**Suggestion 2023**

* News on The Sleep Lab at IMHANS https://www.thehindu.com/news/cities/kozhikode/sleep-lab-at-imhans-to-focus-on-mental-disorders-and-sleep-deficit/article67023790.ece
* News on The Sleep Lab at IMHANS https://english.mathrubhumi.com/news/kerala/imhans-kozhikode-studies-impact-of-sleep-deprivation-on-mental-health-1.8691780
* Mr. Sonu S Dev appeared on television programme (Media one) as an expert on the topic “adolescent mental health”
* Ms. Anu Alphonse appeared on television programme (Media one), as an expert on the topic “Depression”
* https://grihalakshmi.mathrubhumi.com/wellness/how-parents-can-deal-with-teenage-love-affair-and-relationships-1.9102301
* https://grihalakshmi.mathrubhumi.com/wellness/parenting-tips-make-time-for-your-kids-be-a-good-role-model-1.9121783
* 2023 April 25 - Talk on parental support in developmental disabilities organized by A C Shamugadas Memorial Ayurvedic child and adolescent care centre

**Suggestion 2022**

* As a part of Autism Month observance, a radio talk and discussion done by Dr. Neeny. P.M. and Dr. Seema. P was conducted at All India Radio,Kozhikode on 29/03/22..
* Talk on substance abuse among children in mahilalayam by Dr. Seema .P.Uthaman aired by All India Radio on November 17/ 2022,
* Dr. Jobin Tom Coordinated to Print and Publish the Institute Calendar for the mental health literacy among the public with the community support.
* Parent training programme for Parents of Children with Developmental Delays”as part of “Sujal”, parent training programme jointly organized by IMHANS Kozhikode and School of Family Health Sciences, Kerala University of Health Sciences, Thrissur in the year 2022 at Kannur , Kazargode, Kozhikode, Thrissur Districts
* Dr. Jobin Tom has done a webinar for the expatriates in UAE along with Dr. Seema P. Uthaman and Ms. Elizabeth K. Thomas
* Dr. Jobin Tom has taken initiative to give psychosocial support to Kozhikode Airport Accident victims. Institute has appointed him as nodal officer for Disaster mental health. He is collaborating with District Administration.
* Delivered an invited lecture on “Mental Health Care Act”, at the Santhibhavan Rehabilitation center Kozhikode as part of the Lumiere -2019 on 22.12.2020
* IEC training program for parents on the topic childhood disorders by Dr. Suja Mathew (26/06/22)
* Parental awareness class on the topic Parenting-April 2022 by Dr. Suja Mathew
* One day training program on “ early detection and intervention of developmental disabilities in association with KSSM state initiative on disabilities’ for Anganwadi workers and helpers by Mr.Justin Kurian during 2022 .
* Conducted a Autism awareness class on 08/04/2022 at Chelannur BRC  as a part of world autism awareness day by Ms. Mumthaz.
* Conducted a Parental training class on 14/10/2022 on the topic Hand writing: Helping your kids to write the right way by Ms. Thwayyiba
* Conducted two awareness classes for parents on the topic : “ Learning Disability: Early Identification and Management” in the month of April and May 2022 by Ms. Sandhya.
* Conducted a session on the topic to patients family members of RFP patients family members on the topic Role of Family in rehabilitation by Ms. Reshma. T.
* Conducted an awareness class by Ms. Jinshi Jayaprakash for parents on the topic “SPD AND MOTOR SKILL DEVELOPMENTS” on 7th April 2022  organized by Autism Project,IMHANS
* A talk in KCL channel on the topic Psycho social Rehabilitation and activities at IMHANS organized by Reshma. T on June 17th, 2021

**Suggestion 2021**

* Seema P Uthaman: Brief talk on “Significance of Mental Health”, aired during the regional news by All India Radio, Kozhikkode on 10th October 2021.
* Reena George ( along with a team of experts from IMHANS),hadwritten an article on Adolescents’ mental health in Sasthra Sahithya Parishad monthly science magazine (Koumarappathipp), October 2021
* Justin P Kurian. Written an article on' All about Autism spectrum disorder ' on Kesari weekly
* Justin P Kurian. Preparing a parent training module on "Play therapy and its importance”

**Suggestion 2020**

* Aparna Rathnakaran presented videos on the topic ADL Training of children with special needs
* Aparna Rathnakaran occupational therapy home based management for ADHD children (through official IMHANS YouTube channel)
* Seema P Uthaman: Brief talk on “Covid 19 and Mental Health”, aired by Real FM 103.6 on 7th July 2020.
* Seema P Uthaman: Delivered a talk on “Impact of Online Classes on students: Role of Parents and Teachers” aired by Club FM 104.8 (Kozhikode, Wayanad and Malappuram) on 12th November 2020.
* Sajin AV: Presented a video on “How to reduce stuttering at home”
* Mumthaz CPM: Presented a video on “importance of early speech and language stimulation”
* Justin P Kurian: Presented a video on Importance of early detection and intervention”
* Justin P Kurian: Preparing a parent training module for parent with High Risk babies up to one year of age.
* Dr Krishnakumar: Published an article on digital media use by children in the LUCA online magazine of KSSP
* Dr Krishnakumar: Published an article in the Mathrubhumi daily carried in three issues on “ digital media use and online education” published on July 28 and three issues
* Sandhya M: presented educational video for public awareness on management of learning problems in children during lockdown period uploaded in IMHANS official FB page.
* Suja Mathew: presented educational video for public awareness On how to manage behaviour problems of children during lockdown Period uploaded in IMHANS official FB page, presented a video on Learning disability
* Suja Mathew: Resource person on Parenting in pandemic an interactive session organized by IMHANS on August 24th.
* Ashok Kumar: Presented topics on Pandemic and Alcoholism on IMHANS online Public awareness programme ‘Managing mental illness at home.’
* Ashok Kumar: Presented topics on Early detection of Alcohol use disorders on IMHANS online Public awareness programme ‘Managing mental illness at home.’
* Geethu S: recourse person for giving awareness Webinar for parent on the topic of “ASD – Early Intervention Programmes on 27.11.2020
* Jaseena KV: awareness class for parents on the topic of “ASD Brushing skill training techniques” on 28.09.2020
* Jaseena KV: awareness class for parents on the topic of “how to mange learning issues at home” on 26.08.2020
* Mrs Neema.P: Awareness class for parents on 28 January 2020 on the topic of “Autism and symptoms”.
* Mrs.Shiyona Sudheer: online Webinar for parent on the topic of “ASD – Break the barriers of communication” on 31.12.2020
* Veena S B: awareness class for parent on the topic of “ASD: Home based programmes” on 28.09.2020 75
* Reena George: A session on mental health problems of children during Lockdown period conducted by Artasia Women’s friend, University of Calicut on 03/09/2020
* Reena George: A class on Managing mental health issues of women, class organized by Snehita for Kudumbasree participants0n 10/10/2020.
* Seema P Uthaman: Written an article in MathrubhumiArogyamasika on “Why to Threaten Young Children”, published on May 2020.
* Seema P Uthaman: Written another article in MathrubhumiArogyamasika on “How to overcome boredom of Lockdown: tips to children and Parents”, published on August 2020.
* Justin P Kurian, Sajin AV & Mumthaz CPM: Conducts awareness creation sessions about early detection and intervention of speech and language delay for BASLP, Msc. Clinical psychology, PSw internship students posted at CDS.
* Justin P Kurian, Sajin AV & Mumthaz CPM: Prepared a home based parent training module up to 3 years of age ‘A Therapist At Home’ part 1
* Justin P Kurian: Coordinated an online early intervention program for parents of children with developmental issues “Saphalam Online Early Intervention Program”
* Justin P Kurian: Conducted few online parent training program about management of children with developmental delay
* Reshma T: talk about Women Mental Health for higher secondary children at Koothali Govt. School.
* Reshma T: talk on Mental Health for upper primary school children at Kolathra Govt. school
* Reshma T, Project coordinator Cum PSW, RFU IMHANS: talk on Women Mental Health for Residence Association at Kunnamaghalam
* Ratheesh PS. Involved in Online helpline COVID 19 with Indian Association of Clinical Psychologist - Kerala Malabar chapter.
* Ms Aparna Rathnakaran: Prepared home-based therapy management techniques for parents of children with special needs.
* Anish PK. Presentation on medication compliance in IMHANS online psychoeducational video series ‘managing mental illness at home.’

**Ongoing Research Projects 2023**

* Project: Elucidating the role of DNA methylation for pharmacoresistance in obsessive-compulsive disorder (Principal Investigator: Shabeesh Balan, Co-Principal Investigator: Rajith K Ravindren; Budget: Rs. 40,63,483 /-) 2023-2026; Funding: Core Research Grant, Science and Engineering Research Board (SERB), Department of Science & Technology, Government of India
* Project: Do aberrations in the human circadian clock and sleep homeostat genes cause sleep deficits in attention deficit hyperactivity disorder (Principal Investigator: Rajith K Ravindren, Co-Principal Investigators: Shabeesh Balan, Neetha Balaram; Budget: Rs. 50,44,432/-) 2023-2026; Funding: Core Research Grant, Science and Engineering Research Board (SERB), Department of Science & Technology, Government of India
* Project: Elucidating the mechanistic role of sleep quality for elevated carbonyl stress in schizophrenia (Principal Investigator: Rajith K Ravindren, Co-Principal Investigators: Shabeesh Balan, Anish P.K; Budget: Rs.23,17,000/-) 2023-2026; Funding: Science Research Scheme (SRS), Kerala State Council for Science, Technology & Environment (KSCSTE), Government of Kerala, India
* Project: A case-control study to evaluate the role of metabolites in histamine synthesis pathway in Tourette syndrome pathogenesis (Principal Investigator; Varsha Vidyadharan, Co-Principal Investigators: Rajith K Ravindren, Shabeesh Balan, Budget: Rs.100,000/-) 2022-2023; Funding: State Board of Medical Research (SBMR) Department of Health and Family Welfare, Government of Kerala
* Project: Evaluating the synergistic effect of schizophrenia-associated genetic risk factor and the deficits in reactive carbonyl compound scavenging for elevated carbonyl stress in schizophrenia (Principal Investigator: Shabeesh Balan, Co-Principal Investigator: Rajith K Ravindren; Budget: Rs.96,86,258/-) 2021-2024; Funding: Human Resource Development scheme for Non-resident Indians (re-entry fellowship), Department of Health Research, Ministry of Health and Family Welfare, India
* Augmentative and alternative communication in autism spectrum disorder: A survey on speech and language pathologists’ perspective, knowledge, and practice by Ms. Shiyona Sudheer (Speech and language pathologist, Autism Center, IMHANS)
* Parenting Stress in Mothers of Children with Autism spectrum disorder with Special reference to IMHANS Hospital by Mrs. Neema.P Social Worker, Autism center, IMHANS
* Sheeba Ninan, George R, G Ragesh, Srinila, Adhin. Alzheimer’s Disease assessment scale –cognitive subscale for use in India and validation of the Malayalam version in India

