

HabitConnect User Manual

Last Updated: April 27th 2024, 9:04pm

Introduction

This user manual has been created to give a comprehensive overview of the HabitConnect website, for both first time users, and experienced users who have questions about functionalities of the site. The document provides a brief introduction to HabitConnect, including the project objectives, along with a description of how to get started on the site. It continues, providing an outline of the functionalities of pages available to the user, information on account management, and finally troubleshooting information.

A Brief Introduction to HabitConnect

HabitConnect is an online platform serving as a personal growth coach, designed to cultivate positive habits and monitor individual progress. It empowers users to establish and pursue personal development goals, including daily streaks, reminders, motivational quotes, and engaging group challenges, ensuring users stay motivated and on course.

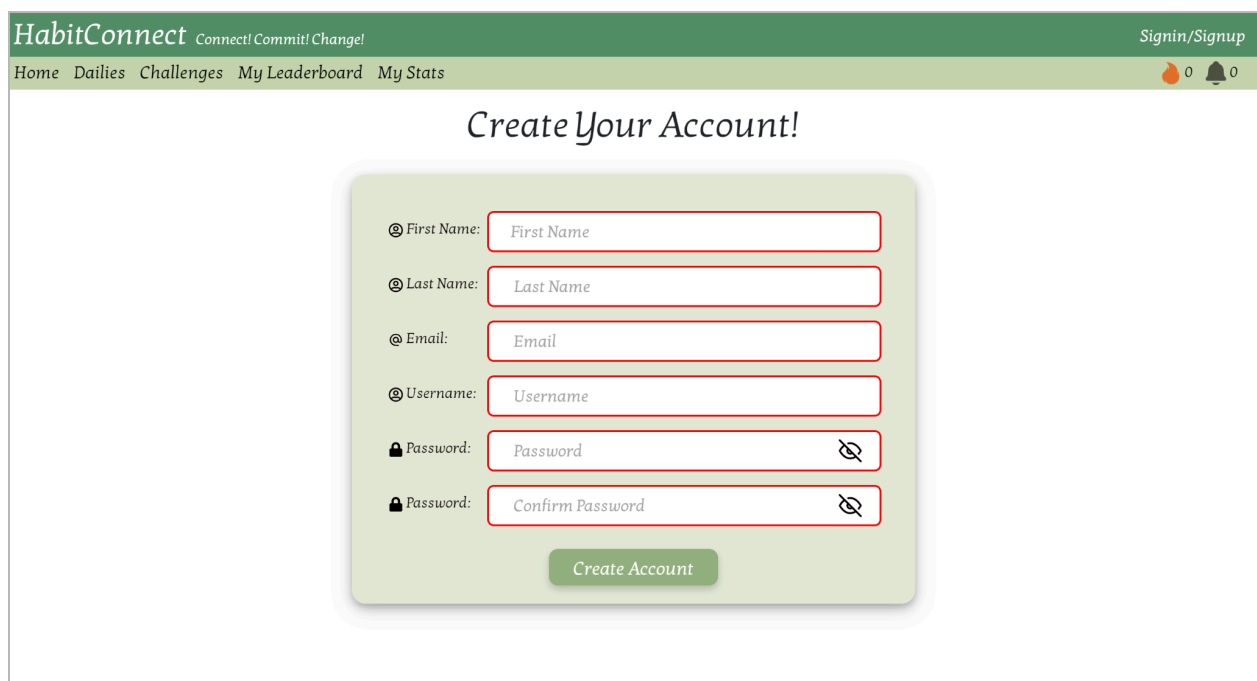
Addressing the growing prevalence of unhealthy lifestyles, there is an increasing need for a shift towards healthier habits. While many aspire to improve their lifestyles, the challenge lies in taking action amid busy schedules or forgetfulness. This project aims to provide a tool to monitor their daily habits, facilitating the process of creating and maintaining healthier routines. The primary objective is to serve as a self-reflection tool, accommodating any commitments provided by the user. Examples range from small tasks like making the bed daily to more significant ones such as frequenting the gym. Additional goals include recording daily habits, tracking progress, reminder notifications, fostering friendly competition through leaderboards, and promoting long-term goals. The significance of a habit tracker lies in enhancing self-awareness, promoting accountability, offering motivation through progress visualization, and contributing to efficient time management for a more organized and productive lifestyle.

