

forms of radical action. “Underground” newspapers pioneered a personal and politically committed style of journalism. The Youth International Party, or “yippies,” introduced humor and theatricality as elements of protest. From the visitors’ gallery of the New York Stock Exchange, yippie founder Abbie Hoffman showered dollar bills onto the floor, bringing trading to a halt as brokers scrambled to retrieve the money.

The counterculture emphasized the ideal of community, establishing quasi-independent neighborhoods in New York City’s East Village and San Francisco’s Haight-Ashbury district and, in an echo of nineteenth-century utopian communities like New Harmony, some 2,000 communes nationwide. Rock festivals, like Woodstock in upstate New York in 1969, brought together hundreds of thousands of young people to celebrate their alternative lifestyle and independence from adult authority. The opening song at Woodstock, performed by Richie Havens, began with eight repetitions of the single word “freedom.”

Faith and the Counterculture

Religious conviction, as has been noted, helped to inspire the civil rights movement. A different religious development, the sweeping reforms initiated in Roman Catholic practice (such as the delivery of the Mass in local languages, not Latin) by the Second Vatican Council of 1962–1965, led many priests, nuns, and lay Catholics to become involved in social justice movements. This produced a growing split in the church between liberals and conservatives. “Liberation theology,” a movement that swept across parts of Latin America in which priests helped to mobilize rural peasants to combat economic inequality, also reverberated among some Catholics in the United States. Many members of the New Left were motivated by a quest for a new sense of brotherhood and social responsibility, which often sprang from Christian roots. Like adherents of the Social Gospel of the late nineteenth century, many young people came to see a commitment to social change as a fulfillment of Christian values.

The quest for personal authenticity, a feature of the counterculture, led to a flowering of religious and spiritual creativity and experimentation. The Jesus People (called by their detractors Jesus Freaks) saw the hippy lifestyle, with its long hair, unconventional attire, and quest for universal love, as an authentic expression of the outlook of the early church. The Sixties also witnessed a burgeoning interest in eastern religions. The Beats of the 1950s had been attracted to Buddhism as a religion that rejected violence and materialism—the antithesis of what they saw as key features of American society. Now, practices derived from Hinduism like yoga and meditation became popular with members of the counterculture and even in the suburban mainstream as a way of promoting spiritual and physical well-being. Some Americans traveled to Tibet and India to seek spiritual guidance from “gurus” (religious teachers) there.