

QFT Notes

Kevin Roebuck

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1 Preface

The information here is largely taken from Dr. Paul Anderson's lectures and Dr. Eric Carlson's contributions to said lectures as well as his quantum mechanics textbook.

2 Class 1: March 19, 2021

2.1 Notation and general setup

We'll work with a neutral scalar field, ϕ , that is self-interacting. On top of this, we will stay in flat space and use the metric signature $(-, +, +, +)$. Generic coordinates will be denoted by x such that $x^\mu = (t, x, y, z)$ for $\mu = 0, 1, 2, 3$. The distinction between the generic coordinate x and $x^1 = x$ will generally be reliant on the context of the situation at hand. Regarding units, $c = 1$ will always be the case, while $\hbar = 1$ will only be the case most of the time.

The action is given by

$$S = \int d^4x \mathcal{L} = \int d^4x \left[\frac{1}{2} \eta^{\alpha\beta} (\partial_\alpha \phi) (\partial_\beta \phi) + \frac{1}{2} m^2 \phi^2 + V(\phi) \right], \quad (1)$$

where $\eta_{\alpha\beta} = \text{diag}(-1, 1, 1, 1)$ is the flat space Minkowski metric. Typically, the potential is a polynomial in ϕ . For example, a type of self-interaction in a scalar field is a quartic interaction

$$V(\phi) = \frac{\lambda}{4!} \phi^4, \quad (2)$$

where λ is a coupling constant. When using the variational principle, we will assume that

$$\frac{\delta \phi(x)}{\delta \phi(x')} = \delta(x - x') = \delta(t - t') \delta(\vec{x} - \vec{x}'). \quad (3)$$

The corresponding Euler-Lagrange equation of motion is a wave equation

$$\frac{\delta S}{\delta \phi} = 0 \quad \rightarrow \quad \square \phi - m^2 \phi - V'(\phi) = 0, \quad (4)$$

where $\square \equiv \partial_t^2 + \nabla^2$ is the d'Alembertian operator. The nonlinearity of this equation of motion implies self-interaction.

2.2 Vacuum persistence amplitude

In QFT, we will be looking at the vacuum persistence amplitude

$$\langle 0_- | 0_+ \rangle, \quad (5)$$

which is related to the probability that the vacuum stays a vacuum. Here, 0_- (0_+) is the in (out) vacuum state. The amplitude is given by

$$\langle 0_- | 0_+ \rangle = \int [d\phi] e^{iS[\phi]/\hbar}. \quad (6)$$

Heuristically, this means that we should take all possible real functions, ϕ , evaluate the action for each function, and then add them all up. How can we do this? The answer is that we will discretize the spacetime. For simplicity, let us imagine we are only in 2 dimensions (t, x) , so that at (t_i, x_j) , ϕ is given by $\phi_{i,j}$. The action can then be written as

$$S[\phi] = \sum_i \sum_j \left[\frac{1}{2} \left(\frac{\phi_{i,j} - \phi_{i-1,j}}{\Delta t} \right)^2 - \frac{1}{2} \left(\frac{\phi_{i,j} - \phi_{i,j-1}}{\Delta x} \right)^2 + m^2 \phi_{i,j}^2 + V(\phi_{i,j}) \right] \Delta x \Delta t. \quad (7)$$

With this in mind, the vacuum persistence amplitude takes the form

$$\langle 0_- | 0_+ \rangle = \int_{-\infty}^{\infty} \prod_k \prod_l d\phi(t_k, x_l) e^{iS/\hbar}. \quad (8)$$

Usually there will be some constants in the integrand as well, called the “measure.” The measure will act as a way of normalizing the integral. In the discrete case, this can be worked out (not too hard?), but to get to the continuous case, we need to take the limit as $\Delta \rightarrow 0$. The exponential oscillates all over the place as we vary ϕ . In the limit that $\hbar \rightarrow 0$, the oscillations will average out to zero, except where the action is minimized with respect to small changes in ϕ , i.e. the classical limit.

2.3 Time evolution operator and propagator

If we know that quantum state at t_0 , then the time evolution operator $U(t, t_0)$ gives us the state vector at a later time t according to

$$|\Psi(t)\rangle = U(t, t_0) |\Psi(t_0)\rangle. \quad (9)$$

The time evolution operator’s properties include

$$U(t_0, t_0) = 1, \quad (10)$$

$$U^\dagger(t, t_0) U(t, t_0) = 1, \quad (11)$$

$$U(t_2, t_1) U(t_1, t_0) = U(t_2, t_0). \quad (12)$$

If the Hamiltonian is constant, then

$$U(t, t_0) = e^{-iH(t-t_0)/\hbar}. \quad (13)$$

Now consider a similar situation in which we have a single spinless particle so that $|\vec{r}\rangle$ forms a basis for the state space. If we know the wave function at (\vec{r}_0, t_0) , then the wave function at (\vec{r}, t) is given by

$$\begin{aligned} \Psi(\vec{r}, t) &= \langle \vec{r} | \Psi(t) \rangle = \langle \vec{r} | U(t, t_0) | \Psi(t_0) \rangle = \int d^3\vec{r}_0 \langle \vec{r} | U(t, t_0) | \vec{r}_0 \rangle \langle \vec{r}_0 | \Psi(t_0) \rangle \\ &= \int d^3\vec{r}_0 K(\vec{r}, t; \vec{r}_0, t_0) \langle \vec{r}_0 | \Psi(t_0) \rangle, \end{aligned} \quad (14)$$

where the propagator (also called the kernel) is defined as

$$K(\vec{r}, t; \vec{r}_0, t_0) \equiv \langle \vec{r} | U(t, t_0) | \vec{r}_0 \rangle. \quad (15)$$

For a free particle in one dimension, $V(t, x) = 0$, the eigenstates and eigenvalues are

$$\phi_k(x) = \frac{1}{\sqrt{2\pi}} e^{ikx}, \quad (16)$$

$$E_k = \frac{\hbar^2 k^2}{2m}, \quad (17)$$

respectively. The propagator is then

$$\begin{aligned} K(x, t; x_0, t_0) &= \int \frac{dk}{2\pi} e^{ikx} e^{i\hbar k^2(t-t_0)/(2m)} e^{-ikx_0} \\ &= \frac{1}{2\pi} \int dk \exp [k(ix - ix_0) - i\hbar k^2(t - t_0)/(2m)] \\ &= \frac{1}{2\pi} \sqrt{\frac{\pi}{i\hbar(t - t_0)/(2m)}} \exp \left[\frac{i^2(x - x_0)^2}{4i\hbar(t - t_0)/(2m)} \right] \\ &= \sqrt{\frac{m}{2\pi i\hbar(t - t_0)}} \exp \left[\frac{im(x - x_0)^2}{2\hbar(t - t_0)} \right], \end{aligned} \quad (18)$$

wherein the integral was calculated using

$$\int_{-\infty}^{\infty} e^{-Ax^2 - Bx} dx = \sqrt{\pi/A} e^{B^2/(4A)}. \quad (19)$$

2.4 Feynman path integral formalism

It is hard to find K for large time differences, but easy for small differences. We can build up large ones out of many small ones. Consider the Hamiltonian in 1D,

$$H = \frac{P^2}{2m} + V(x, t). \quad (20)$$

We wish to solve

$$i\hbar K(x, t; x_0, t_0) = -\frac{\hbar^2}{2m} \frac{d^2}{dx^2} K(x, t; x_0, t_0) + V(x, t) K(x, t; x_0, t_0). \quad (21)$$

For short enough times, we expect V to change relatively little and K to be non-zero only near $x = x_0$, so let us estimate $V(x, t) = V(x_0, t_0)$. We'll skip the calculation here, but it can be shown (see page 178 of Dr. Carlson's book) that

$$K(x_1, t_1; x_0, t_0) = \sqrt{\frac{m}{2\pi i\hbar\Delta t}} \exp \left\{ \frac{i\Delta t}{\hbar} \left[\frac{m}{2} \left(\frac{x_1 - x_0}{\Delta t} \right)^2 - V(x_0, t_0) \right] \right\}. \quad (22)$$

Recall that the time evolution operator possesses the property

$$U(t_2, t_1)U(t_1, t_0) = U(t_2, t_0). \quad (23)$$

Then,

$$\begin{aligned} K(x_2, t_2; x_0, t_0) &= \langle x_2 | U(t_2, t_1) U(t_1, t_0) | x_0 \rangle \\ &= \int dx_1 \langle x_2 | U(t_2, t_1) | x_1 \rangle \langle x_1 | U(t_1, t_0) | x_0 \rangle \\ &= \int dx_1 K(x_2, t_2; x_1, t_1) K(x_1, t_1; x_0, t_0) \\ &= \frac{m}{2\pi i\hbar\Delta t} \int dx_1 \exp \left\{ \frac{i\Delta t}{\hbar} \left[\frac{m}{2} \left(\frac{x_1 - x_0}{\Delta t} \right)^2 - V(x_0, t_0) + \frac{m}{2} \left(\frac{x_2 - x_1}{\Delta t} \right)^2 - V(x_1, t_1) \right] \right\}. \end{aligned} \quad (24)$$

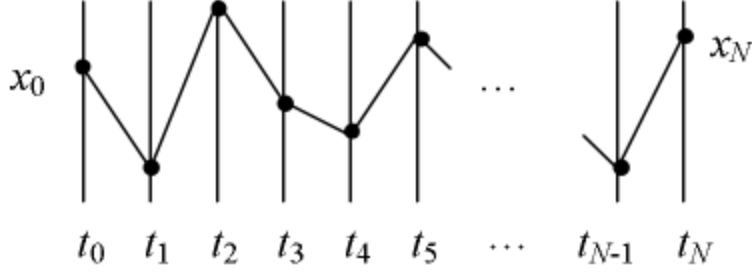


Figure 1: To find the propagator from x_0 to x_N , divide the time interval into many small steps, and consider all possible positions at each intermediate step.

If we iterate N times, to get it at time $t_N = t_0 + N\Delta t$, we get

$$K(x_N, t_N; x_0, t_0) = \left(\frac{m}{2\pi i \hbar \Delta t}\right)^{N/2} \int dx_{N-1} \dots \int dx_1 \exp \left\{ \frac{i}{\hbar} \sum_{i=0}^{N-1} \Delta t \left[\frac{m}{2} \left(\frac{x_{i+1} - x_i}{\Delta t} \right)^2 - V(x_i, t_i) \right] \right\}. \quad (25)$$

In the limit that $\Delta t \rightarrow 0$, we are considering all possible functions $x_i(t)$ that start at x_0 and end at x_N , an example of which is shown in Fig. 1. Let us now define the “functional integral,”

$$\int_{x_0(t_0)}^{x_N(t_N)} D[x(t)] \equiv \lim_{N \rightarrow \infty} \left(\frac{m}{2\pi i \hbar \Delta t}\right)^{N/2} \int dx_{N-1} \dots \int dx_1, \quad (26)$$

so that the propagator can be written as

$$K(x_N, t_N; x_0, t_0) = \int_{x_0(t_0)}^{x_N(t_N)} D[x(t)] \exp \left\{ \frac{i}{\hbar} \sum_{i=0}^{N-1} \Delta t \left[\frac{m}{2} \left(\frac{x_{i+1} - x_i}{\Delta t} \right)^2 - V(x_i, t_i) \right] \right\}. \quad (27)$$

In the limit that $\Delta t \rightarrow 0$, we see that the term in round parentheses is a derivative and that the inner sum is essentially an integral. With this in mind, and changing notation from $(x_N, t_N; x_0, t_0) \rightarrow (x_F, t_F; x_I, t_I)$, the propagator takes the form

$$\begin{aligned} K(x_F, t_F; x_I, t_I) &= \int_{x_I}^{x_F} D[x(t)] \exp \left\{ \frac{i}{\hbar} \int_{t_I}^{t_F} dt \left[\frac{1}{2} m \dot{x}^2 - V(x, t) \right] \right\} \\ &= \int_{x_I}^{x_F} D[x(t)] \exp \left\{ \frac{i}{\hbar} \int_{t_I}^{t_F} dt \mathcal{L}(\dot{x}, x, t) \right\} \\ &= \int_{x_I}^{x_F} D[x(t)] \exp \left\{ \frac{i}{\hbar} S[x(t)] \right\}. \end{aligned} \quad (28)$$

From this, we may rewrite one of the postulates of quantum mechanics:

When you do not perform a measurement, the state vector evolves according to:

$$i\hbar \frac{d}{dt} |\Psi(t)\rangle = H(t) |\Psi(t)\rangle,$$

where H is an observable.

When you do not perform a measurement, the state vector evolves according to:

$$\rightarrow |\Psi(t)\rangle = \int_{x_I}^{x_F} D[x(t)] \exp \left\{ \frac{i}{\hbar} S[x(t)] \right\} |\Psi(t_0)\rangle,$$

where $S[x(t)]$ is the classical action associated with the path $x(t)$.

This is all well and good, but why do all this? The Hamiltonian approach seems to work just fine and this form is really quite a handful to define, right? For one, the Lagrangian and action are considered more fundamental than the Hamiltonian, since the Hamiltonian is usually derived from the Lagrangian. Furthermore, the action is relativistically invariant, unlike the Hamiltonian. In QFT, it is far easier to work with the Lagrangian.

According to this new version of the postulate, to go from x_I to x_F , the particle take all possible paths. In terms of any ordinary dimensions, \hbar is very small, and hence the argument of the exponential will be a large imaginary number. If you change the path $x(t)$ even a tiny bit, the action will generally change and therefore the exponential will suddenly change its phase. As a result, integration over all paths results in lots of cancellations, except paths such that tiny changes produce no change in the action, that is

$$\frac{\delta S[x(t)]}{\delta x(t)} = 0. \tag{29}$$

This leading order approximation of small \hbar , called the “stationary phase approximation,” is none other than the classical path.