

A Multiscale Approach to Brain Disorders

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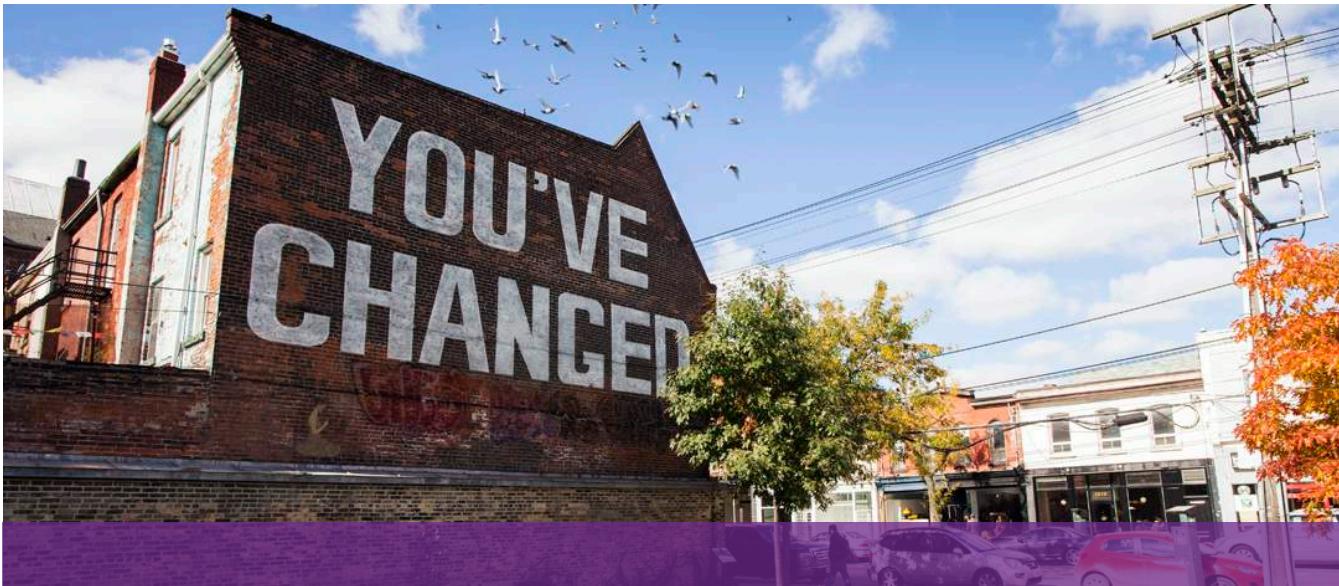
Senior Scientist, Centre for Addiction and Mental Health

Professor, Departments of Psychiatry and Physiology, University of Toronto, Canada

Titular Professor, École Polytechnique Fédérale de Lausanne, Switzerland

krembilneuroinformatics.ca

About CAMH - The Centre for Addiction & Mental Health



The Centre for Addiction and Mental Health (CAMH) is Canada's largest mental health and addiction teaching hospital.

CAMH Patient Snapshot

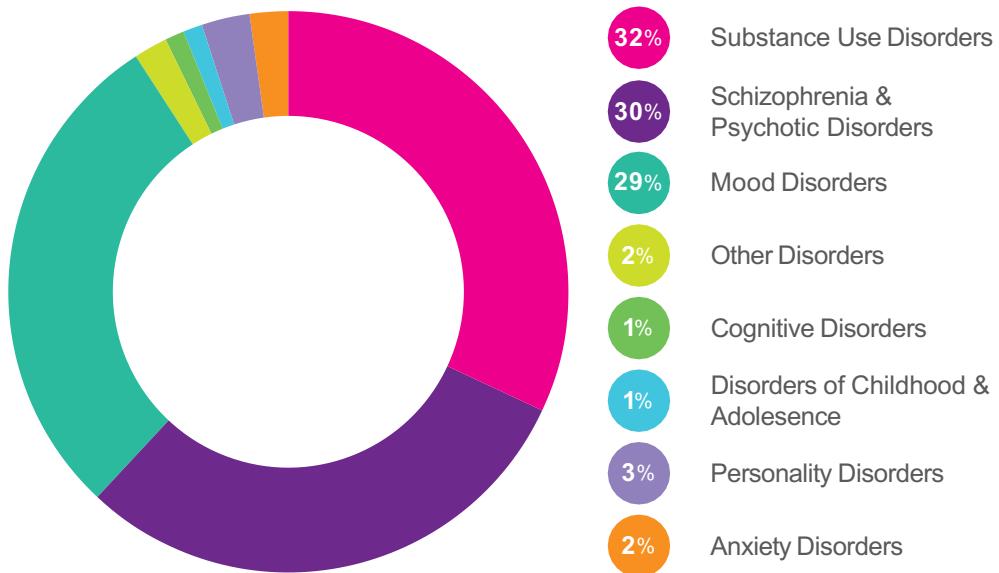
Patients

Unique patients	31,125
Visits to emergency services	9,243
Average inpatient length of stay	24.38 days

59%

had more than
one diagnosis
at admission

Primary Diagnosis of Inpatients on Admission



camh

Total annual visits > 1,000,000



Multiscale Data

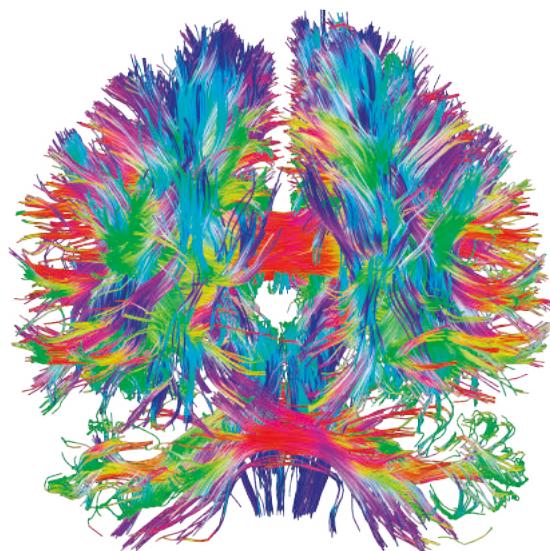
Integrating high quality clinical and behavioural data including genetics, imaging, and mobile

Artificial Intelligence

Defining, diagnosing and predicting mental illness and brain disorders

Multiscale Brain Modeling

Identifying cellular and synaptic mechanisms of brain function and dysfunction



krembilneuroinformatics.ca

Open Science

Open, reproducible, team science, FAIR data principles, Global collaboration

Education

Disseminating knowledge, Training the next generation of scientists

Innovation

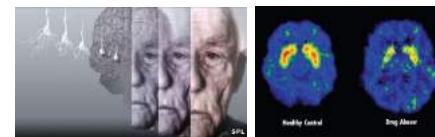
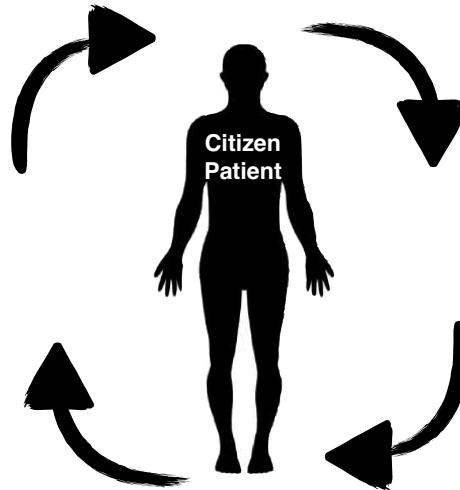
Ethical, responsible incubator for mental health technologies

Krembil Centre for Neuroinformatics

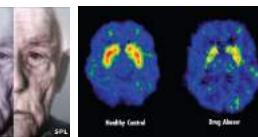
Open Science, Team Science, Data-driven Mental Health



Clinicians,
Health Professionals



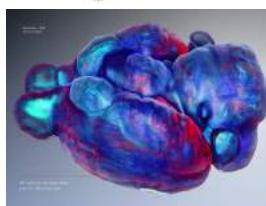
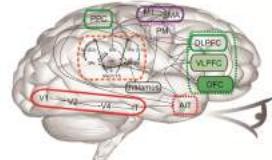
Researchers
& Clinical
Scientists



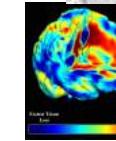
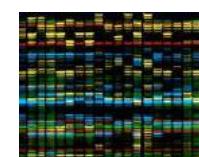
Medical,
Information
Technology,
Wearables



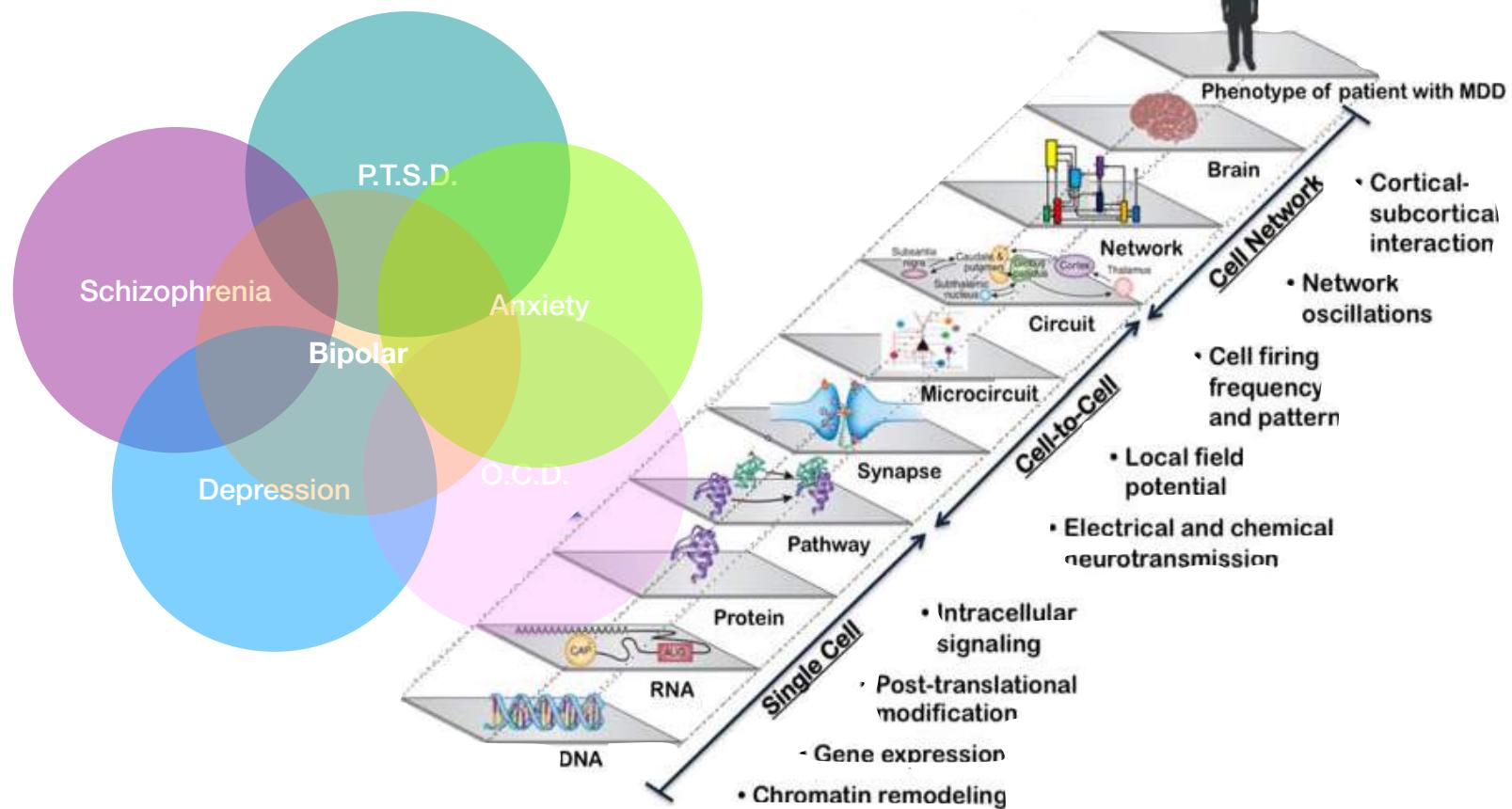
Multiscale Data
Genomics, Brain Imaging,
Electronic Health Records



Analysis, Brain Modeling,
Simulation, Classification,
Prediction, Machine Learning, AI



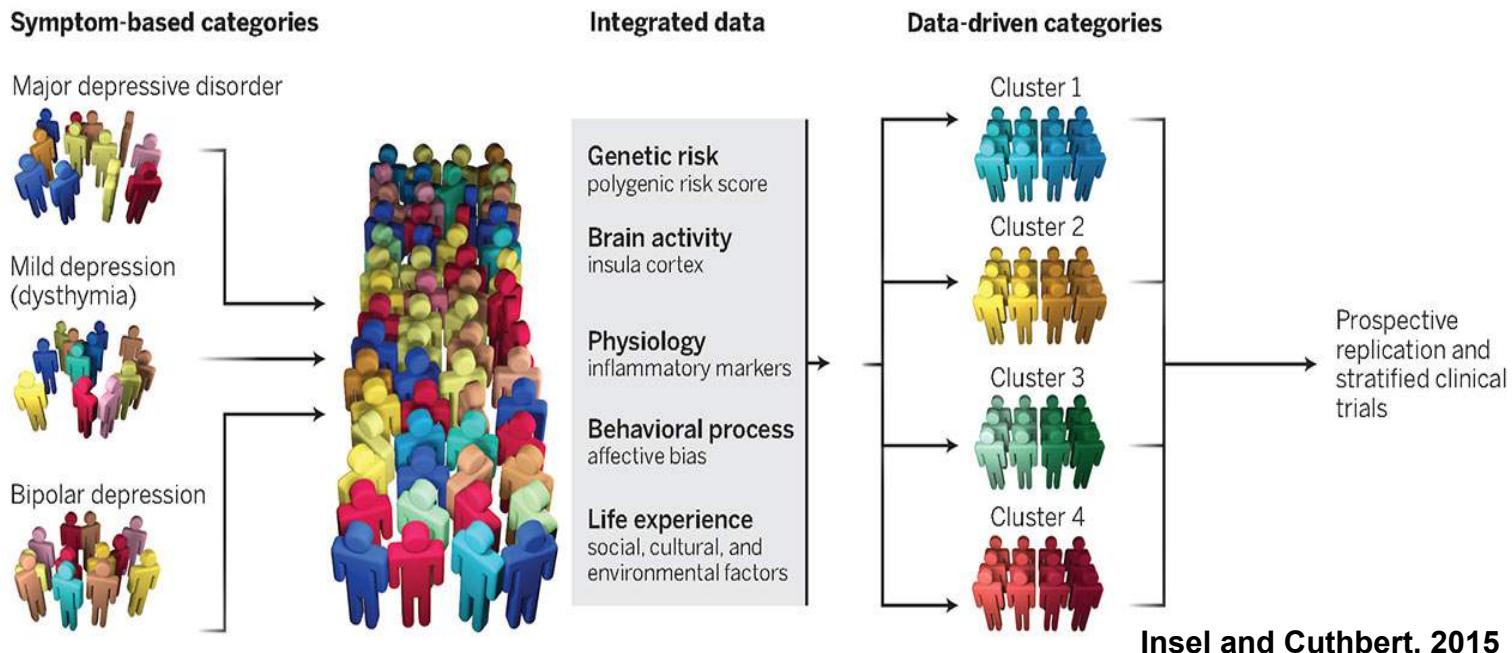
A multiscale perspective on neuropsychiatric disorders



Redefine Psychiatric Nosology in Terms of Neuroscience

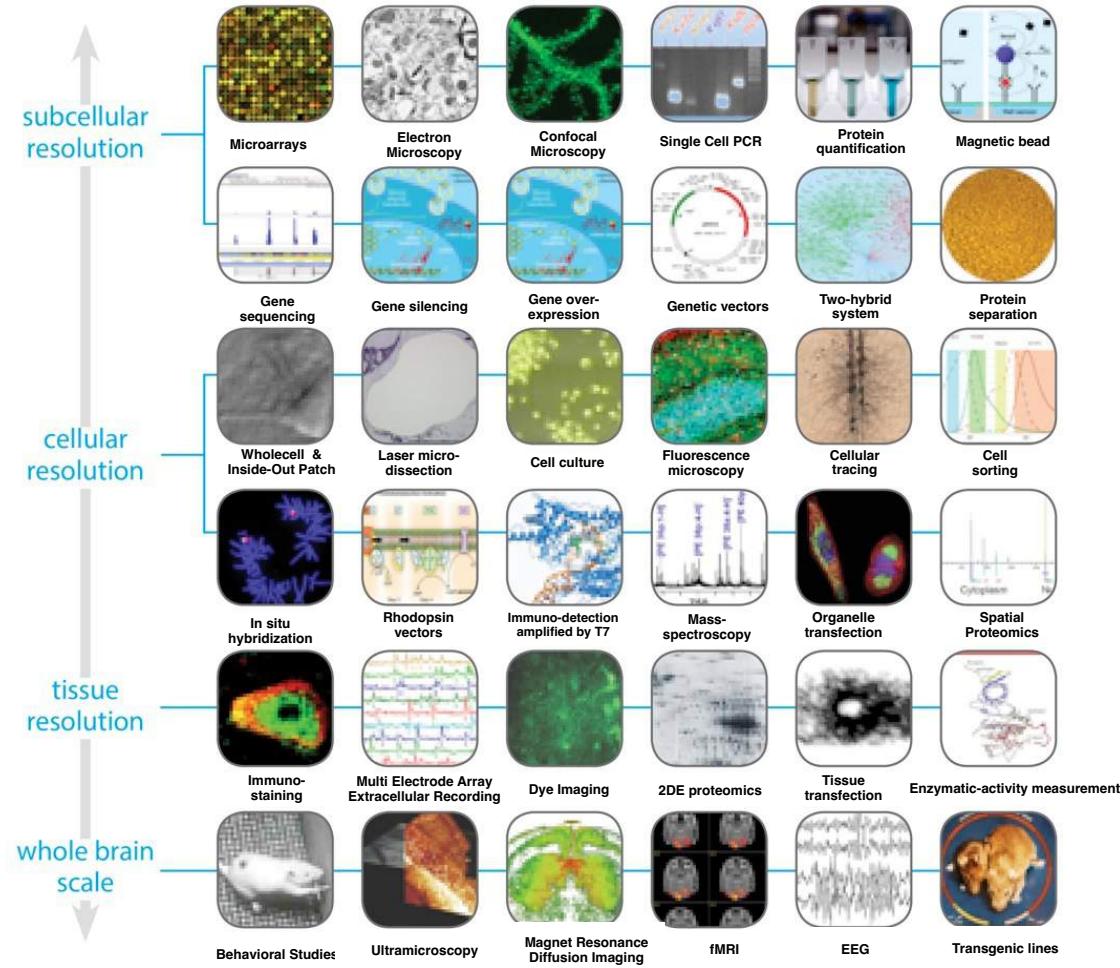
Deconstructed, parsed, and diagnosed.

A hypothetical example illustrates how precision medicine might deconstruct traditional symptom-based categories. Patients with a range of mood disorders are studied across several analytical platforms to parse current heterogeneous syndromes into homogeneous clusters.



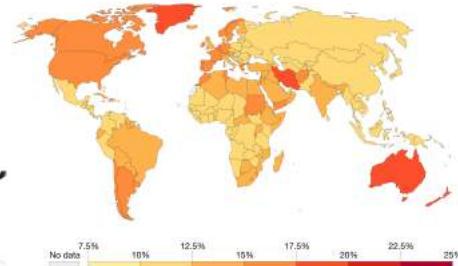
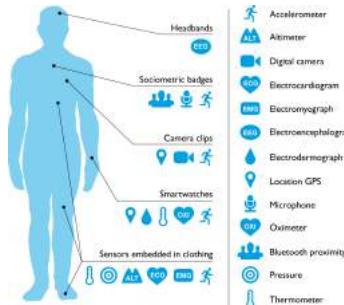
Insel and Cuthbert, 2015

Many kinds and levels of neuroscience data



**Organize, search and integrate
multiple layers of brain research data from around the world
to accelerate mental health research and care**





Population

Mobile and Wearables

Neuroimaging

Clinical

Molecular

Genomics

Anxiety and Depression

Mood & Personality Disorders

Schizophrenia & Psychosis

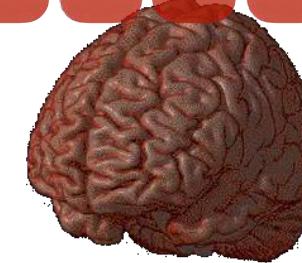
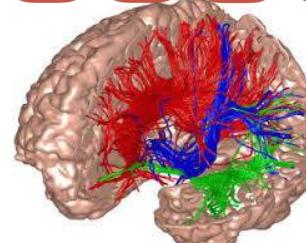
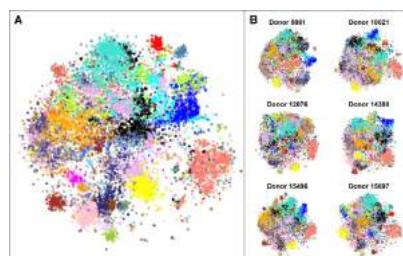
Trauma & Stress Disorders

Alzheimer's & Dementia

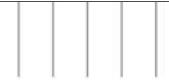
Addictions/Substance Use

Developmental Disabilities

Other disorders



CAMH BrainHealth Databank



High Quality Longitudinal Data



- CAMH patient journeys and populations
- Accumulation of rich, high quality longitudinal data

Supporting Delivery of Evidence Based Care



- Use of tablets to facilitate high quality data collection
- Visualization of patient's chart to support clinical decisions

Integrating Research Measures with Care



Biobank

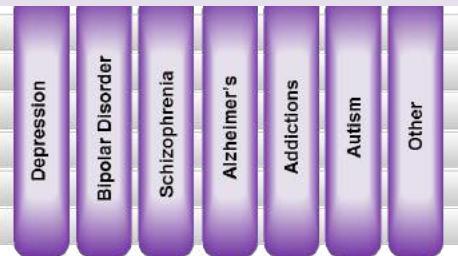
- Genomics, proteomics

Mobile and Wearable Devices

- Sleep and activity
- Portable EEG - Brain activity

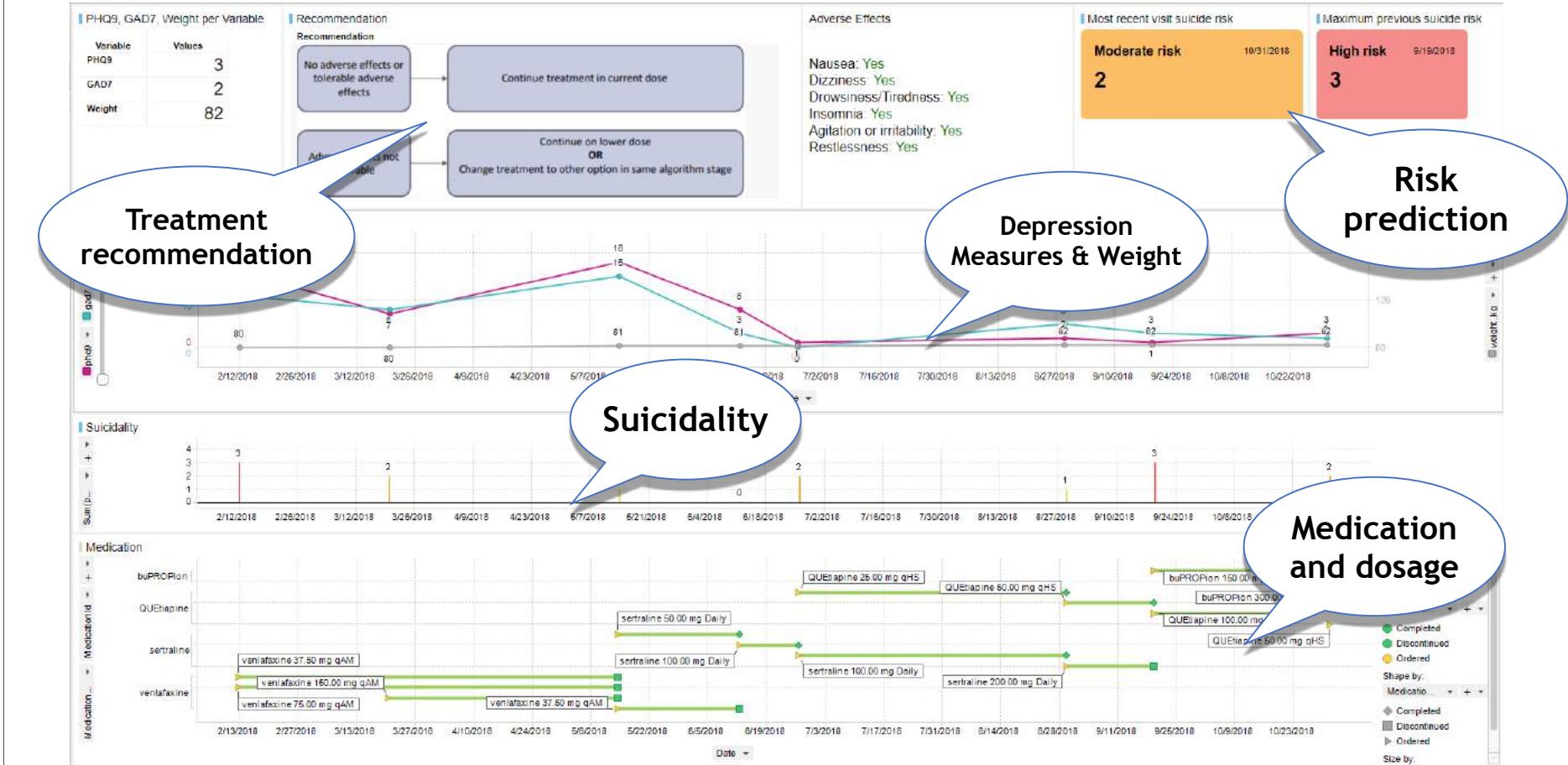
Open Data, Enabling Large Scale Analytics & Modelling

Population
Mobile & Wearables
Neuroimaging
Clinical
Molecular
Genomics



- Open, multiscale brain health atlas across the lifespan and disorders
- Robust data governance to ensure patient privacy

Patient trajectory and decision support



Virtually all neurologic, psychiatric and substance abuse disorders are associated with changes in **Brain Connectivity**

- **Neurological disorders**
 - Stroke
 - Epilepsy
 - Traumatic brain injury
 - Brain tumor
- **Neurodegenerative disorders**
 - Dementia
 - Alzheimers
 - Parkinson's
 - ALS
 - Multiple sclerosis
- **Developmental disorders**
 - Autism
 - Fragile X
 - Down's
- **Affective disorders**
 - Major depressive disorder
 - Disthymic disorder
 - Bipolar disorder
 - Cyclothymic
- **Anxiety disorders (including post-traumatic stress disorder)**
 - Generalized anxiety disorder
 - Panic disorder
 - Post-traumatic stress disorder
- **Psychoses**
 - Schizophrenia
- **Substance abuse disorders**
 - Alcohol abuse
 - Stimulant-dependent sleep disorder
 - Sedative-, hypnotic-, and anxiolytic-dependent sleep disorder
- **Eating disorders**
 - Anorexia nervosa
 - Bulimia nervosa
 - Nocturnal eating/drinking syndrome
- **Attention deficit/hyperactivity disorders**

Virtually all neurologic, psychiatric and substance abuse disorders are associated with changes in **Brain Excitability**

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Virtually all neurologic, psychiatric and substance abuse disorders are associated with disruptions in **Sleep**

