```
#include <iostream>
#include <algorithm>
using namespace std;
// Node structure for the binary tree
struct Node {
  int key;
  Node* left;
  Node* right;
  Node(int item) {
    key = item;
    left = right = nullptr;
};
// Function to calculate the height of
the tree and check balance
pair<br/>bool, int>
isBalancedHelper(Node* root) {
  if (root == nullptr)
    return {true, 0};
  // Recursively get heights of left
and right subtrees
  auto left = isBalancedHelper(root-
>left);
  auto right =
isBalancedHelper(root->right);
  // If either subtree is unbalanced,
the whole tree is unbalanced
  if (!left.first | | !right.first)
    return {false, -1};
  // Check if the current subtree is
balanced
  if (abs(left.second - right.second) >
1)
    return {false, -1};
  // Return balanced status and
height of the current subtree
  return {true, max(left.second,
right.second) + 1;
// Function to check if the binary tree
is balanced
bool isBalanced(Node* root) {
  return
isBalancedHelper(root).first;
}
int main() {
  Node* root = new Node(1);
  root->left = new Node(2);
  root->right = new Node(3);
  root->left->left = new Node(4);
  root->left->right = new Node(5);
```

root->left->left->left = new

Balanced in C++

Binary Tree Structure

```
1
/\
2 3
/\
4 5
/
```

IIII Dry Run Table: isBalancedHelper

We'll do a **postorder traversal** (left \to right \to root) and track the balance and height of each subtree.

Node	Left Subtree (Balanced, Height)	Right Subtree (Balanced, Height)	Height Difference	Is Current Balanced?	
6	(true, 0)	(true, 0)	0	∜ Yes	1
4	(true, 1)	(true, 0)	1	∜ Yes	2
5	(true, 0)	(true, 0)	0	∜ Yes	1
2	(true, 2)	(true, 1)	1	∜ Yes	3
3	(true, 0)	(true, 0)	0	∜ Yes	1
1	(true, 3)	(true, 1)	2	X No	

X Final Result:

- Node 1 is **not balanced** because its left and right subtrees have a height difference of **2**, which is more than 1.
- Hence, isBalanced(root) returns false.

Output:

Is the tree balanced? No

```
Node(6);

bool balanced = isBalanced(root);
cout << "Is the tree balanced? " <<
(balanced? "Yes": "No") << endl;
return 0;
}

Is the tree balanced? No
```