10 Straightforward Quotes on Self-Care

i am mine. before i am ever anyone else's.

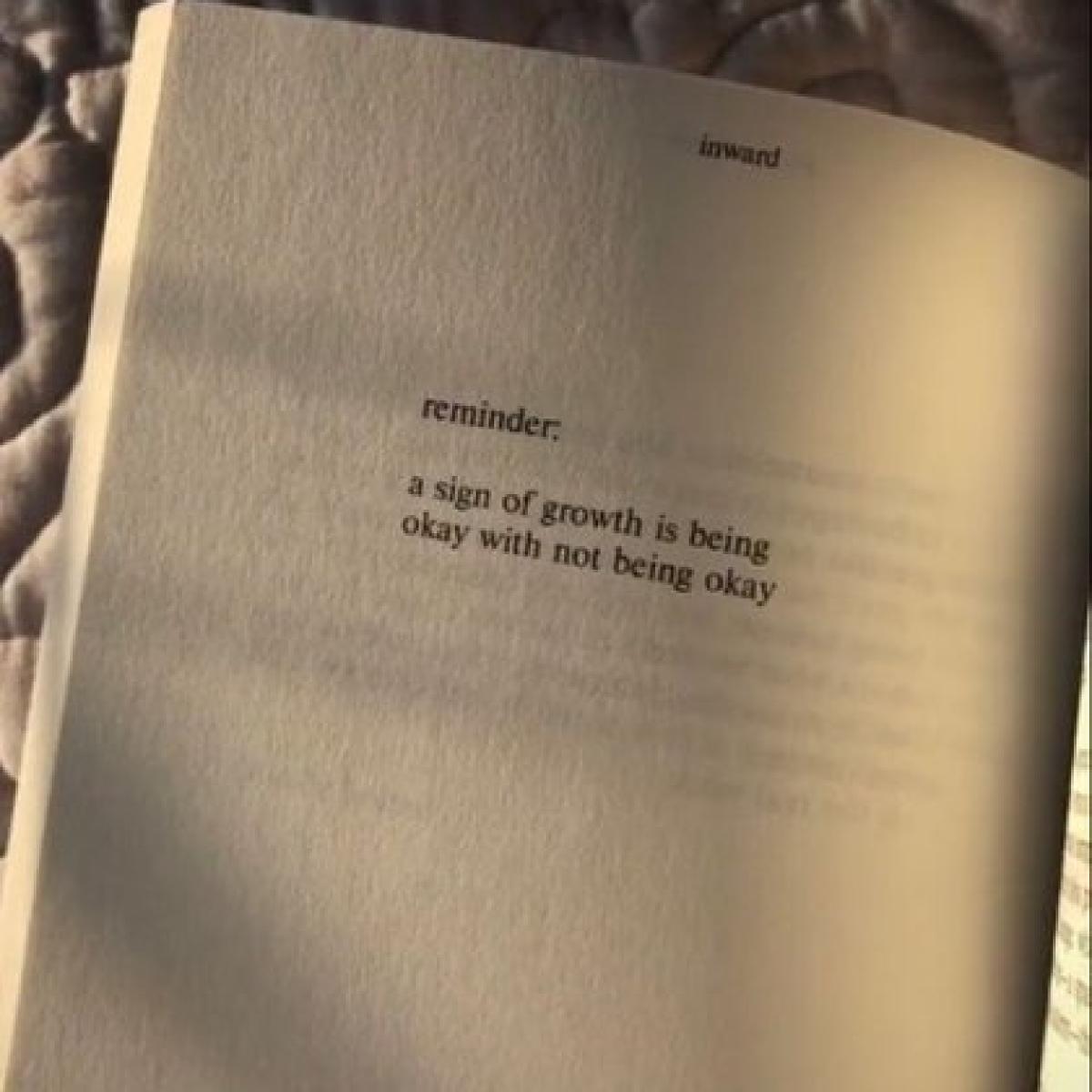
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"Choose people who choose you."

Remember that the minute you take your first step into the life of your dreams, the first to greet you there will be fear. Nod. Keep walking.

brianna wiest

Protect your peace, get rid of toxicity, cleanse your space, cultivate love.



WHEN THINGS CHANGE INSIDE 400,
THINGS CHANGE
AROUND 400.

alone or not you gotta walk forward

cecelia ahern

love yourself first be enough for yourself everything else will fall in line the world will wait

DO NOT ALLOW YOUR

LONELINESS TO RUIN

YOUR STANDARDS.

READ THAT AGAIN.

FOCUS ON YOU

UNTIL THE FOCUS

IS ON YOU.