The application prioritizes user-friendliness and ease-of-use. It offers the option to create an account linked to an email for personalized tracking and use from any device. Logging habit and to-do completion is seamless, with a comprehensive statistics page to track personal progress. For those seeking a competitive edge, creation and participation in group challenges allows users to gauge their progress against others and encourage their friends to extend their streak!

Getting Started

Account Creation

To create an account, you must click “Sign up”, either on the right of the navigation bar, or from the guest user home page. Here, you will be prompted to enter some of your information to create your account. Your username is unique to you, and you may only have one account per email address. Please ensure you are entering a valid email address, as you will be sent an email with a verification code in order to complete your account set up. Your password must contain a capital letter, a lowercase letter, a number, a special character, and be at least 8 characters in length.



The screenshot shows the 'Create Your Account!' page of the HabitConnect application. The page has a green header with the text 'HabitConnect Connect! Commit! Change!' and a 'Signin/Signup' link. Below the header is a navigation bar with links to 'Home', 'Dailies', 'Challenges', 'My Leaderboard', and 'My Stats'. The main content area features a light green box with the title 'Create Your Account!' and a form with the following fields: 'First Name', 'Last Name', 'Email', 'Username', 'Password', and 'Confirm Password'. Each field has a red border and a placeholder text. The 'Password' and 'Confirm Password' fields have a small icon of a crossed-out eye. A green 'Create Account' button is located at the bottom of the form.

Once you have entered the verification code sent to your email, you will be logged in to your new HabitConnect account, and redirected to your homepage.

Settings and Personalization

When signed in, click your user profile picture on the right hand side of the navigation bar to open a sub menu. Click “Settings” in this menu to open the settings page. Here you can change your privacy settings, to determine what aspects of your user profile are available to view by other users. You can also change your permissions to determine what emails are sent to you by HabitConnect. Finally, at the bottom of the settings page, there are personalization settings, to change the font size and colour of the website display. This feature is to be added in a future update.

HabitConnect

Connect! Commit! Change!

Welcome back TestingAccount!!

[Home](#) [Dailies](#) [Challenges](#) [My Leaderboard](#) [My Stats](#)

0

2

Save

Discard

Privacy

Display profile info to friends	<input type="checkbox"/>
Display name	<input checked="" type="checkbox"/>
Display email	<input type="checkbox"/>
Display photo	<input type="checkbox"/>
Display streaks	<input checked="" type="checkbox"/>
Display stats	<input type="checkbox"/>

Website Navigation

Navigation throughout the site is simple. All pages can be accessed by the top navigation bar. The user profile page, settings page, and the option to sign out can be found by clicking on your profile image in the top right of the page. The items on the user homepage can also be clicked to navigate to the items' respective pages for ease of navigation.

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Profile

Settings

Sign-out




0

You've been consistent for 0 days!
Extend your streak now!


My Quick Insights:

- Longest streak: 1
- Current streak: 0
- Total Habits Completed: 0




3

You have 3 tasks today!
Finish them now?



Check out how your friends
are doing on Leaderboard!