**Ongoing Research Projects 2022**

* George R, P Krishnakumar, KN Roshan Bijlee, Dr. Shabeesh Balan and M Ranjitha. Effect of genetic counseling on adaptation, preparedness and resilience among families of children with developmental disabilities.
* Uthaman, S. P, George R, Tom, J. & Thomas, K. E. Impact of Covid 19 on working nurses. An Online study conducting among the nurses working in different countries. .
* Sheeba Ninan, George R, G Ragesh, Srinila, Adhin. Alzheimer’s Disease assessment scale –cognitive subscale for use in India and validation of the Malayalam version in India
* Dr. Rajith K Ravindren & Renjitha M. :Do aberrations in the human circadian clock and sleep homeostat genes cause sleep
* Dr. Rajith K Ravindren & Renjitha M :Deficits in attention deficit hyperactivity disorder? SERB Govt of India. Principal Investigator
* Dr. Rajith K Ravindren & Renjitha M. :Elucidating the genetic architecture of inherited somniloquy-SERB SURE Govt of India-Co investigator
* Dr. Rajith K Ravindren & Renjitha M: Elucidating the role of DNA methylation for pharmacoresistance in obsessive-compulsive disorder-SERB Govt of India. Co Investigator
* Dr. Rajith K Ravindren & Renjitha M : Elucidating the mechanistic role of sleep quality for elevated carbonyl stress in schizophrenia-KSCSTE. Govt of Kerala
* Dr. Rajith K Ravindren & Renjitha M: A case-control study to evaluate the role of metabolites in histamine synthesis pathway in Tourette syndrome pathogenesis Co investigator SBMR,Govt of Kerala
* Reshma T :Comprehensive module on social skill training for people with mental illness
* Reshma T :Recovery facilitation services in a mental health setting IMHANS Model in Open Journal of Psychiatry and Allied Science
* Effect of genetic counseling on adaptation, preparedness and resilience among families of children with developmental disabilities-Renjitha M ,Coinvestigator.
* Synergistic effect of genetic risk factor and the carbonyl stress in schizophrenia-DHR,Govt of India- Renjitha M, Co- investigator.

**Ongoing Research Projects 2021**

* Dr Rajith, Dr Shabeesh Balan. “Synergistic effect of genetic risk factor and the carbonyl stress in schizophrenia” funded by Human Resource Development scheme for Non-resident Indians, Department of Health Research, Ministry of Health and Family Welfare, Government of India
* Seema P Uthaman: “Training of Trainers for Task force in Substance Abuse Prevention among Adolescents” funded by Social Justice Department, Government of Kerala.
* George R, P Krishnakumar, KNRoshan Bijlee, M Ranjitha. Effect of genetic counseling on adaptation, preparedness and resilience among families of children with developmental disabilitieswith a view to establish a genetic counseling unit at IMHANS, Kozhikode.
* Jaseem K. The Effect of Solution Focused Questions on Depression: Neuro-cognitive Mechanisms, Electrophysiological State, and Affective Experiences. Funded by Cognitive Science Research Initiative (CSRI), Department of Science and Technology (DST), Govt. of India
* Uthaman, S. P. & Koorankot, J. Prevalence of Scholastic Backwardness among upper primary students in Calicut district in Kerala. Funded by   Indian Council of Social Science Research. Funded by the Indian Council of Social Science Research (ICSSR).
* Ratheesh PS. An Interventional study titled as "Efficacy Of Cognitive Training On Children with Attention Deficit Hyperactivity Disorder" for Ph.D programme in University of Calicut under the guidance of Dr.Sukanya menon. Prajyothi nikean college , Thrissur.
* Rajith K Ravindren. Sleep changes in children with ADHD.
* Rajith K Ravindren. Phonemic awareness as a measure of specific learning disability.
* Mr Justin. Tool preparation for early detection of developmental delay and feasibility study of Mr Justin. Smart phone application of the Tool in association with ICDS and Districts Administration Kozhikode ( Cradle Project)
* Mr Justin. Study the effectiveness of the module prepared for preschool aged children with developmental delay
* Mr Justin. 'Prevent epilepsy' A multi centric study in association with Imperial college Lindon, IMCH Kozhikode and two other medical colleges in India
* Sajin. Risk factors and clinical characteristics of language disorders in children
* Mumtaz CPM- prevalence and pattern of communication disorder among school going children with specific learning disorder who attend a remedial training program.
* Justin P Kurien. Effectiveness of intense comprehensive care for children at preschool age with developmental and social communication delay.
* Justin P Kurien. Study the effectiveness of the module prepared for preschool aged children with developmental delay
* Ratheesh PS. CSWS study on children with epilepsy with Dr. Neetha and Dr.Rajith Ravindran.
* Reshma T. An innovative telerehabilitation model during COVID-19 19 – Experience from recovery facilitation units of the Institute of Mental Health and Neuro Sciences.
* Reshma T. Working on the comprehensive skills module for rehabilitating patients at Recovery facilitation unit.
* Mrs Reshma T. Study on Mental Health Literacy.

**Ongoing Research Projects 2020**

* Jaseem K. The Effect of Solution Focused Questions on Depression: Neuro-cognitive Mechanisms, Electrophysiological State, and Affective Experiences. Funded by Cognitive Science Research Initiative (CSRI), Department of Science and Technology (DST), Govt. of India
* Uthaman, S. P. & Koorankot, J. Prevalence of Scholastic Backwardness among upper primary students in Calicut district in Kerala. Funded by Indian Council of Social Science Research. Funded by the Indian Council of Social Science Research (ICSSR).
* Ratheesh PS. An Interventional study titled as "Efficacy Of Cognitive Training On Children with Attention Deficit Hyperactivity Disorder" for Ph.D programme in University of Calicut under the guidance of Dr.Sukanya menon. Prajyothi nikean college , Thrissur.
* Rajith K Ravindren. Sleep changes in children with ADHD.
* Rajith K Ravindren. Phonemic awareness as a measure of specific learning disability.
* Justin P Kurien. Tool preparation for early detection of developmental delay and feasibility study of Smart phone application of the Tool in association with ICDS and Districts Administration Kozhikode ( Cradle Project)
* Sajin. Risk factors and clinical characteristics of language disorders in children
* Mumtaz CPM- prevalence and pattern of communication disorder among school going children with specific learning disorder who attend a remedial training program.
* Justin P Kurien. Effectiveness of intense comprehensive care for children at preschool age with developmental and social communication delay.
* Justin P Kurien. Study the effectiveness of the module prepared for preschool aged children with developmental delay
* Ratheesh PS. CSWS study on children with epilepsy with Dr. Neetha and Dr.Rajith Ravindran.
* Reshma T. An innovative telerehabilitation model during COVID-19 19 – Experience from recovery facilitation units of the Institute of Mental Health and Neuro Sciences.
* Reshma T. Working on the comprehensive skills module for rehabilitating patients at Recovery facilitation unit.
* Mrs Reshma T. Study on Mental Health Literacy.

**Publications 2023:**

* Recovery facilitation services in a mental health setting: the Institute of Mental Health and Neurosciences (IMHANS) Model was published in an open journal.
* Balaram, N., J. Jose, A. Gafoor, S. Balachandran, F. Saritha, K. V. Dileep and S. Balan (2023). "Acetazolamide responsive early-onset absence epilepsy and ataxia in a toddler with a KCNA2 genetic variant; a case report." Seizure 110: 157-159
* Haridas, N. J., S. Balan and R. K. Ravindren (2023). "Fluoxetine-Induced Acute Urinary Retention in a Child with Depression." The Primary Care Companion for CNS Disorders 25(3): 47504.
* Jyrwa, S., T. M. Shibukumar, J. Thavody, P. K. Anish, T. Bina, K. R. Rajith, P. S. Banandur, G. N. Rao, G. Gururaj, M. Varghese and V. Benegal (2023). "Mental health morbidities in Kerala, India: Insights from National Mental Health Survey, 2015–2016." Indian Journal of Psychiatry 65(12).
* Vimal, K.S.V. & Jasseer, J. (2023). Defense Styles and Personality Among Young Adults. International Journal of Indian Psychology, 11(3), 766-769. DIP:18.01.072.20231103, DOI:10.25215/1103.072
* Vimal, S.V. & Jasseer, J. (2023). Academic, Cognitive and Social Correlates of ADHD. International Journal of Indian Psychology, 11(2), 1773-1778. DIP:...20231102, DOI:10.25215/1102.182
* Vimal, S.V., Mehrotra, S. & Sudhir, P.M. (2023). Self-Care and Its Correlates in Adults Seeking Outpatient Psychiatric Services. International Journal of Indian Psychology, 11(2), 1715-1722. DIP:18.01.178.20231102, DOI:10.25215/1102.178
* Tom J, Thomas EK, Sooraj A, Uthaman SP, Tharayil HM, S L A, Radhakrishnan C. Need for social work interventions in the emergency department. Soc Work Health Care. 2023 Jul-Dec;62(8-9):302-319. doi: 10.1080/00981389.2023.2238017. PMID: 37523327.

