

# Muvva Clinic

## Case Sheet

### 1. Preliminary Data

Case Number	
44	
Name	
sid	
Age	
27	
Sex	
Male	
Address	
Contact No	
Occupation	
Date	
2025-09-10	
Marital status	
Married	
Religion	

### 2. Chief Complaints

### 3. History of Present Illness

#### **4. Past Medical History**

#### **5. Family History**

#### **6. Personal History**

Appetite: Thirst (quantity/frequency/type): Cravings: Aversions: Bowel Habits: Urine: Sleep: Dreams: Perspiration (location, amount, odour, stains): Thermal Reaction (Hot/Chilly): Habits (alcohol, tobacco, etc.): Sexual History (if relevant):

#### **7. Menstrual / Obstetric History (for female patients)**

Menarche age: Cycle (duration, regularity): Flow (amount, duration, color, clots): Menopause (if applicable): Obstetric History: Gravida: Para: Abortions: Full-term deliveries:

#### **8. Mental Generals / Psychological Profile**

#### **9. General Physical Examination**

Built (Lean, obese, well-nourished, etc.): Height: Weight: Pulse: BP: Temperature: Respiration: Pallor / Cyanosis / Edema / Icterus / Clubbing / Lymphadenopathy: Tongue, nails, skin observations:

#### **10. Systemic Examination**

Respiratory System: Cardiovascular System: Gastrointestinal System: Genitourinary System: Nervous System: Locomotor System:

#### **11. Investigation Reports**

#### **12. Diagnosis (Provisional/Final)**

Allopathic diagnosis (if applicable): Miasmatic Diagnosis (Psora/Sycosis/Syphilis/Tubercular):

#### **13. Totality of Symptoms**

#### **14. Repertorization (if done)**

#### **15. Final Prescription**

Chosen Remedy: Potency: Repetition: Basis of prescription (Constitutional/Acute/Intercurrent, etc.):

## 16. Follow-up date

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