Sprint 1 Report
Product Name: MoodLift
Date: 4/23/24

Actions to stop doing:
- N/A, it's early in the quarter and we have been working well as a team so far.

Actions to start doing:
- Planning meeting times ahead of time, it makes it easier to see how we as a group will be meeting and working on the project for the whole sprint.

Actions to keep doing:
- Meeting as a group (in-person if possible) - It feels most effective when every person can join the meeting, and in-person meetings can help resolve issues faster.
- Stay on track with planned tasks - We should try to not get behind on planned work in order to accomplish what we need to in each sprint.

Work Completed:
- User Story 1: As a user, I need to be able to easily navigate and access all parts of the application so that I can efficiently track my progress. [8 points]
- User Story 2: As a busy student, I need to be able to access the journaling section of Moodlift so that I can write about my day and process what happens. [5 points]
- User Story 3: As a user, I want to be able to write at most a paragraph into a journal prompt so I have enough space to write freely. [5 points]

Work not completed:
- N/A

Work completion rate:
- Total number of user stories completed: 3 out of 3
- Task Completion Rate: 100%
- Total number of estimated ideal work hours completed: 13 hours
- Total number of days worked: 8

Burn-up chart: