



Twinkle Star Dance
Tiffany Henderson with Amanda Stapp

Day 1 – Teen Beach Movie

Pre-set Craft Supplies in an alternate room, if possible. Decorate the room in Teen Beach Movie or Hollywood themed decorations. Have music playing as dancers arrive.

Jazz Technique: 15 - 20 Minutes

1. Warm-Up – “Start a Fire” (video)
2. Center Stretch and Exercises
3. Across the Floor - jazz walks, chasses, chaine turns, leaps

Choreography 15 - 20 Minutes

4. Teach Part 1 “Best Summer Ever” (video)

Craft/Snack 20 Minutes

6. Craft – Beach balls
7. Snack

Ballet Technique: 10 Minutes

1. Lyrical Center - “Hero” (video)
2. Center Barre – plies, tendus, por de bras
3. Across the Floor - ballet walks, passes, skips, triplets

Choreography: 15 Minutes

3. Teach Part 2 “Best Summer Ever” (video)

Last 10 Minutes of Camp:

7. Review choreography - Last 10 minutes of class - This is good as parents are arriving and like to see what the dancers have learned.

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Song Information:

Please send receipt of purchased songs to amanda@twinklestardance.com. Edited music will be sent to you upon receipt.

“Start a Fire” John Legend

“Best Summer Ever” Teen Beach 2

“Hero” Ella Mae Bowen Footloose

Day 2 – Singing in the Rain

Pre-set Craft Supplies in an alternate room, if possible. Decorate the room in Singing in the Rain or Hollywood themed decorations. Have music playing as dancers arrive.

Jazz Technique: 15 - 20 Minutes

1. Warm-Up – “Start a Fire” (video)
2. Center Stretch and Exercises
3. Across the Floor - jazz walks, chasses, chaine turns, leaps

Choreography 15 - 20 Minutes

4. Teach Part 1 “Singing in the Rain/Umbrella” (video)

Craft/Snack 20 Minutes

6. Craft – Umbrellas
7. Snack

Ballet Technique: 10 Minutes

1. Lyrical Center - “Hero” (video)
2. Center Barre – plies, tendus, por de bras
3. Across the Floor - ballet walks, passes, skips, triplets

Choreography: 15 Minutes

3. Teach Part 2 Singing in the Rain/Umbrella” (video)

Last 10 Minutes of Camp:

7. Review choreography - Last 10 minutes of class - This is good as parents are arriving and like to see what the dancers have learned.

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“Singing in the Rain/Umbrella” GLEE Cast

Day 3 – Footloose

Pre-set Craft Supplies in an alternate room, if possible. Decorate the room in Footloose or Hollywood themed decorations. Have music playing as dancers arrive.

Jazz Technique: 15 - 20 Minutes

1. Warm-Up – “Start a Fire” (video)
2. Center Stretch and Exercises
3. Across the Floor - jazz walks, chasses, chaine turns, leaps

Choreography 15 - 20 Minutes

4. Teach Part 1 “Footloose” (video)

Craft/Snack 20 Minutes

6. Craft – Hats
7. Snack

Ballet Technique: 10 Minutes

1. Lyrical Center - “Hero” (video)
2. Center Barre – plies, tendus, por de bras
3. Across the Floor - ballet walks, passes, skips, triplets

Choreography: 15 Minutes

3. Teach Part 2 “Footloose” (video)

Last 10 Minutes of Camp:

7. Review choreography - Last 10 minutes of class - This is good as parents are arriving and like to see what the dancers have learned.

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“Footloose” Kenny Loggins

Day 4 – City of Stars

Pre-set Craft Supplies in an alternate room, if possible. Decorate the room in Lalaland or Hollywood themed decorations. Have music playing as dancers arrive.

Jazz Technique: 15 - 20 Minutes

1. Warm-Up – “Start a Fire” (video)
2. Center Stretch and Exercises
3. Across the Floor - jazz walks, chasses, chaine turns, leaps

Choreography 15 - 20 Minutes

4. Teach Part 1 “City of Stars” (video)

Craft/Snack 20 Minutes

6. Craft – Wands
7. Snack

Ballet Technique: 10 Minutes

1. Lyrical Center - “Hero” (video)
2. Center Barre – plies, tendus, por de bras
3. Across the Floor - ballet walks, passes, skips, triplets

Choreography: 15 Minutes

3. Teach Part 2 “City of Stars” (video)

Last 10 Minutes of Camp:

7. Review choreography - Last 10 minutes of class - This is good as parents are arriving and like to see what the dancers have learned.

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“City of Stars” Ryan Gosling & Emma Stone Lalaland

Day 5: Review and Show Day!

1. Start a Fire
2. Review – Best Summer Ever
3. Review - Singing in the Rain/Umbrella
4. Hero
5. Review – Footloose
6. Review – City of Stars
7. Snack
8. The Showcase for parents and family. Recommended last 30 minutes of class.

Supply Sources (as of April 2017) – subject to change:

Crafts

Beach balls -

http://www.orientaltrading.com/diy-mini-beach-balls-a2-48_9750.fltr?categoryId=550179

Umbrellas -

http://www.orientaltrading.com/diy-white-umbrellas-a2-56_9027.fltr?categoryId=550179

Fabric markers -

http://www.orientaltrading.com/fabulous-fabric-marker-classpack-a2-56_4038.fltr

Hats -

http://www.orientaltrading.com/diy-value-white-caps-12-pcs-a2-48_2031.fltr?categoryId=550179

Wands - http://www.orientaltrading.com/gold-glittery-star-wands-a2-25_210.fltr

Ribbons - recommend local craft store