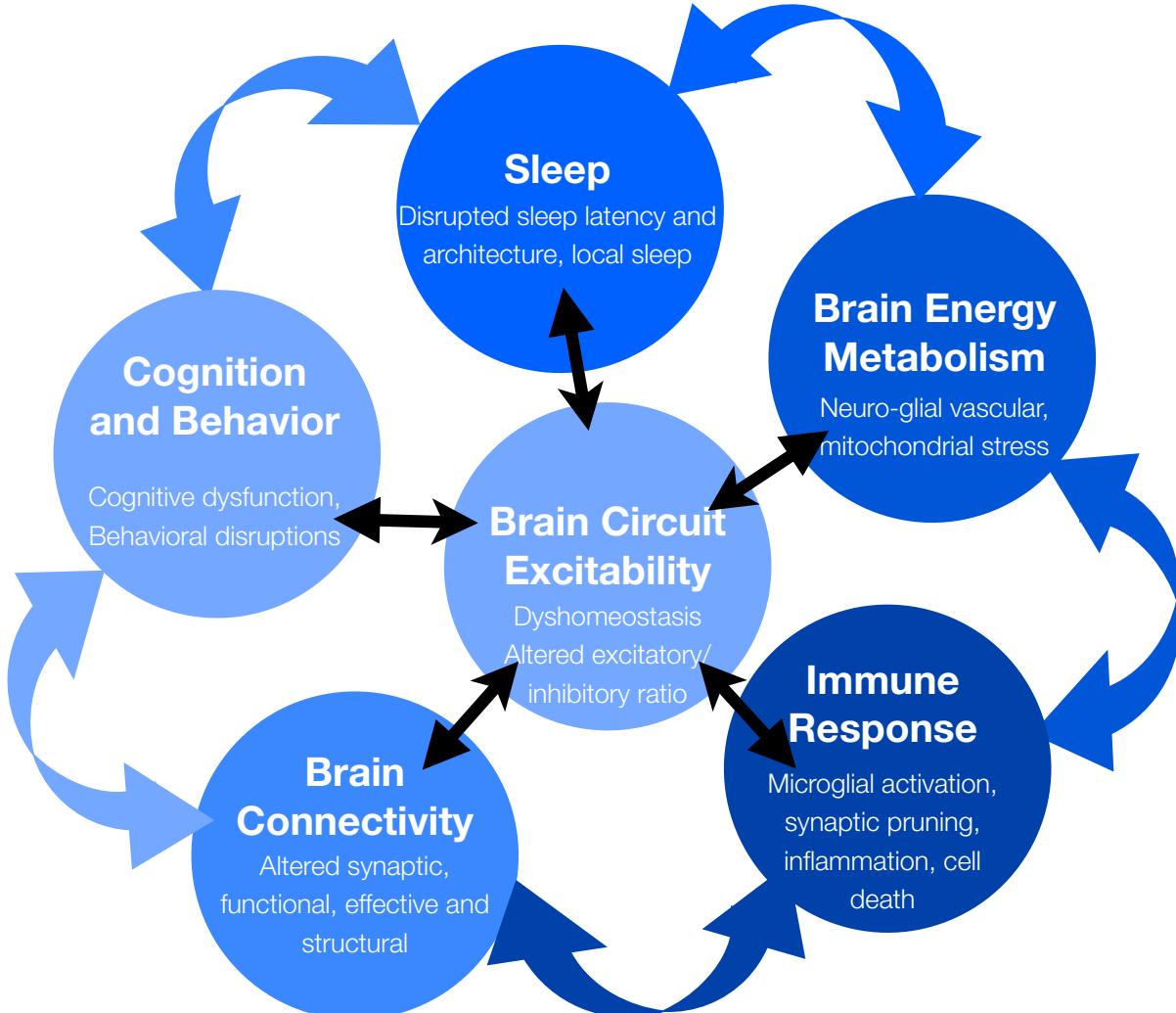
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Virtually all neurologic, psychiatric and substance abuse disorders are often associated with disturbances in **Brain Energy Metabolism**

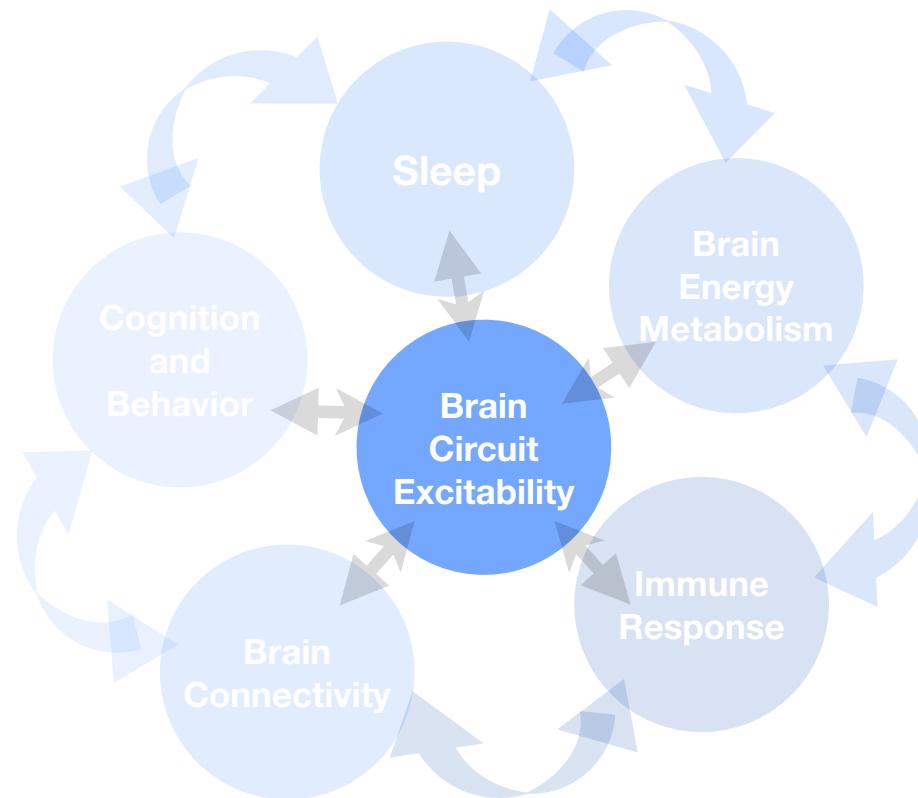
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Virtually all neurologic, psychiatric and substance abuse disorders are often associated with increases in **Immune Response**

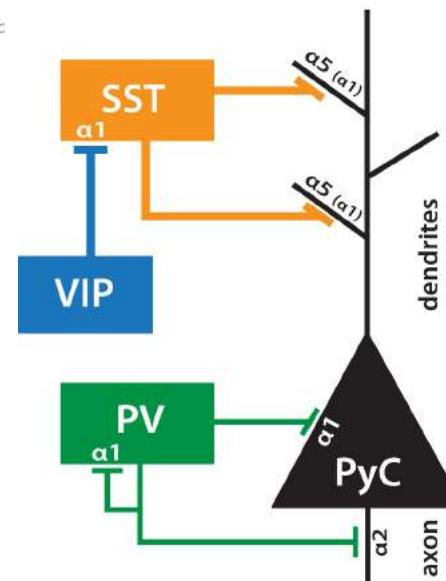
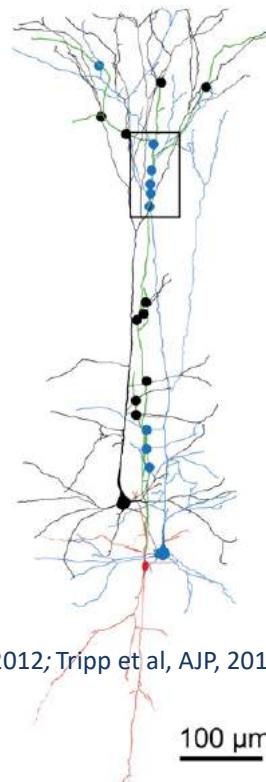
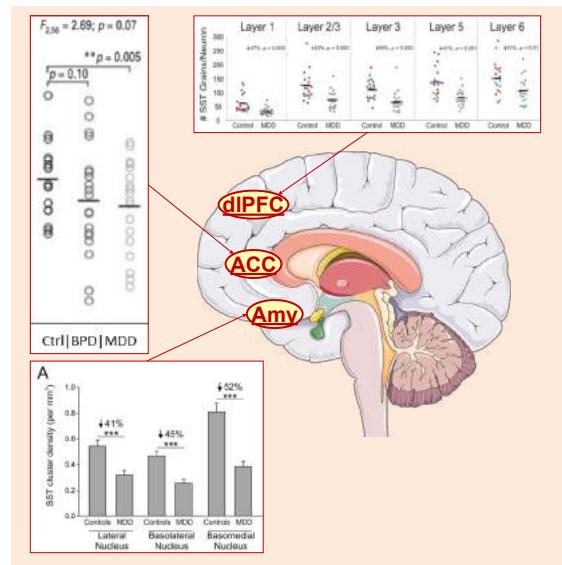
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Effect of Changes in Excitability on Microcircuit Activity and Response to Stimuli



Cortical microcircuit: Somatostatin Positive Neurons in MDD



Sibille et al., IJNPP, 2008; Guilloux, Mol Psy, 2012; Tripp et al, AJP, 2012; Seney et al., Neurobiol Dis, 2015;

100 μm

Courtesy of Etienne Sibille

Reduced SST+ GABA neuron markers: a replicated pathology in depression and other brain disorders

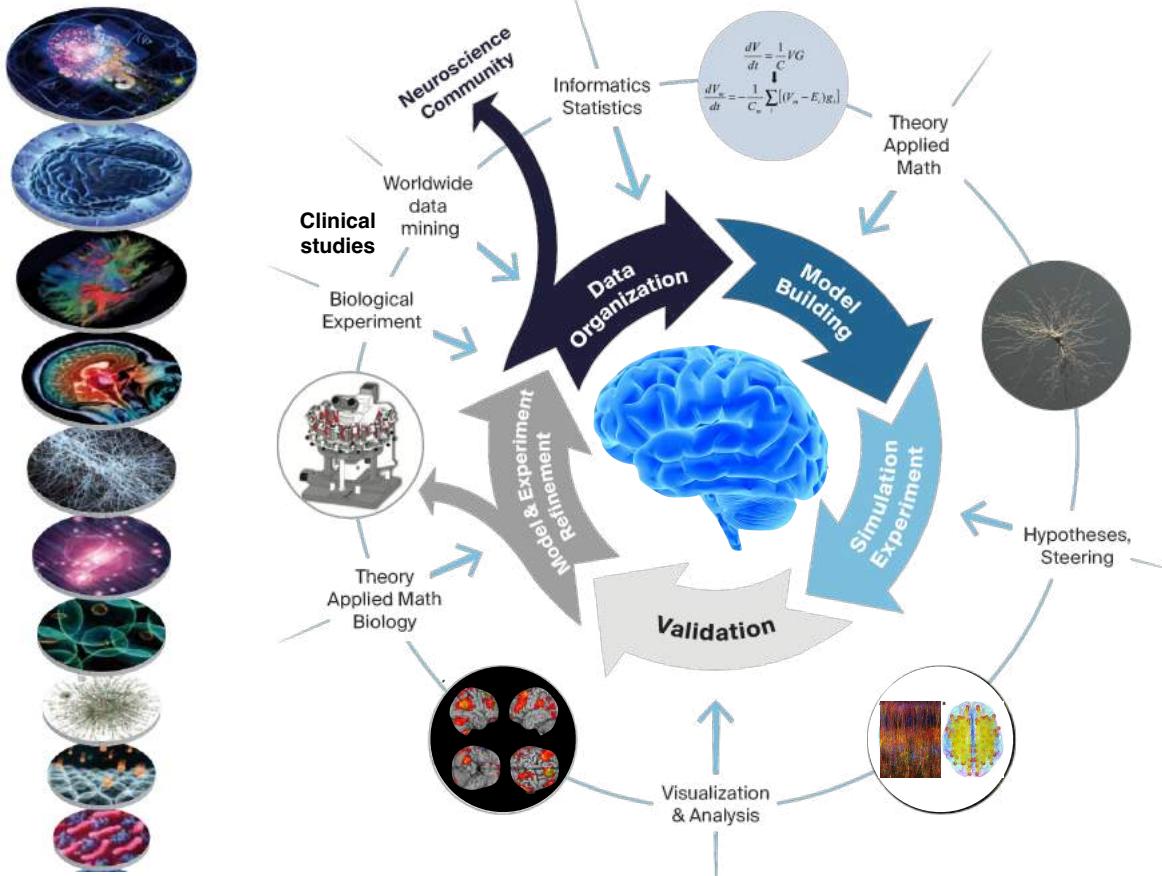
Neurological disorder	Brain region	Pathological findings	References
Parkinson's disease	CSF	Decreased	Dupont et al, 1982
	Frontal cortex	Decreased (radioimmune-reactivity)	Darensbourg & Bethel, 2012; Tang et al, 2012
	Temporal cortex	Decreased (immune-reactivity)	Darensbourg & Bethel, 2012
Alzheimer's disease	CSF	Decreased	Bissette et al, 1986; Tamminga et al, 1987
	Temporal cortex	Decreased (immune-reactivity)	Candy et al, 1985; Rossor et al, 1980
	Frontal cortex	Decreased (immune-reactivity)	Candy et al, 1985; Davies & Terry, 1981
	Hippocampus	Decreased (gene expression per cell)	Dournaud et al, 1994
Major depression	Parahippocampal cortex	Decreased (neuronal density)	Klein & Al-Nawas, 2011
	CSF	Decreased	Agren et al, 1984; Johnstone et al, 2012; Kling et al, 1993; Molchan et al, 1993
	Dorsolateral prefrontal cortex	Decreased (RNA expression)	Sibille et al, 2011
	Subgenual anterior cingulate cortex	Decreased (RNA expression)	Tripp et al, 2011; Tripp et al, 2012
Schizophrenia	Amygdala	Decreased (RNA and protein expression)	Guilloux et al, 2012
	CSF	Decreased	Bissette et al, 1986; Reinikainen et al, 1990
	Dorsolateral prefrontal cortex	Decreased (RNA expression)	Guillozet-Bongaarts et al, 2013; Morris et al, 2008
	Hippocampus	Decreased (neuron number and density)	Konradi et al, 2011a
Bipolar disorder	Caudal entorhinal cortex	Decreased (neuron number and density)	Wang et al, 2011
	Parasubiculum	Decreased (neuron number and density)	Wang et al, 2011
	Caudal entorhinal cortex	Decreased (neuron density)	Wang et al, 2011
	Parasubiculum	Decreased (neuron density)	Wang et al, 2011
	Hippocampus	Decreased (neuron number and RNA expression)	Konradi et al, 2011b
	Dorsolateral prefrontal cortex	Decreased (RNA expression / trend level)	Sibille et al, 2011

Table adapted from Lin & Sibille, *Frontiers in Pharmacology*, 2013.

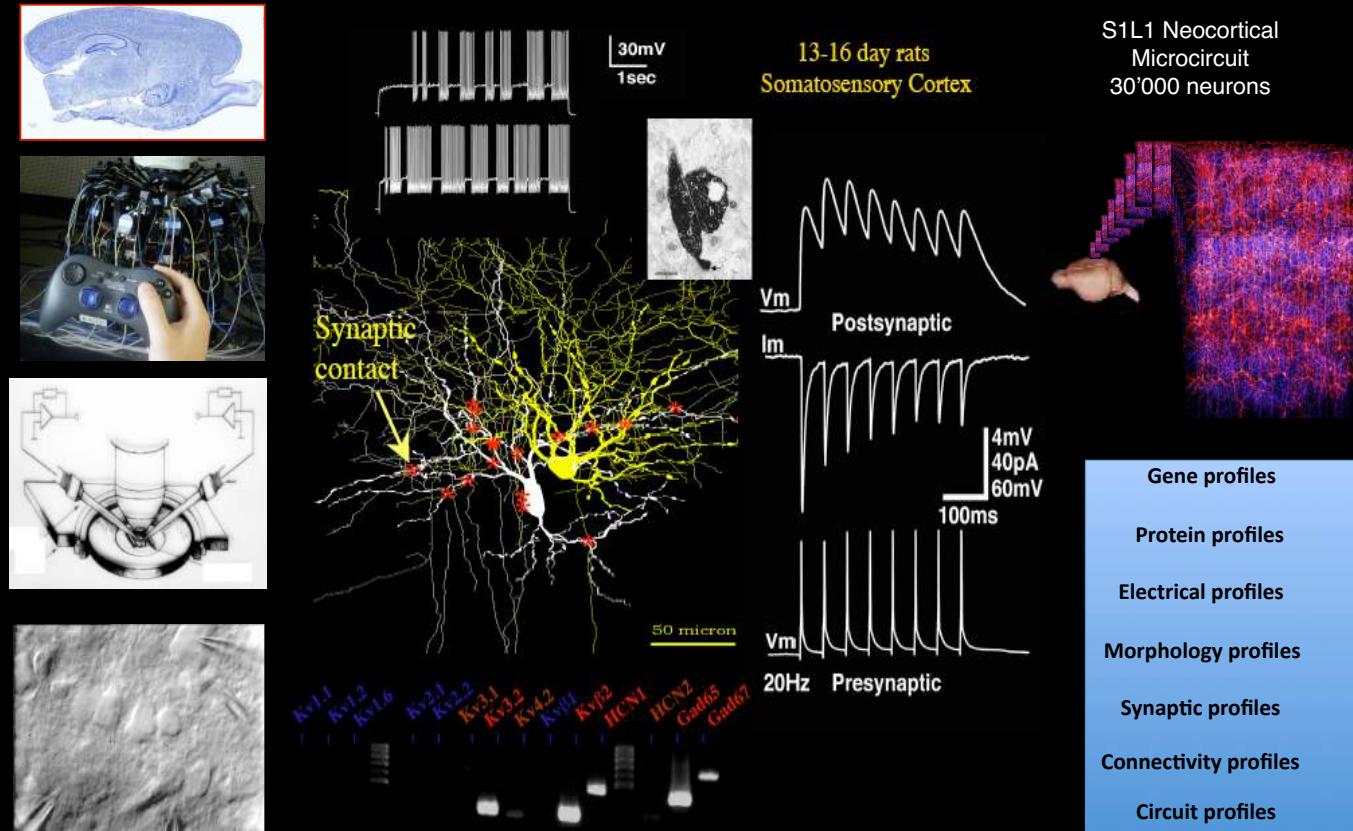
Discussed in Northoff & Sibille, *Mol Psychiatry*, 2015; Sibille, *Biol Psychiatry*, 2017; Fee, Banasr & Sibille, *Biol Psychiatry*, 2017.

Courtesy of Etienne Sibille

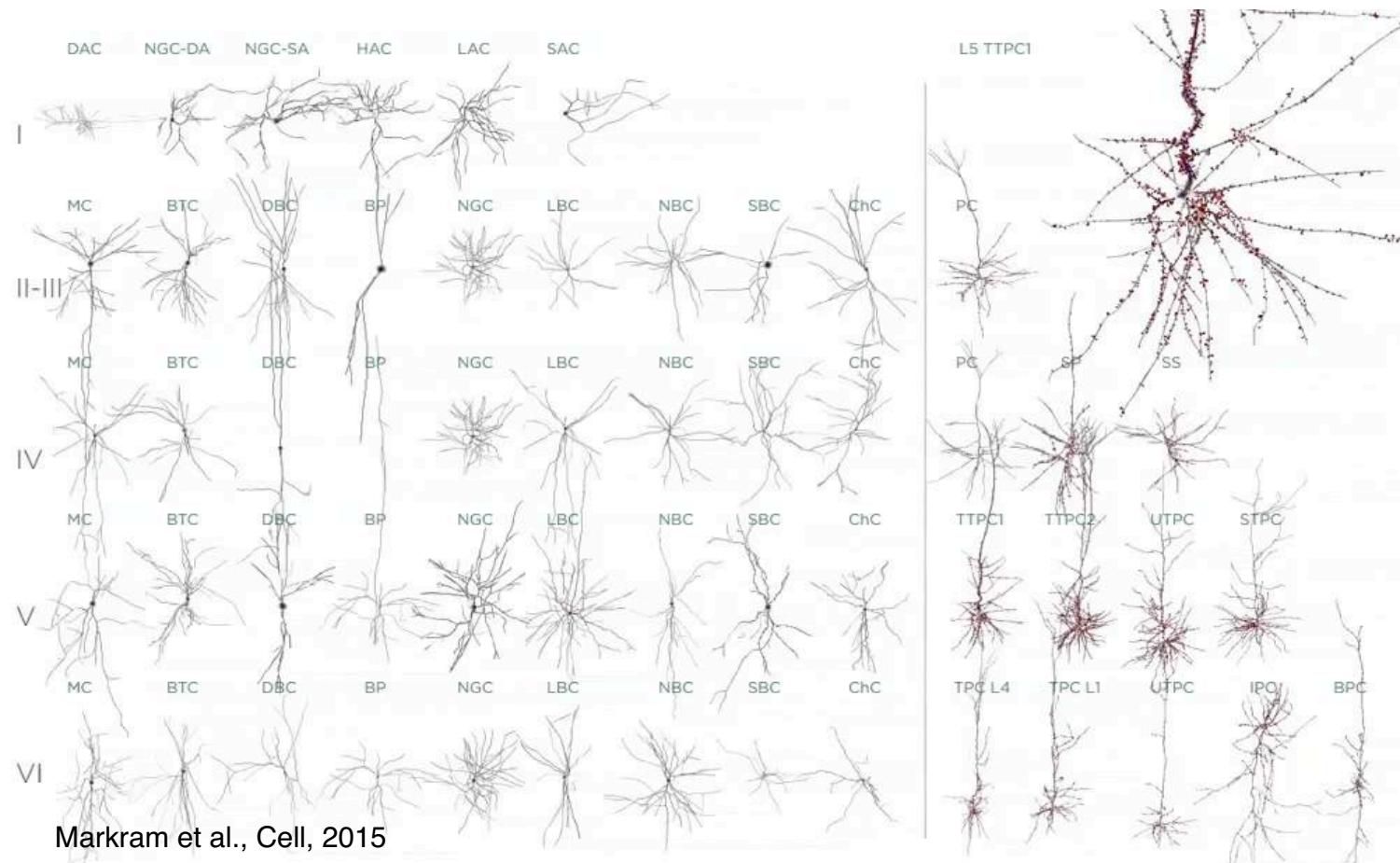
Integrative multiscale modeling



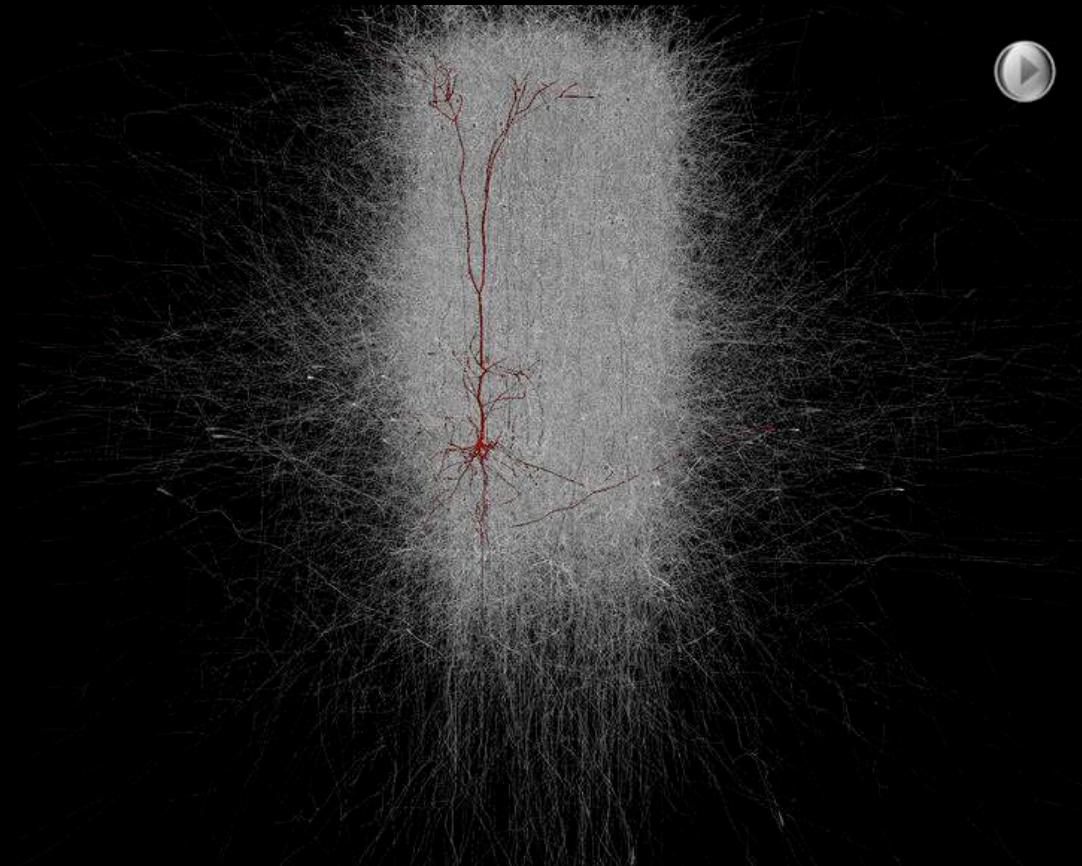
Integrating multiscale data: Neocortical microcircuitry



Diversity of neurons in the cerebral cortex

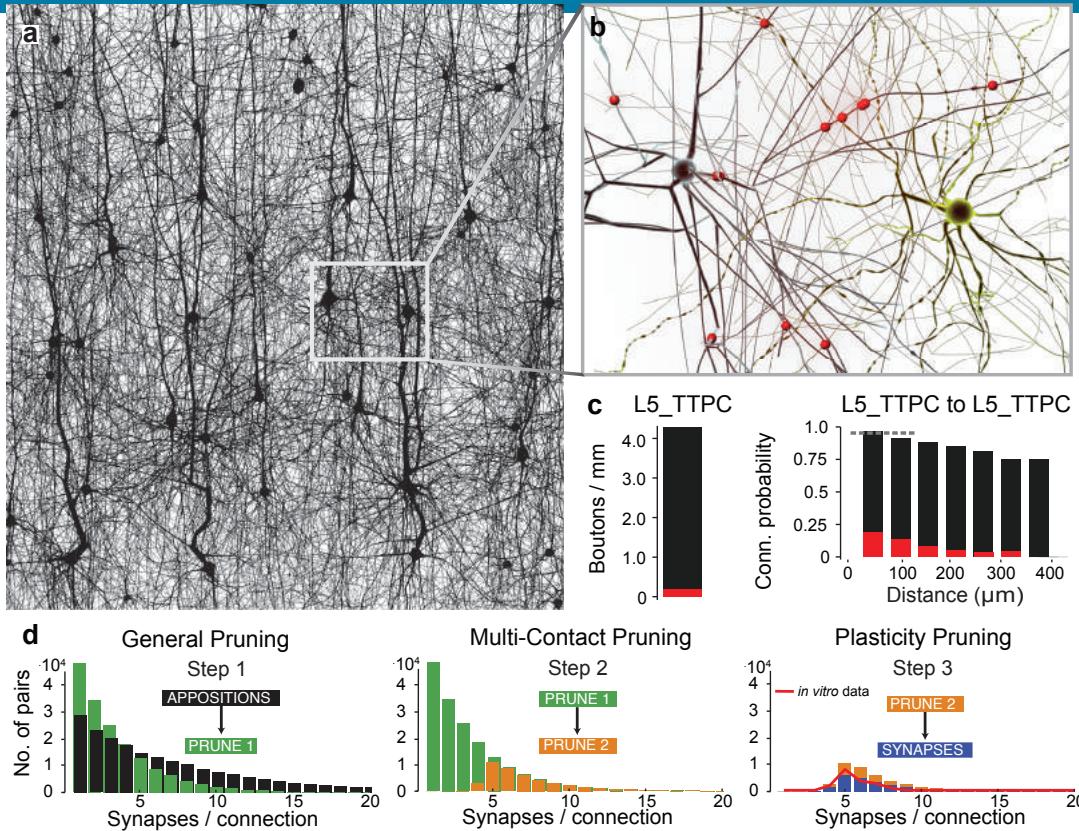


Building a digital reconstruction of a microcircuit



Markram et al., Cell, 2015

Establishing Realistic Synaptic Connectivity



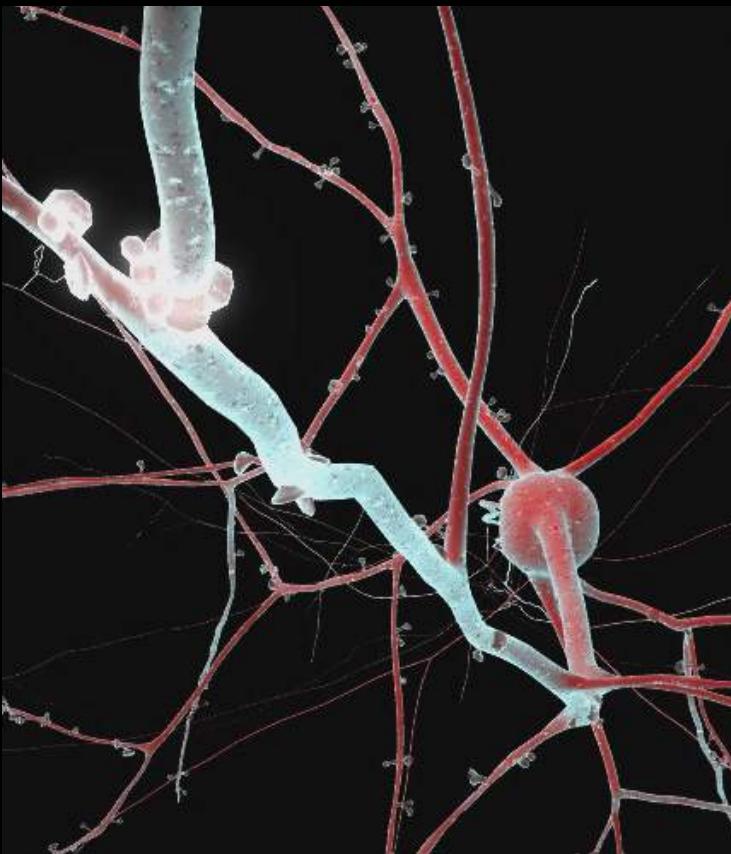
Kozloski et al. IBM Research Journal, 2008
Hill et al., PNAS 2012

Markram et al., Cell, 2015

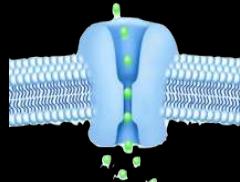
Reimann et al., 2015

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Simulating Electrical Behavior of Neurons



ION CHANNELS



$$\begin{aligned}\frac{dm}{dt} &= \alpha_m(V_m)(1-m) - \beta_m(V_m)m \\ \frac{dh}{dt} &= \alpha_h(V_m)(1-h) - \beta_h(V_m)h \\ I_{channel} &= m^n h g_{channel}(V_m - E_{channel})\end{aligned}$$

