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**Product description:** Design a wearable bio-feedback device.

Aim: Measure and transmit data of "vital signs" to a Smartphone or a VR Headset.

**Abbreviation Used:** S = Serial No., Lvl = Level, M = Measurable, O = Observable, NA = Neither measurable nor Observable, VR = Virtual Reality.

"The device" or "device" points to the wearable bio-feedback device.

| S | Lvl | Lvl  | Requirements   | Type |
|---|-----|------|--|------|
|   |     |      | It shall support at least 2 modes.   |      |
| 1 | LO  |      | 1. VR mode – Data transmission rate will be higher to calibrate user           | М    |
| Т | LU  |      | experience during VR playback or gaming.                                       |      |
|   |     |      | 2. Normal/Standby mode (NMode) – When VR headset is not in use.                |      |
|   | L   | L1.1 | In Normal mode rate of transmission and data monitoring should happen at       | М    |
|   |     |      | every 10 min.  | 141  |
|   |     | L1.2 | VR Mode should increase the rate of transmission and data monitoring to 1s.    | М    |
|   |     | L1.2 | VR headset will use the data to configure the display and show notifications.  | 141  |
|   |     | L1.3 | In both of the modes, user should have freedom to choose which vital sign he/  | М    |
|   |     |      | she want to monitor.   |      |
|   |     | L1.4 | User shall be able to start a new VR session through mobile application.       | М    |
| 2 | L0  |      | Other than modes in S1, it should support custom mode.                         | М    |
|   |     | L1.1 | User should be allowed to start a custom session with configuration of his/her | М    |
|   |     |      | choice.  |      |
| 3 | L0  |      | It shall measure heart beat in beats per minute.                               | М    |
|   |     | L1.1 | Upper bound of the heart rate shall be 210 beats per minute.                   | М    |
|   |     | L1.2 | Lower bound of the heart rate shall be 30 beats per minute.                    | М    |
|   |     | L1.3 | It shall provide the accuracy of ±10%.   | М    |
|   |     | L1.4 | Heart rate display precision shall be 1 beat per minute.                       | М    |
|   |     | L1.5 | In Normal Mode (NMode), it should measure heart beat at interval of 10mins.    | М    |
|   |     | L1.J | In VR Mode, it should measure heart beat at interval of at least 1s.           | IVI  |
|   |     | L1.6 | User should be able to disable the automatic heart beat monitoring. He/ She    | М    |
|   |     | L1.0 | should be allowed to measure the heart beat wherever he/ she wants to check.   | 171  |
|   |     | L1.7 | Automatic heart rate data monitoring will be enabled by default.               | М    |
|   |     | L1.8 | User should be able to check the heart beat on request.                        | М    |
|   |     | L1.9 | User should be able to switch to per day, per week mode for data display.      | М    |
| 4 | L0  |      | It shall measure temperature of the user.                                      |      |
|   |     | L1.1 | It shall allow unit selection through APP and VR Headset.                      | М    |
|   |     | L1.2 | It should provide display precision of 0.1 °C and 0.1 °F                       | М    |
|   |     | L1.3 | It should provide accuracy of ± 0.2 °F.  | М    |
|   |     | L1.4 | User should be able to check temperature on request.                           | М    |
|   |     | L1.5 | Automatic temperature measurement should happen at interval of 1 hr.           | М    |

|    |    | L1.6 | User shall be able to disable automatic temperature measurement.                       | М   |
|----|----|------|--|-----|
|    |    | L1.7 | User should be able switch to per day, per week mode for data display.                 | М   |
|    |    |      | It shall measure calories burnt.   |     |
| _  | 10 |      | Aim: It will motivate users to use the device more frequently. They can track          | N 4 |
| 5  | LO |      | calories burnt during their activities while using the device or while playing         | M   |
|    |    |      | games on the VR headset.   |     |
|    |    | L1.1 | Mobile app should keep the track of calory burn per hour.                              | М   |
|    |    | L1.2 | User can switch to per day, per week mode for data display for calories burnt.         | М   |
|    |    | L1.3 | It should have display precision of 1 calory.  | М   |
|    |    | L1.4 | It shall have measurement accuracy of ±20%.  | М   |
| 6  | LO |      | It shall measure number of steps taken by user.  | М   |
|    |    | L1.1 | It should have display precision of 1 step.  | М   |
|    |    | L1.2 | It shall have accuracy of ± 20 steps.  | М   |
|    |    | L1.3 | User should be allowed to disable the step monitoring through mobile app.              | М   |
| 7  | LO |      | It shall measure the blood oxygen levels.  | М   |
|    |    | L1.1 | It shall be displayed in %.  | М   |
|    |    | L1.2 | It shall have the display precision of 1%.   | М   |
|    |    | L1.3 | Users shall be given clear instruction on how to measure blood oxygen level            | Ν.4 |
|    |    | L1.5 | manually.  | M   |
|    |    | L1.4 | Device should be able to measure the blood oxygen level automatically at every         | М   |
|    |    | L1.4 | one hour.  | IVI |
|    |    | L1.5 | User should be able to disable the automatic monitoring of blood oxygen level.         | М   |
|    |    | L1.6 | User shall be given a disclaimer about accuracy of the data. Source: <u>Link</u>       | М   |
| 8  | LO |      | It shall measure breathing rate of the user.   | M   |
|    |    | L1.1 | It shall be displayed in breaths per minute.   | M   |
|    |    | L1.2 | It shall provide a display precision of 1 breath per min.                              | М   |
|    |    | L1.3 | It should provide an accuracy of ±5 breaths per min.                                   | M   |
|    |    | L1.4 | It should monitor breathing rate automatically at every one hour.                      | M   |
|    |    | L1.5 | User shall be able to disable automatic monitoring of breathing rate.                  | M   |
| 9  | LO |      | It shall have accelerometer and gyroscope.   | М   |
|    |    | L1.1 | Device shall be calibratable.  | M   |
|    |    | L1.2 | User shall be given instruction to calibrate the device in the owner's manual.         | М   |
|    |    | L1.3 | Default calibration data shall be stored on the device memory.                         | M   |
|    |    | L1.4 | User shall be able to factory reset the calibration parameters.                        | М   |
| 10 | LO |      | It shall give notification to user if vitals are crossing min and max threshold, or if | М   |
| 10 | LU |      | any other irregularities are found.  | IVI |
|    |    | L1.1 | It should be able to push notifications to VR headset and Mobile app.                  | М   |
| 11 | LO |      | It shall consider fashion statement while designing the band and the main unit         | 0   |
| 11 | LU |      | of the device.   | J   |
|    |    | L1.1 | Band and main unit should be detachable to provide customization to users.             | М   |
|    |    | L1.2 | Color options should be available.   | М   |
|    |    | L1.3 | Colors to be decided along with design team.   | 0   |

