



INTRODUCTION

A dedicated and experienced Content Writer with a proven track record of six years in the field of interest, writing and exploring. I am currently pursuing an internship at Bharati Vidyapeeth Dental College and Hospital while actively engaged in Dental Research.

I Possess a strong command of the written word, and With a proven track record of six years in content creation, including **four years of dedicated professional writing.**

I have crafted engaging content for renowned publications such as the **Times of India, Hindustan Times, The Pioneer**, etc., and Websites such as **Kolkata Buzz, ZEE News, Literary Mirror, and Bangalore Times**. My passion for storytelling is evident in my forthcoming Hindi poetry collection and English Novel I am working on in which the former one is going to hit the market soon. I am actively engaged in ***dental research and preparing an article for the same.***

I have contributed to the practice of **Dr. Akshay Deshmukh**, a renowned specialist in the field of PANKHKARMA and Herbal Medicine. My role included **developing initial content for the doctor's website.** Dr. Deshmukh has notably served as the primary consultant for two Olympic athletes.

With a deep-rooted interest in literature and a keen eye for detail, I am eager to leverage my skills to create compelling and impactful content.

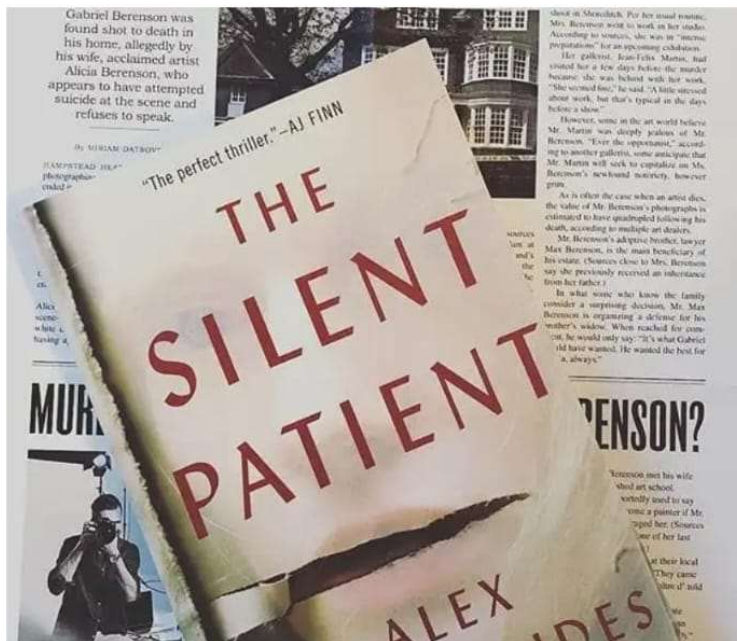
WHY YOU SHOULD HIRE ME?

My enduring interest in writing has cultivated a wealth of experience within this field. The act of writing has been a source of both strength and motivation for me, serving as an outlet for inspiration, thoughts, and emotions. I believe in the importance of a comprehensive approach, incorporating diverse elements to create well-rounded content. While I am eager to explore and write about a wide range of subjects, I am equally committed to continuous learning. I believe encountering unfamiliar subjects presents an opportunity for growth, as I get into new topics to produce the highest quality work. My passion for exploring different genres and niches allows me to approach each subject with enthusiasm and versatility.

NEWS MEDIA and FEATURES

1. https://drive.google.com/drive/folders/1r7EI46t9_hJTylIYkG29iSBy82XM2aHM
2. <https://theliterarymirror.in/the-sovereignty-of-silence-shines-through-this-gripping-novel/>





The Sovereignty Of Silence Shines Through This Gripping Novel

Book: [The Silent Patient](#)

Author: [Alex Michaelides](#)

Publisher: [Orion](#)

Pages: 352

Price: ₹197

Book Reviewer: K. Komal

"At least, that's what they say she did. For her part, Alicia Berenson isn't saying anything."

That's how Theo Faber a Criminal Psychotherapist came to know about Alicia Berenson and decided to treat her. It is hard to say whether this is the story of Alicia Berenson or Theo Faber.

About the Reviewer

A final year medical student K. Komal, has impeccable writing skills since her early school days, which naturally fits her persona. She keeps a balance between her academia and her passion. She has won many awards in writing competitions. She has been a part of the anthology *Fragrance of Life* by Bigfoot Publication. She has worked as an editor and compiler. Her work's been appreciated by a Telugu editor who introduced her in his Newspaper "Punnami Daily." Apart from her literary prowess, she is a National Level Basketball Player.



