

Taste of Home

Li'l Cheddar Meat Loaves

**TOTAL TIME:** Prep: 15 min. Bake: 25 min.**YIELD:** 8 servings.

I got this recipe from my aunt when I was a teen and have made these miniature loaves many times since. My husband and three children count this main dish among their favorites. —Kathy Bowron, Cocolalla, Idaho

Ingredients

1 large egg

3/4 cup whole milk

1 cup shredded cheddar cheese

1/2 cup quick-cooking oats

1/2 cup chopped onion

1/2 teaspoon salt

1 pound ground beef

2/3 cup ketchup

1/2 cup packed brown sugar

1-1/2 teaspoons prepared mustard

Directions

1. In a large bowl, whisk egg and milk. Stir in the cheese, oats, onion and salt. Crumble beef over mixture and mix well. Shape into 8 loaves; place in a greased 13x9-in. baking dish. In a small bowl, combine the ketchup, brown sugar and mustard; spoon over loaves.
2. Bake, uncovered, at 350° for 25-30 minutes or until no pink remains and a thermometer reads 160°.

© 2022 RDA Enthusiast Brands, LLC

Taste of Home

Submit