# Transactional Analysts Basic Skills

#### TABS Aims:

- To develop required Skills to be a professional in using transactional analysis
- Skill Development with minimal the



#### **TABS will focus on Organic Learning**

(practicing what is learnt and known)

### Methodology

Experiential, Mentoring, Coaching & Eclectic

- This is a professional development program
- This is for those who are in a need to use Transactional Analysis in their personal life and professional practice
- This not an Advance TA Training (202)

## **Program Participants' Review**

"TABS....

TA makes the intra-psychic processes observable.

And TABS makes the concepts practicable. And when the observable is made practicable, Developing skills for application becomes better possible.

This in a nut shell is my experience with TABS"

"The greatest awareness, I got from this TABS program, as a professional the effectiveness lies in "person in the profession". That literally happening in my profession as a college/ school/ family court Counsellor / Educator/My own Centre..I am enjoying the feed backs from my colleagues about my change. It doesn't mean TABS focus is only for professionals. I could experience it in my other roles too."

"Tell me and I forget, Teach me and I remember, Involve me and I learn! -Benjamin Franklin "Tabs for me, learning through involvement The course objectives are clearly defined and circulated well ahead of the course start and are being executed right from the day one. The sessions are well planned and thoughtfully designed to let the trainees involve and evolve in the process and ease through the use of TA concepts in real life situations. Staying true to the name 'Transactional Analysis Basic Skills' the program initially focused on understanding one's basic skill level and progress into the development path with TA concepts in focus. The buddy system gives space to implement concepts in the chosen group, observe the process and learn by practice. I have begun to incorporate the learning into my professional and personal life and I am getting positive feedbacks for the same. "

"TABS" a clear cut ,thought provoking and goal oriented program. It helps me to check myself by being a TA person how much effectively I apply TA personally and professionally in my life's journey"

Faculty: I A Mohanraj CTA (Organisational)
Group Size: Limited to 15 - 20 max.
Contact session: 12 full day sessions per year
Location: Coimbatore, Tamil Nadu.

Classes begin from January 2017 Contact Details: I A Mohanraj CTA

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