecting for floral traits that attract a wider variety of pollinators (Barrett, 1996) or nonstandard pollinators (for example lizards,

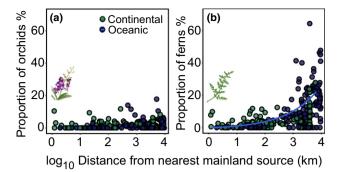


Fig. 5 Proportional representation of orchids (a) and ferns (b) in relation to isolation on islands split by geology. All isolation values are logged ($\log_{10}(x+1)$). Poisson smoothed fit curve was fitted to show the significant relationship between oceanic island isolation and the increasing proportional representation of ferns (GLM: z-value = 11.85, P < 0.001). By contrast, the proportional representation of orchids was not significantly related to isolation.

Olesen & Valido, 2003). An over-representation of inconspicuous, small, dull-coloured flowers, for example, is found on many oceanic or isolated continental islands such as Hawai'i or New Zealand and is related to pollinator assemblages composed of generalist flies and small moths (Fig. 6; Carlquist, 1966). Similar pollinator-mediated shifts in floral traits have been observed in the orchid flora of La Réunion (Jacquemyn et al., 2005), New Zealand (Lehnebach & Robertson, 2004), and the Azores (Bateman et al., 2013), in some cases demonstrating a remarkable shift in pollination syndrome from sphingophily (hawkmoth pollination) to ornithophily (bird pollination Micheneau et al., 2006), or orthopterophily (pollination by crickets, Micheneau et al., 2010). While biogeographical patterns in floral trait evolution are still poorly understood, trait selection relating to the generalisation of pollination systems are commonly observed on islands. The Izu Islands of Japan, for example, are depauperate in long-tongued Lepidoptera and bumblebees, which are important pollinators on the Japanese 'mainland'. Consequently, there is an absence of plant species typically associated with these pollinator groups, and shifts in reproductive traits to become more generalised have been observed (Inoue, 1993). Similar patterns have been found in Macaronesia



Fig. 6 Examples of small, inconspicuous orchid flowers typical of island environments. The far-right image is *Goodyera macrophylla*, endemic to the island of Madeira (photograph credit: Miguel Sequeira) and all remaining images are of *Drymoanthus adversus*, an orchid endemic to New Zealand (photograph credit: Allan Ducker).

(Ojeda *et al.*, 2016), Antillean Islands (Martén-Rodríguez *et al.*, 2009), among others (for example New Zealand, Juan Fernandez, Hawai'i, Mascarenes) suggesting that a shift to generalised pollination syndromes is common among island floras (Olesen & Valido, 2003).

Self-compatibility is another trait associated with pollinator limitation, and becomes increasingly prevalent with increasing latitude, elevation and island isolation (Barrett, 1996; Jacquemyn et al., 2005; Grossenbacher et al., 2017). While up to 31% of all orchids are self-compatible (Catling, 1990), this proportion can reach up to 46% on oceanic islands (Micheneau et al., 2008b). This suggests that self-compatible is not only an important trait in terms of a response to pollinator limitation on islands, but also an advantage for island colonisation in the first place. Understanding the mechanisms of autonomous self-pollination on islands might be particularly relevant for orchids. Mechanisms such as a reduction in rostellum tissue promotes contact between the pollinia and stigmatic fluid, therefore causing the pollen tubes to grow directly into the stigma (Peter & Johnson, 2009). Whether certain mechanisms of autonomous self-pollination could be generalised for insular orchids would be an interesting avenue for future empirical research.

Plant-fungi interactions

Because of their minute seeds that lack a nutritive tissue, all orchids form a symbiosis with mycorrhizal fungi to meet their nutritional requirements during initial seedling development. The interaction between orchids and associated mycorrhizal fungi may influence their distribution, diversity and successful colonisation of vacant patches, including islands (Jacquemyn *et al.*, 2017). Because most orchids associate with only a narrow range of orchid mycorrhizal fungi (OMF), it is intuitive that OMF specificity should promote orchid rarity and limit orchid colonisation of islands. However, investigations into the effects of OMF specificity on orchid rarity and distributions have produced contrasting results (see review by Dearnaley, 2007), and whether orchids that associate with specific OMF strains are more limited in their distributions relative to orchids that associate with a wider range of OMF is still poorly understood (but see McCormick *et al.*, 2018).

