[Jest](https://jestjs.io/en/) is a delightful JavaScript testing framework with a focus on simplicity. It can be installed with npm or Yarn. Jest fits into a broader category of utilities known as [test runners](https://www.quora.com/What-is-a-test-runner). It works great for React applications, but it also works great outside of React applications.

https://javascript.plainenglish.io/i-tested-a-react-app-with-jest-testing-library-and-cypress-here-are-the-differences-3192eae03850