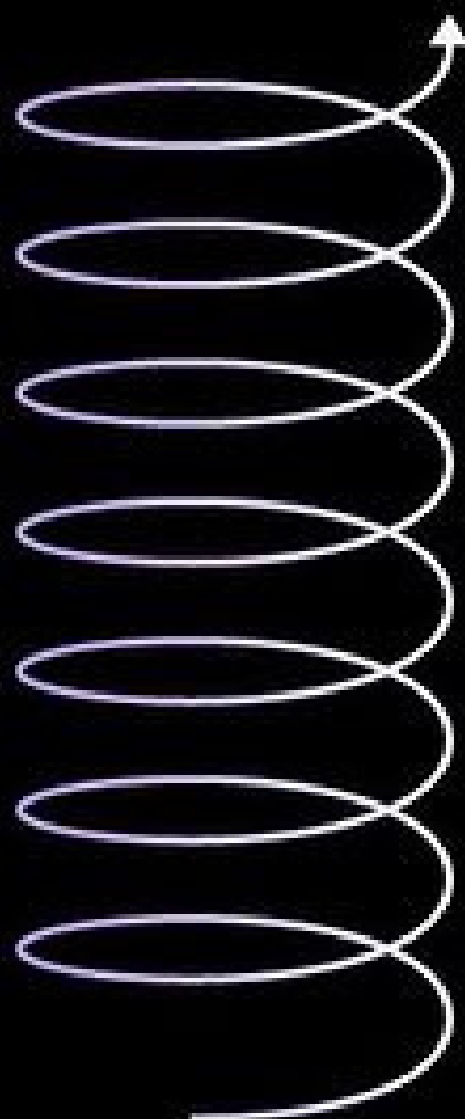




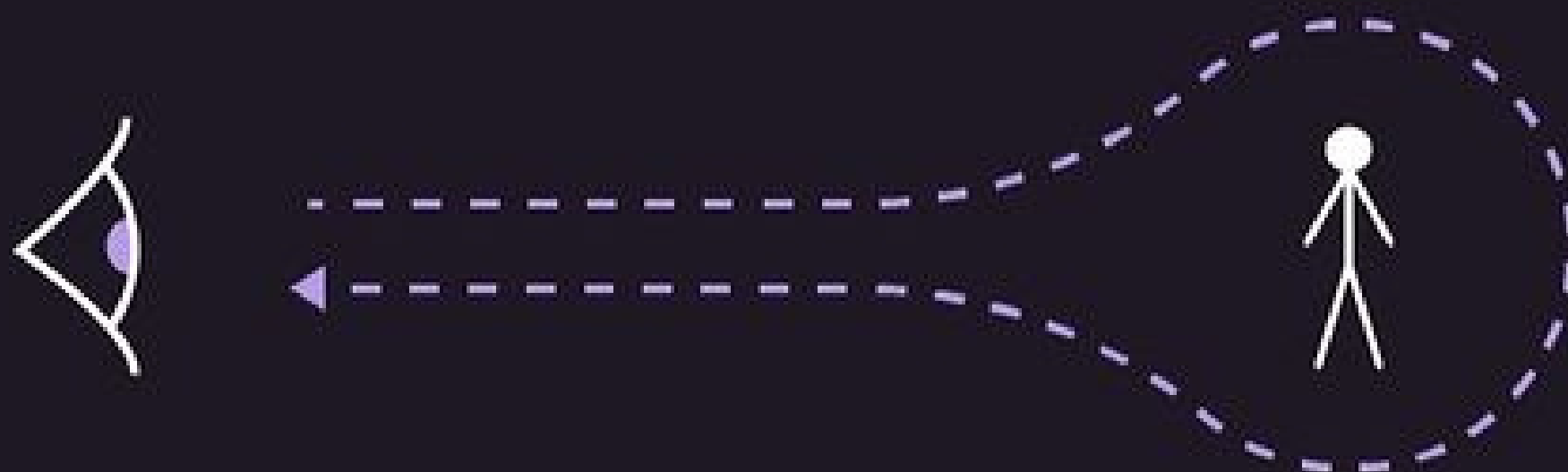
This is  
progress



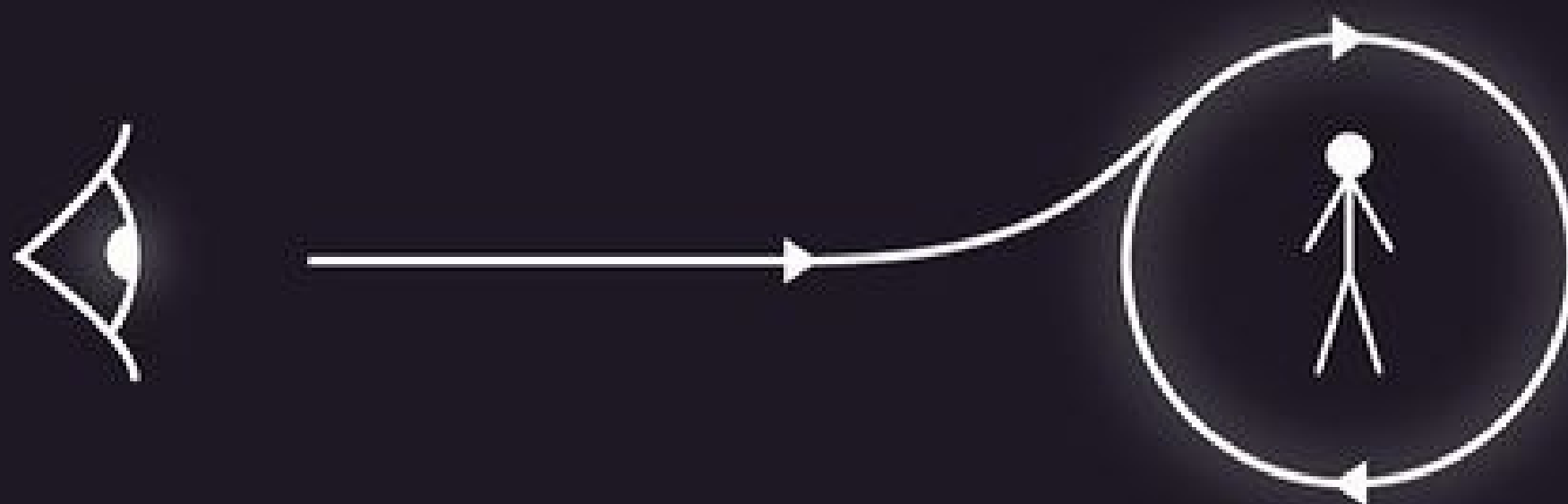
This is also  
progress



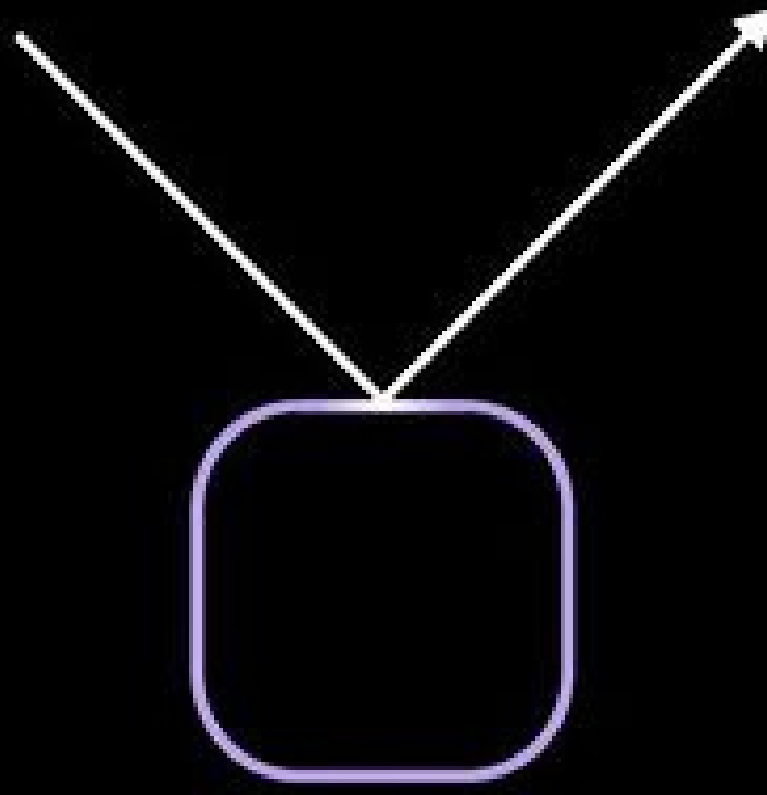
