

# ZTR Rim Setup Options

Rim Specs					Rim Tape Compatibility	
Rims	Weight	Brakes	ERD	Spoke Tensions (KgF)	21mm Yellow Tape, Universal Valve Stem, Stan's Tire Sealant	25mm Yellow Tape, Universal Valve Stem, Stan's Tire Sealant
Podium MMX	290g	Disc	541	95	X	X
Medalist 650b	305g	Disc	565	95	X	X
29er Race Gold	320g	Disc	605	95	X	X
Alpine/Iron Cross	330g / 385g	Disc	537 / 600	95	X	
Crest	340g	Disc	541	95	X	X
Crest 650b	355g	Disc	565	95	X	X
Crest 29er	380g	Disc	605	95	X	X
355 / Arch	360g / 420g	Disc & Rim	540	100		X
355 29er / Arch 29er	410g / 470g	Disc & Rim	604	100		X
Arch EX	420g	Disc	541	125		X
Arch EX 650b	440g	Disc	566	125		X
Arch EX 29er	470g	Disc	605	125		X
Flow	470g	Disc	536	100		X
Flow 650b	490g	Disc	560	100		X
Flow 29er	520g	Disc	600	100		X
Flow EX	490g	Disc	538	125		X
Flow EX 650b	510g	Disc	562	125		X
Flow EX 29er	545g	Disc	601	125		X
Alpha 340 / Alpha 400	385g / 425g	Rim	592	125	Two layers of 21mm tape and 44mm Universal Valve Stem	

**All ZTR Rims** are designed to be used tubeless with Stan's Tire Sealant however using tubes is an option for all Stan's rims. Note: Stan's rims are a tubeless design and care must be taken when using tubes. Improperly installed tubes can get caught underneath the bead of the tire and cause the tire to dismount when inflated.

## Spokes and Spoke Nipples:

You must lubricate your spoke nipples to aid in the truing process. The rim does not use eyelets. NoTubes recommends synthetic 0 weight oil but any light oil will work.

## Rim Tape:

(If you purchased a ZTR wheel set, Yellow tape is pre-installed for tube or tubeless use). For tubeless setup install appropriate Yellow rim tape (see chart above). For tube use very thin tape is necessary, such as: NoTubes Universal kit tape, Yellow spoke tape, ROX Ultra Light, etc for protection over your spoke holes.

**Note:** Do not use thicker rim tape such as Velox on Stan's rims, or your tires will be very difficult to mount.

## Tubeless Setup:

Stan's ZTR rims are designed to be used tubeless with only the appropriate yellow tape and tubeless valve. A rubber rim strip is available for customers who experience burping (air escaping at the tire bead) with the Flow rim or with cyclocross use of the Alpha rim.

## Tire mounting:

Always mount the tire onto the valve area of the rim last. Once the first side of the tire is mounted push the tire bead to the outside of the channel to make room for the second tire bead. Mount the valve area of the second bead last.

## Tire Inflation:

You must use soap and water on tire and rim bead interface for lubrication on all tires during inflation. When mounting a tire tubeless do not over inflate. For MTB tires, do not exceed 40psi. Road tubeless tires can be inflated to tire manufacturer's maximum recommendation. Stan's Tire Sealant must be added after initial inflation for tubeless setup. If using tubes and you wish to make them puncture resistant they must have removable cores to add Stan's Tire Sealant.

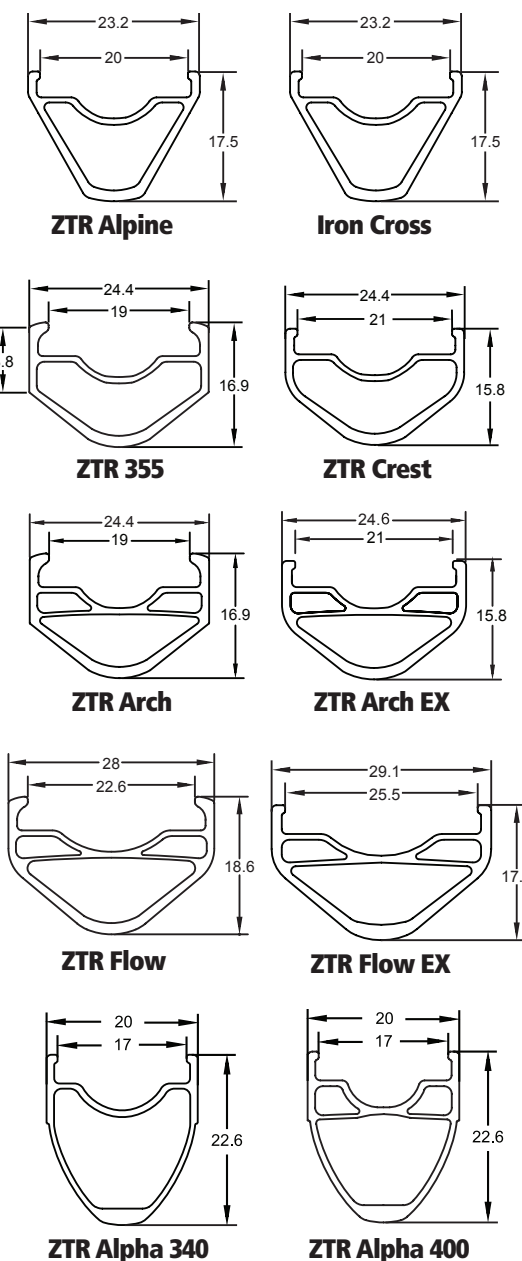
## Spoke Tension:

Check the chart above for correct tensions. Do not over tension the spokes. If over tensioned the wheel will not stay true.

For more information visit <http://help.notubes.com>



Stan's Tire Sealant is recommended for use in standard and tubeless tires.



Stan's **NOTUBES**

NoTubes.com

202 Daniel Zenker Dr., Big Flats, NY 14814  
(607) 562-2877 • sales@notubes.com