Gallstone Disease Prediction with Explainable Artificial Intelligence

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Abstract—Gallstone disease is a common digestive disorder that can lead to serious complications if left untreated. While diagnostic methods have advanced in recent years, challenges related to cost and accuracy—especially in specific populations—persist. This study proposes a machine learning (ML) risk prediction model that uses clinical and demographic data to classify patients as either "at risk" or "not at risk" for gallstone disease. The approach includes pre-processing steps such as feature selection and techniques to address class imbalance. Seven ML models were evaluated, with Logistic Regression combined with multiple pre-processing techniques delivering the best performance. To enhance transparency and interpretability, Explainable Artificial Intelligence (XAI) methods were applied to identify key predictive features and support clinical trust in the model's decisions. These findings highlight the potential of integrating pre-processing, robust ML models, and XAI techniques to enable accurate and explainable risk prediction for gallstone disease.

Index Terms—Gallstone Disease, Explainable AI, Machine Learning, Prediction, Clinical Decision Support

I. INTRODUCTION

Gallstone disease (GSD) is a common gastrointestinal disease worldwide. It is the term used for the development of calculi in the gallbladder and other parts of the biliary tract. The stones frequently result in cholecystitis, pancreatitis, and biliary tract obstruction. Recent epidemiological studies found gallstones in about 6.1% of the global population, showing greater susceptibility among South Americans, females, and older people compared to Asian people [1].Multiple known risk factors contribute to the pathogenesis of GSD. They include lifestyle, sex, age, metabolic syndrome, and obesity. A study on Chinese adults has shown that metabolically healthy and unhealthy obesity were at the highest risk. [2]. A study in Taiwan also confirmed that central obesity, measured by the waist-height ratio, predicts GSD, especially among females [3].

There is an advancement in predictive modeling aimed at enhancing the early detection of GSD through non-invasive techniques. A recent study has developed a machine-learning (ML) model that utilizes bioimpedance and laboratory examination, achieving an accuracy of approximately 85.42% in gallstone prediction. The primary predictive factors were vitamin D, C-reactive protein, total body water, and lean body mass [4]. Despite these advancements, population-specific models are still necessary to enhance early detection and intervention programs. This study aims to develop and validate a risk prediction model for gallstone disease based on a moderately sized dataset with a broad range of clinical and demographic variables. To enable proactive GSD management and alleviate the health burden of the disease, this study tries to identify the primary predictors and build an accurate model.

II. RELEVANT LITERATURE

One research conducted discovered that by utilizing ridge regression-based machine learning models, the presence of hepatocellular carcinoma in individuals with chronic viral hepatitis indicates the potential use of such models in early intervention strategies [5]. Researchers have found that machine learning (ML) algorithms based on hemoglobin level parameters and specific gravity can predict chronic kidney disease (CKD) with a detection rate exceeding 97%, which is clinically significant [6]. A study demonstrated that ML plays a pivotal role in cervical cancer prediction by using imbalanced data and various sampling methods [7]. Designing models to handle unbalanced data effectively results in a higher detection rate of high-risk individuals. These findings demonstrate the effectiveness and applicability of ML methods

in various medical disorders, highlighting their role in the development of modern healthcare.

Several studies have utilized machine learning to enhance gallstone disease prediction by incorporating clinical and laboratory data. A model has been developed based on bioimpedance and metabolic markers from 319 subjects, identifying vitamin D deficiency, elevated C-reactive protein (CRP), total body water, and lean mass as critical predictors. Their gradient boosting classifier achieved an accuracy of 85.42%, comparable to traditional ultrasonography, but with the added advantages of being non-invasive and cost-effective. Additional findings suggest a connection between gallstone formation and systemic inflammation, obesity-related factors, and alterations in body composition, including bone mass and the total body fat ratio. These approaches highlight the value of integrating physiological, biochemical, and demographic features to improve the early detection of gallstones. The study's results demonstrate that incorporating comprehensive datasets into machine learning models for gallstone prediction is crucial. These integrative methodologies are valuable in improving diagnostic capabilities.

Integrating Explainable Artificial Intelligence (XAI) within healthcare systems meets the need for transparency and confidence in AI-driven decisions. Traditional AI models often act like a "black box" and tend to be uninterpretable, making it difficult for clinicians to determine the cause of some predictions. Healthcare professionals can validate and trust AI predictions using XAI techniques such as Shapley Additive Explanations (SHAP) and Local Interpretable Model-agnostic Explanations (LIME). These XAI techniques provide insights into the decision-making processes of the model [8]. This transparency is significant, as it helps identify potential biases and ensures that AI recommendations are aligned with ethical standards and medical expertise, thereby facilitating greater adoption in clinical settings.