So is this



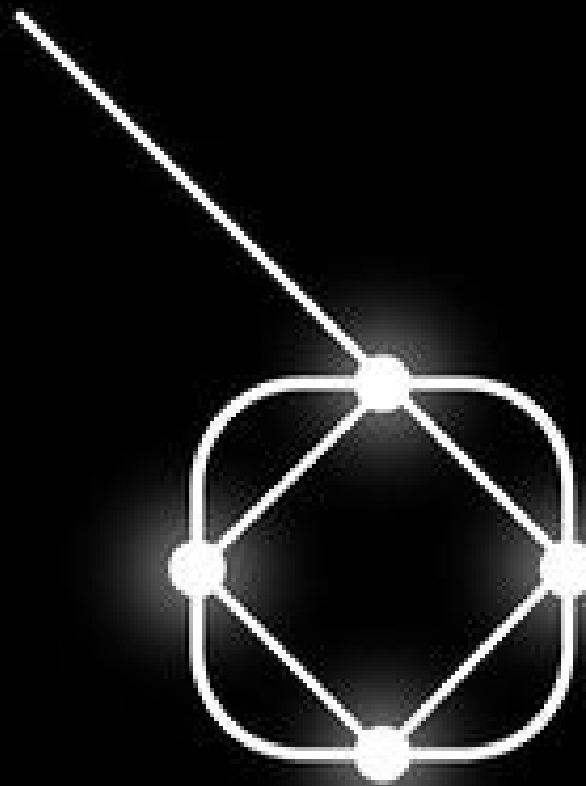
Some People Check to Compare



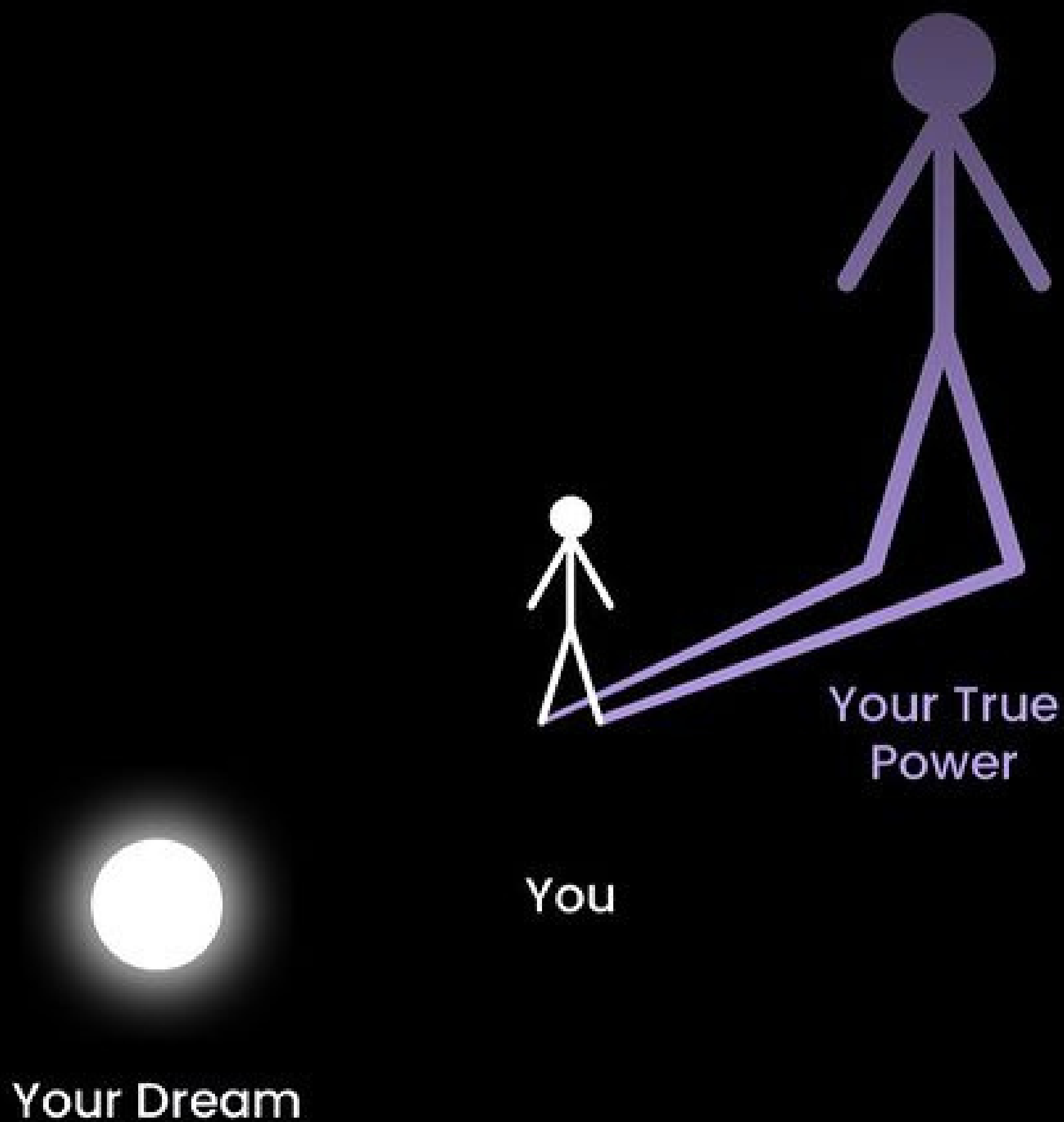
Some Check Because They Care



Some listen to compare.



