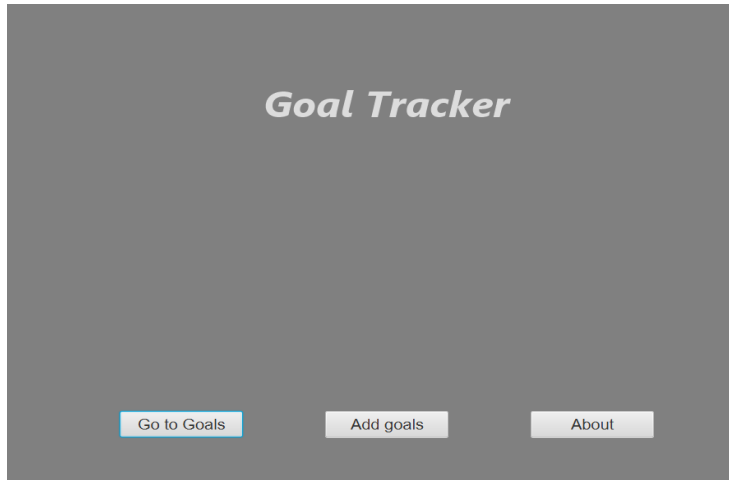


## System requirements

This program does not require any special requirements. Having jvm installed is not necessary as it has its own copy of jre and jdk included.

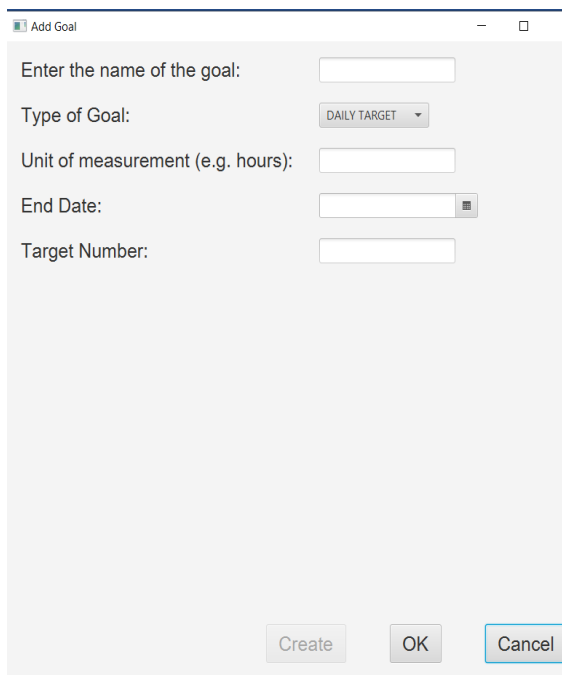
## Installation

Double click on “GoalTracker-1.0” file to begin the installation. The program will launch once it is installed.



## Adding a goal

To add a goal, press on ADD GOAL button on the home screen. A new screen will ask for detail of the goal.

A screenshot of the "Add Goal" dialog box. The dialog box has a title bar that says "Add Goal". Inside, there are five input fields with labels: "Enter the name of the goal:", "Type of Goal:", "Unit of measurement (e.g. hours):", "End Date:", and "Target Number:". The "Type of Goal:" field has a dropdown menu with "DAILY TARGET" selected. The "End Date:" field has a calendar icon. At the bottom, there are three buttons: "Create", "OK", and "Cancel" (highlighted with a blue border).

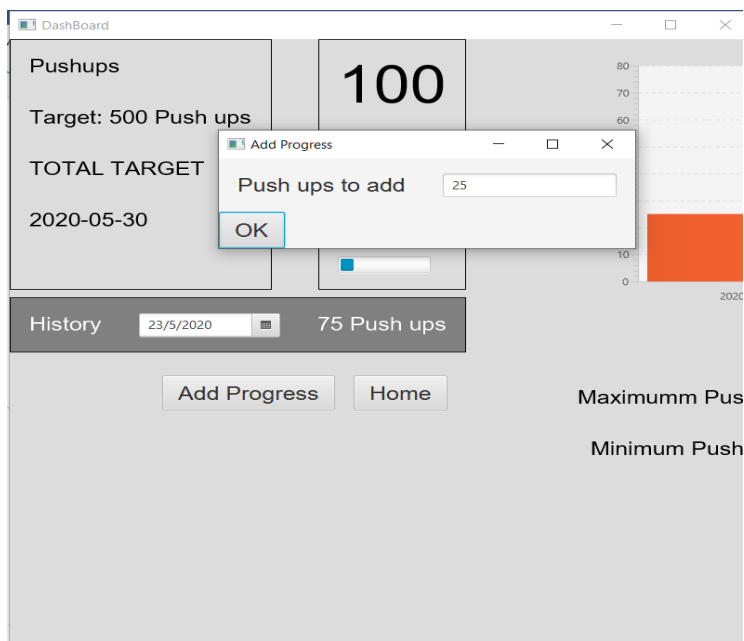
1. Name of goal can be anything user wants.
2. Type of goal can be selected by clicking on the dropdown box. Default type is daily target.
3. Unit of goal can be anything user wishes.
4. End Date must be chosen from pop up calendar.
5. Target number MUST be a numeric value.

Press OK after filling details. If everything is filled according to above rules, CREATE button will be activated. Click on CREATE button to create a goal. This will lead the user to the Dashboard.

## Viewing and Adding progress to goal

To view a goal and to edit it, click on GO TO GOAL button on home screen. New Screen will show the Dashboard. In the dark colored pane, history can be viewed by selecting a date.

To add progress, click on ADD PROGRESS button. This will lead to a pop-up window asking user to enter a value. This much value will be added to current progress of goal.



The value MUST be numeric. Press OK to add the progress which will be reflected in the Dashboard.