

# Risa Nazish Tohid

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Equipped with skills in data collection, analytical thinking, and effective communication, looking to cultivate practical experiences in a research environment. Excellent interpersonal skills with a comprehensive understanding of global political landscapes, especially in the Global South.

## EDUCATION

### Bachelor of Science: Social Sciences (Political Science Major)

Vrije Universiteit Brussel - Brussels, Belgium

- Political Science, Communication Studies, and Sociology

### Cambridge A Levels

Nixor College - Karachi, Pakistan

- High Achiever Award for AS and A2

### Cambridge O Levels

The C.A.S School - Karachi, Pakistan

- Leo Tolstoy Award for excellence in Literature

## PROFESSIONAL EXPERIENCE

### Research Intern

July 2024 - Present

#### The Embassy of Pakistan, Brussels, Belgium

As a Research Intern, I conduct in-depth research on trade, economic trends, and policy to support Pakistan's diplomatic objectives with the EU. My work involves preparing reports, analyzing data, and identifying opportunities for bilateral engagement, enhancing my skills in international diplomacy and strategic analysis.

### Delegate

Aug 2024 - Mar 2025

#### VUB Model United Nations, Brussels, Belgium

As a delegate of VUBMUN, I engaged in dynamic simulations that deepened my understanding of international diplomacy and policy-making. My participation allowed me to hone my public speaking, negotiation, and problem-solving skills; practiced during my participation in VVMUN in Belgium, and LIMUN in the United Kingdom.

### Social Media Manager

Feb 2024 - Jan 2025

#### Brussels Association of Social Sciences (BASS), Brussels, Belgium

Develop concepts and programs for initiatives to foster a sense of community among students, also manage multiple social media platforms to ensure a consistent brand voice and message.

### Research Intern

June 2024 - Aug 2024

#### The Embassy of Jordan, Washington D.C, USA

As an intern at the Jordan Embassy and Information Bureau, I engaged in diverse responsibilities. This included drafting briefs and reports, disseminating information from government think tanks, conducting critical analyses of political readings, and summarising key insights; refining my skills in critical analysis and research within a diplomatic context.

### Chief Marketing Officer

July 2020 - July 2022

#### Taleem Sab Ke Liye (TSKL), Karachi, Pakistan

Taught children from marginalised communities at Al-Zohra School in Nixor College's outreach Education For All initiative, coordinated with peers in fund raising and event management, and developed and utilized management skills as marketing officer.

## COMMUNITY ENGAGEMENT

- Active member of the VUB Palestine Solidarity Network
- Youth volunteer at Women's Action Forum (WAF Karachi)
- Volunteer at LRBT for subsidised healthcare

## KEY COMPETENCIES

- Research and editing
- Critical Thinking
- Microsoft Office & Excel
- Qualitative Research
- SPSS Statistics
- Interpersonal Skills