

Summary

- Use the `podman run` command to start a container.
- Implement container-to-container communication by using Podman networks, which include the following tasks:
 - Managing Podman networks by using `podman network` subcommands.
 - Attaching a container to a network.
- Use port-forwarding to expose a containerized process to the host environment.
- Use the `podman stop` or `podman kill` commands to stop a container.
- Use the `podman ps` command to list containers.
- Use the `podman cp` command to copy files into and out of containers.
- Manage the lifecycle of containers by using the `podman start`, `podman pause`, `podman restart`, and other Podman commands.