```
let (:blog_post) { BlogPost.new ... }
  introduce instance variable &
              accessor
                                               subject { BlogPost.new }
         implicit subject &
                                               it { should be_valid }
                   it
                                               it { subject.should be_valid }
                                               let (:host) { Host.new }
               specify
                                               specify { host.should_not be_saved }
                                               let (:host) { Host.new }
                  its
                                               its (:name) { should == 'test' }
                                               expect do
               expect
                                                 foo.bar
                                               end.to change {baz.quux}.from('corge').to('grault')
                                               describe BlogPost do
Many of the shoulda matchers are
                                                 it { should validate_presence_of(:title) }
  now available in rspec as well,
                                                 it { should validate_presence_of(:body) }
                                               end
       validate_presence_of,
       validate_format_of, ...
                                               Factory.define :user do |f|
              Factories
                                                 f.name 'Matz'
                                                 f.email 'matz@example.com'
                                               end
                                               describe User
                                                 let(:user) { Factory.build :user }
```

end

let(:blog_post) { Factory.build :blog_post }