

# AAGAJ FOUNDATION



# ABOUT US



## • INTRODUCTION

**Name of the organization** – Aagaj Foundation

**Address of the Organization** – Ramlakhan Singh College Road  
Paliganj, Patna, 801110

**Registration year** – 2020

**Pan card** – AAHTA9693G

**Registration No** – 759445

**Ngo Darpan** – BR/2020/0260968

**CSR Registration No** – CSR00014019

**12A URN** – AAHTA9693GE20213

**80G URN** – AAHTA9693GF20211

## • DESCRIPTION

Aagaj Foundation is a non - profit organization which has been working relentlessly on education , health , sanitation & hygiene since 3 years . It has been registered in the year 2020 .

## • MISSION

To provide Employment to the needy and deserving people of lower rungs.

## • VISION

To empower the development of the lower rungs (especially unprivileged children, youth and women) of the society through education.

## • GOALS

- Employment Generation
- Educational delivery and programmes
- Health Diagnostic, Intervention and Treatment Services
- Health and hygiene
- Hunger action
- Food and nutrition
- Women Welfare and Development General
- Child Welfare and Development General
- Children care and Stay Homes

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# Aagaj Competitive Examination

- **Cons:**

Children were not getting exposure and good learning opportunities. They were not able to comprehend even basic concepts.

- **Implementation:**

We conducted free competitive exams for children, by teaching them how to maintain sincerity and how to conduct themselves in such exams. They were provided with pen and paper for solution. During examination time they were provided with water and fully ventilated environment which ultimately made them comfortable and helped them gain confidence.



- **Outcome:**

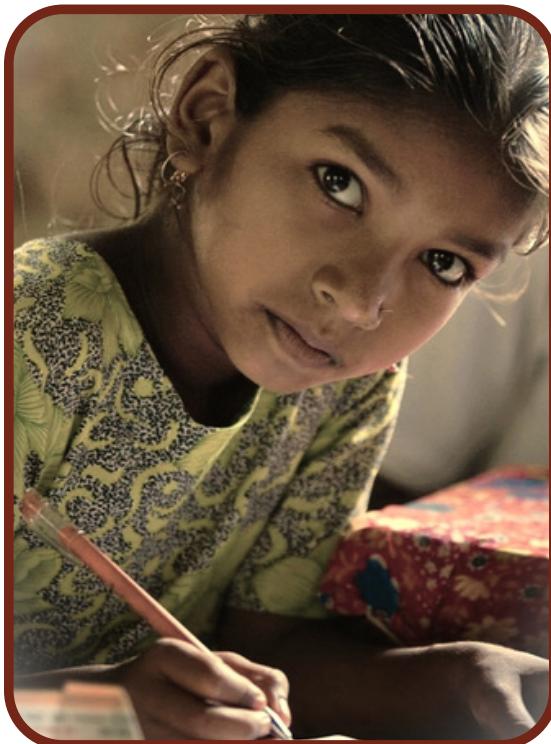
Through this programme a sense of competitive spirit is encouraged in the children, the hunger to excel is cultivated, time and resource management is built, patience and perseverance is developed.



# Aagaj Essay Competition

- **Cons:**

Students were not able to write even small paragraphs due to lack of writing practice. They consider writing as a non-fun topic. They are not able to pen-down words due to lack of grammar and vocabulary.



- **Implementation:**

We conducted essay writing competition in which children were free to take part. More people were encouraged to take part because it would have ultimately helped them develop their grammatical skills as well as their vocabulary. They were free to write on any topic they like and in any language that they prefer. They were provided with pen and paper and proper seating arrangements were also made.

- **Outcome:**

To write means to put thoughts on paper. It makes all of us writers. The process of the writing of the essay structures your thinking. Thoughts, sensations, emotions flash in us spontaneously and sometimes slowly for us, but thanks to writing we crystallize these thoughts and build them in a logical sequence. Writing an essay improves your skill with the word, syllable, style, that is so necessary for everyday life.



# > Seminar on Social Issues



- **Cons:**

A social issue or problem is an issue that has been recognized by society as a problem that is preventing society from functioning at an optimal level. People actually don't speak about these topics. They don't consider it as their duty but rather their elected representative's duty. Being aware about things happening around us is important.

- **Implementation:**

People were made aware of social issues that are taking place in our society. People were asked to speak for themselves and raise voice against anything wrong they witness. Girls were asked to be independent and were asked to fight for their freedom. People were also made aware of all the schemes and social rights that they have and were asked to use those rights for their own betterment and welfare. They were also asked to be socially awakened and to not get into any trap.

