

2013

Twinkle Star Dance™

Tiffany Henderson

PERFECT PRINCESS CAMP

Recommended for dancers ages 3-6 years of age. Two hours per day encompassing tap, ballet and jazz movement.

Perfect Princess Camp

Day 1 - Princess and the Frog

1. Princess and the Frog: Pre-set Craft Supplies in an alternate room, if possible. Decorate the room in Princess and the Frog or Princess themed decorations. Have Princess and the Frog music playing as dancers arrive. Teachers and assistants may want to dress up as Princess and the Frog to add that extra touch.

Tap Technique: 15 - 20 Minutes

1. Tap Warm-Up - Yo Mickey
2. Tap Barre
3. Tap Across the Floor - Mickey Mouse Club and Mickey Motion

Choreography 15 - 20 Minutes

4. Teach Section 1 "Princess and the Frog Medley" *Shoofly Pie* - Masks
5. Teach Section 2 "Princess and the Frog Medley" *Dig a Little Deeper* - Masks

Craft/Snack 20 Minutes

6. Craft - Decorate Masks
7. Snack

Ballet/Jazz Technique: 10 Minutes

1. Ballet - Be Our Guest in Circle
2. Can You Feel the Love Tonight
3. Princess Dance

Choreography: 15 Minutes

3. Teach Section 3 "Princess and the Frog Medley" *Saturday Night Fish Fry* - Masks
4. Jazz - Freeze Dance and Hula Hoop Play

Last 10 Minutes of Camp:

5. Review Sections 1-3 - Last 10 minutes of class - This is good as parents are arriving and like to see what the dancers have learned.

6. Ballet Reverence - The GLOW - The Glow 2:52 Shannon Saunders | The Glow - Single | Pop

Princess and the Frog Medley Song Information:

Please send receipt of purchased songs to Tiffany@twinklestardance.com. Edited music will be sent to you upon receipt.

Perfect Princess Camp

1. **Shoo Fly Pie + Apple Pan Dowdy** - Shoo Fly Pie + Apple Pan Dowdy Kim
Keys What's Cooking
2. **Dig A Little Deeper** - Dig A Little Deeper 2:48 Jennifer Lewis The Princess and the
Frog Soundtrack
3. **Saturday Night Fish Fry** - Saturday Night Fish Fry Troy Johnson What's Cooking
4. **Almost There** - Almost There Noni Rose The Princess and the Frog Soundtrack

Perfect Princess Camp

Day 2: Snow White

1. Snow White: Pre-set Craft Supplies in an alternate room, if possible. Decorate the room in Snow White or Princess themed decorations. Have Snow White music playing as dancers arrive. Teachers and assistants may want to dress up as Snow White to add that extra touch.

Tap Technique: 15 - 20 Minutes

1. Tap Warm-Up - Yo Mickey
2. Tap Barre
3. Tap Across the Floor - Mickey Mouse Club and Mickey Motion

15 - 20 Minutes

4. Teach Section 1 "Snow White Medley" *Whistle While You Work* – Feather Duster
5. Teach Section 2 "Snow White Medley" *Someday my Prince Will Come* – No Prop

20 Minutes

6. Craft - Decorate Princess Wands
7. Snack

Ballet/Jazz Technique: 10 Minutes

1. Ballet - Be Our Guest in Circle
2. Can You Feel the Love Tonight
3. Princess Dance

15 Minutes

3. Review "Snow White Medley"
4. Jazz - Freeze Dance and Hula Hoop Play

Last 10 Minutes of Camp:

5. Review Sections 1-2 - Last 10 minutes of class - This is good as parents are arriving and like to see what the dancers have learned.

6. Ballet Reverence - The GLOW - The Glow 2:52 Shannon Saunders The Glow - Single Pop

Snow White Medley Music Information: Please send receipt of purchased songs to Tiffany@twinklestardance.com. Edited music will be sent to you upon receipt.

Perfect Princess Camp

1. **Whistle While You Work** - Whistle While You Work Adrianna Caselotti Snow White and the Seven Dwarfs Soundtrack

2. **Some Day My Prince Will Come** - Some Day My Prince Will Come Snow White and the Seven Dwarfs Soundtrack

Perfect Princess Camp

Day 3: Tangled

1. Tangles: Pre-set Craft Supplies in an alternate room, if possible. Decorate the room in Tangled or Princess themed decorations. Have Tangled music playing as dancers arrive. Teachers and assistants may want to dress up as Tangled to add that extra touch.