On islands, varying degrees of orchid mycorrhizal specificity have been reported even between closely related species (for example Otero Tupac *et al.*, 2004). In the one extreme, an analysis of 77 orchid species on La Réunion found low mycorrhizal specialisation, and 95 *Rhizoctonia* Operational Taxonomic Units (OTUs) were isolated from orchid roots (Martos *et al.*, 2012). This is in stark contrast with Hawai'i, where only three fungal OTUs were isolated from roots of the endemic orchid *Anoectochilus sandvicensis* on four different islands (Hawai'i, Kaua'i, Maui, and O'ahu; Swift *et al.*, 2018). In this case, however, the effect of low fungal diversity was countered by their widespread and abundant distribution, suggesting that the presence of only a subset of appropriate OMF on an island would not limit orchid colonisation if they are widespread (Swift *et al.*, 2018).

Only few orchid genera (for example *Cyrtosia*, *Epipogium*, *Gastrodia*, *Wullschlaegelia*), are fully myco-heterotrophic, meaning

that they acquire nutrients from mycorrhizal fungi throughout their entire life cycle (Dearnaley, 2007). Unlike photosynthetic orchids, which have been demonstrated in some cases to form a mutualistic mycorrhizal symbiosis with free-living saprophytic or pathogenic fungi, nonphotosynthetic orchids are parasitic exploiters of ectomycorrhizal fungi and display very high levels of fungal specificity (Bidartondo, 2005). This situation may explain why nonphotosynthetic orchids are rarely found on oceanic islands (Table 1), demonstrating again the importance of biotic interaction specificity on limiting plant colonisation. Moreover, whether or not orchids switch their fungal symbionts after island colonisation is unknown, although it has been inferred in Platanthera pollostantha of the Azorean archipelago (Bateman et al., 2013). It also remains unknown to what extent the interaction between orchid-mycorrhizal fungi symbiosis and environmental conditions might limit orchid colonisation. Ecological specificity of OMF, for example, may impose an additional filter on island colonisation by orchids when the latter are unable to form a symbiosis under unfavourable environmental conditions (Phillips et al., 2011).

Plant-plant interactions

Of all orchids *c*. 69% are epiphytic and therefore require the initial colonisation of trees with suitable characteristics to colonise an island (Zotz, 2016). Although host-tree specificity is generally deemed low among epiphytic orchids (Wagner *et al.*, 2015), the

Table 1 Fully myco-heterotrophic orchid genera and their distribution among mainland regions and islands (split between continental and oceanic).

	No. species	No. occurrences		
Genus		Mainland	Continental	Oceanic
Aphyllorchis Blume	21	39	32	2
Auxopus Schltr.	2	22	1	0
Chamaegastrodia Makino & F. Maek	3	14	2	0
Corallorhiza Hall	13	586	15	1
Didymoplexis Griff.	18	33	43	42
Epipogium J. Gmelin ex Borkh.	4	164	25	17
Galeola Lour.	6	52	13	1
Gastrodia R. Br.	67	130	75	15
Hexalectris Rafin.	11	113	0	0
Neottia Guett.	69	799	98	15
Pachystoma Blume	3	37	11	4
Pogoniopsis Reichb. f.	2	8	0	0
Rhizanthella R. Rogers	3	13	0	0
Risleya King & Pantl.	1	7	0	0
Silvorchis J.J. Sm.	1	0	1	0
Stereosandra Blume	1	6	10	4
Uleiorchis Hoehne	2	22	0	0
Wullschlaegelia Reichb. f.	2	68	8	5
Yoania Maxim.	4	6	5	0
Total	233	2161	339	106
Proportional representation %	/	83%	13%	4%

Classification of genera follows Leake (1994).

intermittent water supply consistent with an arboreal lifestyle is a major constraint on epiphyte distributions (Zotz & Hietz, 2001). Epiphytic orchids are therefore largely restricted to tropical islands with a moist climate, such as New Guinea, Borneo, Sumatra and Sulawesi, where they comprise up to 80% of the orchid flora. Outside the wet tropics, however, the proportional representation of epiphytic orchids rapidly decreases with increasing latitude (Zotz, 2016).

