

# Blue passion flower

*Passiflora incarnata* L.



The blue passion flower is an herbaceous perennial vine native to the eastern United States. It has very showy blue two-inch flowers with an unusual structure. The three-lobed foliage is also attractive. The flowers are followed by hollow fruits the size of small lemons. When ripe, the fruit has a very sweet, edible pulp around the seeds. It tastes perhaps like a perfumed citrus or somewhat like sweet grapes. This vine is very tolerant of soils and moisture once established. It will tolerate light shade but does best in full sun. This is an excellent vine for trellising and climbs by means of tendrils. It can also be used as a ground cover in open areas.

## **Cultivation**

Direct sowing or indoor planting of the seed is possible. No cold stratification is necessary. Do not allow the seeds or seedlings to dry out once planted.

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