Hodgkin-Huxley Equations

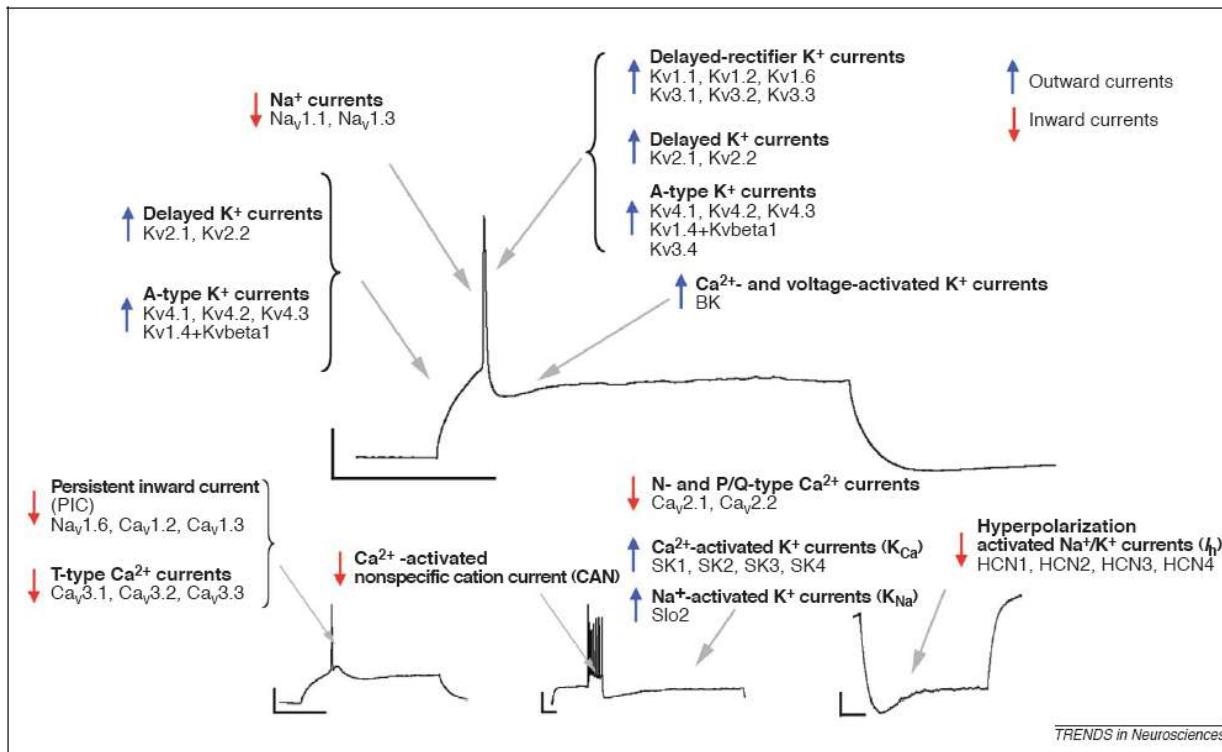
NEURONS

$$\begin{aligned}\frac{C_m dV_m}{dt} &= \frac{E_m - V_m}{R_m} + I_{channels} \dots + I_{synapses} \dots \\ &+ \frac{2(V_{m_{i+1}} - V_{m_i})}{R_{a_{i+1}} + R_a} + \frac{2(V_{m_{i-1}} - V_{m_i})}{R_{a_{i-1}} + R_a}\end{aligned}$$

Rall Equations

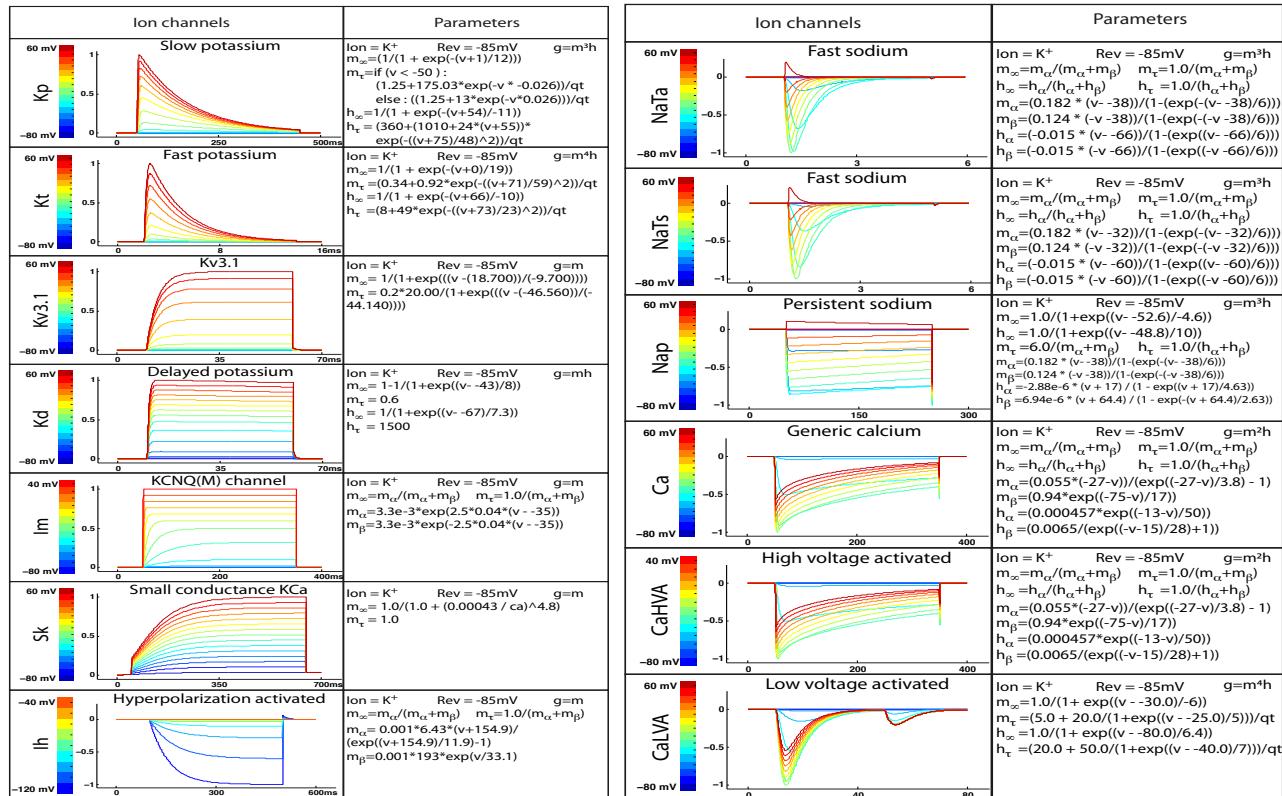
Electrical Diversity by Combining Ion Channels

About 350 ion channel genes expressed in the brain, about 200 voltage-activated



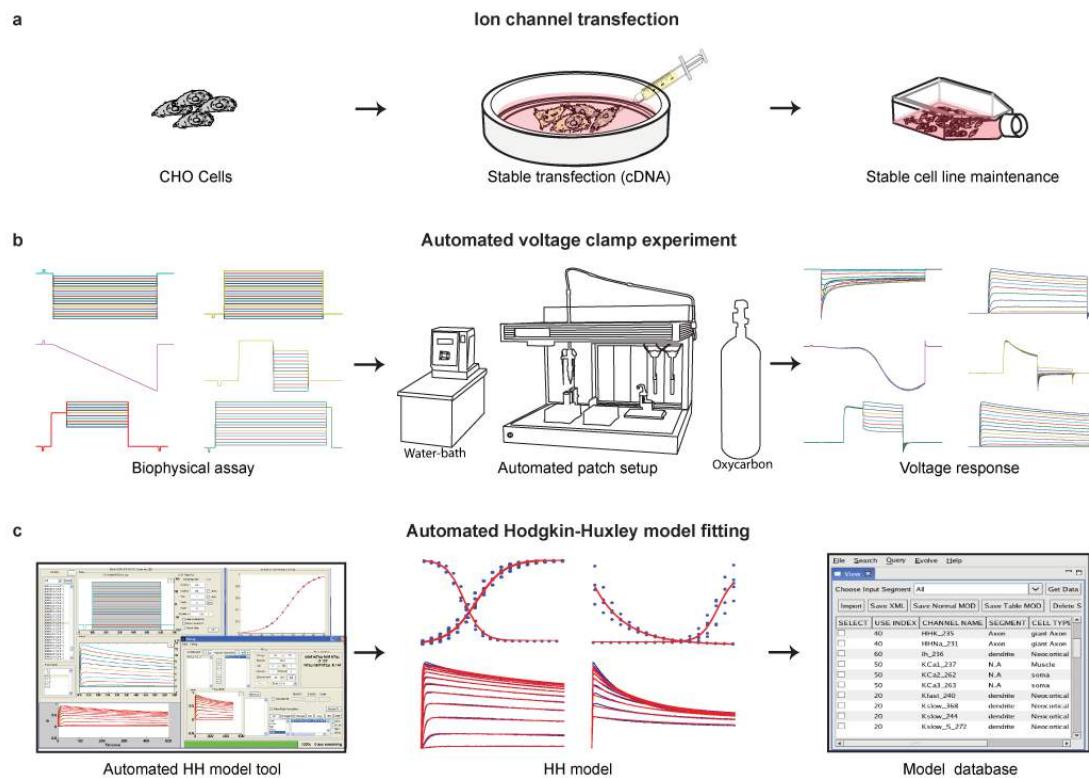
Toledo-Rodriguez, M. Cellular signalling properties in microcircuits (2005) Trends in Neurosciences

Ion channel models



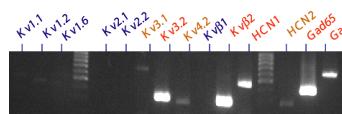
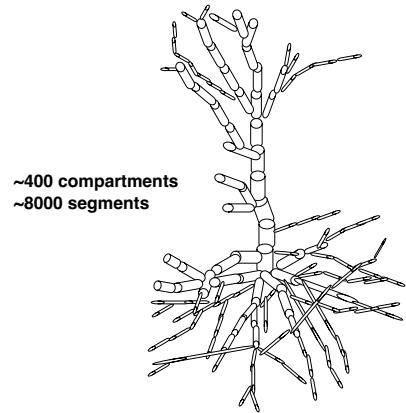
www.channelpedia.net

Channelpedia.epfl.ch: An integrative and interactive database for ion channels





Data-driven neuronal modeling



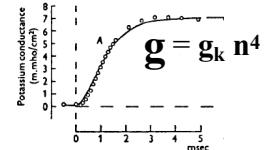
single cell rtPCR gene expression profile

Composition

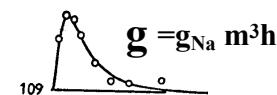
- Single cell RT-PCR
- ISH expression distribution
- literature

Distribution

- Staining, Literature, Assumed
- Given Somatic Distance Function
- Fitted within given tolerance



Non Inactivating K Channel



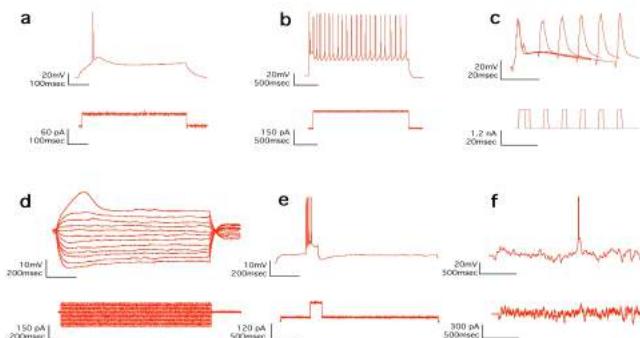
Inactivating Na Channel

Ion Channels

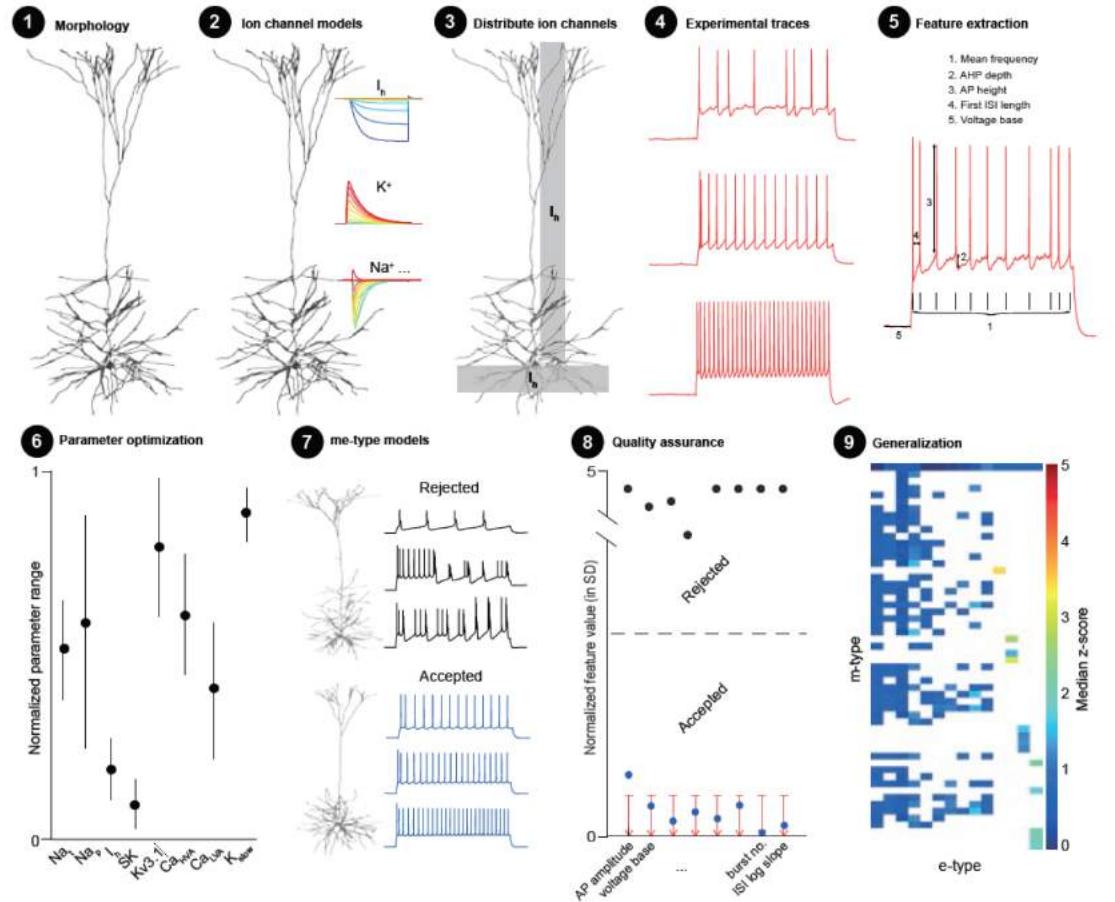
1. Na_p , Fast Na^+
2. Nat , Persistent Na^+
3. K_{fast} , Delayed Rectifier K^+
4. K_{slow} , Slow K^+
5. K_t , Transient K^+
6. LVA Ca^{2+}
7. HVA Ca^{2+}
8. I_{h} , H-Current
9. I_{m} , M-Current
10. BK, Large g , Ca^{2+} activated K^+
11. SK, Small g , Ca^{2+} activated K^+
12. Leak Current

Relative Density

- Data constrained
- Generic algorithm

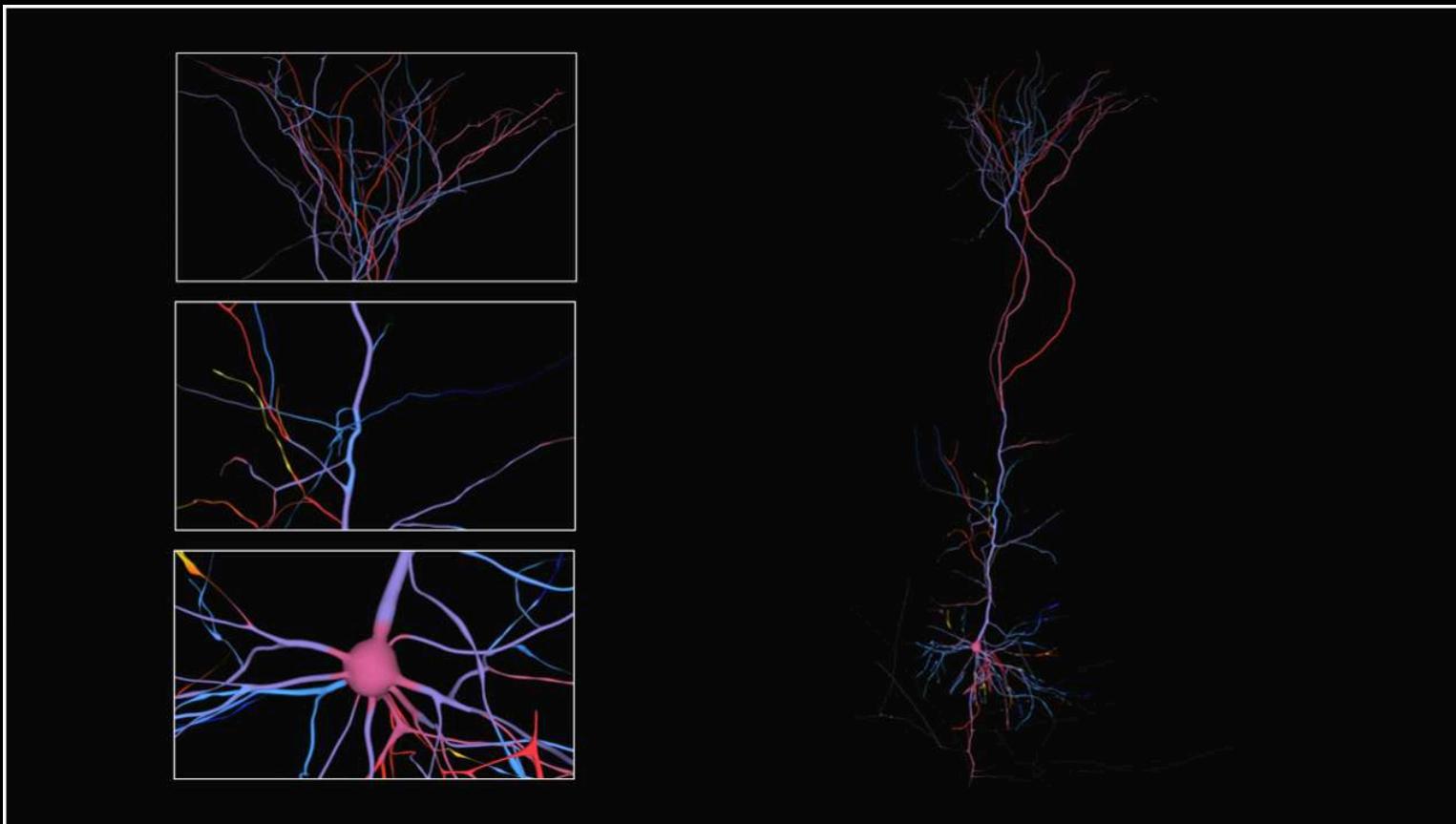


Workflow to Automatically Model Electrical Behavior of Neurons



124'489
Model
Neurons

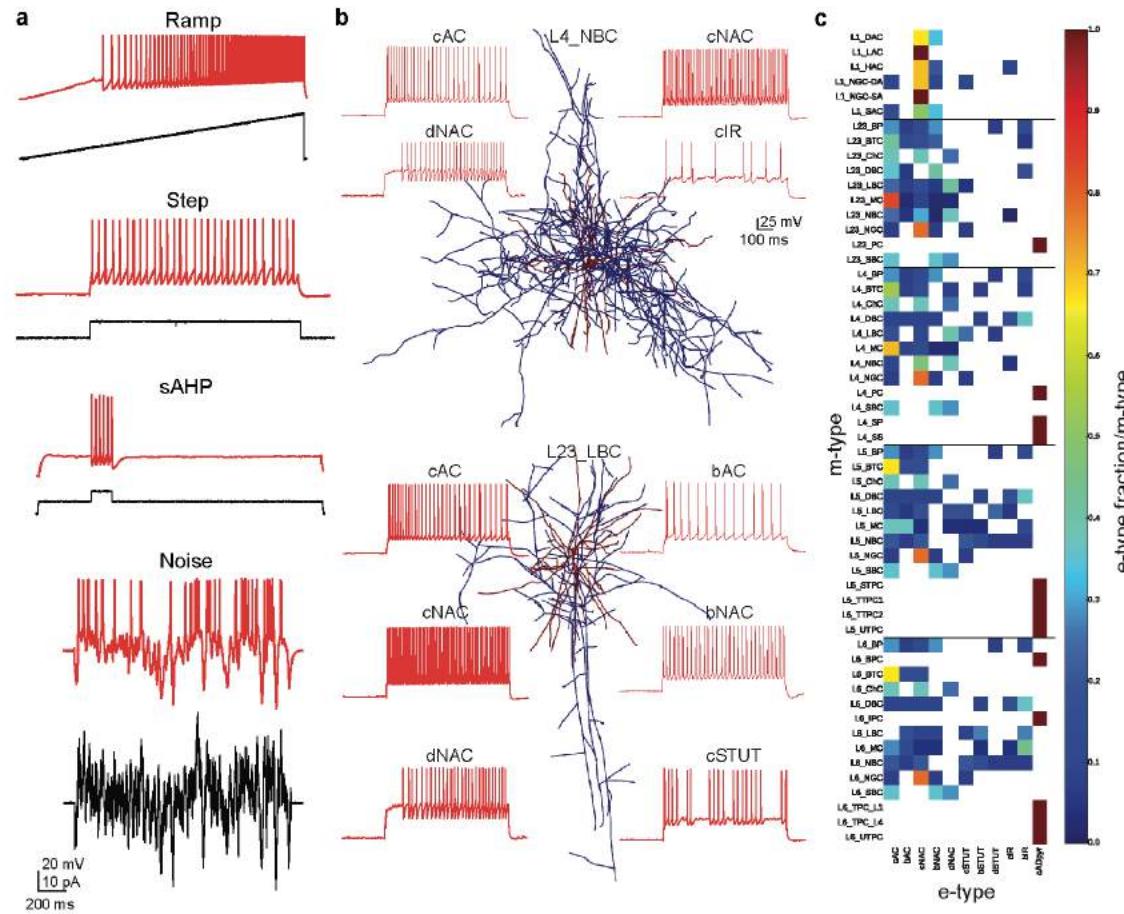
Machine learning-built biophysical single cell models



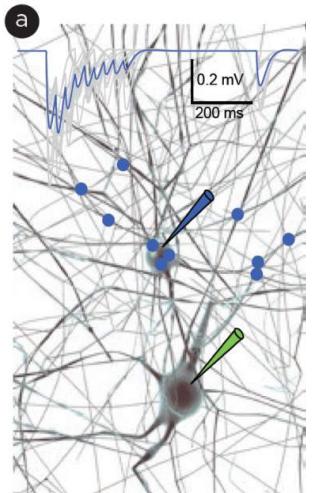
Hay et al., PLOS Comp. Biology, 2012



Recreating 207 Morpho-Electric Types

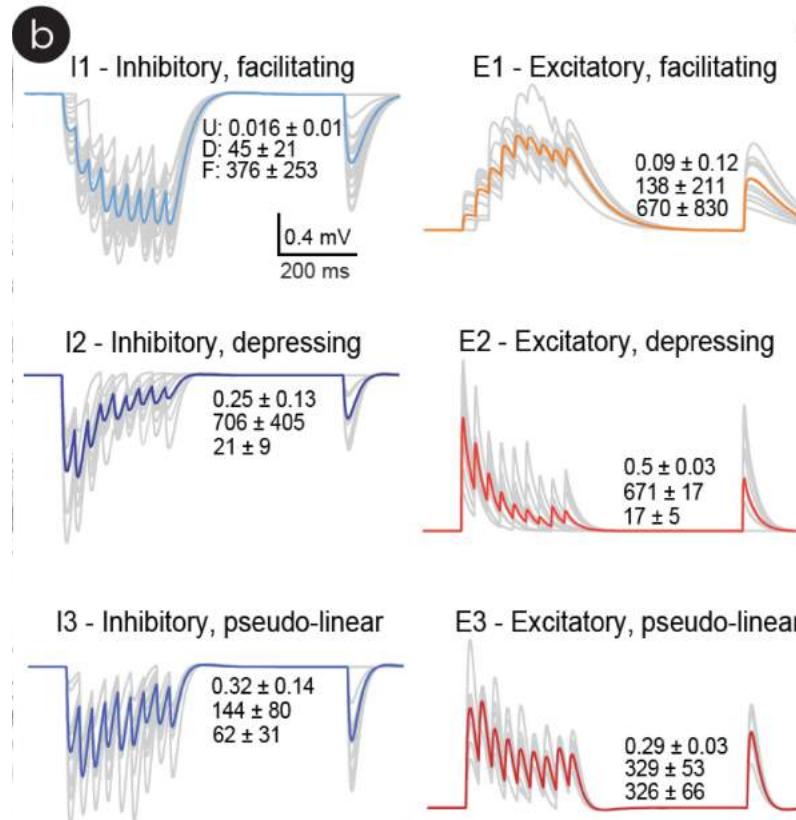


Short Term Synaptic Plasticity



SYNAPSES: Tsodyks-Markram Equ

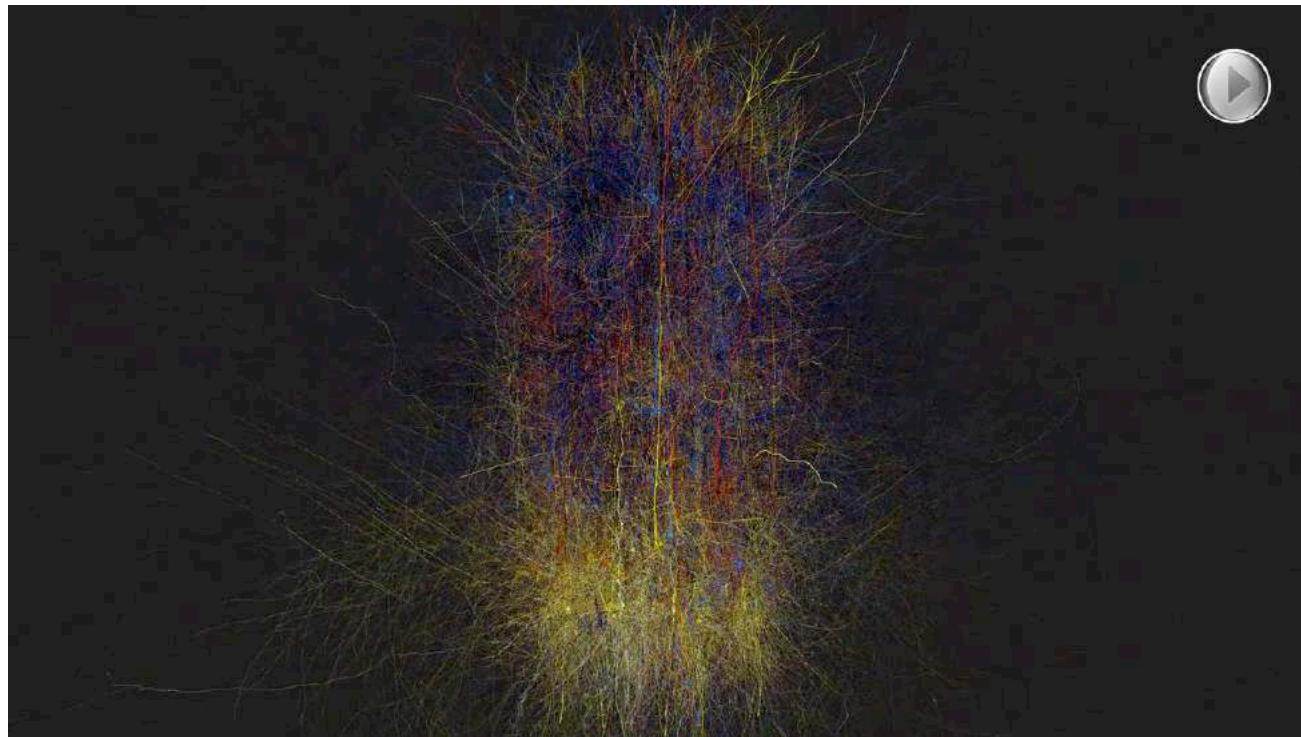
$$\begin{aligned}
 \frac{dx}{dt} &= \frac{z}{\tau_{rec}} - ux\delta(t - t_{sp}) \\
 \frac{dy}{dt} &= -\frac{y}{\tau_1} - ux\delta(t - t_{sp}) \\
 \frac{dz}{dt} &= \frac{y}{\tau_1} - \frac{z}{\tau_{rec}} \\
 \frac{du}{dt} &= \frac{u}{\tau_{facil}} + U(1-u)\delta(t - t_{sp}) \\
 I_{synapse}(i) &= \sum_j A_{ij}y_{ij}(t)
 \end{aligned}$$



