



## Holiday Drop and Shop

### Class Description

Imagine your child spending fun-filled days exploring the enchanted and exciting world of dance while you check off your Holiday shopping list! On any given "Drop and Shop" day a child ages 3-6 might take a ballet class, decorate a craft, read a story, or even learn a fun holiday-themed dance. Each "Drop and Shop" session is 2 hours long giving you ample time to get your Holiday shopping done. (We suggest that guests wear shoes/clothes they can dance in easily and ballet shoes if they have them).

Children do not need to have prior dance experience to participate, but they should be prepared for lots of festive fun!

Each "Drop and Shop" day is limited to 20 dancers and is available on a first come, first served basis – book early to ensure availability!

### **Day 1 - "Jingle All the Way"**

Pre-set craft supplies in an alternate room, if possible. Decorate the room in Holiday or Winter themed decorations. Dancers can dress up in festive hats and headbands.

Tap Technique: 10-15 Minutes

1. Tap Warm-Up "Frozen Heart" (video)
2. Tap Shuffles at the Barre
3. Tap Across the Floor "Frosty the Snowman" and "Jingle Bell Rock"

Tap Choreography: 10 - 15 Minutes

4. Teach "Jingle Bells" (video)

Prop sources:

Jingle Bell Percussion Instrument -

[http://www.amazon.com/Nino-Percussion-NINO962-Handheld-Sleigh/dp/B00BF87NPQ/ref=zg\\_bs\\_13663721\\_6](http://www.amazon.com/Nino-Percussion-NINO962-Handheld-Sleigh/dp/B00BF87NPQ/ref=zg_bs_13663721_6)

or Jingle Bracelets -

[http://www.orientaltrading.com/thick-jingle-bell-bracelets-a2-4\\_1762.fltr](http://www.orientaltrading.com/thick-jingle-bell-bracelets-a2-4_1762.fltr)

Craft: 5-10 Minutes

5. Craft - Holiday Ornaments

Source -

<http://www.orientaltrading.com/holiday-picture-frame-ornament-craft-kit-a2-13712022.fltr?Ntt=ornamnet%20craft>

Ballet Technique: 10-15 Minutes

1. Ballet Warm-Up "Frozen Medley" (video)
2. Twinkle Bear Ballet
3. Ballet Across the Floor "Sugar Plum Fairy" and "Russian"

Ballet Choreography: 10 - 15 Minutes

4. Teach "We Wish You a Merry Christmas/Jingle Bells" (video)

Last 5-10 minutes of class:

6. It's Showtime! Perform "Jingle Bells" and "We Wish You a Merry Christmas/Jingle Bells" for Parents. \*Remember to take a group photo.
7. Play "Winter Wonderland"

**Day 2 - "Up On the Rooftop"**

Pre-set craft supplies in an alternate room, if possible. Decorate the room in Holiday or Winter themed decorations. Dancers can dress up in festive hats and headbands.

Tap Technique: 10-15 Minutes

1. Tap Warm-Up "Frozen Heart" (video)
2. Tap Shuffles at the Barre
3. Tap Across the Floor "Frosty the Snowman" and "Jingle Bell Rock"

Tap Choreography: 10 - 15 Minutes

4. Teach "Boogie Woogie Santa" (video)

Craft: 5-10 Minutes

5. Craft - Reindeer Antlers

Source -

<http://www.orientaltrading.com/silly-reindeer-mask-craft-kit-a2-13714369.fltr?prodCatId=90000+1311>

Ballet Technique: 10-15 Minutes

1. Ballet Warm-Up "Frozen Medley" (video)
2. Twinkle Bear Ballet
3. Ballet Across the Floor "Sugar Plum Fairy" and "Russian"

Ballet Choreography: 10 - 15 Minutes

4. Teach "Rudolph the Red-Nosed Reindeer" (video)

Last 5-10 minutes of class:

6. It's Showtime! Perform "Boogie Woogie Santa" and "Rudolph the Red-Nosed Reindeer" for Parents. \*Remember to take a group photo.
7. Play "Winter Wonderland"

### **Day 3 - "Let it Snow"**

Pre-set craft supplies in an alternate room, if possible. Decorate the room in Holiday or Winter themed decorations. Dancers can dress up in festive hats and headbands.

Tap Technique: 10-15 Minutes

1. Tap Warm-Up "Frozen Heart" (video)
2. Tap Shuffles at the Barre
3. Tap Across the Floor "Frosty the Snowman" and "Jingle Bell Rock"

Tap Choreography: 10 - 15 Minutes

4. Teach "Suzie Snowflake" (video)

Craft: 5-10 Minutes

5. Craft - Snowflake Glasses

Source -

<http://www.funexpress.com/snowflake-glasses-craft-kit-a2-13693521-12-1.fltr?Ntt=snowflake>

Ballet Technique: 10-15 Minutes

1. Ballet Warm-Up "Frozen Medley" (video)
2. Twinkle Bear Ballet
3. Ballet Across the Floor "Sugar Plum Fairy" and "Russian"

Ballet Choreography: 10 - 15 Minutes

4. Teach "Ice Skaters Waltz" (video)

Last 5-10 minutes of class:

6. It's Showtime! Perform "Suzie Snowflake" and "Ice Skaters Waltz" for Parents.

\*Remember to take a group photo.

7. Play "Winter Wonderland"