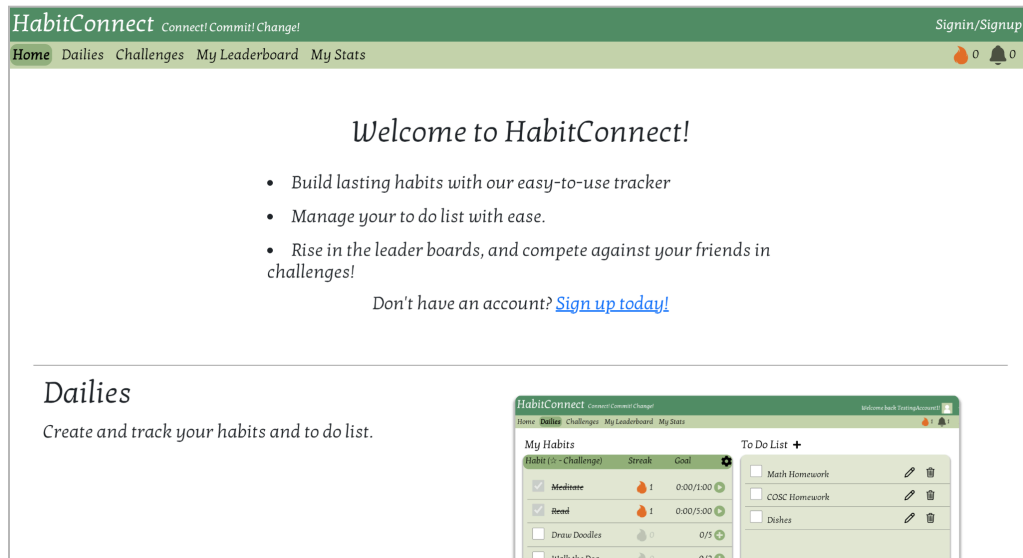


Feeling adventurous today?
Try out new challenges!

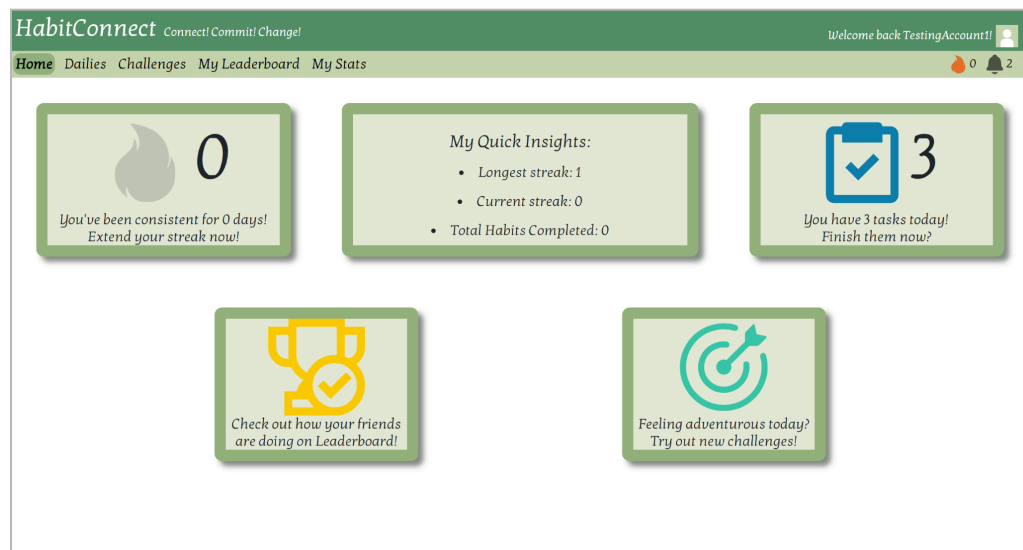
HabitConnect Page Overview

Homepage

When you are not signed into an account, the user homepage is designed for guest users. It provides a brief introduction to HabitConnect, with screenshots of the main pages, giving a brief preview of the website without forcing the user to create an account. It also contains a link to the sign up page.