Wang et al., 2006



Cortical microcircuitry



Markram et al., Cell, 2015

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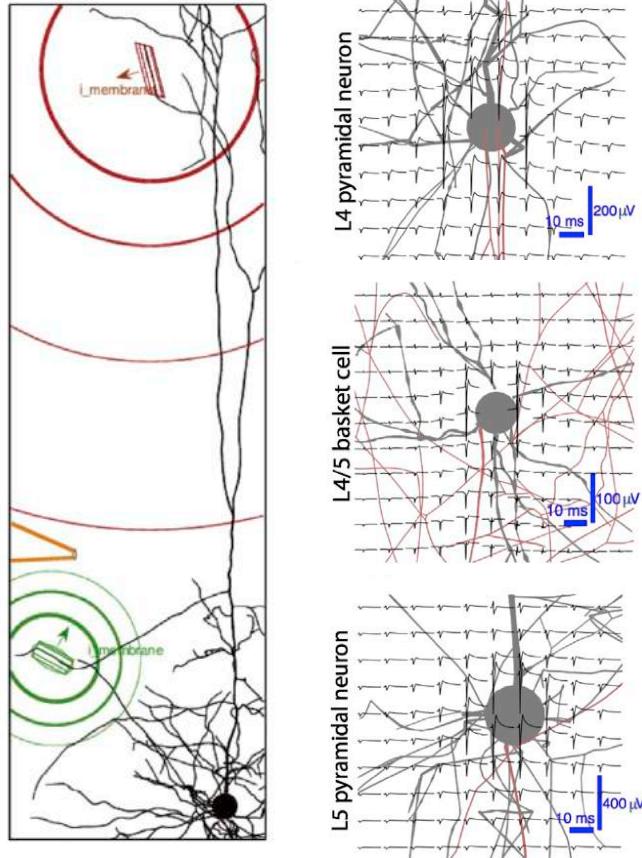
A virtual brain slice

230 μm thick



000210

~137,000 NEURONS



Line source approximation of the extracellular potential

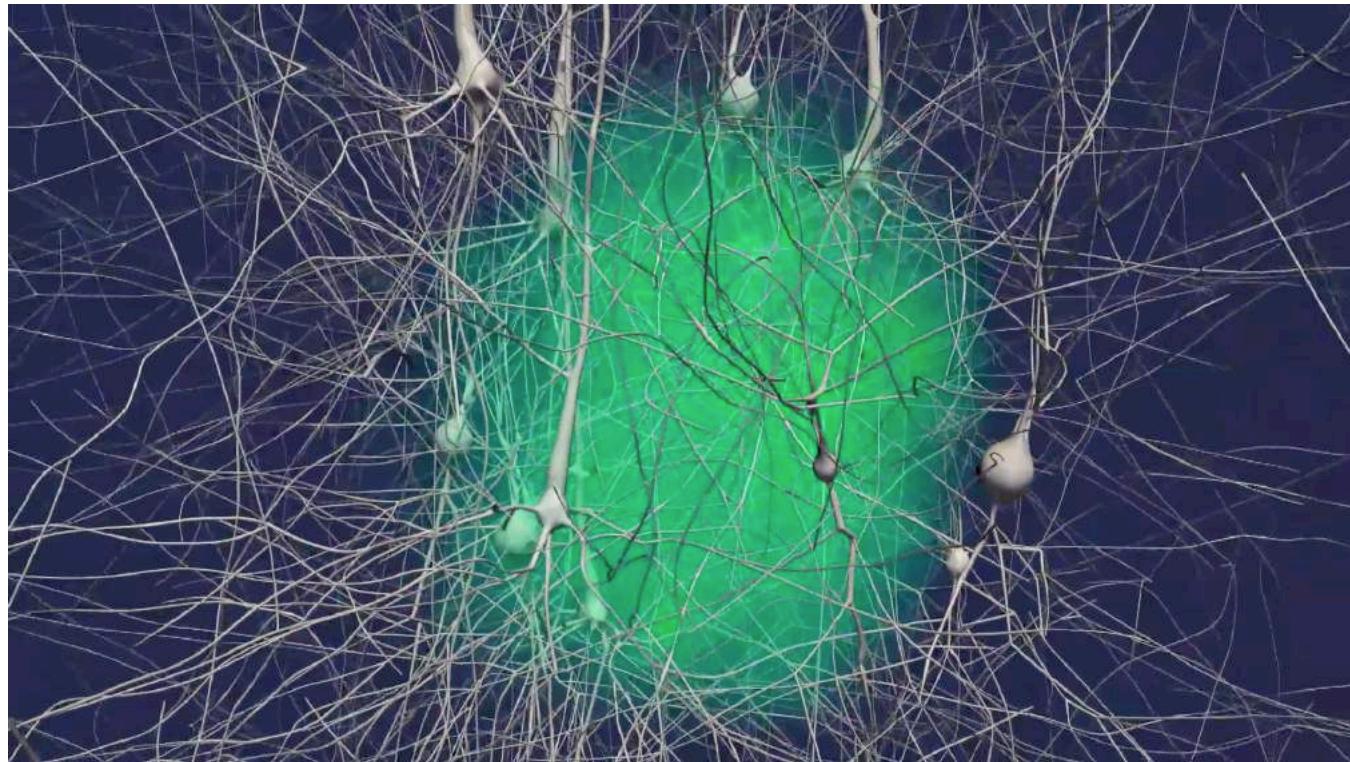
$$V_e(\vec{r}, t) = \sum_{j=1}^N \frac{\rho l_j(t)}{4\pi\Delta s_j} \log \frac{\sqrt{h_j^2 + r_j^2} - h_j}{\sqrt{l_j^2 + r_j^2} - l_j},$$

Holt and Koch, 1999

Reimann et al., Neuron, 2013 in collaboration with the Allen Institute, Seattle, WA



Bridging from the microcircuit to local field potential

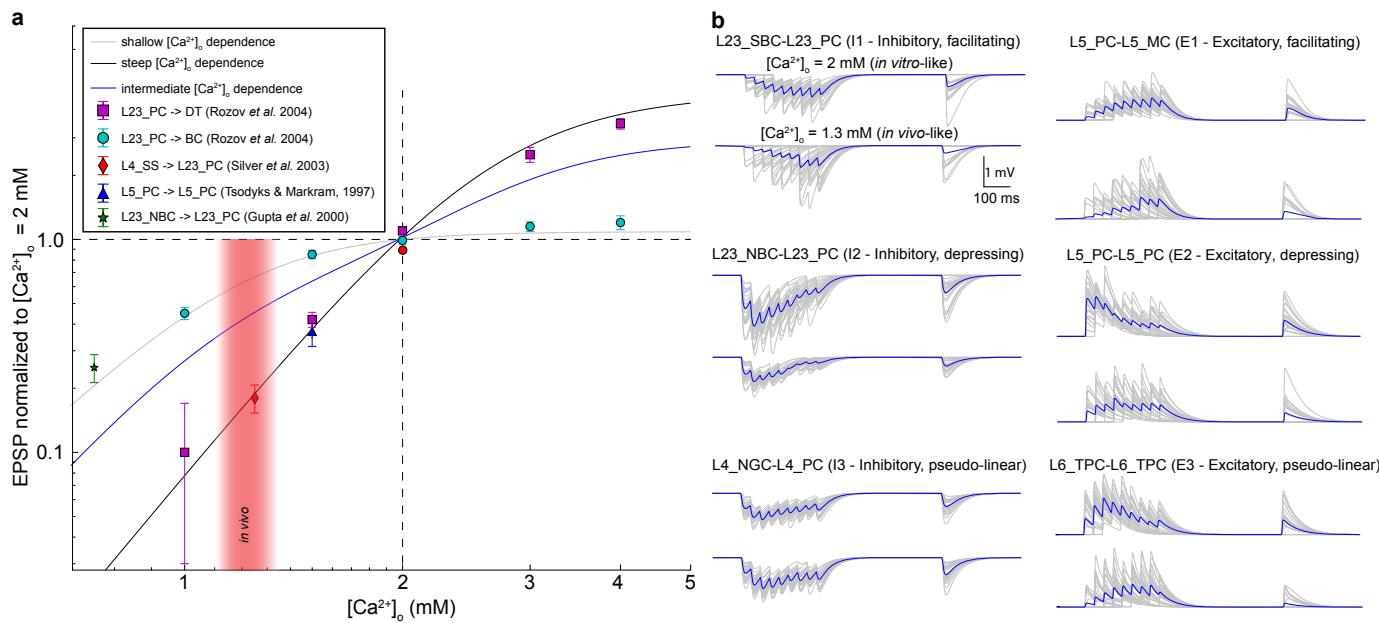


Reimann et al., Neuron, 2013 in collaboration with the Allen Institute, Seattle, WA

39



Extracellular calcium concentration affects Excitatory/Inhibitory balance



Asynchronous activity in a virtual brain slice

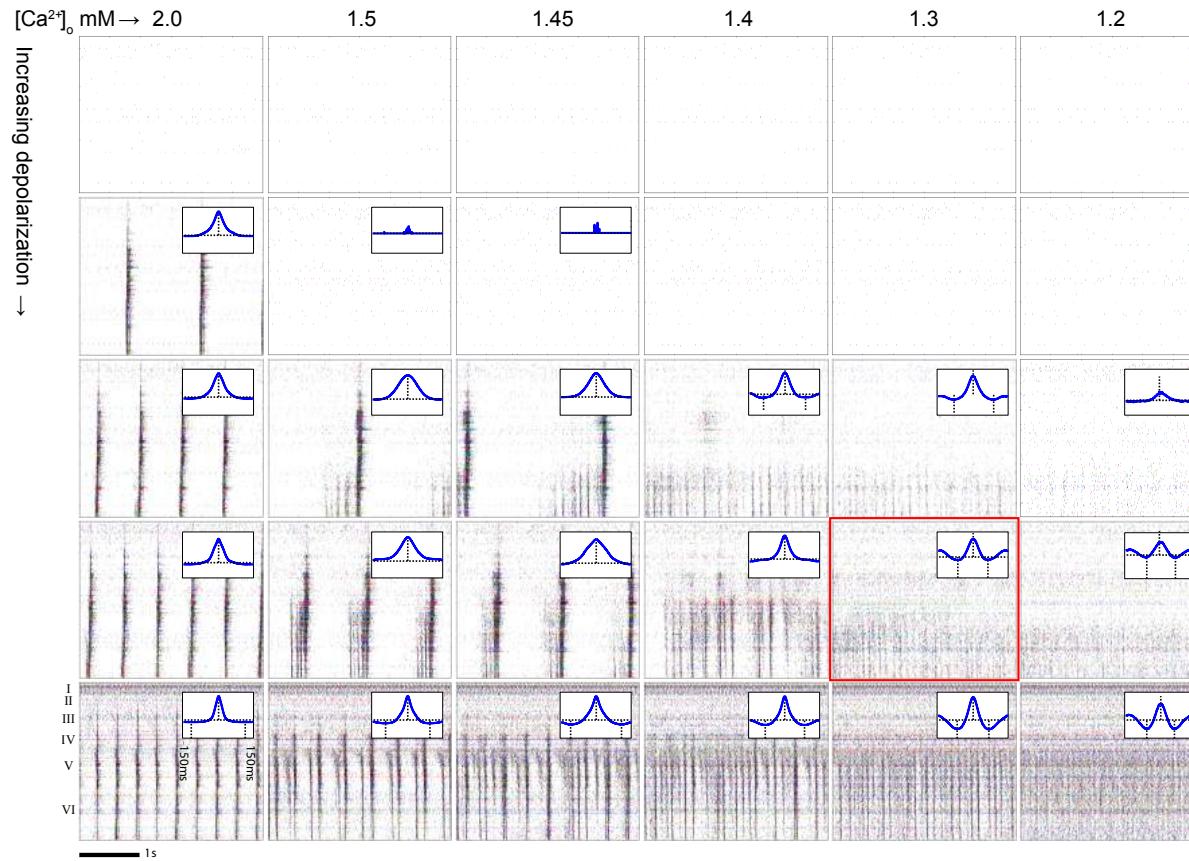
230 μm thick



000078



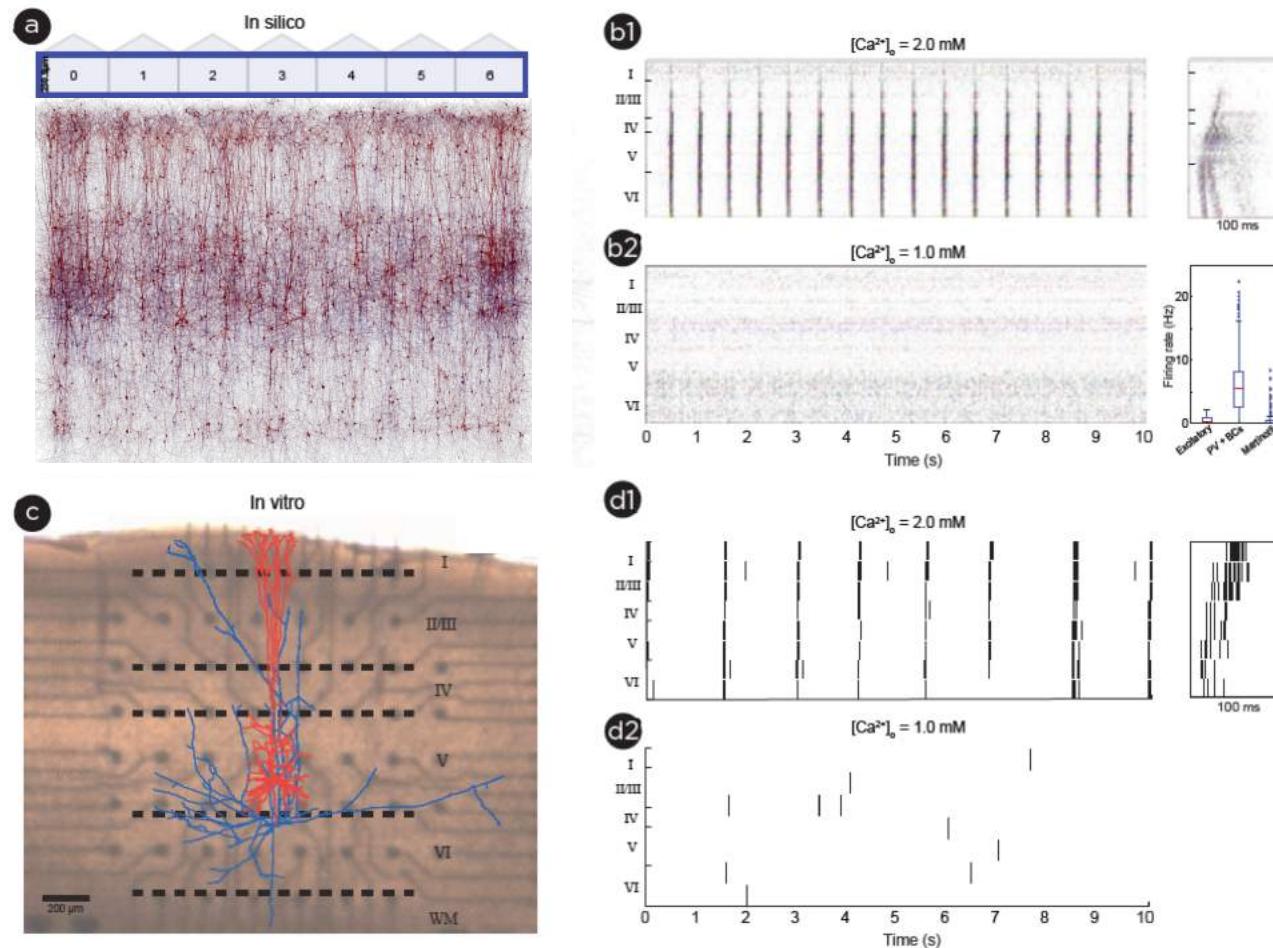
Changing calcium concentration creates a spectrum of cortical states



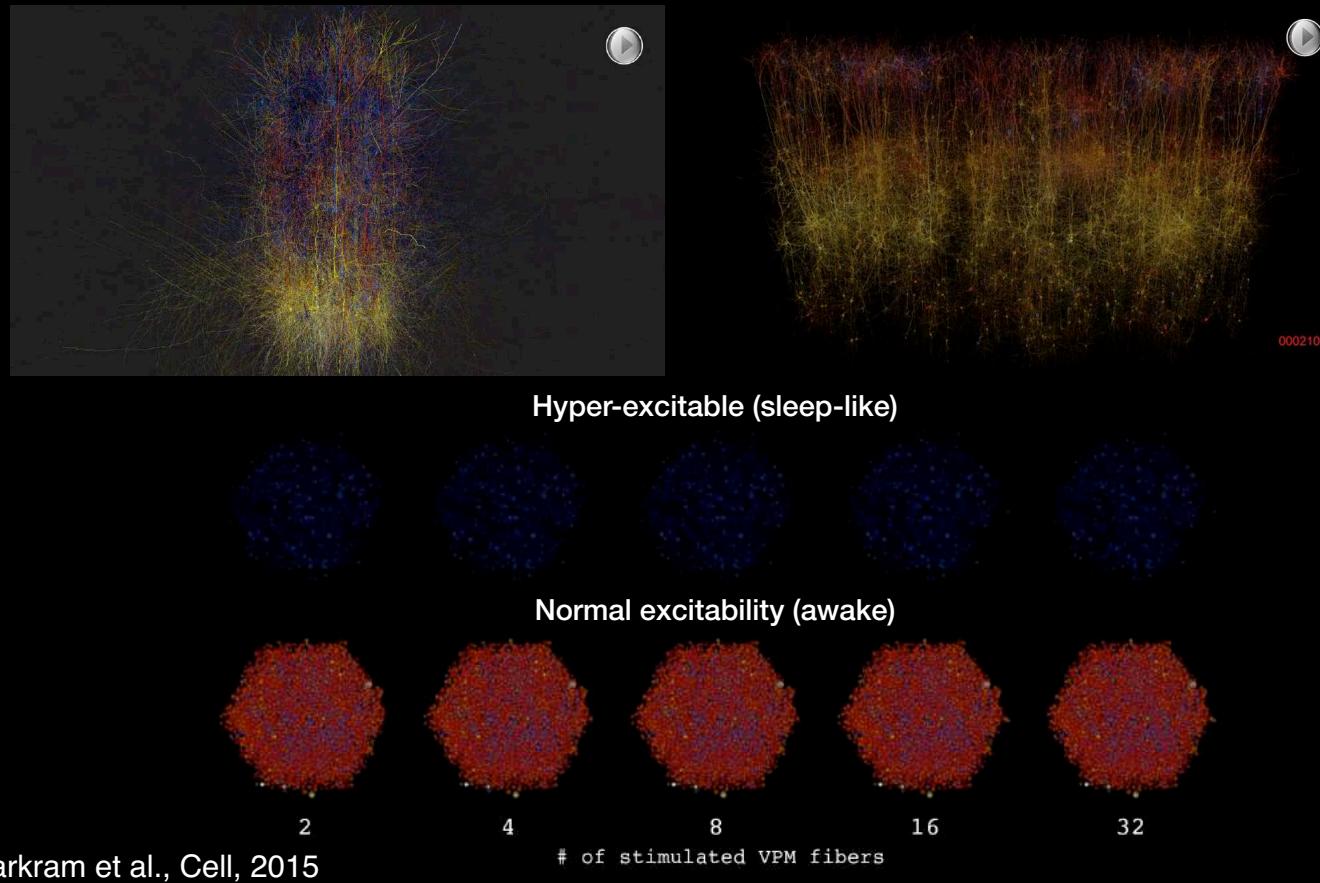
Markram et al., Cell, 2015

42

Experimental Validation



Increased Cortical Excitability Produces Sleep-like Responses





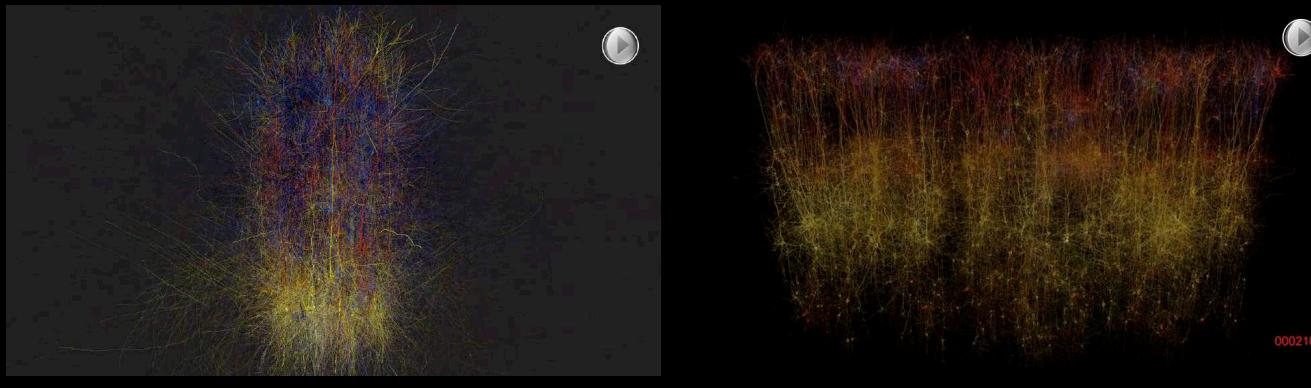
Digital Reconstruction Summary

The digital reconstruction is built from laboratory data measurements and not tuned to produce specific network behaviors.

Yet it gives rise to a broad range of emergent phenomena observed in vitro and in vivo.

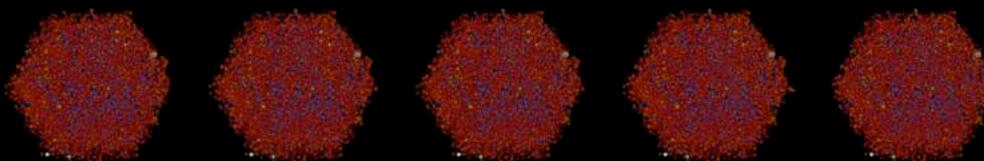
The whole is greater than the sum of the parts.

**Increased Excitability or Decreased Inhibition
Decreases signal/noise ratio**



Hyper-excitability

Normal excitability



2

4

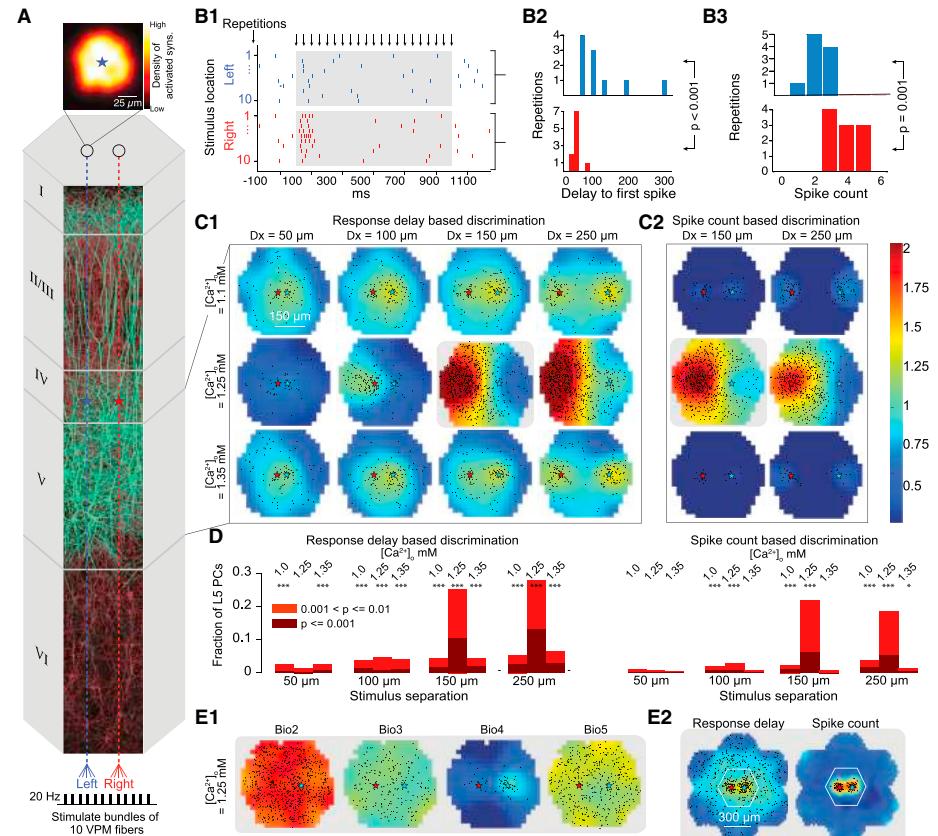
8

16

32

of stimulated VPM fibers

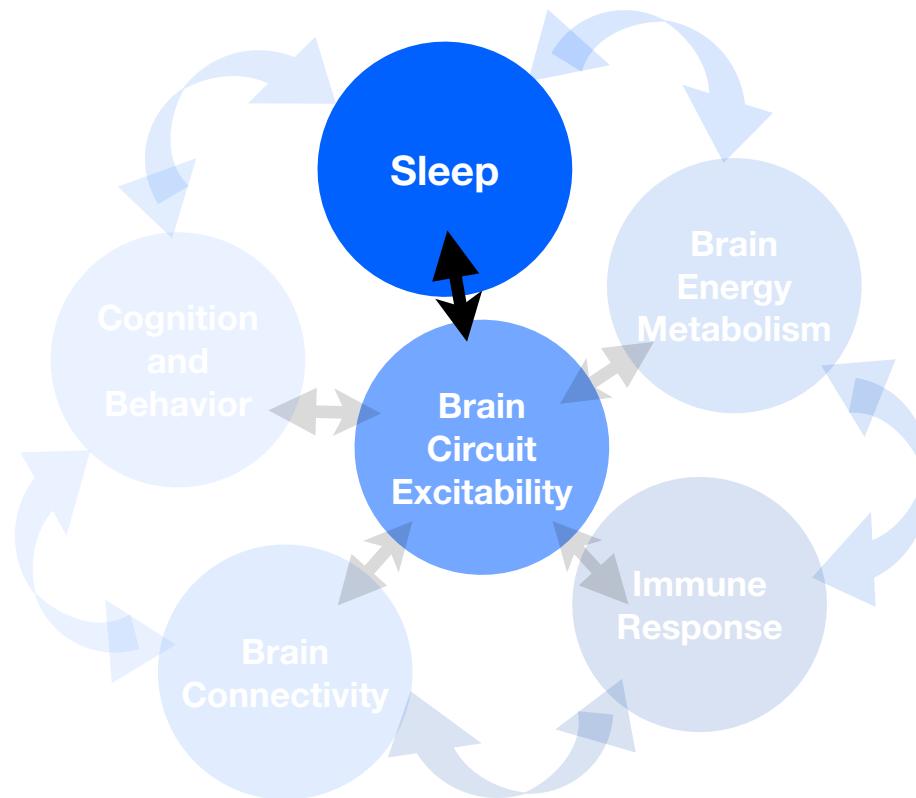
Changing Excitability Affects Stimulus Discrimination



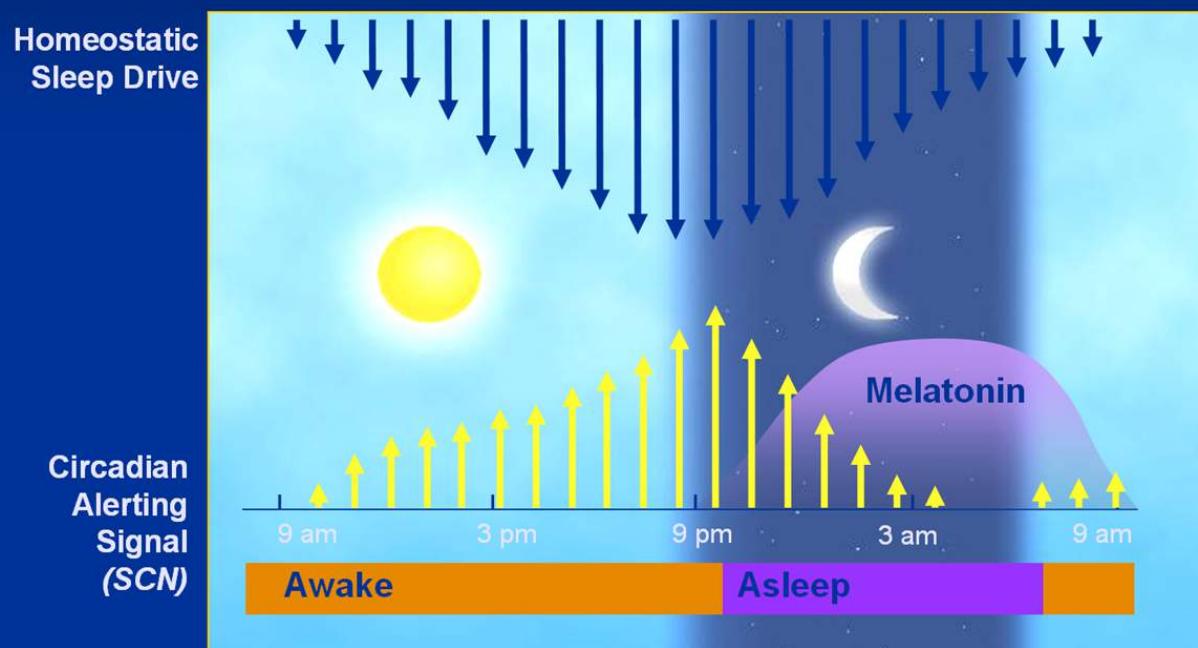
Blue Brain Credits

Henry Markram,^{1,2,19,*} Eilif Muller,^{1,19} Srikanth Ramaswamy,^{1,19} Michael W. Reimann,^{1,19} Marwan Abdellah,¹ Carlos Aguado Sanchez,¹ Anastasia Ailamaki,¹⁶ Lidia Alonso-Nanclares,^{6,7} Nicolas Antille,¹ Selim Arsever,¹ Guy Antoine Atenekeng Kahou,¹ Thomas K. Berger,¹ Ahmet Bilgili,¹ Nenad Buncic,¹ Athanassia Chalimourda,¹ Giuseppe Chindemi,¹ Jean-Denis Courcol,¹ Fabien Delalondre,¹ Vincent Delattre,² Shaul Druckmann,⁵ Raphael Dumusc,¹ James Dynes,¹ Stefan Eilemann,¹ Eyal Gal,⁴ Michael Emiel Gevaert,¹ Jean-Pierre Ghobril,² Albert Gidon,³ Joe W. Graham,¹ Anirudh Gupta,² Valentin Haenel,¹ Etay Hay,^{3,4} Thomas Heinis,^{1,16,17} Juan B. Hernando,⁸ Michael Hines,¹² Lida Kanari,¹ Daniel Keller,¹ John Kenyon,¹ Georges Khazen,¹ Yihwa Kim,¹ James G. King,¹ Zoltan Kisvarday,¹³ Pramod Kumbhar,¹ Sébastien Lasserre,^{1,15} Jean-Vincent Le Bé,² Bruno R.C. Magalhães,¹ Angel Merchán-Pérez,^{6,7} Julie Meystre,² Benjamin Roy Morrice,¹ Jeffrey Muller,¹ Alberto Muñoz-Céspedes,^{6,7} Shruti Muralidhar,² Keerthan Muthurasa,¹ Daniel Nachbaur,¹ Taylor H. Newton,¹ Max Nolte,¹ Aleksandr Ovcharenko,¹ Juan Palacios,¹ Luis Pastor,⁹ Rodrigo Perin,² Rajnish Ranjan,^{1,2} Imad Riachi,¹ José-Rodrigo Rodríguez,^{6,7} Juan Luis Riquelme,¹ Christian Rössert,¹ Konstantinos Sfyrakis,¹ Ying Shi,² Julian C. Shillcock,¹ Gilad Silberberg,¹⁸ Ricardo Silva,¹ Farhan Tauheed,^{1,16} Martin Telefont,¹ Maria Toledo-Rodriguez,¹⁴ Thomas Tränkler,¹ Werner Van Geit,¹ Jafet Villafranca Díaz,¹ Richard Walker,¹ Yun Wang,^{10,11} Stefano M. Zainetta,¹ Javier DeFelipe,^{6,7,20} Sean L. Hill,^{1,20} Idan Segev,^{3,4,20} and Felix Schürmann^{1,20}