**Publications 2022:**

* Xaviour, N., Uthaman, S. P., Anish, P. K., & Sadath, A. (2022). Evaluation of a Day-Care Rehabilitation Skill Training Programme on Burden and Quality of Life of Caregivers of Persons with Severe Mental Illness. *Journal of Psychosocial Rehabilitation and Mental Health*, 1-8.
* Xaviour, N., Kumar, A. N., Uthaman, S. P., (2022). Integrating Psychosocial and Mental Health Interventions in Management of COVID-19 Pandemic. In C Vinodan., Rajeev M M & Kurian, A. L (Eds.), *COVID -19 Pandemic and the New Normal* (Vol. 1, pp. 117–134). essay, Scholars Press.
* Uthaman P. S., Pillai, R.R., George, S., Tom, J., Varma, G. A., Kumar, A., & Xaviour, N. (2020). Life Skill Education for prevention of substance use among adolescents: Facilitator’s Manuel and Workbook. Published by IMHANS
* Uthaman, S. P (Ed) Thirike – The U -Turn to Life. തിരികെ The U Turn to Life. ISBN.: 9789392936760. First Published Year. : 2022. Pages. : 66.
* ‘’കുറവുകളെ മറന്നു കളയുക’’ published in Grihalakshmi September 2022 edition.
* Kurian.J.P( 2022)Handbook prepared for parents  in Malayalam “A therapist at home” supported by school of family health studies, Kerala university of health science ( Co author)
* Mumthaz CPM ( 2022) Handbook prepared for parents  in Malayalam “A therapist at home” supported by school of family health studies, Kerala university of health science ( Co author)
* Haridas NJ, Balan S, Ravindren RK. Fluoxetine-induced acute urinary retention in a child with depression. Prim Care Companion CNS Disord. 2023;25(0):22cr03404.
* Rajith KR, Krishnakumar P, Danish E, Dhanasooraj D, Ranjitha M, Midhun S. Serum vitamin D level in patients with schizophrenia: A community-based study. Indian Journal of Medical Research. 2022 Jul 1;156(1):157-60.
* Rajith KR, Ashokkumar P, Anish PK, Gangadharan A, Neeny PM, Krishnakumar P, Tom J. Perception of doctors and patients regarding tele psychiatry services during the COVID-19 pandemic: Experience from the state of Kerala, India. Kerala Journal of Psychiatry. 2022;35(2):122-30.
* Ranjitha.M, Reena Sajithkumar,  Krishnakumar P, Shabeesh Balan, Rajith K R. Genetic counseling among families of children with Genetic abnormalities in a tertiary care center in neuropsychiatric disorders in South India. Published in abstract book of ‘Epigenetics meets metabolomics’ seminar as National Seminar proceedings  conducted by ICCONS, Shoranur

**Publications 2021:**

* Rajith, Ravindren K.1; Krishnakumar, Padinharath2, Clinical profile of obsessive-compulsive disorder in children, Journal of Family Medicine and Primary Care: January 2022 - Volume 11 - Issue 1 - p 251-255
* Tom, J., George, R., Thomas, E. K., Uthaman, P. S., Krishanakuamr, P. (2021).Perceived Stress of Nurses Working Among Patients with Covid 19 - A CrossSectional Survey. International Journal of Scientific Research, 10(3), 66-67.
* Tom, J., Thomas, E. K.,George, R., Krishanakuamr, P. (2021). Mental HealthProblems of Nursing Practitioners during Covid-19 Pandemic - A Cross SectionalSurvey. Journal of Nursing and Health Science, 10(2), 34-37.
* Jayakrishnan MP, Krishnakumar P, Geeta MG, George B. Changing Trends of Accidental Poisoning in Children over the Last Two Decades. Indian J Community Med. 2021 Apr-Jun;46(2):350-351. doi: 10.4103/ijcm.IJCM\_723\_20. Epub 2021 May 29. PMID: 34321766; PMCID: PMC8281846.
* Krishnan V, Krishnakumar P, Gireeshan VK, George B, Basheer S. Early Social Experience and Digital-Media Exposure in Children with Autism Spectrum Disorder. Indian J Pediatr. 2021 Jan 20. doi: 10.1007/s12098-021-03666-z. Epub ahead of print. PMID: 33471317
* Tom, J., George, R., Thomas, E. K., (2021). Resilient Coping of Nurses workingAmong Patients with Covid 19 -A Cross Sectional Online Survey. Journal ofPsychiatric Nursing, 10(2), 19-24.
* Balan, S., Iwayama, Y., Ohnishi, T., Fukuda, M., Shirai, A., Yamada, A., Weirich, S., Schuhmacher, M. S., Vijayan, D. K., Endo, T., Hisano, Y., Kotoshiba, K., Toyota, T., Otowa, T., Kuwabara, H., Tochigi, M., Watanabe, A., Ohba, Maekawa, M., Toyoshima, M., Sasaki, T., Nakamura, K., Tsujii, M., Matsuzaki, H., Zhang, K. Y. J., Jeltsch, A., Shinkai, Y., & Yoshikawa, T (2021), [A loss of function variant in SUV39H2 identified in autism spectrum disorder causes altered H3K9-trimethylation and dysregulation of protocadherin β cluster genes in the developing brain](https://www.google.com/url?q=https://doi.org/10.1038/s41380-021-01199-7&source=gmail-html&ust=1647160145008000&usg=AOvVaw3oEYkz3Rd1scgEsjDMDqQ5), Molecular Psychiatry, 10.1038/s41380-021-01199-7
* Hara, T., Toyoshima, M., Hisano, Y., Balan, S., Iwayama, Y., Aono, H., Futamura, Y., Osada, H., Owada, Y., & Yoshikawa, T. (2021), [Glyoxalase I disruption and external carbonyl stress impair mitochondrial function in human induced pluripotent stem cells and derived neurons](https://www.google.com/url?q=https://doi.org/10.1038/s41398-021-01392-w&source=gmail-html&ust=1647160145008000&usg=AOvVaw1sj-AQqxziMYuWqs0slJmG), Translational Psychiatry, 11, 275
* Balan, S., Ohnishi, T., Watanabe, A., Ohba, H., Iwayama, Y., Toyoshima, M., Hara, T., Hisano, Y., Miyasaka, Y., Toyota, T., Shimamoto-Mitsuyama, C., Maekawa, M., Numata, S., Ohmori, T., Shimogori, T., Kikkawa, Y., Hayashi, T. & Yoshikawa, T. (2021) [Role of an atypical cadherin gene, Cdh23 in prepulse inhibition and implication of CDH23 in schizophrenia](https://www.google.com/url?q=https://doi.org/10.1093/schbul/sbab007&source=gmail-html&ust=1647160145008000&usg=AOvVaw0NubxprhH2hyKDZxPUgJsf), Schizophrenia Bulletin, 47; 4, 1190–1200.
* Rajan R, Ragesh G. Field Practicum in Mental Health Setting. 2021. p. 43.
* Kamalakshy C, Chenicheri M, Ratheesh L, Ragesh G. Psychological effects of isolation on antenatal women during COVID-19 pandemic. International Journal of Reproduction, Contraception, Obstetrics and Gynecology. 2021;10:4508.
* Koorankot, J. & Mukherjee, T. (2021). Empowering Through Solution-Focused Conversations: Context of COVID-19 Crisis. In Mukherjee, T. (Ed). COVID-19 Through the Lens of Mental Health. Rutledge.
* Koorankot, J. &Mishab, A. K. (2021). Forging Link between Therapeutic Questions & Neuroscience. In Valeria Saladino (Ed). Le strategie in psicoterapia. Ricerca e innovazione (pp.31-43). Cacucci Editore – Bari. Società Scientifica di Psicoterapia Strategica, Italy.
* Tom, J., George, R., Thomas, E. K., Uthaman, P. S., Krishanakuamr, P. (2021).Perceived Stress of Nurses Working Among Patients with Covid 19 - A CrossSectional Survey. International Journal of Scientific Research, 10(3), 66-67.
* Seena MC, George R, Krishnakumar P, Ravindran RK.. Noncompliance to treatment among persons with mental illness. Indian J Psy Nsg 2021;18:43-8.

**Publications 2020:**

* Uthaman P. S., Pillai, R.R., George, S., Tom, J., Varma, G. A., Kumar, A., &Xaviour, N. (2020). Life Skill Education for prevention of substance use among adolescents: Facilitator’s Manuel and Workbook. Published by IMHANS.
* Rajith KR, Kurian J, Kandarappallil C, Jithin K. Clinical Profile of Adults with Intellectual Disability Residing in a Government Residential Facility in Kerala, India.
* Journal of Psychosocial Rehabilitation and Mental Health. 2020 Aug;7:161-7.
* Ravindren RK, Kurian J. Sociodemographic and Clinical Features of Homeless Persons with Mental Illness Residing in Welfare Homes in Kerala, India. Journal of Psychosocial Rehabilitation and Mental Health. 2020 Oct 15:1-6.
* Dr. Reena George, Harsha T Thankachan, Jansi.T, Neethu.P, Sarisha.P.S. Effect of Simulation Based Breast-Self Examination Techniques on knowledge and skill in performing breast self-examination among women. International Journal of Scientific Research- A medico-Journal, 9 (11) 37-39
* Govindaraj GM, Krishnakumar P, Scaria V, Athulya E, Ajithkumar VT, Dongre AR. Building on an Ad Hoc Covid-19 Response to Enhance Community-based Care for Vulnerable Children in Kerala, India. NEJM Catalyst Innovations in Care Delivery. 2020; November 4 URL: https://catalyst.nejm.org/doi/full/10.1056/CAT.20.0543
* Govindaraj GM, Ramya U, Raj R, Athulya EP, Jain A, Scaria V, Jayakrishnan MP, Sivasubbu S, Dhanasooraj D, Ajithkumar VT, Dongre AR, Krishnakumar P. Parental Experience of Hematopoietic Stem Cell Transplantation for Children with Primary Immune Deficiency Disorders. Indian J Pediatr. 2021 Apr;88(4):370-371. doi: 10.1007/s12098-020-03541-3. Epub 2020 Oct 23. PMID: 33095397.
* Jayakrishnan MP, Geeta MG, Krishnakumar P, Gireeshan VK, George B, Prathiksha P, Arunkumar G, Anitha PM. Factors Associated With Mortality in Toxic Encephalopathy Due to Shigellosis in Children. Indian Pediatr. 2020 Nov 15;57(11):1029-1032. Epub 2020 Aug 9. PMID: 32788427.
* Krishnan V, Krishnakumar P, Gireeshan VK, George B, Basheer S. Early Social Experience and Digital-Media Exposure in Children with Autism Spectrum Disorder. Indian J Pediatr. 2021 Jan 20. doi: 10.1007/s12098-021-03666-z. Epub ahead of print. PMID: 33471317. 52
* Jayakrishnan MP, Krishnakumar P, Geeta MG, George B. Changing trends of accidental poisoning in children over the last two decades Indian Journal of Community Medicine accepted for publication(manuscript number IJCM\_723\_20)
* Thomas, E. k, & Zacharias, L. (2020). Psycho-social Intervention for Obsessive Compulsive Disorder with Poor Drug Compliance: A Case Report. In “A Practical Handbook on Social Case Study in different Social Work Settings” (1st ed., pp. 80– 106). Bangalore, Karnataka: Suvvi publications.
* Pradeepkumar P, Hamza A, Ragesh G, Ganjekar S, Thippeswamy H, Chandra PS, et al. Psychological Distress, Coping and Perceived Social Support Among Partners of Women with Postpartum Onset Severe Mental Illness (SMI) Admitted to a Mother– Baby Unit. Indian Journal of Psychological Medicine. 2020;42(6):535-9.
* Ragesh G, Ganjekar S, Thippeswamy H, Desai G, Hamza A, Chandra PS. Feasibility, acceptability and usage patterns of a 24-hour mobile phone helpline service for women discharged from a mother-baby psychiatry unit (MBU) in India. Indian journal of psychological medicine. 2020;42(6):530-4.
* A module was prepared on the topic : “Therapist at home Part II”  Autisavum Parisheelanavum maathapithaakkalkayi oru maarggarekha (Malayalam Book) –(Children with autism- Training for parents)- by Autism clinic