“*Peace cannot be kept by force, it can only be achieved by understanding.*”



- **Outcome:**

We witnessed many people discussing their problems without any hesitation. They were very clear of the rights they had and were able to raise voice against the wrong treatment that they faced. We observed a sense of confidence and courage in the girls and ladies present in the seminar. We hope that our small step towards social welfare brings a great change in the way they think.



# Poshan Abhiyan Programme



## • Cons:

42.8% children are malnourished in Bihar, around 2.67% children die within 1st month of birth due to undernourishment. 43.3% are stunned and 43.9% are underweight. Children don't get adequate nourishment required for their growth. This causes unwanted disabilities and unproper development of body and brain and could also be a reason of premature death.

## • Implementation:

People were provided with balance diet that included pulses, minerals, fats, vitamins, proteins and carbohydrates all in equal amounts. They were provided with fresh and hot food in well packed aluminium container.



## • Outcome:

To attain good health and nutritional status, people also need sufficient knowledge and skills to grow, purchase, process, prepare, eat and feed their families a variety of foods in the right quantities and combinations. This requires a basic knowledge of what constitutes a nutritious diet and how people can best meet their nutritional needs from available resources. However, people can adopt healthier diets and improve their nutritional well-being by changing their food and nutrition attitudes, knowledge and practices, if sufficient motivation is provided to do so.



# Sanitary Pad Distribution Programme

- **Cons:**

Women in rural areas tend to use cloth, sand, or ash during periods. Unsterilised cloth and other practices makes them susceptible to urinary tract infections and other problems. Many women in these areas reuse the cloth. Less than 20% women in India use sanitary pads during menstruation. Thus, at present, pads are more viable option and should be promoted



- **Implementation:**

Each Kit contains some pads, hand washing soap, and disposal bag. The kit ensures that girls are provided with free of cost sanitary pads. The idea is to normalize talking about periods and say this word without any hesitation. Even a small change can go a long way. To spread awareness about the importance of menstrual hygiene, our team decided to give sanitary kits to adolescent girls and women and make them realize the importance of pads in maintaining hygiene.

- **Outcome:**

Through this programme we ensured that young girls and women were provided with basic needs of menstruation, they were even taught the use of pads and its proper disposal. They were made more aware about the diseases caused by improper hygiene. It also taught the women to normalize freely talking about period problems.



# Free Health Check-up Camps

- **Cons:**

People avoid regular health check-ups and try to be doctors themselves. The belief of cure by home remedies is not always good, and due to this they ignore small injuries or diseases which can have harmful effects in long term.

- **Implementation:**

A number of doctors like General physicians or Specialists were called upon. Even it was made sure that the number of drugs required would be enough depending on how many people were expected. Instruments like BP apparatus, Glucometer, Glucostrips, ECG machine, Needles, Spirit, Cotton, etc. were also brought by the doctors. We also made sure that people do not have to wait for long hours and were taken good care of.

- **Outcome:**

The main outcome was that we were able to make people aware of the fact that they might be getting clutched into dangerous diseases. Our free medical camps spread awareness about varies diseases by letting them aware of symptoms so that they can save themselves from upcoming dangers.



# Free Education Centres to the Underprivileged Children

## • Cons:

1. GER of Bihar is only 14.5% and that among girls is only 13.1%
2. Dropout rate in Bihar is around 30%
3. Among 11.5 lakhs girl students enrolled in class 1, only 3 lakhs reach till class 12.

The above mentioned ratios are proof of how well education system is in India. Lack of education have such a diverse and far-reaching consequence on the overall quality of a person's life and that of a community. Building a good education system requires a strong economy, and a strong economy in turn requires quality education.



## • Implementation:

According to international human rights law, primary education shall be compulsory and free of charge. For that reason, we provided education to these kids by setting up a school in the village. Free stationary was also provided to them to ensure their education was not hindered due to financial problems

## • Outcome:

Providing free education enabled students to concentrate on learning and gaining more through the education, instead of struggling with the payment of tuition fees and meeting other expenses.



# Pandemic Necessity Distribution

- **Cons:**

During strict lockdown, common people were not able to get out of their houses even for bringing important things like masks, soaps and sanitizers. They were completely unaware about how the virus got transmitted. Hygiene and distancing were the major protectors of people during this COVID period, which they were deprived of.



