



Using the Three-Point Rule

To ensure everyone's safety and prevent accidents, employees must use the three-point rule to enter and exit all equipment. Using the three-point rule ensures that your body is stable when entering or exiting a piece of equipment. This helps prevent slips and falls.

The three-point rule involves using three points of contact when entering and exiting equipment so that at least three of your limbs are touching the equipment at all times.

Hold onto the equipment using either two hands and one foot or one hand and both feet.

Always use the following safety precautions:

- Enter and exit the vehicle while facing the cab.
- Use the hand rails provided.
- Be cautious in bad weather.
- Wear shoes that support your ankles.
- Be aware of any hazards on the ground as you exit the equipment.



Never do any of the following when entering or exiting equipment:

- Jump out of the vehicle.
- Grip controls or moving parts for support. This may cause you to engage or disengage the machine's controls, which can cause a serious injury.
- Use the tires as a step.
- Enter or exit the cab while holding something in your hand.

Revision History

| Rev. | Date | Change Description & Section | Approver/Contributor/Writer |
|------|--------------|------------------------------|---|
| 001 | Jan 17, 2008 | Initial Release. | Tim Lotspeich/Rene Casas/Dave Garrison/ Libby Craver/Jillian Konst/ Abby Rotstein |