**Honors & Achievements 2023**

* Aisha Shaju, Junior Research Fellow, Neuroscience Research Laboratory got selected for the International Brain Research Organization (IBRO) advanced school on “Psychophysiology of Neurological Disorders: Genomics and Non-genomics perception” to be held in Nepal, 24 April – 8 May 2024
* On 6th February 2023 Mr. Johny, Member, Kerala State Mental Health Review Board visited TMHP and accompanied the team for patient follow up in Vythiri Sugandagiri area and Tavinjal area on 14th February 2023. Mr. Johnny appreciated the work of TMHP and commended the team’s effort as unique and most effective.
* Dr. Reena George, HOD Psychiatric Nursing has been certified and licensed by Board of Genetic counselling in India as Genetic Counselor in 2023
* Dr. Reena George, HOD Psychiatric Nursing has been selected as one of the expert reviewers of Indian Journal of Psychiatric Nursing (A journal of Indian Society of Psychiatric Nursing), Journal of Advances in Medicine and Medical Research and Asian Journal of Research in Medical and Pharmaceutical Sciences.
* Best paper award for the presentation titled ‘Solution Focused Brief Therapy in Alcohol Dependence Syndrome’’ during the International Training Conference on Brief Psychotherapies & Annual Meet of ASFP-I organized by IMHANS and ASFP-I. ON 18-21 January 2023.
* Dr. Seema P Uthaman selected as a member of academic council in KUHS , Thrissur.

**Honors & Achievements 2022**

* Dr. Reena George, HOD Psychiatric Nursing has been appointed as one of the resource trainers by The Institute of Liver and Biliary Sciences (ILBS) Delhi in collaboration with Project LEAD for the training program for nurses’ professionals on ‘Alcohol-related
* Dr. Reena George, HOD Psychiatric Nursing has been appointed as the one of the resource trainers by Gandhian Chair, University of Calicut to deal with the theories and techniques of counseling.
* Dr. Reena George, HOD Psychiatric Nursing has been selected as one of the expert reviewers of Indian Journal of Psychiatric Nursing (A journal of Indian Society of Psychiatric Nursing), Journal of Advances in Medicine and Medical Research and   
  Asian Journal of Research in Medical and Pharmaceutical Sciences.
* Dr. Reena George, HOD Psychiatric Nursing has completed two certificate courses in Principles of genetics and Human molecular genetics.
* Dr. Ragesh is working as “Special Officer” of the Udayam Project run by the District Administration, Kozhikode
* Dr. Ragesh became provisionally approved research guide in Psychiatric Social Work, under Kerala University of Health Sciences, Thrissur
* Dr. Jobin Tom is selected as National Treasurer of Association of Psychiatric Social Work Professionals (APSWP)
* Dr. Jobin Tom is Nominated to the Governing Body of Kerala Association of Professional Social Workers.
* Jaseena.K.V has completed BEd in special education from Tamilnadu open university on 2022

**Honors & Achievements 2021**

* Ragesh G, Department of Psychiatric social work received “Good Service Entry” received from the Kozhikode District Collector for working in the Udyam Project.
* Reena George, HOD Psychiatric Nursing received the Distinguished Alumna Award from Father Muller College of Nursing, Mangalore on 27th April 2021.
* Reena George, HOD, Psychiatric Nursing: Recognized PhD guide under Kerala University of Health Sciences, Thrissur.
* Shabeesh Balan, Scientist D : Human Resource Development scheme for Non-resident Indians (re-entry fellowship) 2021, Department of Health Research, Ministry of Health and Family Welfare, Government of India
* Anu Alphonse, Department of psychology recognised as an evaluator for the preliminary evaluation of YIP 2020 conducted by K-DISC under the theme ‘Problems of children and aged in Kerala’
* Seema P Uthaman: Became approved research guide in Psychiatric Social Work, under Kerala University of Health Sciences, Thrissur.
* Seema P Uthaman: Selected as a member in the Kerala State Mental Health Authority in January 2021
* Ranjitha M, Neuroscience lab: Completed the certification for  Level one Genetic counsellor  in August 2021,awarded by Board of Genetic counselling for the practice of Genetic counselling profession in India.
* Sonu S Dev, Association Inauguration and talk on “Current Trends in Clinical Psychology” at Department of Psychology, Blossom Arts and Science College, Valiyaparamba.

**Honors & Achievements 2020**

* Seema P Uthaman selected as President of the State Chapter of the Association of Psychiatric Social Work Professionals (APSWP)
* Seema P Uthaman selected as a member in the Kerala State Mental Health Authority in January 2021
* Dr. Reena George, Assistant Professor, Psychiatric Nursing Recognized PhD guide under Kerala University of Health Sciences, Thrissur.
* Dr. Reena George has received fund from National Institute of Social Defense (NISD) New Delhi letter dated on 17/01/2020 for conducting capacity building programme for nursing students on prevention, early detection and management of substance use and related disorders.

**Events Organized** 2023

1. Medical Boards were conducted and a total of 687 certificates was issued.
2. Awareness class for parents on the topic of “how to welcome your child to the world of learning” by Mrs. Jaseena K V. (Special Educator, Autism Center, IMHANS) on 18.12.2023 at IMHANS Seminar Hall
3. Awareness class for parents on the topic of “Parents Management Training” by Mr. Sonu S Dev, Clinical Psychologist, Department of clinical psychology, IMHANS, CDS on 18.12.2023 at IMHANS Seminar Hall
4. Awareness class for parents on the topic of “Importance of group therapy in children” on 13.11.2013 by Ms. Shiyona Sudheer (Speech and language pathologist, Autism Center, IMHANS)
5. Organized Autism Day celebration on 2.04.2023
6. Conducted summer camp in April and May Month
7. Conducted outdoor and indoor sports for Autism kids.
8. Conducted series of Recovery services to Institute of palliative Medicine volunteers by RFU.
9. Conducted parents’ educational program to project beneficiaries’ parents by RFU.
10. Children’s Day Celebration was organized for children coming for various therapy services at IMHANS on 11/11/2023. A drawing event was conducted followed by various cultural programmes for children.
11. A workshop on Learning Disability-Assessment and Management Strategies was organized on 15/11/23 in association with Dept. of Clinical Psychology, IMHANS. The resource person was Ms. Bilgy K George.
12. A transdisciplinary interactive session on Clinical Child development was organized on 01/12/23.Resource person was Dr. Thomas Abraham, Developmental Pediatrician.
13. SUCHAL Training programme for parents of children with neurodevelopmental disorders
14. 18/02/23- Govt. Medical College, Thrissur - Ms. Mumtaz CPM (Speech& Language Pathologist), Ms. Sandhya M (Special educator), Ms. Jinshi Jayaprakash (Occupational Therapist) were resource persons from IMHANS.
15. 04/05/23-Wayanad-Training for parents of children in DEIC-Wayanad-Resource persons were Mr. Justin (Early intervention specialist), Ms. Mumtaz (Speech & Language Pathologist) and Ms. Sandhya (Special Educator).
16. Multidisciplinary team members of CDS (Mr. Justin, Ms. Mumtaz, Mr. Sajin, Ms. Jinshi) regularly take classes for Anganwadi staff as part of the Special Anganwadi training programme organized by Kerala Social Security Mission.
17. Mr. Justin (Early Intervention Therapist) coordinates the periodic presurgical and Botox camps organized for children with Cerebral Palsy in association with VKM Special School and Department of Orthopedics, Govt, Medical College, Kozhikode.
18. Cell culture hands-on workshop for the researchers at IMHANS on 2nd - 4th May 2023, by Dr. Divya MS, Scientist, Stem cell biology laboratory, Department of Pathology, Sree Chitra Tirunal Institute for Medical Sciences and Technology (SCTIMST), Kerala
19. International training conference on brief psychotherapies-ITCBP 2023
20. Class on Neuropsychological Assessment, 15th &22nd march 2023 by Mr Mishab A K
21. Workshop on solution focused brief therapy, 5th & 6th August, 2023 by Dr Jasseem K
22. Workshop on trauma informed care, 1st October 2023, by Ms Fathima
23. Workshop on essentials of practical sex therapy, 14th & 15th October, 2023, by Mr. Sharath Sundar
24. Queer Conference- whole day online session – sponsorship of Zoom access 24/6/23 organized by Tele-MANAS
25. International Day of Drug abuse and illicit trafficking Substance – Day Observance Day, awareness session taken - Anjana MT. 26/6/23 - organized by Tele-MANAS
26. Worskhop for palliative care workforce – Multidisciplinary aspects of geriatric training – 16/8/23 - organized by Tele-MANAS
27. Suicide Prevention Day – FLASH MOB, Day Observance – 8/9/23- organized by Tele-MANAS
28. Dementia awareness programme on World Alzheimer’s day- 11/10/23- organized by Tele-MANAS
29. Workshop for police officers on suicide prevention-18/10/23- organized by Tele-MANAS
30. World Aids Day observed at IMHANS on 1st December 2023. The awareness class was organized by Tele-MANAS
31. On-site training for State Cell Counselors conducted with Tele-MANAS NIMHANS team & Tele-MANAS Mentoring Institute team, IMHANS on December 4,5 and 6 at Trivandrum.
32. Stress Management for KSEB workforce – 20/12/23 – organized by Tele-MANAS
33. World Mental Health Week Observance –Quiz competition, e poster competition & Outreach awareness programme and Session for enhancement of mental health of IMHANS staff organized by Tele-MANAS
34. Elderly friendly Kozhikode – 13/10/23- session – by Dr Sheeba Ninan
35. Online Webinar – World Alzheimers Day – by Dr Sheeba Ninan- 21/9/23 Organized by Tele-MANAS
36. Awareness class on Tele-MANAS, Ulliyeri CHC- Anjana MT- 7/11/23 Organized by Tele-MANAS
37. Workshop for palliative care volunteers – MUKKAM – Dr Fathima Hanan- 1/9/23 Organized by Tele-MANAS
38. Workshop on Community Mental Health Oorukootam Training – Dr Fathima Hanan - 20/3/23 Organized by Tele-MANAS
39. KSID – young innovators programme , evaluation – Dr Sheeba Ninan- 29/7/23
40. Mental Health in Older Adults for KSSM workforce , training in geriatric mental health – 21/10/23 Organized by Tele-MANAS
41. Awareness class on Tele-MANAS at Thamarassery THQ- Dr. Fathima Hanan, Anjana MT.-5/10/2023 Organized by Tele-MANAS
42. GERON, Indian Association of Geriatric Mental Health training session Mysore- 23/9/23 by Dr. Sheeba Ninan
43. TMHP conducted one day Community Mental health Training Program for Schedule Tribe Promoters in Wayanad District on 20th March 2023. The training program was inaugurated by Ms. Renu raj IAS, District Collector of Wayanad District.
44. ITCBP 2023 organized by Department of Psychiatric Social Workers, IMHANS.
45. 6 days residential workshop on Queer Affirmative Counselling Practice, in colloboration with mariwala health initiative, Pune , on 29 October 2023 to 4th November organized by Department of Psychiatric Social Workers, IMHANS.
46. One day seminar on ‘A decade of POCSO Act’- 23rd March 2023 organized by Department of Psychiatric Social Workers, IMHANS.
47. Invited lecture on Basics of Family Assessment for M.Phil Scholar - by Dr. Renjith R Pillai, on 2nd June organized by Department of Psychiatric Social Workers, IMHANS.
48. Invited lecture on Research Methodology by Dr. Anvar sadath - on 4th June organized by Department of Psychiatric Social Workers, IMHANS.
49. Lecture series for Udayam project staff on psychosocial rehabilitation organized by Department of Psychiatric Social Workers, IMHANS.