Changes in Excitability Govern Changes between Wakefulness and Sleep

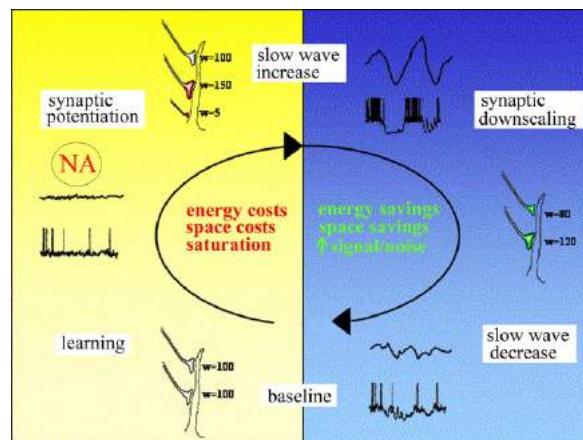
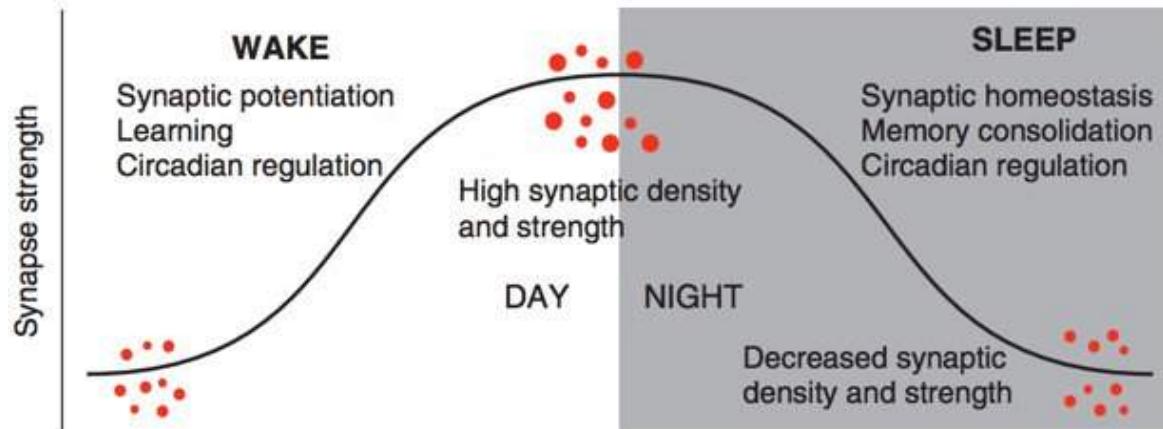


Sleep Wake Cycle: Two Process Model

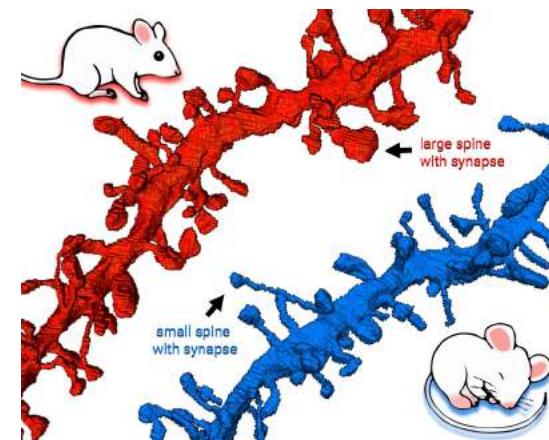


Adapted from Kilduff TS, Kushida CA. *Sleep Disorders Medicine: Basic Science, Technical Considerations, and Clinical Aspects*. 1999; and Kennaway DJ, Voultsios A. *J Clin Endocrinol Metab*. 1998;83:1013-1015; Edgar DM, Dement WC. And Fuller CA. *The Journal of Neuroscience*. 1993;13(3):1065-1079.

Synaptic homeostasis

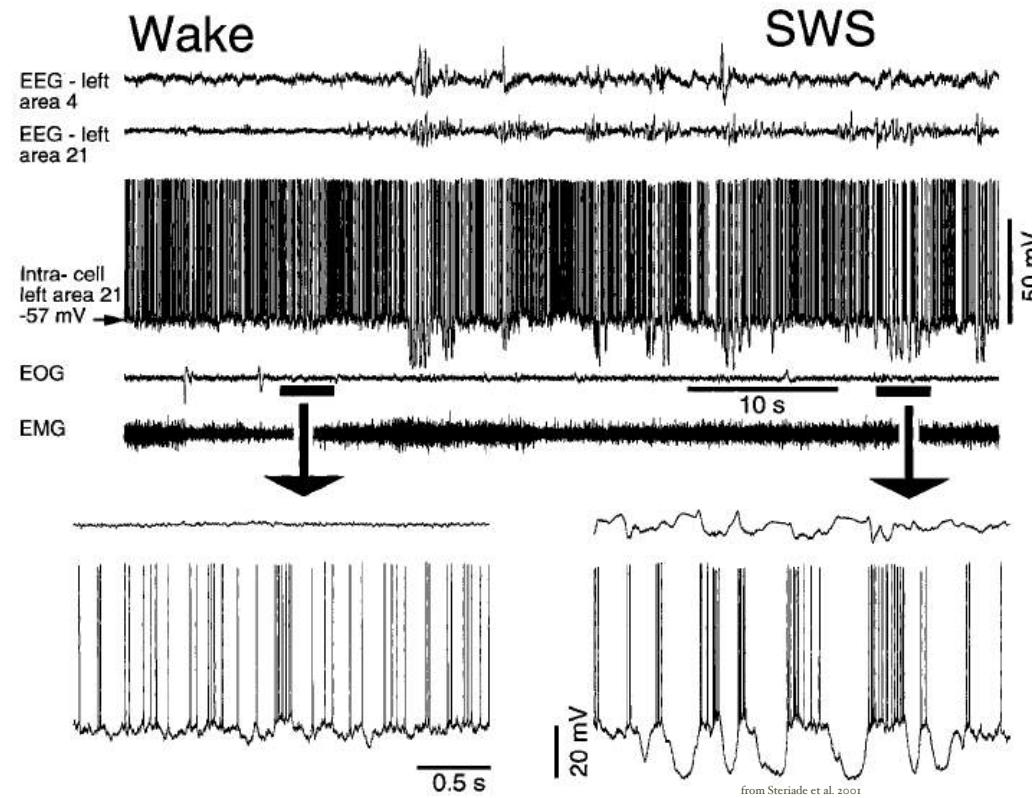


Tononi and Cirelli, 2003

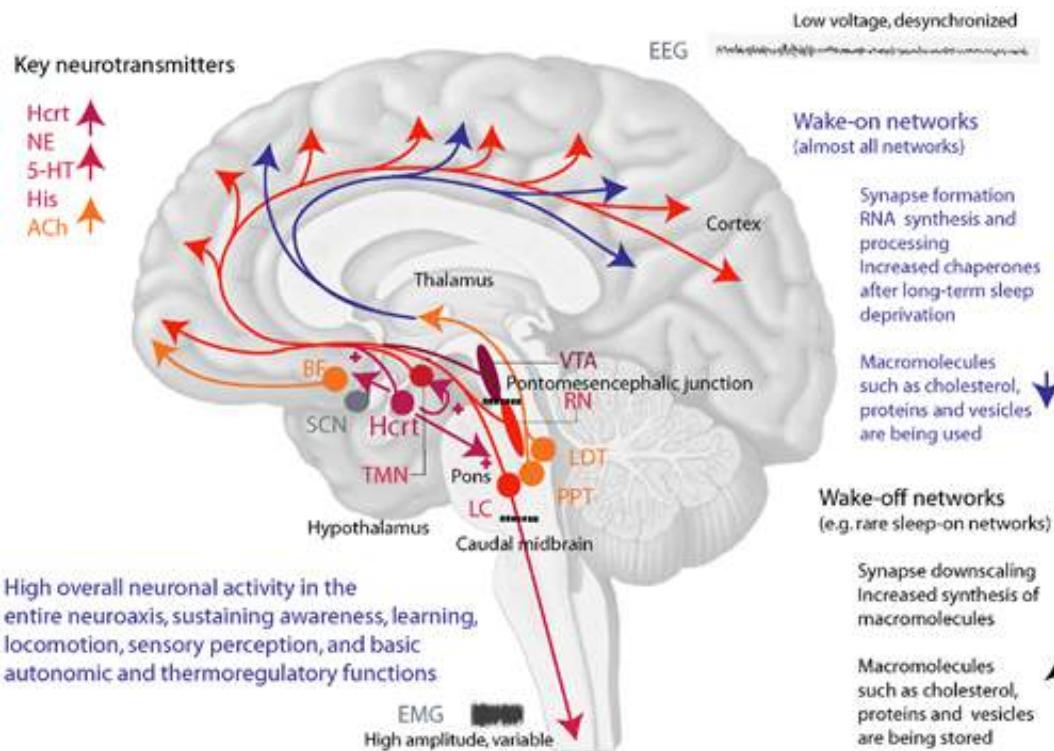


De Vivo et al., Science, 2017

Wakefulness and Slow-Wave Sleep in the Cerebral Cortex

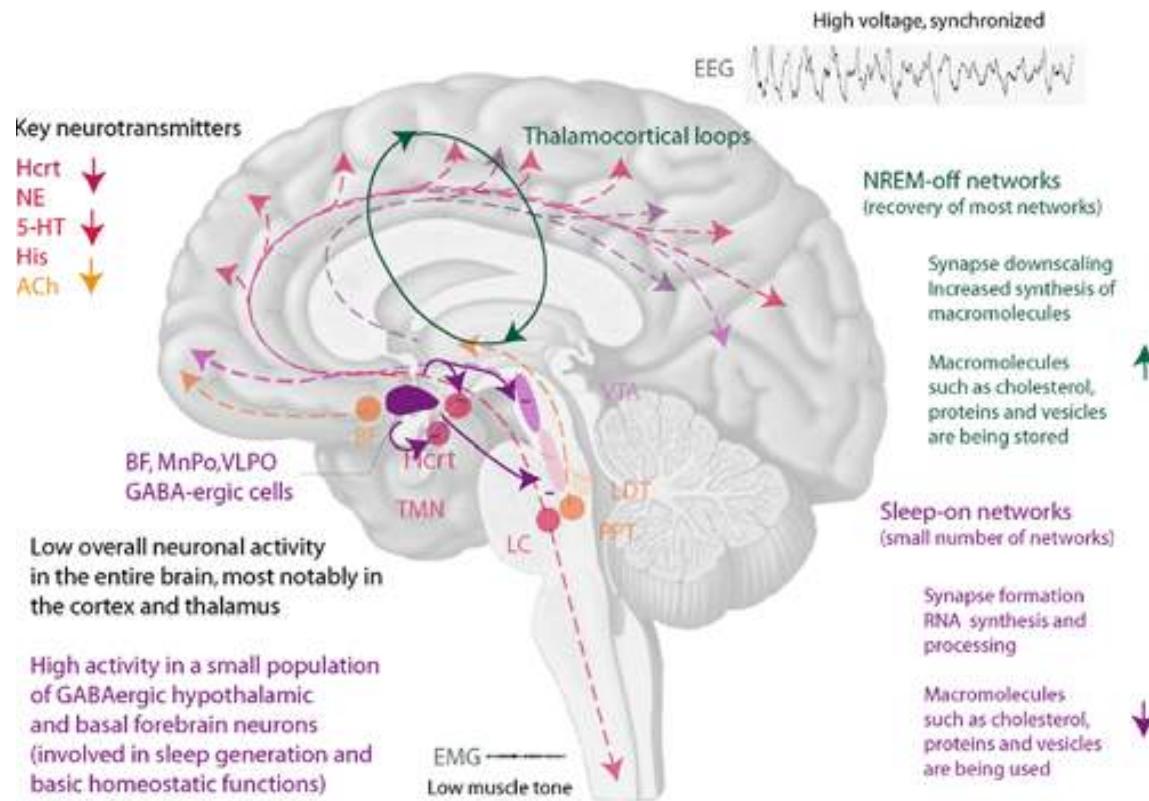


Neuromodulation during wakefulness



Mignot E (2008) Why we sleep: The temporal organization of recovery. PLoS Biol 6(4): e106. doi:10.1371/journal.pbio.0060106

Neuromodulation during NREM sleep

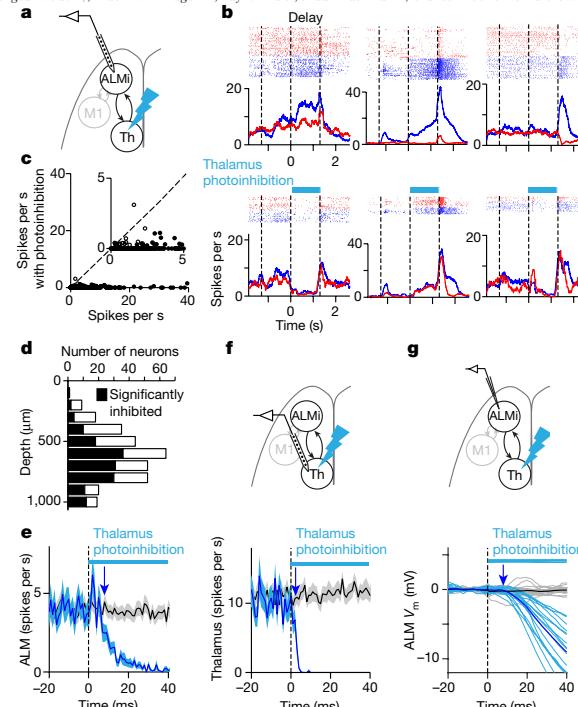


Mignot E (2008) Why we sleep: The temporal organization of recovery. PLoS Biol 6(4): e106. doi:10.1371/journal.pbio.0060106

During wakefulness, cortex is driven by thalamic input

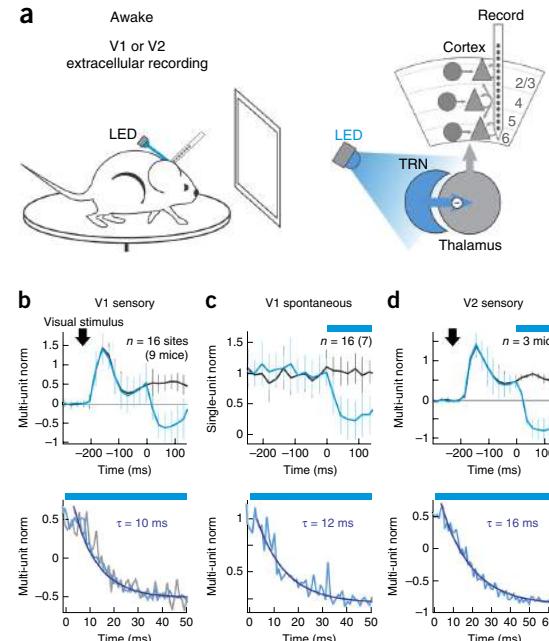
Maintenance of persistent activity in a frontal thalamocortical loop

Zengcai V. Guo^{1*}†, Hidehiko K. Inagaki^{1*}, Kayvon Diale¹, Shaul Druckmann¹, Charles R. Gerfen² & Karel Svoboda¹



Distinct recurrent versus afferent dynamics in cortical visual processing

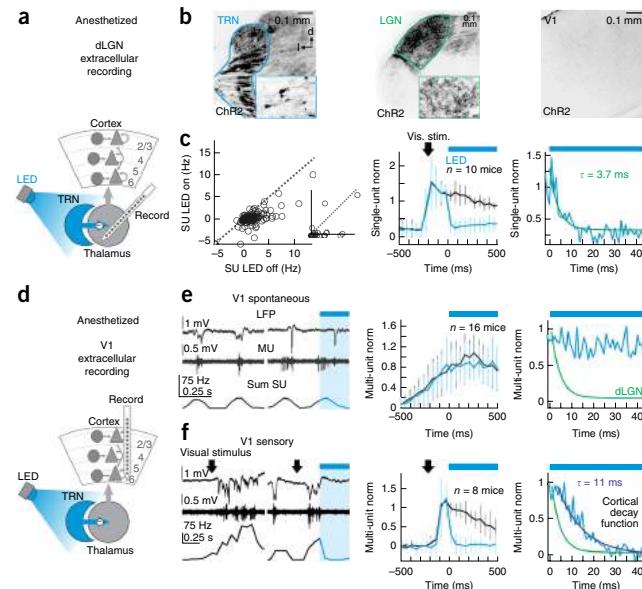
Kimberly Reinhold¹⁻⁴, Anthony D Lien¹⁻⁴ & Massimo Scanziani¹⁻⁴



During sleep/anesthesia, cortex generates slow wave activity without thalamic input

Distinct recurrent versus afferent dynamics in cortical visual processing

Kimberly Reinhold^{1–4}, Anthony D Lien^{1–4} & Massimo Scanziani^{1–4}



Also seen in

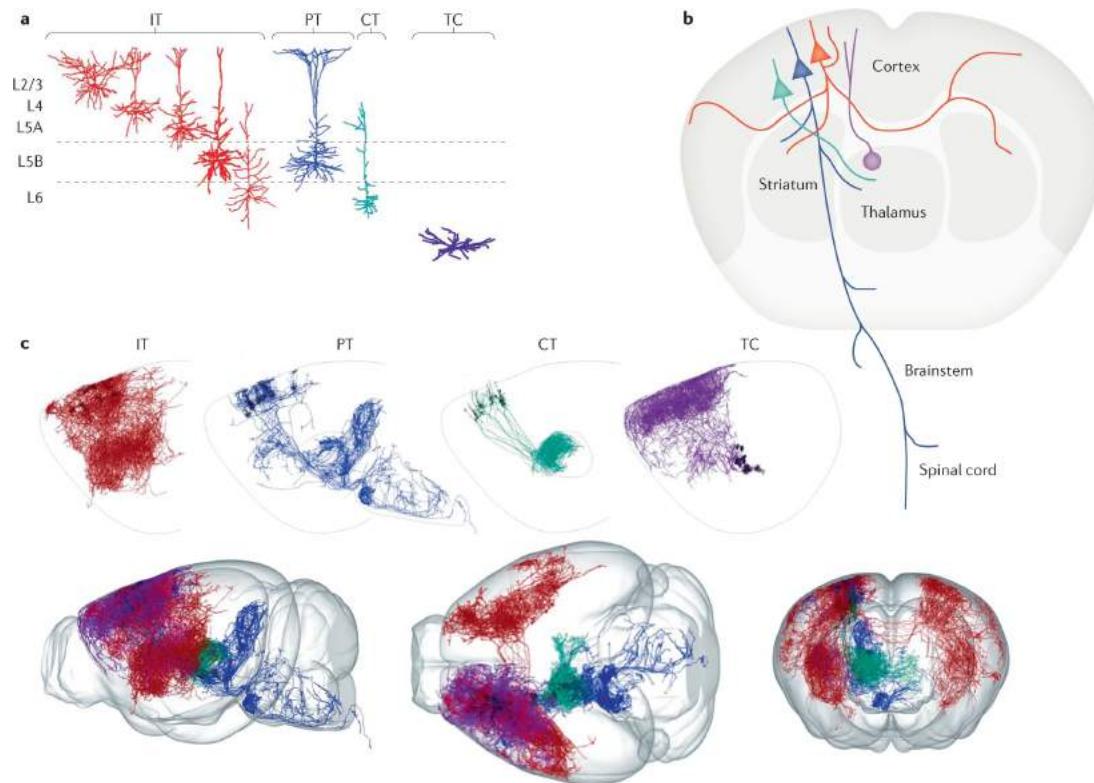
In Vitro Cortex:

Sanchez-Vives and McCormick, 2000

Deafferented cortical slab:

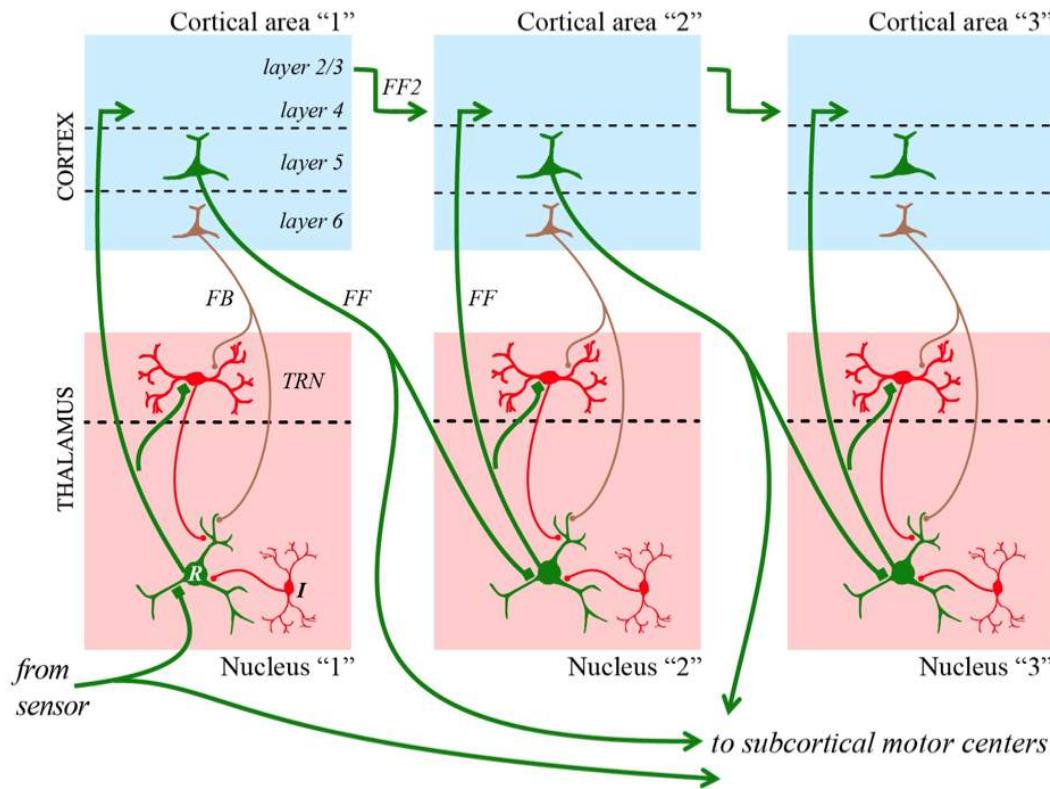
Timofeev et al., 2000

Excitatory projection neurons of the cortico-thalamo-cortical loop



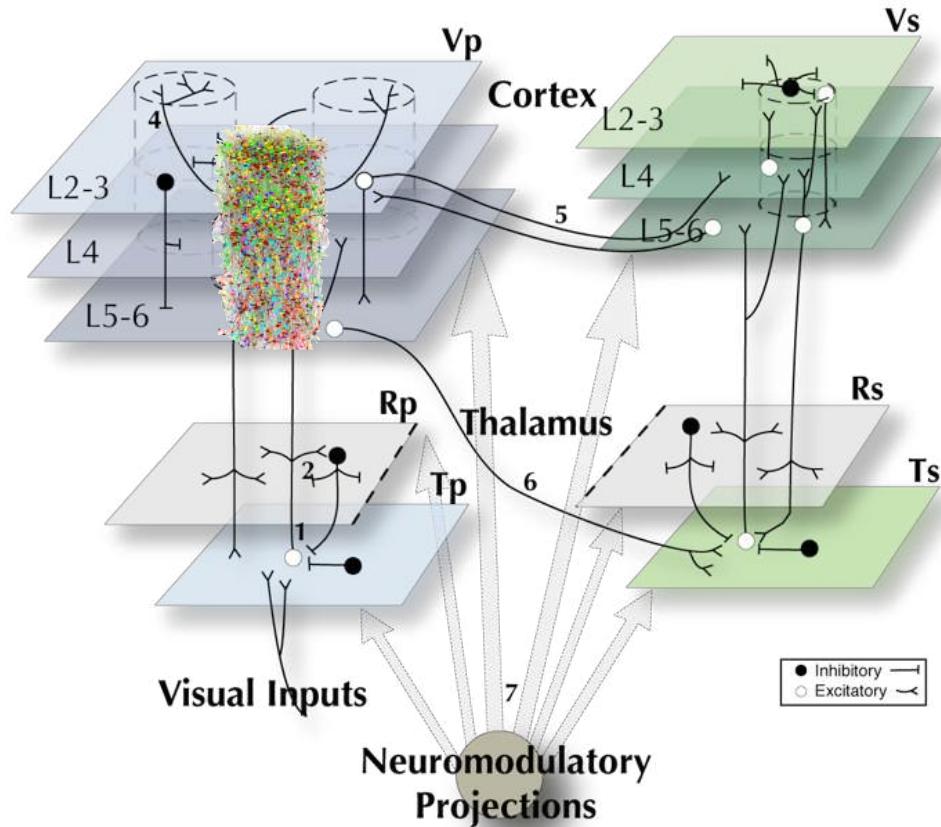
Shepherd, G.M.G., Yamawaki, N. Untangling the cortico-thalamo-cortical loop: cellular pieces of a knotty circuit puzzle. *Nat Rev Neurosci* (2021). <https://doi.org/10.1038/s41583-021-00459-3>

Sherman and Guillery Model of Transthalamic Cortical Communication



From Numenta ("Thalamus snubbed") based on Sherman, S.M.(2018b). Thalamocortical System II. Lecture at the Simons Institute, Berkeley. [<https://www.youtube.com/watch?v=KBILhSTpzFI>]

