



### **Catalog of Twinkle Babies/Stars Class Elements**

Incorporate these new elements in your classes every 4-6 weeks. We encourage you to bring parents in for an in-class performance at the end of the 4-6 weeks so they can take videos, pictures, etc. Center combinations and in-class performances are great practice for our young dancers throughout the season as we prepare them for a holiday show or their recital performances in the Spring.

#### **Tap**

Yo Mickey - Tap Warm Up - Ages 3-4

Uptown Funk - Tap Warm Up A- Ages 3-6

Route 66 - Tap Warm Up - Ages 4-5/5-6

Side Together - Tap Barre Exercise - Ages 2-4

Marches - Tap Barre Exercise - Ages 2-4

Shuffle Jump - Tap Barre Exercise - Ages 3-6

Shuffle Ball Change - Tap Barre Exercise - Ages 3-6

Tap to the Rhythm - Tap Center Class Combination - Ages 3-6

With my Foot I Tap, Tap, Tap - Tap Center Exercise - Ages 2-3/3-4

Ballin' the Jack - Tap Center Class Combination - Ages 3-4

Toe Terrific Tappin' - Tap Center Class Combination - Ages 4-5/5-6

Tap, Tap, Tap - Tap Center Movement - Ages 4-5/5-6

Witches Brew - Tap Center Class Combination with Brooms - Ages 2-6

Gobble, Gobble - Tap Center Class Combination with Turkey Headbands - Ages 2-6

Turkey in the Straw - Tap Center Class Combination with Cowboy Hats - Ages 3-6

The Turkey Dance - Tap Center Class Combination - Ages 2-6

Mickey's Jingle Bells - Tap Center Class Combination with Jingle Bells - Ages 2-6

Peter Cottontail Dancin' Egg Hunt - Tap Movement Game with Baskets and Eggs - Ages 2-6

Rhythm of the Rain - Tap Center Movement with Umbrellas - Ages 3-6

#### **Ballet**

A Whole New World - Ballet Center Stretch and Movement- Ages 3-6

At Last I See the Light - Ballet Center Stretch and Movement- Ages 4-5/5-6

Frozen - Ballet Center Stretch and Movement- Ages 4-5/5-6

Bibbidi Boo - Ballet Across the Floor Exercise - Ages 4-5/5-6

Dance of the Little Swans - Ballet Across the Floor Exercise - Ages 4-5/5-6  
Frere Jacque - Ballet Across the Floor Exercise - Ages 4-5/5-6

Me and My Teddy Bear - Ballet Center Class Combination with Twinkle Bear - Ages 2-3/3-4  
Hooray for Chasse - Ballet Center Movement with Twinkle Bear - Ages 2-3/3-4/4-5  
5 Positions in a Row - Ballet Center Exercise - Ages 3-6  
Things I am Thankful For - Ballet Center Combination - Ages 2-6  
Twinkle Bear Goes to Ballet Class - Ballet center with Book and Twinkle Bears - Ages 2-6  
Tippy Toes - Ballet Center Movement - Ages 2-6  
I'm a Little Valentine - Ballet Center Combination - Ages 2-6  
Little Celebration in My Heart - Ballet Center Combination - Ages 2-6  
Lucky Star - Ballet Center Class Combination - Ages 2-6  
Catch the Moon - Ballet Center Combination with Glow Lights - Ages 3-6  
Waltz for a Ball - Ballet Center Combination - Ages 4-5/5-6  
You Are My Sunshine - Ballet Center Class Combination - Ages 2-4  
Over the Rainbow - Ballet Center Class Combination - Ages 4-5/5-6  
Canon in D - Ballet Center Class Combination - Ages 4-5/5-6  
Perfect Prima B - Ballet Center Class Combination - Ages 3-6  
The Glow - Ballet Center Class Combination - Ages 4-5/5-6