**Events Organized 2022:**

* Seminar on legal guardian ship for people living with mental illness organized by Ms. Reshma T on 16 th December 2022.
* Seminar on the topic welfare schemes and legal assistance for mentally ill person organized by Ms. Reshma T on 18th October 2022
* Over 100 classes were conducted inviting external experts for the MPhil students in co- ordinating with Dr. Seema P. Uthaman and Ms. Elizabeth K. Thomas
* Online international conference on “Homelessness and Mental Health” organized by Dr. Ragesh.
* Kallimuttam children’s park and rehabilitation tea counter project were initiated with support of Rotary Club Calicut south. Hon’ble minister Sri PA Muhammed Riyas ( public work and tourism department). Sri M K Raghavan MP inaugurated RFP TEA Counter and Sri Thottathil Raveendran MLA inaugurated RFP sales Counter on 14.04 2022
* Organized and Conducted **TOT** for substance abuse prevention among adolescents on June 2022 by Dr.Seema .P.Uthaman
* Two Pre surgical camp for cerebral palsy children in association with orthopaedic department of Kozhikode medical college and VKM special School by Mr. Justin P. Kurian as a part of project “Mobility mission on 28/06/2022 and 21/09/2022
* Four Pre Botox assessment cum injection camp for children with cerebral palsy in association with orthopaedic department of Kozhikode medical college and VKM special School as a part of project “Mobility mission” by Mr. Justin P. Kurian on 17/05/2022, 23/07/2022, 24/09/2022 and 22/10/2022
* Six IEC program conducted about speech and language therapy  at home for parent attending speech therapy by Ms. Mumthaz .C.P.M at IMHANS
* Celebrated the 15th Anniversary of IMHANS-Child Development Services conducted on 21/05/22 at IMHANS organized by Dr. Neeny.P.M.
* As part of the 15th Anniversary of CDS;a drawing event was organized by Dr. Neeny.P.M on 09/04/22 for children attending therapy sessions at IMHANS.
* Parental training sessions conducted on the topic of “SPD & Motor Skill Development “on 7/4/2022 organized by Autism Project team.
* Parental training class on the topic “ A Supportive group discussion” on 7/4/2022 organized by Autism Project team.
* Parental training class was organized on the topic play –Stage and age appropriate toys on 14/10/2022 organized by Autism Project team.
* Parental training class was organized on the topic “Hand writing: Helping your kids to write the right way organized by Autism Project team.
* A visit to Calicut Planetarium for the kids in Autism Project on 31.3.2022 organized by Autism Project team.
* Poster presentation  on Down syndrome Day 23.3.2022 organized by Autism Project team.
* Poster presentation on Autism week, organized by Autism Project team.
* One day training program for care givers of children with special needs on 7th April 2022 organized by Autism Project team.
* Botoxy camp, with collaboration of VKM Special School on 22.10.2022 organized by Autism Project team.
* Autism Project team.observed and conducted various  programs related ,the day celebrations like Onam, Bakrti, World Environmental day, Holy day , World Aids day, World Disability day, Christmas, independence Day , Children’s Day ,world mental health day
* Monthly  awareness creation sessions on early detection and intervention of speech and language delay for BASLP, Msc. Clinical psychology, PSW internship students posted at CDS Conducted by Mr. Sajin A V .
* Organized and Conducted Workshop on Transactional Analysis - 12/2/22 & 13/2/22 ( Mr. V C Muhammed, Trainer in transactional Analysis) by Dept. Of Clinical Psychology
* Organized and Conducted Workshop on Cognitive Behaviour Therapy - 2/3/22& 4/3/22 by Anu Alphonse Varghese (Dept. Of Clinical Psychology)
* Organized and Conducted Workshop on Family Therapy - 22/3/22& 26/3/22 by Anu Alphonse Varghese (Dept. Of Clinical Psychology)
* Organized and Conducted Workshop on Solution Focused Behaviour Therapy - 28/5 & 29/5 by Dr. Jaseem K (Dept. Of Clinical Psychology)
* Organized and Conducted Workshop on Qualitative Analysis - 3/11/22 ( Dr. Fathima Bushra Salitha, Asst. professor, dept of psychology, Farook College, Calicut) by Dept. Of Clinical Psychology
* On June 22nd social justice officer Mr Ashraf and Probation officer P.E vineetha visits RFP
* On August 19th Health minister veena George, Tourism Minister Muhammed Riyas, North MLA Thottahil Raveedran visited RFP
* On 16th December 2022 an awareness session on legal guardianship was conducted. Hon. Sub judge shri Shaijal M.P was resources person for the day.