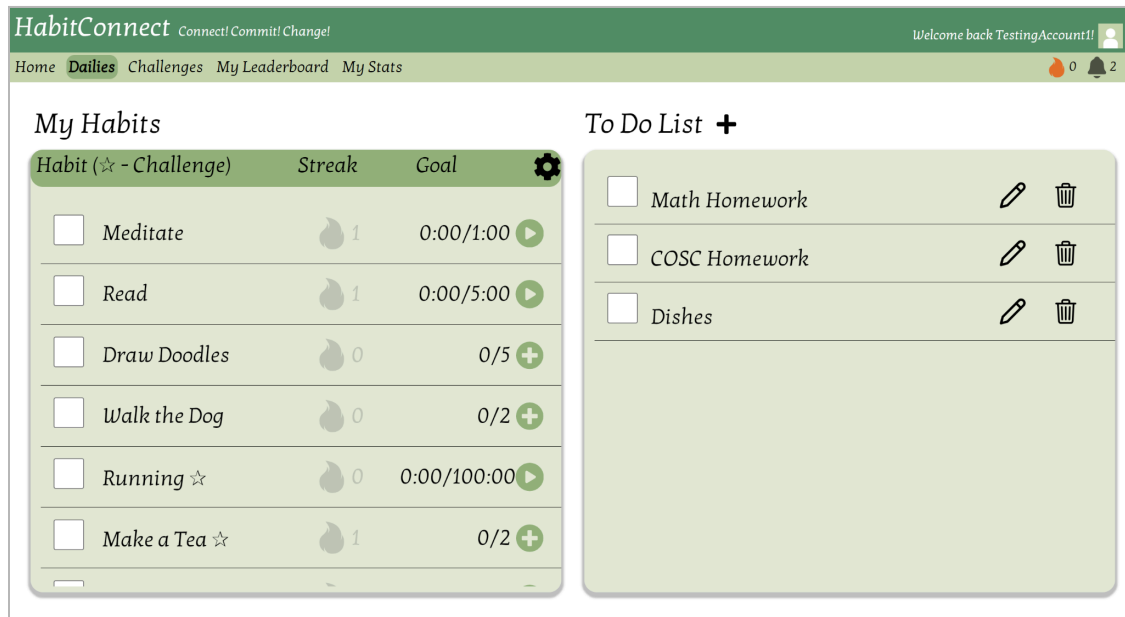


When the user is signed in, the user is provided with a quick overview of some of the features of the website, with quick links to those pages. It displays the user's current streak, encouraging the user to extend their streak. It displays quick statistics insights, the number of to-do items on the user's to-do list for that day, and encouragement to go to challenges and their leaderboard.

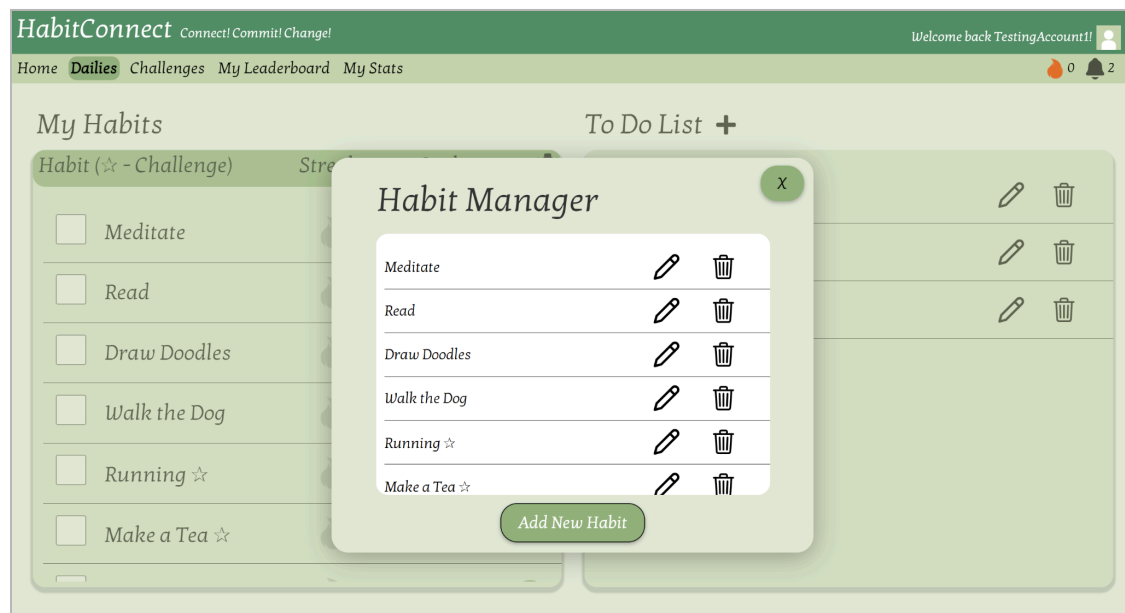


Dailies Page

The heart of the website, the Dailies page allows you to track your daily habits and to do items. Your habits are shown to the left, while your to do items are listed to the right.