- **Implementation:**

Members of our foundation went to slums to distribute masks and hand sanitizers. We made sure that each and every person was given the masks and was also asked to wear them whenever they went out. They were recommended to stay home due to covid reasons and were advised to leave their house under adverse conditions only.



- **Outcome:**

Through mask and sanitizer distribution we believe we have helped the country and its people by saving the people from being infected by life threatening disease. This small step has made a lot of difference in protecting and promoting welfare of lower rungs of society.



# Free Food Distribution Programme

- **Cons:**

People generally either don't have knowledge of healthy eating practices or have the knowledge but then also wouldn't implement in their lives. Our aim here was to provide them healthy food and teach them healthy eating practices which intern will protect them for diseases in long-term.



- **Implementation:**

We work to end hunger and malnutrition in Bihar by providing food to vulnerable people. Trust is focused towards distributing hot, nutritious and fresh food to poor, needy & hungry people across pockets of poverty.

- **Outcome:**

Food and nutrition programmes try to improve consumption of food in situations where people are left with relatively limited or poor quality food choices, which can be due to supply and/or demand characteristics. Especially under these conditions, but not exclusively, the allocation and distribution of food to and within groups or households becomes relevant.



# Free Grocery Distribution Programme



- **Cons:**

During the COVID phase, because of the strict protocols of the lockdown, people were not able to bring even basic grocery items required in daily life. They lacked the knowledge of nutritious food and healthy eating practices. They also had no idea about important green vegetables and citrus vegetables were to fight against Novel Corona Virus.

- **Implementation:**

Members of our foundation personally went to each household and gave them an entire bag filled with nutritious vegetables. We made sure that the quantity was enough that would at least last for a week. Such bags were handed over to women itself who know the value and importance of groceries in everyday life.



- **Outcome:**

Within this programme, our members ensure that people get the vitamins, minerals, and other nutrients that they need in their daily diet. Any steps we take towards eating better, can have a significant impact on our long-term health. While we work closely with them to ensure that their meals are nutrition-focused, we also consider all aspects of their life and how it influences their diet.



# Vaccination Drive and Awareness Campaign

## FAKE NEWS



"People were misguided by some groups about the vaccination programme that it is harmful for long term but we corrected there misconception and asked them to take it as soon as possible."



### • Implementation:

The vaccines are first shipped to our vaccination drive site and prepared by authorized vaccinators. Everyone who has been registered will be called to arrive at their respective session sites. Once the vaccination drive begins vaccinators will begin administering the shots of either COVAXIN or COVISHIELD to the people who are at the site. As per rules, those who have received their shots will have to wait for a certain period of time to assess whether they are facing any adverse reaction to the shot. If they show no signs of adverse reactions, they are allowed to leave.

### • Outcome:

Through this programme we tried to build their immunity ,which was missing and most importantly which was necessary. They were given paracetamol for after effects and were also told about the certificates which they were taught to download from [www.cowin.in](http://www.cowin.in) .They were even asked to be present for second dose as per guided by doctors.



LET'S AIM A WORLD  
WHERE WE CAN MAKE  
THIS HAPPEN



**A CHILD WITHOUT  
EDUCATION IS A  
BIRD WITHOUT WINGS**

"Giving is not just about making a  
**DONATION.**

*It is about making a DIFFERENCE.*"

**NO ONE  
HAS EVER  
BECOME  
POOR BY  
GIVING**



Money can't eradicate POVERTY, only  
EDUCATION can !!!



**poverty is not a  
gesture of charity,  
it is an act of  
JUSTICE**

Together we can change the world, By a simple act of **KINDNESS.**

# APPRECIATION LETTER



I WOULD LIKE TO THANK OUR SECRETARY MR. PREM PRAKASH, TREASURER MR. DILIP KUMAR, AND ALL THE VOLUNTEERS WHO HAVE SUPPORTED US IN THIS AMAZING JOURNEY. I WOULD LIKE TO APPRECIATE THE EFFORTS OF ALL THE PEOPLE WHO HAVE DIRECTLY OR INDIRECTLY HELPED US AND THE COMMUNITY. WITHOUT THE PROPER GUIDANCE OF U PEOPLE IT WOULD HAVE HAD REMAINED AN UNACHIEVABLE TASK.

SIGNING OFF AND WISHING YOU ALL THE VERY BEST  
VIVEK VAISHNAV,  
FOUNDER AAGAJ FOUNDATION