Thalamocortical Model - 65,000 neurons, ~5 million connections

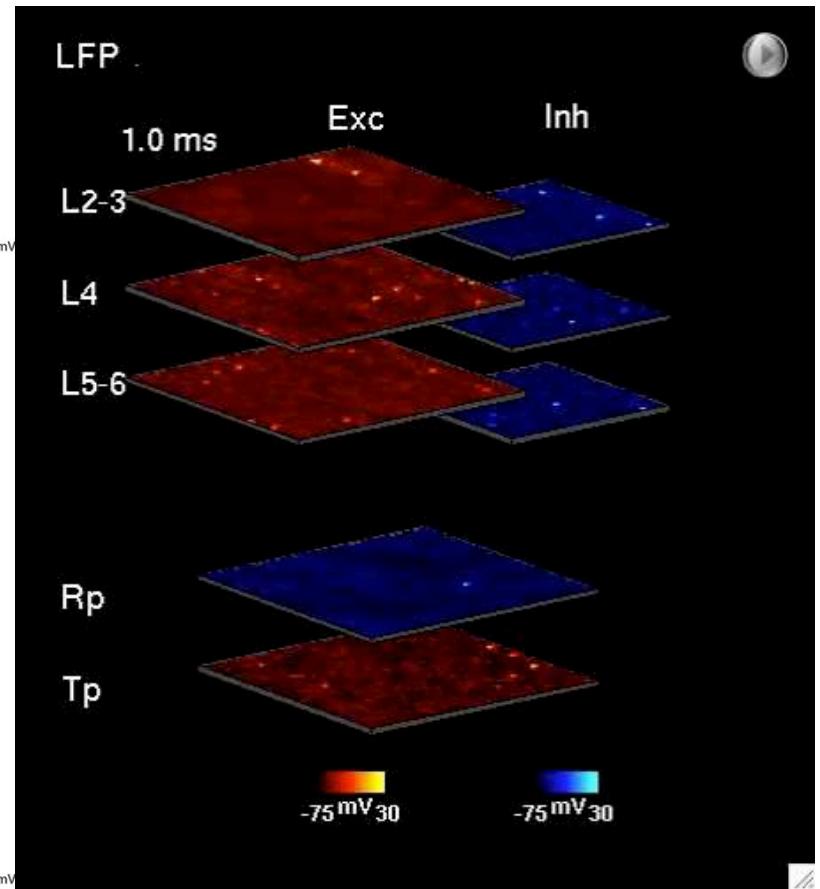
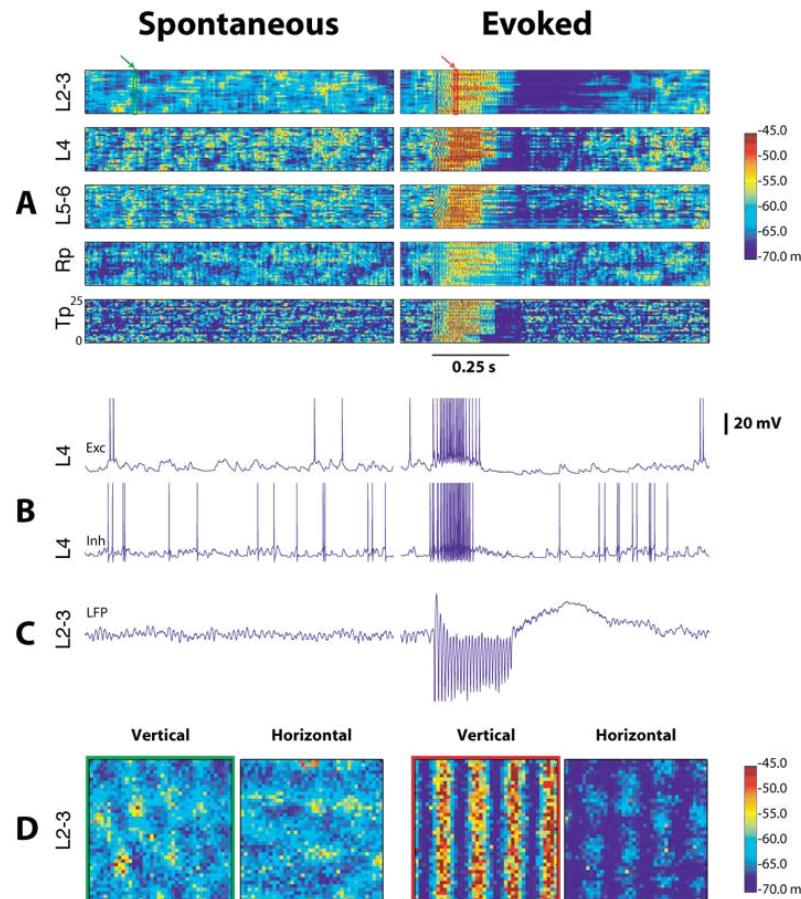


Hill and Tononi, 2005

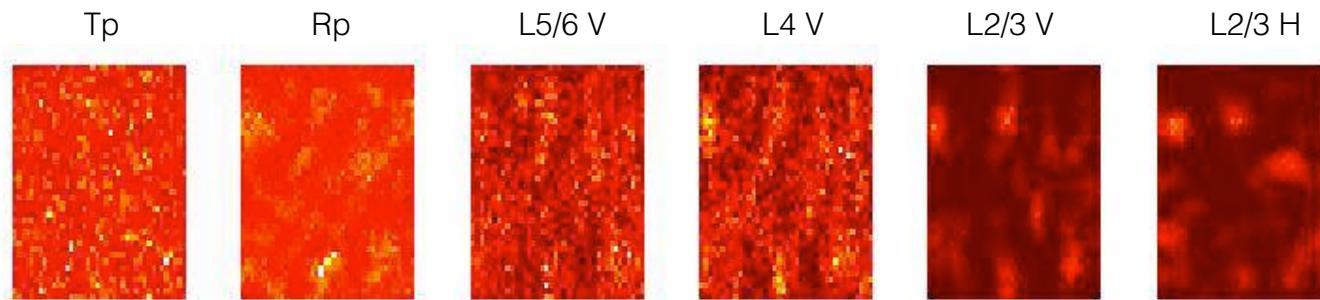
Thalamocortical model overview

- Neurons (~65,000 cells)
 - Integrate-and-fire spiking neurons
- Intrinsic currents
 - I_{KL} , I_h , I_T , $I_{Na(p)}$, I_{DK}
Voltage-dependent and independent currents underlying intrinsic bursting properties
- Synapses (~5,000,000 connections)
 - AMPA, NMDA, GABA_A, GABA_B
 - Short-term depression
- Anatomy
 - Based on cat visual thalamocortical system
 - Patterned connections, 8 X 8 mm² of cortex
 - Diffuse modulatory influences affect channel conductances

Wakefulness

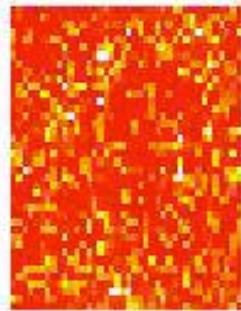


Thalamically driven spontaneous activity during wakefulness

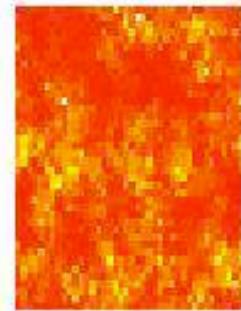


Orientation selectivity during wakefulness

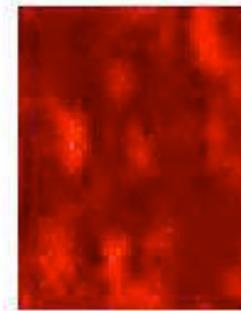
Tp



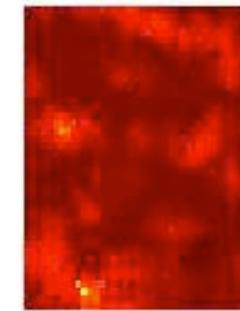
Rp



L2/3 V



L2/3 H



Transition to sleep...

- **Simulate the removal of key wake-promoting neuromodulators:**
 - **Increase potassium leak conductance**

Hyperpolarizes neurons - moving membrane potential away from firing threshold

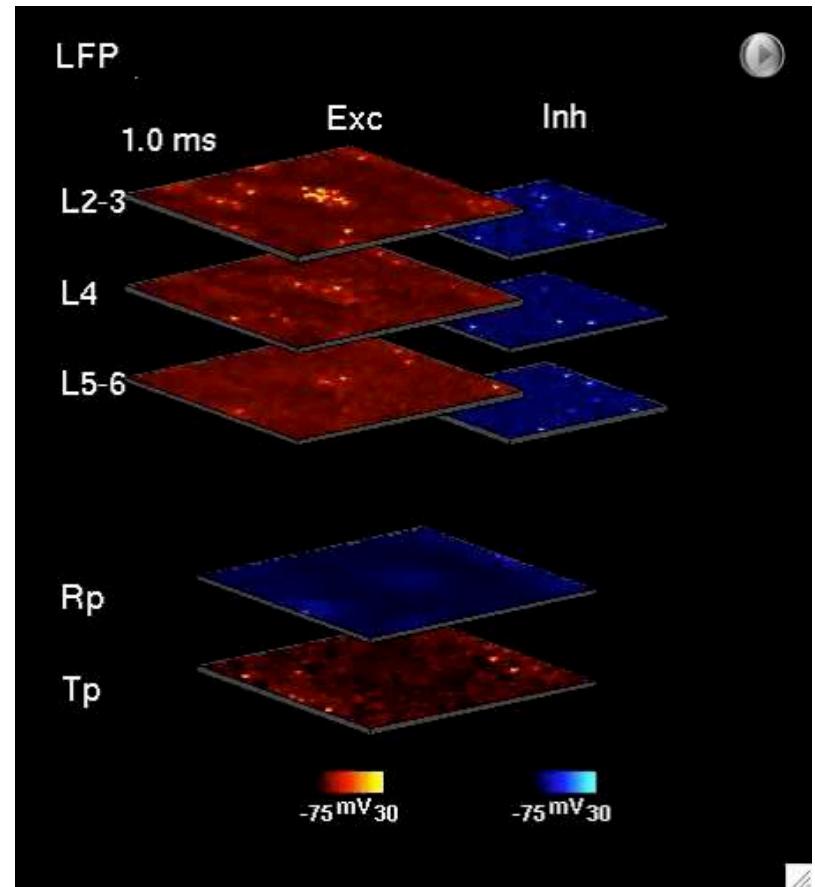
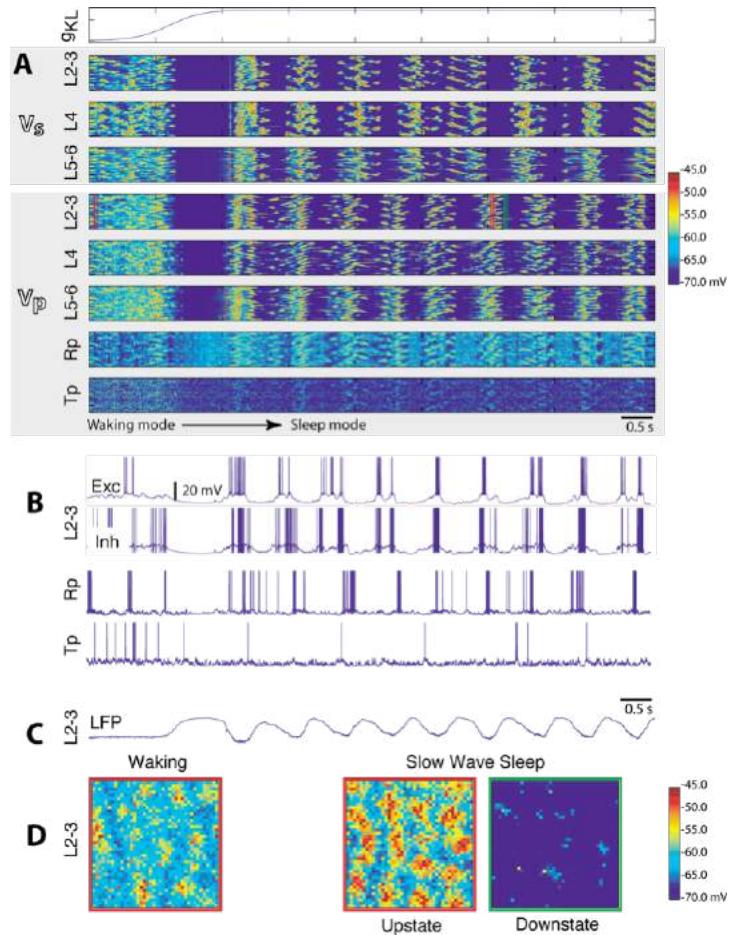
- **Increase AMPA receptor conductance**

Increases strength of excitatory connections

- **Increase persistent sodium channel conductance**

Increases bistable firing properties

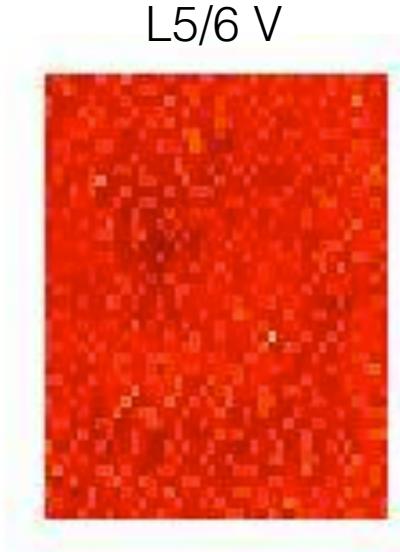
Slow Wave Sleep



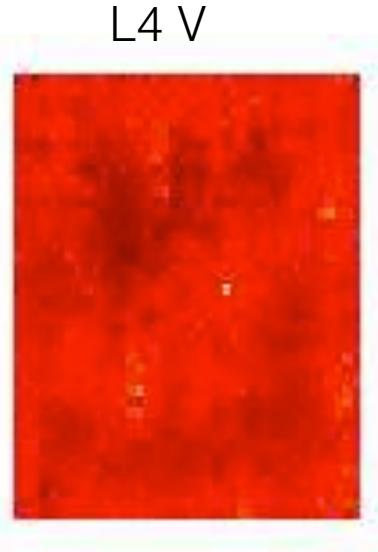
Hill and Tononi, 2005

Cortically generated slow oscillation

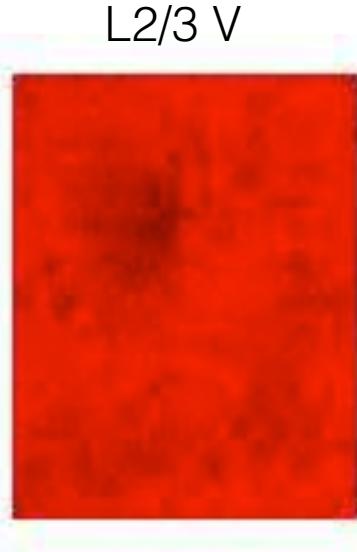
L5/6 V



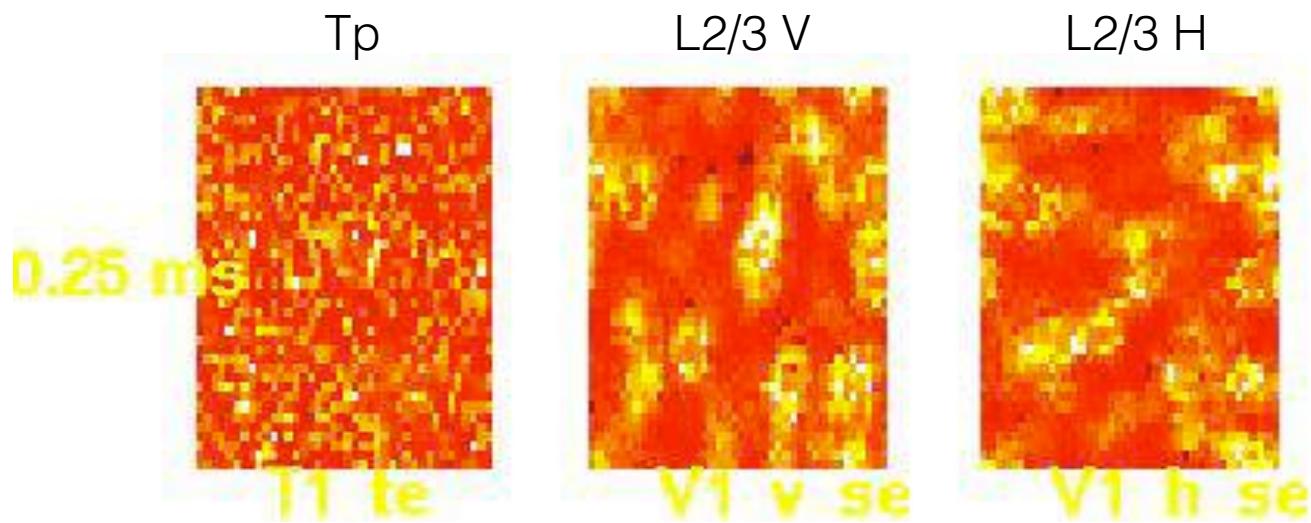
L4 V



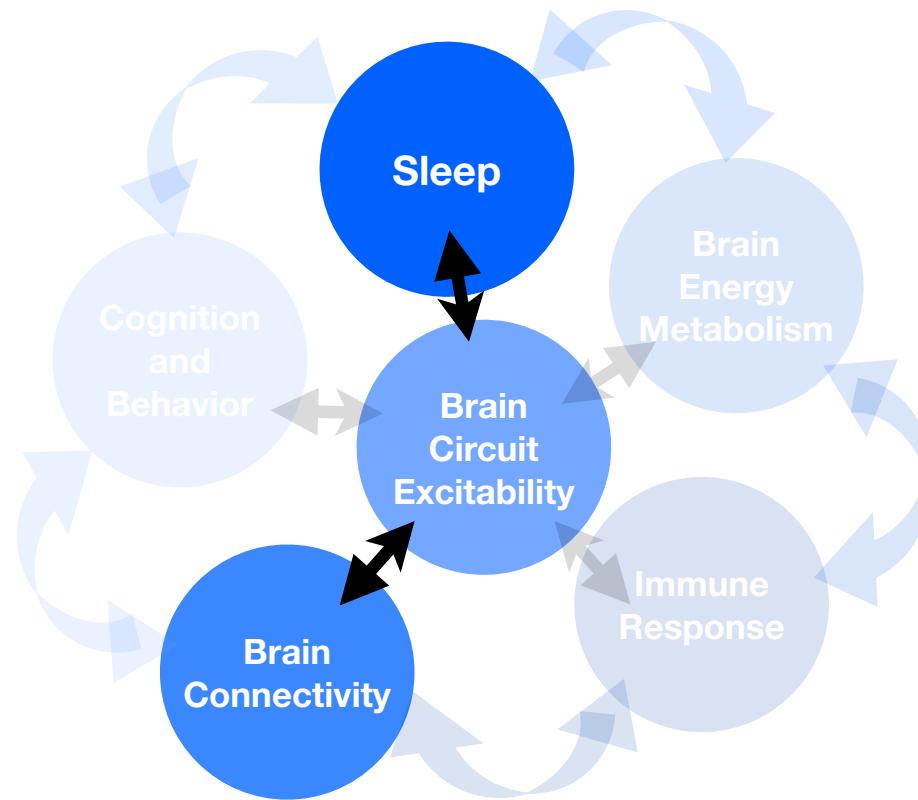
L2/3 V



Stimulation during slow oscillation



Local Sleep is Homeostatically Regulated and Associated with Synaptic Plasticity

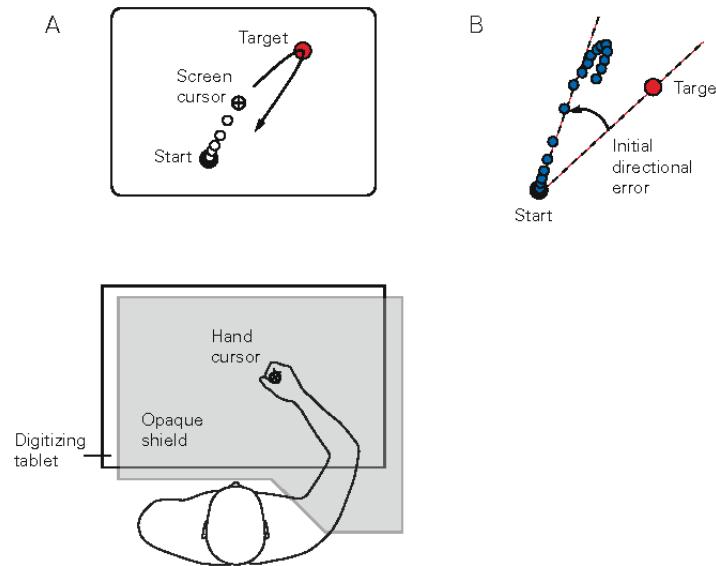


Local sleep and learning

Reto Huber¹, M. Felice Ghilardi², Marcello Massimini¹ & Giulio Tononi¹

¹*Department of Psychiatry, University of Wisconsin, Madison, Wisconsin 53719 USA*

²*Center for Neurobiology and Behavior, Columbia College of Physicians and Surgeons, New York, New York 10032, USA*



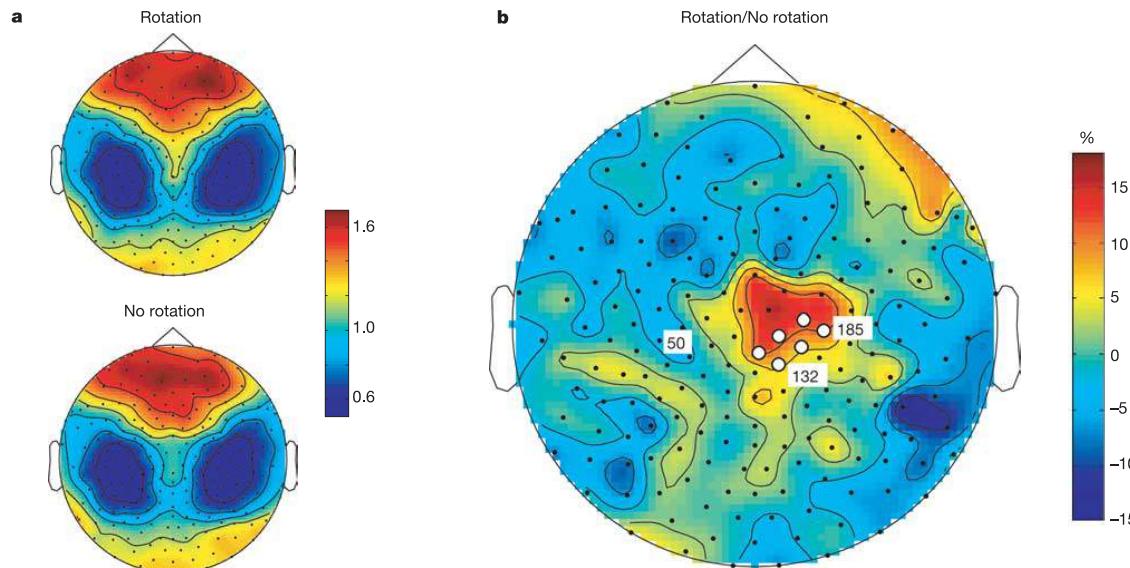
NATURE | VOL 430 | 1 JULY 2004 | www.nature.com/nature

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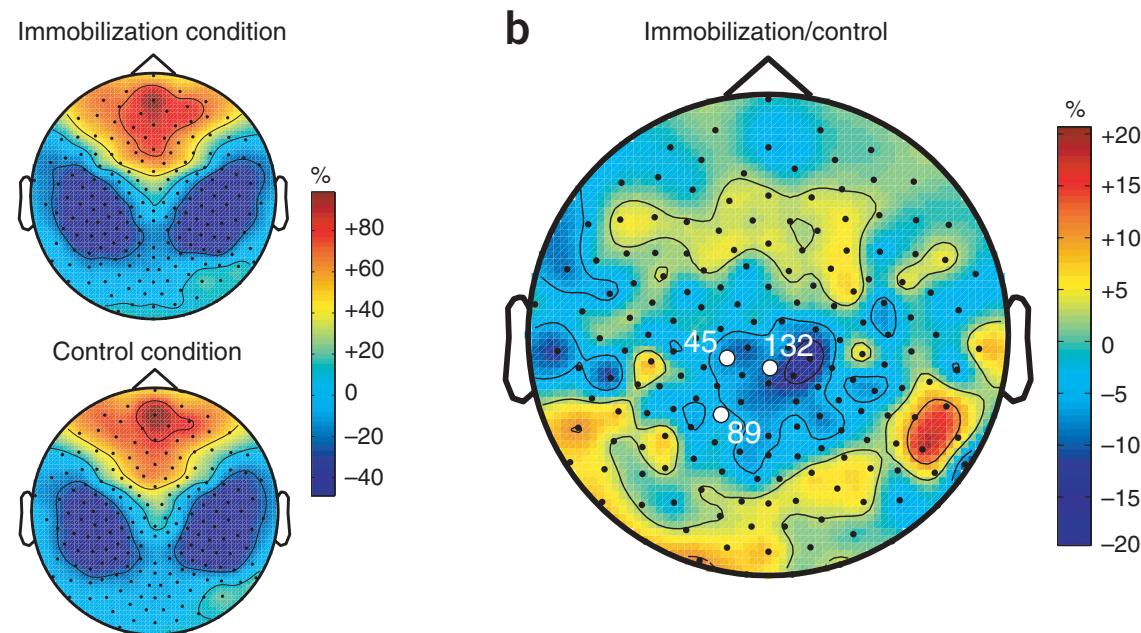
²*Center for Neurobiology and Behavior, Columbia College of Physicians and Surgeons, New York, New York 10032, USA*



NATURE | VOL 430 | 1 JULY 2004 | www.nature.com/nature

Arm immobilization causes cortical plastic changes and locally decreases sleep slow wave activity

Reto Huber¹, M Felice Ghilardi², Marcello Massimini¹, Fabio Ferrarelli¹, Brady A Riedner³, Michael J Peterson¹ & Giulio Tononi¹

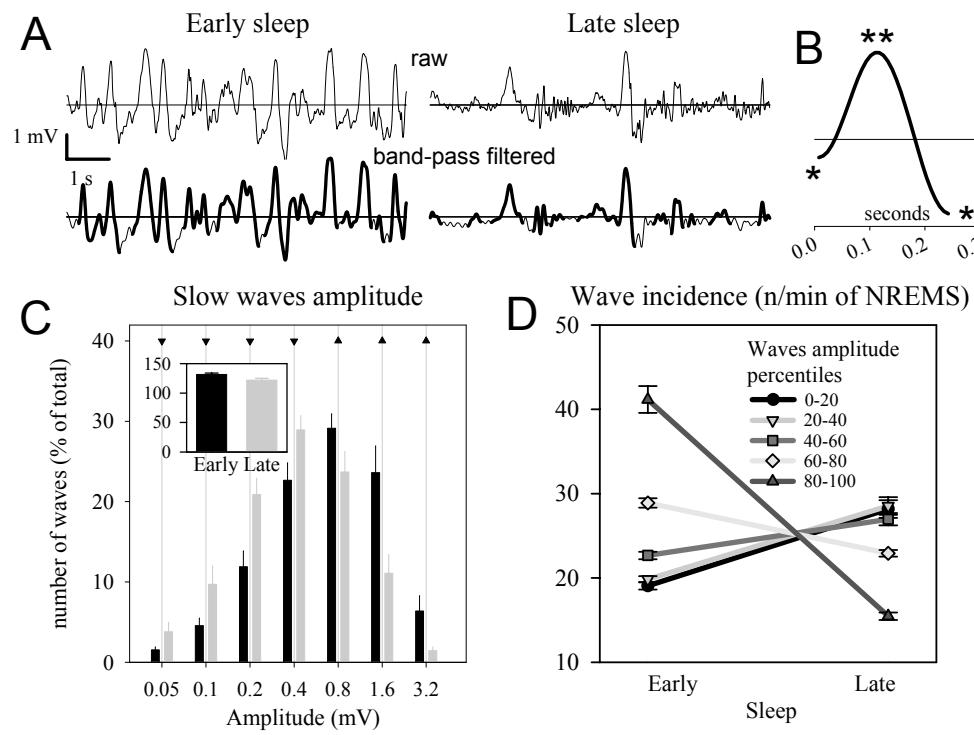


NATURE NEUROSCIENCE VOLUME 9 | NUMBER 9 | SEPTEMBER 2006

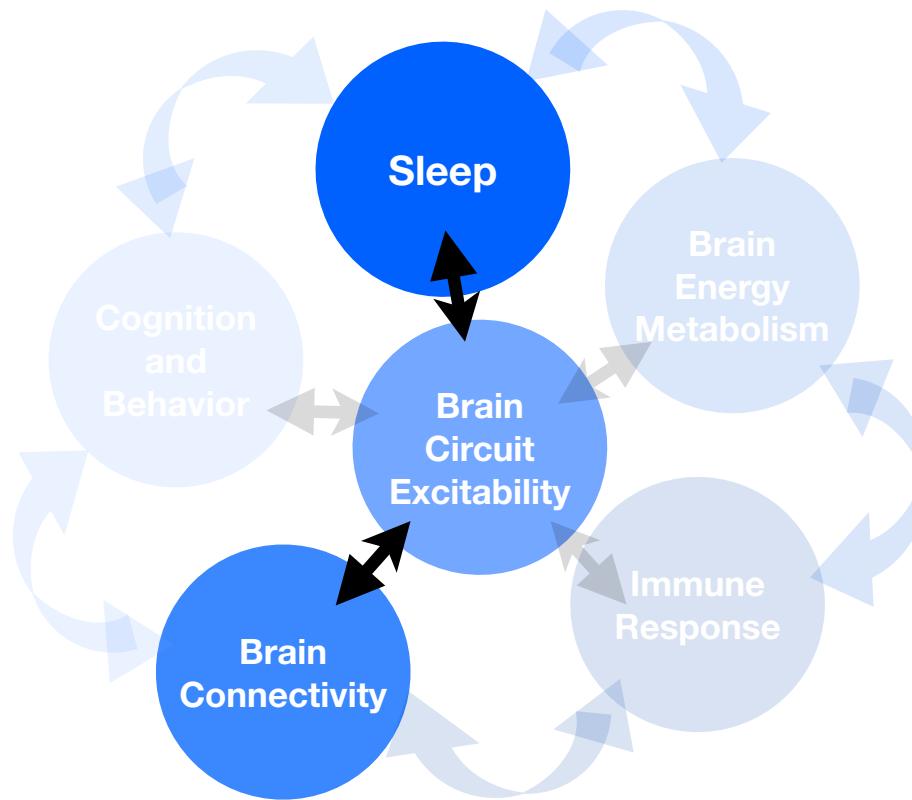
Slow waves slope and incidence decrease throughout the night

