

Drinking Water Reminder

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Problem statement:

Our users are forgetting to drink the recommended amount of water daily due to reasons such as busyness, forgetfulness, etc. Our solution should provide a way to remind users to take a break, drink water, and log how much water they've drunk.

Who's experiencing the problem?

The people most likely experiencing the problem are athletes, students, and elderly people who may forget to stay hydrated.

What is the problem?

Our users are forgetting to stay hydrated throughout the day.

Where does the problem present itself?

Every day.

Why does it matter?

Hydration is necessary for our users to stay healthy and perform well in what they are doing.