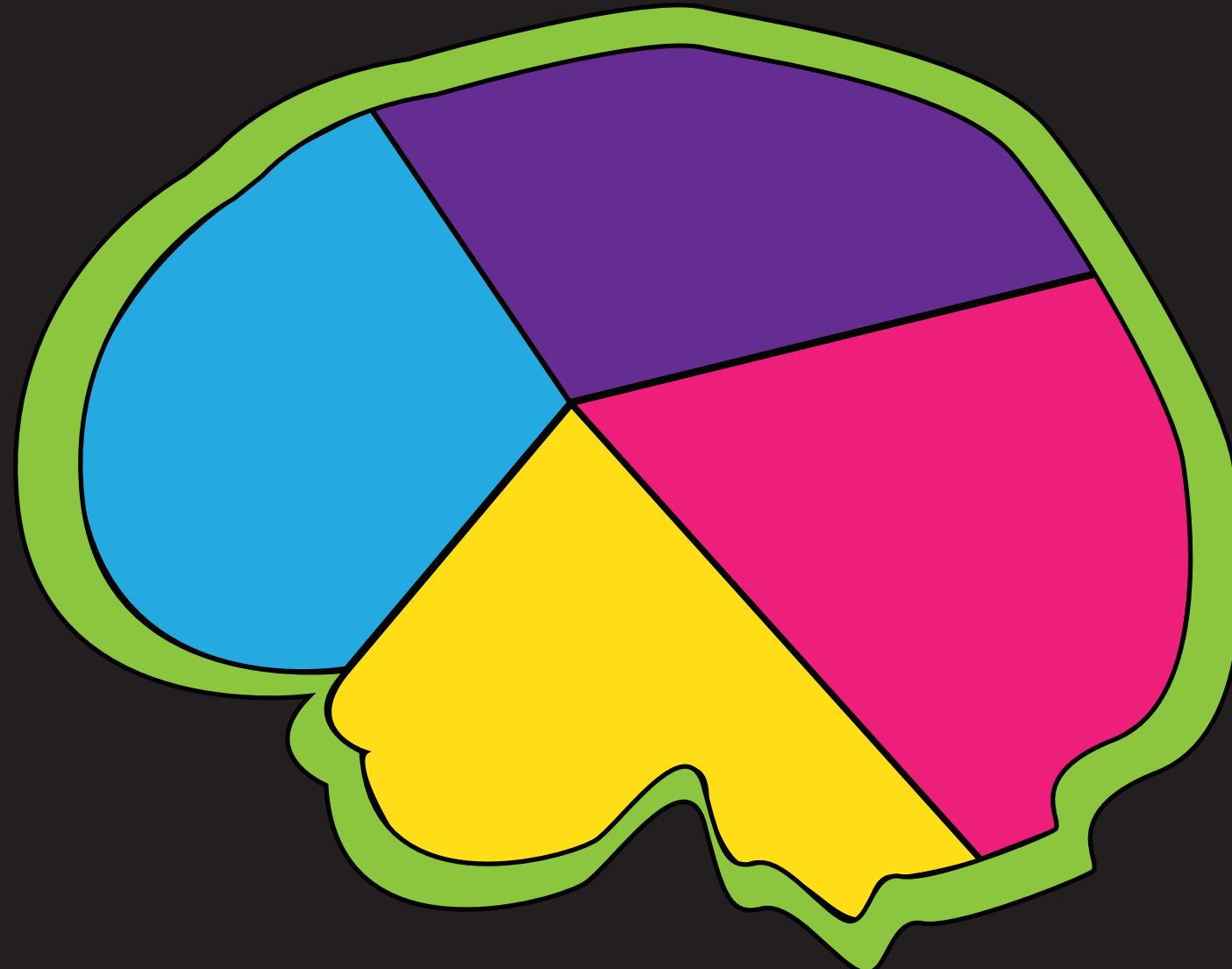


THE BRAIN PROJECT

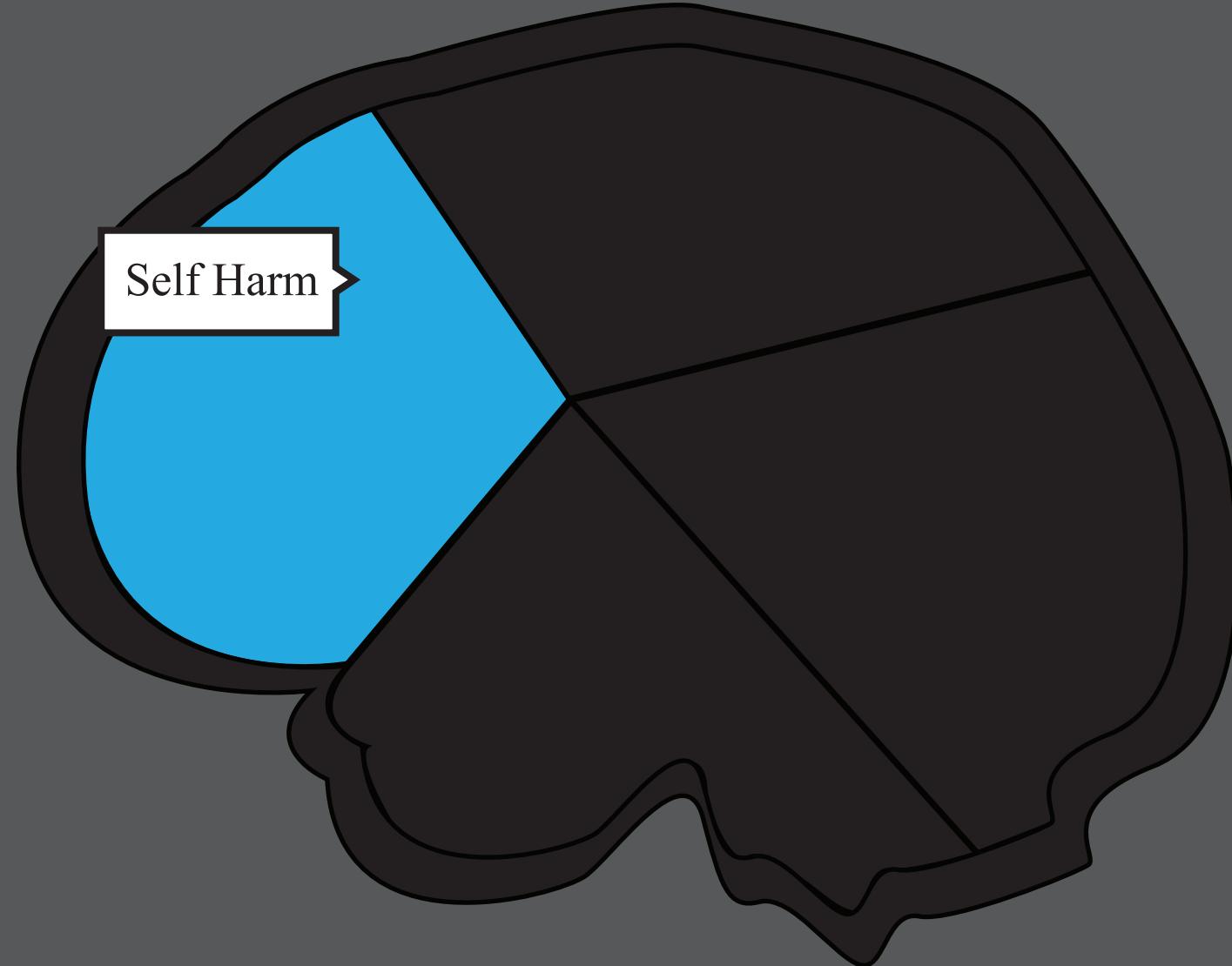
VERSION 1.0

KRISTIN BELL AND JAMES FOTHERINGHAM

SUMMER FULL STACK 2020



SELF-HARM



SELF-HARM

Home

Depression

Anxiety

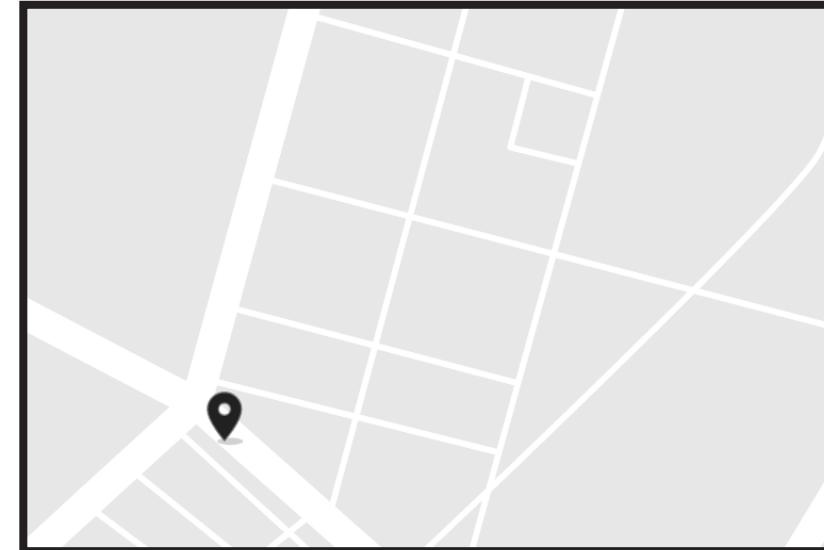
Loneliness

About

What is this about?

This page is a portal for resources where people can find help for dealing with self-harm. The user clicks on a type of resource and it will locate the resources on a map and provide contact info.

The top of the page is flagged as “Self-Harm” and below that is the menu bar that will return users to any of the other sections.



Dr. Sarah Cobb
1234 Some Address
Suite 450
Portland, OR 97201

Phone: 503-222-2222
Email: sarahc@cobb.com
Website: cobb.com

Therapists

Shelters

Hospitals

Rehab

Urgent Care

Placeholder

DEPRESSION



DEPRESSION

[Home](#)[Self-Harm](#)[Anxiety](#)[Loneliness](#)[About](#)

What is this about?

This page is a feed with funny gifs and memes. It is meant to provide distraction and redirect the depressive emotions the person is having. We might also add other distraction aspects like tips on meditation. We will have information about how distraction is one tool in a toolbox for dealing with depression.

The top of the page is flagged as “Depression” and below that is the menu bar that will return users to any of the other sections.

