## The Wise Man



People have been coming to the wise man, complaining about the same problems every time. One day he told them a joke and everyone roared in laughter. After a couple of minutes, he told them the same joke and only a few of them smiled. When he told the same joke for the third time no one laughed anymore.

The wise man smiled and said:

Moral of the story:

Worrying won't solve your problems, it'll just waste your time and energy.