

# READING ASSIGNMENT

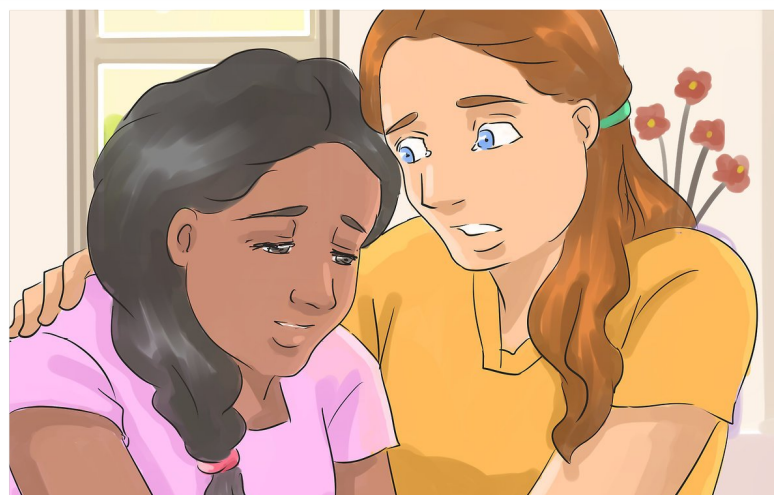
## Asperger's Syndrome

### Asperger Syndrome

**Asperger's**, is a neurodevelopmental disorder characterized by significant difficulties in [social interaction](#) and [nonverbal communication](#), along with restricted and repetitive patterns of behavior and interests.

### Whats App

**WhatsApp**, is an American [freeware](#), [cross-platform centralized messaging](#) owned by [Facebook](#).



### How do you make friends

How do you make friends? I have tried many times to make girl friends and it never works out. I tried in church. I smile with everyone and tried making conversation, introduce myself and even asked to exchange numbers and then I send them a text or **WhatsApp** message and they reply once or twice but then stop. Then when we see each other in church they ignore me and don't even say hi. Sometimes I think its because of my Asperger's. I feel like they notice I am different and that scares them off or they misunderstand me. I guess I never really learned how to make friends as a child.

Because of Asperger's I was usually quiet on my own. I was always very timid and didn't speak unless I had to. When I did make some friends it was usually only one close friend as a child and they always ended up using me, abusing me verbally or physically due to me being so quiet and vulnerable. I



## Things to think about

- What kinds of problem she is dealing with?
- What kind of a person she is?
- How do you make friends, and what suggestions you will give her?
- How do you think about girls?
- Is gossiping others a bad thing or a good thing, and why?

stopped trying after that, until I became an adult and then I wanted to try again but it didn't go so well..

First time there was a girl. I approached her as she seemed quite like me and to herself. I thought we could make good friends. She didn't participate in groups in the church and I saw her mostly alone. At first, she didn't open up to me, she held back information about her age and she seemed insecure like she was hiding something, still I tried being her friend. She ended up being toxic and controlling, she was actually much older than me but looked younger. She humiliated me in church various times asking questions about me while we were sitting in the temple like "why is your face so white, its like porcelain" and she liked gossiping about others . When I started a relationship with someone in church she was all excited and also started one as well she wanted us to get married together on the same day and she would try to manipulate me saying things like, "if you don't invite me to your wedding we won't be friends anymore" when I made distance as I didn't like her personality anymore she called me stupid. and when I needed help and advice with something to do with my bf whom was also her friend she said she was his friend first so she didn't help me or support me. Even though I was her friend all that time. After that we stopped talking. I cut her out,

I tried making friends with another girl and that one was nice at first I thought we could be friends but she turned out to be toxic as well. She was negative , very clingy and even held unto my arm really tight in church and liked to talk about others and then started subtly criticizing me in front of my bf. I cut her off too.

After that I tried with another girl. She was in another church. I really liked and wanted to be her friend, but she was a bit aggressive. She wanted to call and text too many times and if I didn't reply right away she would call me out in public. Once she surprised me and hugged me from behind, I

have never had anyone hug me from behind let alone a girl I just met.

I felt threatened and uncomfortable , so I rejected her hug from behind and hugged her from the front but kept my distance. then she changed her facial expression and after that she was acting weird like distant, and later she conspired against me with some other girls and I believe she thought I was out to take away her position in the church kids school, and we ended up not being friends. she also was talking to my husband in a non friendly way almost like if she has authority over him and I felt like she was interested in him, she then left that church and called me one time but never apologized, she invited me to her new church but trust was already broken and so I just ignored her and never talked with her again.

Some other women in church approached me just to ask me about my life like what I work ,etc. and when I told them I was unemployed at that time they never spoke again.. another instance, there was a nicer girl with a small child like mine and they played together . She always friendly said hi and she also participated in the church, she approached me once and said she had some books to share with me and she was going to get back to me but she said this in front of some of the other girls, I though okay cool I can be her friend, she's not dramatic. well turns out later I went to her and shared something nice I bought in front of her other friend and they both just stared at me and didn't even say anything. she purposefully ignored me. after that she never talked to me or gave me anything.

Another girl I invited to church, she told me she had been part of the church and wanted me to go with her but I was feeling depressed at that time so I didn't feel like going yet, then one day I go and I see her there . I was glad she went and I said hi enthusiastically and she looked at me and kept talking with another woman totally ignoring me.. but she still

gave me a grimacing smile and proud look. I was surprised and I knew then that she was toxic, so I never contacted her again. she tried talking to me several times and ignored her. I could tell she didn't have good intentions. After that she did several things including trying to manipulate me, humiliate me in church and in church camp, befriended the other girls in church whom I had made friends with and after that they slowly distanced from me and stopped talking to me and became her friend. I suspect she bad mouthed me. She worked her way up and got a good position in church and got even prouder of herself. She ended up manipulating and controlling the other friends she made and humiliated one right in front of me. Once she even tried to persuade me to leave my husband.

Its like there's always some kind of toxic behavior and there's never a genuine person who opens up to me when I do and can be a real friend . Its almost like they feel threatened by me. Maybe, because I am a person who doesn't care if I have or don't have anyone, I was always alone, I grew up as an only child. But I never kiss up to anyone or try to be someone I'm not. I hate hypocrisy and I never follow, I am myself. I do have trust issues because of past experiences, so I don't open up right away, but I still try to approach and try to make connections. Maybe, my over-confidence scares them off? I am not proud but I don't let anyone control me. Since then I gave up on having friends. But I wish I could have a close friend, I don't want to rely on my husband always, why is it that females act this way? How have you guys done to make friends if you have any?