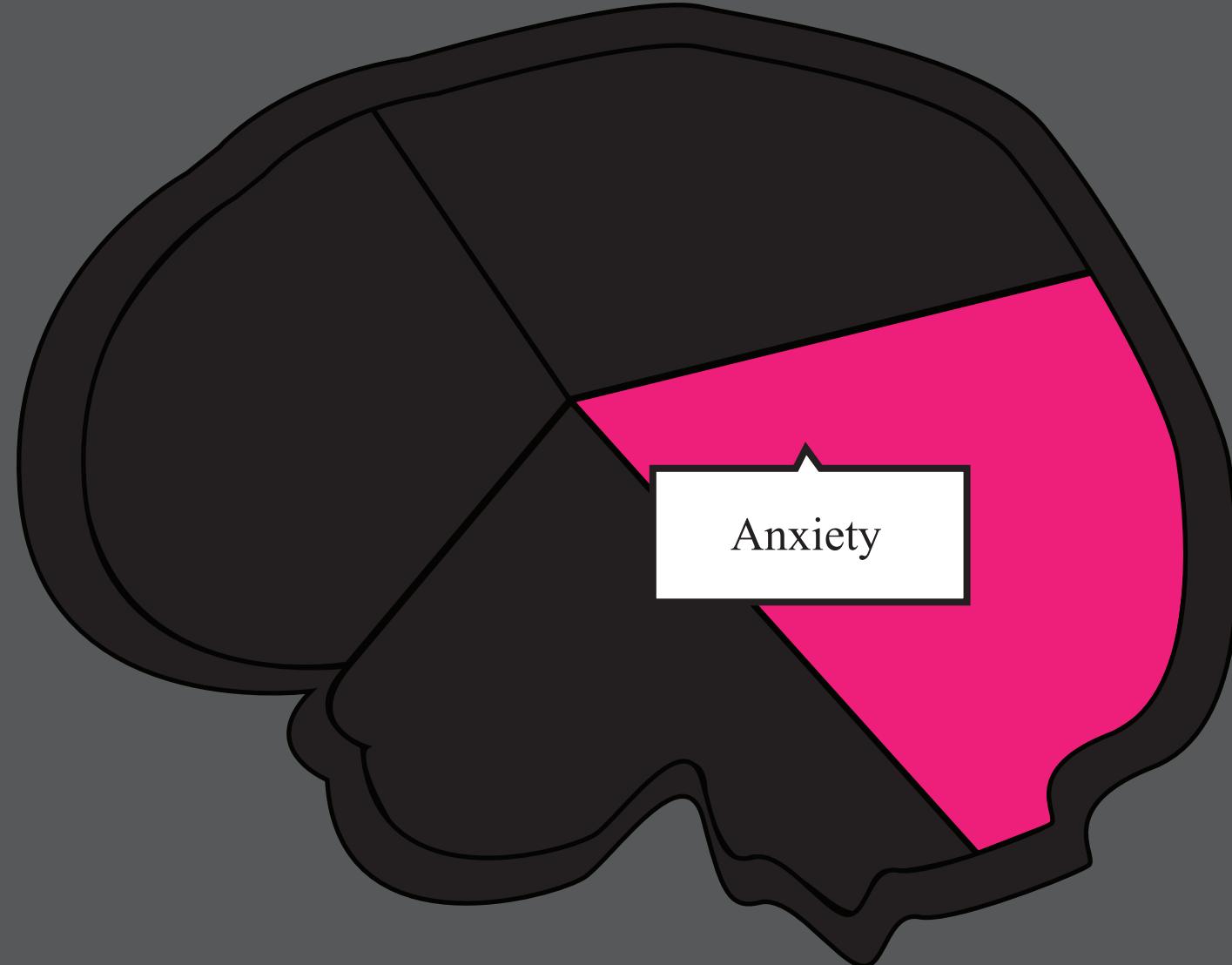
Distraction Feed: Memes/Gifs



Distraction Feed: Meditation/Yoga



ANXIETY



ANXIETY

Home

Self-Harm

Depression

Loneliness

About

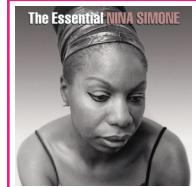
What is this about?

This page has a link to the Spotify API to allow users to engage with music in order to quell anxiety.

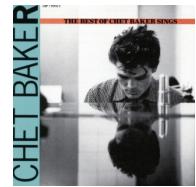
The top of the page is flagged as “Anxiety” and below that is the menu bar that will return users to any of the other sections.

Spotify Playlist

Playlists



Song Name: Mississippi Goddam
Artist: Nina Simone
Link: ninasimone.com



Song Name: My Funny Valentine
Artist: Chet Baker
Link: NA

LONELINESS



LONELINESS

[Home](#)[Self-Harm](#)[Depression](#)[Anxiety](#)[About](#)

What is this about?

This page is a discussion board so people can connect.

The top of the page is flagged as “Loneliness” and below that is the menu bar that will return users to any of the other sections.

Login/Sign Up

Username:

Password:

[Submit](#)[Reset/Forgot Password](#)

Discussion Board

Start a New Topic Here

Write what you like here.

[Submit](#)

Topic: I'm feeling depressed and I don't know why

3 Replies / 1 Unread

[Read](#)

Topic: I have no friends.

8 Replies / 3 Unread

[Read](#)

Topic: Have you ever tried Celexa?