Some listen to care.



If you're capable of dreaming, you definitely have the power to achieve your dreams,  
and every time you get closer to your dreams, your power gets bigger.

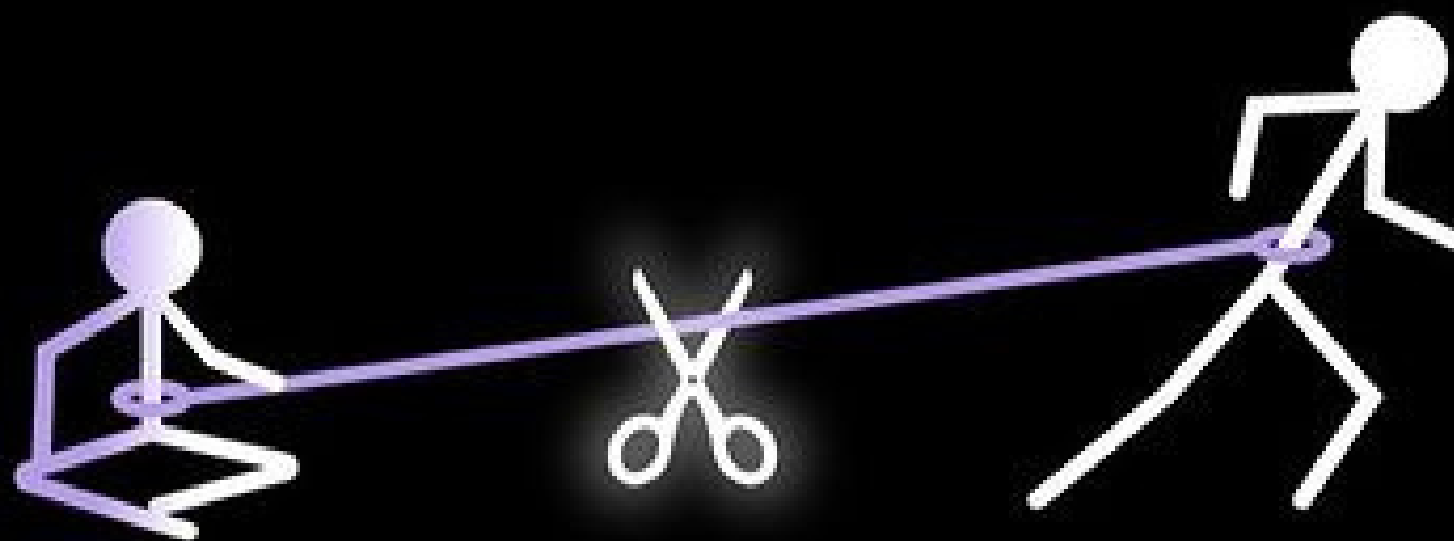


Love

Trust

**"To be trusted is a greater compliment than being loved."**

– George Mcdonald



the belief of deserving better

What we Think is Happening:



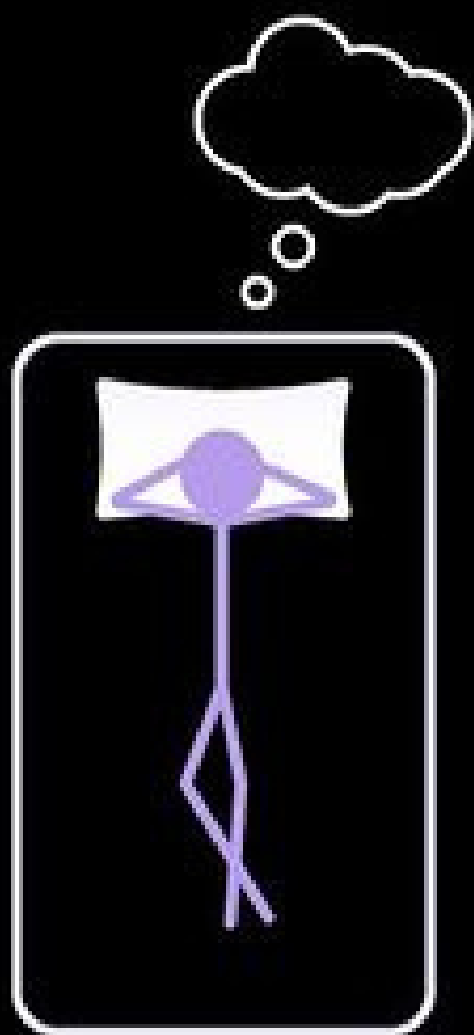
everyone watching me and judging me



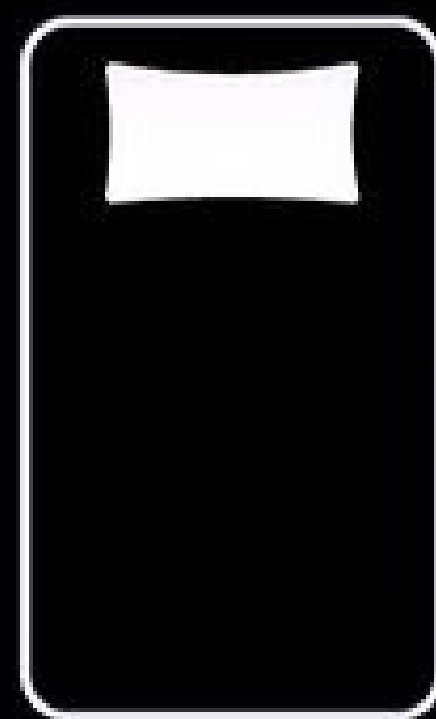
What is Actually Happening:



everyone is focusing on themselves and  
worrying about their own problems



Thinker



Doer

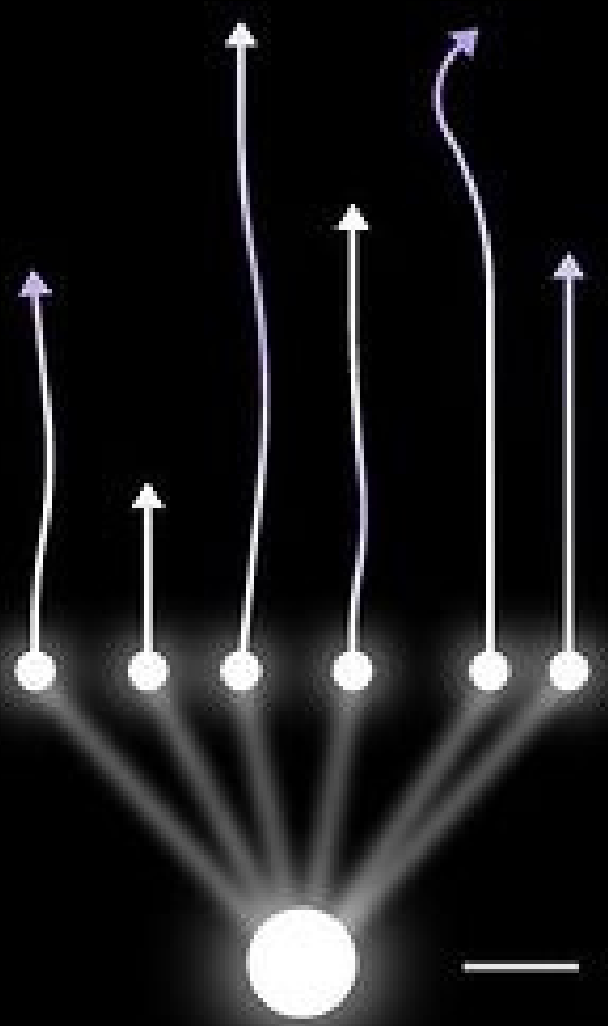




You Don't Need  
More Time

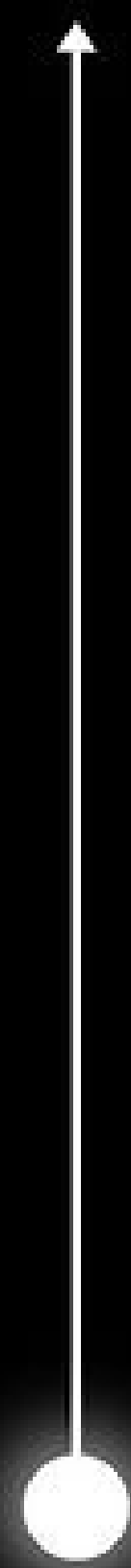


You Need Better  
Time Management



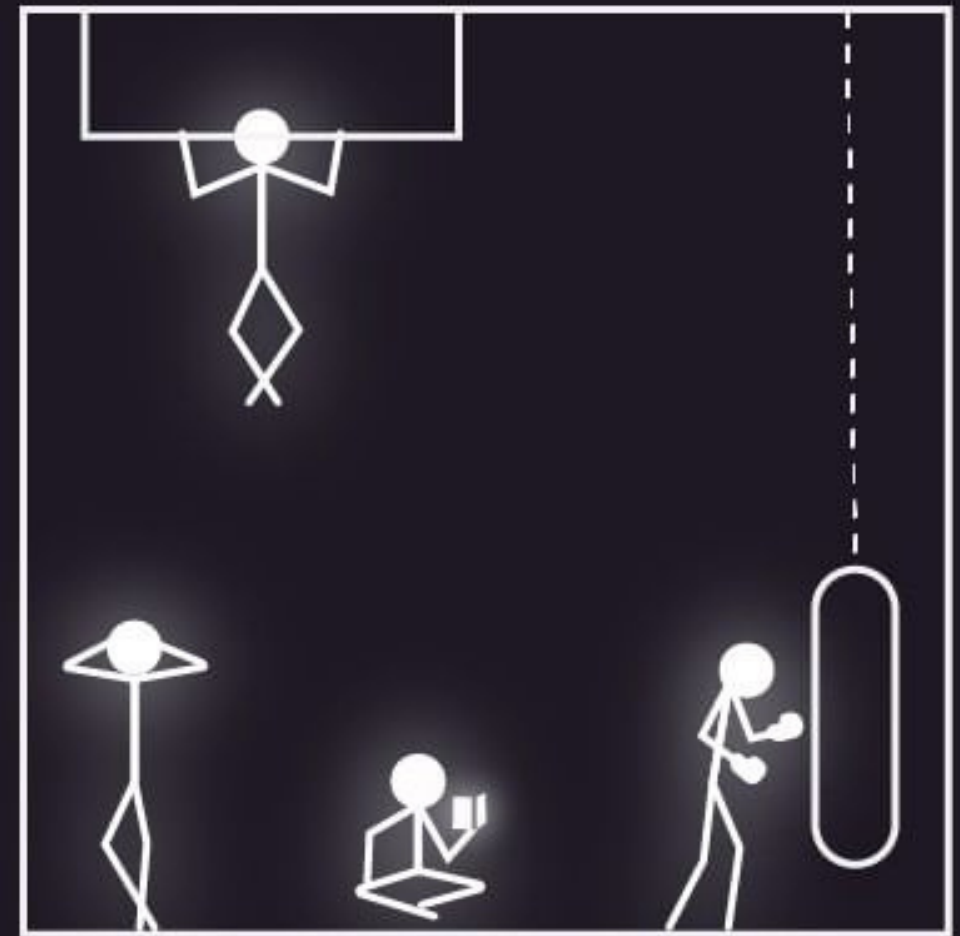
