# 21-690: Methods of Optimization

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# 1 Introduction

Below are my notes for the course 21-690: Methods of Optimization taught in the Spring 2025 semester by Professor Nicholas Boffi at Carnegie Mellon University.

### 2 Convex Sets

#### 2.1 Affine and Convex Sets

**Definition** (Affine). A set  $C \subseteq \mathbb{R}^n$  is said to be *affine* if for all  $x, y \in C$ , we have that  $\theta x + (1 - \theta)y \in C$  for all  $\theta \in \mathbb{R}$ .

Geometrically, affine sets are sets in which the line formed by any two points in the set is entirely contained in the set as well.

**Definition** (Affine Combination). An affine combination of  $\{x_i\}_{i=1}^k \subseteq \mathbb{R}^n$  is a linear combination

$$\sum_{i=1}^{k} \theta_i x_i$$

where  $\theta_i \in \mathbb{R}$  for all  $i \in [k]$  and  $\sum_{i=1}^k \theta_i = 1$ .

**Proposition**. Let  $C \subseteq \mathbb{R}^n$  be an affine set. Then, any affine combination of  $\{x_i\}_{i=1}^k \subseteq C$  is contained in C.

**Proof**. By induction on k.

**Definition** (Affine Hull). The affine hull of a set  $C \subseteq \mathbb{R}^n$  is the set

$$\operatorname{aff}(C) = \{\theta x + (1 - \theta)y : x, y \in C, \theta \in \mathbb{R}\}.$$

**Exercise**. Prove that the affine hull of  $C \subseteq \mathbb{R}^n$  is the smallest affine set containing C.

Affine sets are certainly unbounded, as lines are unbounded. We can consider bounded sets by considering only line segments rather than entire lines. Thus lies the idea behind convexity.

**Definition** (Convex). A set  $C \subseteq \mathbb{R}^n$  is said to be *convex* if for all  $x, y \in C$ , we have that  $\theta x + (1 - \theta)y \in C$  for all  $\theta \in [0, 1]$ .

Geometrically, convex sets are sets in which the line segment formed by any two points in the set is entirely contained in the set as well. Note that we only consider line segments by restricting our coefficients to [0,1].

We can similarly extend the idea of affine combinations and affine hulls to convexity.

**Definition** (Convex Combination). A convex combination of  $\{x_i\}_{i=1}^k \subseteq \mathbb{R}^n$  is a linear combination

$$\sum_{i=1}^{k} \theta_i x_i$$

where  $\theta_i \in [0, 1]$  for all  $i \in [k]$  and  $\sum_{i=1}^k \theta_i = 1$ .

**Proposition**. Let  $C \subseteq \mathbb{R}^n$  be a convex set. Then, any convex combination of  $\{x_i\}_{i=1}^k \subseteq C$  is contained in C.

**Proof.** By induction on k.

**Definition** (Convex Hull). The *convex hull* of a set  $C \subseteq \mathbb{R}^n$  is the set

$$\operatorname{conv}(C) = \{\theta x + (1 - \theta)y : x, y \in C, \theta \in [0, 1]\}.$$

**Exercise**. Prove that the convex hull of  $C \subseteq \mathbb{R}^n$  is the smallest convex set containing C.

### 2.2 Examples

#### 2.2.1 Cones

**Definition** (Cone). A set C is a *cone* if for all  $x \in C$ ,  $\lambda x \in C$  for all  $\lambda > 0$ .

The traditional image of a "cone" is itself a cone, if extended to infinity.

Not all cones are convex: the union of two different lines is a cone, but not convex.

### 2.2.2 Hyperplanes and Halfspaces

**Definition** (Hyperplane). Let  $a \in \mathbb{R}^n$  and  $b \in \mathbb{R}$ . The set

$$\{x \in \mathbb{R}^n : a^T x = b\}$$

is a hyperplane.