In a systematic review, a study noted the use of XAI in neurodegenerative disease prediction, highlighting the application of SHAP to identify the most significant cognitive and imaging features related to Alzheimer's disease, which enables early and precise diagnosis [9]. Another study also used SHAP and LIME on breast cancer prediction models. They demonstrated how explainers facilitated increased transparency by identifying the most informative biomarkers that resulted in a patient's diagnosis [10]. These studies suggest the potential applicability of XAI in enhancing clinical trust and decision-making precision in machine learning models used in the healthcare industry. Although the use of XAI in gallstone disease research is in its infancy, it has potential. Few experiments have been conducted specifically using SHAP and LIME to predict and classify gallstone disease, despite the increasing number of studies utilizing machine learning for medical diagnosis. Researchers have developed machine learning models to predict the development of gallstones using various clinical and demographic variables. Using XAI on these models can render them more interpretable, allowing clinicians to determine which factors are most significant in predicting gallstone risk. More individualized patient care and targeted prevention interventions may result from this information. The application of XAI in gallstone research can lead to more transparent and efficient diagnostic tools as the field of research develops. To help clinicians understand what features (e.g., demographics, laboratory work, symptoms) contribute the most to predictions, the current study uses SHAP and LIME to explain model predictions in gallstone classification. This study fills a previously underrepresented field within medical research by maximizing the transparency of machine learning models and their applications in diagnosis.

With their strong classification performance, machine learning algorithms such as Random Forest, Support Vector Machine, Gradient Boosting, and Logistic Regression have become widely used throughout the healthcare industry. For example, a study that utilized explainable machine learning-based prediction demonstrated the accuracy of such models in predicting diabetic nephropathy [11]. Another study demonstrated how ensemble techniques, such as Gradient Boosting Decision Trees, can effectively handle tabular medical data with high accuracy [12]. Such studies affirm the use of these algorithms in gallstone disease prediction, where imbalanced datasets and numerous patient factors are typical liabilities. Through the elimination of redundant input data, feature selection techniques, therefore, play a significant role in making models more accurate. Among the most common methods used are correlation analysis and ANOVA F-value, which have been effective in improving diagnostic models in different medical studies. Through a focus on the most significant clinical factors, a study involving feature selection for heart disease demonstrated that utilizing these methods in predicting heart disease yielded more interpretable and practical models [13]. Through the improvement of model transparency in medical use, XAI techniques such as SHAP and LIME are becoming increasingly vital. However, a review on XAI using LIME and SHAP noted their significance in improving clinician trust and comprehension in complex models [14]. On the other hand, another study on XAI successfully utilized both tools in diabetes prediction to identify key features that impact model decisions [15]. Combining SHAP and LIME realizes the need for interpretable outcomes in gallstone disease, making predictions accurate and comprehensible to medical professionals.

III. MATERIALS AND METHODS

The study follows a structured pipeline composed of a defined set of stages outlined in Figure 1. The researchers downloaded the dataset from the archive provided by the UC Irvine Machine Learning Repository. Exploratory Data Analysis was employed to understand the dataset and prepare it for further analysis and evaluation. Categorical features were encoded using one-hot encoding, while numerical features, such as bioimpedance and laboratory measurements, were standardized to ensure uniform scales during training. Pre-processing steps included verifying missing values and segregating features.
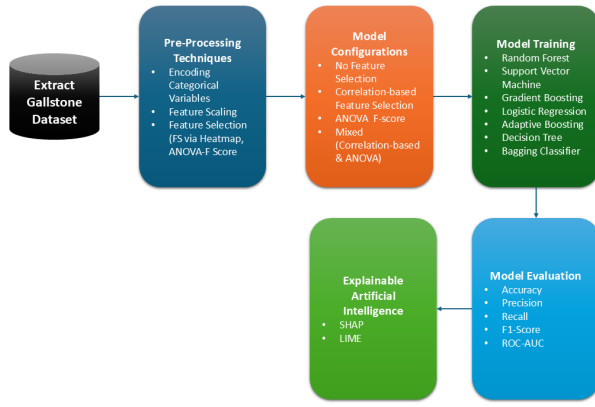
Fig. 1. Machine Learning Pipeline for Gallstone Disease Prediction Study

A. Dataset Specification

The dataset used in this study was sourced from a publicly available repository containing clinical and laboratory data for gallstone disease classification. It comprises 319 patient records without missing values. Each record includes numerical and categorical features derived from clinical examinations and laboratory tests. The target variable, labeled "Gallstone Status," indicates gallstone presence (1) or absence (0). Exploratory data analysis confirmed balanced class distribution.

