



Says

What have we heard them say?
What can we imagine?



Thinks

What are their wants, needs, hopes, and dreams?
What other thoughts might influence their behavior?

we all have to learn how to re-engineer healthy living back into our lives.

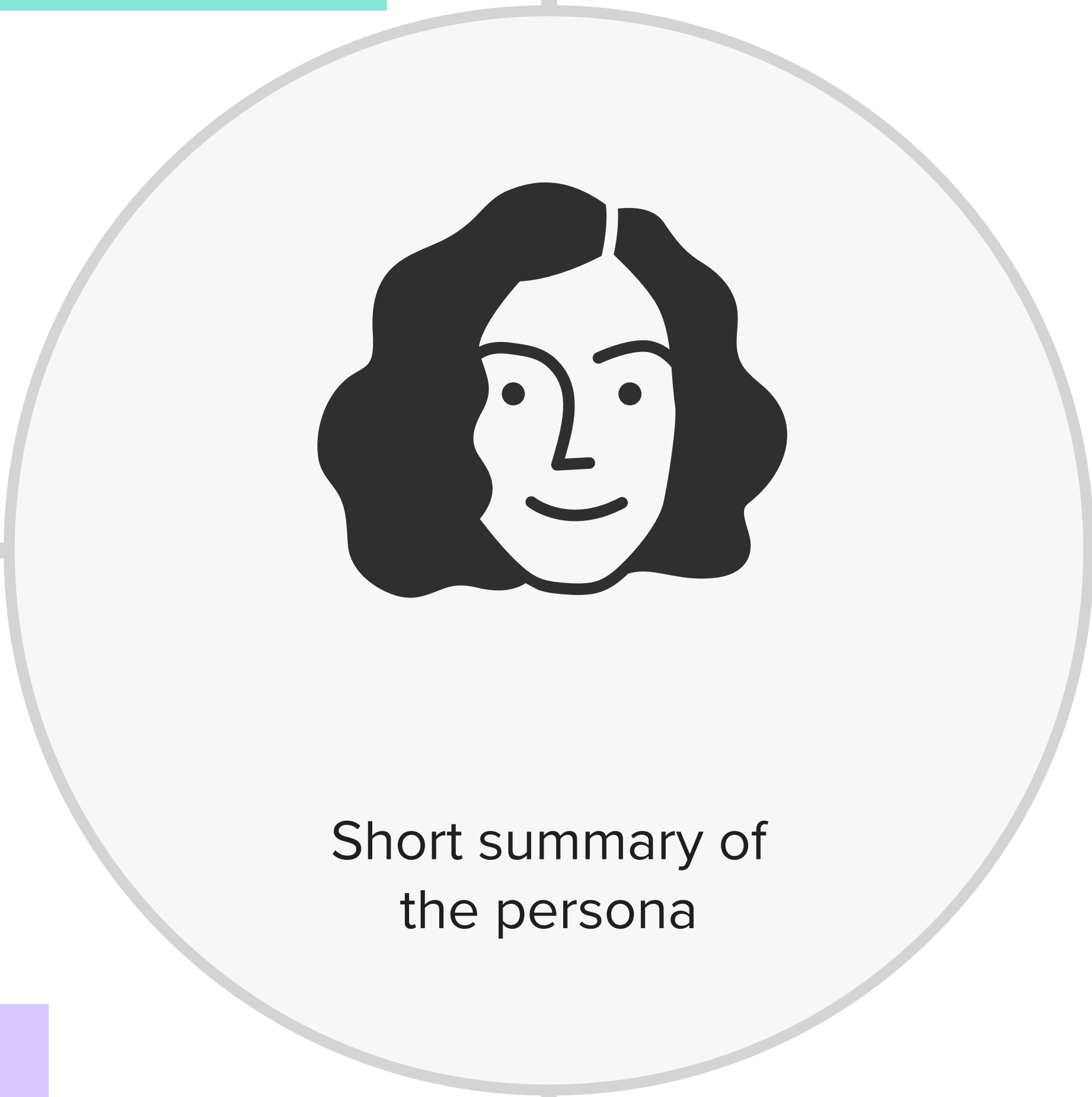
Health is the greater gift, contentment the greatest wealth,faithfulness the best relationship.

A Healthy outside starts from the inside.

Don't be afraid to give the good to gofor the great.

Happiness lies first of all in health.

Our greatest weakness lies in giving up,the most certain way to succeed is always to try just one more time.



Short summary of the persona

Don't be afraid to give the good to gofor the great.

Our greatest weakness lies in giving up,the most certain way to succeed is always to try just one more time.

The soul always knows what to do to heal itself.the challenge is to silence the mind.

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A Healthy outside starts from the inside.

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Does

What behavior have we observed?
What can we imagine them doing?



Feels

What are their fears, frustrations, and anxieties?
What other feelings might influence their behavior?