**lifeexercise** is the lifetime maladaptive exercise variable

\*Lifetime prevalence of ED behaviours (lifevomit lifelaxatives lifediuretics lifedietpills lifeexercise lifefasted lifeother lifebinge ED100k\_ex\_compulsive lifeany\_noex);

\*Coding. Proc format=yesno. Coding: yes=1, no=0;

array life(**7**) vomit laxatives diuretics dietpills exercise fasted other;

array life\_(**7**) lifevomit lifelaxatives lifediuretics lifedietpills lifeexercise lifefasted lifeother;

do i=**1** to dim(life);

if life(i) in (**2**,**3**) then life\_(i)=**1**;

else if life(i)=**1** then life\_(i)=**0**;

end;

drop i;

if (compul\_eat=**1** and be\_control > **1**) then lifebinge=**1**; else lifebinge=**0**; \*compul\_eat (0=no, 1=yes), be\_control (1=No | 2=Slightly | 3=Somewhat | 4=Very | 5=Extremely | -9=Don't know/Prefer not to answer);

if (ex\_compel=**1** or ex\_distress=**1**) then ED100k\_ex\_compulsive=**1**; else if exercise=**1** or ex\_compel=**0** or ex\_distress=**0** then ED100k\_ex\_compulsive=**0**; else ED100k\_ex\_compulsive=**.**;

if (lifebinge=**1** or lifevomit=**1** or lifelaxatives=**1** or lifediuretics=**1** or lifedietpills=**1** or lifefasted=**1**) then lifeany\_noex=**1**; \*other ed behaviours excluded;

else if (lifebinge=**0** and lifevomit=**0** and lifelaxatives=**0** and lifediuretics=**1** and lifedietpills=**1** and lifefasted=**1**) then lifeany\_noex=**0**;

else lifeany\_noex=**.**;

**excutoff** is the EDE-Q item 18 cutoff variable

\*Current excessive exercise (excutoff);

\*Coding. Proc format=yesno. Coding: 0=No, 1=Yes;

if edeq\_ex\_driven\_freq\_28 ge **20** then excutoff=**1**;

else if edeq\_ex\_driven\_freq\_28 ge **0** then excutoff=**0**;

else excutoff=**.**;

**edeq\_ex\_driven\_freq\_28** is the frequency of exercise on EDE-Q item 18 and was already in the dataset I started from i.e., “Edgi\_exercise\_cleaned\_1”

**cet\_total\_weighted\_sum** is the CET total score variable and was already in the dataset I started from i.e., “Edgi\_exercise\_cleaned\_1”

**cet\_clinical** is the CET cut-off variable and was already in the dataset I started from i.e., “Edgi\_exercise\_cleaned\_1”