To add a habit to your list, click the gear icon within the My Habits table. Here, you will open the Habit Manager. From here, you will be able to add new habits and edit existing ones. Habits can be checked off of your list of habits to indicate it is done for the day either by clicking the check box to the left of the text, or by fulfilling the timer or counter to the right of the title.



To add a to-do item to your list, click the plus icon to the right of the title “To Do List”. Here you will be able to fill in the to do items’ details, and select which day the to do is applicable for. To-do items can be edited and deleted directly from the main Dailies page to the right of their titles by using the pencil or trash can icons respectively.

Challenges Page

The Challenges page allows you to create new challenges for your friends to join, or join challenges created by your friends. Click the “Join” button next to a habit you wish to join. You will then be added to the challenge. The challenge will appear on your Dailies page with a star next to the title, indicating it is part of a group challenge. You are able to update your progress with the challenge easily through the Dailies page, as you would your regular habits.



The screenshot shows the HabitConnect web application. The header is green with the text "HabitConnect Connect! Commit! Change!" and a user greeting "Welcome back Professor!". Navigation links include Home, Dailies, Challenges (highlighted), My Leaderboard, and My Stats. A notification icon shows 0 and a bell icon shows 5. The main content area features a "Challenge Manager" modal with a table of challenges.

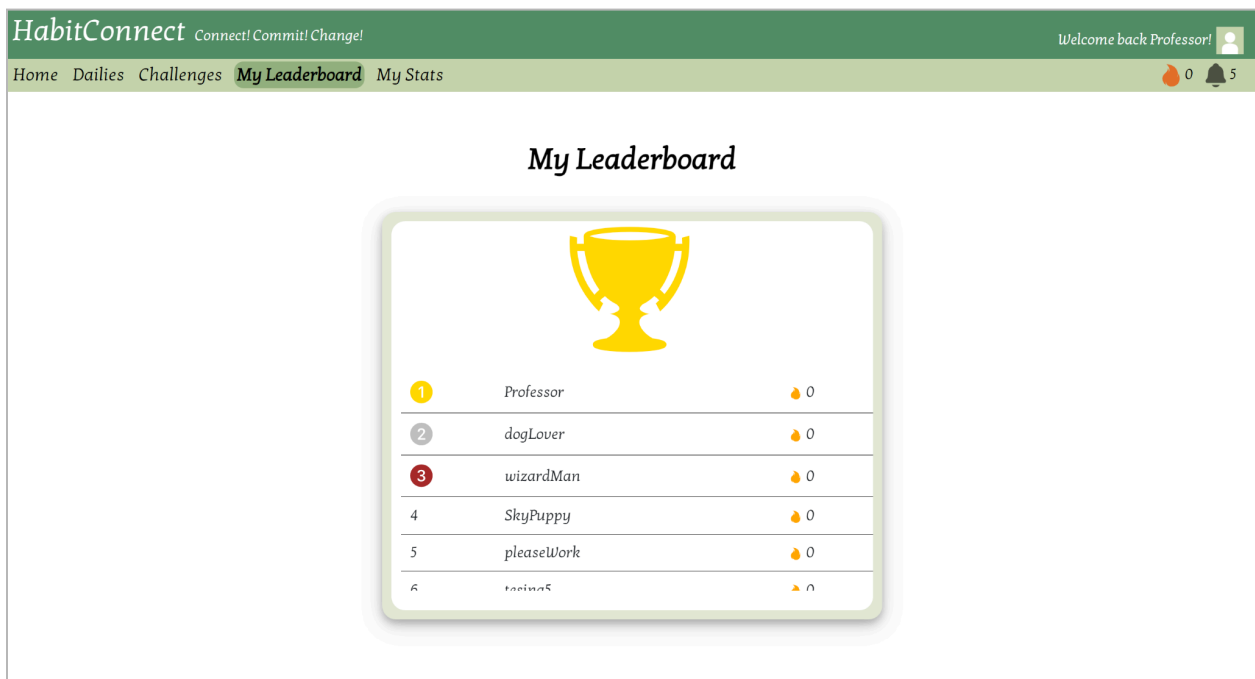
Challenges	My Streak	Creator
AutoTest	Join	pleaseWork
Test Icon4 ☆	Join	wizardMan
please work	Join	bob
please	Join	bob
AutoTest	Join	bob

Details about each challenge, including who is a part of the challenge and what their current streaks in that habit are, can be found in the Challenge Manager. This is also where you can create new challenges, or edit ones you have already created. You may delete challenges you have created here. To leave a group challenge, you will need to delete the habit through the Habit Manager on the Dailies page.



