

## CONSEQUENCES

### 1. Consequences of haemoglobin deficiency

1. Body becomes weak and tired.
2. Dizziness and headache may occur.
3. Skin looks pale.
4. Less oxygen reaches the body parts.

### 2. Consequences of platelet deficiency

1. Bleeding may not stop quickly.
2. Easy bruising on skin.
3. Nose or gum bleeding may occur.
4. Wounds take longer to heal.

### 3. Why we cannot taste food properly during cold?

1. Nose gets blocked.
2. Smell is reduced.
3. Taste and smell work together.
4. So food tastes less or dull.

### 4. If all primary consumers are killed?

1. Secondary consumers will starve.
2. They may die.
3. Food chain will break.
4. Ecosystem becomes unbalanced.

### 5. If all producers die?

1. No food for animals.
2. All consumers will die.

Food chain will stop.

3. Ecosystem will collapse.

### 6. If there are no decomposers?

1. Dead plants and animals will pile up.
2. Soil will lose nutrients.
3. Plants will not grow well.
4. Ecosystem will be polluted.

### 7. If one trophic level is removed?

1. Food chain will break.
2. Other organisms will be affected.
3. Some animals may starve.
4. Ecosystem becomes unstable.

### 8. Consequences of iodine deficiency

1. Goitre (swelling in neck).
2. Slow growth in children.
3. Mental weakness.
4. Less energy in body.

### 9. If all body functions were controlled only by brain?

1. Body would become overloaded.
2. Reflex actions would be slow.
3. Delays in response to danger.
4. Body coordination would be poor.

### 10. If cerebellum is affected by alcohol?

1. Loss of balance.
2. Difficulty in walking.
3. Unsteady movements.
4. Poor coordination of body.

## SLOGANS /SUGGESTIONS/PRECAUTIONS

### 1. Slogans on organ donation

1. Donate organs, save lives.
2. Be a hero — donate organs.
3. Share your organs, give life.
4. Organ donation is a noble act.

### 2. Slogans against female foeticide

1. Save girl child.
2. Girls are precious.
3. Don't kill, let her live.
4. Educate a girl, build a nation.

### 3. Slogans on HIV/AIDS awareness

1. Be safe, stay healthy.
2. Knowledge protects life.
3. Say no to stigma.
4. Care and support for all.

### 4. Four slogans on waste management

1. Reduce, reuse, recycle.
2. Keep your surroundings clean.
3. Don't litter, use dustbin.
4. Separate wet and dry waste.

### 5. Slogans on ozone layer

1. Save the ozone layer.
2. Protect our shield.
3. Ozone saves life on Earth.
4. Stop pollution, save ozone.

### 6. Two precautions for healthy nervous system

1. Sleep well daily.
2. Eat healthy food.
3. Avoid stress.
4. Do regular exercise.

### 7. Precautions to maintain proper thyroxin levels

1. Eat iodine-rich food.
2. Use iodized salt.
3. Take balanced diet.
4. Visit doctor if needed.

### 8. Suggestions on reproductive health awareness

1. Keep body clean.
2. Eat nutritious food.
3. Stay active and fit.
4. Talk to parents or teachers if you have doubts.

### 9. Precautions to reduce non-biodegradable waste

1. Avoid plastic use.
2. Use cloth bags.
3. Recycle materials.
4. Dispose waste properly.

### 10. Precautions to limit ozone depletion

1. Avoid harmful sprays.
2. Reduce pollution.
3. Plant more trees.
4. Use eco-friendly products.

*Prepared by*

T.MURALI KRISHNA SABS,ZPHS KALUGOTLA,VELDURTHY(M)KURNOOL(D)CELL NO:8074011741