## **Jazz**

Party Rock - Jazz Center Warm Up and Movement - Ages 4-5/5-6

Let's Get Jazzy - Jazz Center Class Combination - Ages 4-5/5-6  
Razz Ma Tazz- Jazz Center Class Combination - Ages 4-5/5-6  
Tumble Tot Rock - Jazz Center Movement and Isolations - Ages 2-3/3-4  
Teddy Bear Twist - Jazz Center Movement with Twinkle Bear - Ages 2-6  
Spooky Loo - Jazz Center Class Combination - Ages 2-6  
Pumpkin Twist - Jazz Center Class Combination with Masks - Ages 2-6  
Halloween Limbo Rock - Jazz Across the Floor Game with Limbo Stick - Ages 2-6  
Monster Mash - Jazz Center Class Combination - Ages 2-6  
Rudolph - Jazz Center Class Combination with Reindeer Antlers - Ages 2-6  
Let's Boogie, Let's Hop, Let's Dance - Jazz Center Movement - Ages 2-6

## **Hip Hop**

Following Directions - Hip Hop Center Movement - Ages 3-6  
Do Your Own Dance - Hip Hop Center Movement - Ages 3-6  
The Stretch Song - Hip Hop Center Warm Up and Movement - Ages 3-6

### Suggested Yearly Plan

Below is a sample schedule to use your monthly updates in class based off season, holidays, etc.

#### **July**

Tap to the Rhythm - Tap Center Combination - Ages 3-6

Me and My Teddy Bear - Ballet Center Combination with Twinkle Bear - Ages 2-3/3-4

Hooray for Chasse - Ballet Center Movement with Twinkle Bear - Ages 2-3/3-4/4-5

#### **August**

With my Foot I Tap, Tap, Tap - Tap Center Exercise - Ages 2-3/3-4

Ballin' the Jack - Tap Center Class Combination - Ages 3-4

Toe Terrific Tappin' - Tap Center Class Combination - Ages 4-5/5-6

5 Positions in a Row - Ballet Center Exercise - Ages 3-6

#### **September**

Tumble Tot Rock - Jazz Center Movement and Isolations - Ages 2-3/3-4

Following Directions - Hip Hop Center Movement - Ages 3-6

Teddy Bear Twist - Jazz Center Movement with Twinkle Bear - Ages 2-6

Tap, Tap, Tap - Tap Center Movement - Ages 4-5/5-6

#### **October**

Spooky Loo - Jazz Center Combination - Ages 2-6

Witches Brew - Tap Center Combination with brooms - Ages 2-6

Pumpkin Twist - Jazz Center Combination with masks - Ages 2-6

Halloween Limbo Rock - Jazz Across the Floor with limbo stick - Ages 2-6

Monster Mash - Jazz Center Combination - Ages 2-6

#### **November**

Things I am Thankful For - Ballet Center Combination - Ages 2-6

Gobble, Gobble - Tap Center Combination with turkey headbands - Ages 2-6

Turkey in the Straw - Tap Center Combination with cowboy hats - Ages 3-6

The Turkey Dance - Tap Center Combination - Ages 2-6

#### **December**

Mickey's Jingle Bells - Tap Center Combination with jingle bells - Ages 2-6

Rudolph - Jazz Center Combination with reindeer antlers - Ages 2-6

#### **January**

##### **\*Switch Warm Ups and Center Stretches**

Twinkle Bear Goes to Ballet Class - Ballet center with Book and Twinkle Bears - Ages 2-6

Tippy Toes - Ballet Center Movement - Ages 2-6

Do Your Own Dance - Hip Hop Center - Ages 3-6

**February**

I'm a Little Valentine - Ballet Center Combination - Ages 2-6

Little Celebration in My Heart - Ballet Center Combination - Ages 2-6

Give a Little Love - Tap Across the Floor - Ages 3-6

**March**

Lucky Star - Ballet Center Combination - Ages 2-6

Catch the Moon - Ballet Center Combination with glow lights - Ages 3-6

Waltz for a Ball - Ballet Center Combination - Ages 4-5/5-6

**April**

Peter Cottontail Dancin' Egg Hunt - Tap Center Combination with baskets and eggs - Ages 2-6

**May**

You Are My Sunshine - Ballet Center Combination - Ages 2-4

Rhythm of the Rain - Tap Center Combination with umbrellas - Ages 3-6

Over the Rainbow - Ballet Center Combination - Ages 4-5/5-6

**June**

Canon in D - Ballet Center Combination Ages 4-5/5-6

Let's Boogie, Let's Hop, Let's Dance - Jazz Center Combination - Ages 2-6

Perfect Prima B - Ballet Center Combination - Ages 3-6

The Glow - Ballet Center Combination - Ages 4-5/5-6