**Events Organized 2021:**

* Dr. Reena George: A session on Identifying and managing traps during Adolescence for teachers conducted by Kerala Sasthra Sahithya Parishad on 31st August 2021
* Dr. Reena George: A session on Adolescents’ mental health for teachers organized by Kerala Sasthra Sahithya Parishad on 1st September 2021
* Ratheesh SR: Attended webinar on Family Therapy conducted by Department of Counseling Psychology, Loyola College of Social Sciences on March 26, 2021.
* Ratheesh SR: Participation in the 2-day Workshop on "Systematic Literature Review and Meta Analysis" organized by Vadodara Psychology Club from 3-4 July 2021
* Krishnakumar K. On October 3rd 2021- Faculty for the adolecon 2021- state conference of the Adolescent Academy of IAP. Panel discussion on psychosocial impact of COVID in children
* Krishnakumar K. On October 21st 2021: Faculty for the international conference on mental health literacy - MeHeLP India conference - (Mental Health Literacy project) organized by the mental health literacy project , De Montfort University, Leicester, United Kingdom and collaborating organizations: talk on mental health literacy for children on 22-10-2021
* Krishnakumar K. On November 13 - Webinar -Talk on digital media use in children in connection with CPM area conference
* Krishnakumar K. On November 20th, 2021: Talk on “Behaviour disorders in children with neurodevelopmental disorders” organized by the IAP, Kozhikode and Dept of Pediatrics, GMC, Kozhikode
* Krishnakumar K. On November 27th 2021: Faculty for a webinar on executive functions in children with learning disabilities organized by SANKALP , open school, Chennai.
* Krishnakumar K. On December 5th, 2021- Faculty for the state conference of the Indian Academy of Pediatrics at Ernakulam (Pedicon Kerala 2021). Talk on psychopharmacology for children
* Ratheesh SR: Attended workshop on Energia SOI “Sustained Benefits of Personalized Cognitive Training in Children "November, 25th November 2021
* Ratheesh SR: Attended Energia SOI Global Education workshop on Impact Of positive Cognitive Training for Children with learning Difficulties on December 2nd 2021.
* Dr. Reena George: A session on Adolescents’ physical and mental health for teachers organized by Kerala Sasthra Sahithya Parishad on 5th October 2021
* Dr. Reena George: A session on Adolescents’physical and mental health for teachers organized by Kerala Sasthra Sahithya Parishad on 10th October 2021
* Dr. Reena George: A session on nursing care of children with disability organized by Able word and CRC Kozhikode on April 1st 2021.
* Dr Seema: Invited speaker for a training programme for Ayurvedic Doctors and supporting staff on “Parenting Children with Autism Spectrum Disorders” organized by Ayurveda Child and Adolescent Care Centre, Purakkattiri, in the month of February 2021.
* Dr Seema: Speaker for the webinar on “Therapeutic Techniques in Dealing with Children and Adolescents” organized by Ditrict Child Protection Unit, Kannur and Childline Kannur on 3rd April 2021.
* Neema P, Autism project: Participated in international conference conducted by IASSW AIETS –on social work practice during Covid 19 Global Perspective on 25,26,27,28,August 2021.
* Elizabeth K Thomas: Attended Academic lecture series starting from 9th August 2021 till 21st December 2021organized by Association of Social Work Professionals.
* Elizabeth K Thomas: Attended questionnaire validity and reliability online workshop conducted by ACE learning excellence and innovation on 12th July 2021.
* Neema P, Autism project: Participated in a webinar organized by online field work group school of social science KAZIRANGS UNIVERSITY on the topic of “Importance Of Field Work In Social Work Education And Challenges During Covid 19 Papandemic” on 19.06.2021
* Neema P, Autism project: Participated national webinar on the topic of “social entrepreneurship and social work” conducted by NERIM department of social work on 3.07.2021
* Neema P, Autism project: Participated in a webinar on the topic of “The Dowry Prohibition Act ,1961 conducted by Central University Of Kerala on 3.08.2021.
* Neema P, Autism project: Participated in a webinar on the topic of “ Gender Justice In Modern India” conducted by Bishop Chulaprambil Memorial College , Kottayam , Department Of Social Work In Association With KAPS on 04.06.2021
* Neema P, Autism project: Participated in webinar on the topic of “Introduction To Cognitive Analytic Therapy” conducted by Department Of Social Work, St.Joseph’s College Moolamattom on 1.10. 2021.
* Neema P, Autism project: Participated in webinar on the topic of “Art Of Problem Solving” Conducted By Kerala association of Professional Social Worker ,Mallapuram Distric Chapter on 06.11.2021.
* Neema P, Autism project: Participated in webinar on the topic of Lahariyill Ninnum Akallam Paalikkam” conducted by Vimukthi Mission on 02.12.2021
* Neema P, Autism project: As a recourse person in a Webinar on the topic of “ASD:- Parenting – types and Tips “on 30 January 2021.
* Neema P, Autism project: As a resource person in World Autism Day programme conducted in association with department of pediatric govt. Medical college kozhikode and REIC,IMCH on 03.04.2021
* Dr Seema: Resource person for the webinar titled “Child and adolescent Mental Health: Skills and Graduate Attributes in working with Children” organized by Christ University, Bengaluru on 15th April 2021.
* Dr Seema: Conducted a webinar for women agents of LIC, Ernakulam, on the topic “ Impact of Covid 19 on Women Mental Health” on 5th June 2021.
* Dr Seema: Speaker for the webinar on Mental Health of young children, organized by Childline Mahe, on 24th July 2021.
* Geethu, Autism Project: Attended 2 days national level CRE WEBINAR on development of play and social skills in children with ASD on 30th and 31st December 2021 by NIEPMD through virtual mode
* Geethu, Autism Project: As a resource person in world autism day programme conducted in association with department of Pediatric Govt. Medical College Kozhikode and REIC,IMCH on 03.04.2021
* Dr Seema: Took a webinar as part of Ujwala Koumaram, a programme organized by Kerala ShasthraSahithya Parishad, on the topic “ Screen Use of Adolescents” on 30th August 2021.
* Dr Seema: Resource person for the webinar “ Youth and Mental Health” organized by Department of Social Work at Rajagiri College of Social Sciences, Kalamassery on 12th October 2021.
* Alka Raju: Speaker for an observational programme for Bsc Pharmacy students on “IMHANS” organization and its services”, conducted by Holy Grace Academy, Thrissur, in the month of February 2021.
* Alka Raju: Attended International Conference on “ Nursing Science and health care”, organized by ITM university institute of Nursing Science, Delhi, in the month of October.
* Alka Raju: A video session and demonstration on Preventive measures for Covid- 19, organized by Kendra Vidyalaya, Calicut in the month of January 2021.
* Dr Seema: Invited speaker for the webinar “ Mental Health of elderly” organized by Tharavad, an NGO working for the welfare of Elderly citizens, Calicut on 1st November 2021.
* Jinshi, Autism Project: Participated a webinar on occasion of World OT day conducted by KMCH College of Occupational Therapy Department –on Post stroke vision impairments-1on 20, October 2021.
* Jinshi, Autism Project: Participated a webinar on occasion of World OT day conducted by JKKMMRF College of Occupational Therapy Department –on Skills required for paediatric practice on 25,October 2021.
* Jinshi, Autism Project: Participated a webinar on occasion of World OT day conducted by KMCH College of Occupational Therapy Department –Forensic OT-Mental health on 13th November 2021.
* Dr Seema: Speaker on the topic “Enhancing women mental health - the balance between work and family life”, in a National Workshop beyond Glass Barriers 2020 organized by IEEE MSS – WIE on 27th November 2021.
* Koorankot, J. (June 2021). Solution Focused Therapy in India: Cultural perspectives. Invited talk at XV Conference of the Approach Concentrated on PSTTSR Solutions. Poland.
* Koorankot, J. (June 2021). Solution Focused Therapy: Key Features & Skills. Invited workshop at National Training Conference in Psychotherapy. Dept. of Psychology, Adamas University, Kolkata.
* Koorankot, J. (May 2021). Competencies of an effective Solution Focused Therapist. Invited pre-conference workshop at National Annual Conference of Indian Association for Clinical Psychologists.
* Dr.Jaseem K conducted a training session on Listening Skills for student community volunteers of Farook College, organised by Dept. of Psychology, Farook College on 24/5/2021.