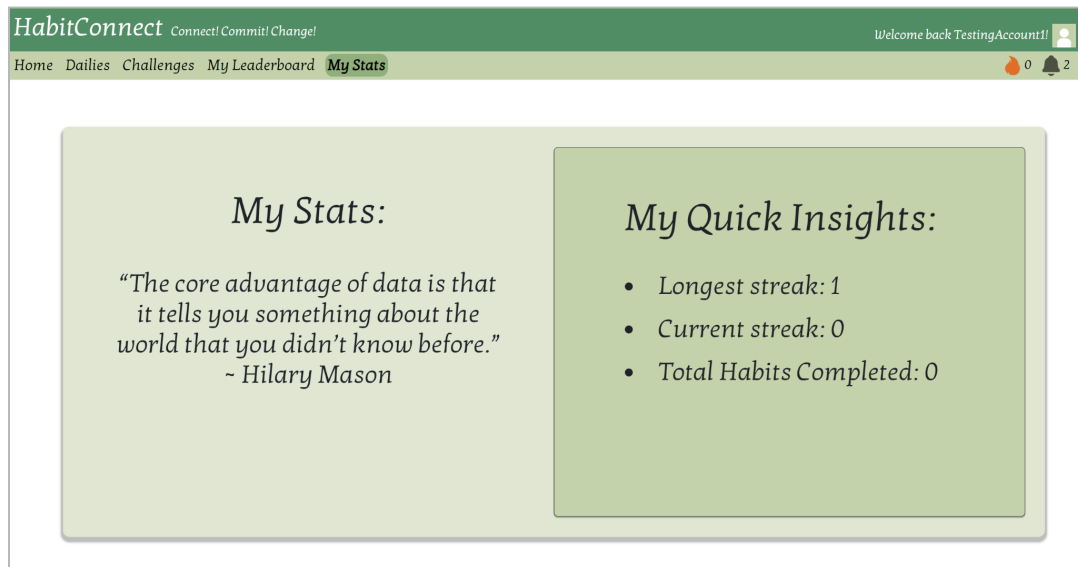
My Leaderboard Page

The Leaderboard page allows you to see the longest streaks of your friends. Here, you will see yourself ranked amongst your friends, to see who has the longest streak and how you compare. This is specifically for the user's longest streak (as is displayed in the top right in your navigation bar), and is not related to group challenges.