Geometrically, hyperplanes are lines in  $\mathbb{R}^2$  and planes in  $\mathbb{R}^3$ .

**Proposition**. All hyperplanes are affine.

**Proof**. Consider the hyperplane

$$S = \{x \in \mathbb{R}^n : a^T x = b\}.$$

Consider  $x, y \in S$  and  $\theta \in \mathbb{R}$ . Then,

$$a^{T}(\theta x + (1 - \theta)y) = \theta(a^{T}x) + (1 - \theta)(a^{T}y) = \theta b + (1 - \theta)b = b.$$

Hence,  $\theta x + (1 - \theta)y \in S$  and so S is affine.

**Definition** (Halfspace). Let  $a \in \mathbb{R}^n$  and  $b \in \mathbb{R}$ . The set

$$\{x \in \mathbb{R}^n : a^T x \le b\}$$

is a halfspace.

Geometrically, halfspaces are one side of a hyperplane.

**Proposition**. All halfspaces are convex.

#### 2.2.3 Balls and Ellipsoids

**Definition** (Ball). A ball is a set

$$B(x_c, r) = \{x \in \mathbb{R}^n : ||x - x_c|| < r\},\$$

where r > 0.

**Proposition**. All balls are convex.

**Proof.** Consider some ball  $B(x_c, r)$ . Take  $x, y \in B(x_c, r)$  and  $\theta \in [0, 1]$ . Let  $z = \theta x + (1 - \theta)y$ . We wish to show that  $z \in B(x_c, r)$ . Observe that by triangle inequality,

$$||z - x_c|| = ||\theta x + (1 - \theta)y - x_c|| \le ||\theta x - \theta x_c|| + ||(1 - \theta)y - (1 - \theta x_c)|| \le \theta r + (1 - \theta)r = r,$$

hence  $z \in B(x_c, r)$ .

**Definition** (Ellipsoid). An ellipsoid is a set

$$\{x \in \mathbb{R}^n : (x - x_c)^T P^{-1} (x - x_c) \le 1\}$$

where  $x_c \in \mathbb{R}^n$  and  $P \in S_{++}^n$ .

**Proposition**. All ellipsoids are convex.

**Proof**. Consider some ellipsoid

$$C = \{x \in \mathbb{R}^n : (x - x_c)^T P^{-1} (x - x_c) \le 1\}.$$

Take  $x, y \in C$ , and  $\theta \in [0, 1]$ . Let  $z = \theta x + (1 - \theta)y$ . We wish to show that  $z \in C$ . Observe that

$$\begin{split} &(z-x_c)^T P^{-1}(z-x_c) \\ &= (\theta x + (1-\theta)y - x_c)^T P^{-1}(\theta x + (1-\theta)y - x_c) \\ &= (\theta x + (1-\theta)y - \theta x_c - (1-\theta)x_c)^T P^{-1}(\theta x + (1-\theta)y - \theta x_c - (1-\theta)x_c) \\ &= (\theta (x-x_c) + (1-\theta)(y-x_c))^T P^{-1}(\theta (x-x_c) + (1-\theta)(y-x_c)) \\ &= \theta^2 (x-x_c)^T P^{-1}(x-x_c) + \theta (1-\theta)((x-x_c)^T P^{-1}(y-x_c) + (y-x_c)^T P^{-1}(x-x_c)) \\ &+ (1-\theta)^2 (y-x_c)^T P^{-1}(y-x_c) \\ &= \theta^2 (x-x_c)^T P^{-1}(x-x_c) + 2\theta (1-\theta)(x-x_c)^T P^{-1}(y-x_c) + (1-\theta)^2 (y-x_c)^T P^{-1}(y-x_c) \\ &\leq \theta^2 (x-x_c)^T P^{-1}(x-x_c) + 2\theta (1-\theta) \sqrt{(x-x_c)^T P^{-1}(x-x_c)} \sqrt{(y-x_c)^T P^{-1}(y-x_c)} \\ &+ (1-\theta)^2 (y-x_c)^T P^{-1}(y-x_c) \\ &= \left(\theta \sqrt{(x-x_c)^T P^{-1}(x-x_c)} + (1-\theta) \sqrt{(y-x_c)^T P^{-1}(y-x_c)}\right)^2 \\ &\leq (\theta + (1-\theta))^2 \\ &= 1. \end{split}$$

Hence,  $z \in C$ , and so all ellipsoids are convex.

