2010 State Profile — Massachusetts National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf

In Massachusetts, 307 substance abuse treatment facilities were included in the 2010 N-SSATS, reporting that there were 39,444 clients in substance abuse treatment on March 31, 2010. The survey response rate in Massachusetts was 90.5%.

Facility Operation

			Clients in	Treatmen	t on March 31	, 2010
	Facilitie	s	All Clie	nts	Clients Unde	r Age 18
	No.	%	No.	%	No.	%
Private non-profit	223	72.6	23,274	59.0	1,720	88.3
Private for-profit	67	21.8	14,311	36.3	228	11.7
Local, county, or community government	8	2.6	856	2.2	0	0.0
State government	4	1.3	102	0.3	0	0.0
Federal government	5	1.6	901	2.3	0	0.0
Dept. of Veterans Affairs	4	1.3	901	2.3	0	0.0
Dept. of Defense	1	0.3	0	0.0	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	0	0.0	0	0.0	0	0.0
Total	307	100.0	39,444	100.0	1,948	100.0

Primary Focus of Facility

			Clients in	Treatmen	t on March 31	, 2010
_	Facilitie	es	All Clie	nts	Clients Unde	er Age 18
_	No.	%	No.	%	No.	%
Substance abuse treatment services	161	52.4	19,588	49.7	860	44.1
Mental health services	33	10.7	2,420	6.1	538	27.6
Mix of mental health & substance abuse						
treatment services	102	33.2	16,355	41.5	514	26.4
General health care	7	2.3	1,020	2.6	36	1.8
Other/unknown	4	1.3	61	0.2	0	0.0
Total	307	100.0	39,444	100.0	1,948	100.0

Substance Abuse Problem Treated

			Clients in T	reatmen	it on March 31, 2010
	Facilities ^{1,}	2, 3	Clients ³		Clients per 100,000 Pop.
	No.	%	No.	%	Aged 18 and Over
Clients with both alcohol and drug abuse	279	94.9	16,280	41.3	299
Clients with drug abuse only	243	82.7	17,357	44.0	322
Clients with alcohol abuse only	240	81.6	5,807	14.7	105
Total ²	294		39,444	100.0	727

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¹ Facilities may be included in more than one category.

² Facilities excluded because they were not asked or did not respond to this question:

³ Sum of individual items may not agree with the total due to rounding.

			Clic	ents in Trea	atment on M	arch 31, 2010	
	Facilitie	s ¹	All Clients			Clients Under Age	
				ļ	Median No.		
					of Clients		
	No.	%	No.	%	Per Facility	No.	9
Outpatient	192	62.5	35,007	88.8	148	1,501	77.
Regular	172	56.0	20,335	51.6	80	1,001	
Intensive	75	24.4	2,196	5.6	20		
Day treatment/partial hospitalization	46	15.0	501	1.3	20		
Detoxification	46	15.0	2,131	5.4	50		
Methadone/buprenorphine	32	10.4	9,844	25.0	320		
Residential (non-hospital)	115	37.5	3,337	8.5	24	126	6.
Short term	36	11.7	735	1.9	25	120	0
Long term	90	29.3	2,356	6.0	22		
Detoxification	11	3.6	2,336	0.6	19		
	33	10.7	1,100	2.8	20	321	16.
Hospital Inpatient Treatment	33 26	8.5	573	2.6 1.5	14	321	10.
	31		527				
Detoxification Total	307	10.1		1.3 100.0	18 46	1,948	100.0
Iotai	301		39,444	100.0	40	1,340	100.
Opioid Treatment Programs (OTPs)	No.	% ¹	Facility Lice Accreditation		proval, Ce	rtification, or	
Facilities with OTPs	49	4.2				Facilities ¹	
						No.	9
Clients in Facilities with OTPs			Any listed age	ency/organiz	zation	273	88.9
Methadone	10,329	97.2	State substan			241	78.
Buprenorphine	299	2.8	State mental I			78	25.4
Total	10,628	100.0	State departm			227	73.9
¹ Percentage of all OTP facilities that are in this State or	jurisdiction.		Hospital licens	sing authori	ty	41	13.4
			The Joint Cor	nmision		82	26.
Facility Payment Options			CARF ²			50	16.3
r domey r dymana opinone	Facilitie	s ¹	NCQA ³			10	3.3
-	No.	%	COA ⁴			17	5.
Cash or self-payment	266	86.6	Other State/L	ocal Agency	//Ora	9	2.9
Private health insurance	204	66.4	Othor Otato/E	oodi / igonoj	,, org	Ü	2.,
Medicare	176	57.3	¹ Facilities may h	e licensed by	more than one a	gency/organization.	
Medicaid	206	67.1	² Commission or				
Other State-financed health insurance	187	60.9	³ National Comm			TT dollidos	
Federal military insurance	113	36.8	⁴ Council on Acc		y 7133ururioc		
Access to Recovery (ATR) vouchers ²	N/A	N/A					
No payment accepted	13	4.2	Facility Fun	ding		Facilities	
Accepts other payments	4	1.3				No.	9,
Sliding fee scale	176	57.3	Receives Fe	deral. State	. countv.	110.	
Treatment at no charge for clients who	170	37.0	or local gove	· ·			
cannot pay	195	63.5	substance al				
• •			programs		-	187	60.
¹ Facilities may accept more than one type of payment.							
² Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI,							

