

Dr. Suresh K. Mehta

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Date: 13/01/2026

Patient Name: Mr. Prakash Shinde

Age/Sex: 45 Years / Male

Weight: 72 kg

C/o: Fever, body ache, weakness x 3 days

O/E: Temp - 101.2°F, BP - 138/88 mmHg, PR - 92/min

Diagnosis: Acute Viral Fever with Gastritis

R PRESCRIPTION

1. Tab. Dolo 650mg

(Paracetamol)

1-0-1 x 5 days (A/F)

SOS if fever > 100°F (Max 4 tabs/day, gap 6 hrs)

2. Tab. Pan-D

(Pantoprazole 40mg + Domperidone 30mg SR)

1-0-0 x 7 days (30 min A/C, E/M)

3. Tab. Chymoral Forte

(Trypsin-Chymotrypsin 100000 AU)

1-1-1 x 5 days (A/F)

4. Cap. Limcee 500mg

(Vitamin C - Ascorbic Acid)

0-1-0 x 7 days (A/F)

5. Tab. Zerodol-SP

(Aceclofenac 100mg + Paracetamol 325mg + Serratiopeptidase 15mg)

0-0-1 x 5 days (A/F)
(Only if severe body ache)

6. Tab. Neurobion Forte

(Vit B1, B6, B12 combination)

0-0-1 x 10 days (A/F)

7. Syp. Benadryl

(Diphenhydramine HCl 14.08mg/5ml)

2 TSF at HS x 3 days PRN

GENERAL INSTRUCTIONS

Follow-up: After 5 days or SOS if symptoms worsen

Lab Investigations Advised:

- CBC, ESR
- RBS, LFT if not improving in 3 days

Dr. Suresh K. Mehta

(Signature)

This prescription is valid for 7 days from date of issue

Not valid for medico-legal purposes