

Female Patient Information_2025

First Name Renea	Last Name Lundin	Date of Birth 08/11/1970
Home Address: 449 E Canyon Creek Ct	City: Gilbert	State: Arizona
ZIP Code: 85295	Email: azrenea@gmail.com	Cell Phone: 6027410568
Primary Language: English	Marital Status Married	Sexual Orientation: -
If Other, Please Elaborate: -	As a convenience to our patients, we offer appointment reminders through phone calls and text messages. Would you like to be set up on automatic text reminders? Yes	If yes, who is your cell phone provider? AT&T

Next of Kin

Name: Bryce Lundin	Relationship: Husband	Phone Number: 4803998950
PREFERRED PHARMACY & LOCATION: Walgreens Lindsay & Williams Field	Primary reason for visit: HRT	How did you hear about Balance Hormone Center? Google Search

I hereby authorize the staff of Balance Hormone Center to provide such medical services, either regular or emergency,not limiting to Hormone Replacement or Weight Loss, as may be determined by my physician to be in the patient's (me or my dependent, if signing for minor) best interest. I authorize payment of medical benefits to Balance Hormone Center. I agree that all charges for medical services rendered that are not directly paid by my insurance will be my responsibility. In the event it becomes necessary for Balance Hormone Center to forward my account balance to an outside collection agency, I understand I will also be responsible for paying a \$30 collection fee. I hereby authorize Balance Hormone Center to release the necessary information regarding me to my health insurance plan in order to complete and process my insurance claims.

Signature: (ESign)	Print: Renea Lundin	Date: 09/12/2025
<i>Renea Lundin</i>		

Date : September 12, 2025 02:18:35

MEDICAL HISTORY

Please check those which you have or have had

<input checked="" type="checkbox"/> Arthritis	<input checked="" type="checkbox"/> ENT Problems	<input type="checkbox"/> Blood Disorder	<input type="checkbox"/> Cancer
<input type="checkbox"/> Diabetes	<input type="checkbox"/> Gastrointestinal	<input type="checkbox"/> Urinary/Prostate	<input type="checkbox"/> Heart Disease
<input type="checkbox"/> High Blood Pressure	<input type="checkbox"/> High Cholesterol	<input type="checkbox"/> Kidney Problems	<input type="checkbox"/> Liver Problems
<input type="checkbox"/> Lung Problems	<input type="checkbox"/> Musculoskeletal	<input type="checkbox"/> Stroke	<input type="checkbox"/> Seizure
<input type="checkbox"/> Psychiatric	<input type="checkbox"/> Skin Disease	<input type="checkbox"/> Thyroid	<input type="checkbox"/> Sleep Apnea
<input type="checkbox"/> None/ NA			

Reason for visit/Ongoing Medical Problems

<input checked="" type="checkbox"/> Fatigue	<input checked="" type="checkbox"/> Difficulty Sleeping	<input checked="" type="checkbox"/> Foggy Thinking	<input checked="" type="checkbox"/> Muscle and/or Joint Pain
<input type="checkbox"/> Night Sweats	<input type="checkbox"/> Vaginal Dryness	<input type="checkbox"/> Mood Swings	<input type="checkbox"/> Hot Flashes
<input type="checkbox"/> Decrease Sex Drive	<input type="checkbox"/> Painful Intercourse	<input type="checkbox"/> Difficulty Concentrating	<input type="checkbox"/> Anxiety
<input type="checkbox"/> None/ NA			

Sleep

Sleep Quality
Often Interrupted Sleep

How often do you dream
1-2x per week

Surgeries/Major Events

- | | | | |
|--|--|--|--|
| <input checked="" type="checkbox"/> Wisdom Teeth | <input type="checkbox"/> Hysterectomy | <input type="checkbox"/> Joint Surgery | <input type="checkbox"/> C-Section |
| <input type="checkbox"/> Gallbladder | <input type="checkbox"/> Breast Biopsy | <input type="checkbox"/> Breast Augmentation | <input type="checkbox"/> Tonsillectomy |
| <input type="checkbox"/> Uterine Biopsy | <input type="checkbox"/> Hernia Repair | <input type="checkbox"/> Appendectomy | <input type="checkbox"/> None/ NA |

MENSTRUAL HISTORY

- | | | | |
|---|--|-----------------------------------|---------------------------------------|
| <input checked="" type="checkbox"/> Menopause | <input type="checkbox"/> Currently have regular menstrual cycles | <input type="checkbox"/> Ablation | <input type="checkbox"/> Hysterectomy |
| <input type="checkbox"/> None/ NA | | | |

