**Catatan 7 Menit Bersama Tuhan**

Hari, tanggal:

Bacaan:

Ayat-ayat yang berkesan:

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|  |

Ringkasan Singkat:

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|  |

Refleksi/Perenungan & Aplikasi:

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**Pokok Doa**

Adoration *(Pujian)* Sifat-sifat Allah manakah yang berkesan bagi Anda pada hari ini?

Confession *(Pengakuan)* Dosa-dosa apa yang Anda ingin akui di hadapan Allah?

Thanksgiving *(Pengucapan Syukur)* Hal-hal apa saja yang Anda syukuri saat ini?

Supplication *(Permohonan)* Siapa sajakah yang Anda doakan? Apa doa Anda bagi mereka? Bagi Anda?

**7 Minutes with God Journal**

Date:

Reading:

Highlighted verse(s):

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| --- |
|  |

Short Summary:

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|  |

Reflection & Application:

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|  |

**Prayer Guideline**

Adoration Which attributes of God are you impressed/reminded of today?

Confession What sin(s) would you like to confess?

Thanksgiving What are you grateful for right now?

Supplication Who do you want to pray for? What are you asking for them? For you?