|    |    | L1.4 | User should be able to wear this device in applications other than VR.   | 0 |
|----|----|------|--|---|
| 12 | LO |      | It shall be worn on head and around neck.  | М |
|    |    | L1.1 | Packaging should be considered for usage on both head and around neck.   | М |
| 13 | LO |      | It shall be water, sweat and dust resistant.   | М |
|    |    | L1.1 | It shall be washable.  | 0 |
|    |    | L1.2 | It shall be IP6X compatible.   | М |
| 14 | LO |      | It shall have Bluetooth and Wi-Fi to support connectivity and Data transmission.   | М |
|    |    | L1.1 | It shall be able to establish two-way communication between mobile App and VR headset.   | М |
|    |    | L1.2 | It should have cellular connection support.  | М |
|    |    | L1.3 | It should be able switch to a protocol which is faster/stronger during a particular activity. By default, Wi-Fi shall have priority.     | М |
| 15 | LO |      | Battery shall last up to 5 hrs. in VR mode, up to 15 hrs. in Normal Mode   | М |
|    |    | L1.1 | It should take 1 hr. to charge up to 50% of the battery.   | М |
|    |    | L1.2 | Battery weight to body ratio should not be more than 3/20.   | М |
| 16 | LO |      | It shall provide software updates over the air.  | М |
|    |    | L1.1 | User shall be able to check for updates on Mobile App.   | М |
|    |    | L1.2 | User shall get push notification on mobile app if updates are available.   | М |
|    |    | L1.3 | User should get notification of software update in VR, if VR headset is connected.   | М |
| 17 | LO |      | It shall process the data onboard before the transmission to VR headset or App.  | М |
|    |    | L1.1 | Data latency should not be more than 1 secs.   | М |
| 18 | LO |      | It shall protect user privacy through data encryption during data transmission.  | М |
|    |    | L1.1 | There should not be any impact on data latency due to the encryption.  | М |
| 19 | L0 |      | Device shall offer at least 8 GB on device memory.   | М |
|    |    | L1.1 | It should offer memory upgrades of 16GB, 32 GB.  | М |
|    |    | L1.2 | User should be allowed to push the data to cloud service of their choice.  | М |
| 20 | LO |      | Device shall be safe to use in different conditions like gameplay, outdoor wearing (fashion statement to be considered), watching movie. | 0 |
|    |    | L1.1 | It shall work without any functional loss between 0 and 35 ° C.  | М |
|    |    | L1.2 | It should work without functional loss if temperature is below 0 °C and above 35° C for 5 mins.  | М |
|    |    | L1.3 | There should not be any data loss if temperature is between -5°C to 45°C   | М |
| 21 | LO |      | Once paired with VR headset, it shall be able to provide haptic feedback based on the scenes user is experiencing.                       | М |
| 22 | LO |      | It shall be charged through C-type charging cable.   | М |
|    |    | L1.1 | It should have LED to indicate charging and charged states.  | М |
|    |    | L1.2 | The charging cable shall be detachable from the adaptor.   | М |
|    |    |      | Additional features for premium pack   |   |
| 23 | LO |      | Once paired with mobile phone, it should allow user to receive calls.  | М |
|    |    | L1.1 | User should be allowed to configure if calls are accepted through VR headset or the device.  | М |

| 24 | LO |      | It should have mini-speakers and a microphone.   | М |
|----|----|------|--|---|
|    |    | L1.1 | Speakers should be used for taking calls and instruction transmission from VR headset. | М |
|    |    | L1.2 | Microphone should be used for taking calls.  | М |
| 25 | LO |      | It should have a button to accept calls.   | М |

Following literatures were reviewed to understand wearable devices while writing the requirements:

- 1. Wearable Design Requirements Identification and Evaluation: Link
- 2. Design checklist for wearable device: Link
- 3. Neck wearable: Link
- 4. Reflectance based oximeters: Practical issues and Limitations Link
- 5. Course materials