PREGNANCY HISTORY/PREVENTATIVE CARE

Are you currently, or do you think you might be pregnant?
No

Date of last menstrual period?
05/27/2024

of Pregnancies
3

Miscarriages
0

Live Births
3

OVER THE LAST 2 WEEKS, HOW OFTEN HAVE YOU BEEN BOTHERED BY THE FOLLOWING PROBLEMS?
Circle a choice that fits best

1. Little interest or pleasure in doing activities.
Not at all

2. Feeling down, depressed or hopeless.
Several Days

PREVENTATIVE CARE

Last Mammogram _____ Abnormal?
No

Any history of abnormal mammogram(s)?
No

Last Pap Smear _____ Abnormal?
No

Any history of abnormal Pap Smear?
No

FAMILY HISTORY

Father Age
82

Medical Conditions

Prostate cancer, high blood pressure, beginning stage of kidney disease, passed away from heart attack

Mother Age
75

Medical Conditions

Early stage of Alzheimer's, panic attacks/anxiety, pancreatitis. Passed away of cerebral hemorrhage.

Brother or Sister Age
Brother 57

Medical Conditions
Asthma, anxiety/depression, had several skin cancers removed (not melanoma)

Brother or Sister Age
Brother 53

Medical Conditions

Diverticulitis, blood clots in lung due to lichen V gene, minor heart attack at the age of 48, has degenerative cartilage disease where he had hip replacement

Brother or Sister Age
-

Medical Conditions
-

Brother or Sister Age
-

Medical Conditions
-

Maternal Grandfather Age
-

Medical Conditions
-

Maternal Grandmother Age

-

Medical Conditions

-

Paternal Grandfather Age

-

Medical Conditions

-

Paternal Grandmother Age

-

Medical Conditions

-

SOCIAL HISTORY

Tobacco

☒ No

☐ Yes

Packs/Day

-

Alcohol

☒ Yes

☐ No

Drinks/Week

4

Caffeine

☒ Yes

☐ No

Cups/Day

1

Exercise

☒ Yes

☐ No

Days/Week

4

☒ # of Children *

Please mention # of Children

3

☐ Desire More Children *

☐ Recreational Drugs *

OCCUPATION:

Retired

Allergies

Seasonal allergies

Current Medications

☒ NSAID

☐ ADD

☐ Antidepressant

☐ Antacid

☐ Blood Pressure

☐ Diabetic

☐ Statin

☐ Steroid

☐ Thyroid

☐ none

Please list all current supplements you are taking and the dosage

☒ Fish Oil

☒ Hair/Skin/Nail

☒ Hormone

☒ Joint

☒ Vitamin D

☐ Calcium

☐ Fiber

☐ Iron

☐ MultiVitamin

☐ Sleep

☐ Sport

☐ Weight Loss

☐ None

I hereby certify that the previous questions were answered accurately.

I understand that providing incorrect information can be dangerous to my health.

Patient/Guardian Signature: (ESign)

Date:

09/12/2025

Renea Lundin

Date : September 12, 2025 02:18:35

Symptoms Form

GENERAL:

- | | | | |
|---|---|---|---------------------------------------|
| <input checked="" type="checkbox"/> Fatigue | <input type="checkbox"/> Abnormal Weight Gain | <input type="checkbox"/> Abnormal Weight Loss | <input type="checkbox"/> Night Sweats |
| <input type="checkbox"/> Appetite Change | <input type="checkbox"/> Decreased Appetite | | |

EYES:

- | | | | |
|--|--|--|--|
| <input checked="" type="checkbox"/> None | <input type="checkbox"/> Blurry Vision | <input type="checkbox"/> Double Vision | <input type="checkbox"/> Visual Disturbances |
| <input type="checkbox"/> Other | | | |

If Other, Please Elaborate:

-

CARDIOVASCULAR:

- | | | | |
|--|--|-----------------------------------|---------------------------------------|
| <input checked="" type="checkbox"/> None | <input type="checkbox"/> Chest Pain/Pressure | <input type="checkbox"/> Fainting | <input type="checkbox"/> Palpitations |
| <input type="checkbox"/> Dizziness | <input type="checkbox"/> Other | | |

If Other, Please Elaborate:

-

RESPIRATORY:

- | | | | |
|--|--|-----------------------------------|-----------------------------------|
| <input checked="" type="checkbox"/> None | <input type="checkbox"/> Shortness of Breath | <input type="checkbox"/> Coughing | <input type="checkbox"/> Wheezing |
| <input type="checkbox"/> Other | | | |

