

| Last Christmas Eve. | That was months ago. | To be fighting alone. | | | | |
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| I wanted to be surebefore I told anyone. | I didn't want this to be a false poitive and worry <u>anyone</u> | She could have t <u>old someone earlier</u> . | She could have told dad. | She could have told Grandma. | She could have told me. | |
| Does <u>dad</u> know? | | She never wants to trouble <u>anyon</u> e. | | | | |
| Yes. | | She <u>fights</u> her own <u>battle</u> s | with a s <u>mile</u> on her <u>face</u> | she is amazing. | | |
| Is it curable? | | armed with <u>coura</u> ge and <u>optimis</u> m. | she is so brave. | | | |
| No. Not yet. | In 2018, an estimated 1,735,350 new cases of cancer will be diagnosed in the United States and 609,640 people will die from the disease. | | I wish I could be that strong. | | | |
| What's the next step? | | | | | | |
| Chemotherapy and eventually a Stem Cell Transplant. | "It's just hair." | lt's just hair. and eyelashes. | lt's just hair. and eyelashes. and eyebrows. | It's just hair. and eyelashes. and eyebrows, and fingernails. | "It will grow back." | Despite advances in the treatment of many side effects associated with chemotherapy, alopecia remains an issithat is difficult to resolve. Chemotherapy-induced alope (CIA) is a condition that can have profound psychosocia and quality-of-life consequences, resulting in anxiety, depression, a negative body image, lowered self-esteen and a reduced sense of well-being. Patients who fear CI may sometimes select regimens with less favorable outcomes or may refuse treatment. |
| That will <u>buy</u> me <u>several</u> years. | They say: "Everything happens for a reason." | Please let me be the first person to punch the next person who tells you everything happens for a reason. I'm sorry you're going through this. | I wish I could take away your <u>pain</u> . Or at least take away the people who compare it to the time their hamster died. | | | |
| How can I help? | This uncompensated care involves significant time and energy as well as requires performing tasks that are physically, emotionally, socially, and existentially demanding. Indeed, caregivers are at risk for psychological (eg, anxiety, depression, and hopelessness) and physical (eg, increased mortality, cardiovascular disease, poor immune functioning, and sleep difficulties) complications. Although some studies of caregivers reported comparable rates of depression and anxiety to those of patients for whom they provide care, others have shown rates that surpass those of patients. | For example, rates of depression between 12% and 59% and anxiety between 30% and 50% have been reported in samples of caregivers, in comparison to those of depression between 10% and 25% and between 19% and 34% in the patient population. Additionally, between 40% and 76% of cancer caregivers reported clinically significant symptoms of insomnia, which negatively affect their mental and physical health, are frequently chronic, and may impair the normal grieving process among bereaved caregivers. These symptoms can increase the risk for chronic illness in caregivers, including cardiovascular disease and cancer. | | | | |
| Just <u>keep living your lif</u> e be happy! | | | | | | |
| ···· | | | | | | |
| That sounds so cheesy | | | | | | |
| Kinda like mozzarellaperhaps <u>cheddar.</u> ? | "None of us are getting out of here alive." | She always told me that | | | | |
| ••• | | | | | | |
| <u>I'm sorry.</u> | | | | | | |
| Don't be. | | | | | | |
| ••• | | | | | | |
| Whatever you needI'm here for you. | _Always | | | | | |
| You're 19 years old, <u>you don't need this!</u> | My age doesn't matter. | She's my mom. | I would do anything for my mom. | Wh <u>o would</u> n't? | | |
| Life has a funny way of screwing up your best plans. | | | | | | |
| •··· | | | | | | |
| I'm going to fight. | | | | | | |
| <u>I know.</u> | | | | | | |
| ••• | | | | | | |
| I love you. | | | | | | |
| | _Please | give me more time. | | | | |

I love you too, mom.