

VIDUSHI TEJASHREE JAGADEESH

Whitefield, Bengaluru 560066

Phone: +91 88845 93489

Email: tejuu.0109@gmail.com



Career Objective:

A trained and experienced Bharatanatyam dance instructor is seeking a tutor position in your academy/school to impart the knowledge of this mystical, traditional dance form to children & adults and thereby strengthening and upholding our Indian grandeur. I also teach Freestyle, Semi-classical, and classical base folk dance.

Academics:

- **Vidwath-** 2019 by KSEEB
- **Pre-Vidwath-** 2018 by KSEEB
- **Senior-**2015 by KSEEB
- **Junior-**2012 by KSEEB

Work Experience as Bharatanatyam Instructor:

1. **Nirmala Kalakshethra**, Whitefield Bengaluru | May 2023 - Present
2. **KAFQA Academy** – Conducted in 3 schools, Bengaluru | April 2023 – Oct 2023
3. **Aadyaveer Kala Degula**, Channapatna | Aug, 2018 - 2019
4. **Parashurama Academy of Cultural Events**, Immadihalli, Bengaluru | Aug, 2019 - 2020
5. **M.C. SAROVAR Apartments**, K.R. Puram, Bengaluru | Aug, 2019 - 2022

- Teaching classical and classical base folk dance
- Conducting Theory and Practical classes
- Conducting warm-up sessions before commencing classes
- Assisting in improving stamina and flexibility in students
- Instructing and demonstrating dance moves and techniques to prevent injuries
- Organizing and monitoring dance programs for various events.

Summary of Skills:

- Experienced in teaching Bharatanatyam to youth and adults for about 5-6 years as an Instructor
- 15 years of experience in dancing
- Strong passion for dance and teaching students

- Skilled in innovating new moves and techniques of dancing
- Comprehensive knowledge of exercises to improve stamina, agility, and prevent injuries
- Excellent communication and interpersonal skills
- Ability to develop and maintain professional relationship

Stage Shows/ Performances:

- Participated for Guinness Book of Records Online Event – 2021
- Tirupathi Tirumala Navaratri Brahmothsavam @Tirupathi – 2023
- DASARA-2016 performance in front of magnificent Mysore Palace.
- YUVA DASARA-2017 performance.
- Talakadu Panchalinga darshana performance
- Srirangapatna Dasara performance
- Participated in NATYARATHNA @ Mysuru, audition conducted by **Sri Sankara TV** channel.
- Participated in Suvarna Ladies Club conducted by **Suvarna TV** channel.
- Staged more than **70 performances across South India.**