If Other, Please Elaborate:

-

GI:

- | | | | |
|--|--|---|------------------------------------|
| <input checked="" type="checkbox"/> None | <input type="checkbox"/> Persistent Nausea | <input type="checkbox"/> Abdominal Pain | <input type="checkbox"/> Heartburn |
| <input type="checkbox"/> Vomiting | <input type="checkbox"/> Difficulty Swallowing | <input type="checkbox"/> Other | |

If Other, Please Elaborate:

-

GENITOURINARY:

- | | | | |
|--|--|---|--|
| <input checked="" type="checkbox"/> None/ NA | <input type="checkbox"/> Urinary Frequency | <input type="checkbox"/> Night Time Urination | <input type="checkbox"/> Pain with Urination |
| <input type="checkbox"/> Urinary Urgency | <input type="checkbox"/> Urinary Hesitancy | <input type="checkbox"/> Blood in Urine | <input type="checkbox"/> Other |

If Other, Please Elaborate:

-

NEUROLOGIC:

- | | | | |
|--|---------------------------------------|---|-----------------------------------|
| <input checked="" type="checkbox"/> Foggy Thinking | <input type="checkbox"/> Headaches | <input type="checkbox"/> Numbness | <input type="checkbox"/> Weakness |
| <input type="checkbox"/> Tingling | <input type="checkbox"/> Poor Balance | <input type="checkbox"/> Decreased Mental Focus | <input type="checkbox"/> Other |
| <input type="checkbox"/> None/ NA | | | |

If Other, Please Elaborate:

-

ENT:

- | | | | |
|--|---------------------------------------|------------------------------------|-----------------------------------|
| <input checked="" type="checkbox"/> None/ NA | <input type="checkbox"/> Hearing Loss | <input type="checkbox"/> Dizziness | <input type="checkbox"/> Ear Pain |
| <input type="checkbox"/> Nasal Congestion | <input type="checkbox"/> Other | | |

If Other, Please Elaborate:

-

MUSCULOSKELETAL:

- | | | | |
|---|--|---|---|
| <input checked="" type="checkbox"/> Joint Pain | <input checked="" type="checkbox"/> Decrease in Strength | <input checked="" type="checkbox"/> Decrease in Endurance | <input checked="" type="checkbox"/> Decrease in Performance |
| <input checked="" type="checkbox"/> Muscle Pain | <input type="checkbox"/> Decrease in Muscle Size | <input type="checkbox"/> Swelling | <input type="checkbox"/> Other |

If Other, Please Elaborate:

-

SKIN:

☒ Rashes

☐ Acne

☐ Suspicious Skin Lesions

☐ Other

If Other, Please Elaborate:

-

PSYCHIATRIC:

☒ Irritability

☐ Anxiety

☐ Depression

☐ Insomnia

☐ Other

If Other, Please Elaborate:

-

ENDOCRINE:

☐ Excessive Thirst

☐ Hot/Cold Intolerance

☐ Other

If Other, Please Elaborate:

-

HIPAA COMPLIANCE PATIENT CONSENT FORM

Our notice of Privacy Practices provides information about how we may use or disclose protected health information.

This notice contains a patient's rights section describing your rights under the law. You ascertain that by your signature you have reviewed our notice before signing this consent.

You have the right to restrict how your protected health information is used and disclosed for treatment, payment or healthcare operations. We are required to honor this agreement (except under an emergency situation). The HIPAA (Health Insurance Portability and Accountability Act of 1996) law allows for the use of the information for treatment, payment, or healthcare operations.

You have the right to revoke this consent in writing, signed by you. However, such a revocation will not be retroactive.

By signing this form, I understand that:

- ❖ Protected health information may be disclosed or used for treatment, payment, or healthcare operations
- ❖ This practice reserves the right to change the privacy policy as allowed by law.
- ❖ This practice has the right to restrict the use of the information.
- ❖ The patient has the right to revoke this consent in writing at any time and all full disclosures will then cease.
- ❖ This practice may condition receipt of treatment upon the signing of this consent.

May we phone, email or send a text to you to confirm appointments?

Yes

May we leave a message on your answering machine?