B. Pre-processing Steps

The dataset underwent thorough pre-processing prior to modeling. Initially, features were separated by data type into numerical, categorical, and laboratory-related categories, facilitating tailored pre-processing approaches. Numeric features were standardized using StandardScaler, transforming values to a mean of zero and unit variance. Categorical variables underwent one-hot encoding (OneHotEncoder) to transform discrete features into a suitable numerical format. Due to balanced class distribution, class-imbalance handling methods like SMOTE were unnecessary. Potential outliers identified during exploratory analysis were retained, given their clinical relevance.

C. Feature Selection and Class Imbalance Handling

To enhance model interpretability and predictive performance, multiple feature selection strategies were carefully explored. Initially, a correlation analysis was conducted using a correlation heatmap to identify features strongly correlated with the target variable, "Gallstone Status." A threshold corresponding to the 75th percentile of absolute correlations was used to retain the most relevant features. Additionally, the ANOVA F-score method, implemented through the SelectKBest technique, was applied. This approach statistically assessed the discriminative power of each feature between the two target classes, selecting the top 25% of features based on their F-scores. Finally, a combined "Mixed Selection" approach was performed, integrating both correlation and ANOVA methods. This robust approach selected features that

appeared consistently across both selection methods, ensuring the chosen features were statistically significant and highly correlated with gallstone disease prediction.

D. Model Configuration and Machine Learning Models

The dataset was divided into training and testing subsets using a 70-30 stratified split, ensuring balanced representation of both target classes. Numerical features were standardized using standard scaling to transform them to zero mean and unit variance, optimizing model performance. Feature selection was performed using the ANOVA F-value method with SelectKBest, applying a threshold at the 75th percentile to retain the most discriminative features. Four configurations were tested to evaluate how feature selection impacts model performance:

1) **Baseline Configuration:** This configuration used the raw, unprocessed dataset with no feature selection, providing a baseline for comparison.
2) **Heatmap-based Configuration:** Feature selection was based on a correlation heatmap, which identified features most strongly correlated with the target variable, "Gallstone Status." This approach ensured that only features with high correlation to the target were retained.
3) **ANOVA F-Score Configuration:** Here, feature selection was performed using the ANOVA F-value method with SelectKBest, selecting the top 25% of features based on their F-scores, emphasizing the most statistically significant predictors.
4) **Mixed Configuration:** This configuration combined features selected by both the correlation heatmap and ANOVA F-score methods, ensuring that only the most relevant and highly correlated features were used.

Seven machine learning algorithms were evaluated: Random Forest (RF), Support Vector Machine (SVM), Gradient Boosting (GB), Logistic Regression (LR), AdaBoost (AB), Decision Tree (DT), and Bagging Classifier (BC). Models were trained and validated using 5-fold stratified cross-validation, which ensured balanced class distribution in each fold, reducing the risk of overfitting. Each model's performance was rigorously assessed using several evaluation metrics, including accuracy, precision, recall, F1-score, and Area Under the ROC Curve (AUC). This comprehensive evaluation across the four configurations enabled a detailed comparison of model effectiveness, providing valuable insights into the most robust machine learning model for predicting gallstone disease.

E. Explainable AI

To enhance model interpretability and clinical trust, this study utilized Shapley Additive exPlanations (SHAP) and Local Interpretable Model-agnostic Explanations (LIME). These explainability methods were applied to the Logistic Regression model from the Mixed configuration, which provided the best performance. SHAP was used to compute both global feature importance and local explanations for individual predictions. SHAP global feature importance was visualized using a bar plot to identify the features with the highest contributions to

the model's predictions. Additionally, LIME was applied to explain individual predictions through beeswarm plots, which provide a visual representation of the distribution of feature impacts on the model's outputs. These methods enabled a transparent understanding of how specific clinical and laboratory parameters influenced the model's predictions, ensuring that clinicians could interpret and trust the results in the context of gallstone disease prediction.

