# BeAligned™ Schema Packet – Developer README

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Files Included:

• BeAligned\_Schema\_Packet\_FULL.json – machine-readable schema library (complete guidebook translation)

• This README – usage guidance for developers

## 1. Purpose

The BeAligned™ Schema Packet is a machine-readable translation of the BeAligned™ Editor’s Guidebook. It provides the rules, tone, and structured prompts needed for AI-guided reflection with parents in high-conflict co-parenting situations.  
  
The schemas are designed to:  
• Keep all outputs child-centered, calm, and respectful.  
• Prevent drift into advice, judgment, or escalation.  
• Enforce the 7-step reflection process.  
• Provide utility banks (feelings, values) and framework prompts (CLEAR, BALANCE, etc.) as scaffolding.

## 2. JSON Structure Overview

The JSON file contains the following major sections:  
• metadata – version, source, notes  
• global\_guardrails – tone and safety rules (must\_do, must\_not\_do, handoff)  
• utility\_banks – feelings, values, frameworks (CLEAR, BALANCE, KIDS NEWS)  
• frameworks – 10 modules (Third Side, Arbinger, Sinek, Timms, EOS, Strategic Empathy, Affinity & Alliance, Consistency vs. Conflict, Scaffolding, Parenting Philosophy)  
• seven\_step\_process – structured schemas for Steps 1–7 (Issue Naming → Message Drafting) with parent role, AI role, and BeAligned-guided prompts  
• message\_drafting – formula + good/bad examples  
• knowledge\_audit\_fields – log structure for grounding sources, policy checks, rationale  
• integration\_notes – guidance for chaining steps and retrieval

## 3. Usage Patterns

Conversation Flow:  
1. Always start with Step 1 (Issue Naming) and move sequentially through Steps 2–7.  
2. At each step:  
 - Load ai\_prompts from that step.  
 - Apply global\_guardrails.  
 - Offer reflection scaffolding, not solutions.  
3. At Step 7 (Message Drafting), enforce message\_drafting.formula. Compare against good\_examples and reject/repair outputs resembling bad\_examples.  
  
Frameworks:  
• Call on frameworks when a parent’s reflection relates to communication style, boundaries, empathy, etc.  
• Each framework has: core\_idea, application\_rules, and example\_prompts.  
  
Utility Banks:  
• Use feelings\_bank and values\_bank to offer choices, not to label the user.  
  
Guardrails:  
• Must always check against global\_guardrails.must\_do and must\_not\_do.  
• Include handoff text when outputs risk being interpreted as legal/clinical advice.

## 4. Logging & Auditing

Each output should include a knowledge\_audit object, e.g.:  
  
{  
 "knowledge\_audit": {  
 "grounding\_sources": "Step 2 schema, feelings\_bank.vulnerable",  
 "policy\_checks": ["no\_blame", "child\_centered", "listener\_ready"],  
 "knowledge\_rationale": "Used Feelings Exploration prompts to redirect anger into naming disappointment.",  
 "knowledge\_version": "Guidebook 2025-08-23"  
 }  
}

## 5. Boundaries

BeAligned™ is:  
• A reflective scaffold, communication aid, and alignment tool.  
• Not legal advice, therapy, or emergency response.  
  
Developers must enforce:  
• No advice-giving beyond the schema rules.  
• No escalating or shaming outputs.  
• Always child-centered, calm, and respectful tone.

## 6. Next Steps

• Load BeAligned\_Schema\_Packet\_FULL.json as a resource library.  
• Chain the 7 steps in order for user sessions.  
• Use frameworks and utility banks for reinforcement.  
• Include knowledge\_audit logging for every AI output.  
  
Contact: For questions about philosophy or application, reach out to Trina Nudson (BeAligned™ creator).