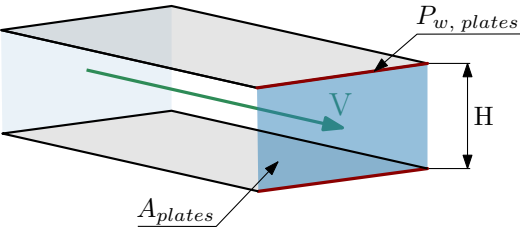


two parallel plates



$$L_{c, plates} = \lim_{W \rightarrow \infty} L_{c, rect} = \lim_{W \rightarrow \infty} \frac{2HW}{H+W} = 2H$$