RESULTS AND DISCUSSION

The study evaluated the performance of seven machine learning models—Gradient Boosting (GB), Logistic Regression (LR), Random Forest (RF), Support Vector Machine (SVM), Decision Tree (DT), Bagging Classifier (BC), and AdaBoost (AB)—in predicting gallstone disease using clinical and laboratory data. Model performance was assessed across several metrics, including accuracy, precision, recall, F1-score, and AUC. The results from the four different configurations—Baseline, Heatmap-based, ANOVA F-score, and Mixed—are summarized in Tables I-IV.

In the **Baseline Configuration** as seen in Table I , Random Forest (RF) performed the best, achieving the highest accuracy (73.10%), precision (74.84%), and F1-score (72.96%). These results suggest that RF strikes a solid balance between identifying positive and negative cases, making it a strong candidate for gallstone prediction. Logistic Regression (LR) followed closely, with a high accuracy (66.84%), precision (75.75%), and AUC (78.09%), indicating it was able to correctly classify cases with good overall performance. Gradient Boosting (GB) also showed strong results, achieving a recall (62.73%), meaning it was effective at identifying positive cases. However, Support Vector Machine (SVM) exhibited a weaker performance, with a low recall (35.62%), highlighting its tendency to misclassify a significant portion of true positive cases despite its high precision (94.94%). The Decision Tree (DT) and Bagging Classifier (BC) models displayed moderate performance, with DT achieving the highest recall (70.91%), indicating it was effective at detecting positive cases but still lacked precision. AdaBoost (AB) had the weakest overall performance, failing to meet the predictive standards of the other models.

Table II details metrics from the **Heatmap-based Configuration** feature selection was performed based on the correlation heatmap, Logistic Regression (LR) continued to show strong performance, achieving an accuracy of 66.34%, a precision of 66.28%, and an AUC of 65.74%. However, its recall (61.82%) was slightly lower compared to the Baseline Configuration, suggesting that some feature selections based on the heatmap reduced the model's ability to detect positive cases. Random Forest (RF) showed a moderate drop in accuracy (58.77%), but its recall (57.27%) remained relatively robust, indicating that RF can still effectively identify gallstone cases with fewer features. Gradient Boosting (GB) and SVM showed similar performance as in the baseline configuration, but with SVM's recall (35.62%) remaining low. Decision Tree (DT) and Bagging Classifier (BC) continued to demonstrate

moderate performance, with DT again being the better performer in recall but still lacking in precision.

Table III details the metrics from the **ANOVA Configuration** improved results across models compared to the Heatmap-based configuration. Logistic Regression (LR) again performed well, achieving an accuracy of 69.51%, precision of 71.37%, and recall of 64.55%, marking it as a reliable model with balanced performance. Gradient Boosting (GB) and Random Forest (RF) also performed well with recall scores of 57.27% and 61.82%, respectively. However, SVM continued to struggle with low recall (53.64%), indicating that it misclassifies many true positive cases, despite its high precision (69.99%). Decision Tree (DT) and Bagging Classifier (BC) again showed moderate results, with DT achieving higher recall than BC, but both models still underperformed compared to LR and GB.

Table IV presents the results of the **Mixed Configuration** where features were selected using both correlation heatmap and ANOVA F-score methods, Logistic Regression (LR) once again proved to be the best-performing model, achieving accuracy (69.51%), precision (71.37%), and recall (64.55%), along with AUC (72.02%). These results demonstrate the robustness of LR across various configurations and highlight its ability to balance precision and recall effectively. Random Forest (RF) maintained a similar performance to the other configurations with accuracy (64.60%) and recall (61.82%), but its precision (67.39%) was consistently high. Gradient Boosting (GB) demonstrated solid performance in recall (57.27%), but SVM continued to struggle with low recall (35.62%), although it maintained high precision (69.99%). Decision Tree (DT) and Bagging Classifier (BC) showed consistent but relatively weaker performance, with DT performing better in recall but still showing lower discriminative power overall.

Overall, the results showed that Logistic Regression (LR) and Gradient Boosting (GB) performed better than the other models in every configuration. As evidenced by its high recall, GB was best at detecting positive cases, although LR was superior in accuracy, precision, and AUC. Random Forest (RF) also did well, especially in recall, but its overall performance was constrained by its lower precision when compared to LR. AdaBoost performed the worst, and SVM had trouble with low recall. For gallstone prediction and additional assessment, models that prioritized recall with balanced criteria, such as precision and F1-score, were preferred.