* Jinshi, Autism Project: Participated a webinar on occasion of World OT day conducted by KMCH College of Occupational Therapy Department –on Parkinson’s Disease-OT Masterclass on 20, November 2021.
* Jinshi, Autism Project: Participated a webinar on occasion of World OT day conducted by KMCH College of Occupational Therapy Department –The science of Occupation on 13th November 2021.
* Dr.Jaseem K conducted a training session for facilitators of Solution Focused Experiential Group organised by Dep. of Clinical Psychology, IMHANS on 28/05/2021.
* Dr.Jaseem K conducted an online training program on Gate Keepers Training and Solution Focused Approach in Preventing Suicide for mental health professionals and trainees on 31/05/2021.
* Dr.Jaseem K conducted an online training program on Solution Focused Approach in Preventing Suicide for mental health professionals and trainees on 07/07/2021.
* Dr Jobin Tom: Attended Academic lecture series starting from 9th August 2021 till 21st December 2021organized by Association of Psychiatric Social Work Professionals.
* Dr Jobin Tom: Attended questionnaire validity and reliability online workshop conducted by ACE learning excellence and innovation on 12th July 2021.
* Dr.Jaseem K conducted an online training program on Solution Focused Approach in Preventing Suicide for mental health professionals and trainees on 30/07/2021.
* Dr.Jaseem K conducted an online training program on Counselling Skills for Addressing Screen Usage in children organised for counsellors, organised by Child Line on 31/08/2021.
* Dr.Jaseem K conducted an online session on Goal formulation in Psychotherapy for Alumni of Clinical Psychology at SRM University
* Dr.Jaseem K conducted a training program on Competencies to become Solution Focused Therapist for Family Court Counsellors, Kerala Judicial Academy, Ernakulam in December 2021.
* Dr.Jaseem K conducted a training program on Solution Focused Therapy: A Skill Based Training for Dept. of Psychology, University of Bolton, Ras-Al-Khaimah, UAE in December 2021.
* Sonu S Dev. Resource person for CRE Program organized by Composite Regional Centre for Skill Development , Rehabilitation and Empowerment of Persons with Disabilities (CRC-Kozhikode) on 8th March 2021 on “Mental Health Care Act 2017”.
* Sonu S Dev. Resource person for CRE Program organized by Composite Regional Centre for Skill Development , Rehabilitation and Empowerment of Persons with Disabilities (CRC-Kozhikode) on 19th March 2021 on “Qualitative and Quantitative Researches-Research in Disability Rehabilitation” .
* Sonu S Dev. Resource person for CRE Program organized by Composite Regional Centre for Skill Development , Rehabilitation and Empowerment of Persons with Disabilities (CRC-Kozhikode) on 20th March 2021 on “Descriptive Statistics-Research in Disability Rehabilitation” .
* Sonu S Dev. Resource person for CRE Program organized by Composite Regional Centre for Skill Development , Rehabilitation and Empowerment of Persons with Disabilities (CRC-Kozhikode) on 25th March 2021 on “Mental Stress of Parents of Disabled ”.
* Sonu S Dev. Resource Person for short term training programme for Rehabilitation Professionals (CRE Program) in “Parents as equal partners in the Intervention Process” organized by Composite Regional Centre for Skill Development , Rehabilitation and Empowerment of Persons with Disabilities (CRC-Kozhikode) on 26th March 2021
* Sonu S Dev was one of the resource persons in State level CRE Conference on “Parent As Equal Partners in Intervention Process” jointly organized by National Institute for Empowerment of Persons with Multiple Disabilities (NIEPMD) and Association for the Intellectually Disabled (AID) on 27th May 2021.
* Sonu S Dev has one of the facilitator in the workshop on “Suicide Prevention- Gate Keepers Training and Solution Focused Conversation” on 31st May 2021
* Sonu S Dev. Faculty in Online Clinical and Counseling Skills Training Program conducted by Human Care Foundation, Calicut.
* Ranjitha M, Neuroscience lab: Participated in 'Genomics and genetic counselling,Values in Health care ' 6th International conference of board of Genetic counselling on July2-4 2021 in online mode
* Dr.Jaseem K conducted a training program on Solution Focused Brief Therapy: Practical Applications in School Counselling, for GEMS Education, Dubai, UAE in November 2021.
* Dr.Jaseem K conducted a training program on Competencies of an Effective Solution Focused Therapist for Dept. of Psychology, MAHE, Dubai, UAE, in November 2021.
* Dr.Jaseem K conducted a training program on Solution Focused Therapeutic Skills for EAP professionals- 1to1 Help, Bangalore, in September 2021.
* Dr.Jaseem K conducted a training program on Creating Hopeful Conversations with Families in Conflict for Family Court Judges, Kerala Judicial Academy, Ernakulam, in July 2021.
* Dr.Jaseem K conducted a training program on Brief Therapy for Family Court Counsellors, Kerala Judicial Academy, Ernakulam, in February 2021.
* Ragesh.G attended the Online Training Program on “Forensics of CSA”, from 8th January to 20th February 2022 of SAMVAD , NIMHANS.
* Ragesh.G. attended Online Training Program on “Psychodermatology” of Psychodermatology Association of India & IMHANS, Kozhikode.
* Anu Alphonse attended 5 hours online course on evidence-based practice in bereavement support conducted by IMHANS, Calicut and Death Literacy Institute, Australia on July 2021
* Anu Alphonse attended an intensive online workshop on Family and Marital Therapy on March 2021 conducted by Your Dost Academy, Bangalore
* Sonu S Dev attended webinar on “Performance Coaching: Trends and Opportunities” by Dr Jini K Gopinath K Gopinath, Clinical Psychologist, Chief Psychology Officer Your Dost, Former Performance Coach Indian Premier League (IPL) organized by Psychology Circle as part of Continuing Psychology Education (CPE) on 13th June 2021.
* Sonu S Dev participated in webinar on “Queer Mental Health and Suicide Prevention: A Critical Outlook” by Dr Jithin T Joseph organized by Psychology Circle.
* Dr.Jaseem K attended a one day workshop on Grief Counselling conducted by team Incubation at Kozhikode on 8/3/2021.
* Dr.Jaseem K attended training program on Bereavement Support facilitated by Dr. Kerrie Noonan on 31/7/2021.
* Jaseena, Autism project: International Webinar series on Best Practices in Special Education Assessment and Intervention conducted by NIEPID on 29th of September through virtual mode.
* Jaseena, Autism project: Attended 2 days national level CRE WEBINAR on development of play and social skills in children with ASD on 30th and 31st December 2021 by NIEPMD through virtual mode
* Jaseena, Autism project: As a resource person in world autism day programme conducted in association with department of Pediatric Govt. Medical College Kozhikode and REIC,IMCH on 03.04.2021 .
* Vijith, Physiotherapist: Attended 2 days national level CRE WEBINAR on development of play and social skills in children with ASD on 30th and 31st December 2021 by NIEPMD through virtual mode
* Vijith, Physiotherapist: As a resource person in world autism day programme conducted in association with department of Pediatric Govt. Medic al College Kozhikode and REIC,IMCH on 03.04.2021
* Shiyona, Autism Clinic: Attended CRE programme on “pediatric feeding and swallowing-A call to action “ from the 5th -10th April ,organized by dept. of speech and hearing ,Dr S.RCISH, Bangalore through online mode.
* Shiyona, Autism Clinic: Participated in webinar conducted by Indian Speech And Hearing Association – Kerala state Branch on 27th and 28th February 2021
* Shiyona, Autism Clinic: Panelist in world autism day programme conducted in association with department of Pediatric Govt. Medical College Kozhikode and REIC,IMCH on 03.04.2021
* Mrs. Mumthaz CPM presented CRE topic on early intervention in parental process at CRC Calicut on 25.03.21 to 27.03.21.
* Aparna Rathnakaran ,attended webinar on Foundation of risk communication and community engagement on [24 may 2021](tel:2452021) organised by WHO
* Aparna Rathnakaran, attended webinar on the topic Interoception and occupational therapy intervention on 18 jun 2021 conducted by Team OT
* Aparna Rathnakaran attended webinar on Early Intervention Strategies in Developmental and Behavioural Problems on 2 jan 2021 conducted by Team OT.
* Justin P Kurian. Participated as a resource person for a CRE program on "Enhancing the role of special educators in early childhood special education on 27-29th January 2021
* Justin P Kurian. Participated as a resource person for a National level CRE program on Assistive devices and Technology on 1st February 2021