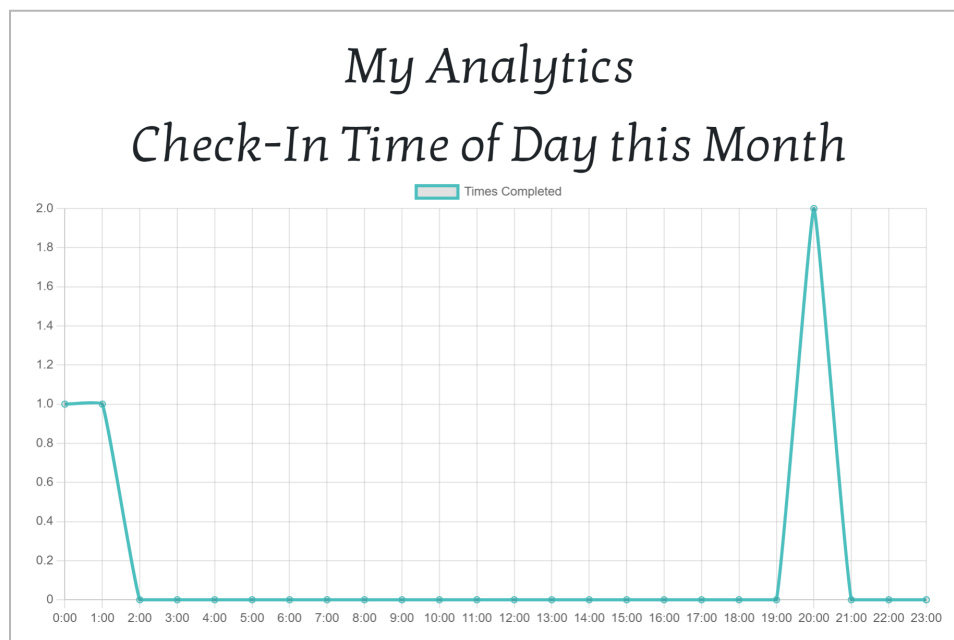


My Stats Page

This page provides insight into your habit tracking statistics. At the top you can see your quick insights, displaying your longest ever streak, your current streak, and the total number of habits completed during your time with HabitConnect. This is meant to motivate users to continue their streaks, and add more habits to their list.

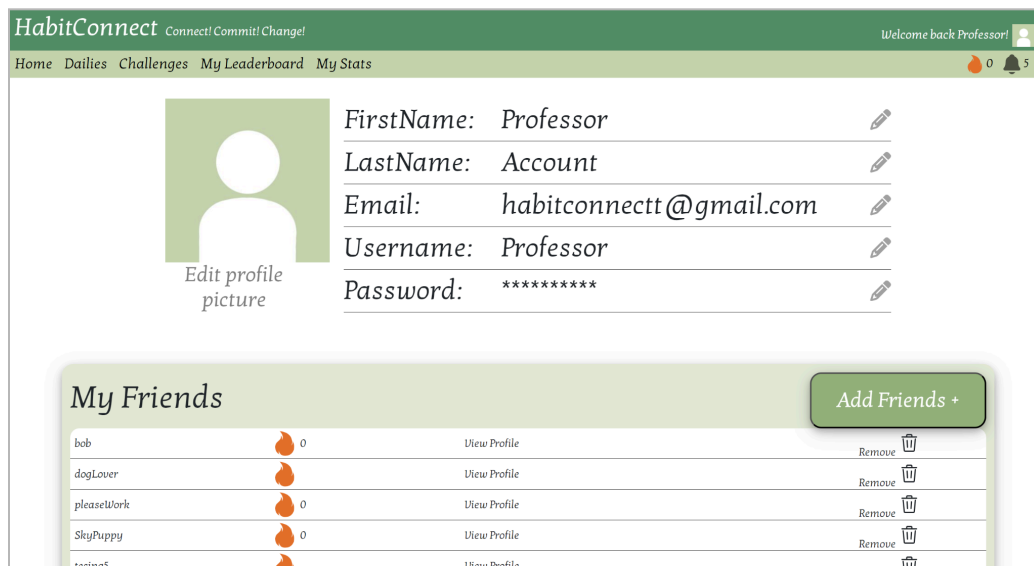


Below the quick insights lies a graph showing the times you have marked completion of a habit through HabitConnect over the last month. This is displayed to encourage users to optimize their productivity, and use these statistics to better plan out their day.



User Profile Page (Friends)

The user profile page is a place for users to modify their personal data. First name, last name, email, username and password may all be edited through this menu, as well as the user's profile picture. Modifying your email will require you to input a verification code into the website which is sent to the new email, similarly to how you signed up for your account. Editing your password from this menu will also require you to insert your old password.