Sleep Homeostasis and Cortical Synchronization: II. A Local Field Potential Study of Sleep Slow Waves in the Rat

Vladyslav V. Vyazovskiy, PhD¹; Brady A. Riedner, BS^{1,3}; Chiara Cirelli, MD PhD¹; Giulio Tononi, MD PhD¹

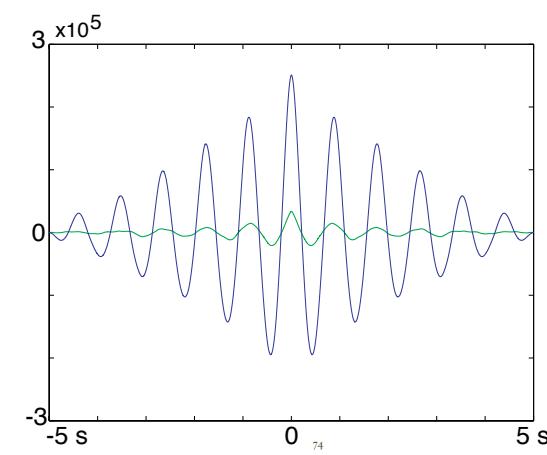
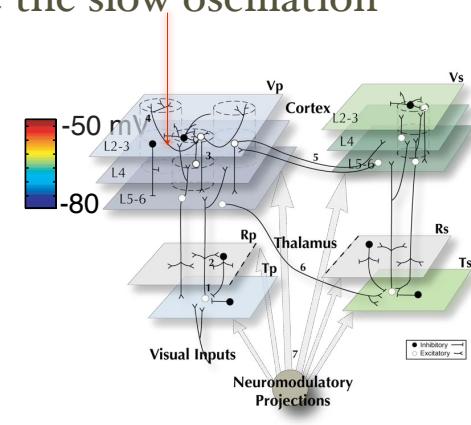
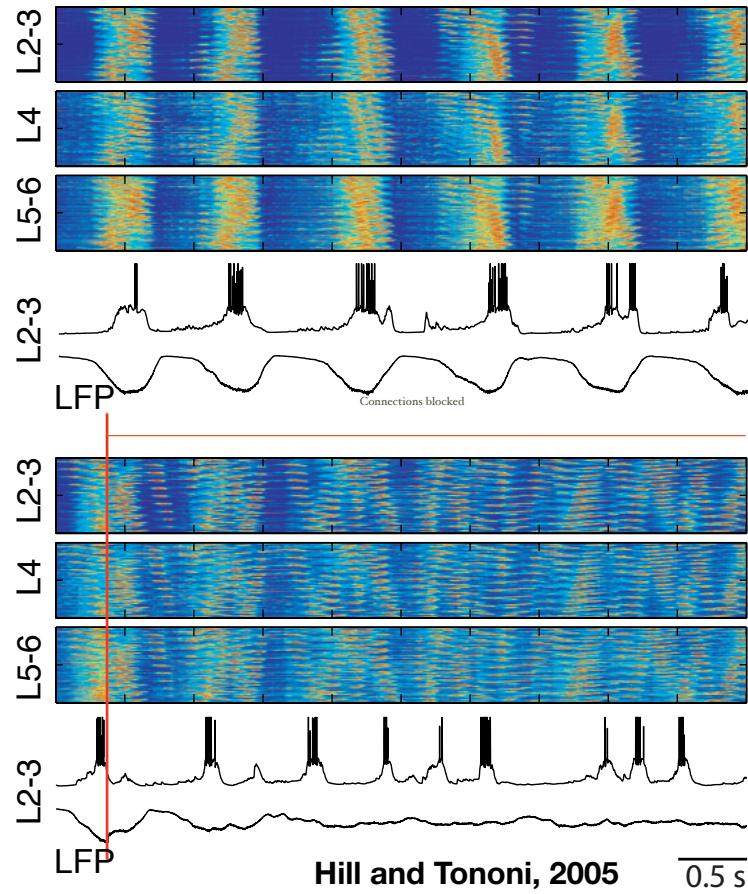


Synchronization of Slow Wave Sleep Depends on Excitatory Connectivity



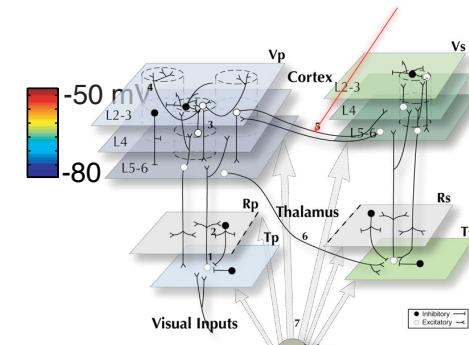
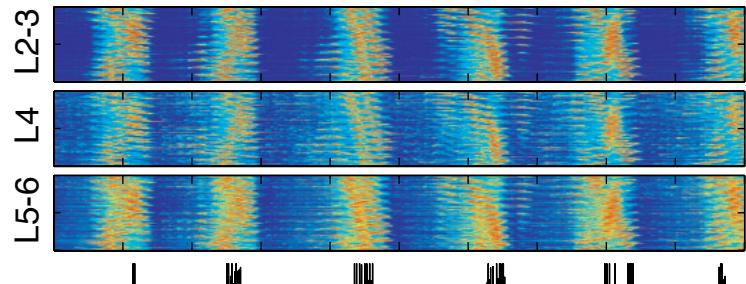
Intra-areal connections synchronize the slow oscillation

Control

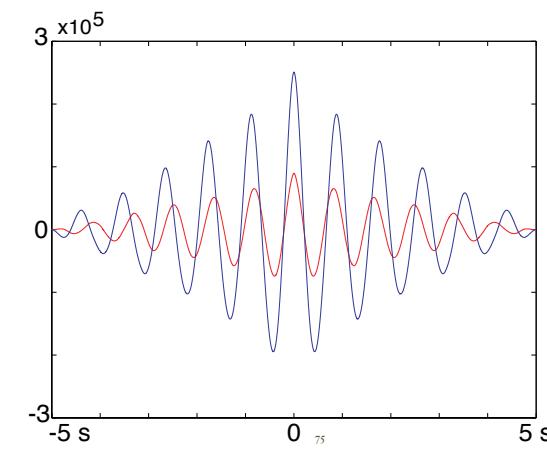
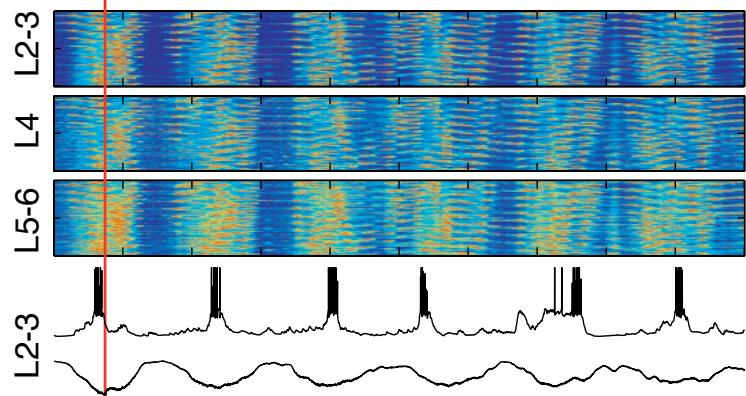


Inter-areal connections synchronize the slow oscillation

Control

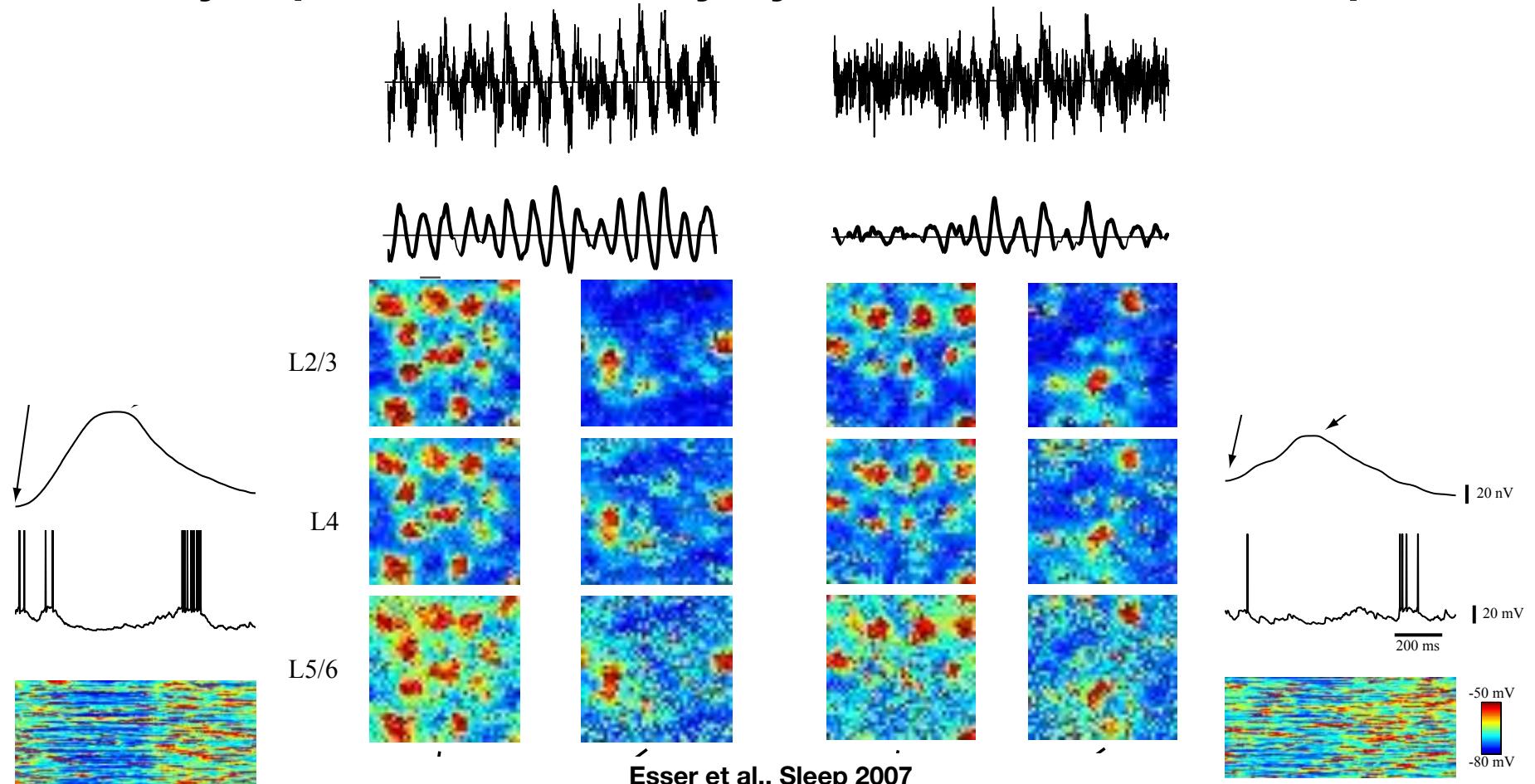


Lesion

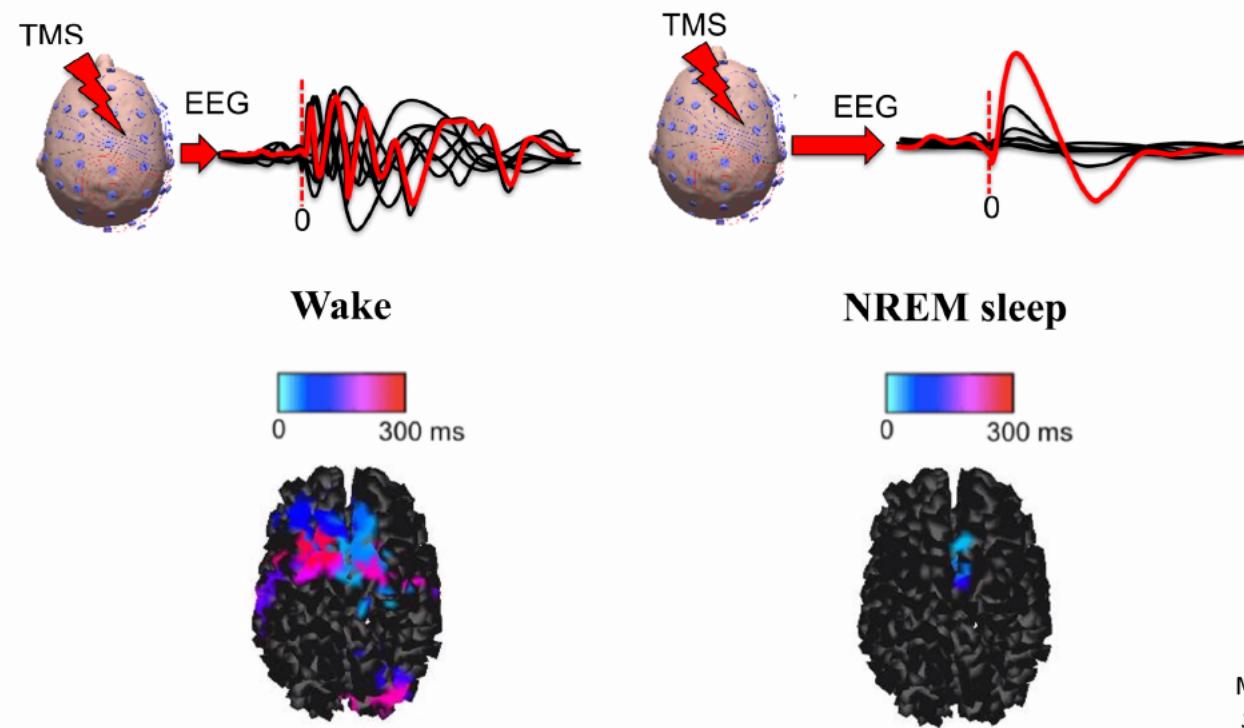


Hill and Tononi, 2005

Synaptic connectivity synchronizes local sleep



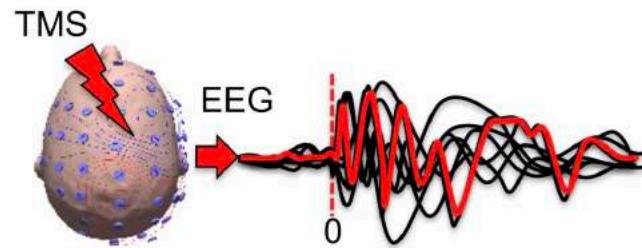
Reduced effective connectivity in sleep in humans



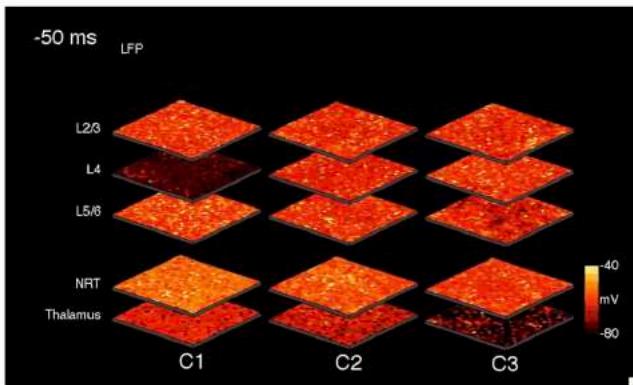
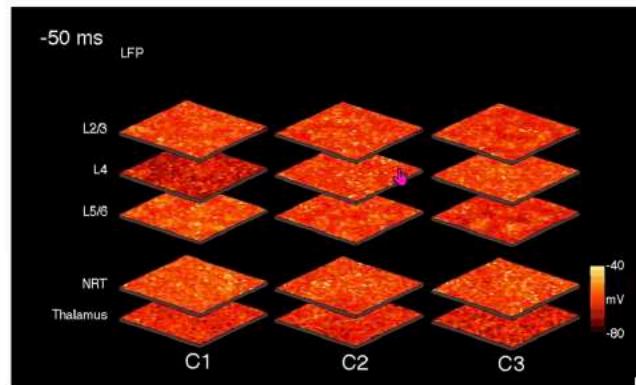
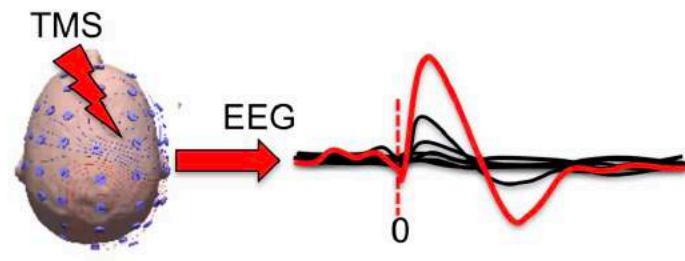
Massimini et al
Science, 2005

Reduced effective connectivity in sleep *in silico*

Wakefulness

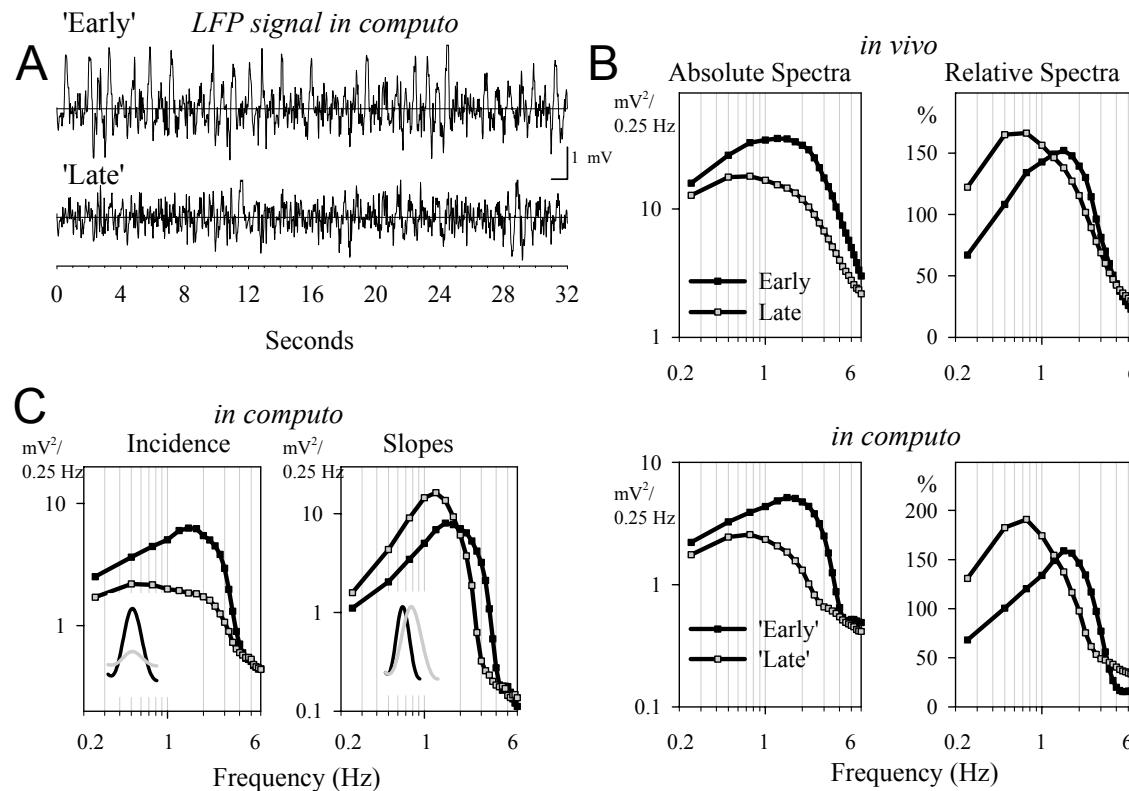


Slow wave sleep

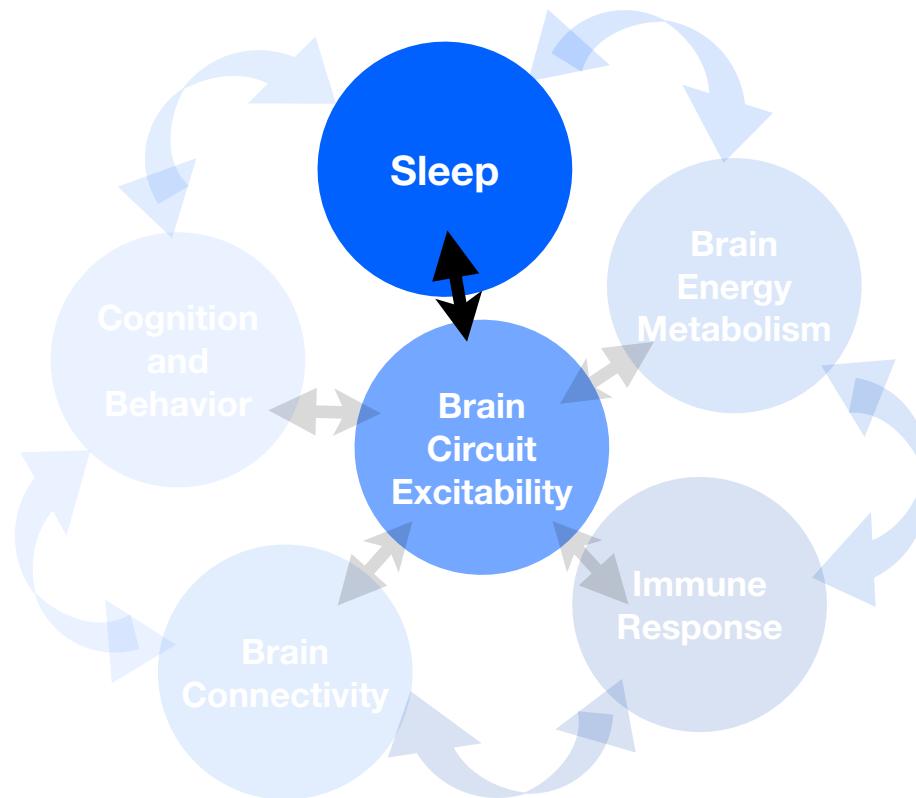


Esser, Hill, Tononi,
J. Neurophys. 2009

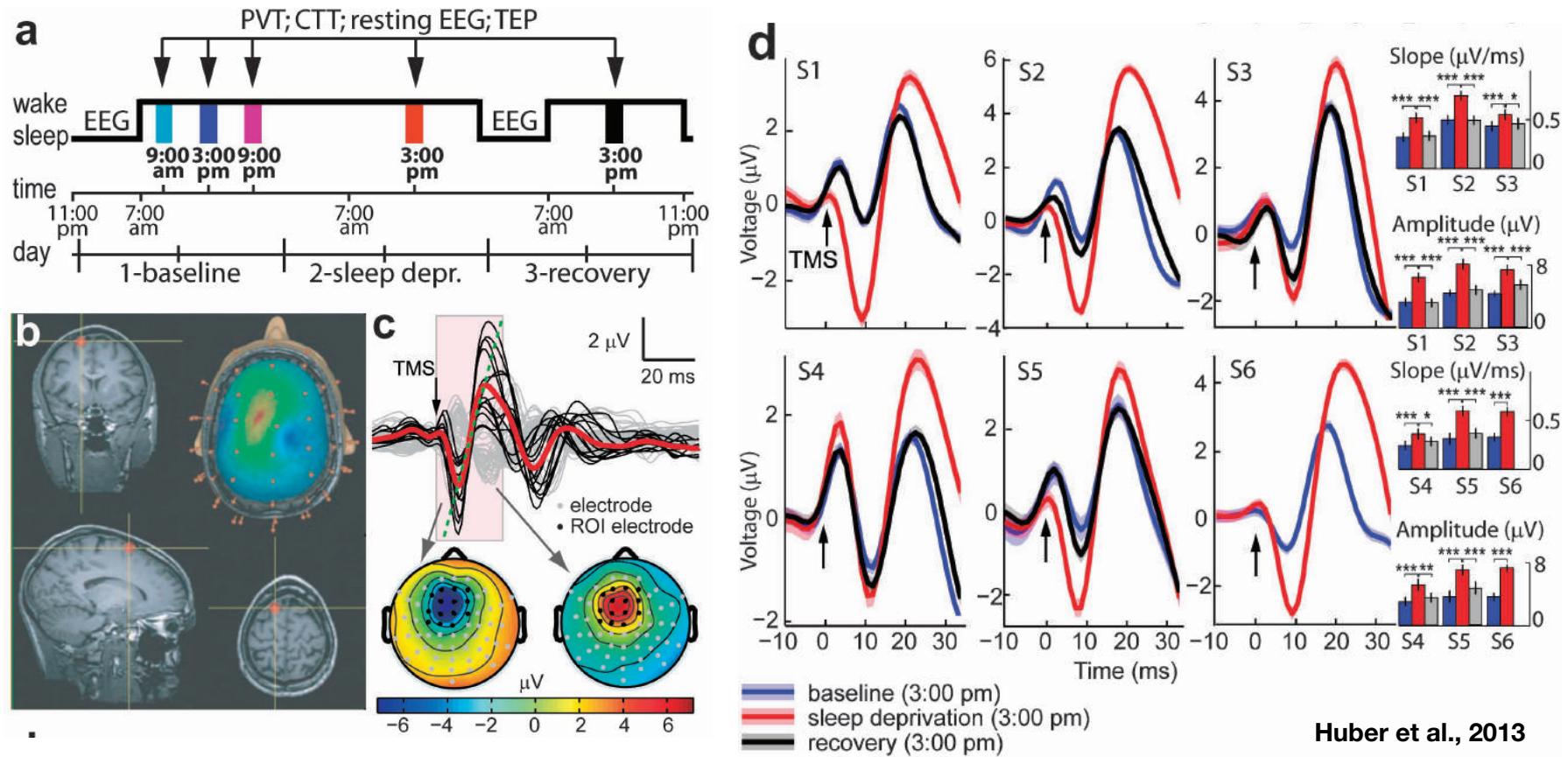
Computer modeling recapitulates observed changes in LFP slope and power spectra, by changing synaptic strength



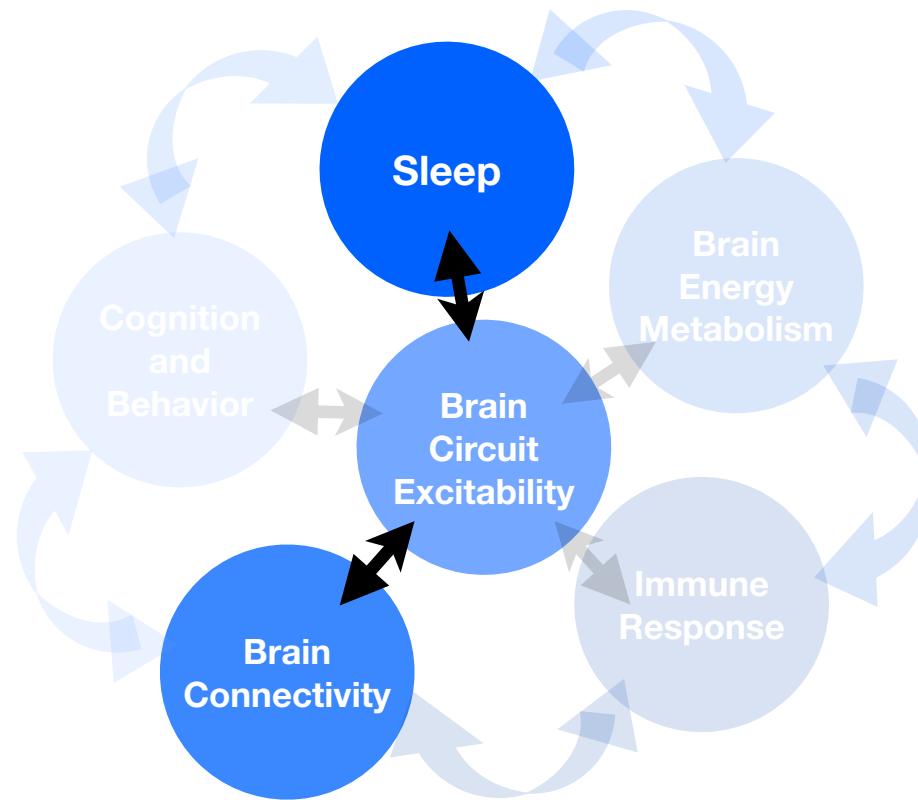
Sleep Homeostatically Regulates Thalamocortical Excitability