Multitasking

Time and Energy



Single-tasking

If You Are  
The Smartest  
In The Room



You Are In The Wrong Room

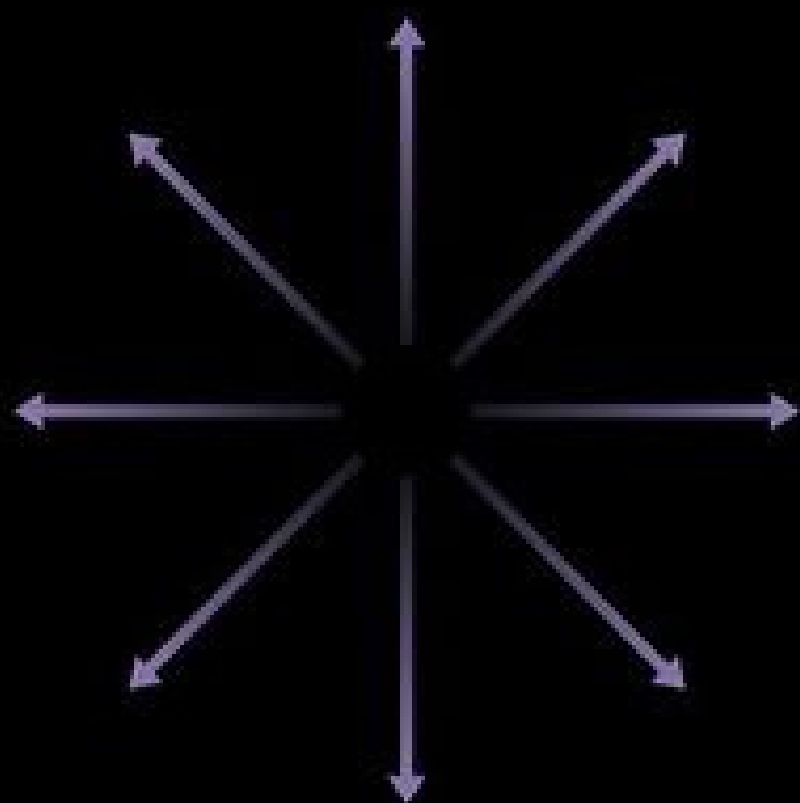


"Fear of suffering

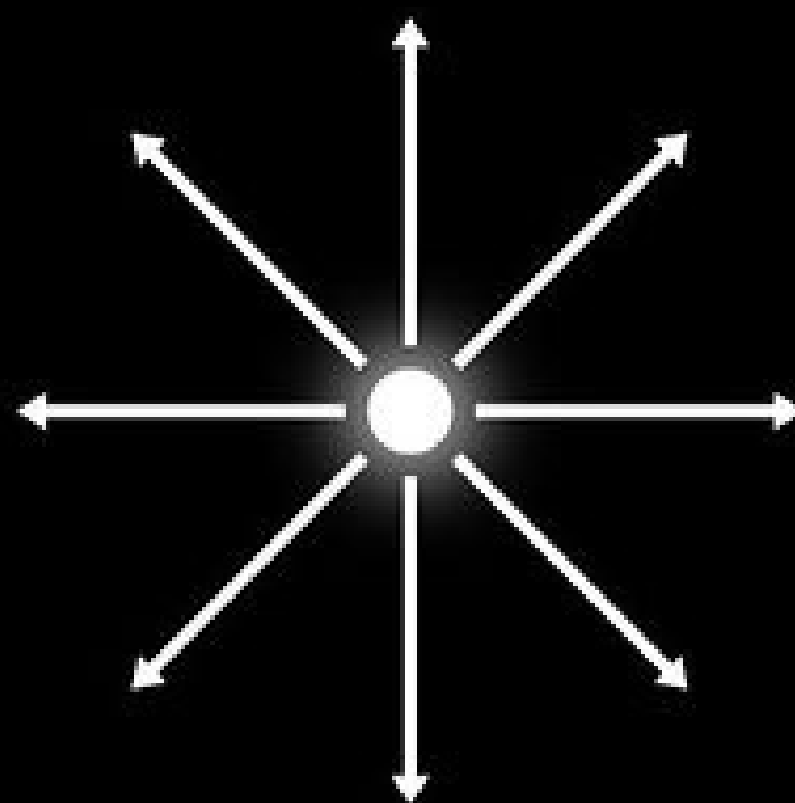
is worse than



the suffering itself."