	Facilities	3
Types of Services Offered	No.	9
Assessment and Pre-Treatment Services	297	96.7
Screening for substance abuse	268	87.3
Screening for mental health disorders	207	67.4
Comprehensive substance abuse assessment/diagnosis	263	85.7
Comprehensive mental health assessment/diagnosis	147	47.9
Outreach to persons in the community who may need treatment	114	37.
Interim services for clients when immediate admission is not possible	82	26.7
Testing	266	86.6
Breathalyzer/blood alcohol testing	182	59.3
Drug or alcohol urine screening	244	79.5
Screening for Hepatitis B	111	36.2
Screening for Hepatitis C	111	36.2
HIV testing	135	44.0
STD testing	103	33.6
TB screening	149	48.5
Counseling	303	98.7
Individual counseling	297	96.7
Group counseling	282	91.9
Family counseling	243	79.2
Marital/couples counseling	193	62.9
Transitional Services	286	93.2
Discharge planning	280	91.2
Aftercare/continuing care	249	81.1
Pharmocotherapies	221	72.0
Antabuse®	81	26.4
Naltrexone	100	32.6
Campral®	101	32.9
Nicotine replacement	124	40.4
Smoking cessation medications (non-nicotine)	92	30.0
Medications for psychiatric disorders	160	52.
Methadone	62	20.2
Buprenorphine	105	34.2
Subutex®	44	14.3
Suboxone®	104	33.9
Ancillary Services	304	99.0
Case management services	250	81.4
Social skills development	215	70.0
Mentoring/peer support	152	49.5
Child care for clients' children	13	4.2
Assistance with obtaining social services	218	71.0
Employment counseling or training for clients	94	30.6
Assistance in locating housing for clients	163	53.
Domestic violencefamily or partner violence	129	42.0
Early intervention for HIV	117	38.
HIV or AIDS education, counseling, or support	227	73.9
Hepatitis education, counseling, or support	191	62.2
Health education other than HIV/AIDS or hepatitis	208	67.8
Substance abuse education	283	92.2
Transportation assistance to treatment	134	43.6
Mental health services	198	64.
Acupuncture	24	7.8
Residential beds for clients' children	15	4.9
Self-help groups	191	62.2
Smoking cessation program	145	47.2
	Facilities	•
Clinical/Therapeutic Approaches Used Always or Often or Sometimes	No.	9
Substance abuse counseling	301	98.0
Relapse prevention	297	96.
Cognitive-behavioral therapy	275	89.
12-step facilitation	260	84.
Motivational interviewing	268	87.3
Anger management	250 251	81.8
Continued.	231	01.0

	Faciliti	:S
Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	No.	%
Brief intervention	249	81.1
Contingency management/motivational incentives	156	50.8
Trauma-related counseling	257	83.7
Rational emotive behavioral therapy	95	30.9
Matrix model	65	21.2
Community reinforcement plus vouchers	25	8.1
Other treatment approaches	37	12.1

Eacility	Canacity	and Utiliza	tion Pato ¹
racility	Capacity	and Utiliza	tion Rate

		Hospital
	Residential	Inpatient
Number of facilities	115	23
Number of clients ²	3,286	1,023
Number of designated beds	3,075	757
Utilization rate (%)	108.1	135.1
No. of designated beds/facility (avg.)	27	33

¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.
² Number of clients on March 31, 2010.

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilit	ies
	No.	%
Hearing impaired/sign language	98	31.9
Any language other than English	169	55.0
Services Provided by:		
On-call interpreter	37	21.9
Staff counselor	70	41.4
Both staff counselor and on-call		
interpreter	62	36.7
Languages Provided by Staff Counselor:	1	
Spanish	123	93.2
American Indian/Alaska Native	0	0.0
Other	72	54.5
Any language other than English Services Provided by: On-call interpreter Staff counselor Both staff counselor and on-call interpreter Languages Provided by Staff Counselor: Spanish American Indian/Alaska Native	169 37 70 62 1 123 0	31.9 55.0 21.9 41.4 36.7 93.2 0.0

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2010. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at: http://www.samhsa.gov/data/DASIS.aspx#N-SSATS

Access the latest N-SSATS public use files at:

http://www.datafiles.samhsa.gov

Other substance abuse reports are available at: http://www.samhsa.gov/data/

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services
Administration

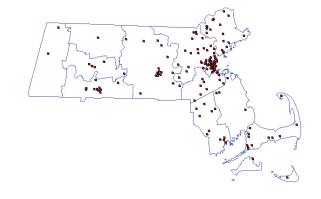
Center for Behavioral Health Statistics and Quality www.samhsa.gov/data/

Programs for Special Groups

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No.	%
224	73.0
113	36.8
105	34.2
47	15.3
46	15.0
43	14.0
96	31.3
39	12.7
37	12.1
16	5.2
17	5.5
35	11.4
	No. 224 113 105 47 46 43 96 39 37 16

Facilities

Location of Treatment Facilities



- Access N-SSATS profiles for individual States at: http://www.dasis.samhsa.gov/webt/NewMapv1.htm

http://findtreatment.samhsa.gov/