離苦得樂在當下

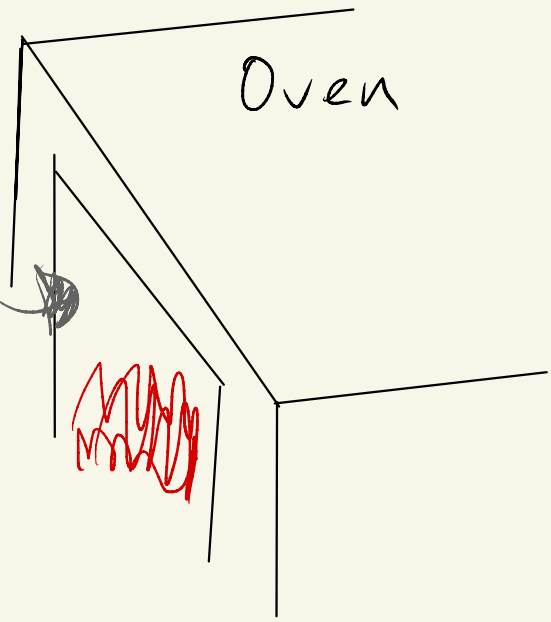
對父母、對親人、對小孩，甚至老師對學生、學生對老師，員工對老闆等等，這個社會中人跟人之間的關係，如果常常能從肯定別人善意的這個角度，用一種很寬容、很感恩的心去溝通的話，這樣活過一生，真的會感覺到「離苦得樂」四個字是怎麼實現的。就這麼簡單。

出處｜《希望．新生》四季法語 111

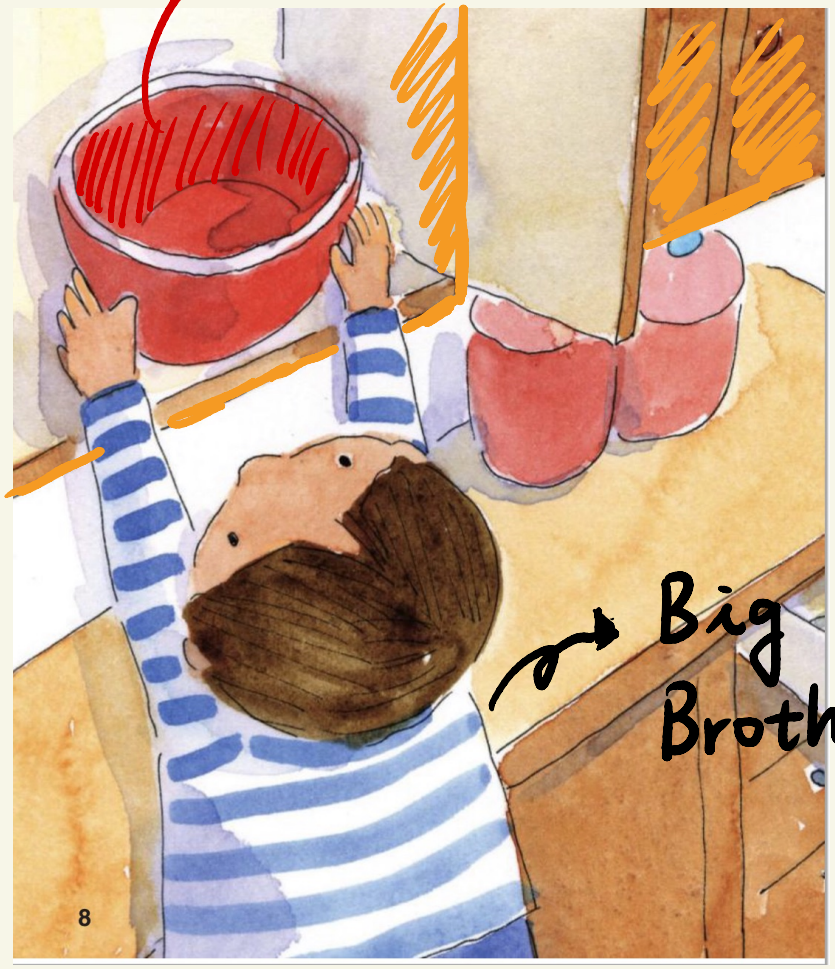
2021.06.09

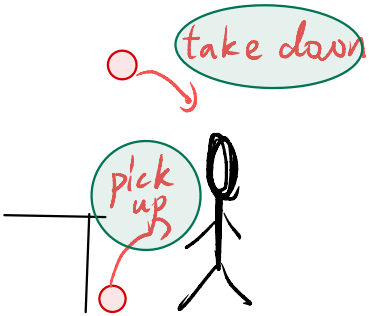
(tray)
plate

cookies.

