

  
*Twinkle Star*  
**DANCE**



*Be Moana*  
**DANCE CAMP**

Twinkle Star Dance  
Tiffany Henderson with Amanda Scott

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## Day 1 - We Know the Way

Pre-set Craft Supplies in an alternate room, if possible. Decorate the room in Moana or Princess-themed decorations. Have music playing as dancers arrive. Teachers and assistants may want to dress up as characters from Moana to add that extra touch.

### Tap Technique: 15 - 20 Minutes

1. Tap Warm-Up – “Where You Are” (video)
2. Tap Barre
3. Tap Across the Floor - heel step, toe step, hopping on one foot, ball heel

### Choreography 15 - 20 Minutes

4. Teach Part 1 “We Know the Way” (video)

### Craft/Snack 20 Minutes

5. Craft – Surfboard
6. Snack

### Ballet/Jazz Technique: 15 - 20 Minutes

1. Ballet – “How Far I’ll Go” (video)
2. Ballet Across the Floor - skips, chasses, ballet walks, butterfly walks
3. “Princess Pokey” (video)

### Choreography: 15 - 20 Minutes

4. Teach Part 2 “We Know the Way” (video)

### Last 10 Minutes of Camp:

5. Review choreography - Last 10 minutes of class - This is good as parents are arriving and like to see what the dancers have learned.

6. Ballet Reverence – “I See A Princess”

Song Information:

Please send receipt of purchased songs to [Amanda@twinklestardance.com](mailto:Amanda@twinklestardance.com). Edited music will be sent to you upon receipt.

"Where You Are" Christopher Jackson, Rachel House, Nicole Scherzinger, Auli'i Cravalho & Louise Bush Moana

"We Know the Way" Opetia Foa'i & Lin Manuel Miranda Moana

"How Far I'll Go" Auli'i Cravalho Moana

"Princess Pokey" Moey's Music Party

"I See a Princess" Belle The Princess and The Frog: Tiana and Her Princess Friends

## Day 2 - You're Welcome

Pre-set Craft Supplies in an alternate room, if possible. Decorate the room in Moana or Princess-themed decorations. Have music playing as dancers arrive. Teachers and assistants may want to dress up as characters from Moana to add that extra touch.

### Tap Technique: 15 - 20 Minutes

1. Tap Warm-Up – “Where You Are” (video)
2. Tap Barre
3. Tap Across the Floor - heel step, toe step, hopping on one foot, ball heel

### Choreography 15 - 20 Minutes

4. Teach Part 1 “You're Welcome” (video)

### Craft/Snack 20 Minutes

5. Craft – Foam Visor
6. Snack

### Ballet/Jazz Technique: 15 - 20 Minutes

1. Ballet – “How Far I'll Go” (video)
2. Ballet Across the Floor - skips, chasses, ballet walks, butterfly walks
3. “Princess Pokey” (video)

### Choreography: 15 - 20 Minutes

4. Teach Part 2 “You're Welcome” (video)

### Last 10 Minutes of Camp:

5. Review choreography - Last 10 minutes of class - This is good as parents are arriving and like to see what the dancers have learned.

6. Ballet Reverence – “I See A Princess”

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“You’re Welcome” Dwayne Johnson Moana

### Day 3 - Shiny

Pre-set Craft Supplies in an alternate room, if possible. Decorate the room in Moana or Princess-themed decorations. Have music playing as dancers arrive. Teachers and assistants may want to dress up as characters from Moana to add that extra touch.

#### Tap Technique: 15 - 20 Minutes

1. Tap Warm-Up – “Where You Are” (video)
2. Tap Barre
3. Tap Across the Floor - heel step, toe step, hopping on one foot, ball heel

#### Choreography 15 - 20 Minutes

4. Teach Part 1 “Shiny” (video)

#### Craft/Snack 20 Minutes

5. Craft – Fish
6. Snack

#### Ballet/Jazz Technique: 15 - 20 Minutes

1. Ballet – “How Far I’ll Go” (video)
2. Ballet Across the Floor - skips, chasses, ballet walks, butterfly walks
3. “Princess Pokey” (video)

#### Choreography: 15 - 20 Minutes

4. Teach Part 2 “Shiny” (video)

#### Last 10 Minutes of Camp:

5. Review choreography - Last 10 minutes of class - This is good as parents are arriving and like to see what the dancers have learned.

6. Ballet Reverence – “I See A Princess”

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“Shiny” Jemaine Clement Moana

#### Day 4 - I Am Moana Tea Party

Pre-set Craft Supplies in an alternate room, if possible. Decorate the room in Moana-themed decorations. Dancers can dress up as their favorite Princess or in Party Attire. Dancers also bring Party Snacks to share with their friends. The Tea Party takes more time, so there is less dancing on this day. This is also a good opportunity to review all dances in the Showcase and finish up all crafts.

#### Tap Technique: 15 - 20 Minutes

1. Tap Warm-Up – “Where You Are” (video)
2. Tap Barre
3. Tap Across the Floor - heel step, toe step, hopping on one foot, ball heel

#### Choreography 15 - 20 Minutes

4. Teach Part 1 “I Am Moana” (video)
5. Review All Dances

#### Craft/Snack 30 Minutes

6. Craft - Sand Castle
7. Tea Party

#### Ballet/Jazz Technique: 15 - 20 Minutes

1. Ballet – “How Far I’ll Go” (video)
2. “The Princess Pokey” (video)
3. Review All Dances

#### Last 10 Minutes of Camp:

4. Review Choreography - This is good as parents are arriving and like to see what the dancers have learned.



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"I Am Moana" Rachel House & Auli'i Cravalho Moana

Day 5: Review and Show Day!

1. Where You Are
2. Review – We Know the Way
3. Review - You're Welcome
4. How Far I'll Go
5. Review – Shiny
6. Review – I Am Moana
7. Snack and Coloring Sheet
8. The Showcase for parents and family. Recommended last 30 minutes of class.

Supply Sources (as of April 2018) – subject to change:

### **Crafts**

Surf Board - <https://www.funexpress.com/diy-surfboards-57-9257.html>

Foam Visor - <https://www.funexpress.com/foam-tropical-visor-craft-kit-48-5719.html>

Sand Castle - <https://www.funexpress.com/under-the-sea-glitter-mosaic-craft-kit-13767721.html>

Ribbon Wand (class set) - <https://www.funexpress.com/turquoise-ribbon-wands-13724075.html>

Sand Castle - <https://www.funexpress.com/magic-color-scratch-sandcastles-13728805.html>

Hawaiian Lei - <https://www.funexpress.com/bright-flower-leis-34-265.html>

Decor -

[https://www.partycity.com/moana-swirl-decorations-6ct-775719.html?q=moana&lang=en\\_US&start=15](https://www.partycity.com/moana-swirl-decorations-6ct-775719.html?q=moana&lang=en_US&start=15)

Table cloth - <https://www.funexpress.com/disney-moana-tablecloth-13776997.html>