## **Safety Training Checklist for Operators of Rough Terrain Forklifts**

Trainee Name	
Employer	
Date	
RTFL Used	

Pre-start Checks	Completed	N/A
Checks engine		
Checks hydraulics		
Checks ROPS/FOPS		
Checks carriage attachments point		
Checks all plates		
Checks tires		
Checks forks		
Fastens Seat belt		
Start Up		
Sets parking brake		
Sets controls to neutral		
Sounds horn		
Checks for personnel		
Starts engine smoothly		
Performs function checks		
Operation		
Acceleration		
Accelerates smoothly		
Limits speeds to conditions		
Turning		
Slows before turns		
Considers balance		
Stays within lane		
Careful of turning radius		
Stopping		
Slows down		
Comes to a full stop		
Sets parking brake		
Load Pick Up		
Aligns forklift with load		
Approaches slowly		
Applies parking brake		

Load Pick Up (cont'd)  Stops prior to load  Makes final adjustments  Positions forks under load  Lifts load slowly  Cradles load  Releases parking brake  Backs off slowly  Lowers forks immediately  Checks load stability  Transport  Accelerates slowly  Keeps load low  Frequently scans area  Decelerates for turns  Exercises caution on hills  Handles descent properly  Load Deposit  Aligns forklift with load stand  Approaches slowly  Applies parking brake  Stops prior to load stand  Makes final adjustments  Positions forks above load stand  Levels load  Deposits load slowly  Backs off slowly  Lowers forks immediately  Shutdown  Parks on level area  Sets parking brake  Sets controls to neutral  Turns off engine			
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Signature	
Title	