Yes

I authorize that the following individual(s) may have ongoing access to my protected Health Information:

Printed Name:
Bryce Lundin

Phone Number:
4803998950

Relationship:
Husband

Printed Name:
-

Phone Number:
-

Relationship:
-

Printed Name:
-

Phone Number:
-

Relationship:
-

This consent was signed by:(Printed Name)
Renea Lundin

SIGNATURE: (ESign)

Renea Lundin

DATE:
09/12/2025

Date : September 12, 2025 02:18:35

NOTICE OF PRIVACY PRACTICES Acknowledgement of Receipt

By signing this form, you acknowledge receipt of the Notice of Privacy Practices of Balance Hormone Center, PLLC. Our Notice of Privacy Practices provides information about how we may use and disclose your protected health information. We encourage you to read it in full.

Our Notice of Privacy Practices is subject to change, and we have reserved the right to change it. If we change our notice, you may obtain a copy of the revised notice by contacting our office. If you have any questions about our Notice of Privacy Practices, please contact: Balance Hormone Center 3530 S Val Vista Drive, Suite 214 Gilbert, AZ 85297 480.718.9960

I acknowledge receipt of the Notice of Privacy Practices of Balance Hormone Center, PLLC

Signature/Patient (ESign)

Date:
09/12/2025

Renea Lundin

OR I acknowledge receipt of the Notice of Privacy Practices of Balance Hormone Center, PLLC on behalf of
N/A

Date : September 12, 2025 02:18:35

Signature or Guardian (ESign)

Date:
09/12/2025

Renea Lundin

Date : September 12, 2025 02:18:35

FINANCIAL RESPONSIBILITY AGREEMENT

I understand the self-pay initial consult fee for my hormone replacement therapy visit with Balance Hormone Center is \$135. This charge does not include any treatment cost, pellets, injections, supplements, pharmacy medications, or lab testing. I understand the self-pay follow-up visit fee for my hormone replacement therapy visit with Balance Hormone Center is \$75. This charge does not include any treatment cost, pellets, injections, supplements, pharmacy medications, or lab testing. If paying out of pocket for lab testing the fee must be paid at the initial new patient visit .

I understand that if I have provided Balance Hormone Center with my insurance information that I will be charged according to the contracted rates between Balance Hormone Center and my insurance company. I understand and agree that I will be financially responsible for any and all charges for services rendered and not paid by my insurance. This includes any medical services or visits, hormone replacement therapy, weight loss treatment, preventative exam/physical, lab or diagnostic testing, and any other services performed by the physician or the physician's staff.

I understand and agree that it is my responsibility and not the responsibility of the physician or staff to know if my insurance will pay for such medical service(s), hormone replacement therapy, weight loss treatment, preventative exam/physical, lab, or diagnostic testing, or any other service performed by the physician or the physician's staff.

I understand and agree that it is my responsibility to know if my insurance has any deductible, co-pay, co-insurance, out-of-network, usual and customary limit, or any other type of benefit limitation for the services I receive, and I agree to make full payment.

I understand and agree that it is my responsibility to know if the physician that I am seeing is a contracted in-network provider recognized by my insurance company or plan. If the physician I am seeing is not, it may result in claims being denied or higher out-of-pocket expenses to me. I understand this and agree to be financially responsible and make full payment.

I hereby authorize payment of benefits to go directly to **BALANCE HORMONE CENTER** for services rendered. Authorization is hereby granted to release information contained in my medical record to my insurance company or its employee's agents as may be necessary to process and complete my medical insurance claim(s). I further understand should my account become delinquent, I shall pay the reasonable attorney fees or collection expenses, if any. The duration of this authorization is indefinite and continues until revoked in writing.

Printed Name:
Renea Lundin

Signature: (ESign)

DATE:
09/12/2025

Renea Lundin

Date : September 12, 2025 02:18:35

CANCELLATION NO SHOW AGREEMENT

Patient Agreement

At Balance Hormone Center, we do our best to get our patients seen in a timely fashion. In return, we ask that you show up on time for your appointment. If you show up more than 10 minutes past your appointment time, you will be forced to reschedule. We do understand there are times you may need to reschedule your office visit/ procedure. If you cancel/reschedule your visit with sufficient notice, this allows us to fit other patients in that may need to be seen for their health concerns.

Effective November 1, 2023

If you have an appointment for an office visit (New patient or Follow up visit), in order to avoid a cancellation charge, you must cancel your appointment at least 24 hours/ 1 business day prior to your appointment time. This means if your appointment is scheduled on a Monday it would need to be canceled no later than Friday. Otherwise, you will incur a \$25 charge. If you do not show for your appointment or show up past your scheduled appointment time, including the grace period listed above, you will incur a No Show fee of \$40.

I have read, understood and agreed to the agreement described above.

E-Signature (name or initials)

Renea Lundin