# 2.2.4 Polyhedra

**Definition** (Polyhedra). A polyhedra is a set

$$P = \{x \in \mathbb{R}^n : (\forall i \in [m], a_i^T x \le b_i) \land (\forall i \in [p], c_i^T x = d_i)\}.$$

Polyhedra are typically presented with the notation

$$P = \{ x \in \mathbb{R}^n : Ax \leq b, Cx = d \}$$

where  $A \in \mathbb{R}^{m \times n}, b \in \mathbb{R}^m, C \in \mathbb{R}^{p \times n}, d \in \mathbb{R}^p$ .

Geometrically, polyhedra are the intersection of a finite number of hyperplanes and halfspaces.

### 2.3 Operations that Preserve Convexity

#### 2.3.1 Intersection

**Proposition**. Intersection preserves convexity.

**Proof.** Let I be an index set such that for all i,  $C_i \subseteq \mathbb{R}^n$  is a convex set. Let  $C = \bigcap_{i \in I} C_i$ . We claim that C is convex.

Consider  $x, y \in C$ , and  $\theta \in [0, 1]$ . Set  $z = \theta x + (1 - \theta)y$ . It suffices to show that  $z \in C$ .

By definition of C,  $x, y \in C_i$  for all  $i \in I$ . By convexity of  $C_i$ , we have that  $z \in C_i$  for all  $i \in I$ . Hence,  $z \in C$ , as desired.

**Exercise**. The positive semidefinite cone,  $S_+^n$ , is convex.

Solution. Observe that

$$S_{+}^{n} = \bigcap_{z \in \mathbb{R}^{n}} \{ X \in \mathbb{R}^{n \times n} : z^{T} X z \ge 0 \}.$$

Every set on the right hand side is convex. The intersection of convex sets is convex, hence the positive semidefinite cone is convex.

#### 2.3.2 Affine Functions

**Definition** (Affine Function). A function  $f: \mathbb{R}^n \to \mathbb{R}^m$  is affine if it is of the form

$$f(x) = Ax + b.$$

Proposition. The image of a convex set over an affine function is convex.

**Proof.** Let  $C \subseteq \mathbb{R}^n$  be a convex set and  $f : \mathbb{R}^n \to \mathbb{R}^m$  an affine function via f(x) = Ax + b. We wish to show that f[C] is convex.

Consider  $x, y \in f[C]$ , and  $\theta \in [0, 1]$ . Define  $z = \theta x + (1 - \theta)y$ . It suffices to show that  $z \in f[C]$ .

As  $x, y \in f[C]$ , there exists  $s, t \in C$  such that f(s) = x and f(t) = y.

Let  $u = \theta s + (1 - \theta)t$ . As C is convex, we have that  $u \in C$ .

Thus,

$$z = \theta x + (1 - \theta)y$$

$$= \theta f(s) + (1 - \theta)f(t)$$

$$= \theta As + \theta b + (1 - \theta)At + (1 - \theta)b$$

$$= A(\theta s + (1 - \theta)t) + b$$

$$= Au + b$$

$$= f(u) \in f[C],$$

as desired.

The above proposition implies that scaling, translation, and projection preserve convexity.

**Proposition**. The pre-image of a convex set over an affine function is convex.

**Proof.** Let  $C \subseteq \mathbb{R}^m$  be a convex set and  $f : \mathbb{R}^n \to \mathbb{R}^m$  an affine function via f(x) = Ax + b. We wish to show that  $f^{-1}[C]$  is convex.