The study evaluated four model configurations—Baseline, Heatmap-based, ANOVA F-score, and Mixed—to explore the effect of feature selection on model performance in predicting gallstone disease. All configurations used 5-fold cross-validation, ensuring robust and reliable performance estimation across the dataset. Among the models tested, Logistic Regression (LR) emerged as the best performer overall, with the highest AUC values across all configurations. This model demonstrated excellent accuracy and precision, making it an ideal candidate for further interpretability analysis.

In terms of feature selection, the Mixed configuration, which combined ANOVA F-score and Heatmap-based selection, pro-

ML Model	Accuracy	Precision	Recall	F1 Score	AUC
RF	73.10	74.84	72.73	72.96	80.17
SVM	47.07	53.51	37.27	35.62	49.18
GB	70.83	75.32	62.73	67.91	78.91
LR	72.18	75.75	66.36	70.21	78.09
AB	70.87	74.53	63.64	68.13	75.99
DT	65.92	64.29	70.91	67.09	66.05
BC	66.81	70.05	58.18	62.74	74.91

TABLE I

PERFORMANCE METRICS ON THE **BASELINE** CONFIGURATION

ML Model	Accuracy	Precision	Recall	F1 Score	AUC
RF	59.64	59.80	60.00	59.39	66.73
SVM	64.54	69.09	53.64	59.55	69.43
GB	66.85	69.72	63.64	65.71	70.56
LR	69.51	71.37	64.55	67.50	72.02
AB	61.87	60.75	62.73	61.60	65.85
DT	61.84	62.35	57.27	59.19	61.86
BC	64.11	65.89	58.18	61.37	69.39

TABLE III

PERFORMANCE METRICS ON THE **ANOVA F-SCORE** CONFIGURATION.

ML Model	Accuracy	Precision	Recall	F1 Score	AUC
RF	58.77	59.64	57.27	58.01	62.81
SVM	65.01	69.87	54.55	60.34	66.63
GB	59.65	60.98	57.27	58.72	67.66
LR	66.34	66.28	64.55	65.30	69.08
AB	64.11	65.56	61.82	63.23	65.74
DT	57.81	58.25	56.36	56.80	57.85
BC	60.56	63.60	54.55	57.69	64.03

TABLE II

PERFORMANCE METRICS ON THE **HEATMAP-BASED** CONFIGURATION.

ML Model	Accuracy	Precision	Recall	F1 Score	AUC
RF	64.60	67.39	61.82	63.54	67.08
SVM	64.54	69.09	53.64	59.55	69.43
GB	66.85	69.72	63.64	65.71	70.52
LR	69.51	71.37	64.55	67.50	72.02
AB	61.87	60.75	62.73	61.60	65.85
DT	65.00	66.52	60.91	63.05	65.02
BC	65.01	69.11	55.45	60.91	68.43

TABLE IV

PERFORMANCE METRICS ON THE **MIXED** CONFIGURATION.

duced the most balanced and comprehensive performance across the models. This configuration allowed for a more varied spread of results, demonstrating the power of integrating multiple selection techniques to retain both highly correlated and statistically significant features. Figure 2 revealed that key features like Total Body Fat Ratio (TBFR), Extracellular Water (ECW), and Bone Mass (BM) were the most influential in determining the predictions, with TBFR contributing the most to the model's decision-making process.

Figure 3 confirms these findings, illustrating how changes in feature values impacted the predictions. For instance, Extracellular Water (ECW) and Total Body Water (TBW) showed positive correlations with gallstone risk, meaning higher values increased the likelihood of a positive diagnosis. Conversely, features like Lean Mass (LM) showed an inverse relationship, where higher values correlated with a reduced risk of gallstones.
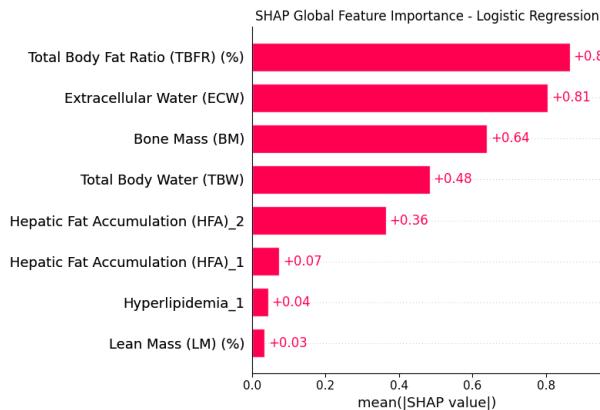