Tap Technique: 15 - 20 Minutes

1. Tap Warm-Up - Yo Mickey
2. Tap Barre
3. Tap Across the Floor - Mickey Mouse Club and Mickey Motion

Review - Cinderella and Little Mermaid Medley's

15 - 20 Minutes

4. Teach Section 1 "Tangled Medley" *When Will My Life Begin* – No Prop
5. Teach Section 2 "Tangled Medley" *Mother Knows Best* – No Prop

20 Minutes

6. Craft – Paper Lanterns
7. Snack

Ballet/Jazz Technique: 10 Minutes

1. Ballet - Be Our Guest in Circle
2. Can You Feel the Love Tonight
3. Princess Dance

15 Minutes

3. Teach Section 3 "Tangled Medley" *I See the Light* - No Prop
4. Jazz - Freeze Dance and Hula Hoop Play

Last 10 Minutes of Camp:

5. Review Sections 1-3 - Last 10 minutes of class - This is good as parents are arriving and like to see what the dancers have learned.
6. Ballet Reverence - The GLOW - The Glow 2:52 Shannon Saunders The Glow - Single Pop

Tangled Medley Music Information: Please send receipt of purchased songs to Tiffany@twinklestardance.com. Edited music will be sent to you upon receipt.

Perfect Princess Camp

1. **When Will My Life Begin** - When Will My Life Begin Mandy Moore Tangled Soundtrack
2. **Mother Knows Best** - Mother Knows Best Donna Murphy Tangled Soundtrack
3. **I See the Light** – I See the Light Mandy Moore & Zachary Levi Tangled Soundtrack

Perfect Princess Camp

Day 4: Perfect Princess Tea Party Day

Perfect Princess Tea Party Day: Pre-set Craft Supplies in an alternate room, if possible. Decorate the room in Princess Tea Party themed decorations. Dancers can dress up as their favorite Princess or in Tea Party Attire. Dancers also bring 6 Tea Party Snacks to share with their friends. The Tea Party takes more time, so there is less dancing on this day. This is also a good opportunity to review all 3 Medleys.

Tap Technique: 15 - 20 Minutes

1. Tap Warm-Up - Yo Mickey
2. Tap Barre
3. Tap Across the Floor - Mickey Mouse Club and Mickey Motion

10 - 15 Minutes

4. Teach "Perfect Princess Tea Dance"

15 Minutes

5. Craft - Decorate Princess Crowns
6. Perfect Princess Tea Party - 20 Minutes

Review All Dances and Medleys

Ballet/Jazz Technique: 10 Minutes

1. Ballet - Be Our Guest in Circle
2. Can You Feel the Love Tonight
3. Princess Dance

15 Minutes

3. Jazz - Freeze Dance and Hula Hoop Play

Last 10 Minutes of Camp:

Review "Perfect Princess Tea" - Last 10 minutes of class - This is good as parents are arriving and like to see what the dancers have learned.

Perfect Princess Tea Music Information: iTunes

Perfect Princess Camp

Day 5: Review and Show Day!

1. Yo Mickey Tap Warm-Up
2. Review - The Princess and The Frog Medley
3. Be Our Guest and Can You Feel the Love Tonight Ballet
4. Review – Snow White Medley
5. Review - Tangled Medley
6. Review - Perfect Princess Tea Party Dance
7. Snack and Coloring Sheet
8. The Big Show for parents and family. Recommended last 30 minutes of class.

Perfect Princess Camp

Supply Sources (as of 6/1/2013) - subject to change:

- **PRINCESS STAR WANDS CRAFT KIT:** http://www.orientaltrading.com/design-your-own-precious-princess-wands-a2-57_1076-12-1.fltr?Ntt=princess+star+wand+crafts
- **SCARVES:** http://www.orientaltrading.com/neon-bandannas-a2-15_17.fltr?prodCatId=388696&categoryFromSearch=true&tabId=1&Ne=90000&rd=bandannas
- **PRINCESS TIARAS CRAFT KIT:** http://www.orientaltrading.com/fabulous-foam-princess-crowns-a2-57_2412-12-1.fltr?Ntt=princess+crown+craft+kit
- **MARDI GRAS MASKS:** http://www.orientaltrading.com/color-your-own-mardi-gras-masks-a2-48_5576-12-1.fltr?Ntt=mardi%20gras%20masks
- **PAPER LANTERNS:** <http://www.orientaltrading.com/diy-lanterns-a2-13610943-12-1.fltr?Ntt=paper%20lanterns>