1.29, 8.76

This is a brief video on a type of
a toxic sore tailbone injury that

8.76, 13.84

causes the tailbone to be
stuck in a side vent position.

15.35, 22.08

On each side of the tailbone which
is at the bottom of the sacrum.

22.86, 24.25

These are the two sit Bones.

26.42, 30.55

The tailbone is found and it's
comprised of four

30.71, 33.01

bones and quite often.

33.24, 37.36

They will fuse together but retained
some Mobility where they connect with

37.36, 43.37

the sacrum and a traumatic injury
such as a fall on onto your sit bones

43.9, 49.69

falling on one side may cause it to
get stuck in a bent position bent to

49.69, 58.75

one side and that happens you can
find that if you palpate with your

58.75, 62.65

fingertips on both sides, you'll
notice that unwinds the one side

62.65, 69.65

there's a deeper sulcus and that is
if its side bent to the right then

69.99, 71.27

you will hit.

72.41, 77.31

On this transverse process early,
where's on the other side?

77.31, 85.15

There's a deeper a wider Feltes and
one would think that if one has an

85.15, 89.77

injury and it causes that tailbone to
be bent to one side one would think

89.84, 94.46

that treatment would involve directly
pushing it back in the direction

94.46, 99.2

where it belongs and that is at times
true.

99.8, 103.47

But other times if the injury
involves the whole pelvis and

103.47, 108.22

there's a whole twisting mechanism that
occurs throughout the hip joints and

108.22, 113.49

the sacroiliac joints involving a
whole pelvis than these large

113.49, 121.43

ligaments that connect the pelvic
bones to the sacrum and coccyx as

121.43, 126.64

well those become involved and it
because it becomes very difficult

128.82, 135.9

large forces that are maintaining the
The tailbone in a side vent position

136.35, 140.34

and a nose examples, you have to
treat that twisting pattern

140.38, 141.58

throughout the whole pelvis.

142.23, 146.95

There's a pattern that I've
discovered and described and develops

146.95, 149.22

even for an installed lower.

150.66, 155.6

Windswept pelvis and that's a pattern
in which your five different things

155.6, 160.79

that you need to do to create balance
in the hips and the sit bones in the

160.79, 167.73

sacroiliac joints prior to reducing
the side vent fixation of the coccyx.

168.54, 175.09

So I think that that's serves as a
nice introduction into the type of

175.11, 182.21

tailbone injury that is named side
vent fixation and there are other

182.21, 187.24

types of injuries such as a backward
bent coccyx that the delivery of a

187.72, 195.78

large baby and fall on the tailbone
can cause it to flex forward and

196.14, 202.23

sometimes one of these statements
will separate and that can be named a

202.26, 207.02

fractured coccyx when in fact, it's
actually a separation of a joint.

207.85, 210.01

But another left that's what they
call it.

210.58, 213.88

So this concludes my discussion and
there's a couple of

213.88, 215.45

other YouTube videos.

215.5, 222.77

I posted on the subject of coccyx
pain coccyx joint dysfunction and

222.94, 228.32

also on the pattern which I
named lower Windswept pelvis.

228.83, 229.53

Thank you very much.