The complex geological history and sheer size of continental islands in Southeast Asia have played a fundamental role in the evolution of epiphytism, particularly with respect to the formation of mountain ranges (Givnish et al., 2016). These mountain ranges, which exceed 5000 m in elevation in New Guinea, not only allowed for the invasion of new environmental gradients, but also created barriers to dispersal that may have led to a substantial acceleration in orchid diversification (Givnish, 2010). Specifically, together with the partitioning of new aerial niches and the evolution of traits associated with the epiphytic habit (for example CAM photosynthesis, aerial roots), 'epiphytism' significantly accelerated diversification within the Orchidaceae (Givnish et al., 2015). Therefore, traits particularly common among epiphytic taxa, related to water storage (for example pseudobulbs), water and nutrient uptake (for example velamen), or to reduction of water loss (for example CAM photosynthesis), are likely to be over-represented on islands with high proportions of epiphytic orchids.

Functional disharmony and environmental constraints

Similar to the convergence in traits to select for specific pollinators, plant traits may also reflect ecological strategies to withstand particular environmental conditions (Diaz et al., 1998), and an over- or under-representation of functional traits may reflect environmental filtering. For some island groups, such as New Caledonia or the Galápagos Islands, it is argued that environmental filtering, rather than dispersal, is a greater force limiting species colonisation (Isnard et al., 2016; Carvajal-Endara et al., 2017). This is in part because plant families associated with high dispersal ability only form a small portion of the flora, but also because climate similarity (that is the match of insular climate and the climate of the mainland source pool) is a better predictor of species composition than dispersal ability (Carvajal-Endara et al., 2017).

The distributions of orchids differing in growth habit (epiphytic vs terrestrial), may be affected by different environmental factors. The aerial habit of epiphytes, for example, makes water availability a major limiting factor (Zotz & Hietz, 2001), while forest cover and light availability have been shown to be more important for terrestrial orchids (Zhang et al., 2005; Huang et al., 2008). Additionally, some studies have linked terrestrial orchid rarity to unfavourable soil conditions, and have demonstrated that orchid rarity is not necessarily a result of orchid—fungi specificity, but rather an indirect effect of soil properties (for example soil pH) inhibiting orchid—fungi interactions (for example Phillips et al., 2011). For epiphytic orchids, certain bark substrates might also inhibit epiphytic orchid—fungi interactions, although epiphytic orchids seem to be less confounded by OMF relative to terrestrial orchids (Dearnaley, 2007).

Speciation

While the biodiversity of young, less-isolated islands can be attributed to dispersal alone, biodiversity on older and more remote islands is often a result of *in situ* speciation, which may work to either promote or reduce the degree of island disharmony. For one, not all dispersal events will lead to successful colonisation, and only a few colonists will have the tendency to diversify, potentially accentuating the degree of island disharmony (Gillespie, 2007). Alternatively, colonisers may diversify but fill the functional space typically occupied by other taxa on the mainland, potentially reducing functional disharmony.

Despite their extraordinary diversity and high rates of diversification (Givnish et al., 2015), orchids have only diversified on a handful of islands. In the Hawaiian flora, for example, orchids have not substantially diversified, while silverswords, bidens (both Asteraceae), mints (Lamiaceae), and palms (Arecaceae), among others, have diversified from a single ancestral colonist into a variety of species that now occupy a diverse range of habitats (Chapin et al., 2004; Knope et al., 2012). Islands on which orchids have diversified include large continental islands such as New Guinea (84% of the species are endemic) and Madagascar (83% endemic), which have the highest proportions of endemic orchids, as well as Borneo, Sulawesi, and the volcanic island La Réunion (c. 50% endemic). By contrast, Mauritius, which lies just 190 km east of La Réunion has just 9% endemic orchids, despite the fact that nearly half of the Mauritian flora are single-island endemics. Endemic orchids are even entirely missing on 79% of the 214 islands for which we have data on endemism. This generally low degree of endemism among orchids on islands suggests that orchids are dispersing to islands frequently due their small seeds, yet are less frequently colonising or diversifying due to constraints by biotic interactions or alternatively orchids are colonising islands, yet do not form viable populations that significantly differ from their mainland source region, leading to overall lower levels of endemism. Orchid mycorrhizal fungi specificity may promote speciation both directly and indirectly, by influencing orchid distributions (indirectly) or reproductive isolation (directly), although the latter is difficult to quantify (Waterman & Bidartondo, 2008). Another possible avenue of orchid diversification is the evolution of deceit pollination, which has been linked to overall outcrossing success (Peakall & Beattie, 1996). The availability of appropriate OMF or pollinators on islands may therefore promote orchid diversification, and may explain the high proportion of endemics on nonisolated continental islands.