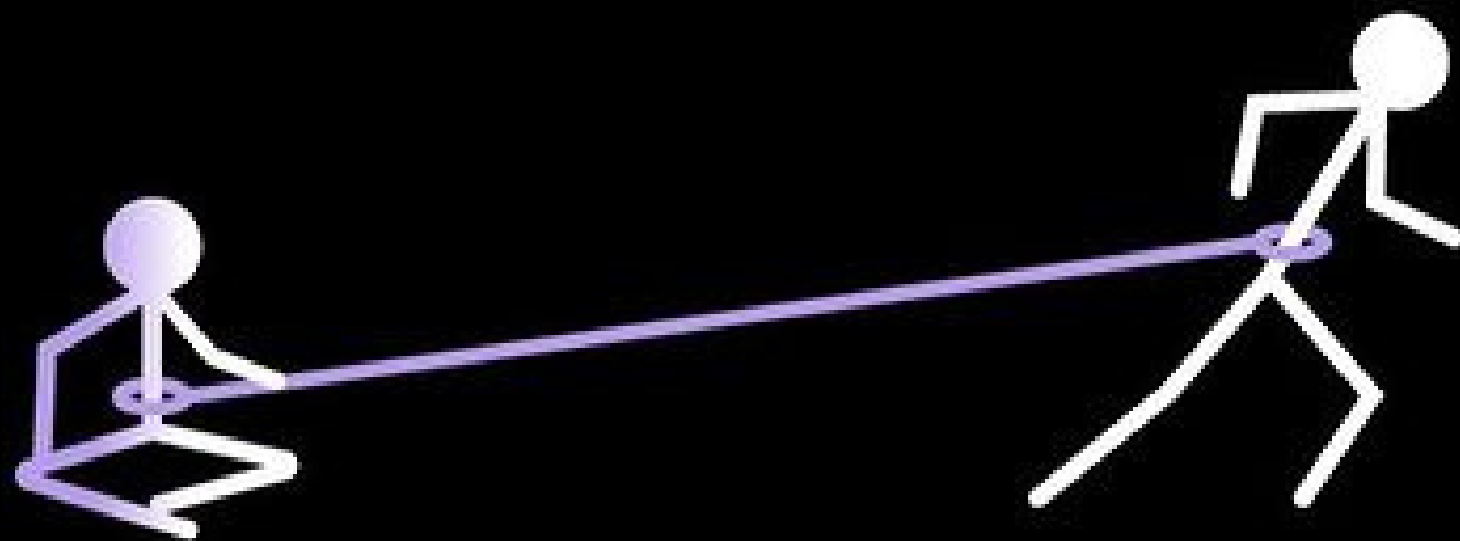


you can't  
love others

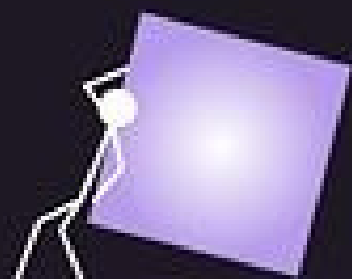


unless you have  
love for yourself

You'll never become who you want to be



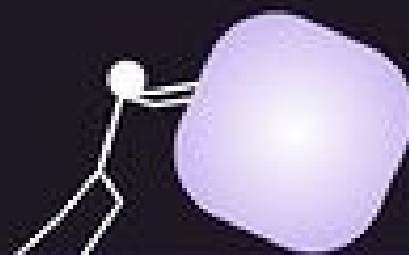
If you're too attached to who you've been



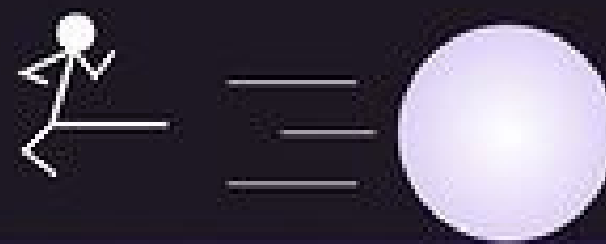
Now



In a Week



In a Month



In a Year



**Grant Golestan** 

@GrantGolestan

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