4 Replies / 4 Unread

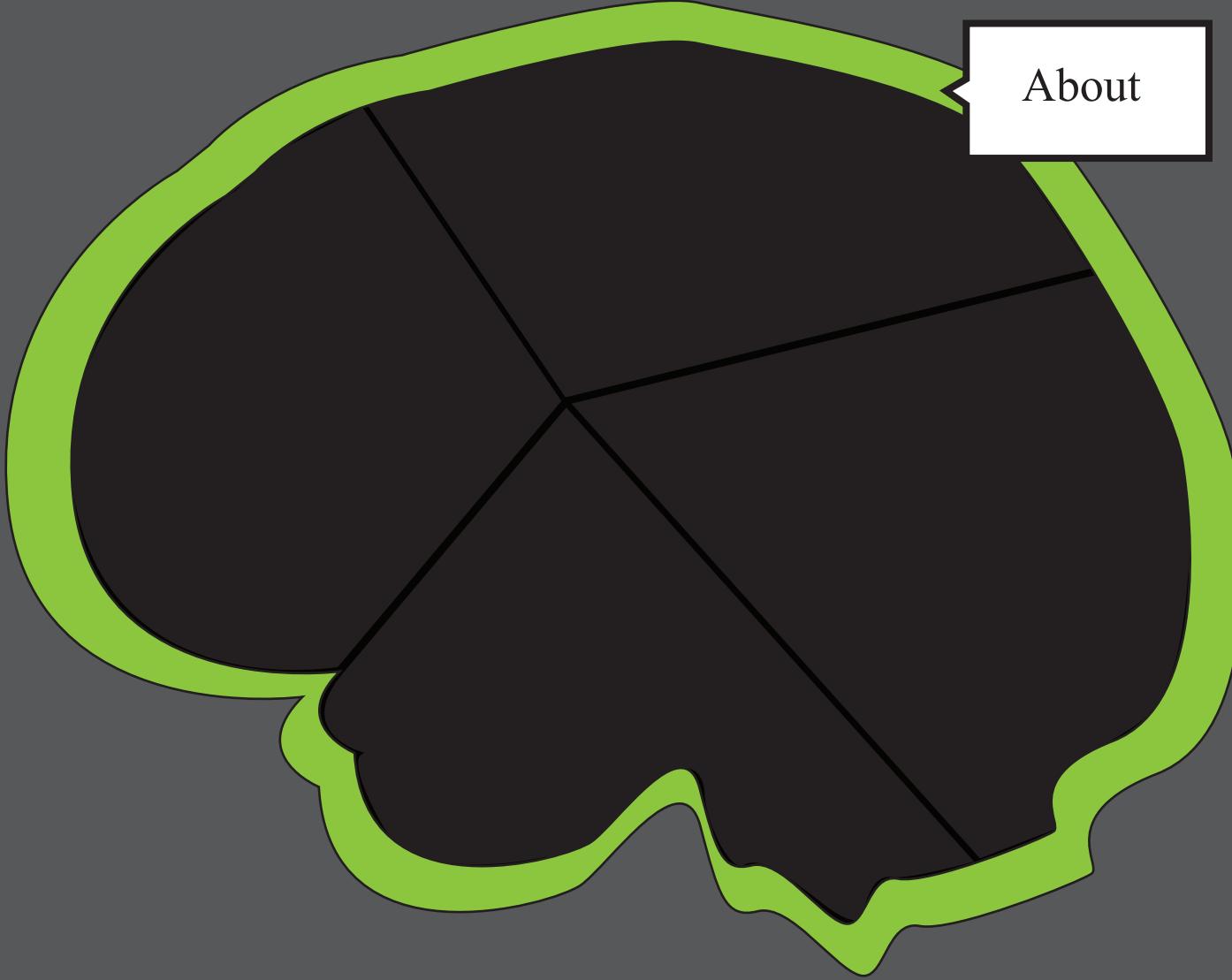
[Read](#)

Topic: My roommate just vomited all over the floor and I just can't be with them anymore!

27 Replies / 2 Unread

[Read](#)

ABOUT



About

ABOUT

[Home](#)[Self-Harm](#)[Depression](#)[Anxiety](#)[Loneliness](#)

Meet Your Makers!



James Fotheringham

Lore ipsum dolor sit amet, consectetuer adipiscing elit, sed diam nonummy nibh euismod tincidunt ut laoreet dolore magna aliquam erat volutpat. Ut wisi enim ad minim veniam, quis nostrud exercitiation ullamcorper suscipit lobortis nisl ut aliquip ex ea commodo consequat. Duis autem vel eum iriure Lorem ipsum dolor sit amet, consectetuer adipiscing elit, sed diam nonummy nibh euismod tincidunt ut laoreet dolore magna aliquam erat volutpat. Ut wisi enim ad minim veniam, quis nostrud exercitiation ullamcorper suscipit lobortis nisl ut aliquip ex ea commodo consequat. Duis autem vel eum iriure



Kristin Bell

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Why this Project?

Kristin began a similar project idea for her graphic design class, but the code was never implemented. She came up with the idea, because she has a mental illness, and she knows that there are very few resources available for people who are struggling. Surely we should leverage technology to help people out. James was super kind and got on board with the idea, and we pared down some of the aspects in order to condense it into something more doable in the time frame of the class. This is essentially a starter project, because time is limited. The main concept is that the user follows a particular brain path to engage in an activity that will help them deal with different aspects of their mental illness. If this was a real-world project we'd probably need to make disclaimers and run everything by a legal expert.

Contact Form

Name:

Email:

Message:

[Send](#)

Tech Stack

Front End

HTML

CSS

Javascript

React

Vue

Back-End

Node.js

Express

MongoDB?

SQLite?

API's



Spotify®



imgur



- Free to use.
- Returns metadata about artists & tracks.
- Can access Playlist information.
- Can retrieve album art.



- Basic Embed API is free to use.
- More advanced features cost money.
- Basic search/directions/information about a location are free. Might be enough?



- Free to use.
- Can retrieve images from an album.
- Can make post requests to album.