Fig. 2. SHAP Global Feature Importance Bar Plot for LR

Figure 4 shows a LIME instance on a positive sample observation from the Logistic Regression (LR) model's test set. The model predicted the sample as positive for gallstone disease (GSD) with a 56% probability. The Extracellular Water (ECW) feature and Bone Mass (BM) were the most influential in determining the positive prediction, where lower values of ECW and BM contributed to the higher probability of a positive prediction. The model identified that the reduced ECF/TBW ratio and Bone Mass values were indicative of an increased risk for gallstones, reinforcing the role of these features in identifying patients at risk.

In contrast, Figure 5 shows a LIME instance on a negative sample observation with 96% confidence predicting the absence of gallstones. In this case, the model highlighted higher levels of Extracellular Water (ECW), Bone Mass (BM), and Total Body Water (TBW), which were considered protective features against the disease. These features, with higher values, contributed significantly to the model's decision for a negative diagnosis. The Total Body Fat Ratio (TBFR) also played a minor role in reducing the likelihood of GSD, as indicated by its influence on the model's output.

Gallstone disease (GSD) was found to be significantly predicted by parameters including Extracellular Water (ECW), Bone Mass (BM), and Total Body Water (TBW), according to interpretability assessments conducted on the Logistic Regression (LR) model utilizing SHAP and LIME. In particular, lower BM and ECW values were associated with a higher risk of GSD, demonstrating the clinical use of these characteristics in determining GSD risk. The model's decision-making process was better understood because of the insights from SHAP and LIME, which increased confidence in the model's predictions. The results show that Logistic Regression, enhanced with SHAP and LIME, provides an efficient and comprehensible method for predicting GSD risk by elucidating the influence of these factors both locally (for individual instances) and globally (over the entire dataset).

CONCLUSIONS AND RECOMMENDATIONS

This study evaluated the predictive accuracy of a selection of machine learning algorithms for GSD using various physiolog-
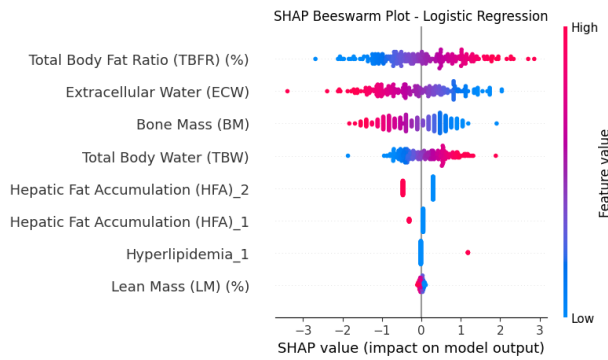
Fig. 3. Beeswarm Plot for LR

Fig. 4. LIME Output with LR on a positive sample

Fig. 5. Lime Output with LR on a negative sample

ical and clinical characteristics. Specifically, the study aimed to address the scarcity of research on interpretable gallstone prediction models and enhance transparency in model decision-making by incorporating explainable AI techniques, such as SHAP and LIME. All assessed models, with scores ranging from 70% to 80% across all recorded criteria, performed moderately well. The Gradient Boosting model yielded the best predictive performance in the context of the study's goal, presenting the highest recall at 75% whilst balancing the other metrics. SHAP and LIME augmentations provide transparent insights into feature contributions, reinforcing clinical interpretability and further supporting this. These findings are highly indicative of the effectiveness of data-driven tools in facilitating early diagnosis and personalized risk assessment, thereby making strides toward improved patient management.

Future studies should consider expanding the dataset size and diversity through relevant means, such as collecting data from multiple centers, to improve model generalizability and robustness further. Researchers may employ different feature engineering approaches by incorporating advanced data, such as imaging data, genetic markers, or longitudinal clinical measurements, which can reveal deeper patterns. Additionally, various pre-processing measures should be taken into consideration to improve model performance in conjunction with the diverse dataset. In terms of modeling, future studies should consider a different pool of models accompanied by additional ensemble and stacking techniques. Lastly, researchers may consider further external validation of the models through independent assessments or prospective trials aimed at testing their clinical utility and decision-making impact.

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