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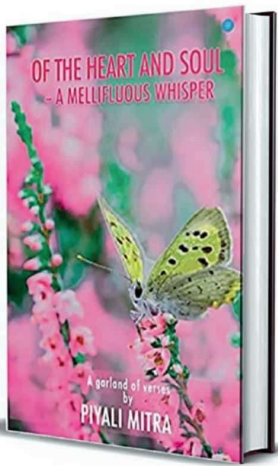
1,819 thoughts on "The sovereignty of Silence Shines through this Gripping Novel"



WHAT'S HOT

A BOUQUET OF VARIED EMOTIONS

Poetries have shaped our existence in several ways. The words and utterances stick with us long after we have finished that last stanza of the poem. Poetry broadens our conception of the world; they shape our beliefs and mould emotions. *Of The Heart And Soul* is a neutral set of blowing verses that you can easily get lost in. The way Piyali Mitra, being a researcher in philosophy and bioethics, has assembled them in an internally-intimate way is adorable. Poetries have always swirled around love and nature but this book reflects how these two are correlated, moreover, fixed together without any proper statement in the literature. With each repetition and analogy, the book is engaging and winning.



Book: *Of The Heart And Soul*
Author: Piyali Mitra
Publisher: Bluerose Publishers
Price: ₹197
Pages: 50

Updates

Jugran writes to Union minister for establishment of National Centre for Himalayan Glaciology

Alleges that apathy of WIIHG officials hampered establishment of vital centre in U'khand

Shimla—A letter from the Uttarakhand government to the Union Minister for Environment, Forest and Climate Change, asking for the establishment of a National Centre for Himalayan Glaciology, has been received by the Uttarakhand government. The letter, dated July 15, 2021, was sent by the Uttarakhand government to the Union Minister, asking for the establishment of a National Centre for Himalayan Glaciology. The letter also mentions that the Uttarakhand government has been trying to establish this centre since 2015, but it has not been successful due to the apathy of the WIIHG officials.

UPES faculty felicitated for contributing to education & research

Dehradun—A group of faculty members of the Uttarakhand Pradesh Education Society (UPES) were felicitated for their contribution to education and research. The felicitation ceremony was held at the UPES campus in Dehradun. The faculty members were praised for their dedication and hard work in the field of education and research.

Vaibhav Gupta lays out the directions to happiness

Dehradun—Vaibhav Gupta, author of the book *Happiness: How, When & Why*, has laid out the directions to happiness. The book is a guidebook for improving the meaning of how, when and why to be happy. Gupta explains that happiness is not just a feeling, but a state of mind. He also mentions that happiness is not something that can be achieved overnight, but it is a journey that requires patience and perseverance.

Rise in tourism fuels traffic congestion in Rishikesh

Rishikesh—The rise in tourism in Rishikesh has led to a significant increase in traffic congestion. The city, which is a popular tourist destination, is now facing a major traffic problem. The increase in traffic has led to long delays and frustration for the residents and visitors alike. The Uttarakhand government is now looking for ways to manage the traffic and improve the infrastructure of the city.

Maharshi Kashyap Jayanti to be celebrated with fervour

Dehradun—The Maharshi Kashyap Jayanti, the birth anniversary of Maharshi Kashyap, will be celebrated with great fervour in Dehradun. The celebration will include various programmes and activities, including a religious discourse, a cultural programme, and a yoga session. The Uttarakhand government is also planning to organise a large-scale celebration in the city.

No respite forecast from rising heat in plains

Dehradun—The weather in the plains of Uttarakhand is expected to remain hot for the next few days. The temperature is likely to rise further, and there is no respite forecast from the rising heat. The Uttarakhand government is advising the people to take necessary precautions to avoid the heat. They are also planning to provide relief camps for the people who are affected by the heat.

Coming 5 years to be golden period for U'khand- Dhami

Dehradun—The next five years are expected to be a golden period for Uttarakhand. The state is planning to implement various development projects, including the construction of roads, bridges, and schools. The Uttarakhand government is also planning to launch a series of initiatives to improve the economy and the quality of life of the people. The state is confident that these efforts will lead to a bright future for Uttarakhand.

Vaibhav Gupta lays out the directions to happiness

PNS ■ DEHRADUN

For those interested in the self-help genre, *Happiness* by Vaibhav Gupta is a book that extends paths to empirical emotional growth with narrative tales, carefully elucidated exploration and realistic models.

The book takes care of the various aspects of emotions surrounding the word happiness. It can be paraphrased as a pattern of happiness. The author talks about understanding happiness, accepting it in your way and adding significance to it.

Vaibhav Gupta explains, "What can every person do to be happy is a complicated question. This is where self-image, decisions, education, analysis, behaviour, beliefs and understanding come together to allow us to experience happiness. At its core, it's about self-confidence and acceptance." Being young,



Vaibhav Gupta

the author understands this generation better and also understands the misconception of happiness. He has laid out a guidebook for improving the meaning of how, when and why to be happy.

The book affirms that one can change how one thinks about his or her own self.