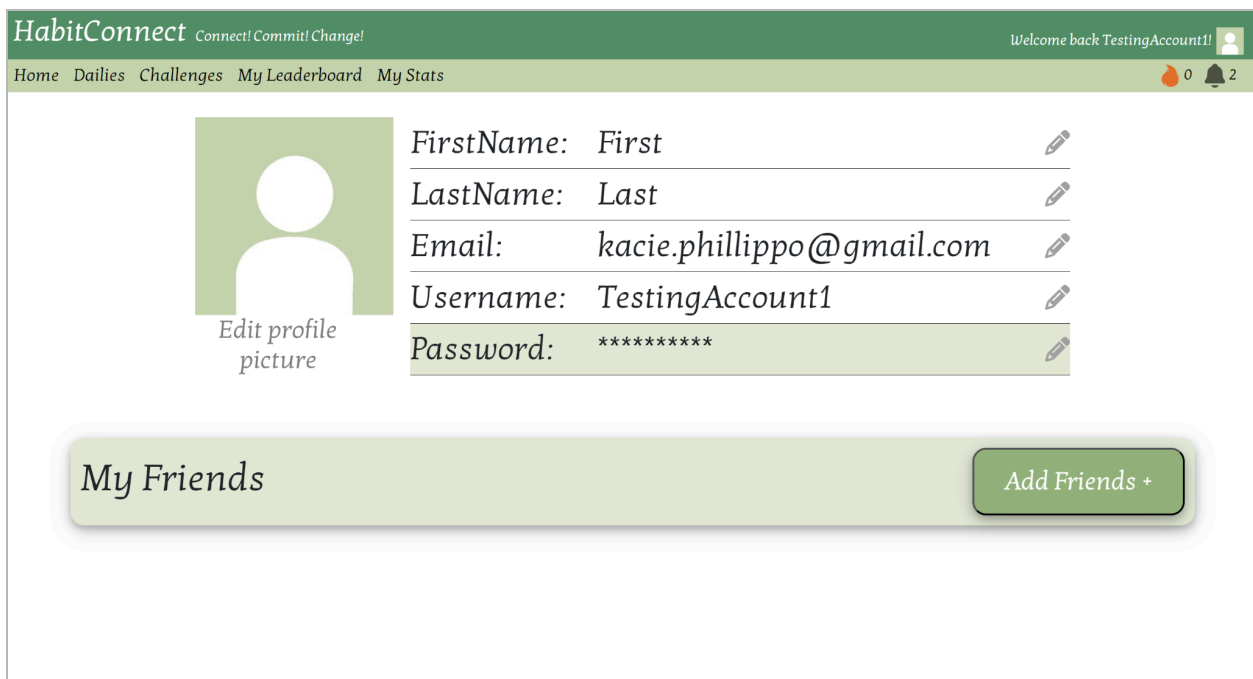
From the user profile, you are also able to add friends to your account. Click the “Add Friends+” button and enter the friend’s username, and they will be sent a notification to accept or deny your friend request. Once accepted, the user will be added to your list of friends, where you will be able to view their profile and current streak.



Account Management

Changing Your Information

When signed in, click your user profile picture on the right hand side of the navigation bar to open a sub menu. Click “Profile” in this menu to open your user profile. Here, you are able to edit details of your account, including your first and last name, email, username, and password. You will receive a verification email, as you did on account creation, if you choose to change your emailing, verifying that it is a valid email address. Changing your username and password is done within the user profile page, though you will receive an email notifying you that your information has indeed changed.



The screenshot shows the HabitConnect user profile page. The header is green with the text "HabitConnect Connect! Commit! Change!" on the left and "Welcome back TestingAccount1!" on the right, accompanied by a user icon, a fire icon with a "0", and a bell icon with a "2". Below the header is a navigation bar with links: "Home", "Dailies", "Challenges", "My Leaderboard", and "My Stats". The main content area has a light green background. On the left is a large green square placeholder for a profile picture with the text "Edit profile picture" below it. To the right of the placeholder is a form with five fields, each with a pencil icon for editing: "FirstName: First", "LastName: Last", "Email: kacie.phillippo@gmail.com", "Username: TestingAccount1", and "Password: *****". Below the form is a section titled "My Friends" with a green button labeled "Add Friends +".

Changing Your Settings

When signed in, click your user profile picture on the right hand side of the navigation bar to open a sub menu. Click “Settings” in this menu to open the settings page. Here you can change your privacy settings, to determine what aspects of your user profile are available to view by other users. You can also change your permissions to determine what emails are sent to you by HabitConnect. Finally, at the bottom of the settings page, there are personalization settings, to change the font size and colour of the website display. This feature is to be added in a future update.

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Display stats	<input type="checkbox"/>

Troubleshooting

Contact Us

If you ever experience problems with our site, either during installation or while exploring our many features, please do not hesitate to reach out. You can email habitrackerrr@gmail.com with any concerns or problems you are having with the site, and someone from the HabitConnect team will respond to your email as soon as possible.