Consider  $x, y \in f^{-1}[C]$ , and  $\theta \in [0, 1]$ . It suffices to show that  $z = \theta x + (1 - \theta)y \in f^{-1}[C]$ , which in turn we must show that  $f(z) \in C$ .

Observe that

$$f(z) = f(\theta x + (1 - \theta)y))$$
  
=  $\theta Ax + \theta b + (1 - \theta)Ay + (1 - \theta)b$   
=  $\theta f(x) + (1 - \theta)f(y) \in C$ 

by convexity of C.

#### 2.3.3 Perspective Function

**Definition** (Perspective Function). The perspective function  $P: \mathbb{R}^n \times \mathbb{R}_{++} \to \mathbb{R}^n$  is defined via

$$P(s,t) = \frac{s}{t}.$$

**Proposition**. The image of a convex set over the perspective function is convex.

**Proof.** Let  $C \subseteq \mathbb{R}^n \times \mathbb{R}_{++}$  be a convex set. We wish to show that P[C] is convex.

Consider  $x, y \in P[C]$ . We wish to show that for any  $\theta \in [0, 1]$ ,  $\theta x + (1 - \theta)y \in P[C]$ . The proof is difficult if done directly, hence we will take a slightly different approach.

Fix  $\theta \in [0,1]$ . Since  $x, y \in P[C]$ , there exists  $(a, s), (b, t) \in C$  such that P(a, c) = x and P(b, t) = y.

By convexity of C, we have that

$$(\theta a + (1 - \theta)b, \theta s + (1 - \theta)t) = \theta(a, s) + (1 - \theta)(b, t) \in C.$$

Hence,

$$\frac{\theta s P(x)}{\theta s + (1-\theta)t} + \frac{(1-\theta)t P(y)}{\theta s + (1-\theta)t} = \frac{\theta a + (1-\theta)b}{\theta s + (1-\theta)t} = P(\theta a + (1-\theta)b, \theta s + (1-\theta)t) \in P[C]$$

Let

$$\mu = \frac{\theta s}{\theta s + (1 - \theta)t}.$$

Through substitution, we have that

$$\mu P(x) + (1 - \mu)P(y) \in P[C].$$

As we vary  $\theta \in [0,1]$ ,  $\mu$  varies from 0 to 1, implying that P[C] is convex.

**Proposition**. The pre-image of a convex set over the perspective function is convex.

**Proof.** Let  $C \subseteq \mathbb{R}^n$  be a convex set. We wish to show that  $P^{-1}[C]$  is convex.

Consider  $(x, s), (y, t) \in P^{-1}[C]$ , and  $\theta \in [0, 1]$ . It suffices to show that  $z = \theta(x, s) + (1 - \theta)(y, t) \in P^{-1}[C]$ . Thus, we wish to show that  $P(z) \in C$ .

Observe that

$$\begin{split} P(z) &= P\left(\theta(x,s) + (1-\theta)(y,t)\right) \\ &= P\left(\theta x + (1-\theta)y, \theta s + (1-\theta)t\right) \\ &= \frac{\theta x + (1-\theta)y}{\theta s + (1-\theta)t} \\ &= \frac{\theta s}{\theta s + (1-\theta)t} P(x,s) + \frac{(1-\theta)t}{\theta s + (1-\theta)t} P(y,t). \end{split}$$

Then, note that  $P(x, s), P(y, t) \in C$ , and

$$\frac{\theta s}{\theta s + (1 - \theta)t}, \frac{(1 - \theta)t}{\theta s + (1 - \theta)t} \in [0, 1].$$

Hence, by convexity of C,

$$P(z) = \frac{\theta s}{\theta s + (1 - \theta)t} P(x, s) + \frac{(1 - \theta)t}{\theta s + (1 - \theta)t} P(y, t) \in C,$$

implying that  $z \in P^{-1}[C]$ .