Conclusion

The over- or under-representation of taxa, termed 'disharmony' (sensu Carlquist, 1966), represents a central concept of island biology as it embodies not only filtering by dispersal, but also the interplay between dispersal, environmental and biotic processes (Carlquist, 1966). However, to what degree these processes influence species diversity, endemism, and composition on island floras worldwide is still poorly understood. On the one hand, only a subset of species from the mainland species pool can undertake long-distance dispersal, and therefore good dispersers are expected

to be over-represented on islands. On the other hand, environmental filtering may exert greater pressure on taxa dispersing to islands that differ significantly in climate from their mainland origin, or taxa that are unable to adjust to altered environmental conditions. Furthermore, taxa with more specific biotic interactions, such as those that require a specific pollinator or seed disperser to reproduce, should be less successful in island colonisation because populations require the colonisation of all interacting species to remain viable. The disharmonic nature of orchid floras on both continental and oceanic islands contributes to this debate by highlighting that the ability to disperse to an island may not be as important as being able to establish, abiotic and biotic processes that are likely to interact with island characteristics (area, isolation, age). This situation may explain why continental islands can exhibit comparable levels of disharmony with oceanic islands. Finally, biotic interactions, which are usually not considered beyond the local scale as an important factor structuring species assemblages, may in fact play an important role in island colonisation.

Future directions and perspectives

Despite the recent advances in mycorrhizal research, very little information is known about OMF insular distributions and to what extent they limit plant colonisation on islands (Jacquemyn et al., 2017). Given that OMF are free-living organisms in the soil, it might be expected that edaphic conditions constrain OMF colonisation. By determining the diversity of orchid mycorrhizal fungi both in the soil and on orchid roots on islands, one could possibly tease apart this effect. Additionally, one could test whether orchids exhibit more generalised orchid—mycorrhizal fungi interactions on islands relative to the mainland, or whether they switch symbionts.

Similarly, it remains largely anecdotal whether pollinator composition or diversity is a useful predictor of plant distributions at large spatial scales (Wisz *et al.*, 2013), and the next step would be to synthesise plant–pollinator interactions on islands to determine whether the inclusion of biotic interactions are an important predictor of plant diversity on islands. Comparing islands with or without orchids in relation to pollinator assemblages, or estimating how environmentally different an island is relative to the nearest mainland, would then be a follow-up approach to determine whether biotic or environmental processes can explain orchid diversity on an island.

Exactly why orchids do not substantially diversify on islands relative to other plant families also warrants further investigation. Between the fact that islands and archipelagos are evolutionary arenas that foster speciation and that orchids have rapid diversification rates (Givnish, 2010), it is unusual that they exhibit a generally low degree of endemism on islands. Givnish *et al.* (2016) wrote of 'the paradox of orchid dispersal', because good-dispersing taxa are expected to have lower rates of diversification (due to the inability to form disjunct populations). However, our synthesis strongly suggests that dispersal is not the key. Rather, constraints acting on establishment, such as biotic interactions, are more limiting to orchid colonisation and diversification, at least on

islands. Therefore, we call for more empirical research on the role of filtering effects beyond dispersal as potential drivers of plant diversity at large spatial scales. Together, these insights can yield a road map to guide future research that will ultimately increase our mechanistic understanding of species assembly, including that of disharmony, trait evolution and biodiversity on islands.

Acknowledgements

We sincerely thank Leonie Moyle, and two anonymous reviewers for their invaluable comments on the manuscript. We also wish to thank Miguel Sequeira and Allan Ducker for allowing us to use their photographs of orchids.

Author contributions

AT and HK conceived the study, PW, CK and HK collated the orchid database, GZ collated the epiphyte database, AT performed all analyses with contributions from PW, CK and HK. AT wrote the manuscript, and all authors contributed substantially to revisions.

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Supporting Information

Additional Supporting Information may be found online in the Supporting Information section at the end of the article.

Methods S1 Detailed methodologies and information concerning the Global Inventory of Floras and Traits dataset and quantification of orchid disharmony.

Table S1 Information on the number of native and endemic orchids on 395 islands and their corresponding reference, from which the dataset was generated.

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