

Twinkle Star Dance Tiffany Henderson

## Day 1 – Rotten to the Core

Pre-set Craft Supplies in an alternate room, if possible. Decorate the room descendants themed decorations. Have music playing as dancers arrive.

Jazz Technique: 15 - 20 Minutes

- 1. Warm-Up "Set It Off" (video)
- 2. Center Stretch and Exercises
- 3. Across the Floor jazz walks, chasses, chaine turns, leaps

Choreography 15 - 20 Minutes

4. Teach Part 1 "Rotten to the Core" (video)

Craft/Snack 20 Minutes

- 6. Craft Hat
- 7. Snack

Ballet Technique: 10 Minutes

- 1. Floor Stretch "Evil Like Me" (video)
- 2. Center Barre plies, tendus, por de bras
- 3. Across the Floor ballet walks, passes, skips, triplets

Choreography: 15 Minutes

3. Teach Part 2 "Rotten to the Core" (video)

### Last 10 Minutes of Camp:

Song Information:

Please send receipt of purchased songs to Tiffany@twinklestardance.com. Edited music will be sent to you upon receipt.

"Set It Off"

"Evil Like Me"

"Rotten to the Core"

## Day 2 – Good is the New Bad

Pre-set Craft Supplies in an alternate room, if possible. Decorate the room descendants themed decorations. Have music playing as dancers arrive.

Jazz Technique: 15 - 20 Minutes

- 1. Warm-Up "Set It Off" (video)
- 2. Center Stretch and Exercises
- 3. Across the Floor jazz walks, chasses, chaine turns, leaps

Choreography 15 - 20 Minutes

4. Teach Part 1 "Good is the New Bad" (video)

Craft/Snack 20 Minutes

- 6. Craft Crowns
- 7. Snack

Ballet Technique: 10 Minutes

- 1. Floor Stretch "Evil Like Me" (video)
- 2. Center Barre plies, tendus, por de bras
- 3. Across the Floor ballet walks, passes, skips, triplets

Choreography: 15 Minutes

3. Teach Part 2 "Good is the New Bad" (video)

### Last 10 Minutes of Camp:

Song Information:

Please send receipt of purchased songs to Tiffany@twinklestardance.com. Edited music will be sent to you upon receipt.

"Good is the New Bad"

## Day 3 – If Only

Pre-set Craft Supplies in an alternate room, if possible. Decorate the room descendants themed decorations. Have music playing as dancers arrive.

Jazz Technique: 15 - 20 Minutes

- 1. Warm-Up "Set It Off" (video)
- 2. Center Stretch and Exercises
- 3. Across the Floor jazz walks, chasses, chaine turns, leaps

Choreography 15 - 20 Minutes

4. Teach Part 1 "If Only" (video)

Craft/Snack 20 Minutes

- 6. Craft T-shirt
- 7. Snack

Ballet Technique: 10 Minutes

- 1. Floor Stretch "Evil Like Me" (video)
- 2. Center Barre plies, tendus, por de bras
- 3. Across the Floor ballet walks, passes, skips, triplets

Choreography: 15 Minutes

3. Teach Part 2 "If Only" (video)

### Last 10 Minutes of Camp:

# Song Information:

Please send receipt of purchased songs to Tiffany@twinklestardance.com. Edited music will be sent to you upon receipt.

"If Only"

## Day 4 – Did I Mention

Pre-set Craft Supplies in an alternate room, if possible. Decorate the room descendants themed decorations. Have music playing as dancers arrive.

Jazz Technique: 15 - 20 Minutes

- 1. Warm-Up "Set It Off" (video)
- 2. Center Stretch and Exercises
- 3. Across the Floor jazz walks, chasses, chaine turns, leaps

Choreography 15 - 20 Minutes

4. Teach Part 1 "Did I Mention" (video)

Craft/Snack 20 Minutes

- 6. Craft Potion
- 7. Snack

Ballet Technique: 10 Minutes

- 1. Floor Stretch "Evil Like Me" (video)
- 2. Center Barre plies, tendus, por de bras
- 3. Across the Floor ballet walks, passes, skips, triplets

Choreography: 15 Minutes

3. Teach Part 2 "Did I Mention" (video)

Last 10 Minutes of Camp:

Song Information:

Please send receipt of purchased songs to Tiffany@twinklestardance.com. Edited music will be sent to you upon receipt.

"Did I Mention"

## Day 5: Review and Show Day!

- 1. Set It Off
- 2. Review Rotten to the Core
- 3. Review Good is the New Bad
- 4. Evil Like Me
- 5. Review If Only
- 6. Review Did I Mention
- 7. Snack and Coloring Sheet
- 8. The Showcase for parents and family. Recommended last 30 minutes of class.

### **Show Order**

Set It Off
Rotten to the Core
Good is the New Bad
If Only
Did I Mention
Reverence - Evil Like Me

# Supply Sources (as of April 2016) – subject to change:

#### Crafts

Hat - http://www.orientaltrading.com/neon-military-hats-a2-13647582.fltr?prodCatId=551194
Crowns - <a href="http://www.orientaltrading.com/prism-crowns-a2-25\_943.fltr?prodCatId=551202">http://www.orientaltrading.com/prism-crowns-a2-25\_943.fltr?prodCatId=551202</a>
Sticky jewels - http://www.orientaltrading.com/jewel-assortment-a2-48\_917.fltr?Ntt=jewel
Ribbon Wand - http://www.orientaltrading.com/silver-ribbon-wands-a2-13724081.fltr?Ntt=wand
Pom Poms - <a href="http://www.orientaltrading.com/shiny-purple-pom-poms-a2-3\_258.fltr">http://www.orientaltrading.com/shiny-purple-pom-poms-a2-3\_258.fltr</a>
Tshirt markers -

http://www.orientaltrading.com/fabulous-fabric-marker-classpack-a2-56\_4038.fltr?Ntt=marker Potion bottles -

http://www.orientaltrading.com/wizard-potion-charm-bottles-a2-13605476.fltr?Ntt=potion