# 2.4 Separating Hyperplanes

**Theorem** (Separating Hyperplane). Two non-empty and disjoint convex sets can be separated by a hyperplane.

Formally, if there are non-empty and disjoint convex sets  $C, D \subseteq \mathbb{R}^n$ , there exists  $a \in \mathbb{R}^n$ ,  $b \in \mathbb{R}^n$  such that

$$\forall x \in C, a^T x \le b \quad \forall x \in D, a^T x \ge b.$$

Geometrically, there exists a hyperplane between C and D.

**Proof.** We only prove the theorem for the special case in which C, D are closed and bounded, hence compact.

Note that  $C \times D$  is then compact. We may define the distance function  $D: C \times D \to \mathbb{R}$  via D(x,y) = ||x-y||. By compactness, there exists  $u, v \in C, D$  such that D(u,v) = ||u-v|| is minimized.

Define a = v - u and  $b = (v - u)^T (v + u)/2$ . We claim that the hyperplane  $\{a^T x = b\}$  separates C, D.

Assume for the sake of contradiction not. Then, without loss of generality, there exists  $x \in D$  such that  $a^T x < b$ . Implying that

$$a^{T}x < b$$

$$\iff (v - u)^{T}x - \frac{(v - u)^{T}(v + u)}{2} < 0$$

$$\iff (v - u)^{T}\left(x - \frac{v + u}{2}\right) < 0$$

$$\iff (v - u)^{T}\left(x + \frac{-v - u}{2}\right) < 0$$

$$\iff (v - u)^{T}\left(x + \frac{v - u}{2} - v\right) < 0$$

$$\iff (v - u)^{T}(x - v) + ||v - u||/2 < 0.$$

Clearly, ||v - u|| > 0, meaning that  $(v - u)^T(x - v) < 0$ .

Intuitively, we can move v towards the direction x - v and minimize the distance from u.

Formally, we can take the derivative

$$\frac{d}{dt}||(v+t(x-v))-u||^2\Big|_{t=0} = 2(v-u)^T(x-v) < 0$$

per the above.

Thus, for some small t > 0, we have that

$$||(v + t(x - v)) - u|| < ||v - u||.$$

By convexity of D,  $v + t(x - v) = (1 - t)v + tx \in D$ , hence the above is a contradiction by definition of u, v.

**Definition**. We say that two convex sets  $C, D \subseteq \mathbb{R}^n$  are strictly separated if there exists  $a \in \mathbb{R}^n$ ,  $b \in \mathbb{R}$  such that

$$\forall x \in C, a^T x < b \quad \forall x \in D, a^T x > b.$$

**Example.** Let  $C \subseteq \mathbb{R}^n$  be a closed convex set and  $x_0 \in \mathbb{R}^n$  a point not in C. Then, C and  $\{x_0\}$  are strictly separated.

To see why, note that as C is closed,  $\mathbb{R}^n \setminus C$  is open. Hence, we can find r > 0 such that  $B(x_0, r) \cap C = \emptyset$ . Clearly,  $B(x_0, r)$  is convex. By the separating hyperplane theorem, we may find  $a \in \mathbb{R}^n$ ,  $b \in \mathbb{R}$  such that  $a^T x \leq b$  for all  $x \in C$ , and  $a^t x \geq b$  for all  $x \in B(x_0, r)$ . In particular, the last statement means that for any  $u \in \mathbb{R}^n$  where  $||u|| \leq r$ ,

$$a^T x_0 + a^T u = a^T (x_0 + u) \ge b.$$

The left hand side is minimized when  $u = -\frac{a}{r||a||}$ , hence

$$a^T x_0 - r \ge b \implies a^T x_0 \ge b + r > b.$$

Thus, the hyperplane strictly separates C and  $\{x_0\}$ .

We can use this result to show the following.