**Celebrations, Observations, Visits, and other events 2023**

1. A Session on Geriatric Wellbeing is conducted by Dr Sheeba Ninan(Specialist in Geriatric Psychiatry), Mr Sajin AV and Ms Mumthaz CPM ( Speech& Language Pathologists,). On 19/12/23 at Seminar Hall,IMHANS
2. A session on Interpersonal relationship and communication is conducted by Dr Reena George(Head, Dept.of Psychiatric Nursing) on 18/12/23 at Health and Family Welfare training centre for Junior Health Inspectors
3. A session on stress management for IMHANS staff as apart of Enhancing mental health at workplace conducted for by Dr Seema.P.Uthaman ( Head, Dept. of Psychiatric Social work) Organized by Tele Manas,IMHANS. On 10-10-2023.
4. Trauma Informed Care Workshop conducted by Ms Fathima MA (Clinical Psychologist& Trauma focused therapist) on 05/11/23 at IMHANS
5. Queer Affirmative Counselling Practice Training Programme (6 days) is organized by Dept. of Psychiatric social work. Ms.Chelsasini V, IAS ,Kozhikode District Sub Collector inaugurated the programme at IMHANS on 05-11-2023
6. A video done on Screen Exposure in children conducted by Dr.Seema.P.Uthaman, (Head- Department of Psychiatric Social Work,) at IMHANS on 07- 10-2023
7. Observed World AIDS Day by conducting an Awareness Programme organized by TeleManas,IMHANS Calicut Dr. Fathima Hanana was the key speaker.
8. Children's Day Celebration by IMHANS- CDS, on 11-11-2023. Several activities conducted like drawing competitions, cultural events and prize distribution.
9. A one-day trans disciplinary interactive session on clinical child development is organized by IMHANS- CDS on 1-12-2023. Dr.Thomas Abraham, Senior Developmental Paediatrician was the resource person at IMHANS.
10. One Day workshop on Digital Safety and Children for School Counsellors organized by Kerala Police social Policing Division, D-DAD Centre Kozhikode city in association with IMHANS on 18.11.2023. Dr. Anish P K, Asst. Professor of Psychiatry, IMHANS was the chief guest. The program was inaugurated by Mr. Raj Pal Meena IPS ,DIG & Commissioner of police Kozhikode city.
11. College Union Inauguration- SAGA 2023 of IMHANS conducted on 7-8-2023. Guest of Honour: Mr Ashraf Kavil, District Social Justice Officer, Kozhikode.
12. A one-day workshop on Learning Disability, Assessment and management strategies organized by IMHANS- CDS and Dept. of clinical psychology on 15 Nov 2023 at IMHANS. Ms. Bilgy K Rose was the resource person.
13. Applications called for Junior Research Fellow position in Neuroscience Research Laboratory, IMHANS.
14. Independence Day celebrated at IMHANS. Flag Hoisting done by Dr. Seema P Uthama, Asst. Professor, Psychiatric social work Department. Speech delivered by Sri. Aneesh, Administration Officer, IMHANS.
15. Onam celebrated at IMHANS Rehabilitation Center conducted on 28-08-2023. Dr. Krisnakumar , Director, IMHANS, rendered a speech. The event is celebrated by cultural events and indoor games.
16. Observed World Alzheimer’s Day by conducting a Dementia Awareness Programme organized by Tele Manas, IMHANS, on 11/10/23. Programme is inaugurated by Dr. Beena Paul, Hon’ble Mayor, Municipal corporation, Kozhikode. Welcome speech given by Dr. Sheeba Ninan, Asst. Professor, Telemanas and Presidential address given by Dr. Anish.P.K, Asst. Professor, IMHANS. Dr. V V Mohan Chandran, Professor, Yenapoya
17. Observed World Suicide Prevention Day by conducting a Flashmob at Focus Mall on 08-09-2023, organized by TeleManas team,IMHANS
18. World Down Syndrome Day Observance programme was conducted by IMHANS in association with Indian Academy of Paediatrics, Kozhikode.The programme was inaugurated by Dr M.P.Sasi, Principal,Govt.Medical College-Kozhikode.
19. Presidential address was given by Dr.P.Krishnakumar, Director, IMHANS. Keynote address was delivered by Dr Mohandas Nair(President-IAP, Kozhikode,Professor of Paediatrics& incharge of Genetics Clinic,IMCH, Kozhikode). Felicitation was done by Dr Ajay.V(Secretary-IAP, Kozhikode).
20. The official release of the first karyotyping report done at the Neurosciences laboratory of IMHANS was done during the function.The report was handed over to Dr Mohandas Nair by Dr M.P.Sasi.
21. Public awareness posters on Down Syndrome prepared by M.Phil scholars of Dept.of.Psychiatric Social Work were exhibited at IMHANS.The participants of the programme were staff and students of IMHANS.
22. Observed World Mental Health Day by organizing an e –poster competition among UG and PG students of Kozhikode, organized by Tele- Manas, IMHANS, Kozhikode on 8/10/2023.
23. Observed International Day of Drug abuse and illicit trafficking by conducting an awareness session on substance abuse . the key resource peson was Anjana MT, Psychiatric Social worker, Tele-MANAS. The programme was organized by Tele-MANAS on 26/6/23.
24. A one day Session on Stress Management for parents conducted by Dr Seema.P.Uthaman Head,Dept.of Psychiatric Social Work, organized by Child Development Services,IMHANS 0n 1-08- 2023 at Seminar hall, IMHANS.
25. A Session on Dementia conducted by Dr Ashokkumar at Institute of Palliative Medicine, Medical College,Kozhikode on 01-07-2023.
26. Dr Sheeba Ninan, Dr Reena George,Dr Ragesh.G and Dr Shabeesh Balan were invited as evaluators at Young Innovators Programme- Grand Finale organized by K-DISC,District Innovation Council,Kannur.
27. Dr Reena George, Asst.Professor & Head of Dept.of Psychiatric Nursing, invited at the National Consultative Meeting on Directorate General of Health Services- Mental Health Nurse Champion ECHO Programme at New Delhi.
28. A Refresher training for Special Educators under Special Anganwadi Project, organized by Kerala Social Security Mission. Ms Jinshi, Occupational Therapist, Child Development Services was the resource person. the program was conducted on 13/07/23 at PMOC Hall, Marikkunnu, Kozhikode.
29. Opened Sleep Laboratory at Centre for Interdisciplinary Brain Sciences, IMHANS since June 2023.
30. Observed International Day against Drug Abuse by conducting an awareness programme organized by TeleManas team at Medical Coonllege Campus High School on 26-06-23. Ms. Anjana. M. T, Psychiatric Social Worker, TeleManas, were the resource person.
31. Installed an exhibiting stall on Mental health awareness and promotion, as a part of participating in the one week exhibition programmme organized by Govt. of Kerala as a part of celebrating the second anniversary of electoral ruling. A kiosk is also installed for mental health screening of the public from 12 – 05 -23 to 18- 05-23. At Calicut Beach.
32. An Interactive session for parents conducted by Dr Vimal Kumar.S.V, Asst Professor and Mr Sonu , Clinical psychologist , Dept.of Clinical Psychology ,on the role of family in child development as a part of Autism Acceptance Month on 05-04-23 and Observed Autism Day by conducting a poster exhibition 0n 02-05-23 organized by Centre for Autism and neurodevelopmental disorders, IMHANS.
33. Ms. Sandhya (Special Educator) & Mrs Jinshi ( Occupational Therapist)- Child Development Services- IMHANS, were invited as evaluators for the exhibition programme on nutrition at Anganawady ,Mayanad.
34. A Seminar on POCSO Act and Child Sexual abuse was conducted by Imhans, jointly organized with Kerala State Commission for Protection of Child, District Legal Services Authority AND School of Family Health Services at IMHANS ON 2303-23.
35. An Activity Oriented Parent Empowerment Program Parents of children attending group therapy conducted by Ms.Mumthaz C P ( Speech therapist)at IMHANS on 17 – 03 – 23.
36. Installed an IMHANS stall at CURIOS Carnival - Institute of Palliative Medicine, exhibiting the art works and items made by RFU team and mental health promoting posters on 19-02-23.
37. A one-day workshop organized for ST promoters on community mental health jointly organized by IMHANS with Scheduled Tribe Development at Meenangadi Panchyath Hall on 20/03/23. The resource persons were Dr. Jobin Tom and Dr. Fathima Hanan.
38. A seminar on POCSO ACT and child sexual abuse conducted by IMHANS jointly organized with Kerala State Commission for protection of child, District Legal Services Authority and School of Family Health services at IMHANS on 23/03/23. The programme was inaugurated by Mr. K V Manoj Kumar (Hon. Chairperson, KSCPCR) and the chairperson was Dr. P Krishna Kumar (Director, IMHANS). Dr. Reena George (HOD, Dept. of Psychiatric Nursing) was the moderator, and the key speakers were Dr. Sindhu TG (Additional professor of pediatrics, GMHC), Dr. Nurul (Additional Professor of Gynecology), Dr. Suja Mathew (Clinical Psychologist, IMHANS), Dr. Varsha Vidhyadharan (Associate Professor of Psychiatry, GMHC)
39. SUCHAL training programme for parents of children with developmental disorders, organized by REIC, Govt.Medical College, Thrissur in association with School of Family Health Studies, KUHS, Indian Academy of Paediatrics and IMHANS- Child Development Services. The sessions handled by Mrs Mumthaz CPM, Mrs Sandhya.M and Mrs Jinshi Jayaprakash
40. Special Anganwadi Project-Training programme for Anganwadi workers organized by Kerala Social Security Mission on 08/02/23 at Thodannur Panchayat. The session handled by Mumthaz CPM (Audiologist & Speech and language pathologist, IMHANS- Child Development Services).
41. Recovery Facilitation Unit organized a session on Legal Guardianship on 30/01/23 st IMHANS Seminar Hall. Session handled by Adv. Abhirami J
42. Special Anganwadi Project- Training programme for Anganwadi workers organized by Kerala Social Security Mission on 27/01/23 at IMHANS Seminar Hall. Resource Person: Mrs Mumthaz CPM (Audiologist and Speech & Language Pathologist, IMHANS-Child Development Services)
43. Republic Day-Flag Hoisting by Dr. P.Krishnakumar, Director, IMHANS.
44. Special Anganwadi Project- Training of Anganwadi workers organized by Kerala Social Security Mission on 16/01/23 at Thuneri Panchayat. Resource Person: Mrs Mumthaz CPM- Audiologist & Speech and language pathologist, IMHANS- Child Development Services.
45. Inauguration of Tribal Mental Health Project Office at Wayanad
46. Training of Anganwadi workers as part of Special Anganwadi Project organized by Kerala Social Security Mission on 10/01/23 at Vattoli Grama Panchayat Hall. The resource person was Mrs Mumthaz CPM, Audiologist and Speech & Language Pathologist, IMHANS-Child Development Services.
47. Psychological Support Services at Kerala State School Youth Festival venue, Kozhikode.
48. International conference on Solution Focussed Brief Therapy organized by IMHANS co- ordinated by Association of Solution Focussed Practices of India, Academy for Solution Focussed Training, Academy for Solution Focussed Approach &Research, Mind Weavers and Viras College, from 18th to 21st January. There were several international delegates and more than 500 participants from the various parts of the world.
49. The programme is inaugurated by Hon. Minister Smt. Veena George (Dept. of H&FW) and the Presidential Address was given by Smt. Thottathil Raveendran(MLA,Calicut) on 20TH Jan. Pre- Conference and Conference sessions were done. Poster competition and paper presentations were conducted and the best paer were selected and awarded.
50. The valedictory function was inaugurated bySmt. Dr.R. Bindhu, Hon’ble Minister of Higher Education & Social Justice. There were cultural programmes at the end of the sssion. The press meet was addressed by Dr. Krishnakumar (Director), DR.Seema. P (Asst. Professor, Dept. of Social Work), Dr.Ragesh( Psychiatric Social worker) and Mr. Sonu( Clinical Psychologist)

**Celebrations, Observations, Visits and other events 2022**

* KUHS jointly with IMHANS and KILA have celebrated International day for people with disability on 03/01/2022
* Inaugurated children’s park at IMHANS ( Kalimuttam), a project of rotary club Calicut south supported by Anuyatra- SID inaugurated by Hon. Minister PA Ahammed Riyas ( Minister of public works dept. and tourism); U-Turn Tea Counter AND U- Turn Sales Counter “ the way to recovery venture” ( funded by Dept. of Social Justice) inaugurated by Mr. M K Raghavan( M P) and Mr. Thottathil Raveenran ( MLA) On 14th April 2022.
* IMHANS initiated a Fellowship Program On Psychodermatology in co- ordination with Psychodermatology Association of India (PDAI).
* Organized an International Webinar on Homelessness and Mental Health inaugurated by R Bindu( Hon. Minister of Social Justice and Higher Education in association with District Administration, Udayam Project and Association of Psychiatric Social Work Professionals on 30th March 2022.
* Celebrated 40th anniversary of IMHANS by organizing a series of annual events of a fund of 3 crores - organizing Seminars, hostel inauguration, initiating Post Graduate Diploma in Early Intervention Course.
* Organized a webinar on International Women’s Day On March 8th by Dept. of Psychiatric Social work, IMHANS.
* Observed World Autism Awareness Day by Autism Project of IMHANS ON April 2022 by conducting awareness classes, poster presentations and various other cultural programmes for parents and children.
* Special Anganwadi project training of Anganwadi workers in co-ordination with SID, KSSM.
* Celebrated 15th Anniversary of IMHANS- Child Development Services was conducted on 21/05/2022. Eminent theatre and Movie actor Sri Appunni Sasi was the chief guest of the day and inaugurated the function. The multi disciplinary team of CDS have organized cultural programmes for children and parents.
* Observed Schizophrenia Day and formation of family support group at IMHANS- rehabilitation Centre, Kuthiravattom. Schizophrenia Day Observance and Family Support Group Formation.The program was conducted on June 4, 2022. The function was inaugurated by Mr Ahammed Devarkovil in the presence of other eminent personalities
* IMHANS- Hostel Foundation Stone Laying ceremony inaugurated by Hon. Minister Smt.Veena George( Dept. of Health and Family Welfare), Sri P A Muhammed Riyas( Dept. of Tourism and Public Work) and Sri. Thottathil Raveendran (MA Kozhikode North) at IMHANS 0N 19TH Aug 2022.
* Inaugurated SUCHAL – One day training program, for parents by Hon Vice Chancellor of KUHS, Dr. Mohanan Kunnummal.
* Officially Inaugurated IMHANS- Students Union 2022-23 SAGA by Ms. Chelasasini V, IAS( Sub- Collector, Sub Divisional Magistrate) on 26th Aug 2022.
* Observed World Mental Health Week by organizing state level workshop and poster presentations 0n 8th Oct 2022.
* Independence Day Observance. Hoisted the flag by Dr. Anish, Medical Superintendent, IMHANS. Beneficiaries of Rehabilitation unit of IMHANS had sweets and dispersed after the function
* Celebrated Onam by conducting an Exhibition by RFP beneficiaries at Devagiri college as part of Mental health day observation on October 11 and 12th . The main the objective of the programme is to exhibit and sale the products made by beneficiaries of RFP to enhance their social skills.
* Sports day was conducted on 24th November 2022 for RFP beneficiaries
* Conducted A home visit to Mr H for grief counseling on march 30
* Celebrated Diwali and conducted art therapy sessions as part of recreational activity On 25th October 2022
* RFU beneficiaries and staff went to Wayanad Banasura mountain view for picnic
* Observed and conducted various programs related to celebrations like Onam, Bakrti, World Environmental day, Holy day , World Aids day, World Disability day, Christmas, independence Day , Children’s Day ,world mental health day
* Workshop on Suicide Prevention for Police Officers is inaugurated by KE Baiju IPS (Deputy Commissioner of Police)
* Glow and Shine was conducted for RFP beneficiaries to improve their grooming on 29th Sept. Ms Mini fitness consultant was resources person for the programme .
* Home visit was conducted on September 30 th at Ms X’s home to distribute stitching machine