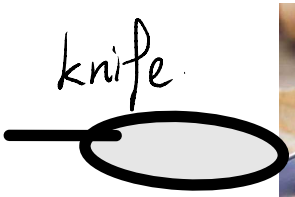


Baking Cookies

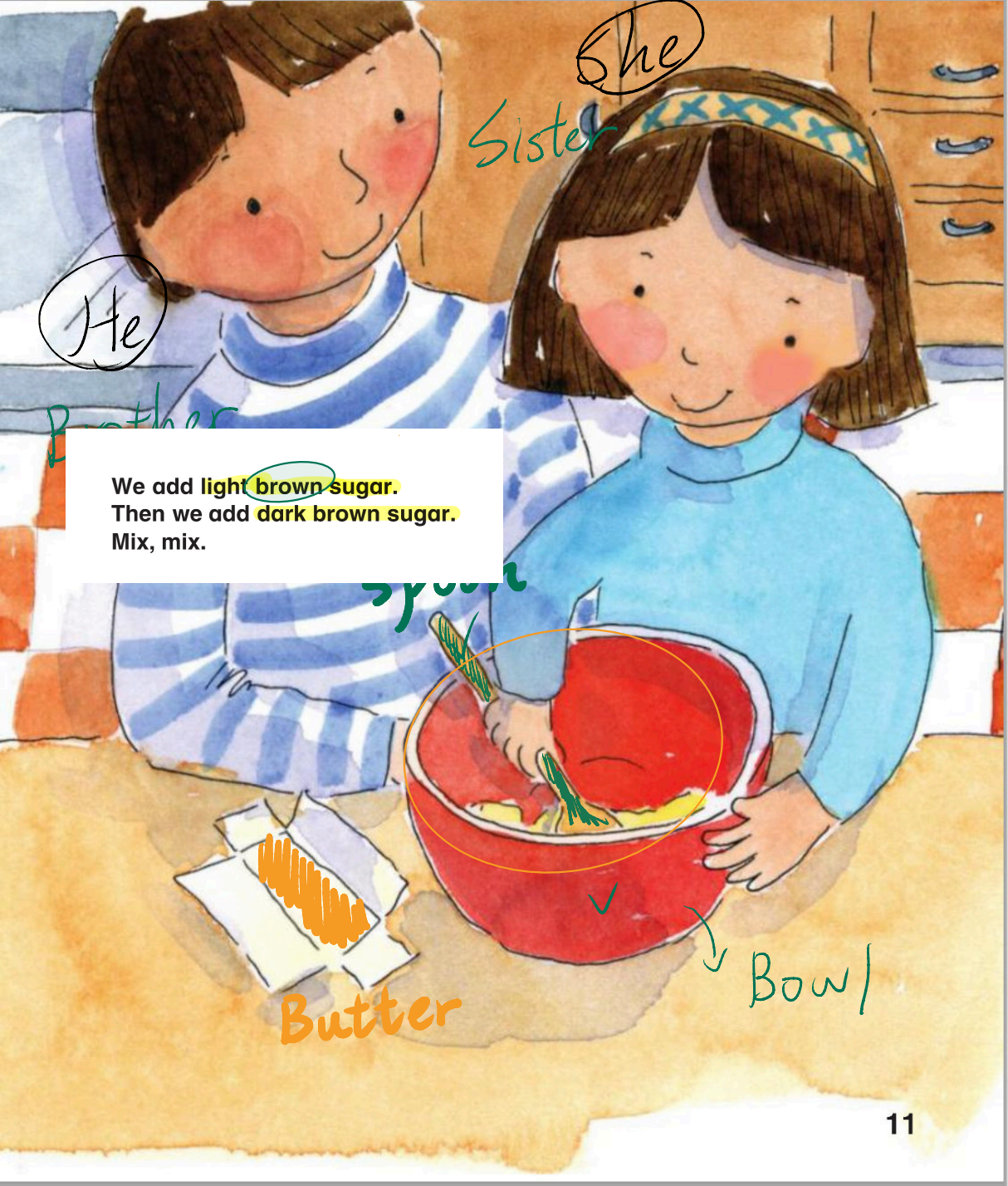




I take down a bowl.
She picks up a spoon.

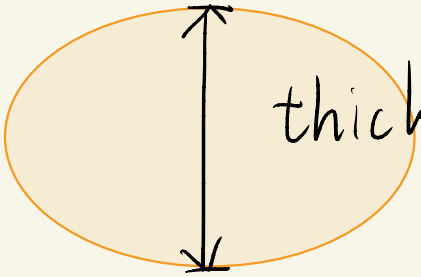


The butter is hard!
Mash, mash.
Now the butter is soft.

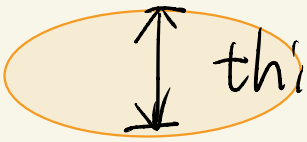


We add light brown sugar.
Then we add dark brown sugar.
Mix, mix.

1
2
3
4
5
6
6 :
3 :
4 :
5 :
1 :
2 :



thick ? 厚



thin ? 薄

Word List (85 words)

(Words in **bold** are used as opposites.)

a	cools	**little**	oven	**there**
add	**dark**	**low**	picks up	they're
adds	**down**	make	put	**thick**
am	drop	makes	ready	**thin**
are	drops	mash	she	this
bake	**dry**	mess	shelf	to
batter	eggs	milk	**short**	tray
big	flour	mitt	**sister**	trays
black	from	mix	**soft**	**up**
bowl	**hard**	my	spoon	use
brother	**here**	no	stir	uses
brown	**high**	not	sugar	**warm**
butter	I	now	take	we
chips	**in**	on	takes	**wet**
chocolate	is	one	**tall**	**white**
cold	**light**	other	the	yet
cookies	like	**out**	then	yum

About the Author

Jane E. Gerver is the author of many children's books, ranging from preschool board books to middle-grade fiction. She lives with her big husband and little daughter in New York City.

About the Illustrator

Whimsical, lovable pets, and children are the hallmarks of Shelley's children's illustrations. Shelley resides in Saint Louis, Missouri, with her husband and cats Fred and Ethel. She also loves chocolate chip cookies.