```
<!doctype html>
<html>
 <head>
 <title>The art of Judo</title>
    <meta name="description" content="This page demonstrates some accessibility techniques" />
    <meta name="keywords" content="HTML, CSS, accessibility, alt text, tab index, layout elements">
    <meta name="viewport" content="width=device-width, initial-scale=1">
    <meta name="author" content="designer: K. Sunny Siu">
    <meta name="charset" content="utf-8">
    <link rel="stylesheet" href="_css/styles.css" />
    <!--
      <link rel="" href="" />
      <style>
      </style>
    -->

 </head>

 <body>

  <!--header area-->

  <header>

     <img src="_images/header_1920x600.jpg" alt="white judoka performing an osoto gari on blue judoka"/>
     <h1>The Art of Judo</h1>

  </header>

  <!--nav area-->

  <nav>

     <ul>
        <li><a href="index.html" tabindex="1">Home</a></li>
        <li><a href="https://www.ijf.org/" target="_blank" tabindex="2">IJF</a></li>
        <li><a href="https://www.usjf.com/" target="_blank" tabindex="3">USJF</a></li>
     </ul>

  </nav>

  <!--main area-->

  <main>

     <!--top of main area-->

     <section>
```
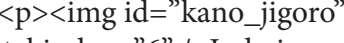
```html
<p><img id="kano_jigoro" src="_images/Jigoro-Kano_300x300.jpg" alt="black and white image of kano jigoro" tabindex="6" />Judo is a system of unarmed combat, <a href="https://en.wikipedia.org/wiki/Gendai_bud%C5%8D" target="_blank" tabindex="4">modern Japanese martial art</a>, and Olympic sport since 1964. The term Judo translates to &quot;the gentle way.&quot; Judo was created in 1882 by <a href="https://en.wikipedia.org/wiki/Kan%C5%8D_Jigor%C5%8D" target="_blank" tabindex="5">Kano&#771; Jigoro&#771;</a>, distinguishing itself from its predecessors, jujutsu, due to an emphasis on <a href="https://en.wikipedia.org/wiki/Randori" target="_blank" tabindex="7">&quot;randori&quot;</a> or &apos;free sparring&apos; instead of <a href="https://en.wikipedia.org/wiki/Kata" target="_blank" tabindex="8">&quot;kata&quot;</a> - pre-arranged forms - alongside its removal of striking and weapon training elements.</p>
        <br />

        <p>Judo's philosophy revolves around two primary principles: &quot;Seiryoku-Zenyo&quot; (&apos;maximum efficient use of energy&apos;) and &quot;Jita-Kyoei&quot; (&apos;mutual welfare and benefit&apos;). The objective of competitive judo is to throw an opponent, immobilize them with a <a href="https://en.wikipedia.org/wiki/Grappling_hold#Pinning_hold" target="_blank" tabindex="9">pin</a>, or force an opponent to submit with a <a href="https://en.wikipedia.org/wiki/Joint_lock" target="_blank" tabindex="10">joint lock</a> or a <a href="https://en.wikipedia.org/wiki/Chokehold" target="_blank" tabindex="11">choke</a>. Judo's international governing body is the <a href="https://en.wikipedia.org/wiki/International_Judo_Federation" target="_blank" tabindex="12">International Judo Federation</a>, and competitors compete in the international IJF professional circuit.</p>

    </section>

    <!--flexbox - image gallery -->

    <div id="flex-container">

        <img src="_images/judo_001_300x300.jpg" alt="judoka in white gi tying his black belt" tabindex="13" />
        <img src="_images/judo_002_300x300.jpg" alt="two children competing in a judo tournament" tabindex="14"/>
        <img src="_images/judo_003_300x300.jpg" alt="closeup shot of a judoka's taped fingers" tabindex="15" />
        <img src="_images/judo_004_300x300.jpg" alt="two judokas bowing on the floor to one another" tabindex="16" />
        <img src="_images/judo_005_300x300.jpg" alt="young judoka drinking from a brown color tea cup" tabindex="17" />
        <img src="_images/judo_006_300x300.jpg" alt="young adult female judoka with a green belt sitting on the floor against a wall" tabindex="18" />
        <img src="_images/judo_007_300x300.jpg" alt="judoka in white gi pinning down judoka in blue gi with a kesa-gatame" tabindex="19" />
        <img src="_images/judo_008_300x300.jpg" alt="judoka in white gi throwing judoka in blue gi" tabindex="20" />
        <img src="_images/judo_009_300x300.jpg"
    alt="two white belts listening attentively to a sensei with black belt" tabindex="21" />
        <img src="_images/judo_010_300x300.jpg" alt="judoka in blue gi throwing judoka in white gi" tabindex="22" />

    </div>
```
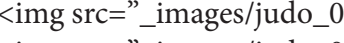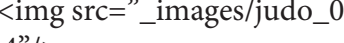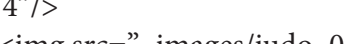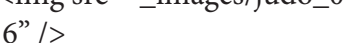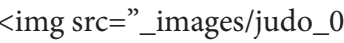
```html
<!--bottom of main area-->

    <article>
      <div id="articleContainer">
        <h2>Each Judo technique has three distinct stages:</h2>
        <ol>
          <li>Kuzushi - the opponent becoming off balanced</li>
          <li>Tsukuri - turning in and fitting into the throw</li>
          <li>Kake - execution and completion of the throw</li>

        </ol>
        <p>A successfully executed throw results in an <a href="https://en.wikipedia.org/wiki/Ippon" target="_blank" tabindex="23">Ippon</a>. </p>
      </div>
    </article>

  </main>

  <!--footer area-->

  <footer>

    <p tabindex="24">www.judo.com</p>

  </footer>

 </body>
</html>
```

```css
@charset "UTF-8";

* {
    box-sizing: border-box;
    margin: 0px;
    padding: 0px;
}

header img {
    width: 100%;
}

header h1 {
    font-size: 3em;
    color:darkblue;
    text-align: center;
    margin-top: 20px;
}

nav ul li{
    display: inline;
    list-style-type: none;
    margin-right: 10px;
    font-size: 1.5em;
}

nav ul {
    text-align: center;
    margin-top: 20px;
    margin-bottom: 20px;
}

main {
    font-size: 1.25em;
    line-height: 2em;
}

section {
    margin-left: 10%;
    margin-right: 10%;
}


#kano_jigoro {
    width: 200px;
    height: auto;
    float: left;
    margin: 20px;
```

```css
}

#flex-container {
    display: flex;
    background-color: lightslategray;
    padding: 10px;
    flex-wrap: wrap;
    justify-content: space-evenly;
    align-items: center;
    padding-top: 20px;
    padding-bottom: 20px;
    margin-top: 20px;
    margin-bottom: 20px;
}


#flex-container img {
    margin: 10px;
    border: 7px solid darkblue;
}


#articleContainer {
    margin: 50px 10% 50px 10%;

}

#articleContainer h2 {
    font-size: 1.25em;
}


#articleContainer ol {
    margin-left: 2em;
}

#articleContainer p {
    font-style: italic;
}


footer {
    background-image: url(../_images/footer_1920x200.jpg);
    height: 200px;
    background-repeat: no-repeat;
    background-position: center;
    background-size: cover;

}
```

```css
footer p{
    color: white;
    text-align: center;
    font-size: 2.5em;
    text-shadow: 2px 2px darkblue;
    padding-top: 70px;
}
```