

Contact

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www.linkedin.com/in/
marikakarajanova (LinkedIn)
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makastherapycom.wordpress.com
(Blog)

Top Skills

Web Content Writing
Social Media Content Creation
Counseling Psychology

Languages

Serbian (Professional Working)
Macedonian (Native or Bilingual)
Swedish (Elementary)
English (Full Professional)
Bulgarian (Native or Bilingual)
Spanish (Limited Working)

Certifications

Certificate of attendance: Eight
Student Scientific Forum
Certified Trauma-Informed Coach
Tips to Enhance Emotional
Intelligence with Calming Exercises
Certificate of attendance:
Psychology and interpersonal
relations
Certificate of participation in online
psychology education

Publications

Survey of life satisfaction of students
studying in Plovdiv

Marika Karajanova, MSc

Helping people thrive across cultures & continents | Transcultural
Clinical Psychologist | Corporate Wellness Coach
Gothenburg, Västra Götaland County, Sweden

Summary

I'm a clinical psychologist (MSc) with a focus on transcultural therapy, positive psychotherapy, and corporate wellness. With years of international experience, I support individuals and teams navigating emotional burnout, identity transitions, trauma, and self-development.

My approach blends evidence-based methods with cultural sensitivity, offering a space where clients feel seen, safe, and empowered.

I work with:

- Individuals seeking personal growth and emotional clarity
- Women in leadership or major life transitions
- Multicultural teams in need of psychoeducational support
- Clients looking for therapy in Macedonian, English, Bulgarian or Swedish

What I offer:

- One-on-one therapy & coaching (online or in person)
- Group workshops on topics like emotional intelligence, collective trauma, and inner resilience
- Wellness strategy consultations for teams and organizations

I'm based in Sweden and open to new professional opportunities in the region. If you're looking for a dedicated psychologist or wellness consultant with international perspective and heart — let's connect.

Contact Information

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+46739792138 - viber

Experience

Mindromeda

Psychologist & Wellness Coach / EAP counselor

January 2023 - Present (2 years 4 months)

Bulgaria

Mindromeda is an online corporate counselling platform, aimed at normalizing and bringing mental health care to the mainstream with EAP.

I am also part of the Marketing Team - focusing on social media engagement and blog content writing.

Course - The Centre for Distance Learning

Online Tutor (Clinical Psychology)

April 2023 - April 2024 (1 year 1 month)

The Centre for Distance Learning organizes professional training courses for adults from all over the world through the distance learning system.

This Clinical Psychology course is a must for anyone interested in human behavior and personality.

You will receive guidance from me for a year, this is included in the course fee.

Via a student platform you can ask me questions, make exercises and submit tasks. This guidance can be extended if you wish.

СУ „Христо Г. Данов“

School Psychologist

February 2021 - May 2021 (4 months)

Bulgaria

Instituto Agazzi

Erasmus+ Internship Psychology Research Trainee

July 2019 - September 2019 (3 months)

Arezzo Area, Italy

Education

World Association for Positive and Transcultural Psychotherapy

Basic Course Training in Positive Psychotherapy · (June 2023 - September 2024)

South-West University "Neofit Rilski" Blagoevgrad

Master's degree, Clinical Psychology · (October 2022 - February 2024)

Plovdivski universitet 'Paisii Hilendarski'

Bachelor's degree, Psychology · (2017 - 2021)

Josif Josifovski

High School Diploma