Cortical Excitability Increases with Time Awake and Decreases After Sleep



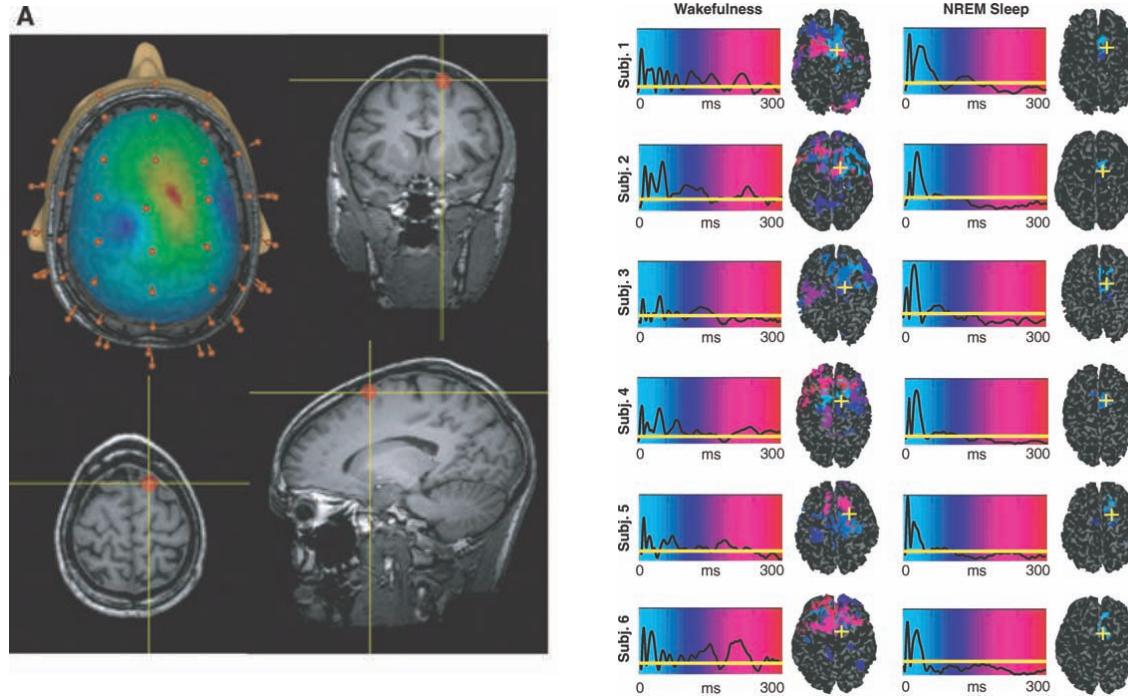
Sleep and Local Sleep-like States Alter Effective Connectivity



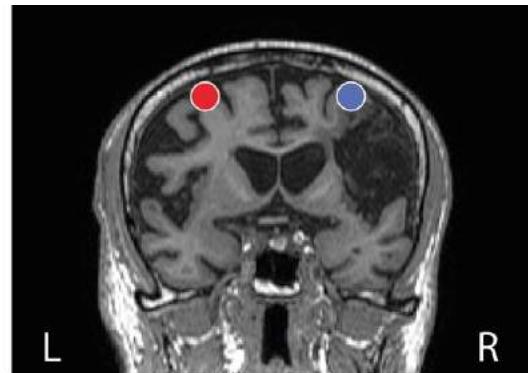
Breakdown of Cortical Effective Connectivity During Sleep

Marcello Massimini,^{1,2} Fabio Ferrarelli,¹ Reto Huber,¹
Steve K. Esser,¹ Harpreet Singh,¹ Giulio Tononi^{1*}

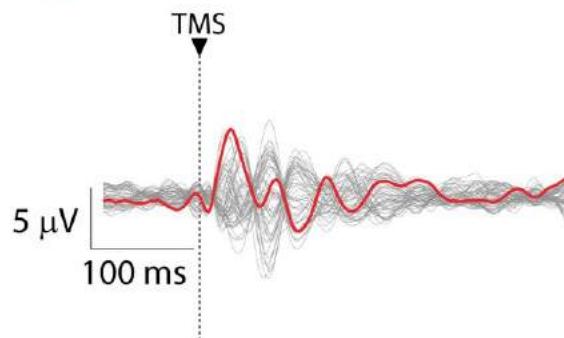
30 SEPTEMBER 2005 VOL 309 SCIENCE www.sciencemag.org



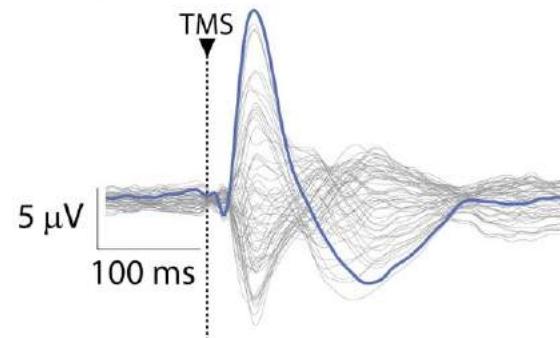
Local sleep-like cortical reactivity in the awake brain after focal injury
Simone Sarasso et al., *Brain*, <https://doi.org/10.1093/brain/awaa338>



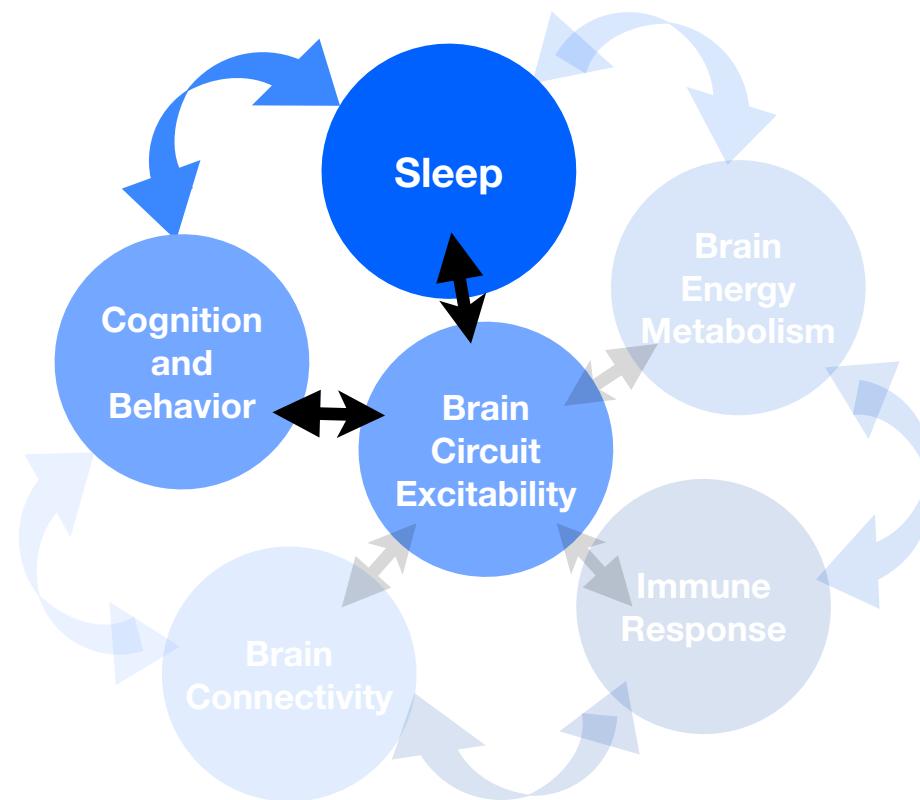
● Contralesional site stimulation



● Perilesional site stimulation



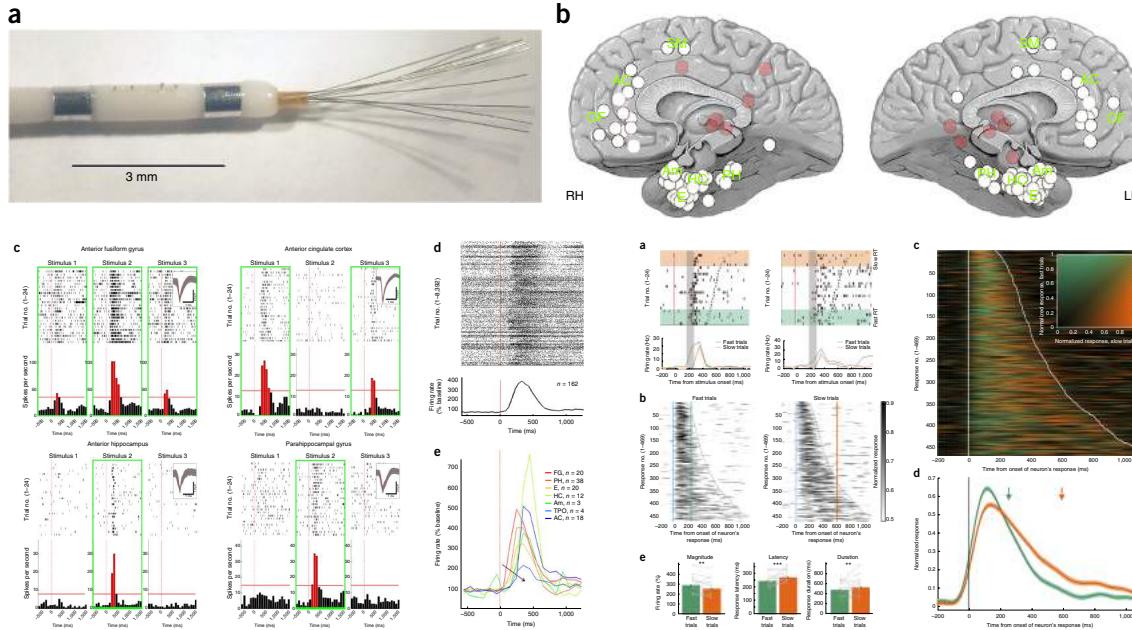
Local Sleep Interferes with Cognition



Local sleep interferes with cognition

Selective neuronal lapses precede human cognitive lapses following sleep deprivation

Yuval Nir¹, Thomas Andrillon^{2–4} , Amit Marmelshtein¹, Nanthia Suthana⁵, Chiara Cirelli⁴, Giulio Tononi^{4,7} & Itzhak Fried^{5–7}



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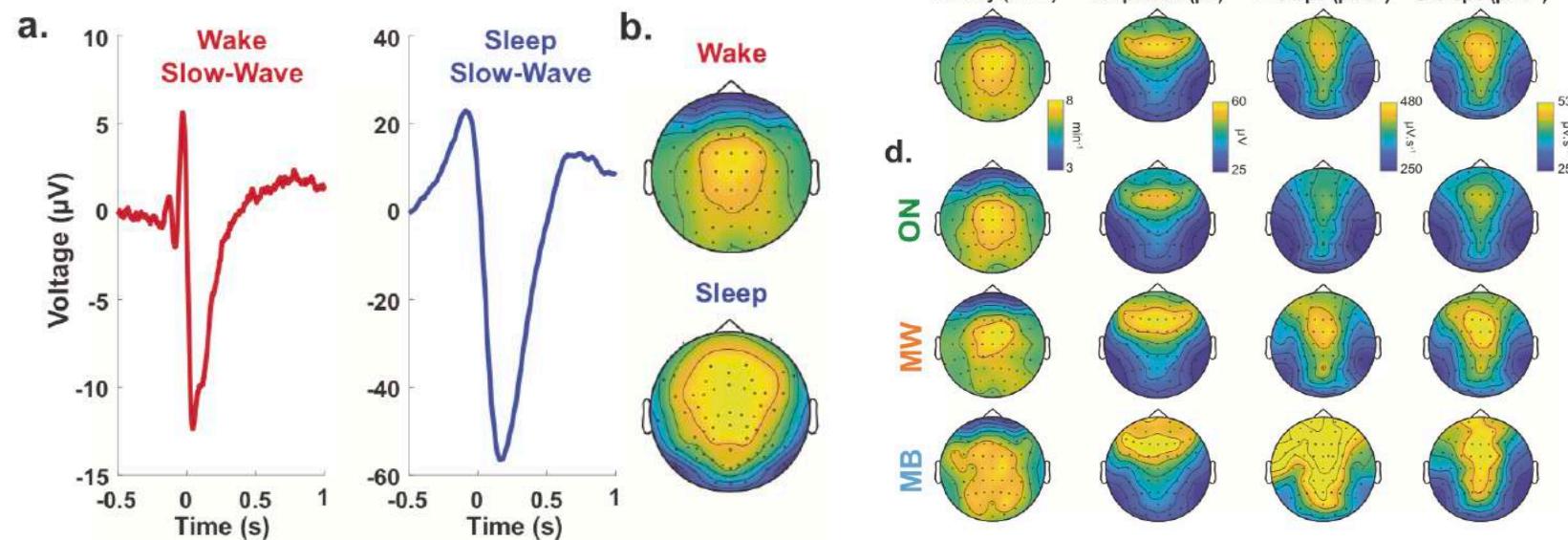
Local sleep interferes with attention

<https://doi.org/10.1038/s41467-021-23890-7> OPEN

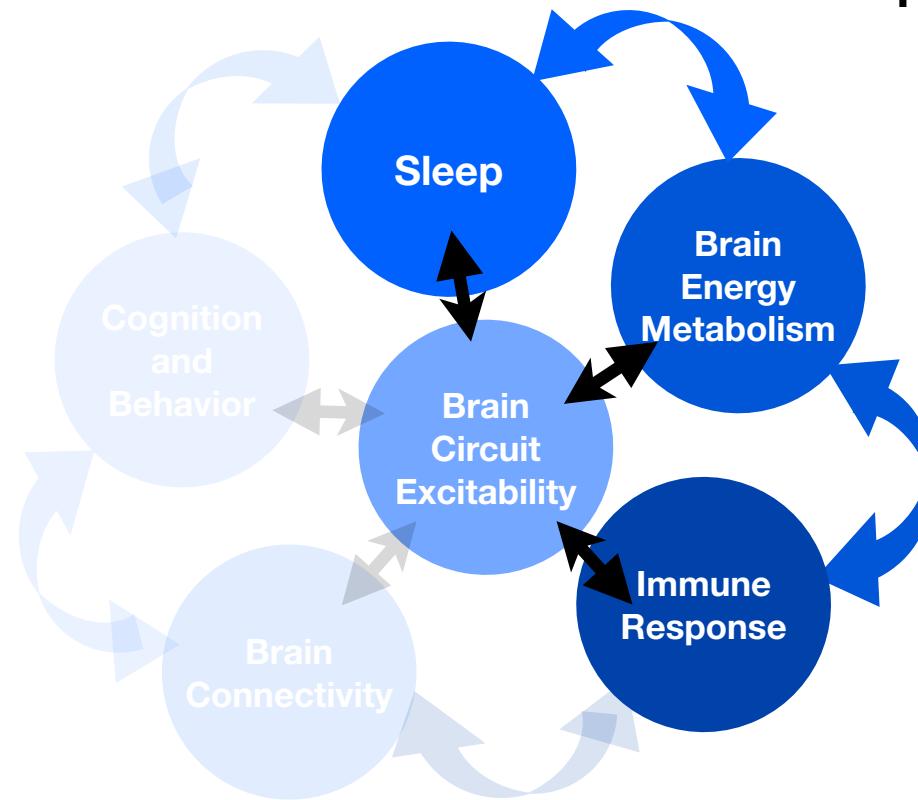
Predicting lapses of attention with sleep-like slow waves

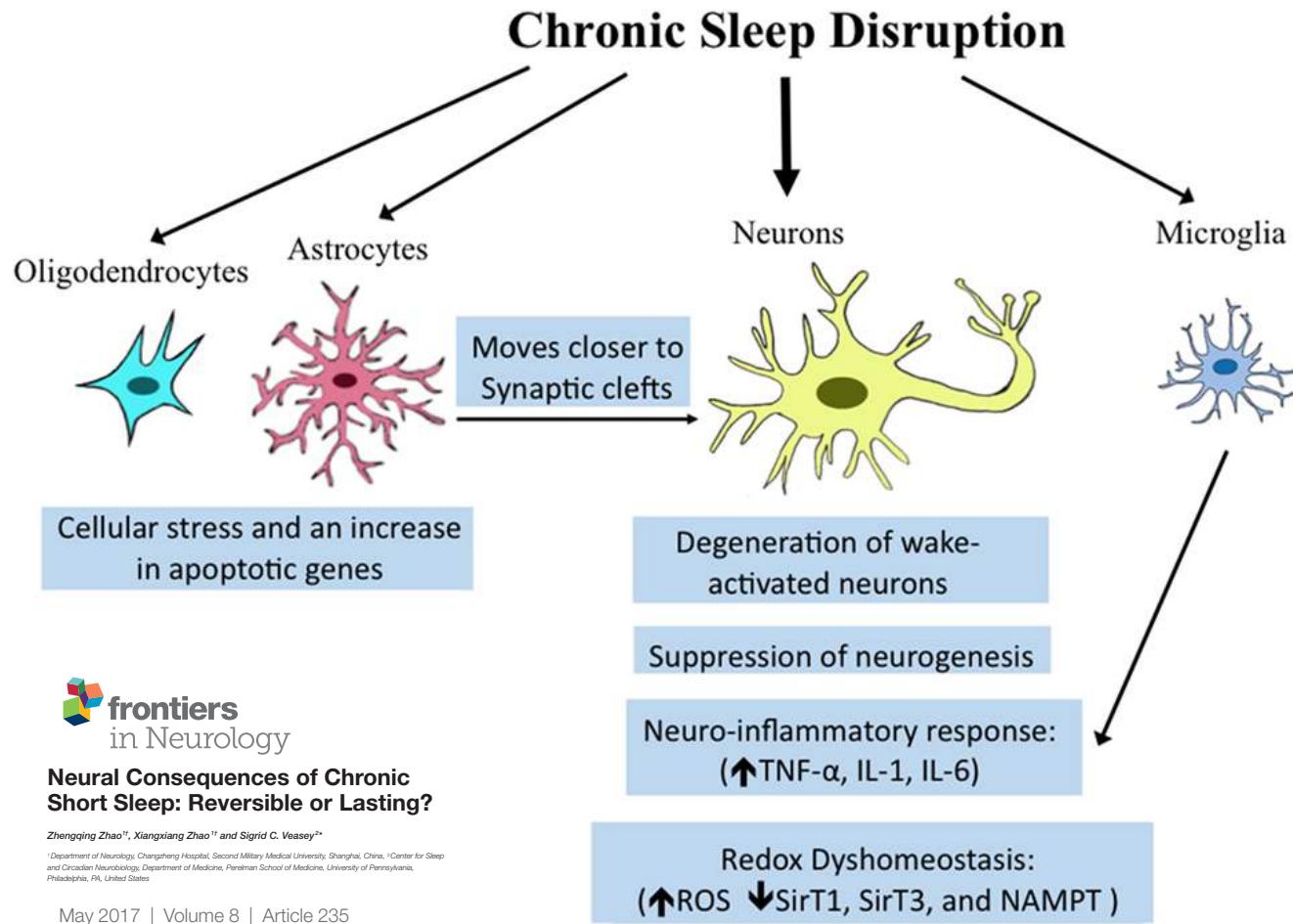
Thomas Andrillon^{1,2}, Angus Burns¹, Teigane Mackay¹, Jennifer Windt³ & Naotsugu Tsuchiya^{1,4,5}

NATURE COMMUNICATIONS | (2021)12:3657 | <https://doi.org/10.1038/s41467-021-23890-7> | www.nature.com/naturecommunications

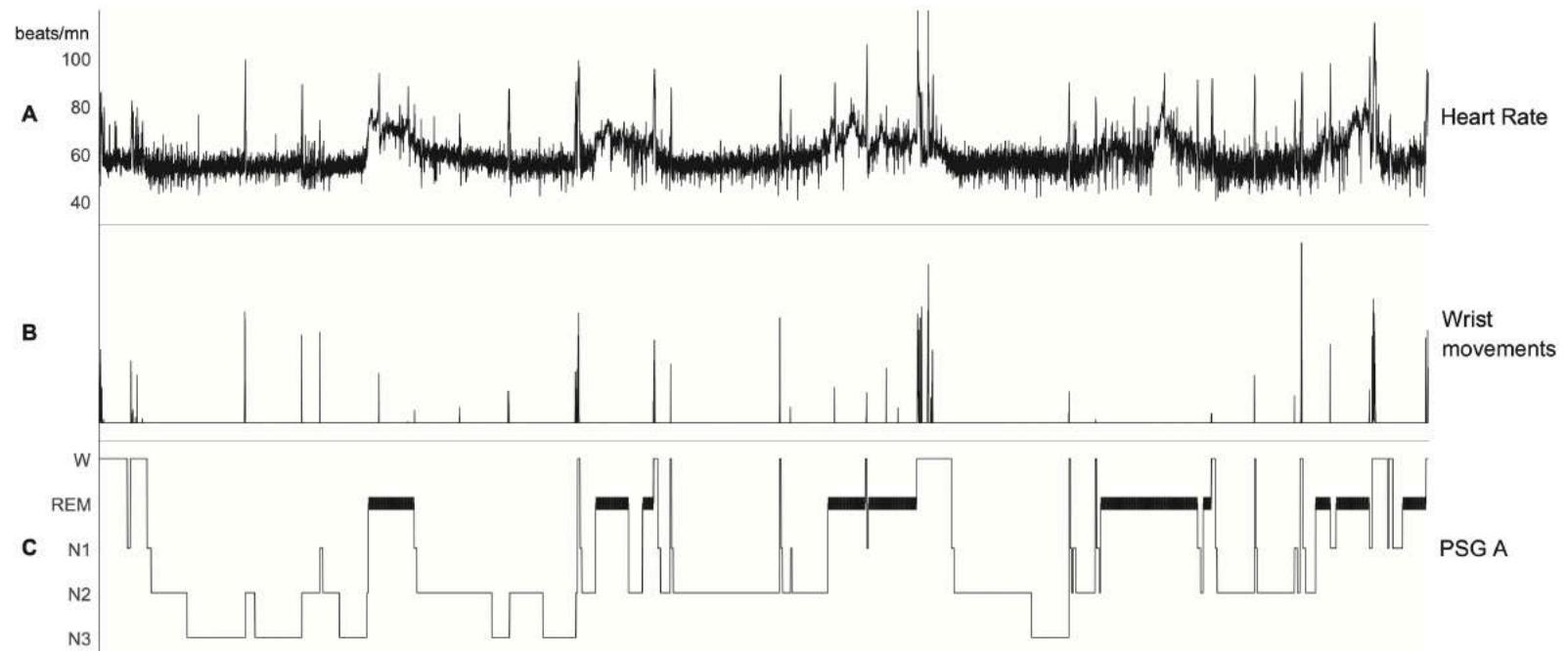


Sleep Deprivation is associated with increased Excitability, Metabolic Stress, Microglial Activation, Dyshomeostasis and Immune Response



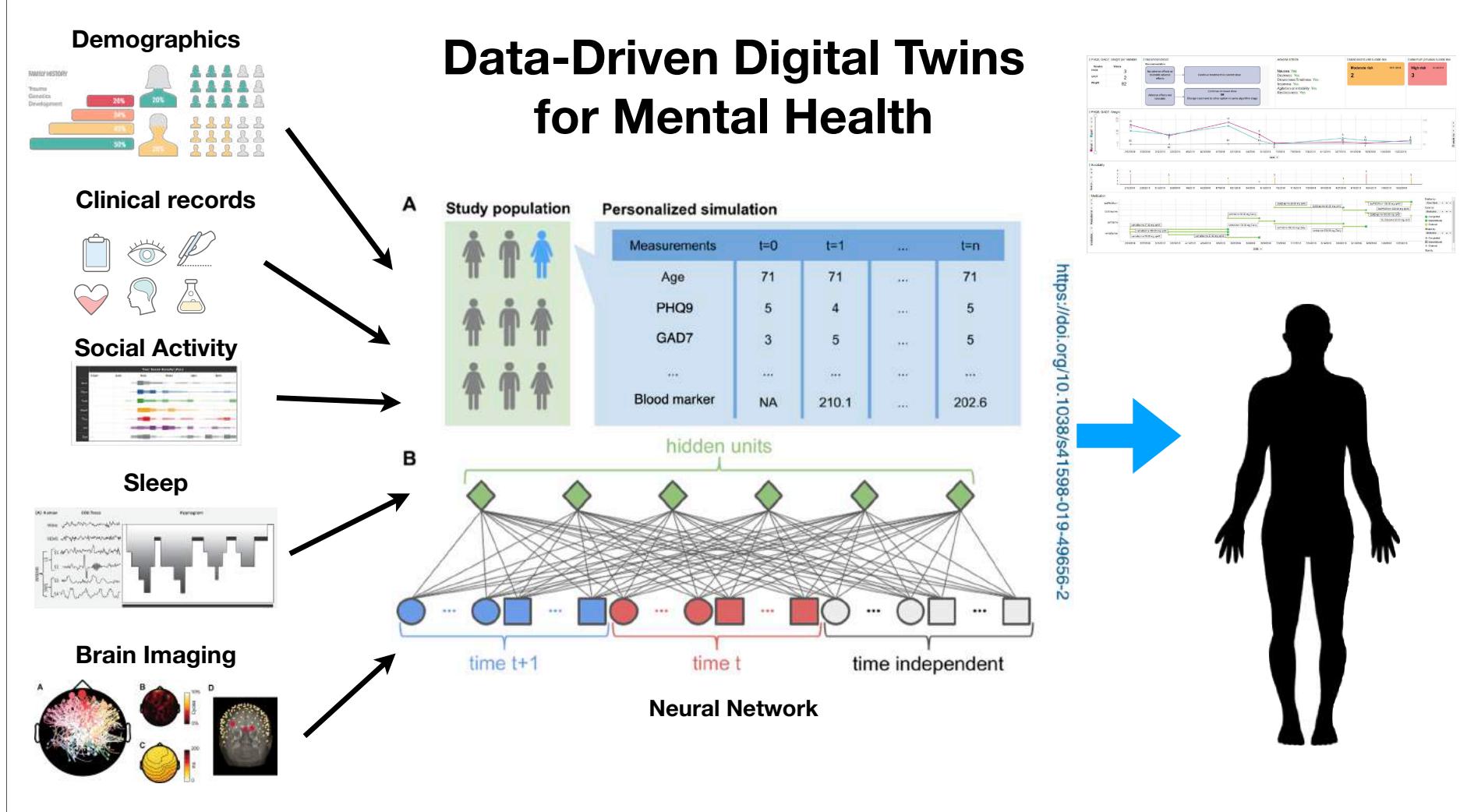


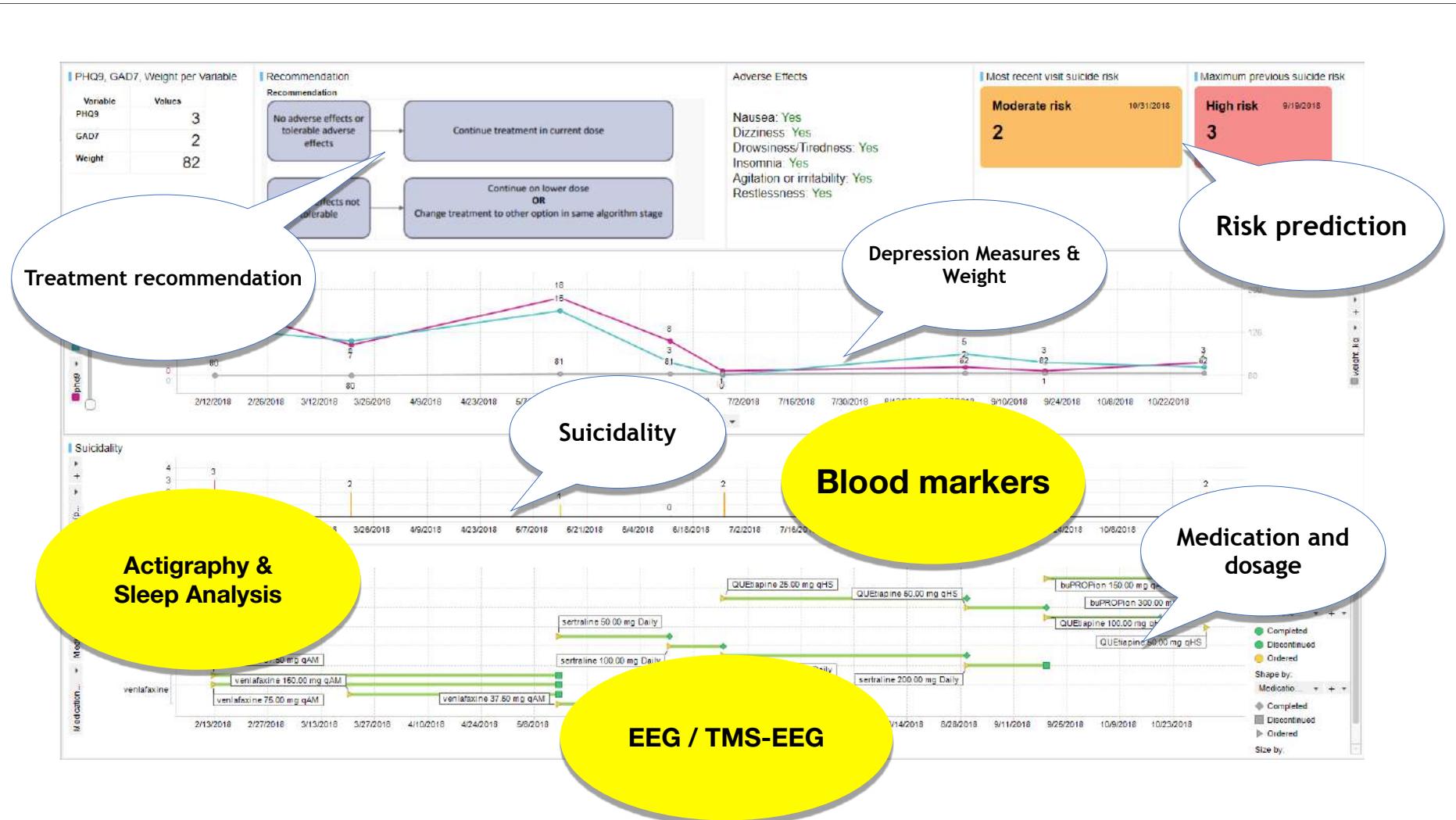
Using wearables to predict sleep architecture from actigraphy and heart rate



Muzet, Alain et al. "Assessing sleep architecture and continuity measures through the analysis of heart rate and wrist movement recordings in healthy subjects: comparison with results based on polysomnography." *Sleep medicine* 21 (2016): 47-56 .

Data-Driven Digital Twins for Mental Health





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