**Proposition**. Let  $C \subseteq \mathbb{R}^n$  be a convex set, and  $\mathcal{H}$  be the set of all halfspaces that contain C entirely. Then,

$$C = \bigcap \mathcal{H}.$$

Proof.

$$C \subseteq \bigcap \mathcal{H}$$

Trivial by definition of  $\mathcal{H}$ .

$$\bigcap \mathcal{H} \subseteq C$$

Take  $x \in \bigcap \mathcal{H}$ . Assume for the sake of contradiction that  $x \notin C$ . Then, we may find a strictly separating hyperplane between  $\{x\}$  and C. Implying that  $x \notin \bigcap \mathcal{H}$ , a contradiction.

# 2.5 Supporting Hyperplanes

**Definition**. For a convex set  $C \subseteq \mathbb{R}^n$ , we say that a hyperplane

$$\{x \in \mathbb{R}^n : a^T x = a^T x\}$$

is a supporting hyperplane if  $x_0 \in \partial C$  and  $a^T x \leq a^T x_0$  for all  $x \in C$ . Geometrically, the hyperplane is tangent to a point on the boundary of C, and its halfspace contains the entirety of C.

# 3 Convex Functions

# 3.1 Basic Properties and Definitions

**Definition**. A function  $f: \mathbb{R}^n \to \mathbb{R}$  is *convex* if for all  $x, y \in f$ ,  $\theta \in [0, 1]$ , we have that

$$f(\theta x + (1 - \theta)y) \le \theta f(x) + (1 - \theta)f(y).$$

Intuitively, convex functions are those in which the epigraph of the function (the area above the function) is a convex set.

**Remark.** A function  $f: \mathbb{R}^n \to \mathbb{R}$  is convex if and only if it's convex when restricted to any line in its domain, i.e. for all  $v \in \mathbb{R}^n$ ,

$$q(t) = f(x + tv)$$

is convex.

**Theorem** (First Order Characterization). A function  $f: \mathbb{R}^n \to \mathbb{R}$  in  $C^1$  is convex if and only if

$$f(y) \ge f(x) + \nabla f(x)^T (y - x)$$

for all  $x, y \in \mathbb{R}^n$ .

Proof.

Case: n = 1

First assume that f is convex. Then for any  $x, y \in \mathbb{R}$ , we have that

$$f(x + \theta(y - x)) \leq (1 - \theta)f(x) + \theta f(y)$$

$$\Rightarrow f(x + \theta(y - x)) \leq f(x) - \theta f(x) + \theta f(y)$$

$$\Rightarrow f(x) + \frac{f(x + \theta(y - x)) - f(x)}{\theta} \leq f(y)$$

$$\Rightarrow \lim_{\theta \to 0} f(x) + \frac{f(x + \theta(y - x)) - f(x)}{\theta} \leq f(y)$$

$$\Rightarrow f(x) + \lim_{\theta \to 0} \frac{f(x + \theta(y - x)) - f(x)}{\theta} \leq f(y)$$

$$\Rightarrow f(x) + (y - x) \lim_{\theta \to 0} \frac{f(x + \theta(y - x)) - f(x)}{\theta(y - x)} \leq f(y)$$

$$\Rightarrow f(x) + f'(x)(y - x) \leq f(y).$$

as desired.

Now instead assume that for all  $x, y \in \mathbb{R}$ ,

$$f(x) + f'(x)(y - x) \le f(y).$$

We wish to show that f is convex. Fix  $x, y \in \mathbb{R}$  and  $\theta \in [0, 1]$ . Let  $z = \theta x + (1 - \theta)y$ . Then,

$$f(z) + f'(z)(x - z) \le f(x)$$

$$\implies f(z) + (1 - \theta)f'(z)(x - y) \le f(x).$$

Similarly, we can see that

$$f(z) + \theta f'(z)(y - x) \le f(y).$$

Combining these,

$$f(z) = \theta f(z) + (1 - \theta)f(z) \le \theta f(x) + (1 - \theta)f(y),$$

as desired.