## FT Dojo Daily Planner

(70-90 hours/wk)

[kouki saifedinn]

	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
6:00 AM	Family Time	Work out	Get Ready	Work out	Get Ready	Work out	Sleep
7:00	Family Time	Get Ready	Get Kids Ready	Get Ready	Get Kids Ready	Get Ready	Coding Dojo
8:00 AM	Family Time	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo
9:00	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo
10:00 AM	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo
11:00	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo
12:00 PM	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
13:00	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo
2:00 PM	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo
15:00	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Family Time
4:00 PM	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Family Time
17:00	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Family Time
6:00 PM	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
19:00	Rest	Coding Dojo	Kids to bed	Coding Dojo	Kids to bed	Coding Dojo	Kids to bed
8:00 PM	Rest	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo
21:00	Rest	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo
10:00 PM	Rest	Rest	Rest	Rest	Rest	Rest	Rest
23:00	Sleep	Sleep	Sleep	Sleep	Sleep	Sleep	Sleep
	7:00 8:00 AM 9:00 10:00 AM 11:00 12:00 PM 13:00 2:00 PM 15:00 4:00 PM 17:00 6:00 PM 19:00 8:00 PM 21:00 10:00 PM	Sun 6:00 AM Family Time 7:00 Family Time 8:00 AM Family Time 9:00 Coding Dojo 10:00 AM Coding Dojo 11:00 Coding Dojo 12:00 PM Lunch 13:00 Coding Dojo 2:00 PM Coding Dojo 15:00 Coding Dojo 4:00 PM Coding Dojo 17:00 Coding Dojo 6:00 PM Dinner 19:00 Rest 8:00 PM Rest 21:00 Rest 10:00 PM Rest 23:00 Sleep	6:00 AM Family Time Get Ready 8:00 AM Family Time Coding Dojo 9:00 Coding Dojo Coding Dojo 10:00 AM Coding Dojo Coding Dojo 11:00 Coding Dojo Coding Dojo 12:00 PM Lunch Lunch 13:00 Coding Dojo Coding Dojo 2:00 PM Coding Dojo Coding Dojo 15:00 Coding Dojo Coding Dojo 4:00 PM Coding Dojo Coding Dojo 17:00 Coding Dojo Coding Dojo 17:00 Coding Dojo Coding Dojo 17:00 Rest Coding Dojo 8:00 PM Rest Coding Dojo 21:00 Rest Coding Dojo 10:00 PM Rest Rest	6:00 AM Family Time Work out Get Ready 7:00 Family Time Get Ready Get Kids Ready 8:00 AM Family Time Coding Dojo Coding Dojo 9:00 Coding Dojo Coding Dojo Coding Dojo 10:00 AM Coding Dojo Coding Dojo Coding Dojo 11:00 Coding Dojo Coding Dojo Coding Dojo 12:00 PM Lunch Lunch Lunch 13:00 Coding Dojo Coding Dojo Coding Dojo 2:00 PM Coding Dojo Coding Dojo Coding Dojo 15:00 Coding Dojo Coding Dojo Coding Dojo 4:00 PM Coding Dojo Coding Dojo Coding Dojo 17:00 Coding Dojo Coding Dojo Coding Dojo 6:00 PM Dinner Dinner Dinner 19:00 Rest Coding Dojo Coding Dojo 21:00 Rest Coding Dojo Coding Dojo 21:00 Rest Coding Dojo Coding Dojo	6:00 AM Family Time Work out Get Ready Get Ready 8:00 AM Family Time Coding Dojo Coding Dojo Coding Dojo 9:00 Coding Dojo Coding Dojo Coding Dojo Coding Dojo 10:00 AM Coding Dojo Coding Dojo Coding Dojo 11:00 Coding Dojo Coding Dojo Coding Dojo Coding Dojo 12:00 PM Lunch Lunch Lunch Lunch 13:00 Coding Dojo Coding Dojo Coding Dojo Coding Dojo 2:00 PM Coding Dojo Coding Dojo Coding Dojo Coding Dojo 15:00 Coding Dojo Coding Dojo Coding Dojo Coding Dojo 15:00 Coding Dojo Coding Dojo Coding Dojo Coding Dojo 17:00 Coding Dojo Coding Dojo Coding Dojo Coding Dojo 17:00 Coding Dojo Coding Dojo Coding Dojo Coding Dojo 17:00 Coding Dojo Coding Dojo Coding Dojo Coding Dojo 17:00 Rest Coding Dojo Coding Dojo Coding Dojo 10:00 PM Rest Rest Rest Rest	6:00 AM Family Time Work out Get Ready Get Ready 7:00 Family Time Get Ready Get Kids Ready Get Ready 8:00 AM Family Time Coding Dojo Coding Dojo Coding Dojo Coding Dojo 9:00 Coding Dojo Coding Dojo Coding Dojo Coding Dojo Coding Dojo 10:00 AM Coding Dojo Coding Dojo Coding Dojo Coding Dojo Coding Dojo 11:00 Coding Dojo Coding Dojo Coding Dojo Coding Dojo Coding Dojo 12:00 PM Lunch Lunch Lunch Lunch Lunch 13:00 Coding Dojo Coding Dojo Coding Dojo Coding Dojo Coding Dojo 2:00 PM Coding Dojo Coding Dojo Coding Dojo Coding Dojo Coding Dojo 15:00 Coding Dojo Coding Dojo Coding Dojo Coding Dojo Coding Dojo 4:00 PM Coding Dojo Coding Dojo Coding Dojo Coding Dojo Coding Dojo 17:00 Coding Dojo Coding Dojo Coding Dojo Coding Dojo Coding Dojo 6:00 PM Dinner Dinner Dinner Dinner Dinner Dinner 19:00 Rest Coding Dojo Coding Dojo Coding Dojo Coding Dojo 21:00 PM Rest Coding Dojo	6:00 AM Family Time Work out Get Ready Work out Get Ready Get Kids Ready Get Ready B:00 AM Family Time Coding Dojo Coding D